SPRINGFIELD MEDICAL ASSOCIATES, INC. ENFIELD MEDICAL ASSOCIATES

AUTHORIZATION TO RELEASE INFORMATION

The HIPAA (Health Insurance Portability and Accountability Act) Privacy Act does not allow for unauthorized disclosure to a patient's family members, friends, or advisors. If the patient would like their protected health information released to someone other than himself or herself they must complete the bottom half of this form. A patient cannot specify which information they would like released to this third party. By completing this form, all protected health information may be released to the third party upon request until this agreement is terminated in writing.

| I,(Print Name) | , give S | Springfield/Enfiel | d Medical Associates, Ir | nc. | | | | |
|--|-----------------------|-----------------------|--------------------------|-----|--|--|--|--|
| permission | to discuss my hea | Ithcare information | on with | | | | | |
| (PRINT NAME) | | (RELATION | NSHIP TO PATIENT) | | | | | |
| Appointments Dia | ngnosisTreatmen | t plansTest Res | ultsProcedures | | | | | |
| (PRINT NAME) | | (RELATION | NSHIP TO PATIENT) | | | | | |
| Appointments Dia | ngnosisTreatmen | t plansTest Res | ultsProcedures | | | | | |
| (PRINT NAME) | | (RELATION | NSHIP TO PATIENT) | | | | | |
| Appointments Dia | ngnosisTreatmen | t plansTest Res | sultsProcedures | | | | | |
| and permission to leave a message on my | | | | | | | | |
| Home telephone answerin | g machine | # | | | | | | |
| Work voice mail | | # | | | | | | |
| Cell phone | | # | | | | | | |
| | | | | | | | | |
| Signature: | | | | | | | | |
| Date: | | | | | | | | |
| Print Full Name: | | Date of | Birth: | | | | | |
| Witness:(Sign and Print Full Na | me) This must be a ph | ysician or staff memb | er of SMA/EMA | | | | | |

Springfield Medical Associates, Inc. Enfield Medical Associates

| Date: | | | | | Email: | | | | |
|--|---------|-----------------|--------------|----------------------|--|--|---------------------------------|--|--|
| Physician: | | | | Referring Physician: | | | | | |
| Patient Name: | | M.I. | Last | | Date of Birth: | | | | |
| Address: | | | | | Home Telephone # | #: | | | |
| rudiess. | Street | | | | Mobile Telephone | #: | | | |
| City | State | | Zip Code | | | | | | |
| Marital Status: | | | | | Gender: Male | Fem | ale | | |
| Employer: | | | | | Work Telephone # | | | | |
| Employer's Address: | | Street | | City | | State | Zip Code | | |
| Spouse's Name: | | | | City | Spouse's Date of I | | - | | |
| Spouse's Employer: | | | | | | | | | |
| Employer's Address: | | Street | | City | | State | Zip Code | | |
| Person to Call in case | of an | emergency | :First | | Last | Tal. | ephone # | | |
| Addraga | | | | | | TCF | ephone # | | |
| Address:Street | | Ci | ty | | State | Zip Code | | | |
| Pharmacy Information | n: | Name of | Pharmacy : | you us | e: | | | | |
| | | Address: | | | | | | | |
| | | | Street | | City | State | Zip Code | | |
| Insu | ıranc | e Informati | on – Pleas | e brin | g all insurance cai | rds with you. | | | |
| I understand that | t I am | responsible | for paymen | t of se | rvices rendered reg | ardless of insur | ance status. | | |
| | | C: | motume of I | Dationt | on Cuandian | | | | |
| | | SIŞ | gnature of 1 | rauem | t or Guardian | | | | |
| Authorization to Release For billing purposes, I her release any information ac examination or treatment. | eby aut | horize the bill | | | Patient Authorization I have received a copy by Springfield Medica Associates which inclupanticipation in PVIX of treatment, payment PVIX Consent: Yes | of the privacy no al Associates, Inc./ udes information r and the exchange and operations. | Enfield Medical regarding their | | |
| Signature | | Da | nte | | Signature | | Date | | |

Springfield Medical Associates, Inc. Enfield Medical Associates

Medical History Form

| Date of visit: | Name: | | Referring MD: | | | MD: | | |
|--|-----------------------|---------------------------|-----------------------|-----------------|----------------------------------|-----------------------|--|--|
| Past Medical His | tory -Indicate wi | ith an "X" if you have | a history o | f any of the fo | llowing: | | | |
| AIDS/HIV | | Inflammator | y bowel di | sease | Scarlet Fev | ver er | | |
| Allergy | | Irritable bow | | | Scleroderma | | | |
| Anemia | | Jaundice | Jaundice | | | | | |
| Arthritis | | | Kidney disease (type) | | | ansmitted disease | | |
| Asthma | | | Kidney stones | | | onorrhea, Syphilis) | | |
| Blood clots | | Liver disease | Liver disease | | | r duodenal ulcer | | |
| Bowel disease | | Lung disease | Lung disease (type) | | | sease (type) | | |
| Cancer (type) | | Lupus | | | | sis/Positive PPD | | |
| High cholesterol | | | Mental illness | | | | | |
| Circulation probl | ems | | Migraines | | | | | |
| Depression | | Mononucleo | | | Other: (Ex | plain) | | |
| Diabetes | | Muscle disea | | | | | | |
| Eye disease | | Osteoarthriti | | | # of Pregnancies: | | | |
| Fibromyalgia | | Osteoporosis | S | | # of Live Births: | | | |
| Gallbladder disea | ase | Phlebitis | | | # of Miscarriages: | | | |
| GERD | | Pleurisy | | | # of Abortions: | | | |
| Gout | | Pneumonia | | | Transfusions: (| Dates) | | |
| Headaches | | Psoriasis | | | | | | |
| Heart disease (ty) | pe) | Raynaud's d | | | Bone density test: (List dates & | | | |
| HepatitisHigh blood press | **** | Rheumatic F Rheumatoid | | | results) | | | |
| High blood press | uic | Kilcullatola | artiffitis | | | | | |
| Surgeries -List pro | ocedures and dates | | | | | | | |
| 1 | 3 | | | | 5 | | | |
| 2. | | 4 | 6 | | | | | |
| ۷ | | 7 | | | 0 | | | |
| Medication Aller | gies -List medica | ation and the nature of | the reactio | n. | | | | |
| | | | | | | | | |
| Current Medicat | ions -List the nar | me of the drug, dose ar | nd frequenc | cy of use. (Inc | lude prescription a | nd over the counter.) | | |
| Drug | Dose | Frequency | | Drug | Dose | Frequency | | |
| 1 | | | | | | | | |
| 2 | | | | | | | | |
| 3 | | | | | | | | |
| 4. 5. | | | | | | | | |
| 6 | | | | | | | | |
| · | | | | | | | | |
| Social History | | | | | | | | |
| Have you ever smoke | ed cigarettes or ciga | ars? # of packs | /day | For how mar | ny years? Qu | iit when? | | |
| Have you ever consum | med alcohol (Beer, | wine, whiskey)? | _ #of drin | ks/day | # drinks/week | Quit when? | | |
| - | | ana, cocaine, heroin, o | | | Quit when? | | | |
| What is your daily use | e of coffee? | Tea? | Soda? | | | | | |
| | | : | | | | | | |
| | | Past year | 's travels: | | | | | |
| Hobbies/Exercise hab | oits: | | | | | | | |

| Immunization Histor | <u>'Y</u> | | | | | | |
|---|-----------------------------|----------------------|--------------|---------------|-----------------|-----------|--|
| Pneumovax | | | S | | Rubella | | |
| Date | Date | | Date | | Date | | |
| Flu Vaccine | Polio Date | Measle | Date | | Tetanus | Date | |
| | | | | | | | |
| Family History -For each | | | | • | | | |
| Father: Age: | (L) (D) | Illness: | | | | | |
| Mother: Age: | (L) (D) | Illness: | | | | | |
| Siblings: Indicate male (M | 1) or female (F). | | | | | | |
| (M/F) Age: (L) | (D) Illness: | (M/F) | Age: | _ (L) (D) | Illness: | | |
| (M/F) Age: (L) | (D) Illness: | (M/F) | Age: | _ (L) (D) | Illness: | | |
| (M/F) Age: (L) | (D) Illness: | (M/F) | Age: | _(L) _(D) | Illness: | | |
| Children: Indicate male (| M) or female (F). | | | | | | |
| (M/F) Age: (L) | (D) Illness: | (M/F) | Age: | _ (L) (D) |) Illness: | | |
| (M/F) Age: (L) | (D) Illness: | (M/F) | Age: | _(L) _ (D) | Illness: | | |
| (M/F) Age: (L) | (D) Illness: | (M/F) | Age: | _(L) _ (D) | Illness: | | |
| Women's History | | | | | | | |
| Date of last Pap smear & re | esults: | | | | | | |
| Date of last Mammogram & | & results: | | | | | | |
| Review of Systems -C | Circle any current problem | ns: | | | | | |
| Constitutional: Fever, chi | ills, weight loss, weight g | ain, fatigue, sweats | | | | | |
| | | • | glasses/cont | act lenses | | | |
| Eyes: Dry eyes, redness, light sensitivity, visual loss, double vision, wear glasses/contact lenses Ear, Nose, Mouth, Throat: Dry mouth, mouth sores, cavities, hoarseness, nosebleeds, sinus problems, hearing loss, ringing in ears, sore throat | | | | | | | |
| Cardiovascular: Chest pain, shortness of breath, leg swelling, color changes of extremities, heart murmur, unable to lay flat, change in exercise tolerance | | | | | | | |
| Respiratory: Cough, shortness of breath, trouble breathing, wheezing, phlegm, chest pain | | | | | | | |
| Gastrointestinal: Abdom difficulty swallowing, pain | | | | | | in stool, | |
| Genitourinary: Burning of abnormal menstrual bleeding | | | ne, incontin | ence of urine | e, vaginal disc | harge, | |
| Skin : Rash, rash with sun | | - | | | | | |
| Musculoskeletal: Joint pa | • | | | | | , | |
| joint swelling (which joints | | | | | | | |
| | | | | | | n | |
| morning stiffness (duration?), back pain, muscle pain, muscle weakness, stiffness, jaw pain Endocrine: Heat intolerance, cold intolerance, increased thirst, growth abnormalities, change in sexual function | | | | | | | |
| Hematological/Lymphatic: Easy bruising, abnormal bleeding, enlarged glands, phlebitis, slow healing | | | | | | | |
| Psychiatric: Depression, stress, anxiety, trouble sleeping | | | | | | | |
| Allergic/Immunologic: A | • | | | | | | |

Neurological: Seizures, headaches, numbness, weakness, memory loss, dizziness, fainting, tingling, tremors

SPRINGFIELD MEDICAL ASSOCIATES

2150 Main Street Springfield MA, 01104 (413) 739-5676



Directions: From South

Take I-91 North.

Take Exit 7 to 7A Main Street.

Continue through first set of lights.

Springfield Medical Associates is the third building on the right.

Directions: From North

Take I-91 South. Take I-291 East.

Bear right onto Chestnut Street.

Take first right onto Congress Street.

At second intersection, turn right onto Main Street.

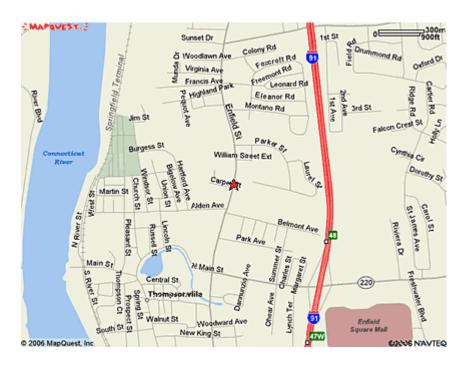
Proceed 0.2 miles. **Springfield Medical Associates** is the first building on the left, after the overpass.



(Please turn over for directions to the Enfield, CT office.)

ENFIELD MEDICAL ASSOCIATES

701 Enfield Street Enfield, CT 06082 (860) 741-6058



Directions: From North

Take I-91 South

Take right onto Exit 49

Take a right onto Route 5 (Enfield St)

Proceed 1.4 Miles to **Mountain Laurel Professional Center** on left.

Directions: From South

Take I-91 North

Take right onto exit 48

Take left onto Route 220 (Elm St)

Take a right onto Route 5 (Enfield St)

Proceed 0.5 miles to Mountain Laurel Professional Center on right



(Please turn over for directions to the Springfield, MA office.)