

# PUBLIC HEALTH AND FOOD PROTECTION PROGRAM New Jersey Department of Health

## CURRENT RECOGNIZED CERTIFICATIONS

(CPR - FIRST AID - LIFEGUARDING - TRAINED POOL OPERATOR)

## CARDIOPULMONARY RESUSCITATION (CPR) CERTIFICATION

NOTE: Professional level CPR is required for all health directors at both day and residential youth camps and by at least one individual at all public recreational bathing facilities. Blended CPR courses (online courses with an instructor evaluated skills test) are recognized. Online courses without an instructor evaluated skill test are not recognized. This list may not include the most recent changes made by the individual certifying agencies.

#### **American Red Cross**

- CPR/AED for the Professional Rescuers and Health Care Providers
- BLS for Healthcare Providers

#### **American Heart Association**

- BLS Healthcare Provider
  - o BLS instructor-led training (100% classroom)
  - HeartCode® BLS (blended course)
- ACLS (Advanced Cardiac Life Support) Healthcare Provider
  - o ACLS for Experienced Providers (100% classroom)
  - o ACLS instructor-led training (100% classroom)
  - HeartCode® ACLS (blended course)
- PALS (Pediatric Advanced Life Support)
  - o PALS (100% classroom)
  - HeartCode® PALS (blended course)
- P.E.A.R.S. (Pediatric Advanced Emergency Assessment Recognition and Stabilization)

#### **American Safety and Health Institute**

- BLS for Healthcare Professionals
- CPR Pro for the Professional Rescuer
- ACLS (Advanced Cardiac Life Support)
- > PALS (Pediatric Advanced Life Support)

## **Emergency Care and Safety Institute**

- > ACLS (Advanced Cardiac Life Support)
- > Healthcare Provider CPR

#### **EMS Safety Services**

CPR & AED for Professional Rescuer

#### **National Safety Council**

- NCS Basic Life Support for Healthcare and Professional Rescuers
- NCS Emergency Medical Response (40-52 hrs)

## FIRST AID CERTIFICATION (2015 CPR and ECC Compliant)

NOTE: Blended first aid courses (online course with an instructor evaluated skills test) are recognized. Online courses without an instructor evaluated skills test are not recognized. Unless otherwise noted as Advanced Level, all certifications are considered Standard Level and are not acceptable for a Health director at a residential camp facility

#### **American Red Cross**

- First Aid
- > First Aid, CPR &AED
- Workplace Training
- Community First Aid
- Sport Safety Training
- Wilderness First Aid: Standard Level (Wilderness and Remote First Aid)
- > First Aid Responding to Emergencies: Standard Level
- Emergency Medical Response Advanced Level

#### **American Heart Association**

- Heartsaver® First Aid (blended and classroom)
- ➤ Heartsaver® First Aid CPR/AED (blended and classroom)
- Heartsaver® Pediatric First Aid CPR/AED (blended and classroom)

### American Safety and Health Institute

- Basic First Aid
- Wilderness First Aid
- Wilderness First Aid Responder (Advanced Level)
- Wilderness EMT Upgrade (Advanced Level)
- CPR/AED and Basic First Aid Combination
- Pediatric CPR/AED and First Aid
- > MEDIC First Aid BasicPlus
- MEDIC First Aid PediatricsPlus
- Advanced First Aid

### **Emergency Care and Safety Institute**

- > Standard First Aid, CPR and AED
- Wilderness First Aid
- First Responder (Advanced level)
- Advanced First Aid, CPR, AED

#### **EMS Safety Services**

Basic First Aid

#### **Wilderness Medical Associates**

- Wilderness First Aid\*
- Wilderness Advanced First Aid\*
- Wilderness First Responder\*\* (Advanced Level 5-day course)

#### **National Safety Council**

- NCS First Aid
- NCS First Aid, CPR & AED
- NCS Pediatric First Aid, CPR & AED
- NCS Advanced First Aid, CPR & AED
- \* Requires an additional Professional level CPR to act as a Health Director.

<sup>\*\*</sup> Meets the requirements to be a Health Director in both day and resident camps.

#### Requirements for a health director at all resident camps (N.J.A.C. 8:25-5.2 (a)):

- A physician licensed to practice medicine or osteopathy in New Jersey.
- > A registered nurse or a licensed practical nurse licensed by the NJ State Board of Nursing.
- An individual who is certified in advanced first aid, as a paramedic or emergency medical technician or first responder/CIM accredited by the Department or by the American Red Cross in their First Responder training.
- An athletic trainer certified by the National Athletic Trainers' Association Board of Certification. (NATABOC), with the appropriate level of training provided by the National Safety Council, or an equivalent certification approved by the Department.

#### LIFEGUARDING CERTIFICATION

(For Swimming Pools and Lake Bathing)

#### American Red Cross (2-year certification)

- ➤ Lifeguarding (pool only, includes First aid, Pro CPR)
- Shallow Water Attendant (pool, Max. 4', includes First aid, Pro CPR)

#### Modules

- Waterfront Lifeguarding
- Waterpark Lifeguarding
- Lifeguard Management (2012)

NOTE: Older certifications remain acceptable until the expiration date. Latest version of Lifeguarding core module (Lifeguarding pool) must be unexpired and in combination with the additional modules to guard at waterfronts and waterparks

#### **Starfish Aquatics Institute (1-year certification)**

Star Guard (pool only)
 \*additional modules required for waterpark, waterfront and wilderness

\*CPR/AED Professional Rescuer, Basic First Aid, Bloodborne Pathogens, and Emergency Oxygen certifications are issued through the American Safety & Health Institute.

#### **Boy Scouts of America (3-year certification)**

BSA Lifeguard

# Ellis & Associates Inc. International Lifeguard Training Program (ILTP) (1-year certification)

- Special Facilities Lifeguard (Water parks and open waters only)
- Pool Lifeguard (Max 16' depth flat pools only)
- Shallow Water Lifeguard (Max 5' depth flat pools only)

NOTE: All levels of ILTP include certification in Professional Level CPR, AED, Emergency Oxygen Support and First Aid

#### Young Men's Christian Association (2-year certification)

YMCA Lifeguard

## **National Aquatics Safety Company (1-year certification)**

- Water park Deep Water Lifeguard (>5')
- Water park Shallow Water Lifeguard (<5')</p>
- Basic Lifeguard
- Open Water Lifequard (excludes Ocean and Tidal waters)

### **International Life Saving Program**

Certification name specifies qualification

NOTE: A current challenge test is required providing that a recognized lifeguard course was taken and passed in the past four years or must retake a full lifeguard course

## Lifeguard Pro (1-year certification)

- Certification name specifies qualification Modules
- ➤ Waterfront Lifeguarding
- Waterpark Lifeguarding

NOTE: A current challenge test is required providing that a recognized lifeguard course was taken and passed in the past four years or must retake a full lifeguard course

## **OCEAN AND TIDAL WATERS**

| United States Lifesaving Association       | Annual certification |
|--|----------------------|
|  |                      |
| South Jersey Lifeguard Chiefs Association  | Annual certification |
|  |                      |
| North Shore Lifesaving Association         | Annual certification |
|  |                      |
| Ocean Lifesaving Association (Provisional) | Annual certification |

## TRAINED POOL OPERATORS CERTIFICATION

| American Swimming Pool and Spa Assn. (ASPSA) Licensed Aquatic Facility Technician (LAFT) | 5-year certification |
|--|----------------------|
| Association of Pool and Spa Professionals (APSP) Certified Service Professional (CSP)    | 5-year certification |
| Aquatics Training Institute (ATI) Commercial Pool Technician (CPT)                       | 5-year certification |
| National Pool and Spa Institute (NSPI) Professional Pool and Spa Operator (PPSO)         | 5-year certification |
| National Recreation and Park Association (NRPA) Aquatics Facilities Operator (AFO)       | 3-year certification |
| National Swimming Pool Foundation (NSPF) Certified Pool Operator (CPO)                   | 5-year certification |
| North Shore Lifesaving Association (NSLA) North Shore Certified Pool Operator (NSCPO)    | 3-year certification |
| Young Men's Christian Association (YMCA) Pool Operator on Location (POOL)                | 5-year certification |
| Starfish Aquatics Institute AquaTech Pool Operator Certification Program                 | 5-year certification |