

# Alcoholics Anonymous

## Regina & Districts 15, 17 & 18 Meeting Directory

Prepared by Regina AA Intergroup

### Office:

#107-845 Broad Street  
Regina, SK S4R 8G9

### Hours:

Monday, Wednesday & Friday  
10:00pm – 3:00pm  
Closed Statutory Holidays

**24/7 Answering Line:** (306) 801-6500  
**AA Central Office Phone:** (306) 545-9300  
**E-mail:** a.a@sasktel.net  
**Web:** www.aaregina.org

**\*ALL MEETINGS IN THIS DIRECTORY ARE  
CLOSED UNLESS OTHERWISE STATED\***

**Closed Meetings:** Only those with a  
desire to stop drinking may attend  
**closed** A.A. meetings.

**Open Meetings:** Open Meetings: Non-  
alcoholics may attend **open** A.A.  
meetings as observers.

**April 2024**

The codes are as follows:

**(ONL)** Online Meeting  
**(HYB)** Online & Face to Face Meeting  
**(SOC)** Social Distancing -COVID-19  
**(MSK)** Face Mask Required

<b>(O)</b> Open	<b>(C)</b> Closed
<b>(AL-AN)</b> Al-Anon & AA	<b>(CAN)</b> Candle Light
<b>(D)</b> Discussion	<b>(SP)</b> Speaker
<b>(ST)</b> 12 Step Study	<b>(LIT)</b> Literature Study
<b>(12X12)</b> 12x12 Book Study	
<b>(BE)</b> Beginner's Meeting	<b>(A)</b> Agnostic Meeting
<b>(W)</b> Women's Meeting	<b>(M)</b> Men's Meeting
	<b>(X)</b> <i>Wheelchair Access</i>

**Closed Meetings:** Only those with a desire to stop drinking  
may attend closed A.A. meetings.

**Open Meetings:** Non-alcoholics may attend open A.A.  
meetings as observers.

**ONLINE MEETINGS CAN BE  
FOUND ON OUR WEBSITE:**

<https://aaregina.org>



Sunday (cont)	
9:00 am	<b>Sunday @ 9 (C,X)</b> Ramada Hotel, 1818 Victoria Ave, Regina
10:00 am	<b>Sunday Sunrise ** (O,X)</b> Alano Club, 1165 Pasqua St, Regina restaunt door
11:00 am	<b>Meeting in the Park ** (AL-AN,O,X)</b> Knox Metropolitan Church, 2340 Victoria Ave, Regina Use Victoria Avenue Entrance
	<b>Fellowship ** (O)</b> Row Houses, 2710 10 Ave, Regina
7:30 pm	<b>Vista (C,X)</b> North East Community Centre, 160 Broad St, Regina
	<b>Northside (C,X)</b> St. Peter's Roman Catholic Church, 100 Argyle St N, Regina Basement
Monday	
Noon	<b>Out To Lunch Bunch (C,X)</b> 7 Oaks Hotel, 777 Albert St, Regina
	<b>Acceptance Is The Answer ** (O,X)</b> Alano Club, 1165 Pasqua St, Regina restaunt door
	<b>Women in Recovery (C,X,W)</b> Sunset United Church, 177 Sunset Dr, Regina
12:10 pm	<b>Noon East Side ** (AL-AN,O)</b> Sonlight Christian Reformed Church, 139 Cannon St, Regina
5:25 pm	<b>Rolling Home (C,X)</b> Alano Club, 1165 Pasqua St, Regina restaunt door
7:00 pm	<b>Indian Head (O)</b> St. Andrew's United Church, 801 Buxton St, Indian Head In the St. Andrew's church basement Please use main door
8:00 pm	<b>Craven ** (O,X)</b> Craven Community Hall, 9 Tennant St, Craven
	<b>Massey Road Group - Hybrid (C,HYB,ONL)</b> Immanuel Anglican Church, 142 Massey Rd, Regina Parking in the back; Meeting upstairs UPDATE: This is a Hybrid meeting. Online and Face to Face. . INFO: <a href="http://zoom.us/j">http://zoom.us/j</a> Zoom Meeting ID: 816 2239 3498 Password: 1935
	<b>Harmony (C,X,XB)</b> Living Spirit Centre, 3018 Doan Dr, Regina Use south entrance and head straight down the stairs to basement. Elevator upstairs if needed. IMPORTANT: This meeting is SEPARATE from the online meeting First meeting of every month is a beginner's (step 1-2-3) meeting.

**Monday (cont)**

8:00 pm **12 Steps to Recovery (C,X)**  
North East Community Centre, 160 Broad St, Regina

**Novalco (C,X)**

Our Savior's Lutheran Church, 190 Massey Rd, Regina  
Use Parking Lot Door

**South Hillsdale - Hybrid Meeting (C,HYB,ONL)**

Sunset United Church, 177 Sunset Dr, Regina  
Meeting ID: 770 430 6658 Password: 1MZLU8

8:30 pm **Fellowship (C)**  
Row Houses, 2710 10 Ave, Regina

**Tuesday**

Noon **Acceptance Is The Answer \*\* (O,X)**  
Alano Club, 1165 Pasqua St, Regina restaurent door

**No Name (C,X)**

St. Paul's Cathedral, 1859 McIntyre St, Regina  
Face Masks are welcome, but not required

5:25 pm **Rolling Home (C,X)**  
Alano Club, 1165 Pasqua St, Regina restaurent door

7:00 pm **Pasqua (C,X)**  
Grace Mennonite Church, 2935 Pasqua St, Regina

**Weekly Reflections \*\* (O,X)**

Harvest City Christian Academy, 2202 8 Ave N, Regina  
Staff Room (follow the signs) Parking available close to door

7:30 pm **Nu-Life (C)**  
First Presbyterian Church, 2170 Albert St, Regina Use  
14th Avenue Side Door Entrance

**Four Aces \*\* (O,X)**

Indigenous Christian Fellowship, 3131 Dewdney Ave,  
Regina Use Back Door

**Walsh Acres (C,X)**

New Hope Lutheran Church, 370 McIntosh St N, Regina  
Use Northeast Door

8:00 pm **Vibank (C)**  
Vibank St. Paul's Church, 301 Main St, Vibank  
UPDATE: Face Masks are Preferred but not Mandatory  
Open Meeting Last Tuesday Of Month

**Wednesday**

Noon **Out To Lunch Bunch (C,X)**  
7 Oaks Hotel, 777 Albert St, Regina

**Acceptance Is The Answer \*\* (O,X)**

Alano Club, 1165 Pasqua St, Regina restaurent door

5:25 pm **Rolling Home (C,X)**  
Alano Club, 1165 Pasqua St, Regina restaurent door

**Wednesday (cont)**

7:00 pm **The Promises (C,X)**  
Cathedral Neighborhood Centre, 2900 13th Ave, Regina  
Art Room - 2nd Floor  
Doors may be locked after 7:15pm (note on door how to  
text to get in)

**Wolseley (O)**

Wolseley St. James United Church, 404 Varennes St,  
Wolseley INFO: Meeting is upstairs INFO: Enter through  
the Annex, not the church

7:30 pm **One Way (C)**  
St. Mary's Anglican Church, 3337 15th Ave, Regina Use  
Montague St. Door

**Wascana Rehab Meeting (O,X)**

Wascana Rehab Centre, 2180 23 Ave, Regina 2nd floor  
beside Cafeteria  
Meeting Room 5 in the Wascana Rehabilitation Centre

8:00 pm **Heartview (C,X)**  
Little Flower Parish, 420 College Ave, Regina  
IMPORTANT: This meeting is separate from the online  
meeting. Open Meeting Last Wednesday Of The Month

**Novalco (C,ST,X)**

Our Savior's Lutheran Church, 190 Massey Rd, Regina  
Use Parking Lot Door  
Step Series

**Southey (C,X)**

Southey United Church, 185 CanAm Hwy, Southey back  
doors on west side of building  
Open meeting last Wednesday of the month

**Thursday**

Noon **Acceptance Is The Answer \*\* (O,X)**  
Alano Club, 1165 Pasqua St, Regina restaurent door

**No Name (C,X)**

St. Paul's Cathedral, 1859 McIntyre St, Regina  
Face Masks are welcome, but not required

5:25 pm **Rolling Home (C,X)**  
Alano Club, 1165 Pasqua St, Regina restaurent door

7:30 pm **Liver and Onions \*\* (BE,O,X)**  
General Hospital, 1440 14 Ave, Regina Room 4 (Near  
Cafeteria)

8:00 pm **Free Speech (C,X)**  
Holy Child Roman Catholic Church, 2636 7th Ave E,  
Regina  
Open Meeting Last Thursday Of The Month

**Lumsden Valley (C)**

St. Peter's Roman Catholic Church, 310 Lake St, Lumsden  
Open Meeting Last Thursday Of Month

**Northern Lights (C,X)**

St. Peter's Roman Catholic Church, 100 Argyle St N,  
Regina Basement

8:30 pm **Fellowship (C)**  
Row Houses, 2710 10 Ave, Regina

**Friday (cont)**

Noon **Out To Lunch Bunch (C,X)**  
7 Oaks Hotel, 777 Albert St, Regina

**Friday Eureka Fellowship Group (C,X)**

Alano Club, 1165 Pasqua St, Regina restaurent door

5:25 pm **Rolling Home (C,X)**  
Alano Club, 1165 Pasqua St, Regina restaurent door

7:30 pm **Nu-Life (C)**  
First Presbyterian Church, 2170 Albert St, Regina Use  
14th Avenue Side Door Entrance

**Fireside \*\* (CAN,O)**

Sonlight Christian Reformed Church, 139 Cannon St,  
Regina

**Women's Serenity (C,X,W)**

St. James United Church, 4506 Sherwood Dr, Regina  
Between April 5 - May 3 please enter via the west side  
door off parking lot. Meeting room 4/5 west end of bldg.

**Namaste (MED,O,X)**

Sunset United Church, 177 Sunset Dr, Regina

8:00 pm **Day One (C,MSK)**  
St. Andrew's United Church, 194 Bay Ave, Fort Qu'Appelle  
Main Floor  
IMPORTANT: Face Masks are REQUIRED!

9:00 pm **North Gate \*\* (O,X)**  
North East Community Centre, 160 Broad St, Regina

**Saturday**

9:00 am **Saturday At 9 (C,X)**  
Alano Club, 1165 Pasqua St, Regina restaurent door

10:00 am **The 43rd (C,X)**  
Knox Metropolitan Church, 2340 Victoria Ave, Regina Use  
Victoria Avenue Entrance  
UPDATE: Face Masks are preferred but not mandatory.

**Regina Beach \*\* (O)**

United Church, Green Ave, Regina Beach

3:30 pm **Serenity Saturday (O)**  
Row Houses, 2710 10 Ave, Regina

7:30 pm **Experience, Strength and Hope (C,X)**  
Alano Club, 1165 Pasqua St, Regina restaurent door  
Open Meeting First Saturday Of The Month.

**Nor-West (12x12,C,X)**

St. James United Church, 4506 Sherwood Dr, Regina  
Open Meeting Last Saturday Of The Month

9:00 pm **Jaywalkers \*\* (O,X)**  
North East Community Centre, 160 Broad St, Regina