Implementation Tools and Resources

Criteria for Selecting Resources

The following tools and resources specific to the topic of the guideline were selected by the work group. Each item was reviewed thoroughly by at least one work group member. It is expected that users of these tools will establish the proper copyright prior to their use. The types of criteria the work group used are:

- The content supports the clinical and the implementation recommendations.

- Where possible, the content is supported by evidence-based research.

- The author, source and revision dates for the content are included where possible.

- The content is clear about potential biases and when appropriate conflicts of interests and/or disclaimers are noted where appropriate.

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Implementation Tools and Resources Tables

Assessment Tools

Assessment Tool	Audience	Web Sites/Order Information
Edmonton Symptom Assessment System (ESAS)	Health Care Providers	https://pallipedia.org/edmonton-symptom-assessment-system-esas/
Palliative Performance Scale (PPS)	Health Care Providers	http://npcrc.org/files/news/palliative_performance_scale_PPSv2.pdf
Mitchell Mortality Index	Health Care Providers	https://eprognosis.ucsf.edu/mitchell.php

Physician Education Resources (Fast Facts)

Domain	Fast Fact Title/Description	Audience	Web Link
Palliative Care Network of Wisconsin (PCNOW)	Palliative Care Network of Wisconsin (PCNOW) Fast Fact resources, including symptom management. Enter symptom into search box for resources.	Health Care Provider	https://www.mypcnow.org/fast-facts
Advance Directives	#12 Myths about Advance Directives	Health Care Provider	https://www.mypcnow.org/fast-fact/myths-about-advance-directives/
Spiritual Domain	#318 Existential Suffering – Part 1: Definition and Diagnosis	Health Care Providers	https://www.mypcnow.org/fast-fact/existential-suffering-part-1-definition-and-diagnosis/
Cultural Domain	#216 Asking About Cultural Beliefs in Palliative Care	Health Care Providers	https://www.mypcnow.org/fast-fact/asking-about-cultural-beliefs-in-palliative-care/
Psychological Domain	#07 Depression in Advanced Cancer	Health Care Providers	https://www.mypcnow.org/fast-fact/assessing-depression-in-advanced-cancer/
Psychological Domain	#186 Anxiety in Palliative Care- Causes and Diagnosis	Health Care Providers	https://www.mypcnow.org/fast-fact/anxiety-in-palliative-care-causes-and-diagnosis/
Psychological Domain	#59 Dealing with the Angry Dying Patient	Health Care Providers	https://www.mypcnow.org/fast-fact/dealing-with-the-angry-dying-patient/

Domain	Fast Fact Title/Description	Audience	Web Link
Psychological Domain	#29 Responding to patient emotion	Health Care Providers	https://www.mypcnow.org/fast-fact/responding-to-patient-emotion/
Psychological Domain	#186 Anxiety in Palliative Care – Causes and Diagnosis	Health Care Providers	https://www.mypcnow.org/fast-fact/anxiety-in-palliative-care-causes-and-diagnosis/
Grief and Bereavement Domain	#254 Complicated Grief	Health Care Providers	https://www.mypcnow.org/fast-facts/quiz/complicated-grief/

General Tools and Resources

Author/Organization	Title/Description	Audience	Web Sites/Order Information
Agency for Health care Research and Quality (AHRQ)	Effective Health Care Programs for Palliative Care includes assessment tools, quality improvement, care interventions and integrating palliative care with chronic disease management.	Health Care Providers	https://effectivehealthcare.ahrq.gov/health-topics/palliative-care
Aging with Dignity	"5 Wishes" and "My Wishes." The documents address medical, personal, emotional and spiritual needs that should be addressed when an adult or child is seriously ill and unable to speak for themselves.	Patients and Families	http://www.agingwithdignity.org
American Academy of Hospice and Palliative Medicine	A professional organization specializing in hospice and palliative care medicine. Tools to Address Opioid Prescribing.	Health Care Providers	http://www.aahpm.org http://aahpm.org/education/opioid-resource-hub
American Academy of Hospice and Palliative Medicine	An excellent resource for clinicians to share with patients and families. It has been developed by the American Academy of Hospice and Palliative Medicine.	Health Care Providers	http://www.palliativedoctors.org
American Academy of Hospice and Palliative Medicine	Essential practices of hospice and palliative medicine learning modules.	Health Care Providers	http://aahpm.org/self-study/essentials
American Academy of Family Physicians	Symptom management resources and education.	Health Care Providers	https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=57

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Author/Organization	Title/Description	Audience	Web Sites/Order Information
American Board of Hospice and Palliative Medicine (ABHPM)	ABHPM promotes excellence in the care of all patients with advanced, progressive illness through the development of standards for training and practice in palliative medicine. The board is an independent, nonprofit organization whose certificate is recognized as signifying a high level of clinician competence in the discipline of palliative medicine.	Health Care Providers	http://www.aahpm.org/ certification/default/index.html
American Hospital Association	Resources include Put It In Writing brochure, wallet ID, advertisements and links. The website provides information about advance directive, as well as educational resources to raise awareness regarding this issue.	Patients and Families; Health Care Providers	http://www.putitinwriting.org
Ariadne Labs	Serious Illness Conversation Guide Ariadne Labs: A joint Center for Health Systems Innovation (www.ariandelabs.org) and Dana-Farber Cancer Institute.	Health Care Providers	https://www.ariadnelabs. org/wp-content/uploads/ sites/2/2015/08/Serious-Illness-Conversation-Guide-5.22.15.pdf
Association of Professional Chaplains	Resources for chaplains in palliative care.	Chaplains	http://www. professionalchaplains.org/ content.asp?pl=86&contentid=86
Caring Connections	Caring Connections, a program of the National Hospice and Palliative Care Organization (NHPCO), is a national consumer and community engagement initiative to improve care at the end of life, supported by a grant from The Robert Wood Johnson Foundation.	Patients and Families	http://www.caringinfo.org
Center to Advance Palliative Care (CAPC)	CAPC searchable database	Health Care Providers	http://getpalliativecare.org/ provider-directory/
Center to Advance Palliative Care (CAPC)	Tools for Palliative Care Programs. A collection of tools assembled by CAPC to assist in designing, strengthening, maintaining and defending Palliative Care programs. CAPC Palliative Care Report findings	Health Care Providers	https://www.capc.org/ search/?q=Palliative+care+tools https://reportcard.capc.org/ findings/

Author/Organization	Title/Description	Audience	Web Sites/Order Information
Center to Advance Palliative Care (CAPC)	Comfort during the dying process. There are several example order sets and nursing care plans.	Health Care Providers	https://www.capc.org/search/?q=Palliative+care+tools
Center to Advance Palliative Care (CAPC)	CAPCconnect Forum: A free resource for health care professionals who want to share information, exchange ideas, and get advice from their colleagues on operational issues affecting their palliative care programs.	Health Care Providers	http://www.capc.org/forums/
Center to Advance Palliative Care (CAPC)	Symptom management online training modules.	Health Care Providers	https://www.capc.org/training/symptom-management/
CMS Medicare Learning Network	Education on Advance Care Planning use and billing for Medicare patients.	Health Care Providers	https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/AdvanceCarePlanning.pdf
CMS Medicare Hospice Benefit information	CMS site with Medicare hospice benefit criteria.	Health Care Providers	https://www.cms.gov/Center/Provider-Type/Home-Health-Agency-HHA-Center.html?redirect=/center/hospice.asp
GetPalliativeCare.org The site is provided by the Center to Advance Palliative Care (CAPC)	The website provides clear, comprehensive palliative care information for people coping with serious, complex illness. Information includes description of what palliative care is, how it is different from hospice care and information on advance directive.	Patients and Families	http//www.getpalliativecare.org
Hank Dunn Hard Choices	Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Care, and the Patient with a Life-Threatening Illness, Fourth Edition. Book: (ISBN 1-928560-30-2)	Patients and Families	To order: http://www.hardchoices.com To download or read online: http://hardchoices.com/about_hc.html
Honoring Choices Minnesota	A large-scale, community-based initiative that introduces advance care planning conversations to all individuals over 18 years of age.	Health Care Providers; Patients, Families and Caregivers	https://www.honoringchoices.org/
Hospice and Palliative Nurses Association (HPNA)	A professional organization for nurses within hospice and palliative care to advance expert care in serious illness.	Health Care Providers	https://advancingexpertcare.org/
Hospice Patients Alliance	Signs & Symptoms of Approaching Death	Health Care Professionals; Patients and Families	http://www.hospicepatients.org/hospic60.html

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Institute for Clinical Systems Improvement (ICSI)	Shared Decision-Making Model	Health Care Providers	https://www.icsi.org/guideline/palliative-care/
Institute for Healthcare Improvement Conversation Ready	"Conversation Ready": A Framework for Improving End-of-Life Care (Second Edition) "How to Talk to Your Patients about End-of-Life Care: A Conversation Ready Toolkit for Clinicians"	Health Care Providers	http://www.ihi.org/resources/Pages/IHIWhitePapers/ConversationReadyEndofLifeCare.aspx
Barbara Karnes	Gone from My Sight; The Dying Experience	Patients and Families	Bookstores
Minnesota Network of Hospice & Palliative Care (MNHPC)	MNHPC has developed a database palliative care programs in the stae of Minnesota that is searchable by zip code. Resources for health care professionals as well as patients and families.	Health Care Professionals; Patients and Families	www.mnhpc.org
National Consensus Project	Clinical Practice Guidelines for Quality Palliative Care (2018) This includes updated references for each of the eight domains, exemplars illustrating implementation of the guidelines, and the relationship of the guideline domains with the National Quality Forum's Preferred Practices.	Health Care Provider	http://www.nationalconsensusproject.org
National Hospice and Palliative Care Organization	NHPCO is the largest nonprofit membership organization representing hospice and palliative care programs and professionals in the United States. The organization is committed to improving end-of-life care and expanding access to hospice care with the goal of profoundly enhancing quality of life for people in America and their loved ones. This website provides information about end-of-life care, with resources, facts and figures, news briefs, patient advocacy, conferences and education.	Health Care Provider; Patients and Families	http://www.nhpco.org

Author/Organization	Title/Description	Audience	Web Sites/Order Information
Palliative.org (Regional Palliative Care Program in Edmonton, Alberta)	The website provides clinical information to health care professionals regarding palliative care. The assessment tools include including various tools such as the Edmonton Symptom Assessment System (ESAS). The site also includes a link to the American Academy of Hospice and Palliative Medicine Fast Facts.	Health Care Provider	http://www.palliative.org/newPC/professionals/tools/tools.html
POLST.org is sponsored by the Center for Ethics in Health Care and Oregon Health & Science University	POLST (Physician Orders for Life-Sustaining Treatment) is designed to help health care professionals honor the end-of-life treatment desires of their patients. The form includes clinician orders that follow patient wishes and treatment intentions, and enhances the appropriateness and quality of patient care. The Minnesota Medical Association has adopted a version of POLST for statewide use (see link). Indiana has made a POLST video suitable for patients and family explaining its use (see YouTube link).	Health Care Providers; Patients and Families	http://www.polst.org https://www.mnmed.org/advocacy/improving-health-of-minnesotans/POLST-Communications https://www.youtube.com/watch?v=ci7KlDJQpFU
Social Work Hospice and Palliative Care Network	A professional organization/network of psychosocial hospice and palliative care professionals dedicated to advancing best practices in caring for those with serious illness.	Health Care Providers	https://www.swhpn.org/
University of Wisconsin	Best Case/Worst Case Shared decision-making instructional YouTube video. A communication tool developed by researchers at the University of Wisconsin to help surgeons discuss difficult treatment decisions.	Health Care Providers	http://www.youtube.com/watch?v=FnS3K44sbu0
VitalTalk	VitalTalk provides evidence-based training to clinicians on communication skills for serious illness shared decision-making.	Health Care Providers	https://www.vitaltalk.org/

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