



## State of New Jersey

**DEPARTMENT OF HEALTH**  
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### **CPR – Certification & Documentation**

All Emergency Medical Technician (EMT) candidates are required to complete cardiopulmonary resuscitation (CPR) training prior to the first day of their EMT education, and present a valid CPR card and government issued photo identification card for admittance to the National Registry Emergency Medical Technician (NREMT) examination. All EMT's are required to carry their CPR, EMT, and photo identifications cards with them while practicing as an EMT within New Jersey. The New Jersey Department of Health (the Department) Office of Emergency Medical Services (OEMS) will also accept a valid CPR credential in the form of an eCard. Photocopies and letters of participation from instructors are NOT accepted.

Current New Jersey regulations (N.J.A.C. 8:40A) require a valid certification in CPR to the level of Professional Rescuer or Health Care Provider as issued by the American Heart Association (AHA), the American Red Cross (ARC), the National Safety Council (NSC), or other entity determined by the Department to comply with AHA CPR guidelines.

OEMS recognizes the following CPR credentials:

- American Heart Association – BLS Provider
- American Red Cross – Professional Rescuer or Lifeguarding/First Aid/CPR/AED
- American Safety & Health Institute – Professional Rescuer
- AAOS/ACEP Emergency Care & Safety Institute – Healthcare Provider
- National Safety Council – Basic Life Support: Healthcare & Professional Rescuers
- Military Training Network – Professional Rescuer
- EMS Safety – BLS for Healthcare Providers Professional
- American Acquatics and Safety Training – CPR/AED

OEMS does not recognize CPR training programs that are taught strictly online. CPR certifications must be obtained through an instructor led program with skills verification, a written examination, and include both one and two rescuer CPR (infant, child & adult), use of a bag-valve mask ventilation device (BVM) and semi-automatic external defibrillator (SAED) training.