**MEETINGS IN YAKIMA** DAILY 6:30 AM A.M.A.A. Group (C) 310 N. 16<sup>th</sup> Ave. Salvation Army Bldg. 6:30 AM An A.A. Group (O) 1422 S. 3rd Ave. 6:30 AM Chance for Change (O) 1105 S. 3rd Avenue Alano Club of Yakima 6:30 AM Early Bird's Group (O) 401 S. 8th Avenue Unity Church 9:00 AM Granola Group (O) 1105 S. 3rd Avenue Alano Club of Yakima 10:00 AM Serenity Hall (O) 1422 S. 3rd Ave 12:00 PM God Only Knows (O) 5 S. Naches Ave, St. Michaels 12:00 PM High Noon (O) 1422 S. 3rd Ave. 3:00 PM Serenity Hall (O) 1422 S. 3rd Ave. 5:00 PM Promises Group (O) 5 S. Naches Ave, St. Michaels 6:00 PM Daily Reprieve (O) 1105 S. 3rd Avenue Alano Club of Yakima 8:00 PM Crazy 8's (O) 1422 S 3<sup>rd</sup> Ave Serenity Hall

## MONDAY THROUGH SATURDAY

6:00 AM On Awakening (C) 902 S 36<sup>th</sup> Ave Yakima Alliance Church
6:30 AM AA at Sunrise (O) 48th Avenue & Chestnut Wesley United Methodist Church
9:00 AM Primary Purpose (C) 1604 W. Yakima Ave. Rm. 204 Central Lutheran Church

### MONDAY THROUGH FRIDAY

6:30 AM The Hand of AA (O,HA) 4011 Commonwealth Terrace Heights Civic Center

## SUNDAY

3:00PM Young and Free -Young persons NEW 1105 S rd Ave Meeting (O) Alano Club of Yakima 6:00 PM One Day at a Time (O) 110 S. 9<sup>th</sup> Ave Yakima Regional Conf. Rm D
7:00 PM Sunday Serenity (O) 48th Avenue & Chestnut Wesley United Methodist Church
7:30 PM Miracles Group (C) 1105 S 3<sup>rd</sup> Ave Alano Club

### **MONDAY**

6:30 AM Daybreak Downtown (C, HA) 32 N Front St. North Town Coffeehouse 6:30 AM Selah Wake-up (C) 302 S 1<sup>st</sup> St Selah, Wa In The Garage Harvest Community Church 6:00 PM Chance For Change (WO.C) 613 Superior Lane, Yakima **Riel House Treatment Center** 7:00 PM A New Light (O) 110 S. 9<sup>th</sup> Ave Yakima Regional Conf. Rm D 7:30 PM Suntides (O) 451 Pence Rd., Gleed, Wa Suntides Golf Course 7:30 PM Miracles Group (C) 1105 S 3rd Ave Alano Club Of Yakima

### **TUESDAY**

6:00 PM One Day at a Time (O) Yakima Regional Conf. Rm. D 110 S. 9<sup>th</sup> Ave 6:30 PM WagonAAer's Group (O) 100 N. 72nd Ave.-Newcomers Church of Christ 6:30 PM Terrace Heights AA (O) 4011 Commonwealth Rd. Terrace Heights Civic Center 7:00 PM Friends of Bill W. (O) 1061 Selah Loop Rd., Selah, Wa United Methodist Church 7:00 PM Naches Valley AA (O) 201 E. 2nd Street, Naches, Wa Presbyterian Church Common Bond (MO,C) Kids OK 7:30PM 1105 S 3rd Ave NEW Alano Club of Yakima 8:00 PM WagonAAer's Group (O) 100 N. 72nd Avenue Church of Christ

#### <u>WEDNESDAY</u> 6:30 AM Davbreak Downtown (C)

32 N Front St. North Town Coffeehouse 6:30 AM Selah Wake-up (C) 302 S 1<sup>st</sup> St Selah. Wa In The Garage Harvest Community Church 12:00 PM Numbskulls at Noon (O) NEW 916 N 16<sup>th</sup> Ave. Suite 102 LOCATION Yakima Justice Center 5:00 PM Women With A Solution (WO,O)(Kids OK) 1422 S 3<sup>rd</sup> Ave Serenity Hall 6:00 PM One Day at a Time (O) 110 S. 9<sup>th</sup> Ave Yakima Regional Conf. Rm D 7:00 PM Moonshiners (O) 1061 Selah Loop Rd, Selah, Wa United Methodist Church 7:00 PM Yakima Can Do Men's Group (MO.C) 1604 W Yakima Ave Room 204 Central Lutheran Church 7:30 PM Miracles Group (C) 1105 S 3rd Ave Alano Club of Yakima THURSDAY 6:00 PM One Day at a Time (O)

- Yakima Regional Conf. Rm. D 110 S. 9<sup>th</sup> Ave
  6:00 PM Sisters in Sobriety (WO,C) 401 S 8<sup>th</sup> Ave Unity Spiritual Life Center
  6:30 PM Terrace Heights AA (O) 4011 Commonwealth Rd. Terrace Heights Civic Center
  7:00 PM Naches Valley AA (O) 201 E. 2nd Street, Naches,Wa Presbyterian Church
  7:00 PM Keep It Simple (O)
- 1103 W Mead Ave.Bethel Church of the Nazarene8:00 PMAnother Chance (MO,C)
- 254 Highland Drive, **Buena,Wa** James Oldham Treatment Center

## FRIDAY

6:30 AM Daybreak Downtown (C) 32 N Front St. North Town Coffeehouse
6:30 AM Selah Wake-up (C) 302 S 1<sup>st</sup> St. Selah,Wa In The Garage Harvest Community Church
6:00 PM One Day at a Time (O) 110 S 9<sup>th</sup> Ave

110 S. 9<sup>th</sup> Ave Yakima Regional Conf. Rm D 6:30 PM Seekers of Sobriety (O) 1112 W Freemont Ave, **Selah,Wa** Lady of Lourdes Catholic Church Rec Hall Rm #1

- 7:30 PM Miracles Group (O) 1105 S 3<sup>rd</sup> Ave Alano Club of Yakima
- 7:30 PM E. Valley Beginner Group (O) 255 W. Seattle Avenue, **Moxee,Wa** Moxee City Hall
- 8:00 PM WagonAAer's Group (O) 100 N. 72nd Avenue Church of Christ

### **SATURDAY**

7:30 AM Daybreak Downtown(C) 32 N Front St. North Town Coffeehouse
7:30 AM Selah Wake-up (C) 302 S 1<sup>st</sup> St. Selah, In the Garage Harvest Community Church
5:00 PM Women With a Solution (WO,O) (Kids OK) 1422 S 3<sup>rd</sup> Ave Serenity Hall
7:00 PM A New Light (O) 110 S. 9<sup>th</sup> Ave Yakima Regional Conf. Rm Alano Club of Yakima
8:00 PM Saturday Night Live (O) 91 Wernex Loop, Selah, Wa

Peace Lutheran Church

## A.A. CLUBS AND HALLS

24-Hour Groupo **Spanish Speaking** Yakima 454-0295

ALANO CLUB OF YAKIMA 1105 S. 3rd Avenue, Yakima (HA)

### **SERENITY HALL** 1422 S. 3<sup>rd</sup> Ave., Yakima (HA)

1422 S. 3 Ave., Yakima (HA)

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O=Open, Anyone Interested
C=Closed, Alcoholics Only
HA=Handicapped Accessible
WO=Women Only
MO=Men Only
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Last updated: November 16th, 2016

## Central Washington Central Office

Alano Club of Yakima 1105 S 3<sup>rd</sup> Avenue P.O. Box 762 Yakima, WA 98907 888-441-6220 or 509-453-7680 Hours: Monday through Friday 11:00 AM to 8:00 PM Sat 11 AM to 5PM If volunteers are available

## WEBSITE:

www.yakima-aa.org

## ALCOHOLICS ANONYMOUS

### **PHONE NUMBERS**

Narcotics Anonymous	1-877-664-0398
Ellensburg Crisis Line	1-509-925-4168
Mental Health	

## AL-ANON FAMILY GROUPS

Al-Anon & Alateen District 7 Literature Depot Yakima, WA 98907 452-9549 Open By Appointment www.yakima1.com/alanon/

### <u>Preamble</u>

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking.

There are no dues or fees for AA membership; we are self-supporting through our own contributions.

AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.

Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.

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# PHONE LIST

## THE TWELVE STEPS

- 1. We admitted we were powerless over alcohol-that our lives had become unmanageable.
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- 3. Made a decision to turn our will and our lives over to the care of God *as we understood Him.*
- 4. Made a searching and fearless moral inventory of ourselves.
- Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. Were entirely ready to have God remove all these defects of character.
- 7. Humbly asked Him to remove our shortcomings.
- 8. Made a list of all people we had harmed, and became willing to make amends to them all.
- 9. Made direct amends wherever possible, except when to do so would injure them or others.
- 10. Continued to take personal inventory, and when we were wrong, promptly admitted it.
- 11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

### IAM RESPONSIBLE...

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that, I am responsible.

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.