



In this Issue

- October is NPTM
- A Video Message from APTA NC President, Mary Kay Hannah
- Introducing the APTA North Carolina Centennial Scholar
- Meet Our 2020 Emerging Leader
- Thank You, Congratulations and Good Luck to Flo Moses!
- Upcoming Educational Offerings
- Outcome of APTA NC PAC Raffle
- Reimbursement Updates
- ICYM

October is National Physical Therapy Month

This is a time to celebrate the profession and all the ways physical therapists, physical therapist assistants, and PT and PTA students help improve lives of North Carolina residents. We thank you for your hard work and ongoing dedication during this challenging year! The year's theme is the importance of physical activity and how PTs/ PTAs help people move to recover from injury and to prevent future injury.

Check out the resources APTA developed for patients and consumers, which can be found at [ChoosePT.com toolkit](#). There are also more graphics, videos, and articles on the [physical activity page](#).

A Video Message from APTA North Carolina President, Mary Kay Hannah



Introducing the APTA North Carolina Centennial Scholar

Tiffany Adams, PT, DPT, MBA



As part of its 100-year celebration, APTA is sponsoring a 12-month program to help build a cadre of future association leaders and to support our collective quest for a diverse, prepared leadership pool. After receiving many excellent applications and following a rigorous review process, the APTA NC selection committee has chosen Tiffany Adams, PT, DPT, MBA to represent North Carolina as one of the 100 scholars to participate in virtual learning and in-person events during 2021. Each scholar will work with a mentor to complete a capstone project that benefits their sponsoring component.

Congratulations Tiffany!

Meet Our 2020 Emerging Leader

Deidra Debnam, PT, DPT

The Emerging Leader Award was established to annually honor individuals who have demonstrated extraordinary service to the profession and APTA early in their careers. Deidra Debnam, PT, DPT been selected by APTA North Carolina as a 2020 recipient of the APTA Emerging Leader Award. Deidra is 1 of 34 members who were nominated by their component leadership and will be recognized in the December issue of *APTA Magazine*.

Congratulations Deidra!



Thank You, Congratulations, and Good Luck to Flo Moses!



APTA North Carolina offers a ***BIG CONGRATULATIONS*** to Flo Moses, who retired from practice in September. Flo will be stepping down as Director at Large for Payer Relations, a committee she has served on for over a decade and chaired for the last three years. Flo is largely responsible for the excellent relationship APTA NC has with Blue Cross Blue Shield of North Carolina because for the last 10 years she has met with BCBS on a regular basis to represent the association, to educate and advocate for physical therapy. Flo has been previously recognized by APTA NC for her outstanding service as the recipient of the 2013 Olive Wortman Service Award, the 2012 President's Award and the 2007 Outstanding

Physical Therapist Award. Flo has been active in the Private Practice SIG, served in

leadership roles at the district level and she has presented countless times at chapter meetings.

On behalf of everyone within APTA NC, thank you Flo for all your time and effort working to advance physical therapy in North Carolina! Enjoy retirement!

Upcoming Educational Offerings

The education committee is putting the final touches on an impressive program for the 2020 virtual annual conference taking place on October 23 & 24. You can [register here](#) up until October 22nd and have an option to receive up to 18 CEU's.

To continue to add value to APTA NC membership, an online education committee has been formed with the goal of offering education year-round. *Kristel Maes, Norah Whitten* and *June Kennedy* have initiated activities to host the first online webinar in early 2021. Watch your email and the APTA NC website for announcements on upcoming programs. If you would like to request a webinar on a specific topic, please feel free to email Committee Chair, Kristel Maes at Kristel.maes@unchealth.unc.edu.

Outcome of APTA NC PAC Raffle

Thanks to everyone who participated in our APTA NC PAC Raffle! With your generous support we were able to raise \$1,680. The APTA NC PAC supports state legislators who promote our causes. Without the help of these individuals, our major legislative efforts such as the 'Spinal Manipulation Bill' would not have passed. With the funds raised from the raffle, \$250 donations were made to the following campaigns:

- Rep. John Szoka (R)
- Rep. Gale Adcock (D)
- Rep. John Torbett (R)
- Rep. Grier Martin (D)
- Rep. Joyce Krawiec (R)
- Sen. Mike Woodard (D)

Congratulations to the lucky winners of the raffle prizes: Kyle Covington (\$100 gift card to Dick's Sporting Goods), Liz Henry (\$100 gift card to REI) and Carla Hill (FitBit Charge 4).

Please consider supporting the Physical Therapy Political Action Committee and visit <https://app.mobilecause.com/form/ID-0KQ?vid=coa9u> to make a secure donation.

Sam Lucier, PT, DPT
Chair of APTA NC PAC

Reimbursement Updates

Medicaid: The Medicaid Managed Care Fireside Chat Series offered by the North Carolina Department of Health and Human Services and North Carolina Area Health Education Centers (AHEC) kicked off on October 1st. This webinar, which will *reoccur on the third Thursday of each month*, is one of two monthly evening webinar series designed to help prepare providers, practice managers, and quality managers for Medicaid Managed Care going live on July 1, 2021. More information about the webinar series is available at <https://www.ncahec.net/medicaid-managed-care/>.

Telehealth: The resources provided on the Payer Relations page at www.aptanc.org continues to be the best link for updates on policy regarding telehealth coverage. Updates are published frequently by different insurance companies.

Covid 19: The American Medical Association released a new CPT code designed for practices to report expenses incurred during a public health emergency. The following link

provides more information about the code implemented as of 9/8/20.

www.ama-assn.org/system/files/2020-09/cpt-assistant-guide-coronavirus-september-2020.pdf

For information specific to BCBSNC and the use of the new code, this link will be helpful:
<https://www.bluecrossnc.com/provider-news/information-ama-cpt-code-99072>

Federal Affairs: The [proposed Medicare Physician Fee Schedule](#) for 2021 is calling for an estimated 9% decrease in payment for codes tied to Part B physical therapist services. These cuts will do monumental damage and Congress must hear from thousands of PTs and PTA's. **Contact your members of Congress to let them know how important it is that they pass legislation before the end of this year to prevent implementation of these cuts. Go to www.APTA.org > Advocacy > and Take Action!**

In Case You Missed It

In the August newsletter the sale of the chapter office condo was announced. Staff is working virtually, and address/phone number has changed. Please make note of the new contact info:

APTA, North Carolina
3201 - 141 Edwards Mill Road #128
Raleigh, NC 27612
919- 480-5441



Our appreciation to the following companies for supporting the profession of physical therapy and for being our 2020 Virtual Conference Sponsors!!

