

Your guide to facilities and locations



San Diego County

San Diego County facilities and locations

Kaiser Permanente medical centers and affiliated hospitals

1 Kaiser Permanente San Diego Medical Center/ Kaiser Foundation Hospital

9455 Clairemont Mesa Blvd., San Diego, CA 92123

Departments and services:

- Admitting
- Anesthesiology
- Antepartum/
Postpartum
- Cardiology*
- Continuing Care
Services
- Diagnostic Imaging
- **Emergency
Department**
- Employee Health
- Gastroenterology*
- General Surgery*
- Home and Hospice Care
- Hospital Medicine
- Intensive Care Unit*
- Interventional
Radiology*
- Labor and Delivery
- Laboratory/Pathology
- Membership Services
- Neonatal Intensive Care
- Neonatology
- Neurology*
- Nuclear Medicine*
- Obstetrics-Gynecology
- Oncology
- Orthopedic Spine
Surgery*
- Patient Care Services
- Pediatrics
- Perinatology
- Perioperative Services
- Pharmacy
- Physical Therapy/
Occupational
Therapy*
- Podiatry*
- Psychiatry
- Pulmonary Medicine*
- Radiology/Diagnostic
Imaging
- Respiratory Therapy
- Robotic Surgery*
- Thoracic Surgery
- Urgent Care
- Vascular Lab Testing
- Vascular Surgery*

2 Kaiser Permanente Zion Medical Center/ Kaiser Foundation Hospital

Hospital and Medical Offices

4647 Zion Ave., San Diego, CA 92120

Departments and services:

- Admitting
- Anesthesiology
Services
- Cardiology*
- Continuing Care
Services
- **Emergency
Department**
- General Surgery*
- Health Education Center
- Hematology/
Oncology*
- Hospital Medicine
- Infectious Disease*
- Intensive Care Unit
- Interventional
Radiology*
- Laboratory
- Nuclear Medicine*
- Occupational Medicine
(Kaiser Permanente
On-the-Job®)*
- Ophthalmologic
Surgery
- Orthopedic Surgery*
- Patient Care Services
- Perioperative Services
- Pharmacy
- Plastic Surgery
- Podiatry*
- Psychiatry
- Pulmonary Medicine*
- Radiology/
Diagnostic Imaging*
- Respiratory Therapy
- Urologic Surgery*
- Urology*
- Vascular Lab Testing
- Vascular Surgery*

3 Palomar Medical Center Escondido[†] 2185 Citracado Pkwy., Escondido, CA 92029

Departments and services:

- Cardiology*
- **Emergency
Department**
- Endocrinology*
- Gastroenterology*
- General Surgery
- Head and Neck Surgery*
- Hematology/
Oncology
- Hospital Medicine
- Infectious Disease*
- Internal Medicine*
- Labor and Delivery
- Neonatal Intensive
Care
- Nephrology*
- Neurology*
- Neurosurgery
- Obstetrics-Gynecology
- Ophthalmology*
- Orthopedic Surgery*
- Pulmonary Medicine
- Rheumatology*
- Robotic Surgery
- Urologic Surgery
- Urology*

Kaiser Permanente medical offices

4 Bonita Medical Offices 3955 Bonita Rd., Bonita, CA 91902

Departments and services:

- Endocrinology*
- Laboratory
- Nurses Clinic
- Pediatrics
- Pharmacy
- Primary Care
(family medicine,
internal medicine)
- Radiology/
Diagnostic Imaging*
- Rheumatology*
- Vision Essentials,
includes Optometry/
Optical Center

5 Bostonia Medical Offices 1630 E. Main St., El Cajon, CA 92021

Departments and services:

- Laboratory
- Nurses Clinic
- Pharmacy
- Positive Choice
Wellness Center^{††}
(weight management,
nutrition and
exercise consultations,
healthy and plant-based
cooking classes,
Integrative Medicine
appointments,
- Biofeedback,* fitness
and body composition
testing, metabolic rate
testing, pre-bariatric
program)
- Primary Care
(family medicine,
internal medicine)
- Psychiatry
- Radiology/
Diagnostic Imaging*

6 Carlsbad Medical Offices 6860 Avenida Encinas, Carlsbad, CA 92011

Departments and services:

- Laboratory
- Nurses Clinic
- Pediatrics
- Pharmacy
- Primary Care
(family medicine,
internal medicine)
- Radiology/
Diagnostic Imaging*
- Vision Essentials,
includes Optometry/
Optical Center

Kaiser Permanente medical offices *(continued)*

7 Carmel Valley Medical Offices 3851 Shaw Ridge Rd., San Diego, CA 92130

Departments and services:

- Cosmetic services[†]
- Dermatology*
- Endocrinology*
- Laboratory
- Lactation Consultant
- Neurology*
- Nurses Clinic
- Obstetrics-Gynecology
- Pediatrics
- Pharmacy
- Primary Care (family medicine, internal medicine)
- Radiology/Diagnostic Imaging*
- Sports Medicine

8 Clairemont Mesa Medical Offices 7060 Clairemont Mesa Blvd., San Diego, CA 92111

Departments and services:

- Allergy*
- Dermatology*
- Family Medicine Residency Program
- Laboratory
- Nurses Clinic
- Pediatric Endocrinology/Diabetes Clinic*
- Pediatric – John Richards Learning Center (formerly Center for School Problems)*
- Pediatrics
- Pharmacy
- Primary Care (family medicine, internal medicine)
- Radiology/Diagnostic Imaging*
- Vision Essentials, includes Optometry/Optical Center

9 El Cajon Medical Offices 250 Travelodge Dr., El Cajon, CA 92020

Departments and services:

- Laboratory
- Obstetrics-Gynecology
- Ophthalmology*
- Orthopedic Surgery*
- Pharmacy
- Physical/Occupational Therapy*
- Radiology/Diagnostic Imaging*
- Vision Essentials, includes Optometry/Optical Center

10 Escondido Medical Offices 732 N. Broadway, Escondido, CA 92025

Departments and services:

- Laboratory
- Nurses Clinic
- Nutrition Services*
- Pediatrics
- Pharmacy
- Primary Care (family medicine, internal medicine)
- Radiology/Diagnostic Imaging*
- Vision Essentials, includes Optometry/Optical Center

11 La Mesa Medical Offices 8080 Parkway Dr., La Mesa, CA 91942

Departments and services:

- After-Hours Care
- Dermatology
- Laboratory
- Nurses Clinic
- Nutrition Services
- Pediatrics
- Pharmacy
- Primary Care (family medicine, internal medicine)
- Radiology/Diagnostic Imaging
- Urgent Care
- Vision Essentials, includes Optometry/Optical Center

12 Oceanside Medical Offices 1302 Rocky Point Dr., Oceanside, CA 92056

Departments and services:

- Laboratory
- Nurses Clinic
- Pediatrics
- Pharmacy
- Primary Care (family medicine, internal medicine)
- Radiology/Diagnostic Imaging*

13 Otay Mesa Medical Offices 4650 Palm Ave., San Diego, CA 92154

Departments and services:

- Ambulatory Surgery Unit*
- Audiology*
- Cardiology*
- Complete Care Management
- Gastroenterology*
- General Surgery*
- Hematology/Oncology*
- Infusion Center*
- Interventional Radiology*
- Laboratory
- Member Services
- Neurology*
- Nurses Clinic
- Nutrition Services*
- Obstetrics-Gynecology
- Occupational Medicine (Kaiser Permanente On-the-Job)*
- Ophthalmology*
- Orthopedics*
- Outpatient Surgicenter*
- Pediatrics
- Pharmacy
- Physical Medicine*
- Physical/Occupational Therapy*
- Podiatry*
- Positive Choice Wellness Center*[†] (weight management, nutrition and exercise consultations, healthy and plant-based cooking classes, Integrative Medicine appointments, Biofeedback,* fitness and body composition testing, metabolic rate testing, pre-bariatric program)
- Primary Care (family medicine, internal medicine)
- Psychiatry
- Pulmonary Medicine*
- Radiology/Diagnostic Imaging*
- Urgent Care
- Urologic Surgery*
- Urology*
- Vision Essentials, includes Optometry/Optical Center

Kaiser Permanente medical offices *(continued)*

14 Point Loma Medical Offices

3250 Fordham St., San Diego, CA 92110

Departments and services:

- Gynecology
- Infectious Disease*
- Infertility*
- Laboratory
- Nurses Clinic
- Pharmacy
- Primary Care (family medicine, internal medicine)
- Radiology/Diagnostic Imaging*
- Travel Advisory Service
- Urogynecology*

3420 Kenyon St., San Diego, CA 92110

Departments and services:

- Addiction Medicine
- Psychiatry

15 Rancho Bernardo Medical Offices

Kaiser Permanente Excel Centre

17140 Bernardo Center Dr., San Diego, CA 92128

Departments and services:

- Behavioral Health and Wellness
- Laboratory
- Nurses Clinic
- Obstetrics-Gynecology
- Occupational Medicine (Kaiser Permanente On-the-Job)*
- Pediatrics
- Pharmacy
- Primary Care (family medicine, internal medicine)
- Radiology/Diagnostic Imaging*
- Rheumatology*

16 Rancho San Diego Medical Offices

3875 Avocado Blvd., La Mesa, CA 91941

Departments and services:

- Laboratory
- Nurses Clinic
- Pediatrics
- Pharmacy
- Primary Care (family medicine, internal medicine)
- Radiology/Diagnostic Imaging*

17 San Marcos Medical Offices

400 Craven Rd., San Marcos, CA 92078

Departments and services:

- Allergy*
- Audiology (self-referrals accepted)*
- Cardiology*
- Comprehensive Pain Management*
- Dermatology*
- Endocrinology*
- Gastroenterology*
- General Surgery*
- Head and Neck Surgery*
- Hematology/Oncology*
- Infectious Disease*
- Infusion Center*
- Laboratory
- Member Services
- Nephrology*
- Neurology*
- Nurses Clinic
- Obstetrics-Gynecology
- Occupational Medicine (Kaiser Permanente On-the-Job)*

- Orthopedic Surgical Care*
- Outpatient Treatment Center (OTC)
- Pediatrics
- Pharmacy
- Physical Medicine*
- Physical/Occupational Therapy*
- Plastic Surgery*
- Podiatry*
- Primary Care (family medicine, internal medicine)
- Pulmonary Medicine*
- Radiology/Diagnostic Imaging*
- Rheumatology*
- Speech Pathology*
- Surgery (General)*
- Urgent Care – Adult
- Urgent Care – Pediatric
- Urologic Surgery*
- Urology*

18 Vandever Medical Offices

4405 Vandever Ave., San Diego, CA 92120

Departments and services:

- General Surgery*
- Information
- Laboratory
- Neurology*
- Nurses Clinic
- Obstetrics-Gynecology
- Ophthalmology*
- Pediatric Specialties (cardiology, circumcision, cystic fibrosis, NICU follow-up, pulmonology, rheumatology, and sports medicine)*
- Primary Care
- Vision Essentials, includes Optometry/Optical Center

19 Viewridge Medical Offices

5251 Viewridge Ct., San Diego, CA 92123

Departments and services:

- Cardiology*
- Cardiovascular Research
- Diagnostic Imaging*
- General Pediatric Surgery*
- Genetics*
- Neurointerventional Radiology*
- Neurosurgery*
- Obstetrics-Gynecology
- Orthopedic-Spine*
- Pediatrics
- Thoracic Surgery*
- Urology*
- Vascular Laboratory*
- Vascular Podiatry*
- Vascular Surgery*

20 Vista Medical Offices

780 Shadowridge Dr., Vista, CA 92083

Departments and services:

- Ophthalmology*
- Pharmacy
- Psychiatry
- Vision Essentials, includes Optometry/Optical Center
- HearUSA West Hearing Care Centers 1-800-528-3277 hearusa.com

*By referral only

†May require a fee

‡This is a contracted Plan facility. The Emergency Department at this facility is not appropriate for urgent care. Use of the Emergency Department for urgent care services may not be paid by Kaiser Permanente.

Specialty facilities

21 Garfield Specialty Center
5893 Copley Dr., San Diego, CA 92111

Departments and services:

- Ambulatory Surgery Center (ASC)
- Audiology
- Comprehensive Pain Management*
- Dermatology/MOHS
- Gastroenterology*
- General Surgery*
- Head and Neck Surgery*
- Interventional Anesthesia*
- Laboratory
- Orthopedic Surgery*
- Pharmacy
- Plastic Surgery*
- Podiatry*
- Radiology/Diagnostic Imaging*
- Urologic Surgery*
- Urology*

22 Kaiser Permanente Genetic Services
6507 Mission Gorge Rd., San Diego, CA 92120

23 Kaiser Permanente Satellite Infusion Center
6511 Mission Gorge Rd., San Diego, CA 92120

24 Kearny Mesa Pain and Rehabilitation Center
4510 Viewridge Ave., San Diego, CA 92123

Departments and services:

- Nephrology*
- Physical Medicine*
- Physical/Occupational Therapy*

25 Positive Choice Integrative Wellness Center
7035 Convoy Ct., San Diego, CA 92111

Departments and services:†

- Weight management, nutrition and exercise consultations, healthy and plant-based cooking classes, Integrative Medicine appointments, Biofeedback,* fitness and body composition testing, metabolic rate testing, pre-bariatric program

26 San Diego Mission Road
10990 San Diego Mission Rd., San Diego, CA 92108

Departments and services:

- Center for Healthy Living
- Continuing Care Services (family violence program, long-term care, senior/geriatric services, social services)*
- Home Health*
- Hospice*
- Nutrition Services*
- Senior Advantage

27 Scripps Medical Office
HM Poole Building
9834 Genesee Ave., Suite 114, San Diego, CA 92037

Departments and services:

- Cardiac Surgery*
- Diagnostic and Interventional Cardiology Services*
- HearUSA West Hearing Care Centers
1-800-528-3277
hearusa.com

Target Clinic

Care provided by Kaiser Permanente

28 Chula Vista
1240 Broadway, Chula Vista, CA 91911

29 San Diego Mission Valley
1288 Camino Del Rio N., San Diego, CA 92108

30 Santee
9846 Mission Gorge Rd., Santee, CA 92071

31 Vista
1751 University Dr., Vista, CA 92083

Walk-in care available for over 85 services for you and your family, including:

- Chronic conditions
- Gynecology
- Minor illnesses
- Minor injuries
- Pediatrics and teens
- Physician telemedicine consultations
- Skin treatments
- Vaccinations
- Wellness services

No emergency services

kp.org/scal/targetclinic

*By referral only

†May require a fee

If you reasonably believe you have an emergency medical condition, call **911** or go to the nearest emergency department. An emergency medical condition is a medical or psychiatric condition that requires immediate medical attention to prevent serious jeopardy to your health. For the complete definition of an emergency medical condition, please refer to your *Evidence of Coverage* or other plan documents.

Care close to home or work

Wherever you live in and around San Diego County, you can use this handy guide to find a Kaiser Permanente hospital, medical office, or other health facility near you.

For more information, call our Member Service Contact Center at **1-800-464-4000** or **711** (TTY), 24 hours a day, 7 days a week (closed holidays).

To make a routine, same-day, or after-hours appointment at a facility in San Diego County, call our Appointment Center at **1-800-290-5000** or **711** (TTY), 7 days a week from 7 a.m. to 7 p.m.

For after-hours care, call **1-888-KPONCALL (1-888-576-6225)**.

You can also schedule routine appointments online at **kp.org**. To use the secure online features for the first time, just sign up at **kp.org/register**, then sign in with your user ID and password.

