

# Free and Low-Cost Dental Care Resource Guide

2023 Tennessee Listings



## Tennessee’s Healthy Smiles Initiative

Oral health services in Tennessee, particularly among high-risk and underserved populations, need a lot of improvement. Oral health problems can be medically dangerous, but also have important social and economic consequences.

Among low- and middle-income Tennesseans, 40% say life is less satisfying due to dental conditions, and 16% say the appearance of their mouth and teeth affects their ability to get a job, according to the Better Tennessee Dental Health Report Card.

The Healthy Smiles Initiative was created to address this need. This 5-year, \$94 million pilot program aims to expand access to dental care statewide. At the request of Governor Bill Lee, former Tennessee Health Commissioner Dr. Lisa Piercey convened a group of dental industry stakeholders from across the state in early 2021 to develop recommendations to increase access to high-quality, affordable dental care for Tennesseans. The workgroup, which included dentists, dental hygienists, the state’s two dental schools, TennCare, the Department of Health, payors, safety net clinics, and others, settled on a comprehensive set of proposals that became the Healthy Smiles Initiative.

“Too often people treat oral health as a separate issue, and they have to be reminded that your mouth is connected to the rest of your body,” said Dr. Phil Wenk, CEO of Delta Dental. “But Commissioner Piercey understood the importance

and urgency of addressing our dental crisis in Tennessee from the start and played a critical role in the development and ultimate approval of the Healthy Smiles Initiative. Generations of Tennesseans will benefit from her leadership.”

The major components of the Healthy Smiles Initiative are an expansion of dental school class sizes, new and strengthened workforce recruitment and retention efforts, and increased safety net funding. Two existing, proven safety net programs will receive a significant boost: the Smile On 65+ program, which provides oral health care and case management services for older adults, and the prosthodontic grant program, which has to date helped provide more than 2,300 Tennesseans seen in safety-net clinics with low- or no-cost dentures.

“Everything we do at the Department of Health goes back to our mission statement - to protect, promote, and improve the health and prosperity of people in Tennessee,” said Dr. Piercey. “The Healthy Smiles Initiative checks all of those boxes - even and especially prosperity - because if you don’t have a healthy smile, you may have trouble finding and keeping a job, certainly one that aligns with your skills and capabilities.”

It was Dr. Piercey’s stewardship of the pilot program that earned her Delta Dental of Tennessee’s third-ever Smile Power Award, which celebrates an individual who has made a significant positive impact on the oral health of Tennesseans.



This guide is published by Delta Dental of Tennessee’s Smile180 Foundation to help Tennesseans who cannot afford dental care find free and low-cost resources for oral care. This publication offers a directory of free, low-cost and sliding-fee dental clinics located across the state.

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# East Tennessee

## About the Clinics in This Guide

Most clinics in this guide serve community members who do not have dental insurance and cannot afford dental services at market rate prices. Many of these clinics rely heavily on volunteer dental professionals and support staff to offer dental services. Each of these health facilities has a unique process for screening payment ability and processing patients.

Although the clinics in this guide aim to offer timely care and meet the needs of all patients, **high levels of demand and emergency health situations may cause long wait times.** This is especially true for patients seeking non-emergency restorative and routine care (such as dentures or routine cleanings). **Potential patients are strongly encouraged to contact more than one clinic to learn more about availability, payment options and wait times for services.** Patients should expect to provide proof of income eligibility to receive care.

## Types of Clinics

### Free:

Free Clinics provide services at no cost to patients who meet income eligibility requirements.

### Federally Qualified Health Center (FQHC):

Federally qualified health centers (FQHC) are not-for-profit clinics that receive federal grants to offer sliding-fee-scale payment programs for patients who qualify.

### Low Cost:

These clinics offer dental services at prices that are lower than average market rates.

### Sliding Fee Scale Clinics:

Sliding fee scale clinics allow patients to pay for services on a "sliding" scale based on income limitations.

## Beersheba Springs Medical Clinic

19592 SR 56  
Beersheba Springs, TN 37305  
Grundy County  
Ph: 931-692-2229  
[www.beershebaclinic.org](http://www.beershebaclinic.org)

### Hours

Variable based on resources, please call for details.

### Comprehensive Dental Services Offered

*Beersheba Springs Medical clinic offers dental extractions and serves Tennessee residents over the age of 18 living in Beersheba Springs and surrounding area. Eligibility screening required.*

### Clinic Classifications

Free  
*Smile180 Foundation Grant Recipient*

## Dodson Avenue Community Health Center

1200 Dodson Avenue  
Chattanooga, TN 37406  
Hamilton County  
Ph: 423-778-2800  
[www.erlanger.org/locations/community-health-centers/erlanger-community-health-centers](http://www.erlanger.org/locations/community-health-centers/erlanger-community-health-centers)

### Hours

Monday–Thursday 8:00 a.m.–5:00 p.m.  
Friday 8:00 a.m.–4:00 p.m.

### Comprehensive Dental Services Offered

Cleanings, exams, oral surgery

### Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost  
*Smile180 Foundation Grant Recipient*

## First Love on Main

225 West Main Street  
Morristown, TN 37814  
Hamblen County  
Ph: 423-289-1179  
<https://firstloveonmain.org>

### Hours

By appointment only

### Comprehensive Dental Services Offered

Dental screenings, extractions, crowns, cleanings, dental hygiene education

*First Love on Main serves Hamblen Country residents based on available staff resources. Eligibility screening required for appointments.*

### Clinic Classifications

Low Cost  
*Smile180 Foundation Grant Recipient*

## Friends In Need Healthcare, Inc.

1916 Brookside Drive  
Kingsport, TN 37660  
Sullivan County  
Ph: 423-246-0010  
[www.FriendsInNeed.us](http://www.FriendsInNeed.us)

### Hours

Monday–Thursday 8:00 a.m.–5:00 p.m.  
*Closed for Lunch 12:00 p.m.–1:00 p.m.*

### Comprehensive Dental Services Offered

Full diagnostic X-rays, comprehensive exam, hygiene cleanings with oral health education, fillings, extractions, restorative care, prosthodontics (some dentures and partials)

*Services available for adult Tennessee residents living in Greene, Hawkins, Sullivan, Washington Counties and beyond. Eligibility screening required.*

### Clinic Classifications

Low Cost, Sliding Fee Scale  
*Smile180 Foundation Grant Recipient*

### Healing Hands Health Center

245 Midway Medical Park  
Bristol, TN 37620  
Sullivan County  
Ph: 423-652-0260  
www.HealingHandsHealthCenter.org

#### Hours

Monday-Friday 8:00 a.m.-5:00 p.m.  
*Closed for Lunch 12:00 p.m.-1:00 p.m.*

### Comprehensive Dental Services Offered

For adults over 18, full diagnostic x-rays, comprehensive exams, hygiene cleanings with oral health education, fillings, extractions, oral surgery, prosthodontics (partials, dentures, and nightguards)

*Services available for Northeast Tennessee residents. Eligibility screening required for appointments.*

### Clinic Classifications

Low Cost  
*Smile180 Foundation Grant Recipient*

### InterFaith Health Clinic

2607 Kingston Pike, Suite 185  
Knoxville, TN 37919  
Knox County  
Ph: 865-243-3033  
www.InterFaithHealthClinic.org  
Info@InterFaithHealthClinic.org

#### Hours

Monday-Thursday 8:00 a.m. - 5:00 p.m.  
Based on staff availability, please call for information

### Comprehensive Dental Services Offered

Full diagnostic X-rays, comprehensive exams, oral surgery, hygiene cleanings, crowns, fillings, partials

### Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost  
*Smile180 Foundation Grant Recipient*

### Joining Hands Health Center

1413 Russell Avenue  
Jefferson City, TN 37760  
Jefferson County  
Ph: 865-471-5525  
www.JrClinic.org

#### Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.  
Friday 9:00 a.m.-12:00 p.m.

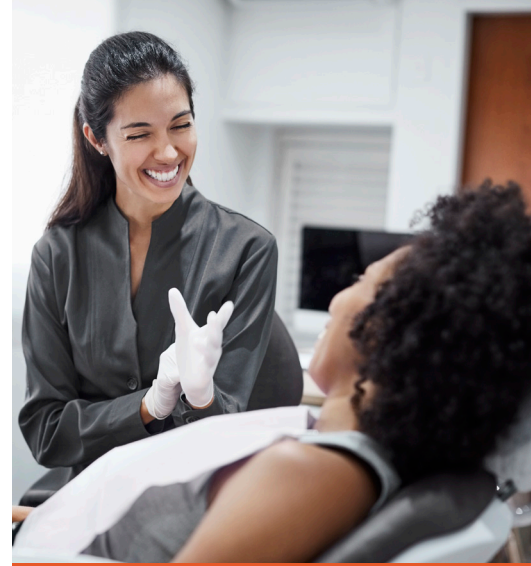
### Comprehensive Dental Services Offered

Full diagnostic X-rays, comprehensive exams, oral surgery

*Please note: Joining Hands Health Center is supported by students from Carson-Newman University, Hiwassee College and South College. Services available for Jefferson and Granger County residents.*

### Clinic Classifications

Low Cost  
*Smile180 Foundation Grant Recipient*



## About the Information in This Guide

This dental resource guide contains information provided by the clinics listed. While reasonable effort has been made to include accurate and current information, Delta Dental of Tennessee and the Smile180 Foundation are not responsible for errors or omissions in the information. This guide is only intended to provide information to individuals and families and does not represent any recommendation, endorsement or warranty by Delta Dental or the Smile180 Foundation for any clinic listed herein or services provided by said clinics.



by Delta Dental of Tennessee

## Helpful Steps for Getting Care:

Each clinic has a unique process for meeting the needs of patients. Using these steps will help clinics meet your needs in a more timely and efficient manner.

**1 Call Before You Go:** Calling clinics first and inquiring about the issues listed below will help you discover how to best get the care you need and deserve.

### Things to ask about:

**Eligibility:** Most clinics in this guide offer services based on your income and where you live. Many clinics will require proof of income and address. Learning about eligibility requirements by phone can save time and money.

**Availability of Services:** Learning which services are available and if services have wait periods for processing or receiving care can help you select a clinic and time frame that meets your needs.

**How to Make an Appointment:** Although some clinics accept walk-ins, most clinics in this guide require an appointment prior to service. Some clinics may have specific procedures for appointment setting.

**2 Explore Your Options:** Contacting more than one clinic allows you to learn what options are available and what screening processes are required to receive care.

**3 Make an Appointment:** After deciding which clinic is right for you, contact the clinic and follow the clinic's procedures for making an appointment.

**4 Get the Care You Need:** After you make your appointment, follow the clinic's procedures for attending the clinic and receiving care. If you can't make your appointment, call or contact the clinic to reschedule or cancel your appointment. This will allow the clinic to meet the needs of other patients who are seeking care.

**5 Follow Up:** Prevent future dental problems by following the instructions given by clinic staff, attending follow up appointments, and practicing good oral hygiene at home.

# East Tennessee

## Karis Dental

254 Broad Street Southwest  
Cleveland, TN 37311  
Bradley County  
Ph: 423-457-8024  
www.KarisDental.org  
KarisDentalClinic@gmail.com

### Hours

Monday, Wednesday, Friday 8:30 a.m.–3:00 p.m.  
Tuesday, Thursday 8:30 a.m.–5:00 p.m.

### Comprehensive Dental Services Offered

Dental screenings, extractions, fillings, dentures, partials, crowns, cleanings  
dental hygiene education

*Karis Dental offers services to Tennessee residents living at or below the federal poverty threshold in Bradley County. Eligibility screening required.*

### Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost  
Smile180 Foundation Grant Recipient

## Keystone Dental

603 Bert Street, Suite 206  
Johnson City, TN 37601  
Washington County  
Ph: 423-232-7919  
www.KeystoneDentalJC.com  
Office@KeystoneDentalJC.com

### Hours

Monday–Thursday 8:00 a.m.–4:30 p.m.  
Closed for Lunch 12:00 p.m.–1:00 p.m.

### Comprehensive Dental Services Offered

*Keystone Dental offers comprehensive dental services to adults 19 years of age or older who meet federal poverty guidelines and live in East Tennessee. Eligibility screening required.*

### Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost  
Smile180 Foundation Grant Recipient

## Kim Health Center

6209 Chapman Highway  
Knoxville, TN 37920  
Knox County  
Ph: 865-577-3733  
www.KimHealthCenter.org

### Hours

Monday, Tuesday, Thursday 8:00 a.m. - 5:00 p.m.  
Wednesday, Friday 8:00 a.m. - 12:00 p.m.  
Closed for lunch 12:00 - 1:00 p.m. Mon, Tues, Thurs

### Comprehensive Dental Services Offered

Kim Health Center offers dental check ups, routine cleanings, cavity prevention, fillings, non-routine x-rays, extractions, and restorative care.

### Clinic Classifications

Low cost, Free

## Mountain Hope Good Shepherd Clinic

312 Prince Street  
Sevierville, TN 37862  
Sevier County  
Ph: 865-774-7684  
www.MountainHope.org

### Hours

Monday–Friday 8:00 a.m.–5:00 p.m.  
Closed on Wednesdays

### Comprehensive Dental Services Offered

Extractions, simple fillings, cleanings

### Clinic Classifications

Low Cost

Smile180 Foundation Grant Recipient

### Orange Grove Center

615 Derby Street  
Chattanooga, TN 37404  
Hamilton County  
Ph: 423-664-9432  
www.OrangeGroveCenter.org  
DentalClinic@OrangeGrove.org

### Hours

To make a new or established patient appointment, call or email the clinic.

### Comprehensive Dental Services Offered

Orange Grove Center offers a unique practice where anyone with an intellectual and/or developmental disability can receive comprehensive dental care.

### Clinic Classifications

Non-profit

### Servolution Health Services

181 Powell Valley School Lane  
Speedwell, TN 37870  
Claiborne County  
Ph: 423-419-5070  
www.ServolutionHealthServices.org  
Info@ServolutionHealthServices.org

### Hours

Monday-Friday 8:00 a.m. - 4:30 p.m.  
*By appointment only.*

### Comprehensive Dental Services Offered

*Servolution Health Services is a faith-based clinic that provides comprehensive dental services to uninsured community members living below 200% of the poverty level. Eligibility screening required.*

### Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost  
Smile180 Foundation Grant Recipient

### Smiles, Inc.

107 East 10th Street or P.O. Box 248  
South Pittsburg, TN 37380  
Ph: 423-228-3077  
www.SmilesFreeDental.com  
SmilesFreeDental@yahoo.com

### Hours

Applications accepted Tuesdays and Thursdays 10:00 a.m.-4:00 p.m.  
*Services scheduled based on dental staff availability.*

### Comprehensive Dental Services Offered

Smiles Inc. offers tooth extractions and hygiene cleanings

### Clinic Classifications

Free to citizens who meet eligibility screening requirements.

### Trinity Dental Clinic

1127 East Lamar Alexander Parkway  
Maryville, TN 37804  
Blount County  
Ph: 865-681-0770  
www.TrinityDentalClinic.org

### Hours

*Dental services by appointment based on staff availability. Contact Trinity Dental Clinic for more information.*



## Did You Know?

Children and pregnant women living in Tennessee may be eligible for health assistance programs.

**TennCare** covers all routine and diagnostic dental costs for qualifying Tennessee children.

To learn more visit  
[www.TN.gov/tenncare](http://www.TN.gov/tenncare)

Call  
1-855-259-0701 or 615-743-2000

Need help, but don't qualify for TennCare?

**CoverKids** is a state program for Tennessee children and pregnant women who do not qualify for TennCare.

To learn more visit  
[www.CoverKids.com](http://www.CoverKids.com)

Call 1-866-620-8864  
for information on eligibility.



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# East Tennessee

## *Trinity Dental Clinic Continued*

### **Comprehensive Dental Services Offered**

Emergency treatment, extractions, cleanings, X-Rays

*Comprehensive dental services offered for Tennessee residents living in Blount County who are 21 years of age or older.*

### **Clinic Classifications**

Low Cost

*Smile180 Foundation Grant Recipient*

## **Volunteer Ministry Center Dental Clinic**

511 North Broadway  
Knoxville, TN 37917  
Knox County  
Ph: 865-524-3926  
www.Vmclnc.org

### **Hours**

Tuesday 8:00-12:00 (Homeless patients only)

Friday 8:00 a.m. - 12:00 p.m.

*Other hours based on staff availability, please call for more information.*

### **Comprehensive Dental Services Offered**

Cleanings, extractions, fillings, prosthodontics

*The Volunteer Ministry Center Dental Clinic serves Knox County residents over 18 years of age who are homeless or in the less than 30 percent of average median income bracket.*

### **Clinic Classifications**

Free for qualifying applicants

*Smile180 Foundation Grant Recipient*

# Middle Tennessee

## **Duck River Dental Outreach**

320 North Garden Street  
Columbia, TN 38401  
Ph: 931-388-6410  
Maury County  
www.DuckRiverDentalOutreach.com  
Info@DuckRiverDental.com

### **Hours**

Friday 9:00 a.m. - 2:00 p.m.

*Contact Duck River Dental Outreach for more information.*

### **Comprehensive Dental Services Offered**

Extractions, basic restorative such as composite fillings and some crowns, dentures and partials, occasional root canals

### **Clinic Classifications**

Sliding Fee Scale

## **Giving Smiles**

5226 Main Street, Suite C6  
Spring Hill, TN 37174  
Williamson County  
Ph. 615-714-3787  
www.GivingSmilesTN.org  
GivingSmiles1@gmail.com

### **Hours**

To make a new or established patient appointment, call or email the clinic.

### **Comprehensive Dental Services Offered**

Dental exams, including oral cancer screenings, diagnostic x-rays, extractions, fillings, sealants, fluoride, SDF treatments, Prophys, scalings, oral health education, porcelain crowns, partials and full dentures, selective root canals

# Middle Tennessee

## Clinic Classifications

Low cost, sliding fee scale based on income

## Good Samaritan Ministry

346 Union Street  
Clarksville, TN 37040  
Montgomery County  
Ph: 931-648-2444

### Hours

Office: Monday-Friday 9:00 a.m.-12:00 p.m.  
*Appointments are generally made on Fridays during business hours and subject to volunteer staff availability.*

### Comprehensive Dental Services Offered:

Extractions only (no third molars/wisdom teeth), composites and cleaning done through dentist referrals

*Dental services available for adult Tennessee residents who are age 18 and older.*

## Clinic Classifications

No Cost  
*Smile180 Foundation Grant Recipient*

## Interfaith Dental Clinic

[www.InterfaithDental.com](http://www.InterfaithDental.com)

### Nashville Location

600 Hill Avenue, Ste. 101  
Nashville, TN 37210  
Davidson County  
Ph: 615-329-4790

### Murfreesboro Location

210 Robert Rose Drive  
Murfreesboro, TN 37129  
Rutherford County  
Ph: 615-225-4141

### Hours

Monday-Wednesday 8:00 a.m.-4:00 p.m.  
Thursday 9:00 a.m.-3:00 p.m.  
Friday 8:00 a.m.-12:00 p.m.

### Comprehensive Dental Services Offered

Full diagnostic x-rays, comprehensive exams, design and complete treatment plans that include full restorative and preventive care.

*Interfaith Dental provides comprehensive and emergency dental services by appointment to Tennessee residents living in the following counties: Bedford, Cannon, Cheatham, Davidson, Dickson, Robertson, Rutherford, Sumner, Williamson, and Wilson. Eligibility screening required. Emergency dental care appointments may be available on a first-call, first-served basis. Call for more information. Walk-ins not accepted.*

## Clinic Classifications

Low Cost, Sliding Fee Scale  
*Smile180 Foundation Grant Recipient*

## Meharry Medical College School of Dentistry

1801 Meharry Boulevard  
Nashville, TN 37208  
Davidson County  
[www.MMC.edu](http://www.MMC.edu)  
[www.home.mmc.edu/school-of-dentistry/dental-care](http://www.home.mmc.edu/school-of-dentistry/dental-care)

## Phone Numbers

General Dental Clinic Appointments: 615-327-6669 or 615-327-6900  
Oral Surgery Clinic: 615-327-6927  
General Information: 615-327-6605

## Looking for Affordable Dental Insurance?

Delta Dental of Tennessee offers reasonably priced dental insurance coverage for individuals and families.

To learn more, visit [www.DeltaDentalTN.com](http://www.DeltaDentalTN.com)

Call 800-223-3104

## Did You Know?

120 signs and symptoms of diseases can be found during a routine dental exam.

Taking care of your smile is just one way to spot early indicators of heart disease, diabetes, oral cancer, and many other health challenges.

Good health begins with a plan from Delta Dental of Tennessee.



by Delta Dental of Tennessee

## About Delta Dental of Tennessee

**D**elta Dental of Tennessee is a not-for-profit dental benefits provider dedicated to advancing oral health care for Tennesseans through its products, advocacy and philanthropy.

The company is the largest independent dental benefits provider in the state, with more than 2,100 employer groups representing over 1.4 million Tennesseans.

The company also has one of the state's largest networks of practicing, licensed dentists with more than 92% participating in our Delta Dental Premier™ network and more than 73% participating in Delta Dental PPO<sup>SM</sup>. Delta Dental of Tennessee uses this leverage to give back to the community through its Smile180 Foundation and partnerships with other charities dedicated to the health and well-being of Tennesseans.

Visit [www.DeltaDentalTN.com](http://www.DeltaDentalTN.com) to learn more.

# Middle Tennessee

*Meharry Medical College School of Dentistry Continued*

### Hours

Oral Surgery Clinic: Monday-Friday 8:30 a.m.- 4:00 p.m.

Student Clinic and Resident Clinic: Monday-Friday 8:00 a.m.-4:30 p.m.

### Comprehensive Dental Services Offered

Meharry Medical College School of Dentistry serves Tennessee residents through its General Dental, Oral Surgery and Student Clinics. Services offered but not limited to: Comprehensive dental care, extractions, implants, emergency dental services based on eligibility

*Please note: the Student and Resident Clinics are staffed by dental students and residents who are directed by a licensed dentist. Davidson County residents may seek emergency appointments by calling 615-341-4357. Most insurance accepted.*

### Clinic Classifications

Low Cost, Sliding Fee Scale

Smile180 Foundation Grant Recipient

## Neighborhood Health

Ph: 615-227-3000

NeighborhoodHealthTN.org

### Cleveland Park

1223 Dickerson Pike  
Nashville, TN 37207  
Monday-Friday  
8:00 a.m.-5:00 p.m.

### Lebanon Location

217 East High Street, Suite 200  
Lebanon, TN 37087  
Monday - Friday  
8:00 a.m.-5:00 p.m.

### Welshwood Location

419 Welshwood Drive  
Nashville, TN 37211  
Monday-Wednesday 8:00 a.m. - 5 p.m.  
Thursday-Friday 8:00 a.m.-8:00 p.m.

### Napier Place Location

107 Charles E. Davis Boulevard  
Nashville, TN 37210  
Monday-Friday  
7:00 a.m.-4:00 p.m.

### Comprehensive Dental Services Offered

Exams and X-rays, extractions, emergency care, fillings, partials and dentures, sealants, fluoride and other preventive care, referrals for special needs

*Neighborhood Health serves both children and adults and has other locations that offer general health services but without dental care.*

### Clinic Classifications

Low Cost, Sliding Fee Scale

Smile180 Foundation Grant Recipient

## The Sumner Center

2100B Nashville Pike  
Gallatin, TN 37066  
Ph. 615-989-3537

[www.TheSumnerCenter.com](http://www.TheSumnerCenter.com)

### Hours

Monday and Wednesday 8:00 a.m. - 4:00 p.m.  
Other days, call for appointment

### Comprehensive Dental Services Offered

Treatment planning, fillings, and extractions

### Clinic Classifications

Nonprofit



# West Tennessee

## Christ Community Health Services

[www.ChristCommunityHealth.org](http://www.ChristCommunityHealth.org)

### Frayser Dental Center

969 Frayser Boulevard  
Memphis, TN, 38127  
Ph. 901-842-3172

Monday - Friday 8:00 a.m. - 5:00 p.m.

### Broad Dental Center

2953 Broad Avenue  
Memphis, TN, 38112  
Ph. 901-842-3171

Monday - Friday 8:00 a.m. - 5:00 p.m.

### Raleigh Dental Center

3481 Austin Peay  
Memphis, TN, 38128  
Ph. 901-842-3174

Monday - Friday 8:00 a.m. - 5:00 p.m.

### Comprehensive Dental Services Offered

Services include the promotion of oral health through routine checkups and examinations, cleanings, sealants, fillings, crowns, periodontal services, extractions, and complete and partial dentures.

### Clinic Classifications

Sliding Fee Scale

## Church Health

1350 Concourse Avenue  
Suite 142  
Memphis, TN 38104  
Shelby County  
Ph: 901-272-0003

[www.ChurchHealth.org/clinical-services/dental](http://www.ChurchHealth.org/clinical-services/dental)

### Hours

Monday, Tuesday, Thursday: 8:00 a.m.-5:00 p.m.

Wednesday: 8:00 a.m.-3:00 p.m.

Friday: 8:00 a.m.-2:30 p.m.

### Comprehensive Dental Services Offered

Exams, X-rays, cleanings, fillings, extractions, root canals, crowns, bridges, implants, periodontal therapy, dentures, and partials.

*Dental services for Church Health and Memphis Plan participants are offered by appointment only. Visit [www.ChurchHealth.org](http://www.ChurchHealth.org) or call to learn more about becoming a patient.*

### Clinic Classifications

Low Cost, Sliding Fee Scale

Smile180 Foundation Grant Recipient

## Helping Hands of Tennessee

1408 North Highland Avenue, Suite 102  
Jackson, TN 38301

Obion County

Ph: 731-736-4005

[www.helpinghandstn.com](http://www.helpinghandstn.com)

### Hickory Hill Dental Center

5366 Mendenhall Mall  
Memphis, TN, 38115  
Ph. 901-842-3173

Monday - Friday 8:00 a.m. - 5:00 p.m.

### Third Street Dental Center

3362 South Third Street  
Memphis, TN, 38109  
Ph. 901-842-3175

Mon., Tues., Thurs. 8:00 a.m. - 5:00 p.m.

Wednesday 8:00 a.m. - 8:00 p.m.

Friday 8:00 a.m. - 1:00 p.m.

## About Delta Dental of Tennessee's Smile180 Foundation

At Delta Dental of Tennessee, our core mission is to ensure healthy smiles by improving the overall wellness of the people in the communities we serve through our products, advocacy, education and philanthropy. Founded in 2015, the Smile180 Foundation is a 501(c)(3) organization that is fully funded by Delta Dental of Tennessee. The foundation works to fulfill Delta Dental's mission by supporting dental education, children's hospitals and reduced-cost dental clinics and other like-minded charities in the state of Tennessee.

The Smile180 Foundation reflects the transformative power of a healthy smile to turn someone's life around. We believe a smile promotes confidence and is an essential part of a healthy, productive life. The foundation focuses giving back through three primary channels:

### Dental Schools and Continuing Education

We are committed to helping Tennessee's future dentists receive the best education in the best facilities possible and supporting current dentists in learning cutting edge methods and procedures.

### Children's Hospitals

When children are in the hospital, it's not always possible for them to receive the dental care they need. We help provide facilities that allow them to receive treatment without leaving the hospital.

### Dental Clinics

The most at-risk members of our communities are least likely to receive the dental care they need. We support dental clinics, like those listed in this guide, that provide oral care to low income and underserved individuals and families.

For more information about the Smile180 Foundation please visit:

[DeltaDentalTN.com/Smile180](http://DeltaDentalTN.com/Smile180)

# West Tennessee

*Helping Hands of Tennessee Continued*

## **Comprehensive Dental Services Offered**

Dentures, extractions, exams, fillings and X-rays

*Helping Hands of Tennessee serves Tennessee residents living in Jackson and surrounding areas. Eligibility screening required.*

## **Clinic Classifications**

Low Cost, Sliding Fee Scale  
*Smile180 Foundation Grant Recipient*

## **Reelfoot Rural Ministries**

6923 Minnick-Elbridge Road  
Obion, TN 38240  
Obion County  
Ph: 731-538-9970 ext. 101  
www.Reelfoot.org

## **Hours**

First and third Friday of each month  
9:00 a.m.-3:00 p.m.

## **Comprehensive Dental Services Offered**

Extractions and fillings, endo treatments, pro-bono surgical referrals, prosthetic clinic/lab

*Reelfoot Rural Ministries Dental Clinic offers care to uninsured Tennessee residents living in Dyer, Lake and Obion Counties and Kentucky residents living in Fulton County.*

## **Clinic Classifications**

Low Cost  
*Smile180 Foundation Grant Recipient*

## **University of Tennessee Health and Science Center College of Dentistry**

875 Union Avenue  
Memphis, TN 38103  
Shelby County  
www.Uthsc.edu/dentistry/patients

## **Hours**

Monday-Friday 8:00 a.m.-5:00 p.m.

## **Phone Numbers**

Dental Hygiene Clinic: 901-448-6262  
Emergency Clinic: 901-448-6211  
Predoctoral Student Clinic: 901-448-6241  
University Dental Faculty Practice: 901-448-6476

*Please note: Clinic hours subject to change when school is not in session. Call for more information.*

## **Comprehensive Dental Services Offered**

Emergency services, full diagnostic X-rays, comprehensive exams, cleanings, fillings, extractions, gum disease treatments, limited oral surgery  
*Please note: Dental services are provided by a combination of student doctors and qualified dentists.*

## **Clinic Classifications**

Low Cost; *Smile180 Foundation Grant Recipient*

## Learn More About Taking Care of Your Smile

Use these online informational resources to learn how you can unleash your smile power and take care of your oral health:

**Middle Tennessee Oral Health Coalition**  
www.TnOralHealth.org

**American Dental Association® Oral Health Website**  
www.MouthHealthy.org

**Delta Dental's Oral Health Magazine**

*Grin!* magazine is a publication available from Delta Dental of Tennessee that offers news and entertainment stories to help you maintain a healthy smile. Also available in an annual kids' edition.

Visit [DeltaDentalTN.com/Grin](http://DeltaDentalTN.com/Grin) to view *Grin!* magazine and other resources.



# Dental Health Events

## Hope Smiles-Nashville

Ph: 615-324-3904

[www.HopeSmiles.org](http://www.HopeSmiles.org)

[Info@HopeSmiles.org](mailto:Info@HopeSmiles.org)

### Dates and Locations

*Hope Smiles provides emergency and acute dental care through mobile dental clinics in the United States, Haiti and Uganda. Call or check online for upcoming events, locations and hours.*

### Comprehensive Dental Services Offered

Emergency care, oral exams, extractions, filling, cleanings, crowns, partials and dentures

### Clinic Classifications

Low Cost, Sliding Fee Scale, FQHC Cost  
*Smile180 Foundation Grant Recipient*

## Mid-South Mission of Mercy-Memphis

[www.MidSouthMissionOfMercy.org](http://www.MidSouthMissionOfMercy.org)

[Info@MidsouthMissionOfMercy.org](mailto:Info@MidsouthMissionOfMercy.org)

### 2024 Dates and Locations

January 26-27, 2024

Bellevue Baptist Church

2000 Appling Road

Cordova, TN 38016

### Comprehensive Dental Services Offered

Diagnosis by a dentist, minor restorative fillings, extractions and cleanings, oral health education

*The Mid-South Mission of Mercy (MidMOM) offers a free two-day dental clinic for underserved Tennessee residents living in Memphis and surrounding areas, who are uninsured or cannot afford dental work. Please check online for more information about events and services.*

### Clinic Classifications

Free

## Remote Area Medical-Rockford, TN

Ph: 865-579-1530

[www.RAMUSA.org](http://www.RAMUSA.org)

[Info@RamUsa.org](mailto:Info@RamUsa.org)

### Dates and Locations

*Remote Area Medical utilizes mobile medical clinics to serve patients who do not have access to medical services or who cannot afford to visit a doctor. Call or go online for information about upcoming events, locations and hours.*

### Comprehensive Dental Services Offered

Cleaning, fillings, extractions

### Clinic Classifications

Free

*Smile180 Foundation Grant Recipient*



## What Are Dental Health Events?

Dental health events aim to address the needs of areas with limited dental care providers. These events invite community members living in remote or underserved areas to meet at a designated date, time and location to receive health care. Events are typically hosted by volunteer-supported organizations and take place over several days. Community members interested in learning more about the next dental health event can contact the host organizations listed on this page.

**smile180**  
foundation

by Delta Dental of Tennessee



# Find the care that works for you, your location, your family, and your situation.

The Smile180 Foundation is here to help you find the dental care resources you need. This guide offers a list of free and low-cost clinics and resources located in the state of Tennessee.



Transforming lives. Transforming communities. One SMILE at a time.

[Smile180.com](https://Smile180.com)

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