

100

MOTIVATIONAL
QUOTES FOR
SUCCESS &
HAPPINESS



Are you lost and frustrated, feeling like you have no direction at all?

Whether you have lost your passion, or you're trying to find what's missing in life; know that this is just a temporary stage of life.

You'll make it through.

And here is a collection of 100 motivational quotes that will help you get through the tough days and make you feel better.

100 Motivational Quotes for Success and Happiness

"You miss 100% of the shots you don't take." – Wayne Gretzky

"Study while others are sleeping; work while others are loafing; prepare while others are playing; and dream while others are wishing." – William Arthur Ward

"I've got nothing to do today but smile." – Paul Simon

"Yesterday is not ours to recover, but tomorrow is ours to win or lose." – Lyndon Johnson

"A book is like a garden carried in the pocket." – Chinese Proverbs

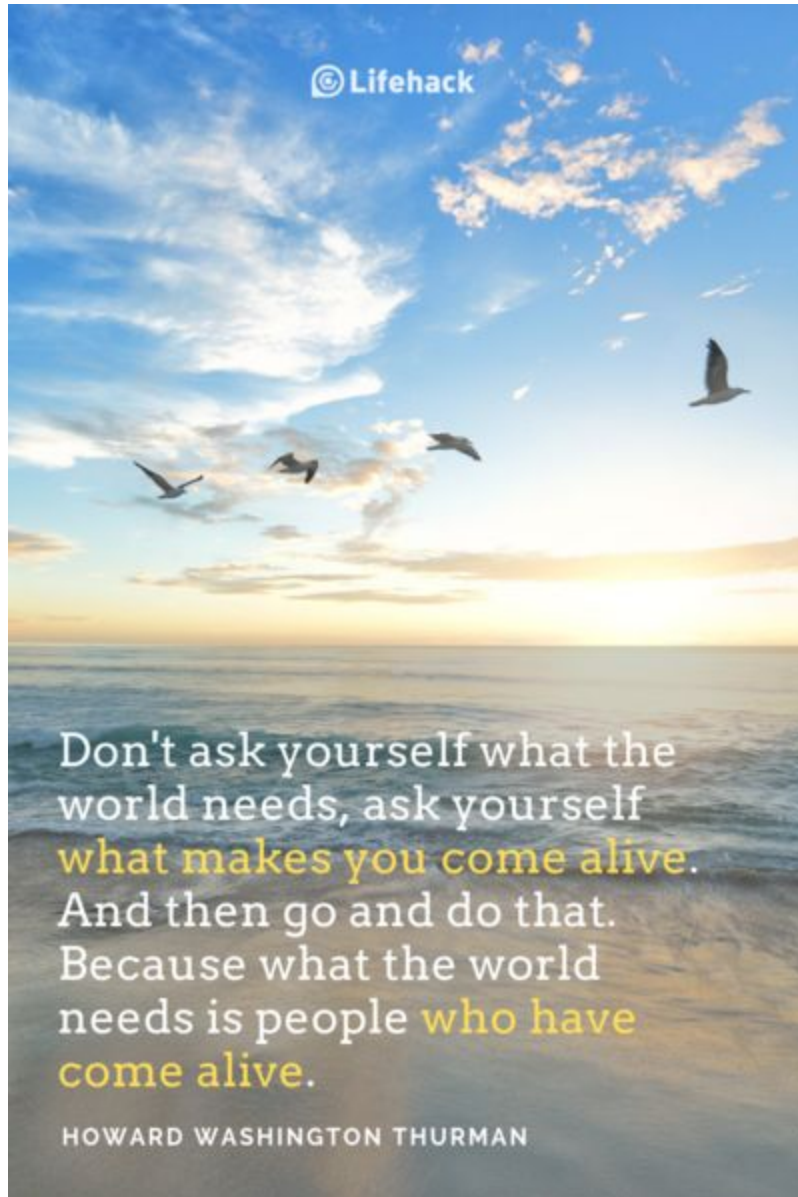
"You must do the thing you think you cannot do." – Eleanor Roosevelt

"Numbing the pain for a while will only make it worse when you finally feel it." — Albus Dumbledore

"I have found that if you love life, life will love you back." – Arthur Rubinstein

"Life isn't about getting and having, it's about giving and being." – Kevin Kruse

"Don't ask yourself what the world needs. Ask yourself what makes you come alive and then go do that. Because what the world needs is people who have come alive." — Howard Thurman



“Be patient with yourself. Self-growth is tender; it’s holy ground. There’s no greater investment.” – Stephen Covey

“Once you choose hope, anything’s possible.” – Christopher Reeve

“When you have exhausted all possibilities, remember this: you haven’t.” – Thomas Edison

“Do it with passion, or not at all.” — Rosa Nouchette Carey

“A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles.” — Christopher Reeve



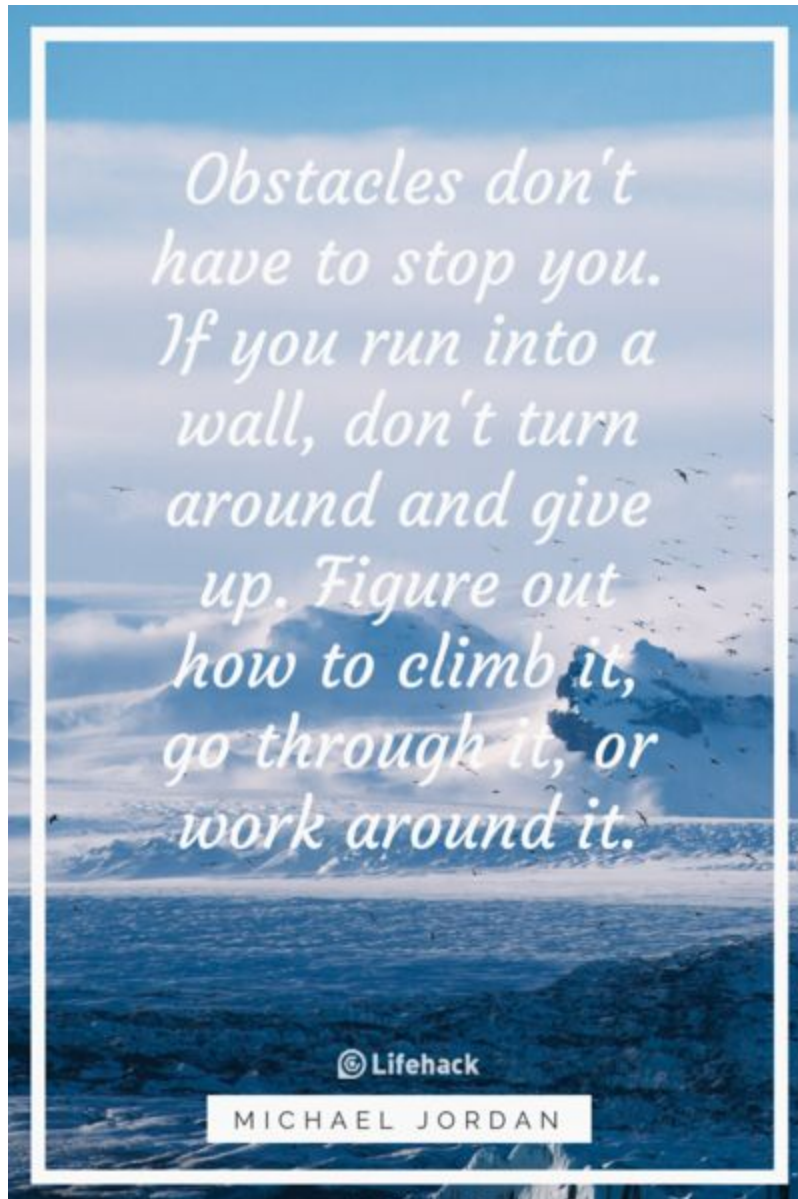
“What you get by achieving your goals is not as important as what you become by achieving your goals.” — Henry David Thoreau

“Creativity is intelligence having fun.” — Albert Einstein

“Successful and unsuccessful people do not vary greatly in their abilities. They vary in their desires to reach their potential.” – John Maxwell

“After every storm the sun will smile; for every problem there is a solution, and the soul’s indefeasible duty is to be of good cheer.” – William R. Alger

“Obstacles don’t have to stop you. If you run into a wall, don’t turn around and give up. Figure out how to climb it, go through it, or work around it.” -- Michael Jordan

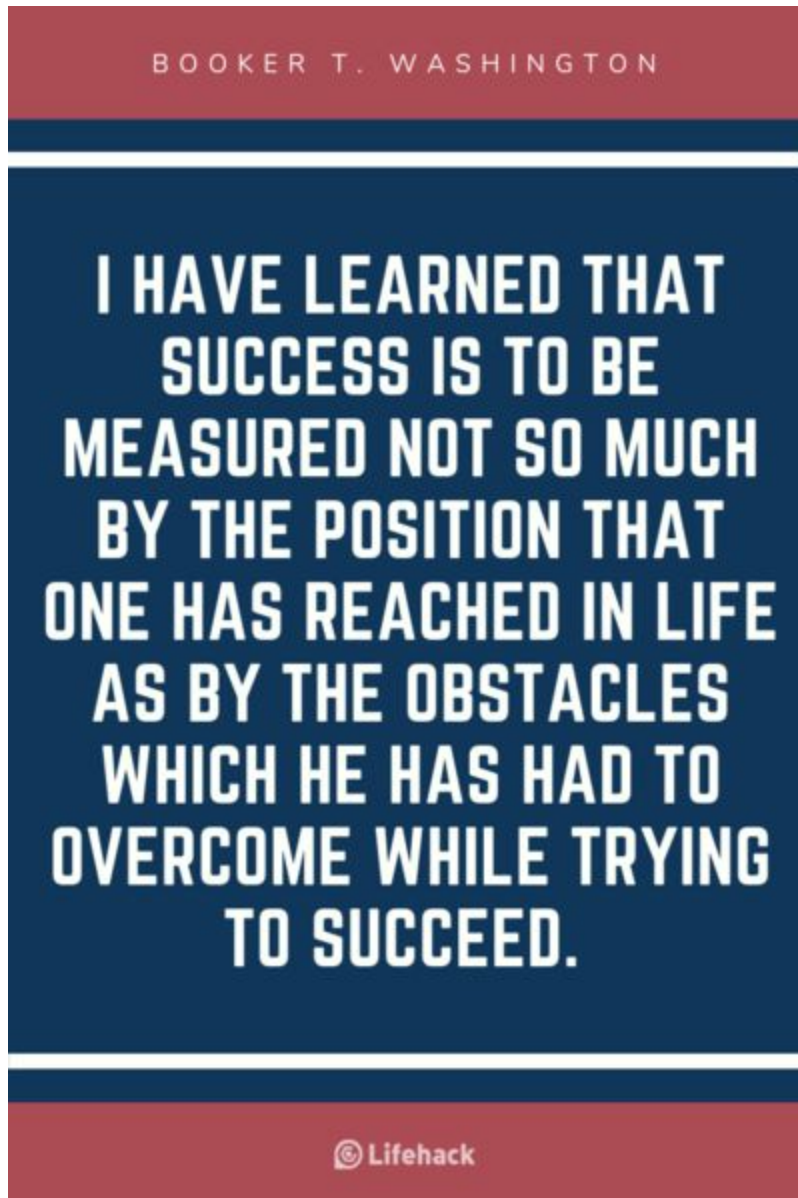


“What lies behind us and what lies before us are tiny matters compared to what lies within us.”– Ralph Waldo Emerson

“Be who you are and say what you feel because those who mind don’t matter and those who matter don’t mind.” – Dr. Seuss

“It is a paradoxical but profoundly true and important principle of life that the most likely way to reach a goal is to be aiming not at that goal itself but at some more ambitious goal beyond it.”— Arnold Toynbee

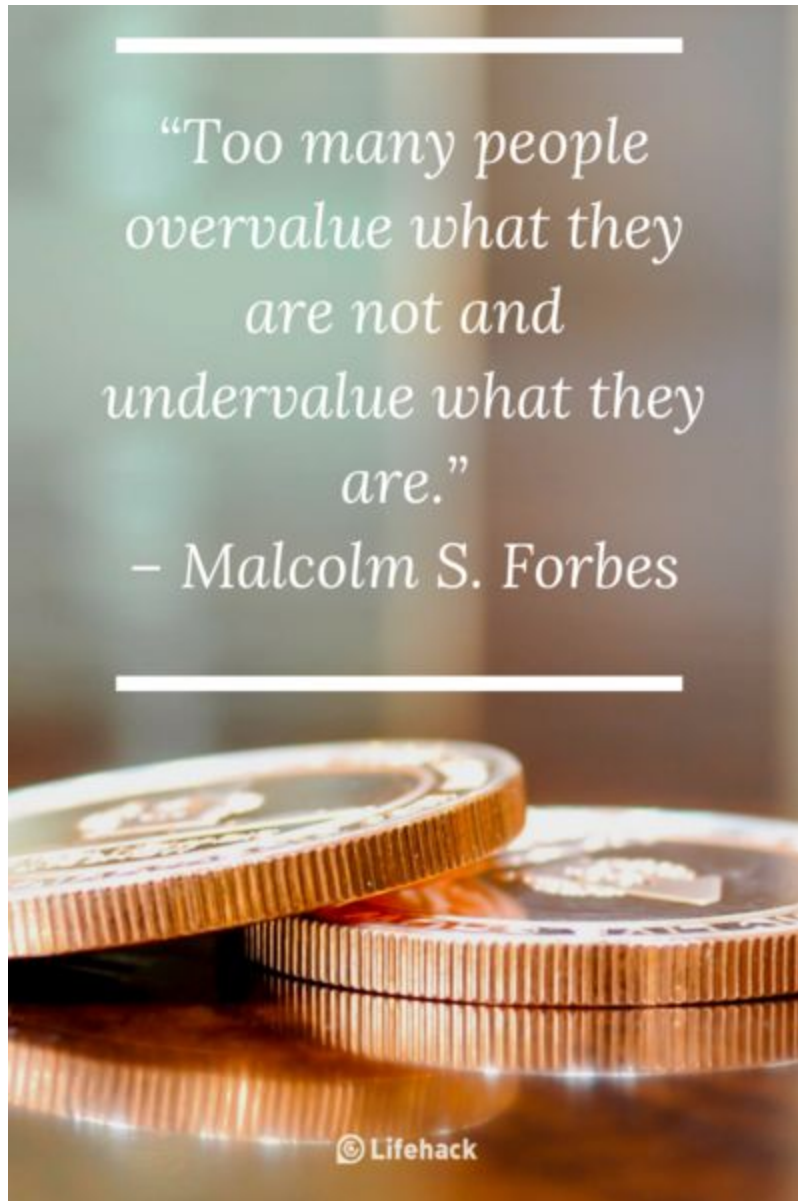
“I have learned that success is to be measured not so much by the position that one has reached in life as by the obstacles which he has had to overcome while trying to succeed.”
— Booker T. Washington



“Rock bottom became the solid foundation on which I rebuilt my life.” – J.K. Rowling
“It wasn’t raining when Noah built the ark.” — Howard Ruff

“Challenges are what make life interesting and overcoming them is what makes life meaningful.” – Joshua J. Marine

“Too many people overvalue what they are not and undervalue what they are.” — Malcom S. Forbes



“Sometimes you win, sometimes you learn.” — John Maxwell

“A problem is a chance for you to do your best.” – Duke Ellington

“You are never too old to set another goal or to dream a new dream.” — Les Brown

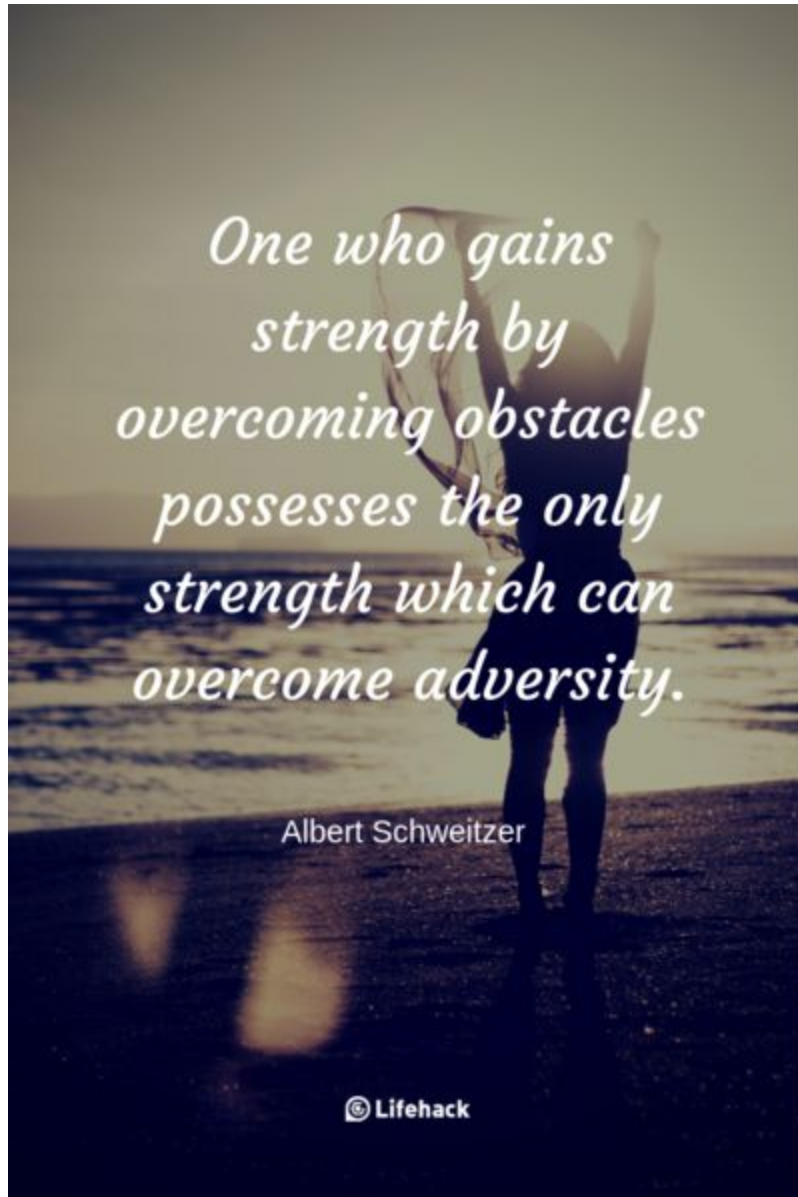


“There is no way to happiness. Happiness is the way.” — Thich Nhat Hanh

“Champions keep playing until they get it right.” — Billie Jean King

“Courage does not always roar. Sometimes courage is the quiet voice at the end of the day saying, ‘I will try again tomorrow.’” — Mary Anne Radmacher

“One who gains strength by overcoming obstacles possesses the only strength which can overcome adversity.” — Albert Schweitzer

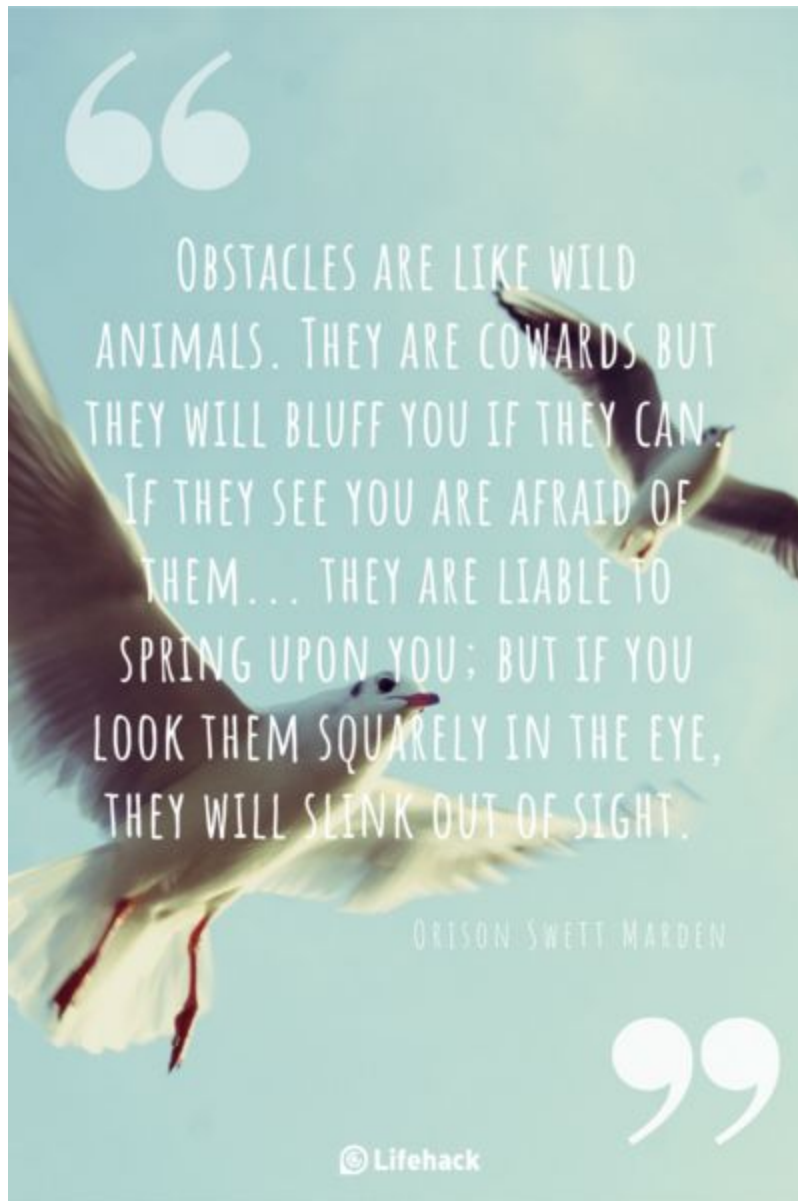


“Would you like me to give you a formula for success? It’s quite simple, really. Double your rate of failure. You are thinking of failure as the enemy of success. But it isn’t at all. You can be discouraged by failure or you can learn from it, So go ahead and make mistakes. Make all you can. Because remember that’s where you will find success.”— Thomas J. Watson

“Believe in yourself! Have faith in your abilities! Without a humble but reasonable confidence in your own powers you cannot be successful or happy.”—Norman Vincent Peale

“If it scares you, it might be a good thing to try.” — Seth Godin

“Obstacles are like wild animals. They are cowards but they will bluff you if they can. If they see you are afraid of them, they are liable to spring upon you; but if you look them squarely in the eye, they will slink out of sight.” — Orison Swett Marden



“Count your age by friends, not years. Count your life by smiles, not tears.”— John Lennon

“Life isn’t about finding yourself. Life is about creating yourself.” – George Bernard Shaw

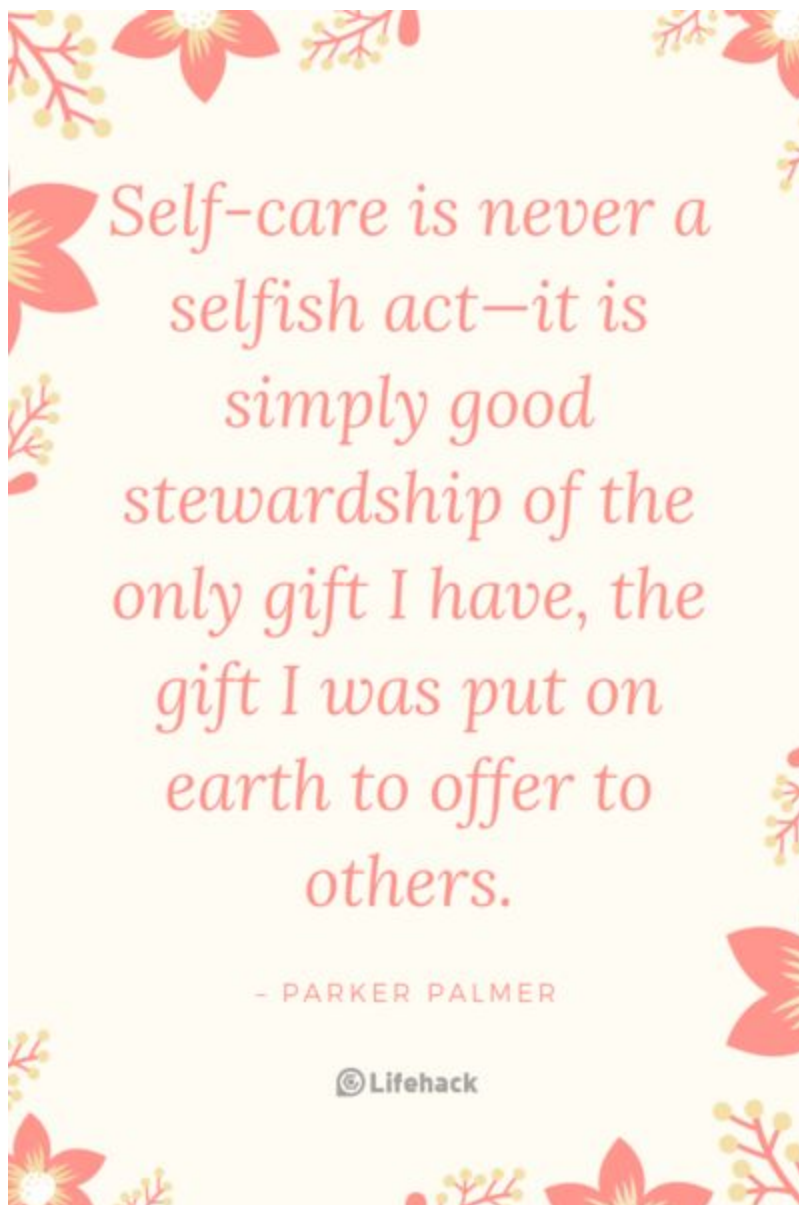
“I didn’t fail the test, I just found 100 ways to do it wrong.” – Benjamin Franklin

“If you want to live a happy life, tie it to a goal, not to people or objects.” — Albert Einstein

“Your time is limited, don’t waste it living someone else’s life. Don’t be trapped by dogma, which is living the result of other people’s thinking. Don’t let the noise of other’s opinion drown your own inner voice. And most important, have the courage to follow your heart and intuition, they somehow already know what you truly want to become. Everything else is secondary.”– Steve Jobs

“Genius is 1% inspiration, 99% perspiration.” — Thomas Edison

“Self-care is never a selfish act -- it is simply good stewardship of the only gift I have, the gift I was put on earth to offer to others.” — Parker Palmer



“There are two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.” – Albert Einstein

“Until you value yourself, you won't value your time. Until you value your time, you will not do anything with it.” — M. Scott Peck



“How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and the strong. Because someday in life you will have been all of these.”– George Washington Carver

“Don’t live the same year 75 times and call it a life.” — Robin Sharma

“Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.” — Thomas A. Edison



“Optimism is the one quality more associated with success and happiness than any other.”
— Brian Tracy

“Change your thoughts and you change your world.”– Norman Vincent Peale

“Be miserable. Or motivate yourself. Whatever has to be done, it’s always your choice.” – Wayne Dyer



“Very little is needed to make a happy life; it is all within yourself, in your way of thinking.” – Marcus Aurelius

“Never give up on a dream just because of the time it will take to accomplish it. The time will pass anyway.” — Earl Nightingale

“People are just as happy as they make up their minds to be.” – Abraham Lincoln

“Don’t wait around for other people to be happy for you. Any happiness you get, you’ve got to make yourself.” – Alice Walker

“I destroy my enemies when I make them my friends.” — Abraham Lincoln

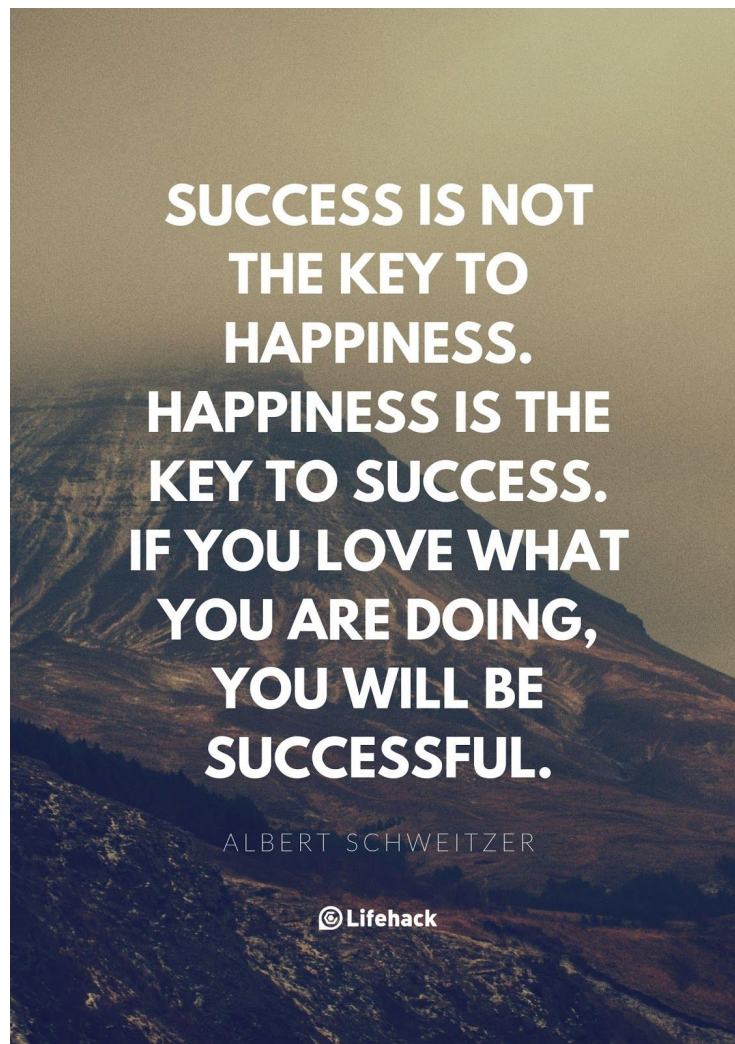
“The grass is greener where you water it.” — Neil Barringham

“Avoiding failure is to avoid progress.” — Author Unknown

“Never apologize for having high standards. People who really want to be in your life will rise up to meet them.” — Ziad K. Abdelnour

“Success consists of going from failure to failure without loss of enthusiasm.”— Winston Churchill

“Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.”— Albert Schweitzer

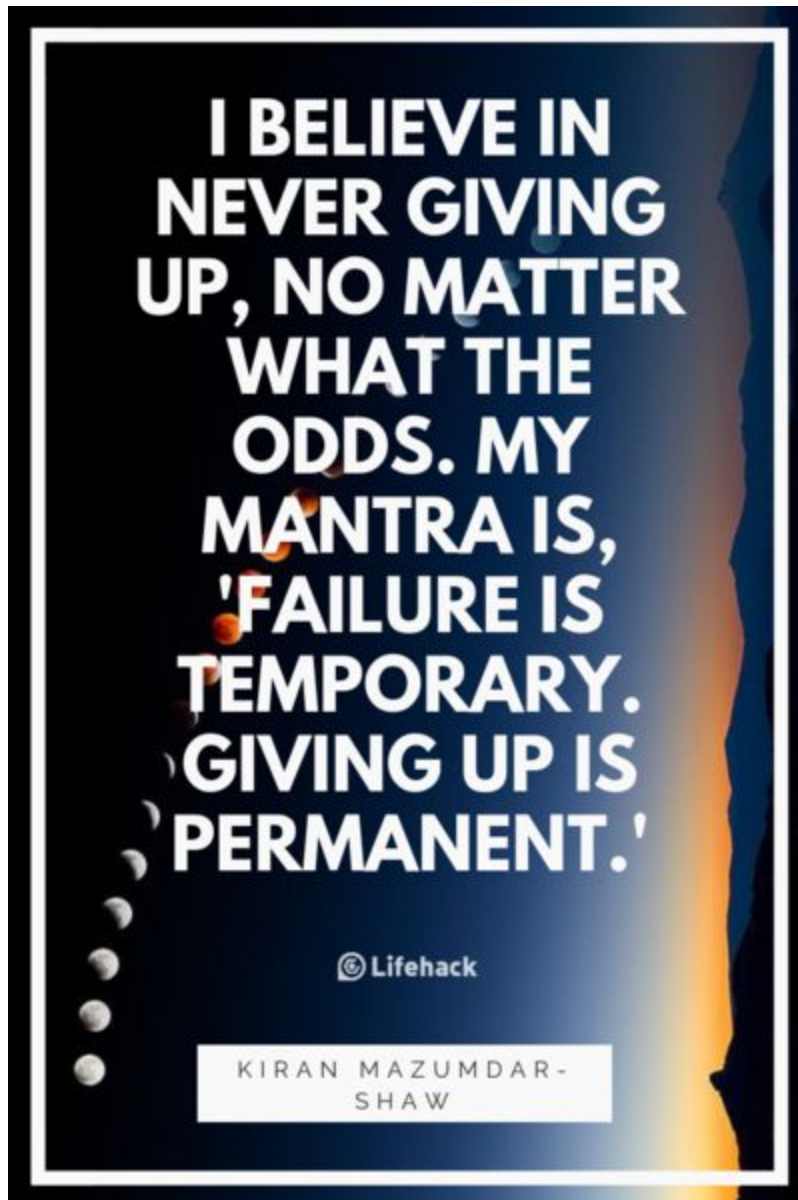


“If we did all the things we are capable of, we would astound ourselves.”— Thomas Edison

“Books can be dangerous. The best ones should be labeled ‘This could change your life’.”–
Helen Exley

“The best way to predict the future is to create it.” – Abraham Lincoln

“I believe in never giving up, no matter what the odds. My mantra is, failure is temporary.
Giving up is permanent.” — Kiran Mazumdar-Shaw

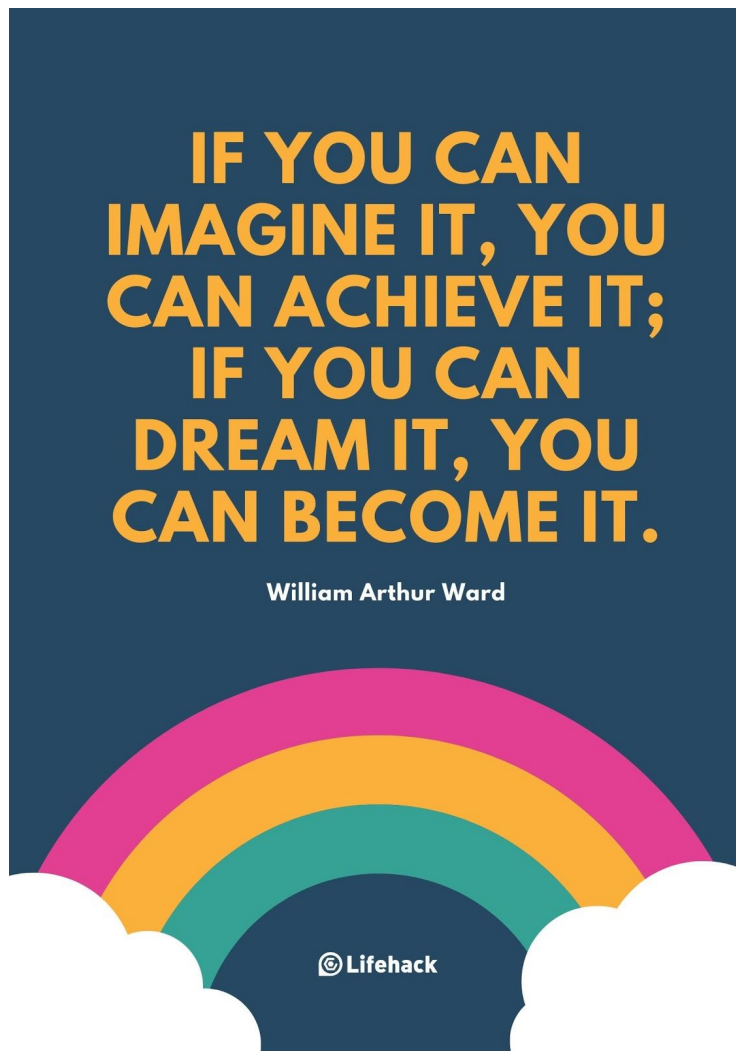


“Always keep your eyes open. Keep watching. Because whatever you see can inspire you.”
— Grace Coddington

“The great successful men of the world have used their imagination. They think ahead and create their mental picture in all its details, filling in here, adding a little there, altering this a bit and that a bit, but steadily building – steadily building.”– Robert Collier

“He who asks is a fool for five minutes, but he who does not ask remains a fool forever.”– Chinese Proverbs

“If you can imagine it, you can achieve it; if you can dream it, you can become it.”– William Arthur Ward



“The greatest mistake you can make in life is to continually fear that you will make one.” – Elbert Hubbard

“Taking care of yourself makes you stronger for everyone in your life... including you.” – Kelly Rudolph

“A comfort zone is a beautiful place, but nothing ever grows there.” — Author Unknown

“I never dream of success. I worked for it.” — Estee Lauder

“You cannot save people, you can just love them.” — Anaïs Nin

“We tend to forget that happiness doesn’t come as a result of getting something we don’t have, but rather of recognizing and appreciating what we do have.” – Frederick Keonig

“Don’t cry because it’s over, smile because it happened.” – Dr. Seuss

“It is the mark of an educated mind to be able to entertain a thought without accepting it.”– Aristotle

“If only we’d stop trying to be happy we could have a pretty good time.”- Edith Wharton

“If the plan doesn’t work, change the plan, but never the goal.” — Author Unknown

“The trick is to enjoy life. Don’t wish away your days, waiting for better ones ahead.” – Marjorie Pay Hinckley

“Out of clutter, find Simplicity. From discord, find Harmony. In the middle of difficulty lies Opportunity.”– Albert Einstein

“You must be the change you wish to see in the world.” — Mahatma Gandhi

“Success is not final, failure is not fatal: it is the courage to continue that counts.”– Winston Churchill

“Why worry? If you’ve done the very best you can, worrying won’t make it any better.” – Walt Disney

“For every minute you are angry you lose sixty seconds of happiness.”— Ralph Waldo Emerson

“Learn to value yourself, which means: fight for your happiness.” – Ayn Rand

"The time for action is now. It's never too late to do something." — Antoine De Saint-Exupéry



"Always remember you are braver than you believe, stronger than you seem, smarter than you think and twice as beautiful as you've ever imagined." – Dr. Seuss

"Instead of wondering when your next vacation is, maybe you should set up a life you don't need to escape from." — Seth Godin

“When you recover or discover something that nourishes your soul and brings joy, care enough about yourself to make room for it in your life.” — Jean Shinoda Bolen

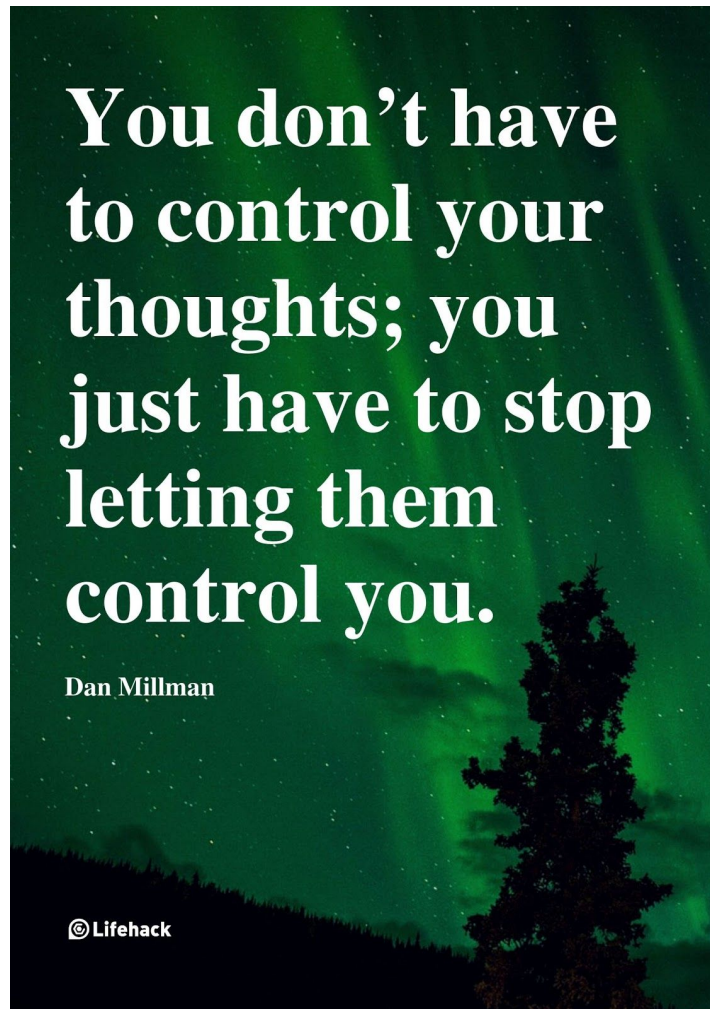


“Life isn’t about waiting for the storm to pass, it’s about learning how to dance in the rain.” – Vivian Greene

“Just think how happy you would be if you lost everything you have right now, and then got it back again.” – Frances Rodman

“If you’re presenting yourself with confidence, you can pull off pretty much anything.” – Katy Perry

“You don’t have to control your thoughts; you just have to stop letting them control you.” – Dan Millman



“Nobody can go back and start a new beginning, but anyone can start today and make a new ending.” – Maria Robinson

“Don’t spend time beating on a wall, hoping to transform it into a door.” — Coco Chanel

“Holding onto anger is like drinking poison and expecting the other person to die.” — Author Unknown

Keep Your Momentum Going!

These motivational quotes are great reminders for your tough days, and can surely make you happier.

But these quotes can only give you a temporary boost in motivation. To keep your momentum going, you'll need a more effective solution.

At Lifehack, we teach the Breakthrough Framework, a framework that provides you with exact steps to stay motivated, break free from your limitations and achieve what you truly want.

The Breakthrough Framework consists of a handful of skills -- the [7 Cornerstone Skills](#), which are the true essentials needed to achieve excellence in whatever aspect of life that matters to you.

If you'd like to learn more about how applying the Breakthrough Framework can transform your life, then stay tuned with our email newsletter. All the tips and tricks that help you live a fulfilling life will be delivered to your inbox!