

Conjunctivitis (Pink Eye)

Report outbreaks within 24 hours to local public health

Additional Information: Do not share items,

contact lenses/container.

eyeglasses, makeup, or

such as linens, towels,

washcloths, tissues,

makeup brushes.

Conjunctivitis is inflammation of the white part of the eye, due to viral, bacterial and allergic causes. It can be very contagious.

Symptoms include:

- Watering, irritation, and redness of the white part of the eye
- Swelling of the eyelids
- Crusting of lashes
- Sensitivity to light
- Pus-like discharge may occur

Use good hand hygiene		
(soap/water & alcohol- based hand rub) after	Incubation Period	Unknown
contact with discharge from the eyes or articles		Viral - until the eye is no longer red or producing discharge
soiled with the discharge.	Contagious Period	Bacterial – until 24 hours after antibiotics started OR until eye no longer red or producing discharge
		Allergic – not contagious.

Recommended Actions

Refer to a health care provider for evaluation and management.

Cases:

Exclude an acute case until the symptoms of acute conjunctivitis subside or treatment for acute conjunctivitis is initiated and maintained for 24 hours.

Contacts: None

Please see <u>Arizona Administrative Code R9-6-318</u> for specific language.

Resources

- ADHS Conjunctivitis Fact Sheet
- **CDC Conjunctivitis**

If you have questions please call public health for assistance and recommendations.

Transmission

Transmission occurs through direct contact with the discharge from the eyes or items soiled with discharge.

Prevention

Employ good hand hygiene

Avoid touching or rubbing eyes

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