
TimeBanksNYC Resource List

NON-MONETARY EXCHANGE IN NYC

NYC-BASED BARTER NETWORKS, TIMEBANKS & LOCAL CURRENCIES

ArchCare TimeBank

ArchCare, one of New York's largest and most dynamic healthcare systems, is pleased to sponsor the **ArchCare TimeBank**. Enrollment sessions for new members will begin in November and former TBNYC members are invited to transfer their hours to the ArchCare TimeBank.

eMail: archcaretimebank@archcare.org

Ourgoods

A barter network for the creative community, in which members trade skills, spaces and objects to get work done without money.

eMail: info@ourgoods.org

Women of Color Solidarity Economy and Barter Network

For women who want to build an interconnected socioeconomic community for traditional sharing, bartering, lending, trading, gifting, and swapping.

eMail: info@blackwomensblueprint.org

WomanShare

A time exchange network of and for women which is mainly active in Manhattan.

eMail: ninak223@aol.com

EFLUX TimeBank

An international timebank with a branch in NYC run by arts organization EFLUX.

eMail: [contact form](#)

The Brooklyn Torch

A local currency project providing a paper means of exchange in North Brooklyn that circulates and supports the resident community.

eMail: committee@brooklyntorch.org

OTHER ALTERNATIVE EXCHANGE OPPORTUNITIES

GROWNyc's Stop and Swap

Bring clean, reusable, portable items such as clothing, house wares, games, books, & toys that you no longer need, and take home something new-to-you, free.

eMail: [contact form](#)

Materials for the Arts

Collects unneeded items from businesses and individuals, and makes these donations available for free to its recipients: nonprofit organizations with arts programming, government agencies, and public schools.

[Receive Application/Give Application](#)

Freecycle

An innovative project that harnesses the power of e-mail to connect people with things they want to throw away with others who can use those things. Any member of the community can post an item they'd like to give away, or an item they are seeking. The one golden rule: Every item posted must be free.

Join: [NYC \(general\)](#), [Brooklyn](#), [Queens County](#), [Bronx](#), [Staten Island](#).

The Really, Really Free Market

Free clothing, books, household items, toys, workshops, music, food and fun! Last Sunday of every month, 3-7pm.

Judson Memorial Church, 55 Washington Square South.

eMail: getyourfreeon@gmail.com

FAB NYC Load Out

Once a year event: Take home all the donated costumes, props, and furniture you can carry - bring bags and carts to transport your findings, if necessary.

The general public will be charged a \$5 entrance fee to participate. Artists participate for FREE.

eMail: LoadOUT@fabnyc.org

NYC Stuff Exchange

This website offers a quick and simple way for NYC residents to search for places in their neighborhood and throughout the city where they can

donate, sell, buy, rent or repair antiques, vintage items, artifacts and other gently used goods (including high-end and designer products).

eMail: [contact form](#)

NYC Waste Match

A free service, created and funded by the NYC Dep't. of Sanitation, which facilitates the exchange of used and surplus goods and equipment from organizations that no longer need them to other entities that do.

RecycleNet: Offers a variety of services related to secondary commodities and the recycling industry. The focus is on operating 3 main programs:

- [The Recycler's Exchange](#), a Buy/Sell/Trade matching service for scrap, waste or by-products.
- [ScrapIndex.com](#), a scrap commodity price information service.
- [ROCs](#), an innovative program designed to promote recycling with Recycling Offset Credits.

eMail: [contact form](#)

ADDITIONAL RESOURCES ON ALTERNATIVE EXCHANGE

Arts and Labor: What do we do now?

Alternative economic resource guide from the Arts and Labor working group.

[More Info](#)

Solidarity NYC

Connects, supports and promotes NYC's Solidarity Economy.

eMail: info@solidarity.org

NATIONAL RESOURCES ON TIMEBANKING

HourWorld

An open-source software for timebanking and advice on starting our own.

TimeBanks USA

A nationwide directory of timebanks, open-source software, & advice on starting your own.

Dane County Timebank

Advice and tools for starting and maintaining a timebank.

FREE, OR NEARLY FREE, SERVICES IN NYC

This list is a small sampling based on popular categories of the former TimeBanksNYC marketplace.

THE ARTS

Dep't. of Cultural Affairs (DCLA)

Dedicated to supporting and strengthening NYC's vibrant cultural life.

New York Public Library

See [calendar](#) for ongoing free arts and crafts classes and programming.
eMail: [Ask A Librarian](#)

Brooklyn Public Library

See [calendar](#) to find ongoing free arts and crafts classes and programming.
eMail: [Ask A Librarian](#)

Queens Public Library

Ongoing free arts and crafts and computer [classes](#).
eMail: [Ask A Librarian](#)

Free Arts NYC

Provides underserved children and families with a unique combination of educational arts and mentoring programs that help them to foster the self-confidence and resiliency needed to realize their fullest potential.
eMail: info@freeartsnyc.org

Cool Culture

Cool Culture helps over 50,000 income-eligible families access and enjoy 90 of NYC's world-class cultural institutions for free, providing children with experiences that improve literacy and learning.
eMail: info@coolculture.org

The Poetry Project

Promotes, fosters and inspires the reading and writing of contemporary poetry. See [calendar](#) for free workshops and weekly readings.

eMail: info@poetryproject.org

BUSINESS & HOME OFFICE

NYS Small Business Development Center

Delivers free high quality business counseling and training to New Yorkers who want to [start a business](#) or [improve the performance of an existing business](#).

OccuCopy

A worker's cooperative specializing in printing. We work for a wide variety of activists, non-profits, artists, musicians, small businesses, cooperatives, law firms, political campaigns.

US Postal Service

Schedule a free package pickup at your home or office.

UPS

Schedule a free package pickup at your home or office.

FedEx

Schedule a free package pickup at your home or office.

COMPUTER & INTERNET TECHNOLOGY

NYC Dep't. for the Aging

Information on free computer classes, and free computer access in NYC.

New York Public Library

Ongoing [computer classes](#), or [reserve a computer](#).
eMail: [Ask A Librarian](#)

Brooklyn Public Library

Ongoing [computer classes](#).
eMail: [Ask A Librarian](#)

Queens Public Library

Ongoing [classes](#) for various levels of computer literacy, or [reserve a computer](#).
eMail: [Ask A Librarian](#)

ABCNoRio

Collectively-run center for arts and activism. Ongoing [computer center](#). See [calendar](#) for schedule information.

EDUCATION, WORKSHOPS, & CLASSES

Shape-up NYC Offers free fitness classes taught by expert fitness instructors every week at dozens of locations across the 5 boroughs.

The Commons

Hosts events curated by the progressive community, from parties and benefits to forums, performances, films, lectures, classes, and workshops. See [calendar](#) for schedule of events.

eMail: info@thecommonsbrooklyn.org

Anhoek School

An radical/alternative Brooklyn school that offers classes based on horizontal methods of pedagogy, for barter.

eMail: info@anhoekschool.org

Brooklyn Skillshare

Community-based and community-led community-building learning events organized and taught by Brooklyn residents. FREE to the public.

eMail: brooklynskillshare@gmail.com

Platform for Pedagogy

Group that publicizes and promotes public lectures, symposia and related cultural events in and around NYC, aiming to cultivate cross-disciplinary lecture attendance and open institutions to larger and more diverse publics.

eMail: kontakt@platformed.org

The Public School

An open-source educational program. Classes are free and organized by participants, mostly held in Greenpoint.
eMail: thepublicschoolny@gmail.com

Trade School

A self-organized learning space that runs on barter. Rather than paying for classes with money, sign up for classes by meeting your teacher's barter requests.

eMail: [join](#)

Interference Archive

Exploring the relationship between cultural production and social movements; this work manifests in

public exhibitions, a study and social center, talks, screenings, publications, and workshops.

eMail: info@interferencearchive.org

Meetup.com

Helps groups of people with shared interests plan meetings and form offline clubs in local communities around the world.

GARDENING

GreenThumb NYC

A division of the NYC Dep't. of Parks and Recreation dedicated to supporting community gardens & school gardens, assisting over 600 gardens and nearly 20,000 garden members throughout NYC. In addition to helping groups purchase plants, the program also provides materials such as tools and mulch, and technical assistance like educational workshops. It is also working with gardens on environmental initiatives such as capturing rainwater.

eMail: greenthumbinfo@parks.nyc.gov

NYC Community Gardens Coalition

Promotes the preservation, creation, and empowerment of community gardens through education, advocacy, and grassroots organizing. General meetings are open to all and held on the third Thursday of every month.

eMail: [contact form](#)

Oasis NYC

Provides free community maps for NYC, helping users develop a better understanding of their environment with interactive maps of open spaces, property information, transportation networks, and more. [Search](#) for community gardens near you.

596 Acres

Online tools neighbors can use to clear hurdles to community land access, turning city data into information about particular pieces of land and connecting people to one another through simple social networking functions.

eMail: [contact form](#)

Bushwick Eco Action Network

An umbrella organization that seeks to network and connect individuals and groups to the environmental advocacy efforts in Northeast Brooklyn.

Seeding the City

Green roofs provide cleaner water, cleaner air, and more insulation while also being relatively inexpensive and fun to install. Individuals can join the [Seeding the City network](#) by installing green roof modules on their buildings.

eMail: eve@seedingthecity.org

HEALTH & WELLNESS SERVICES

Artist Access at Woodhull Medical Center

Allows artists and performers to trade their creative services for medical care. After completing the application process, Artist's Access gives artists the equivalent of \$40 in health care services for each hour of creative work they perform at the hospital.

eMail:

timothy.mcdonough@woodhullhc.nychc.org

NYC Free Clinic

Provides no-cost healthcare services, including primary care, specialty referrals, counseling, and patient education; prescription drugs at a significantly reduced cost; and free crucial social services, such as screening and registration for government health insurance and entrance into job placement and training programs.

Brooklyn Free Clinic

A student-run organization that provides free healthcare to the uninsured in Brooklyn. Under the guidance of volunteer physicians and faculty advisors, students help provide care and health maintenance screening to patients and make referral to a network of specialists who have volunteered to treat patients for free. Appointments are Wednesdays from 5-7pm. Walk-ins must arrive by 5pm.

[Request an appointment](#)

HEALTHY FOOD SUPPORT & NUTRITION

NYC Food

Information on NYC [food assistance programs](#) for children, seniors and adults.

NYC Food Bank

Organizes food, information and support for community survival and dignity. Programs Include:

- **Food Program Locator:** Find a soup kitchen, food pantry, senior center, afterschool and summer programs, low-income daycare centers, Open Market Backpack programs for children, shelters, rehabilitation centers and youth programs citywide.
- **Summer Meals:** The Food Bank works with the NYC Dep't. of Education to make sure children have access to the Summer Food Service Program (SFSP) to replace the free and reduced-price school meals received during the school year.
- **Food Stamps:** The federal Food Stamp Program is a simple, dependable way to buy food.
- **Free Income Tax Services:** Last year, the Food Bank For NYC helped get New Yorkers more than \$60 million they were owed in tax refunds and credits.
- **Other Resources:** Browse our collected links to access other resources available to New Yorkers in need from job training and legal assistance to meal delivery, utility assistance and more.

City Harvest

Exists to end hunger in communities throughout NYC through food rescue and distribution, education, and other practical, innovative solutions.

Just Food

Empowers and supports community-led efforts to increase access to locally grown food by providing training and education to community members, helping them launch projects like farmers' markets and CSAs and providing education in basic culinary and urban agriculture skills, especially in under-served neighborhoods.

eMail: info@justfood.org

Rockaway Rescue Alliance – Shore Soup Project

A grassroots community group increasing healthy food access for the Rockaways.

Food Not Bombs

Free, vegan (non-meat & non-dairy) hot meals served weekly. Locations:

- **Manhattan:** [Lower East Side](#) and [Harlem](#)
- **Brooklyn:** [Bedford-Stuyvesant](#)

The Kitchen Table

A [Community Supported Kitchen](#) and a [Community Supported Agriculture](#) project. Visit their website for more information on CSKs and CSAs, and how to start your own.

eMail: hello@communitysupportedkitchen.org

Our Zoko

Online tool for organizing food-sharing groups.

REPAIRS

Fixer's Collective

To increase material literacy in the community by fostering an ethic of creative caring toward the objects in our lives. Every third Thursday of the month, and rotating events.

eMail: info@fixerscollective.org

Pop-Up Repair

Theater artists challenge the cycle of use and discard. Bring in your broken items and fix or repurpose them together!

SENIOR PROGRAMS & SERVICES

NYC Dep't. For The Aging

Works for the empowerment, independence, dignity and quality of life of NYC's diverse older adults and for the support of their families through advocacy, education and the coordination and delivery of services.

Retired and Senior Volunteer Program

Recruits, trains, and places volunteers over 55 at community-based organizations throughout the NYC.

eMail: info@cssny.org

DOROT

Alleviating social isolation among the elderly and providing services to help them live independently as valued members of the community. Serves the Jewish and wider community, bringing the generations together in a mutually beneficial partnership of elders, volunteers and professionals.

TRANSPORTATION

Access-A-Ride (AAR) Paratransit Services

Shared-ride, door-to-door, and feeder para-transit service in NYC, and within a three-quarter-of-a mile corridor beyond fixed-route service across the NYC borderline to nearby areas of Nassau and Westchester counties.

Download [PDF Application](#).

eMail: [contact form](#)

511NY Rideshare

NY State DoT: regular commuting, local + regional trips.

RightRides

A non-profit organization that offers free late-night rides home to women and LGBTQ individuals on Friday and Saturday nights.

Rideshare boards for local commuting, regional, and long-distance trips: [Craigslist](#), [Carpool World](#), [RideJoy](#), [eRideShare](#).

Time's Up! Bike Co-op

Free repair classes, drop-in hours, & free "recycled" bicycles, free youth programs.

eMail: [contact form](#)

Recycle-A-Bicycle

Youth programs: earn-a-bike, summer jobs, free bike building & repair workshops, and **adult education:** free bike building & repair workshops.

eMail: [contact form](#)

COMMUNITY SERVICES & VOLUNTEER OPPORTUNITIES IN NYC

NYC Service

NYC Service is the area's designated Regional Volunteer Center focusings on 12 strategic programs and 20 volunteer impact initiatives that will expand outreach to individuals, government,

organizations and corporations to help all New Yorkers to volunteer.

eMail: [contact form](#).

Materials for the Arts

Collects unneeded items from businesses and individuals, and make these donations available for free to its recipients: nonprofit organizations with arts programming, government agencies, and public schools.

Visions/Services for the Blind & Visually Impaired

Develops and implements programs to assist all that are blind or visually impaired and to educate the public to understand their capabilities and needs.

NYC Rescue Mission

Provides help and hope for hungry, homeless, hurting men and women of NYC.

Brooklyn Community Services

Building a Better Brooklyn, by strengthening families, helping children and youth reach their full potential, and supporting adults in leading productive, fulfilling lives.

Theater for the New City

Develops theater audiences and inspires future theater artists from the often-overlooked low-income minority communities of NYC by producing minority writers from around the world and by bringing the community into theater and theater into the community through many free festivals.

Million Trees NYC

Citywide, public-private program with an ambitious goal: to plant and care for one million new trees across the City's five boroughs over the next decade.

eMail: info@milliontreesnyc.org

Pajama Program

Provides new pajamas and new books to children in need.

eMail: info@pajamaprogram.org

Metropolitan Hospital Center

Community hospital that provides state-of-the-art care and leading edge technology in a modern environment.

Lotus Music & Dance

Multicultural dance association in New York, offering lessons, workshops and

performances of traditional ethnic forms of dance and music.

eMail: info@lotusmusicanddance.org

Sustainable Flatbush

Brings neighbors together to discuss, educate, and advocate for sustainable living in our Brooklyn neighborhood and beyond.

eMail: [contact form](#)

Green Earth Urban Gardens Inc.

Promotes social and environmental solutions through urban agriculture and therapeutic gardening benefiting the diverse community including access to healthy local food to soup kitchens, and food pantries. Also Advocates for outdoor/indoor gardening access to seniors and special needs youth and Provides employment and community Service hub for high school students. Volunteer center for local beautification projects.

eMail: [contact form](#)

New York Public Library

Citywide locations.

Korean American Family Service Center

Working to stop domestic violence and sexual assault, empower and support the Asian and Korean American community.

Compost for Brooklyn

Empowers city residents to sustainably reduce waste and cultivate healthy urban ecosystems by offering free community composting, planting urban gardens, and teaching workshops.

eMail: compostforbrooklyn@gmail.com

El Museo del Barrio

NYC's only Latino museum dedicated to Puerto Rican, Caribbean, and Latin American art.

eMail: info@elmuseo.org

Minus the Box

Creates a safe and inclusive space where people of diverse backgrounds can come together to respectfully share ideas, inspire, and learn from each other.

eMail: minustheboxmag@gmail.com

New York African Chorus Ensemble Inc.

An organization which, among other things, employs the arts as a tool to combat the issues of racial, ethnic, and religious violence in our community. Host parent company of NYC's Multicultural Festival.

eMail: info@nyafricanensemble.com

Hudson Guild

Creates and sustains a strong, effective community that acknowledges and responds to the potential, achievements and interdependence of its diverse members. Rooted in and primarily focused on the Chelsea neighborhood, it seeks to empower all individuals and families to achieve their highest potential, while maintaining a priority focus on those in economic need.

eMail: info@hudsonguild.org

Project Find – Hamilton House Senior Center

Provides older New Yorkers with the services and supports necessary to live enriched independent lives in the community. Hamilton House is a permanent resource for affordable housing designated for adults who are 62 years of age and older who earn less than 80% of Area Median Income.

Millennium Development – Midwood Senior Center

Enhances the community by cultivating and challenging the minds of today's youth, empowering families, encouraging and supporting the wellbeing of active adults and advancing their participation in all aspects of community life.

Stanley Isaacs Neighborhood Center

A major multi-service social service agency founded in 1964 in the settlement house tradition working with the poor, the isolated and disconnected of all ages, genders, backgrounds and abilities. Promotes social and physical well-being and encourage growth, self-reliance and dignity throughout every stage of life.

Jacob A. Riis Neighborhood Settlement House

Building and strengthening underserved communities in Western Queens, and acting as a catalyst for change.

eMail: info@riissettlement.org

GO Project

Provides year-round educational and family support services to children who are performing below grade level and equips them with the confidence and skills needed to succeed at school, at home and in life.

eMail: info@goprojectnyc.org

Hour Children

Hour Children's mission is to reunite incarcerated and formerly incarcerated women with their children, to help empower them to successfully rejoin the community and build healthy, independent, and secure lives. To accomplish this, Hour Children provides compassionate and comprehensive services and encourages all to live and interact with dignity and respect.

Bronx Volunteer Coalition

Service-minded organizations that seek to increase volunteerism in the Bronx. Through information sharing and collaboration, the Coalition acts as a hub for Bronx residents who want to give back to their community.

eMail: [Individuals and Groups Application](#), [Agency Application](#).

Tropicalfete, Inc.

Developing the community in the area of arts and social services with the focus on educating the global community on Caribbean culture throughout the World.