

# **MARINE** & *Family*

The logo for the Marine Corps, featuring a globe and a crossed anchor, is positioned to the left of the word "Family" in the main title.

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## **Personal & Professional Readiness**

Marine Corps Community Services  
MCB Camp Pendleton | Bldg 13150 | (760) 725-3400

**Transition, Career, Education, Library,  
and Family Readiness Services**

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

Welcome to the Marine Corps Base (MCB) Camp Pendleton, Marine and Family Programs, Personal and Professional Readiness Team. We are here to support your transition. Our services are provided to save you time and money, and most importantly support your successful transition. Please utilize these valuable services. If you have any questions, feel free to call our main line at (760) 725-3400.

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# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### TRANSITION READINESS PROGRAM

Transition Readiness Program (TRP) provides you and your family with the transition resources and tools needed to reach your personal goals and includes a standardized core curriculum.

#### Transition Readiness Seminar

**Transition Readiness Seminar (TRS) is a core requirement to your transition, mandated by the Department of Defense (DoD). It is required to prepare you for a successful transition. Please follow the process below.**

Keep in mind that there is a lot to consider when transitioning, so please start step 1 early.

- Retirees may attend the Initial Counseling and Pre-Separation Brief up to 24 months prior to EAS but must do so no later than 12 months from EAS.
- Separates may complete these two components, the Initial Counseling and Pre-Separation Brief, up to 18 months prior to EAS but must do so no later than 12 months from EAS.

#### 4 Step Process

##### 1) Initial Counseling and Pre-Separation Brief

The first step is to schedule an Initial Counseling appointment. Here you will meet with a TRS Advisor to discuss your transitional goals, receive relevant resource referral, and review options for supplemental workshops and services. Then you will attend a short Pre-Separation Brief to learn more about resources. Pre-work is required and must be completed prior to attending your Initial Counseling. To schedule an appointment, visit [Transition Readiness Program - Camp Pendleton Events | Eventbrite](#) and to obtain pre-work instructions, please visit [www.mccsCP.com/transition](http://www.mccsCP.com/transition).

##### 2) Transition Readiness Seminar

The second step is to register for the Transition Readiness Seminar (TRS). TRS is a 5-day group training course, where you will learn about the DoD Career Readiness Standards requirements. This seminar will provide you with the tools and resources necessary to complete these DoD Career Readiness Standards, and it will offer you additional valuable information to ensure you are prepared for your transition from military to civilian life. You will explore topics such as employment, VA benefits, financial planning, transition resources, etc. Spouses are encouraged to attend. To register, please contact your Unit Transition Coordinator (UTC).

##### 3) Capstone Review

After completing TRS and completing your DoD Career Readiness Standards (CRS), schedule a Capstone Review. A Capstone Review is a meeting with a TRS Advisor where you will bring your completed CRS packet for review. The TRS Advisor will update your DD eForm 2648, you will then login to your eForm and electronically sign (approving), and then the TRS Advisor will forward the eForm to your command. To schedule a Capstone Review appointment, visit [Transition Readiness Program - Camp Pendleton Events | Eventbrite](#). Please schedule early as spots fill up quickly.

##### 4) Capstone

Finally, schedule your Capstone Meeting with your Commanding Officer (CO) as per your command's direction. Here your CO will review your Career Readiness Standards and sign the DD eForm 2648. A completed signed DD eForm 2648 is required to receive your DD214, your official document identifying your separation from service.

For additional TRS information, call (760) 725-6638 or email [CPTSPRS@usmc.mil](mailto:CPTSPRS@usmc.mil)  
or visit the TRS website at [www.mccsCP.com/transition](http://www.mccsCP.com/transition).

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### TRANSITION READINESS PROGRAM

#### SkillBridge Program

A valuable service provided by our Transition Readiness Program is the Department of Defense (DoD) SkillBridge Program. SkillBridge provides eligible service members, in their last 180 days, with job training and career development to acquire skills, knowledge, and abilities to assist them with job opportunities in the civilian sector. The opportunities must offer a high probability of post-service employment and offer enrollment at no cost or minimal cost to eligible service members.

#### Types of Opportunities

- Apprenticeship/Pre-Apprenticeship programs
- Employment Skills Training (EST) or On the Job Training (OJT)
- Internships
- Job shadowing

If you are attached to a Marine Corps unit on Marine Corps Base (MCB) Camp Pendleton, you will start the process with MCB Camp Pendleton's SkillBridge Program office. We are located at the Marine and Family Programs Headquarters (M&FP HQ), building 13150, room 311, and can be reached at [CPSDP@usmc.mil](mailto:CPSDP@usmc.mil).

#### Monthly SkillBridge Brief

Camp Pendleton's SkillBridge Program offers monthly briefs for you to learn about the program. No registration needed.

##### Monthly SkillBridge Briefs: Mainside Theatre

Come learn about the DoD SkillBridge Program, the different courses, eligibility, and application procedure. Brief held the 2nd Tuesday of every month from 11:30 am until approximately 12:30 pm at the Mainside Theater on Jan 12, Feb 14, Mar 14, Apr 11, May 9, Jun 13, July 11, Aug 8, Sept 12, Oct 10, Nov 14, Dec 12.

##### Monthly SkillBridge Brief: SOI Building 520512

Come learn about the DoD SkillBridge Program, the different courses, eligibility, and application procedure. Brief held the 2nd Thursday of every month from 11:30 am until approximately 12:30 pm at SOI on Jan 12, Feb 9, Mar 9, Apr 13, May 11, Jun 8, July 13, Aug 10, Sept 14, Oct 12, Nov 9, Dec 14.

It is vital that you start your research early as it takes time to investigate, inquiry, and get accepted into a DoD SkillBridge Program. There are over 2800 SkillBridge organization and growing each day. For a list of authorized organizations please visit <https://skillbridge.osd.mil>.

When inquiring to various SkillBridge Programs, remember they are seeking future employees, so please approach them with professionalism. In essence, you are applying for employment.

#### Notes:

- NAVMC 1700.2, Marine Corps SkillBridge Employment Training Program, establishes the Marine Corps guidance for the SkillBridge Program.

For more information, visit the TRS website at [www.mccsCP.com/transition](http://www.mccsCP.com/transition).

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### CAREER SERVICES

#### Large Career Fairs

Many companies value military talent and are looking to hire you. Come meet these veteran friendly employers and learn what career or training opportunities exist, plus network with key resource providers.

We encourage you to dress for success and attend as many events as possible. Bring copies of your resume and practice introducing yourself. Learn how to spark interest and challenge yourself to get at least three company follow-up meetings. The more you speak to these recruiters, the more comfortable, confident, and knowledgeable you become. Plus, this can lead to an immediate job interview or to finding the perfect career program.

All events are held at the Pacific Views Event Center with food and beverages provided. Please register to receive updated event information and to help us properly prepare. To register, please visit <https://PPRCP.eventbrite.com>.

**Mar 23 Career Fair**

Come meet many veteran friendly local and national employers who are eager and ready to hire you. They are looking for your military talent!

**May 23 MilSpouse Symposium & Hiring Event**

This event honors spouses during Military Spouse Appreciation Month. Gain career insights, connect with local hiring employers and resources, and network with fellow spouses.

**June 8 First Responders and Public Safety Hiring Event**

A targeted event where Federal, State, and Local law enforcement and public safety employers share about their agencies and how to get a foot in the door!

**Sept 9 Retiree Fair**

A special day offered to honor military retirees and soon-to-be retirees. The Retiree Fair highlights many important resources for the retiree or soon-to-be retiree.

**Oct 19 Fall Career Exploration & Hiring Event**

This event highlights local and national employers and resources who are ready to hire you and support your transition.

#### Mini Career Fairs

Each Friday from January 13, 2023 until November 3, 2023 when TRS is in session (no holiday weeks), a one-hour mini-career fair, 11:30 am until 12:30 pm, is held on the grassy area just outside the TRS Training Facility (Leatherneck Lanes), building 1339. Veteran friendly companies attend. These fairs provide you with the opportunity to network and learn about employment and training opportunities, plus offer you a chance to get comfortable speaking about yourself and your career goals. No registration necessary. This is open to all!

**Weekly Career Fairs Fridays**

Come attend our Friday mini-career fairs, building 1339 (Leatherneck Lanes) from 11:30 am until 12:30 pm and meet veteran friendly companies who are looking to hire or train you.

For more information, visit the Careers website at [www.mccsCP.com/careers](http://www.mccsCP.com/careers).

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### CAREER SERVICES

#### Individual Company Events and Hot Jobs

Civilian employers, Federal departments, and Law Enforcement agencies knock on our doors every day looking to hire military personnel! To connect you to these veteran friendly employers, individual company events are created. These stand-alone events are typically held at the TRS Training Facility, building 1339 (Leatherneck Lanes), starting at 4 pm.

#### Individual Company Hiring Events

Employers with immediate job openings come to discuss their business, their industry, and their job openings. Some schedule interviews to qualified candidates and some companies even hire-on-the-spot. This is not only a great way to get hired, but a great way to learn about different companies, cultures, and careers. Visit <https://PPRCP.eventbrite.com> to view and register for upcoming events.

#### Federal Agencies Information and Hiring Events

Federal Agencies come to share about their agency, various employment opportunities, and detail their hiring process. These agencies typically have a meticulous application process, so come and learn what it takes to stay employed in a Federal Government Agency. Visit <https://PPRCP.eventbrite.com> to view and register for events.

#### Law Enforcement Briefs and Examinations

If you are considering a career in law enforcement, this is a great opportunity to learn about City, County, or State law enforcement employment. These Law Enforcement agencies provide individual briefs and/or testing. Some offer a written examination, some offer the physical examination, and some offer both. Email [Bruce.L.Carroll@usmc.mil](mailto:Bruce.L.Carroll@usmc.mil) for inclusion on the distribution list and you will receive periodic email updates.

#### Hot Jobs – Immediate Hiring Opportunities

Companies constantly send us HOT JOBS, so if you are seeking immediate employment these opportunities will be emailed to all those who sign up on the distribution list. Email [Bruce.L.Carroll@usmc.mil](mailto:Bruce.L.Carroll@usmc.mil) for inclusion on the distribution list.

#### Optional Transition Seminars

##### California Military Benefits Brief sponsored by California Transition Assistance Program (CaTAP)

If you are residing in or planning to reside in California after separation, this seminar will connect you and your family with California specific veteran resources to ensure success. Topics include veteran benefits, education, employment, home loans, and entrepreneurship. Program held at the TRS Training Facility, building 1339 (Leatherneck Lanes), from 8 am until 12 noon on Feb 22, May 31, July 7, and Nov 6. Business casual attire or uniform of the day is acceptable. To register, please visit <https://mccscp-transition.eventbrite.com>.

##### Executive Transition Assistance Seminar (ETAS) sponsored by Marine Executive Association (MEA)

This 3-day optional seminar is tailored for retiring service members entering the corporate world. Topics include resume writing, networking, interviewing, salary negotiations, and business attire. Highlights include guest panel discussions and practice interviews with civilian professionals. Program held at Pacific Views Event Center, 202850 San Jacinto Road, on Mar 14-16, July 11-13, and Oct 16-18. Business casual attire. To register, please visit <https://mccscp-transition.eventbrite.com>.

For more information, visit the Careers website at [www.mccsCP.com/careers](http://www.mccsCP.com/careers).

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### CAREER CENTER

#### Computer Lab and Career Specialists

The Career Center offers computer labs, employment resources, resume workshops, and career coaching to aid you and your family members in career planning and job search endeavors.

The Career Centers provides comprehensive information and resources including:

1. Resource Libraries
2. Job Announcements and Job Search Assistance
3. Computers, Internet, Printers, and Copiers
4. Special Employer Event Information
5. Individual Career Coaching and Resume Review
6. Resume Development Workshops

The Career Center has two locations.

- 1) Marine and Family Program Headquarters (M&FP HQ) Career Center, building 13150, third Floor, room 308 is open Monday through Friday from 7:30 am until 4:30 pm.
- 2) Transition Readiness Program Facility, building 1339 (Leatherneck Lanes), is open Monday through Friday from 7:00 am until 4:00 pm.

The labs are equipped with computers with WI-FI and internet capabilities plus printers for your career activities. Career Specialists are available to guide you in your career planning needs. They can assist you with career planning, job search strategies, resume development, interview support, and pertinent resources. In addition, they offer both group resume workshops and individual career coaching to prepare you for lucrative employment and to aid you in applying to meaningful SkillBridge Programs. For more information, call (760) 725-4199 or email [CPCS@usmc.mil](mailto:CPCS@usmc.mil).

#### Individual Career Coaching

If you would like one-on-one support with career coaching, resume development and review, or job search assistance, please call (760) 725-4199 or email [CPCS@usmc.mil](mailto:CPCS@usmc.mil) to schedule an appointment with a Career Specialist.

#### Resume Workshops

##### Corporate Resume Drafting Workshop

All-day in-person lecture and lab. This workshop covers researching job announcements, drafting a basic resume, translating military skills, branding LinkedIn, and improving interviewing and networking skills. Offered monthly on Tuesday from 9 am until 3 pm on Jan 17, Feb 21, Mar 14, Apr 18, May 16, Jun 20, Jul 18, Aug 22, Sep 19, Oct 17, Nov 14, and Dec 19. Held in M&FP HQ, building 13150, classroom 4. To save a seat, send an email to [CPCS@usmc.mil](mailto:CPCS@usmc.mil) or feel free to simply walk-in.

##### Federal Resume and Hiring Process Workshop

All-day in-person lecture and lab. This workshop will help you learn how to complete a federal resume. It covers understanding the block format and leveraging core competencies and accomplishments, as well as evaluating job announcements and keywords. Offered monthly on Thursday from 9 am until 3 pm on Jan 19, Feb 23, Mar 16, Apr 20, May 18, Jun 22, Jul 20, Aug 24, Sep 21, Oct 19, Nov 16, and Dec 21. Held in M&FP HQ, building 13150, classroom 4. To save a seat, send an email to [CPCS@usmc.mil](mailto:CPCS@usmc.mil) or feel free to simply walk-in.

For more information, visit the Careers website at [www.mccsCP.com/careers](http://www.mccsCP.com/careers).

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### **FAMILY MEMBER EMPLOYMENT ASSISTANCE**

The Family Member Employment Assistance Program (FMEAP) helps Military Spouses and dependents with developing and fine-tuning a variety of skill sets that will help them search for, apply for, and obtain employment. FMEAP also provides many resources related to education, certifications, no-cost training, and spouse licensure reimbursement. Areas of support include understanding labor market data, identifying potential employers, developing powerful resumes, implementing job search strategies and effective branding and marketing techniques, improving interview and salary negotiation skills, utilizing volunteer experience to bridge employment gaps, using Spouse Preferences on federal applications, and more.

#### **Individual Career Coaching**

FMEAP provides virtual or in-person individual assistance with career development, assessment, and career coaching. For appointment call (760) 829-0305 or email [CPFMEAP@usmc.mil](mailto:CPFMEAP@usmc.mil).

**Virtual Career Workshops** - Register for Workshops at <https://PPRCP.eventbrite.com>

#### **Competitive Edge Resume Workshop**

Learn how to market your skills on your resume, target company needs, bridge resume gaps, and communicate accomplishments. Offered from 10 am until 12 noon on Feb 1, Apr 5, June 7, Aug 2, Oct 4, and from 4 pm to 6 pm on Jan 11, Mar 1, May 3, July 12, Sept 13, and Nov 1.

#### **Nail the Interview & Fearless Salary Negotiations Workshop**

Learn how to effectively answer questions, “sell yourself”, and understand employer buying motivators. Fearless Salary Negotiations gives you a clear strategy and the tools you need to confidently maximize your salary and negotiate. Offered from 10 am until 12 noon on Feb 8, Apr 12, Jun 14, Aug 9, Oct 11, and from 4 pm until 6 pm on Jan 18, Mar 8, May 10, Jul 19, Sept 20, and Nov 8.

#### **Leverage LinkedIn & Strategic Job Search Workshop**

98% of Recruiters look for you on LinkedIn -- Can YOU be found? LinkedIn is an amazing tool for all job seekers. Learn how to leverage the #1 social media tool to communicate your brand and build a professional network. Offered from 10 am until 12 noon on Mar 15 and July 26 and from 4 pm until 6 pm on Jan 25, May 17, and Sept 27.

#### **Spouse Transition and Readiness Seminar (STARS) Workshop**

Is your spouse separating or retiring? Are you prepared for Life beyond the military? Learn tips and resources to assist you and your spouse in transition. Topics include Effects of a Career Change, Benefits and Entitlements, Education and Career Programs, Financial Considerations, and Relocation and Transition Program Overview. Offered from 9 am until 12:30 pm on Feb 15, Jun 21, and Oct 18 and from 1:30 pm until 5 pm on Apr 19, Aug 16, and Dec 6.

**MilSpouse Hiring Events** - Register for these events at <https://PPRCP.eventbrite.com>.

#### **May 23, 2023, MilSpouse Career Symposium and Hiring Event**

During Military Spouse Appreciation Month, FMEAP hosts this special event where attendees learn from motivational guest speakers, network with fellow spouses and employers, and enjoy breakfast, lunch, and giveaways. Symposium held at Pacific Views Event Center from 9:30 am until 12:30 pm. Hiring Fair follows from 12:30 pm until 2:30 pm.

For more information, visit the FMEAP website at [www.mccsCP.com/familyjobs](http://www.mccsCP.com/familyjobs).



# MCB Camp Pendleton Marine & Family Programs

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### PERSONAL FINANCIAL MANAGEMENT PROGRAM

The Personal Financial Management Program (PFMP) emphasizes building strong money habits to achieve a lifetime of financial well-being. Our Financial Management Team helps you to not only understand budgeting and investing but to help you build money management skills to avoid many of the mistakes that lead to lifelong money struggles. Services include individual and couples financial counseling, financial classes, and referrals.

#### Individual and Couples Financial Counseling

To schedule an appointment, email [cppfm@usmc.mil](mailto:cppfm@usmc.mil) or call (760) 829-0105, (760) 829-0245, or (760) 829-0175.

#### Financial Management Classes

Registration not required. Classes are held simultaneously in-person and online. For in-person, go to Frontwave Credit Union, building 1105. For virtual, login to <https://global.gotomeeting.com/join/944728501> and use the password "moneymoney".

**Developing a Spending Plan:** This class provides guidance on how to develop a written budget that notes current and future expense. It also emphasizes the importance of savings and explains financial ratios to live by. Classes are offered monthly on the 1<sup>st</sup> and 3<sup>rd</sup> Friday from 9 am until 10 am.

**Money and Marriage:** Valuable planning information for couples and individuals who are preparing for marriage. This class will provide you with important financial topics to discuss your spouse's financial expectations and ensure your financial security as a couple. Classes are offered monthly on the 1<sup>st</sup> and 3<sup>rd</sup> Friday from 10 am until 11 am.

**Basic Investing:** Investing for your future does not need a lot of money, rather it requires financial knowledge and discipline! You will learn about the stock market, affordable investment platforms, and company evaluation to support your investment choices and set you on a firm financial foundation. Classes are offered the 2<sup>nd</sup> Friday of every month from 9 am until 10 am.

**Advanced Investing:** Gain a solid understanding of the ways the market works combined with analytical skills and advance quantitative tools to invest wisely. This class will introduce you to the fundamentals of investing that you can put into practice immediately. Classes are offered the 2<sup>nd</sup> Friday of every month from 10 am until 11 am.

**Thrift Savings Plan:** The Thrift Savings Plan (TSP) and the Blended Retirement System (BRS) are defined contribution plans for uniformed services. Whether you are making the military a career or not, there is a retirement savings plan available for you. Classes are offered quarterly from 11 am until 12 noon on Feb 1, May 3, Aug 2, and Nov 1.

**Car Buying Strategies:** Become fully informed of how purchasing a vehicle can impact your finances. This course provides available tools and resources to help you conduct adequate research, determine affordability, and learn effective negotiation skills. Classes are offered quarterly from 12 noon until 1 pm on Feb 1, May 3, Aug 2, and Nov 1.

**Home Buying Strategies:** Buying a house is the most significant purchase you may ever make. This course will increase your knowledge and comfort level of buying a home, whether you are a first-time buyer or repeat customer. Classes are offered quarterly from 1 pm until 2 pm on Feb 1, May 3, Aug 2, and Nov 1.

For financial information and resources, visit the PFMP website at [www.mccsCP.com/money](http://www.mccsCP.com/money).

Or visit <https://ppr-pendleton.libguides.com/money>.

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### FAMILY READINESS PROGRAM

The Family Readiness Program (FRP) provides numerous services to support your transition, including their Information and Referral (I&R) program, Relocation Program, and Retiree Activities.

#### Information and Referral Services

Information and Referral (I&R) provides information and referral functions designed to support your mobile lifestyle. If you or your family have unresolved needs, I&R can refer you to the resource that can best address your situation. Specialists maintain a database of installation services, DoD Programs, local community, and national resources. I&R is located at the Marine and Family Program Headquarters, building 13150.

Please call (760) 725-6090, (760) 277-4643, or (760) 725-5704 for support. You can also send an email request to [ernesto.bulli-cruz@usmc-mccs.org](mailto:ernesto.bulli-cruz@usmc-mccs.org).

#### Relocation Support

Both group and individual support are offered to support your relocation needs.

##### Plan My Move Brief

If you are transitioning out of the service, whether separating or retiring, come let the EXPERTS answer your questions concerning your move. Spouses and family members are encouraged to attend. Briefs are held on Fridays at La Casa Del Mar, building 2100, 9th Street Del Mar Beach, Camp Pendleton South, CA 92058 on Jan 20, Feb 17, Mar 17, Apr 19, Jun 23, July 21, Aug 18, and Sept 22. To register, please visit [Camp Pendleton Plan My Move Brief Tickets, Multiple Dates | Eventbrite](#).

##### Individual Relocation Counseling

If you and your family would like one-on-one counseling on your relocation plans, please contact the Relocation Office. To schedule an appointment, call (760) 725-5704 or text/call (760) 277-4643.

#### Retiree Support and Special Event

Family Readiness Program also manages the Retired Activities Office for Marine Corps Base Camp Pendleton and surrounding communities. Program staff remain knowledgeable of current information on the rights and benefits for individuals with military service and can assist with questions related to veteran and retiree benefits. Please call (760) 725-6090 for more information. You can also send an email request to [ernesto.bulli-cruz@usmc-mccs.org](mailto:ernesto.bulli-cruz@usmc-mccs.org).

The Family Readiness Program is proud to host the Annual Retiree Fair to honor and thank you for your service.

**Sept 9**

##### 2023 Retiree Fair

A special day offered to honor military retirees and soon-to-be retirees. The Retiree Fair highlights important resources for the retiree or soon-to-be retiree. Program held at Pacific Views Event Center from 7:30 am until 1:00 pm. To register, please visit [Camp Pendleton Retiree Expo 2023 Tickets, Sat, Sep 9, 2023 at 7:30 AM | Eventbrite](#).

For more information on the Information and Referral program, visit the I&R website at <https://pendleton.usmc-mccs.org/marine-family-support/military-family-life/information-referral-relocation>.

For more information on Retiree Activities, visit the Retired Affairs website at <https://pendleton.usmc-mccs.org/marine-family-support/retired-affairs>.

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### FAMILY READINESS PROGRAM

#### Life Skills Training and Education

Life Skills Training and Education offers a comprehensive collection of personal and professional skill building classes that promote practical skills for successful interactions and positive outcomes at work, home, and in life. These are great classes to prepare for your transition, to strengthen your personal relationships, and develop skills in yourself to excel in the new workplace. For more information or to register, please call (760) 725-9052 or visit our website at <https://pendleton.usmc-mccs.org/marine-family-support/military-family-life/life-skills>.

**4 Lenses for the Agile Leader:** This class helps to expand your perspective and your ability to lead, communicate, and negotiate by understanding the various points of views or “lenses” people use to see the world. In-person class from 8 am until 11 am at WWBN West, building 27933, on Feb 21 and May 11. Virtual from 8 am until 11 am on Aug 29.

**Extended DISC:** Extended DISC is an assessment tool designed to help you become more successful by understanding yourself and your individual style. Understanding your DISC is extremely helpful for targeting your next job. Virtual from 8 am until noon on Feb 8, Jun 8, Aug 3, and Oct 4.

**5 Choices to Extraordinary Productivity:** If you want to develop extraordinary productivity attend this class. It will detail the mindset, skillsets, and toolsets to develop consistent and important processes and people skills. Virtual from 8 am until noon on Jan 4-5, Aug 1-2, and Sept 26-27. In-person class from 8 am until noon at WWBN West, building 27833, on Apr 4-5, Jun 6-7, and Oct 17-18.

**7 Habits of Highly Effective People:** Develop increased maturity, greater productivity, and the ability to manage oneself by applying these timeless principles of effectiveness. Great information to excel in life. Virtual from 8 am until 2:30 pm on Jan 10-12, May 16-18, July 18-20, and Dec 5-7. In-person from 8 am until 2:30 at WWBN West, building 27833, on Mar 7-9 and Sept 12-14.

**Bridging the Generation Gap:** Communication across generations has its challenges but is essential in today’s world. Gain understanding on how the various generations communicate and behave so you can improve your ability to respond to the different age groups. Virtual from 9 am until 11 am on Mar 2, July 12, and Sept 6.

**Leading Across Generations:** For the first time in history, there are five distinct generations in the workforce. This class helps you leverage the differences and conflicts between generations. Very helpful information! Virtual from 8 am until noon on Feb 2, May 4, and Nov 30.

**Speed of Trust Foundations:** Trust is a learnable skill. It helps individuals, teams, and organizations outperform. Come learn how to develop greater trust so you can collaborate more effectively, operate faster, and achieve sustainable results. In-person class from 8 am until noon at the WWBN West, building 27833, on Jan 24-25, July 25-27, and Aug 15-16. Virtual from 8 am until noon on Apr 18-19, Jun 13-14, and Nov 1-2.

**Leading at the Speed of Trust:** Trust is a learnable skill. Learn how to develop trusting team members and trusting work cultures. This way your team and your organization can significantly outperform. Virtual from 8 am until 2:30 pm on Feb 14-16.

For more information, please call the Life Skills Office at (760) 725-9052 or visit the Life Skills website at <https://pendleton.usmc-mccs.org/marine-family-support/military-family-life/life-skills>.

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### FAMILY READINESS PROGRAM

#### Life Skills Training and Education (continued)

**5 Love Languages for Couples:** Enchanting date night where you and your spouse learn how to score major points with your better half by understanding the different love languages. It's fun and enlightening! In-person class from 6 pm until 8 pm at the Pacific Views Links House on Feb 7 and Sept 19.

**Conflict Management:** It is important you know how to resolve conflict. In this class you will discover the characteristics of three levels of conflict that lead to escalation and two techniques to productively resolve it. Virtual from 9 am until 11 am on Feb 7, May 2, July 13, and Oct 24.

**Interpersonal Communication:** Gender, age, experiences, and style can all impact how we communicate with the people around us. This class offers information for you to improve all your personal and professional relationships. Virtual from 9 am until 11 am on Feb 1, May 9, Aug 17, Nov 7, and Nov 16.

**Real Relationships:** Resilient, healthy relationships are built on the interpersonal skills of communication, conflict resolution, and setting boundaries. Enhancing these skills develops genuine relationships and offers growth to all parties involved. Virtual from 9 am until 11 am on Jan 18, Mar 23, Apr 25, Jun 1, Sept 21, and Dec 12.

**Anger Management:** Although anger is a normal part of life, violent expressions of feelings can negatively impact yourself, your family, your work, and your community. This class offers an understanding of the dynamics of anger management and shares a variety of coping strategies. Virtual from 9 am until 11 am on Jan 19, and Aug 8.

**Stress Management:** Learn how to problem solve and change your response to stress. In this class you will learn helpful techniques and strategies to manage your personal stress response. Virtual from 9 am until 11 am on Feb 28, Jun 27, and Oct 12.

**Happiness Advantage:** Most people believe that only after they are successful, they will finally be happy but in fact this is completely backwards! As it turns out, happiness fuels success! Come learn the science behind happiness. It can change your life. Virtual from 8 am until 11 am on Feb 9, Apr 11, and Aug 22.

**5 Love Languages for Children:** Discover how to speak to your child's love language in a way that they understand. This helps build a foundation of unconditional love and can assist with more effective discipline. Virtual from 9 am until 11 am on Mar 16, May 24, Aug 10, and Dec 14.

**4 Lenses for Couples:** Come attend this fun night with your partner to discover the different ways each of you views family, relationships, intimacy, and finances. A great way to learn more about each other and deepen connection. Virtual from 6 pm until 8 pm on Mar 28. In-person from 6 pm until 8 pm at the Pacific Views Links House on Oct 18.

**Ready, Set, and Prepare:** This class contains valuable information for you and your family to be prepared in the event of a natural or man-made hazard. All types of emergencies are addressed for you and your family to increase your sense of security and peace of mind. Virtual from 9 am until 11 am on Oct 3.

For more information or to register, call the Life Skills Office at (760) 725-9052 or visit the Life Skills website at <https://pendleton.usmc-mccs.org/marine-family-support/military-family-life/life-skills>.

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### BASE EDUCATION CENTER

The Base Education Center (BEC) provides personal and professional learning opportunities through education counseling, military and civilian testing, education workshops and briefs, on-base college classes, tuition assistance, administrative support, and world-class customer service. There are five higher education institutions aboard the base that provide academic programs from associate to master's degrees. In addition, students have options to seek programs with visiting schools.

Services include:

1. Tuition Assistance
2. Academic Counseling
3. Education and Interest Assessment
4. Military Classification and Civilian Testing including AFCT, CLEP, DLAB, DLPT, and TABE.
5. GI Bill Application Assistance and Financial Aid Application Assistance
6. Leadership Scholar Program
7. Academic Skills Program
8. Marine Corps Credentialing Opportunities On-Line (MCCOOL)
9. U.S. Military Apprenticeship Program (USMAP)
10. MyCAA

Two Locations:

1. Mainside Base Education Office, building 1331, (760) 725-6660 or (760) 725-6414
2. School of Infantry Base Education Center, building 520512, (760) 725-0606

### Academic Advising

The Base Education Center (BEC) has Education Specialists who offer academic guidance to you and your family members who want assistance in preparing for college. Counseling appointments are one hour in length and are available at both locations. To schedule an individual appointment with an Education Specialist, please email [CPEC@usmc.mil](mailto:CPEC@usmc.mil) or call (760) 725-6660 or (760) 725-0606.

### Academic Skills Program

The Camp Pendleton Base Education Center (BEC) and Palomar College have teamed up to provide a 30-day PTAD Academic Skills Program. This valuable program focuses on helping you improve both English and Math skills; two skills that are extremely necessary to increase your competitiveness in today's military and civilian job markets! Program is open to military spouses and dependents too. Classes are limited to 20 students per session and are held at the BEC, building 1331, Monday thru Friday, from 7:30 am until 4:00 pm for four weeks. The Academic Skills Program is HIGHLY RECOMMENDED for all active-duty military students who want to use tuition assistance for the first time but have a GT of 99 or below and failed to achieve a grade 10.2 on the Test of Adult Basic Education (TABE). This non-credit class is open to the public, but priority and guaranteed admission are given to active-duty service members with those holding a GT score of 99 or less. For more information, please email [CPEC@usmc.mil](mailto:CPEC@usmc.mil) or call (760) 725-6660.

The 2023 sessions are as follows:

<u>Session 1</u>	<u>Session 2</u>	<u>Session 3</u>	<u>Session 4</u>	<u>Session 5</u>	<u>Session 6</u>	<u>Session 7</u>	<u>Session 8</u>
1/9 – 2/3	2/21 – 3/17	4/3 – 4/28	6/5 – 6/30	7/3 – 7/28	8/7 – 9/1	9/11 – 10/6	10/23 – 11/17

For more information, visit the Base Education Office website at [www.mccscp.com/bec](http://www.mccscp.com/bec).

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### BASE EDUCATION CENTER (continued)

#### Educational Events

The Base Education Center hosts several events per year. For more information, please email [CPEC@usmc.mil](mailto:CPEC@usmc.mil), call (760) 725-6660, or visit our Facebook page <https://www.facebook.com/mccseducationcenter>.

- Mar 17**      **Warrior to Campus**  
**Apr 28**      The Warrior to Campus Program is an extraordinary opportunity for you to tour a local university and meet with school representatives. This in-person event allows you to see the campus and learn about the admissions process, student services, and veteran benefits. Point Loma Nazarene University will offer a tour on March 17, and California State California University San Marcos will offer a tour on April 28. Please contact the BEC for more information on how to participate in this innovative program, email [CPEC@usmc.mil](mailto:CPEC@usmc.mil) or call (760) 725-6660.
- Jun 15**      **Juneteenth Education Fair**  
This event is a fun educational and resource fair. It will bring awareness to Juneteenth, a Federal holiday, while highlighting our on-base schools, visiting schools, and support agencies who we have trusted partnerships with to support you and your family members. Event will be held at the Mainside Marine Corps Exchange (MCX) from 11 am until 1 pm. No registration needed.
- Sep 8**        **MCB Commencement Ceremony**  
The MCB Commencement Ceremony recognizes the accomplishment of students who have successfully completed the graduation requirements for an associate's, bachelor's, or master's degree. This program will be held at the Mainside Theater.
- Oct 13**      **MCB Camp Pendleton College Fair**  
Two and four-year higher education institutions from across the country come to this event to connect with you and your family members! If you are considering higher education or if you are continuing your education, this is a great opportunity to meet with many school representatives to learn about their veteran-friendly programs and services. Event will be held at the Mainside Marine Corps Exchange (MCX) from 11 am until 3 pm. No registration necessary; come join us!
- Oct 13**      **Leadership Scholar Program Forum**  
The Leadership Scholar Program (LSP) Forum connects qualified Marines with 50 four-year, not-for-profit colleges and universities across the nation. This program provides assistance in the admissions process for Marines who qualify. Come learn what it takes to attend one of these schools! Event will be held at Mainside Marine Corps Exchange (MCX) from 9:00 am until 10:30 am. No registration necessary, come join us!

#### On-Base Institutions

There are five on-base colleges and universities that offer associate, bachelor, and master's degrees.

##### 2-year schools (General Education, AA/AS degrees):

Central Texas Community College  
Palomar College

##### 4-year schools (BA/BS and Master's degrees)

Embry-Riddle University  
National University  
Park University

For more information, visit the Base Education Office website at [www.mccscp.com/bec](http://www.mccscp.com/bec).

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### LIBRARY

The MCCS Libraries maintain a collection of print, audio-visual, early literacy programs, and electronic resources for educational, informational, and recreational pursuits. Computers and free Wi-Fi available at all branches. A variety of programs are offered for children, teens, and adults. Plus, a CreateSpace is available offering 3D printers, crafts, a laser engraver, and more. Resources and services are available to Marines and family members of all ages.

### Locations

There are three libraries aboard Camp Pendleton which include the Patrick J. Carney Library, Pacific Views Library, Seaside Square Library, plus a bookmobile and a CreateSpace. Library services are also available at MCLB Barstow.

Patrick J. Carney Library	Building 1146	(760) 725-5104
Pacific Views Library	Building 202860	(760) 725-2032
Seaside Square Library	Building 51093	(760) 725-7325
Bookmobile	Mobile	(760) 509-5359
CreateSpace	Building 202860	(760) 725-2532
Barstow Library	Building 218	(760) 577-6395

### In-Person and Digital Library Services

The libraries offer a variety of in-person hands-on resources and materials to enhance personal and professional learning for all ages. In addition, the Navy MWR Digital Library is full of electronic resources available through our website. Library services include:

1. CAC-enabled computers and WI-FI, copying, faxing, and scanning services
2. Books, references, and research assistance
3. Videogames and consoles, movies, and TV shows
4. Storytimes and other monthly programs for children, teens, and adults
5. Online books, magazines, journals, news sources, and research databases
6. Language learning and Universal Class Online Courses with over 500 free learn at your own pace courses
7. Continuing education course for personal and professional development, online tutoring, plus more
8. Career resources and test preparation with practice tests and study guides for SAT, ACT, GRE, CLEP, and more

### Welcome to the Library Tour Monthly Brief

Come attend an informative one-hour hands-on library tour detailing all the services available. You will explore what the library offers in its physical and digital spaces, learn about various programs, and walk away with so much information on how to utilize these valuable resources. Brief held the second Wednesday of the month at the Patrick J. Carney Library from 2 pm until 3 pm on Jan 11, Feb 8, Mar 8, Apr 12, May 10, Jun 14, July 12, Aug 9, Sept 13, Oct 11, Nov 8, and Dec 13. Please call (760) 725-5104 to reserve your spot as space is limited. All ages invited!

### CreateSpace

Located within the Pacific Views Library, building 202860, is our CreateSpace. CreateSpace is a makerspace, a collaborative workspace, for patrons of all ages to learn, explore, design, and invent creative projects. CreateSpace offers an array of classes and innovation time to learn, craft, and create. Resources available range from 3D printers and laser engravers to robotics and craft supplies. For ages 5 and up. Ages 5-9 need adult supervision. To learn more about our classes and innovation time please email [CreateSpacePEN@usmc-mccs.org](mailto:CreateSpacePEN@usmc-mccs.org) or call (760) 725-2532.

For more information, please visit the Library website at [www.mccsCP.com/libraries](http://www.mccsCP.com/libraries).

# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### LIBRARY (continued)

#### Commandant's Professional Reading List (CPRL)

The CPRL represents books pertinent for your professional development and critical thinking. The CPRL is arranged into two sections: "Commandants Choice" and "Grade Levels." Each Marine shall read a minimum of five books each year. The Grade Level titles are separated into five levels for both enlisted Marines and officers. These levels coincide with specific ranks and Marines should attempt to read all titles within their level prior to proceeding to a higher level. In addition to the reading list, you are highly encouraged to incorporate periodicals into your reading regimens. Scholarly and professionally oriented articles foster innovation, PME development, critical study of the profession of arms, and serious discussion regarding topics of interest to the Marine Corps. Professional publications inform debate on current, topical issues of relevance to the Marine Corps and promote intellectual growth of the individual Marine. To access the list, please visit our website [www.mccsCP.com/libraries](http://www.mccsCP.com/libraries).

#### Monthly Library Programs

The libraries offer events throughout the year for all ages. Please call any library to receive our monthly calendar of events.

- **Adult and Kid Watercolor Workshops**, take home kits for all ages
- **Storytimes** for all ages
- **Baby Stay and Play** for ages 0-2
- **Brick Builders** for all ages
- **Let's Get Crafty** for adults
- **Teen Fanime Club** for high school students, ages 13-18 (or still in high school)
- **Mobile CreateSpace** for 5+
- **Sketch On!** For ages 13+

#### Library Special Events

The library hosts an abundance of education, informational, recreational, and fun events for all ages. Please call any library to obtain more information on the special events listed below.

March 21	For adults	<b>Adult Trivia Night</b>
March 13-17	For ages 4-12	<b>Women's History Month</b>
May 1-5	For ages 4-12	<b>Asian American &amp; Pacific Islander Heritage Month</b>
June 5 - July 29	For all ages	<b>Summer Reading Program</b>
June 12-16	For ages 4-12	<b>Pride Month Take Home Kits</b>
Aug 19	For ages 4-12	<b>Back to School Steam Event</b>
Sept 11-15	For ages 4-12	<b>Hispanic Heritage Month</b>
Sept 20	For ages 8-12	<b>Tween Steam</b>
Oct 13	For all ages	<b>Halloween Party</b>
Oct 17	For adults	<b>Adult Trivia Night</b>
Oct 18	For ages 8-12	<b>Tween Steam</b>
Nov 13-17	For ages 4-12	<b>Native American Heritage Month</b>
Nov 15	For ages 8-12	<b>Tween Steam</b>
Dec 9	For all ages	<b>Holiday Party</b>

For more information, please visit the Library website at [www.mccsCP.com/libraries](http://www.mccsCP.com/libraries).



# MCB Camp Pendleton Marine & Family Programs

## 2023 Transition, Career, Education, Library, & Family Readiness Services

### VETERAN RESOURCES

#### VA Disability Claims Information

You may apply for the U.S. Department of Veterans Affairs (VA) Disability Compensation benefit between 180 to 90 days prior to your separation date. You must have a firm fixed date of separation to have your records reviewed. If you are pending administrative separation, you must have your 5 or 10-day letter. You will also need to be available for 45 days from the date your claim is submitted so you can attend VA exams. This timeframe permits the VA to schedule exams, review service treatment records, and evaluate the claim before you separate allowing the VA to deliver a decision as soon as possible.

There are three organizations located in the Marine and Family Programs Headquarters, building 13150, second floor, that provide disability claims filing support from 7:30 am until 2:00 pm, Monday through Friday, as noted below.

**1) Disabled American Veterans (DAV)**

Room 220; (760) 725-9482. Please schedule an appointment by emailing Kevin Wiss at [kwiss@dav.org](mailto:kwiss@dav.org).

**2) Veterans of Foreign Wars (VFW)**

Room 203; (760) 405-4345. Please schedule an appointment by emailing Donna Foy at [dfoy@vfw.org](mailto:dfoy@vfw.org).

**3) U.S. Department of Veterans Affairs (VA)**

Walk-in appointment available from 7:30 am until 2:30 pm, second floor lobby. Handouts listing the requirements to file a VA Claim are available in the lobby. For questions, email all VA Representatives including [Jerrand.Carr@va.gov](mailto:Jerrand.Carr@va.gov), [Dorothy.Haney2@va.gov](mailto:Dorothy.Haney2@va.gov), [Timothy.Sellers@va.gov](mailto:Timothy.Sellers@va.gov), and [Anthony.Scott@va.gov](mailto:Anthony.Scott@va.gov).

#### VA Benefits Advisors

Offices are located at the Transition Readiness Program Training Facilities, building 1101 and 1339. U.S. Department of Veterans Affairs (VA) Benefits Advisors are available to assist you in understanding and accessing your VA benefits. Feel free to email any Advisor to schedule an appointment or simply walk-in to get support. [David.Dickens@vatap.calibresys.com](mailto:David.Dickens@vatap.calibresys.com), [Jessica.Beatty@vatap.calibresys.com](mailto:Jessica.Beatty@vatap.calibresys.com), [Audry.Webb@vatap.calibresys.com](mailto:Audry.Webb@vatap.calibresys.com), [Gary.Horn@vatap.calibresys.com](mailto:Gary.Horn@vatap.calibresys.com), [Raymond.Ortiz@vatap.calibresys.com](mailto:Raymond.Ortiz@vatap.calibresys.com), [C.Garcia@vatap.calibresys.com](mailto:C.Garcia@vatap.calibresys.com), [Kira.Miller@vatap.calibresys.com](mailto:Kira.Miller@vatap.calibresys.com), and [Abram.Steward@vatap.calibresys.com](mailto:Abram.Steward@vatap.calibresys.com).

#### U.S. Marine Network and Additional Job Opportunities

Offices are located at the Marine and Family Program Headquarters, building 13150, second floor.

**Marine for Life, Room 207**

[Marine for Life Network - Marine Corps Community \(usmc-mccs.org\)](http://usmc-mccs.org)

For assistance, please contact Jamal Brown at (619) 663-7323 or [Jamal.Brown@usmc.mil](mailto:Jamal.Brown@usmc.mil).

**U.S. Customs and Border Protection (CBP), Room 204**

[Careers \(cbp.gov\)](http://careers.cbp.gov)

For assistance, please contact (619) 216-4165. If no answer, please leave a message.

**Marine 2 Guard, Room, Room 225**

[Army National Guard - Marine to Guard](http://ArmyNationalGuard.com)

For assistance, please contact: SFC Uroza (571) 309-5395 or SFC Garcia (620) 640-1887.

For more information, please visit the TRS website at [www.mccsCP.com/transition](http://www.mccsCP.com/transition).