

Indiana Football Coaches Association

Head Coaches Manual

Bob Gaddis Executive Director

Revised January 2019

Mission Statement

The IFCA strives to promote, protect, and improve high school football in Indiana through a vigorous professional coaches organization. The IFCA serves as an educational medium for the coaches through the partnership with the Indiana High School Athletic Association (IHSAA), principals, athletic directors, officiating associations, and other related groups working for the advancement of high school football in Indiana. The IFCA encourages ethical conduct, mutual understanding, cooperation and assistance between members of the association and other individuals or groups directly or indirectly involved in the promotion of Indiana high school football. The IFCA promotes good fellowship and social contacts amongst coaches and makes special resource materials, publications, newsletters, conferences and professional development opportunities available to members in order to improve the talents and skills of the coaches.

Message from the Executive Director

Coaches,

The Indiana Football Coaches is respected as one of the best coaching associations in the state of Indiana and the USA! We have this respect because of our active members willing to work together, share ideas, and promote integrity in our sport. Our strength is membership; active, retired, high school, middle school, college, Head, and assistant coaches are all valued and active members of the IFCA. I want to encourage you to take advantage of the opportunity to join our association and get involved! Our sport and the student/athletes involved will be the ones that benefit! Coaching is an honorable profession, and I hope you help us insure the integrity and future of High School Football!

Benefits of IFCA Membership

- I. Insurance coverage for each member \$1,000,000 coverage.
- II. Membership in a progressive, professional organization.
- III. Exposure to collaboration with state and national organizations for the advancement of football in the State of Indiana.
- **IV.** Attendance at the state clinic is included in the membership cost.
 - V. The IFCA has a unique collaborative relationship with the IHSAA and hence a meaningful voice in the rules and regulations of high school football.
- VI. Up to date notification and facilitation of all state required certification requirements.
 - VII. Membership is required to nominate players for IFCA All State Selection and for IFCA All Star teams.
- VIII. The IFCA has a collaborative relationship with the IFOA (Indiana Football Officials Association).
- IX. Eligible for Years of Service Awards
- X. Opportunities for PGP points throughout IFCA Events
 - XI. Each member may nominate players for: Region All-Stars, IFCA All-State, and Academic All-State.
- XII. Each member (Head and assistant coaches) may run for IFCA board positions.
- XIII. Our Executive board has a strong working relationship with the IHSAA.
 - XIV. Weekly electronic News and Notes from Assistant Executive Director Jason Simmons. jason.simmons46062@gmail.com
- XV. Complete Website access.
 - I encourage you to help keep the sport of Football strong! Join the IFCA! It is a great deal for \$60, and membership starts when we receive membership fee!

Yours in Football, Bob Gaddis IFCA Executive Director Columbus East High School

Objectives of the IFCA

- I. To promote, protect, and improve the high school football in Indiana through a vigorous, professional coaches organization.
 - II. To serve as an educational medium for its members through the Association's involvement with the Indiana High School Athletic Association (IHSAA), Principals, Athletic Directors, officiating organizations, and other related organizations for the betterment of Indiana high school football.
 - III. To encourage ethical conduct, mutual understanding, cooperation, and assistance between member of the IFCA and other individuals and organization directly and indirectly involved in the promotion of Indiana high school football.
- **IV.** To promote good fellowship and social contacts among coaches.
 - V. To make special resources available to its members, publications, newsletters, conferences, and coaching clinics in order to improve the talents and skills of its coaches.

Region Organization

REGION 1

REGION 2

REGION 3

Andrean Boone Grove Bowmany Academy Calumet Chesterton Crown Point East Chicago Central Gary Roosevelt Academy Gary West Griffith Hammond Bishop Noll Hammond Clark Hammond Gavit Hammond High Hammond Morton Hanover Central Highland Hobart Kankakee Vallev Lake Central Lake Station Edison LaPorte Lowell Merrilville Michigan City Munster Portage River Forest South Central (Union Mills) Valparaiso Wheeler Whiting

Bremen Concord Culver Academies Culver Community Elkhart Central Elkhart Memorial Fairfield Goshen Jimtown John Glenn Knox LaVille Mishawaka Mishawaka Marian New Prairie Northridge NorthWood Penn Plymouth South Bend Adams South Bend Clay South Bend Riley South Bend St. Joseph's South Bend Washington Tippecanoe Valley Triton Warsaw Wawasee

Adams Central Angola Bellmont Bluffton Carroll (Fort Wayne) Central Noble Churubusco Columbia City DeKalb East Noble Eastside Fort Wayne Bishop Dwenger Fort Wayne Bishop Luers Fort Wayne Lutheran Fort Wayne North Side Fort Wayne Northrop Fort Wayne Snider Fort Wayne South Side Fort Wayne Wayne Fremont Garrett Heritage Homestead Lakeland Leo New Haven Norwell Prairie Heights South Adams Southern Wells West Noble Woodlan

REGION 4

REGION 5

REGION 6

Attica Benton Central Carroll (Flora) Caston Clinton Central Clinton Prairie Covington Delphi Fountain Central Frankfort Frontier Harrison (West Lafayette) Lafayette Central Catholic Lafavette Jefferson Lewis Cass Logansport McCutcheon North Judson North Newton North White Pioneer Rensselaer Central Rochester Seeger South Newton Tri County Twin Lakes West Central West Lafayette Winamac

Alexandria Anderson High Anderson Preparatory Blackford Delta Eastbrook Eastern (Greentown) Elwood Frankton Hamilton Heights Huntington North Jay County Kokomo Maconaguah Madison-Grant Manchester Marion Mississinewa Monroe Central North Miami Northfield Northwestern Oak Hill Peru Southwood Taylor Tipton Tri Central Wabash Wes-Del Western Whitko Winchester Yorktown 34

Avon Brownsburg Cascade Cloverdale Crawfordsville Danville Eastern Greene Edgewood Greencastle Lebanon Linton-Stockton Martinsville Monrovia Mooresville North Central (Farmersburg) North Montgomery North Putnam North Vermillion Northview Owen Valley Plainfield Riverton Parke Rockville South Putnam South Vermillion Southmont Sullivan Terre Haute North Traders Pt Christian--2018 Terre Haute South Tri West Hendricks Turkey Run West Vigo Western Boone Zionsville

REGION 9

Beech Grove Ben Davis **Brebeuf Jesuit Preparatory Covenant Christian** Decatur Central Franklin Central Heritage Christian Indiana School for the Deaf Indianapolis Arsenal Technical Indianapolis Bishop Chatard Indianapolis Broad Ripple HS for Performing Arts Indianapolis Cardinal Ritter Indianapolis Cathedral Indianapolis Emmerich Manual Indianapolis George Washington Indianapolis Howe Community Indianapolis Lutheran Indianapolis Marshall Indianapolis Northwest Indianapolis Scecina Memorial Indianapolis Shortridge Lawrence Central Lawrence North North Central (Indianapolis) Park Tudor School Perry Meridian Pike Roncalli Southport Speedway **Tindley Accelerated** Trader's Point Christian Triton Central Warren Central

Cambridge City Carmel Center Grove Centerville Connersville Eastern Hancock Fishers Franklin Greenfield Central Greenwood Guerin Catholic Hagerstown Hamilton Southeastern Knightstown Lapel Monroe Central Mt. Vernon (Fortville) New Castle New Palestine Noblesville Northeastern Pendleton Heights Richmond Shelbyville Shenandoah Sheridan Tri Union City Union County Westfield Whiteland

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Boonville Castle Evansville Bosse Evansville Central Evansville Harrison Evansville Mater Dei Evansville North Evansville Reitz Evansville Reitz Memorial Forest Park Gibson Southern Heritage Hills Jasper Mt. Vernon (Posey) North Daviess North Knox North Posey Perry Central Pike Central Princeton South Spencer Southridge Springs Valley Tecumseh Tell City Vincennes Lincoln Washington Wood Memorial

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-28

REGION 10

Batesville Bedford North Lawrence **Bloomington North** Bloomington South Brown County Brownstown Central Charlestown Clarksville--Not a Member Columbus East Columbus North Corydon Central Crawford County East Central Eastern (Pekin) Edinburg Floyd Central Franklin County Greensburg Indian Creek Jeffersonville Jennings County Lawrenceburg Madison Milan Mitchell New Albany North Decatur North Harrison Oldenburg Academy Paoli Providence Rock Creek Academy--2018 Rushville Salem Seymour Silver Creek

MPORTANT CONTACTS

I<u>HSAA</u>

I

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IFCA Executive Board

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Director of Safety and Development Kurt Tippmann Ft.Wayne Snider HS kurt.tippmann@fwcs.k12.in.us

Ethics Chairman Bill Sharpe IFCA Retired bsharpe@baugo.org 2019-2020

IHSAA Summer Rules

15-3.1 During Summer

- I. Whether Summer athletic activities are sponsored by a member School or a non-school organization, students may participate so long as participation is voluntary.
- II. If a member School sponsors athletic activities for its student athletes at the School during the summer, such athletic activities may only be conducted in an Open Facility program, except for summer athletic competitions, which may be conducted outside of an Open Facility program.
- III. See definition of summer for beginning and ending times. The foregoing notwithstanding, Summer Conditioning Program may extend through Saturday of Week 4.

15-3.3

- I. Football A School, and players from the School's football program, may participate in Football Activities (participation in any football related activities while wearing helmets or shoulder pads) under the following standards:
 - A. Students may not participate in any Full Contact Football Activities (any intentional football activity by a player where the goal is to take One (1) or more competing players to the ground as the result of a collision) during the summer.
 - B. Schools may sponsor up to Twelve (12) Football Activity Days (a day when a school's football coaching staff coaches Two (2) or more players from the school's football team engaged in Football Activities) during the summer.
 - C. A School's Football Activity Days may include up to Five (5) Football Competition Days (a day when a School's football coaching staff takes Two (2) or more players from a School's football team to either Practice with or compete against One (1) or more players from another School or program). The maximum time for a School's Football Activity Day held at a member-School facility will be Three and one-half (3 1/2) hours of activity over a five (5) hour period.

- D. A student's football equipment during Summer Football Activities is limited to a helmet, shoes, shoulder pads, a girdle and a mouthpiece.
- E. A student may engage in no more than One (1) session of Football Activities during a Football Activity Day and the maximum time of the session is two (2) hours.
- F. Prior to the first day of summer, a School's football coaching staff must designate to the School's athletic director or the principal the specific Football Activity Days and the Football Competition Days in which the football program plans to participate.

Levels of Contact

1.	Walk Thru	Walking pace, run the play, get your read and lane fit
2.	Air	Full speed drills on air
3.	Pads	Full speed drills vs. hand shields or other pads
4.	Control	Full speed, one side of the ball is the predetermined winner, both sides stay off the lower body and stay off the ground
5.	Tag Off	Full speed, defense tags off and avoids contact with the ball carrier and the ball carrier finishes the play
6.	Thud	Full speed, defense stops the ball carrier without going to the ground, defense and offense will stay off the lower body
7.	Live	Full go to the ground/whistle

Moratorium

15-3.4

I. Moratorium: Each member School shall observe a moratorium week starting on Monday of the week which includes July 4th, either IHSAA calendar Week 52 or Week 1. During this Seven (7) day period, there shall be no contact between athletes and coaches, and no athletic activities, including conditioning conducted.

IHSAA Pre Season Rules

54-4

- I. All organized football Practices by players or teams shall be limited to the period beginning Monday of IHSAA calendar week 5 and terminating on the date the team is eliminated from the Football Tournament Series.
 - A. On the first (1st) day of football Practice there cannot be full contact (any intentional football activity by a player where the goal is to take one or more competing players to the ground as the result of a collision), and the player's protective equipment is limited to helmet, shoes, girdle and mouthpiece. The total time on the field cannot exceed Two and one-half (2¹/₂) hours.
 - B. On the second (2nd) and third (3rd) days of football Practice, there cannot be full contact and the player's protective equipment is limited to helmet, shoulder pads, shoes, girdle and mouthpiece. If multiple Practice sessions are held on a single day, the total time on the field cannot exceed Three (3) hours, but if there is only One (1) Practice session, the total time on the field cannot exceed t
 - C. On the fourth (4th) day of football Practice, and later, there can be full contact and players can have full pads. If multiple Practices are held on a single day the total time cannot exceed Five (5) hours, but if there is only one (1) Practice session, the total time on the field cannot exceed Three (3) hours.
 - D. Beginning Monday of IHSAA calendar week 5:
 - (1) There can be no more than Two (2) Practice-sessions per day.
 - (2) There cannot be back-to-back calendar days having two (2) practice sessions on a single day.
 - (3) After the third (3rd) day of Practice, if there are two (2) practice-sessions on a single days.
 - a. There can be only One (1) full contact/full padded Practice session.
 - b. The break between Practices must be at least Three
 (3) hours in duration and during the break there cannot be player physical exertion.
 - c. During the break a classroom instruction session, not to exceed Forty-five (45) minutes, is permitted.

- d. During the break an indoor walkthrough session in a climate-controlled environment, not to exceed Forty-five (45) minutes, is permitted.
- (4) On One (1) practice session days an outdoor walkthrough session with no protective equipment worn, not to exceed a forty-five (45) minutes, is permitted provided the walkthrough session ends at least Three (3) hours before the Practice begins, or starts no sooner than Three (3) hours after the Practice ended.

54-5

I. All member School pre-season football Practices held prior to the first authorized Contest date shall be held on the regular Practice/play football facility under the direct supervision of the member Schools coach/es.

54-6

- I. A School may schedule one football Controlled Scrimmage with another IHSAA member School. A football Controlled Scrimmage between IHSAA member Schools shall be permitted on Friday or Saturday, Week 6.
- II. A football Controlled Scrimmage does not count as a Practice or as an interschool Contest. A football Controlled Scrimmage may not be scouted by anyone not affiliated with a team participating in the football controlled Scrimmage.

54-7

Ι.

- A School may schedule one football Jamboree between three (3) or more IHSAA member Schools. A football Jamboree does not count as a Practice, but does count as an interschool Contest.
 - A. Only students who have full athletic eligibility may participate in a football Jamboree.
 - B. A football Jamboree may not be scouted by anyone not affiliated with a team participating in the football Jamboree.

54-8

I. During a school year a School may participate in either a) a football controlled Scrimmage between two (2) member Schools or b) two (2) quarters in one Varsity football Jamboree.

I. The last date for ninth grade and reserve football is Thursday, Week 16.

Non-School Sponsored Participation

15-1.2

- I. Team Sports (Baseball, Basketball, Football, Soccer, Softball and Volleyball)
 - A. Participation by a student in any organized non-school sports competition during the authorized contest season, or at any time prior to the conclusion of the student's participation in the IHSAA the IHSAA Tournament Series, in that sport shall cause such students to become ineligible for their school team in that sport for a period not to exceed three hundred sixty-five (365) days as Determined by the Commissioner.
 - B. Student-athletes may receive a Lesson so long as:
 - 1. It is not mandated, scheduled or paid for by the school.
 - 2. No School Practices or competitions are missed.
 - 3. No member of the School's coaching staff who provides a lesson is compensated for the lesson beyond the compensation the coach earns from the School.
 - 4. Participation of students in an organized athletic Competition with or against athletes not belonging to their School constitutes a game.
 - a. An organized "scrimmage" or Practice with or against athletes not belonging to their School is considered a game.
 - C. Students who participate in an interschool Contest when ineligible other than in scholarship, too many events or similar over sights, become ineligible only in that sport for a time period not to exceed three-hundred sixty-five (365) days to be determined by the Commissioner or his designee.
 - 1. When facts are purposely withheld or misrepresented, students become ineligible in all sports for the remainder of the semester and all of their next semester in school unless the school takes appropriate action as determined by the Commissioner.

- D. Coaches of grades 9-12 may not coach organized non-school sports competition during the Authorized Contest Season in that sport in grades 9-12.
- E. Students may not participate in try-outs or demonstrations of athletic ability as a prospective college student-athlete.
- F. Students may not participate in athletic activities, tryouts, auditions, practices and games held or sponsored by nonprofessional athletic organizations, clubs, or their representatives during the contest season.
- G. An ineligible student may Practice with the team, but only at home in regular practices.
- H. The ineligible student may not appear in an athletic uniform at an interschool contest.

Off Season Rules

The IHSAA has implemented limited contact rules for the off season in all sports. There are two such periods that football coaches are allowed to work with their players on specific football fundamentals. The first window for football starts Dec. 3, 2018 and runs through February 2nd. The second period runs from April 1 to May 11.

Limited Contact Rules:

You can practice for up to 2 hours 2 days a week with footballs and other practice equipment involved. You CANNOT split this time and bring linemen in for two hours two times a week and skill players in on two different days. The time and day allotment is for your entire program.

Football and practice equipment may be used. No protective equipment may be used.

The specific wording for the By-Law is below.

Limited Contact Program: During the School Year Out-of-Season, a program of School sponsored athletic activities in which a student, who participates in Team Sports, may have contact with a coach, provided it occurs in a School's gymnasium, playing field or other School facility, open for athletic participation, on a voluntary basis, to (i) all students who attend the School, and (ii) all students who attend a Feeder School of the School sponsoring the program.

15-2.5 Limited Contact Program During the School Year Out-of-Season a student who participates in Team Sports may participate in a Limited Contact Program; a Limited Contact Program is a program in which the use of the School's gymnasium, playing field or other school facilities is open only to students who attends the School, or a Feeder School of the School sponsoring the program, is open to all such students and participation is on a voluntary basis. Rule 15 -Participation 56 a. Limited Contact Program sessions for Team Sports may be conducted a maximum of Two (2) times per week for a maximum of Two (2) hours per session. b. At a Limited Contact Program session, a School Team Sports coach may supervise the programs, communicate with students, offer instruction and work directly with all out-ofseason athletes, may use all equipment related to the sports, i.e. balls, goals, nets, etc., provided that: (1.) the program must be open to all students of the member School; (2.) attendance and participation must be voluntary and not required by the member School coach for membership on a particular sports team, and (3.) participation in a Limited Contact Program session by a student in Team Sports is limited to the following periods of time: Limited Contact Program Start Date End Date Fall Season Monday of Week 9 Saturday of Week 15 Winter Season Monday of Week 23 Saturday of Week 31 Spring Season Monday of Week 40 Saturday of Week 45 c. Exception: Students in Team Sports who participate in a Limited Contact Program which immediately precedes that Team Sports' season may continue to participate in the Limited Contact Program until that Team Sports' first official practice date, i.e. a girls basketball player participating in the Fall Season Limited Contact Program may continue participation in the Limited Contact Program until the first official practice day for girls basketball.

2016 2017 11/18 11/25 11/26 3/9-11 11/26 8/1 8/4 11/4 12/2 11/11 10/21,28 7/13 7/14 YEARLY DATES 2017 2018 7/31 8/3 11/25 11/24 11/25 3/8-10 11/10 7/13 121 11/17 11/3 7/12 10/20,27 2018 2019 3/7-9 11/30 11/24 11/24 11/23 8/2 11/6 11/9 11/2 7/30 10/19/26 Pass President's Meeting Semi-State (A-5A) All State Selection Meeting State Finals----1A, 3A, 5A State Finals—2A, 4A, 6A Semi-State (6A) Sectionals (A-5A) First Practice (Non Contact) All Star Banquet IFCA Clinic IFCA Board Meeting Regionals (A-5A) Regionals (6A) First Practice (Contact) Community Chrysler North/South IFCA Board Meeting All Star Selection Meeting All Star Game LOCATION Crossing Sheraton--Keystone at th Crossing Sheraton--Keystone at th Omni Hotel—Indianapolis Lucas Oil Stadum Lucas Oil Stadium North Central High Schoo Primo's South Crossing Sheraton--Keystone at th

IMPORTANT DATES

IFCA CLINIC

The IFCA Clinic is an annual educational opportunity provided by the Association to its paid members. The clinic is included in the membership costs and provides an opportunity for coaches to grow personally and professionally. Through the clinic, the IFCA has provided opportunities for its members to hear from member of the Indianapolis Colts coaching staff, top college coaches from around the Midwest, and some of the top high school coaches in the State of Indiana. The clinic is an annual event scheduled to take place in March at the Sheraton at Keystone at the Crossing over the next several years. The IFCA State Clinic is Co-Chaired by Bob Prescott, Peru High School, and Rick Wimmer, Fishes High School.

IFCA Camp Insurance

Loomis and LaPann is the insurance administrator of our coaches association. If you are having a camp this year and have not contacted them, please remember them for your camp insurance needs if you need them. Please use the below link. (http://email.instantbusinessresources.com/wf/click?upn=uk1nOy6jO32Jc9pnqU1tG5w-2F-2FhSsImW5CJWBmj TY4yvReqZeBvulMLs6DD8GgGZZJzow7bjiK1-2BJIs27SxeHOPIMsChHei0XeoCV0AmqZc-3D_zkiL6ill8 ZI-2FPgzVfdGQFHzbGbpNIPpBJwOq1yIBW4wkyz0zhr6hhgXBbAsxDNfB-2FIqAkycjbWHtRP-2FZg0z2mZ mFWgKAN-2F-2BHPckKhfo1-2BO6Duw4tSUbngR8b-2F1dnMK5jskfHJDNkQq5tVa52grtuFvZmL7M6YuY TSaQrWKIylbg-2BH1uZB4Qx1xHvzDIDUU9H1Wf-2B6Xzd-2B3Iwbw0I7MsZgTqDGn6VsmdcHDWmFRaLT

dC4O4ah4BTxsImhyCKIsD4EX6kcWTBKnH8td1wulHiLBbI-2BjT5tDHMYQIMC6R2Sot0zjjkz52n8-2B5UXY 0qeV9AFLYzRIA4XoycjY3IpYSq-2F2EnII7mMVRF-2Fp-2Fa70dbs6MqONW0vzsVoBTrFlbvkIDD9tjz5Z0b5z YnJi-2F936xyQYekKuo4Ht2E3jwblL5-2Fk-2Bx0f0DZtAmJI08MMeydcWsiNiPeTPKpHSX9mrSb5i-2FIrG6s 4eK8Zupc1IPphNcCCEwrlycZFNGh5oQ9rw-2Fx6ZAb3odLwL6tspdIfOhV5IVeHLQ-3D-3D

Certifications

Every high school football coach in the state of Indiana must complete the requirements of the State Educational Agency (SEA 222) effective July 1st, 2014. The course provides a two-year certification for Indiana High School Football Coaches. This certification also meets the requirements of the IHSAA.

<u>SEA 222</u>

Components:

Introduction, Equipment Fitting, Tackling Technique, and Closing Concussion in Sports Heat Illness Prevention Sudden Cardiac Arrest

Location:

NFHSIearn.com/home/coachingrequirement *Concussion in Sports, Heat Illness Prevention and Sudden Cardiac Ar rest are located at the bottom of this page NFHSIearn.com/home/coachingrequirement Select a State – Indiana Indiana Football SEA 222 – Click on View Course Click on Order Course (It is Free) link: https://nfhslearn.com/home/coaches

Cost:

All of these courses are currently free of charge

All State Selection Process

Go to the website: http://ifca.net and complete the process for All State selection. The website will automatically submit your nomination to the proper sectional representative for consideration.

Academic All State Selection Process

Go to the website: http://ifca.net and complete the process for Academic All State selection. The website will automatically submit your nomination to the proper representative for consideration.

Colts All State Selection Process

Go to the website: http://ifca.net and complete the process for the Colts All State Academic Team. The website will automatically submit your nomination to the proper representative for consideration.

All Star Selection Process

Go to the website: http://ifca.net and complete the process for All Star selection. The website will automatically submit your nomination to the proper representative for consideration.

For Region Directors:

- · Go to IFCA.net
- Click Login bottom of page
- · Enter:
- · Username: regiondirector
- · Password: AllStarVoting2019

 \cdot Will take you directly to an All Star Nominations Table which can be sorted by Region, Position, etc. Table will update every time a player is entered anywhere in the state.

Etchison Scholarship Selection Process

Go to the website: <u>http://ifca.net</u> and complete the process for the Hub Etchison Scholarship. The website will automatically submit your nomination to the Chariman of the scholarship committee.

NCAA Compliance and Recruiting Regulations

NCAA Sliding Scale for Compliance (Effective August 1st, 2016)

	SAT (Math and	
Core GPA	Verbal Only)	ACT Sum
3.550 & Up	400	37
3.525	410	38
3.5	420	39
3.475	430	40
3.45	440	41
3.425	450	41
3.4	460	42
3.375	470	42
3.35	480	43
3.325	490	44
3.3	500	44
3.275	510	45
3.25	520	46
3.225	530	46
3.2	540	47
3.175	550	47
3.15	560	48
3.125	570	49
3.1	580	49
3.075	590	50
3.05	600	50
3.025	610	51
3	620	52
2.975	630	52
2.95	640	53
2.925	650	53
2.9	660	54
2.875	670	55
2.85	680	56
2.825	690	56
2.8	700	57
2.775	710	58

	SAT (Math and	
Core GPA	Verbal Only)	ACT Sum
2.75	720	59
2.725	730	60
2.7	740	61
2.675	750	61
2.65	760	62
2.625	770	63
2.6	780	64
2.575	790	65
2.55	800	66
2.525	810	67
2.5	820	68
2.475	830	69
2.45	840	70
2.425	850	70
2.4	860	71
2.375	870	72
2.35	880	73
2.325	890	74
2.3	900	75
2.299	910	76
2.275	910	76
2.25	920	77
2.225	930	78
2.2	940	79
2.175	950	80
2.15	960	81
2.125	970	82
2.1	980	83
2.075	990	84
2.05	1000	85
2.025	1010	86
2	1020	86

NCAA Recruiting Guide

The NCAA Recruiting calendars vary per division. The link below takes to a website that can assist with the understanding of what is permitted and the calendar that all of the levels adhere to in recruiting.

http://www.ncaa.org/student-athletes/resources/recruiting-calendars?division=d1

NCAA Eligibility Center

Indiana High School Football players that want to further their playing careers need to go through the NCAA Eligibility Center for initial eligibility. It is recommended that student-athletes start this process in their junior year. This site can provide a list of accepted core classes and the pathways for student-athletes to obtain initial eligibility at the next level.

http://web3.ncaa.org/ECWR2/NCAA_EMS/NCAA.jsp

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