

A Suggested Format for Conducting an A.A. Meeting

Welcome everyone to _____ group of Alcoholics Anonymous. My name is _____ and I am an alcoholic.

Let's open the meeting with a moment of silence and the Serenity Prayer:

God, Grant me the serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.

For an Open Meeting

This is an open meeting of Alcoholics Anonymous. We are glad you are here — especially newcomers. In keeping with our singleness of purpose and our Third Tradition which states "The only requirement for AA membership is a desire to stop drinking," we ask that all who participate confine their discussion to their problems with alcohol.

For a Closed Meeting

This is a closed meeting of Alcoholics Anonymous. In support of A.A.'s singleness of purpose, attendance at closed meetings is limited to persons who have a desire to stop drinking. If you think you have a problem with alcohol you are welcome to attend this meeting. We ask that discussing our problems, we confine ourselves to those problems as they relate to alcoholism.

I have asked a friend to read:

Our Preamble

How it Works from Chapter 5 of the A.A. Big Book.

Daily Reflections

24 Hour a Day

This is not to embarrass anyone, it's just so we can get to know you a little better.

Is this anyone's first AA meeting any time anywhere?

Is this anyone's first time at this group? Do we have any out of town guests?

7th Tradition

There are no dues or fees in A.A. We are entirely self-supporting, declining outside contributions.

This self-support includes our rent for this room and contributions to our local District 22, Northern Illinois Area 20 (NIA 20) and to General Service Office in New York (GSO).

Are there any AA related announcements?

Does anyone have a topic for discussion?

Thanks everyone who shared.

Thanks everyone who shared. Please help me close this meeting with the Lord's Prayer.

Optional Readings

AA 12 Traditions

Ninth Step Promises

Responsibility Statement