

MEDICATION ERROR REPORTING

- Critical in preventing future medication errors
- Most Boards of Pharmacy require hospital & medical facilities (including pharmacies) to report med errors
- NMBOP requires adverse drug event reporting

16.19.25 ADVERSE DRUG EVENT

- Incident a drug that is dispensed in <u>error</u>, that is <u>administered</u> and results in <u>harm</u>, injury or death
- Harm temporary or permanent impairment requiring intervention

The Pharmacist in Charge shall:

- A. Develop and implement written error prevention procedures as part of the Policy and Procedures Manual.
- B. Report incidents, including relevant status updates, to the Board on Board approved forms within fifteen (15) days of discovery.
 - "Significant Adverse Drug Event Reporting Form"

The Board shall:

- A. Maintain **confidentiality** of information relating to the reporter and the patient identifiers.
- B. Compile and publish, in the newsletter and on the Board web site, report information and prevention recommendations.
- C. Assure reports are used in a constructive and non-punitive manner.

MEDICATION ERRORS

- BOP receives sworn Complaints Alleging Misfilled Prescriptions.
- Not generated from Adverse Drug Event Reports.
- Most of these would not have occurred if the pharmacist complied with BOP requirements for:
 - Prospective Drug Review
 - Counseling

Prospective drug review

- (1) Prior to dispensing any prescription, a **pharmacist** shall review the patient profile for the purpose of identifying:
 - (a) clinical abuse/misuse;
 - (b) therapeutic duplication;
 - (c) drug-disease contraindications;
 - (d) drug-drug interactions;
 - (e) incorrect drug dosage;
 - (f) incorrect duration of drug treatment;
 - (g) drug-allergy interactions;
 - (h) appropriate medication indication.

Source: NMAC 16.19.4.16 (D)

ONLY THE RPh CAN COUNSEL

All clerks and technicians are taught that if there is a question regarding a prescription, the RPh (or intern) must take the question.

MEDICATION ERROR REDUCTION: PATIENT COUNSELING

Patients need to know:

- The name of the medication
- How to take it
- What it's for
- If the medication looks different, talk to the pharmacist

http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm096403.htm accessed 6/3/16

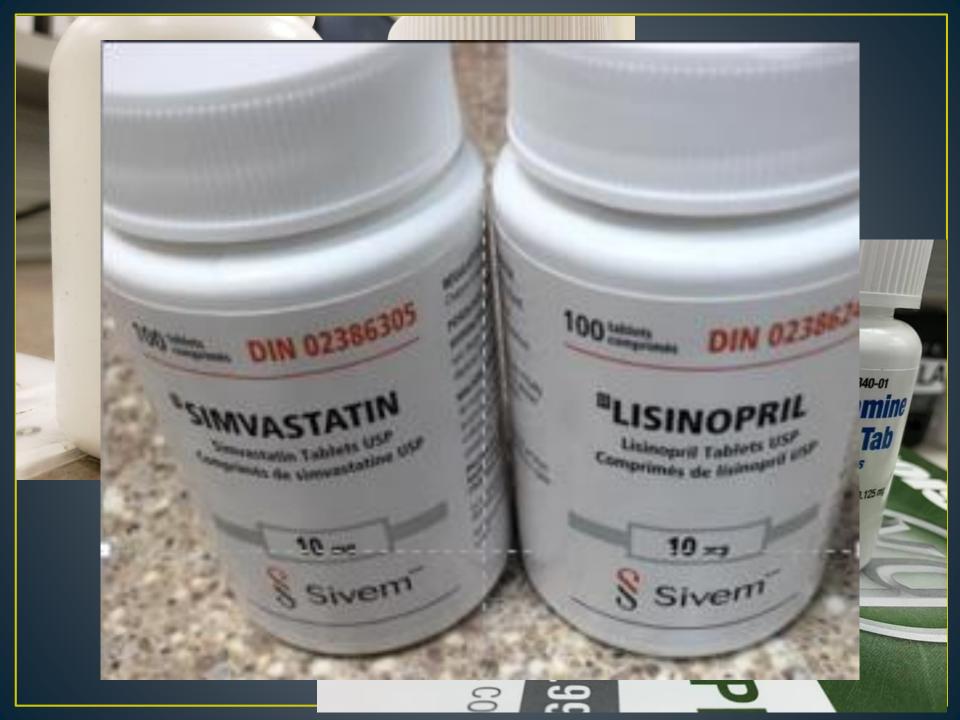
PATIENT COUNSELING

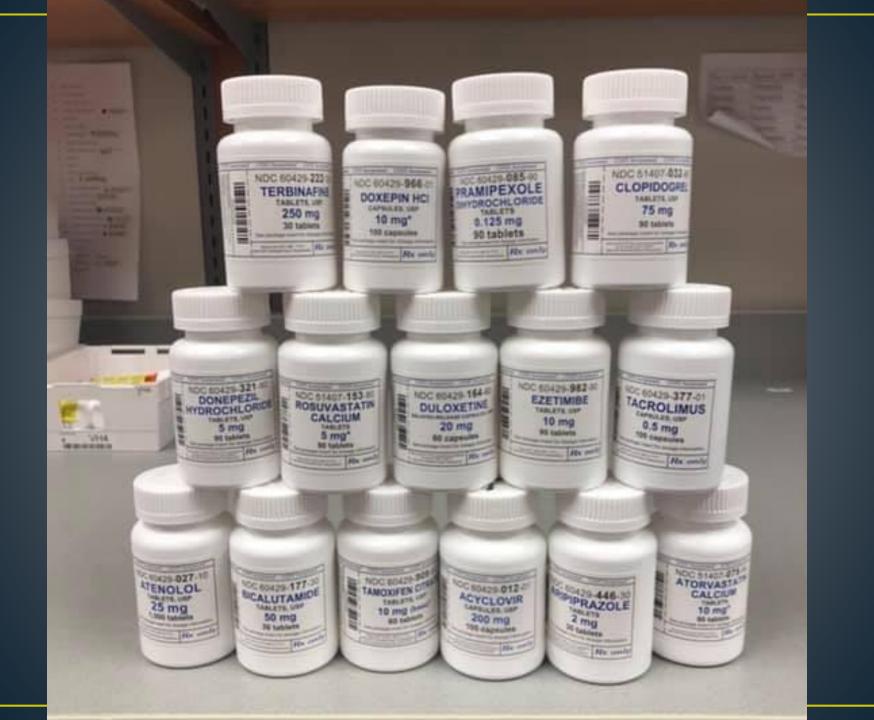
- Estimate: half of medication-related deaths could have been prevented by appropriate and timely counseling.*
- > Show the patient the drug while asking:
 - 1) Tell me what you take this drug for?
 - 2) Tell me how you take the medication?
 - -how often, and
 - -directions for taking the medication

http://www.uspharmacist.com/continuing education/ceviewtest/lessonid/105916

REMEMBER THE PATIENT

- Patients provide a major safety check
 - Counseling not a "veiled offer"
 - Wrong patient errors: Not opening the bag at the point of sale
 - Risk of dispensing a correctly filled Rx to the wrong patient at POS – about 6 per month per (community) pharmacy





"To Err is Human" Building a Safer Health System

- the majority of medical errors are caused by faulty systems, processes, and conditions that:
 - lead people to make mistakes
 - fail to prevent mistakes

When an error occurs, blaming an individual does little to make the system safer and prevent someone else from committing the same error.

When an error occurs

- Be compassionate
 - ISMP persistent safety gaffe #4 respond with empathy and concern
- Evaluate and address medication use system issues
 - Root cause analysis

Root cause analysis (RCA):

- Process for identifying the basic or causal factors that underlie variation in performance, including the occurrence or risk of occurrence of a sentinel event.
- Focus is on systems and processes, not individual performance
- Identifying root causes illuminates significant, underlying, fundamental conditions that increase the risk of adverse consequences.
- RCA facilitates system evaluation, analysis of need for corrective action, tracking and trending

Table 1. Basic Questions to Answer During RCA

- 1. What happened?
- 2. What normally happens?
- 3. What do policies/procedures require?
- 4. Why did it happen?
- 5. How was the organization managing the risk before the event?

New England Compounding Center (NECC) – Framingham, Massachusetts

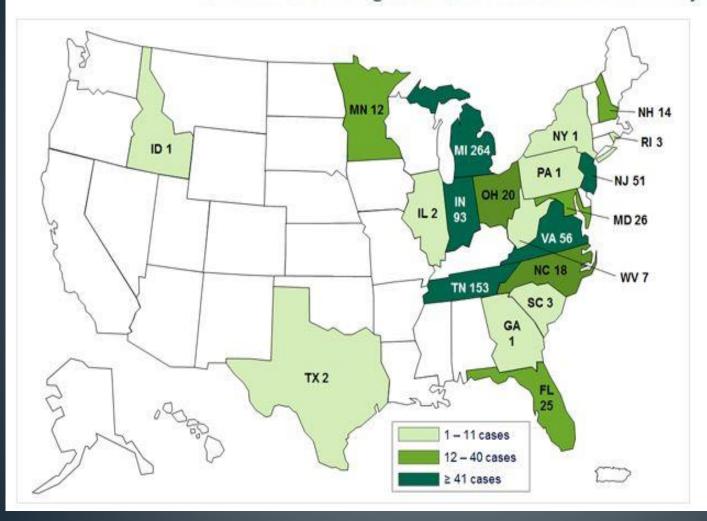
- 753 patients were diagnosed with fungal meningitis after receiving injections of NECC's preservative free MPA (methylprednisolone acetate). Out of 753 patients, 64 patients in nine states died
- December 17, 2014 United States attorney's office charged owner and head pharmacist Barry J. Cadden, and Glenn A. Chin, a supervisory pharmacist, with 25 acts of second-degree murder in seven states
- Twelve other individuals, all associated with NECC, were charged with additional crimes including racketeering, mail fraud, conspiracy, contempt, structuring, and violations of the Food, Drug and Cosmetic Act. (6 other pharmacists, 2 owners and 1 unlicensed technician)

https://www.justice.gov/usao-ma/pr/owner-new-england-compounding-center-sentenced-racketeering-leading-nationwide-fungal

https://www.cdc.gov/hai/outbreaks/clinicians/index.html

 $\frac{https://www.justice.gov/opa/pr/14-indicted-connection-new-england-compounding-center-and-nationwide-fungal-meningitis}{}$

Persons with Fungal Infections Linked to Steroid Injections, by State





Fungus inside a test tube that was grown from the spinal fluid of a NECC patient. (Image courtesy: 60 Minutes)

 CDC identified 18 different types of fungi from MPA vials and patient samples. In the words of one public health official, NECC was a "fungal zoo." Cadden <u>directed</u> and <u>authorized the shipping of contaminated MPA to NECC customers</u> <u>nationwide</u> - <u>before test results confirming their sterility were returned</u>, <u>never notified</u> <u>customers of nonsterile results</u>, and <u>compounded drugs with expired ingredients</u>.

Cadden claimed to be dispensing drugs pursuant to valid, patient-specific prescriptions. In fact, NECC <u>routinely dispensed drugs in bulk without valid prescriptions</u>. NECC even used fictional and celebrity names on fake prescriptions to dispense drugs, such as "Michael Jackson," "Freddie Mae" and "Diana Ross."

Chin <u>improperly sterilized the MPA</u>, failed to verify the sterilization process, and improperly tested it to ensure sterility. Despite knowing these deficiencies, Chin directed the MPA to be filled into thousands of vials and shipped to NECC customers nationwide.

Chin directed the shipping of drugs prior to receiving test results confirming their sterility, and he <u>directed NECC staff to mislabel drugs</u> to conceal this practice. He also <u>directed the compounding of drugs with expired ingredients</u>, including chemotherapy drugs that had expired several years prior. Chin <u>forged cleaning logs</u>, and <u>routinely ignored mold and bacteria found inside the clean rooms</u>.

Head Pharmacist – Barry Cadden



- March 22, 2017 Cadden convicted of racketeering, conspiracy, mail fraud and introduction of misbranded drugs into interstate commerce. Acquitted of murder charges.
- June 26, 2017 Cadden sentenced to 9 years in prison
- https://www.fda.gov/ICECI/CriminalInvestigations/ucm564768.htm

Supervisor RPh - Glenn Chin



October 25, 2017, Chin was convicted of racketeering, racketeering conspiracy, mail fraud and false labeling. Acquitted of 2nd degree murder also.

On January 31, 2018, Chin was sentenced to 8 years in prison, two years of supervised release, and forfeiture and restitution in an amount to be determined later.



FDA Guidance – Insanitary Conditions

- Putting on gowning apparel in a way that may cause the gowning apparel to become contaminated
- Leaving the cleanroom and re-entering from a non-classified area without first replacing gowning apparel
- Performing aseptic manipulations outside of a certified ISO 5 area
- Failing to disinfect containers of sterile drug components or supplies immediately prior to opening
- Lack of adequate routine environmental monitoring nonviable airborne particulate sampling; viable airborne sampling; and surface sampling, including but not limited to equipment, work surfaces, and room surfaces

Insanitary Conditions - Continued

- Lack of adequate personnel sampling (including glove fingertip sampling)
- Lack of routine certification of the ISO 5 area, including smoke studies performed under dynamic conditions
- Lack of HEPA-filtered air, or inadequate HEPA filter coverage or airflow, over the critical area
- Buffer room or ISO 5 areas that contain overhangs or ledges capable of collecting dust (pipes and window sills)
- Failing to appropriately and regularly clean and disinfect (or sterilize) equipment located in the ISO 5 area
- Lack of disinfection of equipment and/or supplies at each transition from areas of lower quality air to areas of higher quality

Serious conditions - FDA recommendation includes immediate recall and cease sterile operations

- Vermin (e.g., insects, rodents) or other animals (e.g., dogs) in ISO 5 areas or areas immediately accessible to production
- Visible microbial growth (e.g., bacteria, mold) in the ISO 5 area or in immediately adjacent areas
- Sources of non-microbial contamination in the ISO 5 area (e.g., rust, glass shavings, hairs, paint chips)
- Performing aseptic manipulations outside of a certified ISO 5 area
- Cleanroom areas with unsealed or loose ceiling tiles
- Production of drugs while construction is underway in an adjacent area
- Consistent and frequent pressure reversals from areas of less clean air to areas of higher cleanliness

The Internet Pharmacy Market in 2016

Trends, Challenges, and Opportunities



January 2016

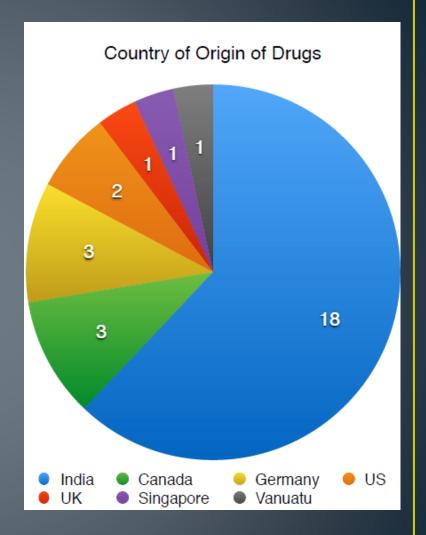
Prepared by LegitScript.com for The Center for Safe Internet Pharmacies



- Every day, illicit online pharmacy operators create approximately 20 new websites worldwide.
- Of 30,000 to 35,000 illicit online pharmacies, 96% (globally and in the US) fail to adhere to applicable legal requirements.
- 92% of those operating illegally are doing so in a blatantly illicit manner e.g. as the sale of prescription drugs without a valid prescription.
- Among the 92% of "blatantly illicit" online pharmacies, about 9% are selling controlled-substance prescription drugs

India was the most common point of origin for the drug shipments.

Other countries included
Germany, Singapore, the US,
Canada, and The UK, although
they were not always the original
source of the drugs.

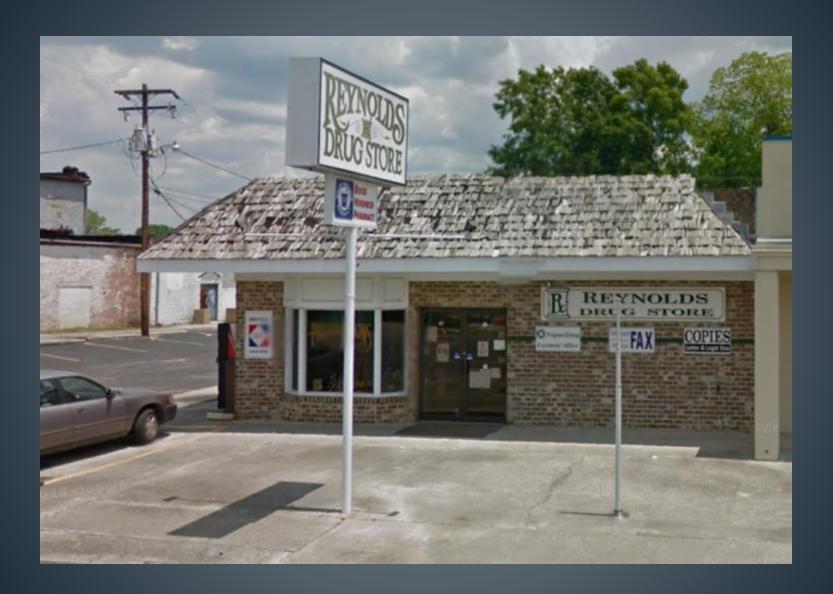


• EVApharmacy largest illegal online pharmacy network has from 3,000 to 10,000 online pharmacies at one time that sell prescription drugs without a prescription.

Tries to persuade customers that is it is a safe Canadian online pharmacy but is primarily run out of Russia and Eastern Europe

Reynolds Drug

- EVApharmacy hijacked a website previous operated by a real pharmacy (Reynolds Drug in South Carolina): reynoldsdrug.com which retained the pharmacy's address and branding.
- Orders placed on the website are filled by EVApharmacy with drugs being shipped from Pakistan and China











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CATEGORIES

Men's Health

Viagra

Cialis

Propecia

T-Ject 60 (Dapoxetine)

Avodart (Dutasteride)

Priligy (Dapoxetine)

Flomax (Tamsulosin)

Proscar (Finasteride)

Levitra(Vardenafil)

Kamagra (sildenafil)

Weight Loss

Orlistat (Xenical)

Acomplia (Rimonabant)

Herbal Phentermine

Insomnia

Elavil (Amitriptyline)

SleepWell

Reynolds Drug Store!

Hello! We offer perfect selection Medications , Beauty Products , Herbal Medications and Jewelry

Reynolds Drug Store

- Drugs, buy with prescription
- "Home Health Aids
- "Beauty Products
- Gifts and Gift Registry
- "Jewelry
- Greeting Cards

Looking for approved pharmacy with low prices? Already found Reynolds

VIPPS Accredited Pharmacies

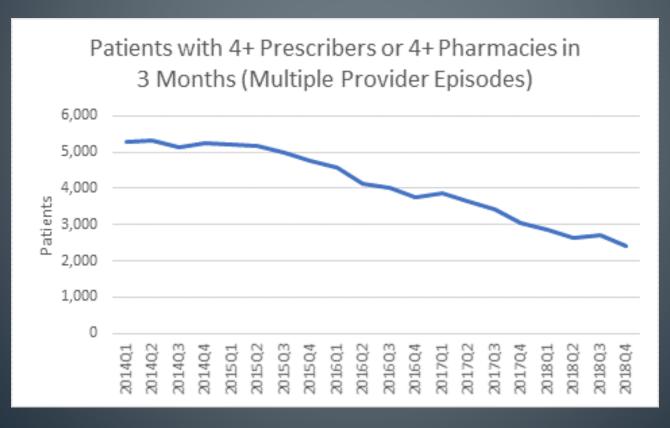
- Verified Internet Pharmacy Practice Sites (VIPPS) enables consumers to confidently access legitimate internet pharmacies
- https://nabp.pharmacy/programs/vipps/vipps-accreditedpharmacies-list/

Diversion

- What is diversion?
- Definition: Transfer of a prescription drug from a lawful to an unlawful channel of distribution or use.

Who Diverts Drugs?

 Doctor Shoppers – Person who visits several different practitioners (ERs, Clinics and pharmacies) and fakes illnesses which are usually treated with a controlled substance



- Professional Patients Use genuine illnesses or an obvious physical deformity to convince physicians to prescribe controlled substances
- Chemically Dependent Patients compulsive users who hoard a supply for fear of running out/withdrawal. Less likely to sell drugs on street but seek out substitute doctors in case they get cut off by their current doctor

Impaired Professionals

- Physicians, nurses, pharmacists
- •Almost 50% of all diversion cases involve healthcare professionals (National

Association of Drug Diversion Investigators)

- Either divert drugs to:
 - Maintain their chemical dependence
 - Sell on black market for monetary gain

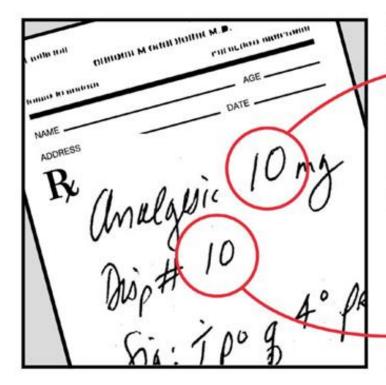
Diversion Tactics

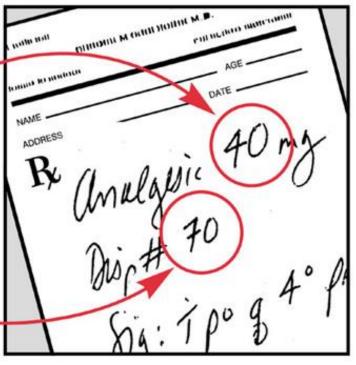
Fake Call-Ins

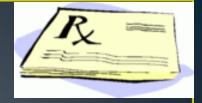
- Poses as a physician or physician staff member to request new prescriptions or add additional refills to an existing prescription
- Often happens after office hours and on weekends

Forgeries

• Alteration of written prescription - add refills to the prescription where the doctor left it blank or to change the quantity





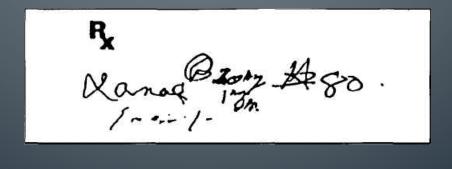


Forgeries cont.

- Prescription blanks or pads are stolen from the ER or physician's office
- Scanned/Photocopied to create a duplicate of the original
- Computer Generated forgery use a template program, fill in information
- Lost/Stolen Medication
- Counting Scams "shorted"
- Adding controlled substance to written Rx

Forgery Red Flags

- Prescription looks "too good"
 - Prescriber's handwriting is too legible
- Excessively messy handwriting
- Quantities, directions or dosages on prescription order differ from usual medical usage
- Prescription does not comply with acceptable abbreviations or appears to be textbook presentations



- Directions on prescription written in full with no abbreviations
- Prescription appears photocopied (i.e. dust and other particles appear as faint black dots on the copy)
 - Photocopied with color copier parts written in ink do not smudge
- Prescription written in different color inks or different handwriting
- Quantity dispensed or the number of refills appears altered

Still More Red Flags

- Cash customer
- Distance from across the state or out of state
- Missing DEA#, Address, Phone #
- Sudden high dose opioid and patient is opioid naive

Preventing/Catching Forgeries

- Tamper- / Copy-Resistant Rx Pads
 - Holograms (similar to those on credit cards)
 - Copy-resistant paper (micro printing)
 - "Void" appears when prescription is copied
 - Thermo chromic ink ("disappearing Rx)

		0000072
PATIENT'S FULL NAME	PHONE NUMBER	AGE GEX
ADDRESS		DATE
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R		
${f R}$		
R Voluntary Formulary Permitted	<i>Dr.</i>	
R Voluntary Formulary Permitted Dispense As Written If neither box is marked, a Voluntary Formulary product mu	SIGNATURE C	DF PRESCRIBER
☐ Dispense As Written	SIGNATURE C	DF PRESCRIBER

			000	0072
PATIENT'S FULL NAME		PHONE NUMBER	AGÉ	SEX
ADDRESS			DATE	
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Preventing/Catching Forgeries

Check Patient PMP Reports

Keep E-alerts

PMP

- A RPh Shall request and review a PMP report if (at least 1 year time period):
 - PERSON EXHIBITS POTENTIAL ABUSE/MISUSE OF OPIATES
 - OVER-UTILIZATION
 - EARLY REFILLS
 - MULTIPLE PRESCRIBERS
 - SEDATED/INTOXICATED
 - UNFAMILIAR PATIENT
 - PAYING CASH INSTEAD OF INSURANCE

PMP

- A RPh Shall request and review a PMP report if (at least 1 year time period):
 - OPIATE Rx FROM UNFAMILIAR PRACTITIONER
 - OUT OF STATE OR USUAL GEOGRAPHIC AREA
 - OPIATE Rx FROM UNFAMILIAR PATIENT
 - OUTSIDE USUAL PHARMACY
 GEOGRAPHIC PATIENT POPULATION AREA

PMP

- A RPh Shall request and review a PMP report if (at least 1 year time period):
 - INITIAL RX FOR ANY LONG-ACTING OPIOID FORMULATION
 - INCLUDES ORAL AND TRANSDERMAL DOSAGE FORMS
 - BECOME AWARE PATIENT IS RECEIVING AN OPIOID CONCURRENTLY WITH A BENZODIAZEPINE OR CARISOPRODOL.

FORGERIES

- WHAT ARE THE FOLLOWING PRESCRIPTIONS?
 - STOLEN Rx FORMS

PHOTOCOPIED/SCANNED PRESCRIPTIONS

COMPUTER GENERATED PRESCRIPTIONS

Pharmacy Safety

Pharmacy Robbery Response Training

- Train employees and new hires
- Procedures for a robbery in progress
- Practice being robbed and designate roles to employees

Pharmacy Safety

- Post robbery procedures
- Awareness: develop an early warning system to alert pharmacy employees to a suspicious individual

CCTV / Surveillance

Cameras reassigned to give a better angle of view

- Bring cameras to eye level
- Install eye level entrance and exit cameras

Barriers

- Ensure good physical barriers between the robber and pharmacy personnel.
- Clear the line of sight to the pharmacy
- Convex mirrors to allow line of sight to blind spots around the pharmacy

Signs





Please remove all head coverings and sunglasses prior to entering the credit union.

Thank you for your cooperation.

Robberies in the Pharmacy

What to Do During a Robbery

- Cooperate fully with the robber
- Do not argue or make insulting comments
- Do not attempt to thwart the robbery or apprehend the criminal yourself
- Do exactly what you are told to do, nothing more and nothing less
- Try to remain calm and avoid sudden movements that might cause further conflict
- Try to notice identifiable aspects of the robber: race, gender, age, size, build, SMTI's, clothing

Source: Delaware State Board of Pharmacy newsletter December 2011

Evidence

 Preserve the crime scene if a robbery does occur.

 Don't return robbery note or other evidence unless solicited.

After

- Call 911 immediately and stay on the phone until dispatchers allow you to get off the phone
- Lock down the store
- Stay calm, cooperate, and be a good witness

Preserve evidence

- Preserve witness statements have employees document the incident
- DO NOT share events with each other, until Officers conduct interviews

Burglaries in the Pharmacy

What to do if your pharmacy experiences a burglary/break-in

- Call the local police immediately and preserve any evidence (do not start clean up until they give you clearance).
- Call the Drug Enforcement Administration (DEA) Albuquerque District Office at 505-452-4500, the day the burglary occurs.
- Do a complete CS inventory as soon as the police are done with their work.
- Report loss of CS via the online form at <u>www.deadiversion.usdoj.gov/21cfr_reports/theft/index.html</u>
- E-mail or fax a copy of the completed DEA Form 106 to the Board office after filling it with DEA.

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Pharmacy Security **■ ∑ ZITION I** Checklist



ALARMS	PHYSICAL BARRIERS	
Features	Steel window curtains	
Central Station or Local	Steel door curtains	
Battery Back-Up Cell Phone	Pharmacy department doors	
Silent Audible	Barriers to prevent "jump over"	
☐ Visual (Flashing Lights)	☐ Interior safe (high risk areas) ☐ Bollards (concrete/steel posts embedded in the ground outside premises)	
Supervised Unsupervised		
Alarmed Areas		
□ Doors □ Windows	COTY	
Skylights Interior & High Security	CCTV	
Sensor Types	☐ Visible monitor at entry	
Magnetic Door Contacts Motion	Signs (recorded/monitored off site)	
Glass Break Vibration Duress	Drive-thru window camera	
☐ "Trap" Alarm ☐ Fire	Hidden camera at customer face level	
Wireless or Hard Wired Sensors	Regular (weekly) audit and maintenance of cameras and recordings	
PHYSICAL DESIGN	Camera features	
Lighting-Motion sensitive lighting (exterior)	Color or black and white	
Reinforced doors/windows in pharmacy area	Field of view of camera is adequate	
Rx area viewable by other store employee's		
Controlled substances concealed from customers view	Low level light camera (auto iris)	
	Low level light carriera (auto liis)	
Height reference/tape near entrance and counter	Recording	
Interior lighting	Digital vs. VHS recording	
_	Frames per second (10 or more)	
LOCKS AND LOCKING DEVICES	Retention of recordings	
Limited issuance of keys	Regular replacement of tape	
☐ "Do Not Duplicate" on keys	Recorder hidden and secured	
Keys numbered		

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CCTV/Recording Continued	Fraud	
Dummy VHS with tape	Regular training and rehearsal for forged/	
Preserve original recordings for Law Enforcement	altered prescriptions and phone call-ins. Involve local police to learn what they recommend	
Date/Time stamped on video	Develop policy and procedure for fraud	
"Watermark" on video	Caller ID on telephone	
Continuous vs. Event/Alarm	Details as to conversation with "prescriber"	
ROBBERY/BURGLARY/FRAUD	Evidence bags available to protect forged	
Robbery	and altered prescriptions until police arrive	
Develop policy and procedure for robbery	Do not write on prescription unless directed	
Regular training and rehearsal for	to by law enforcement	
robberies.	MISCELLANEOUS	
 Assign tasks to personnel and train Involve local police to learn what they 	Review process	
recommend	Ordering	
Police/Sheriff emergency number (911)	Receiving	
Protect crime scene/evidence	Storing	
Do not disturb scene	Returns	
Have/Obtain form for suspect description form on premises	Internal controls to restrict access to controlled substances by other employees	
Know response time of law enforcement to robbery and burglary	"Repair" personnel (telephone, computer, electrical, etc.) view and record ID of	
Burglary	persons entering area	
Preparation for forensic evidence recovery	"Relief" Pharmacist - Verify	
Routinely wipe down counter (fingerprint	Regular license status verification	
recovery)	Law enforcement and insurance carrier review of premises	
Clean and wipe down fire exit break bar (fingerprint recovery)	Adjoining tenants	
Cardboard or paper placed on floor by rear/	Walls and ceilings	
side or fire exit prior to closing (shoe print recovery)	-	
Mark scheduled CS bottles with store ID on bottom (identifies bottle as coming from a particular store)	This Pharmacy Security Checklist was developed in consultation with leading industry and law enforcement diversion prevention professionals, with special thanks to the	
Develop closing process	National Association of Drug Diversion Investigators (NAD	

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Rx Pattern Analysis Tracking Robberies & Other Losses



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WHAT'S RXPATROL?

CRIME STOPPERS

SEARCH INCIDENT DATABASE

PHARMACY SECURITY CHECK LIST

TRAINING VIDEOS

TRAINING VIDEOS



RxPatrol Pharmacy Safety: Internal Theft and Prescription Fraud

Community pharmacist and NCPA member Toni Sumpter and Retired Assistant Special Agent in Charge of the Virginia State Police Landon Gibbs, discuss preventing and dealing with internal theft and prescription fraud. They tour Sumpter's store, Medicap Pharmacy in Adel, lowa, evaluating security measures and discussing additional steps that can be taken to prevent internal theft and how to identify fraudulent prescriptions. The goal is to help pharmacists make their stores a harder target for crime and educate them on how they can assist law enforcement in the event of an internal theft incident or prescription fraud.



RxPATROL Pharmacy Safety and Security Robbery Video

This video provides information on security practices to help mitigate a pharmacy robbery and discusses security measures taken to safeguard against a robbery. Created to help pharmacists make their stores a harder target, this video educates on how pharmacists and their staff can assist law enforcement in the event of a robbery. This video was produced in partnership with the National Community Pharmacists Association.



Pharmacy Safety and Security

This video provides information on security practices to help mitigate a pharmacy burglary and discusses security measures taken to safeguard against burglaries. Created to help pharmacists make their stores a harder target, this video educates on how pharmacists and their staff can assist law enforcement in the event of a burglary. This video was produced in partnership with the National Community Pharmacists Association.



Pharmacy Safety - Robbery

This video provides tips for pharmacists to address the problems of pharmacy robberies. The video has interviews with the law enforcement personnel of the North East Indiana Bank Robbery Task Force, namely the FBI in Fort Wayne, Indiana; the New Haven Indiana Police Department and the Allen County (Indiana) Police Department. In addition, a detective from the Robbery Homicide Squad of the Chandler, Arizona Police Department and the Captain of Major Investigations in the

INCIDENT NOW!

Click here to report a pharmacy crime



OUR PARTNERS

- Nassau County, NY Police Department
- Suffolk County, NY Police Department
- Ohio Attorney General's Office
- FBI-Law Enforcement Executive Development Association (FBI-LEEDA)
- National Association of Drug Diversion Investigators (NADDI)
- National Community Pharmacists Association (NCPA)
- Pharmaceutical Security Institute (PSI)
- Rx Safety Matters

TIP OF THE MONTH



Camera recording devices should be locked in a secure, hidden location.

Stamford, Connecticut Police Department provide information to the pharmacist that may face a robbery situation.







Robbery or Burglary involving narcotics or other controlled substances from this Pharmacy is a

FEDERAL Crime.

Drug Enforcement Administration, Office of Diversion Control, (http://www.DEAdiversion.usdoj.gov), Washington, D.C. 20537

The rent is free.

But you're not.

WARNING!!!
Robbing a pharmacy
is a felony punishable by
20 YEARS IN PRISON

UP TO \$2,500 REWARD

If you have information on a pharmacy robbery or burglary, call RxPATROL – Crime Stoppers at 1-888-479-8477. Calls remain anonymous.



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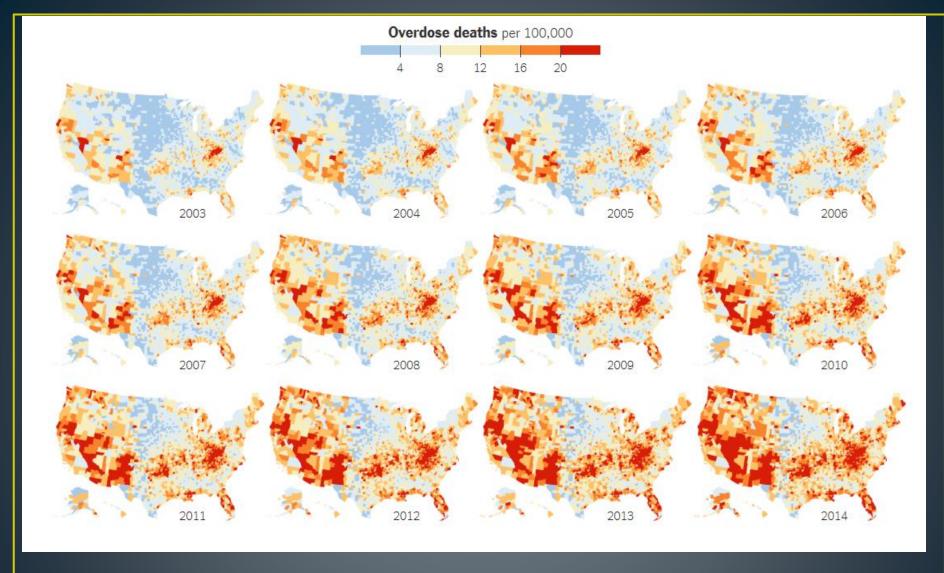
Funded by Purdue Pharma L.P.

APD Offered Training

Robbery Awareness Training Sergeant Lowe

clowe@cabq.gov

United States Prescription Opioid Overdose Epidemi



http://www.nytimes.com/interactive/2016/01/07/us/drug-overdose-deaths-in-the-us.html? r=1 By HAEYOUN PARK and MATTHEW BLOCH JAN. 19, 2016

Figure 1: Rate of unintentional drug overdose death in the United States, 1970-2006

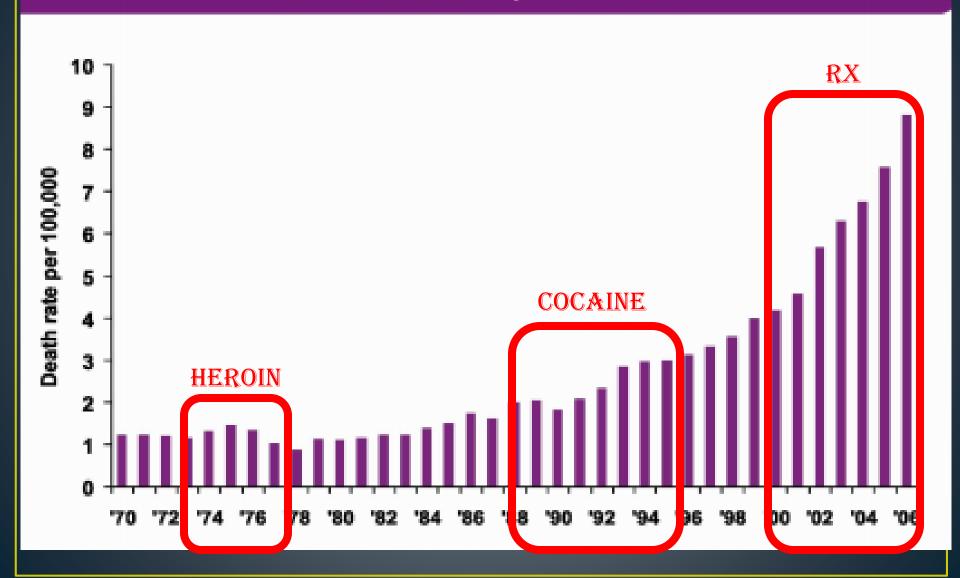
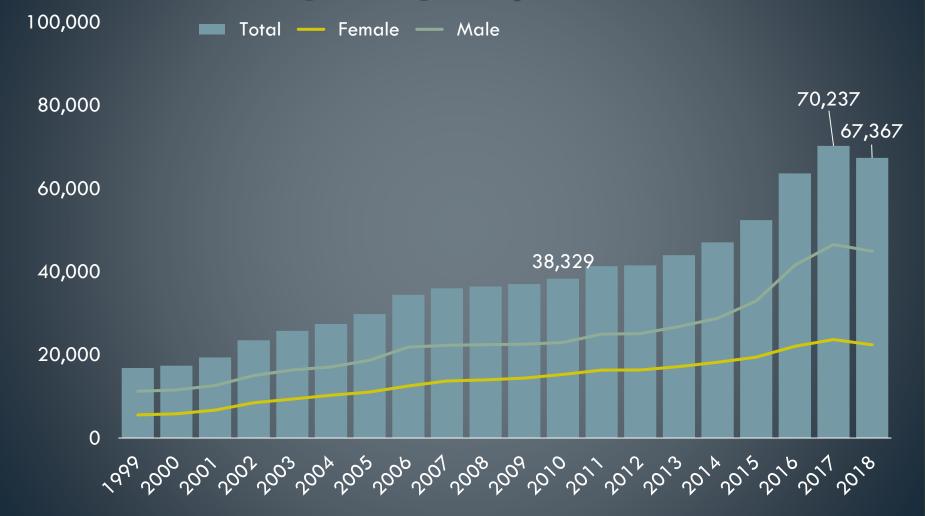
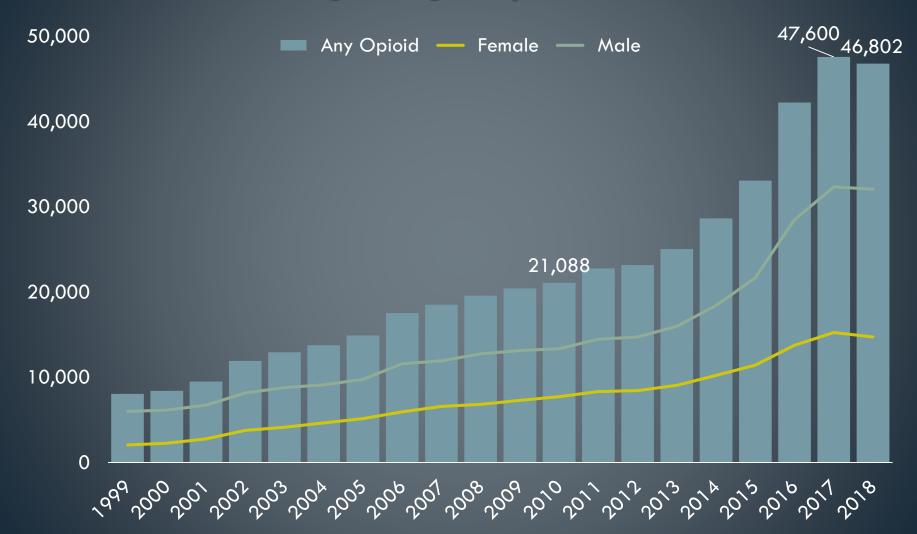


Figure 1. National Drug Overdose Deaths Number Among All Ages, by Gender, 1999-2018



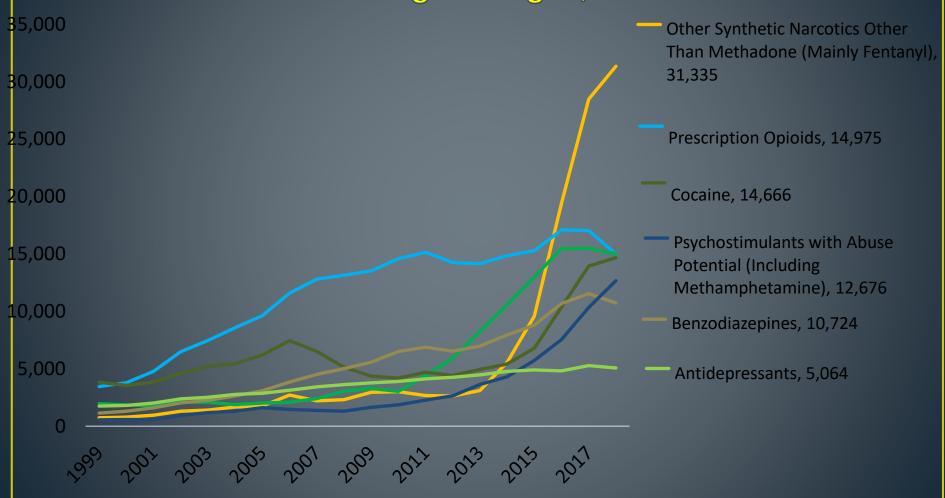
Source: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2018 on CDC WONDER Online Database, released January, 2019

Figure 3. National Drug Overdose Deaths Involving Any Opioid, Number Among All Ages, by Gender, 1999-2018



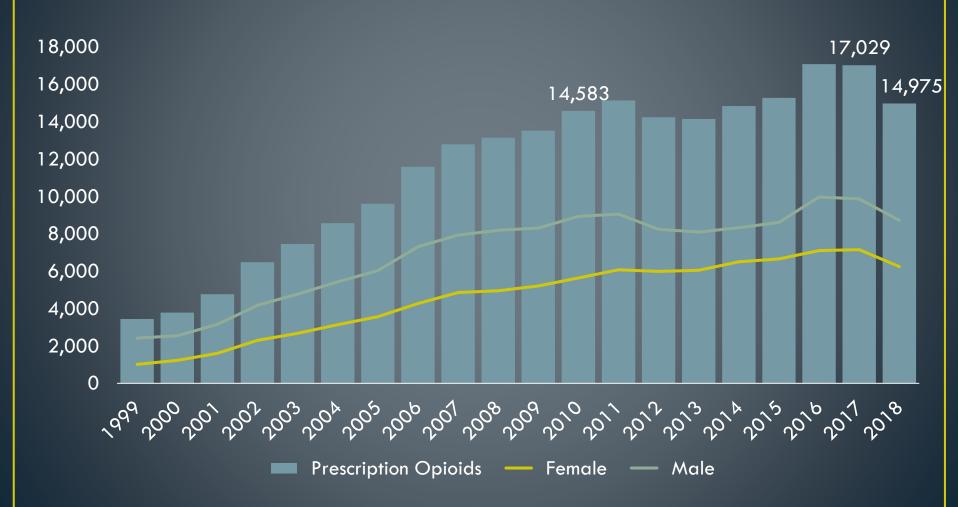
Source: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2018 on CDC WONDER Online Database, released January, 2019

Figure 2. National Drug Overdose Deaths Number Among All Ages, 1999-2018



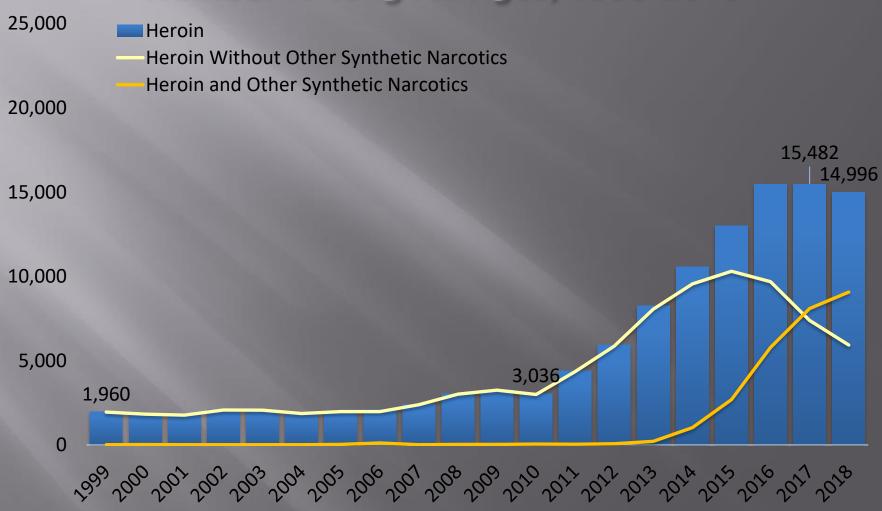
Source: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2018 on CDC WONDER Online Database, released January, 2019

Figure 4. National Drug Overdose Deaths Involving Prescription Opioids, Number Among All Ages, 1999-2018



Source: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2018 on CDC WONDER Online Database, released January, 2019

Figure 5. National Drug Overdose Deaths Involving Heroin Number Among All Ages, 1999-2018



Source: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2018 on CDC WONDER Online Database, released January, 2019

Heroin use is part of a larger substance abuse problem.

Nearly all people who used heroin also used at least 1 other drug.

Most used at least 3 other drugs.

Heroin is a highly addictive opioid drug with a high risk of overdose and death for users.

People who are addicted to...









2x

3x

15x

40x

...more likely to be addicted to heroin.

SOURCE: National Survey on Drug Use and Health (NSDUH), 2011-2013.

FENTANYL: Overdoses On The Rise

Fentanyl is a synthetic opioid approved for treating severe pain, such as advanced cancer pain. **Illicitly manufactured fentanyl** is the main driver of recent increases in synthetic opioid deaths.

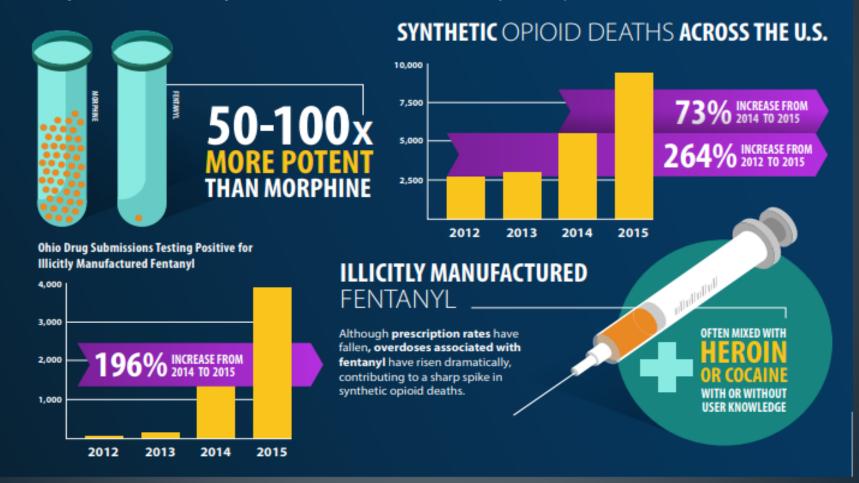
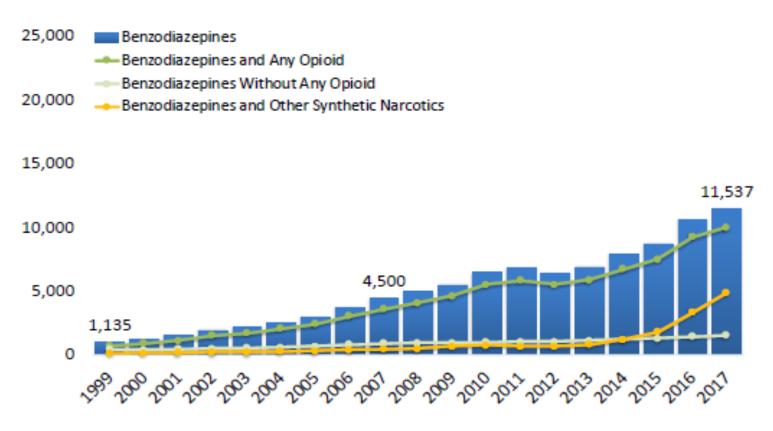
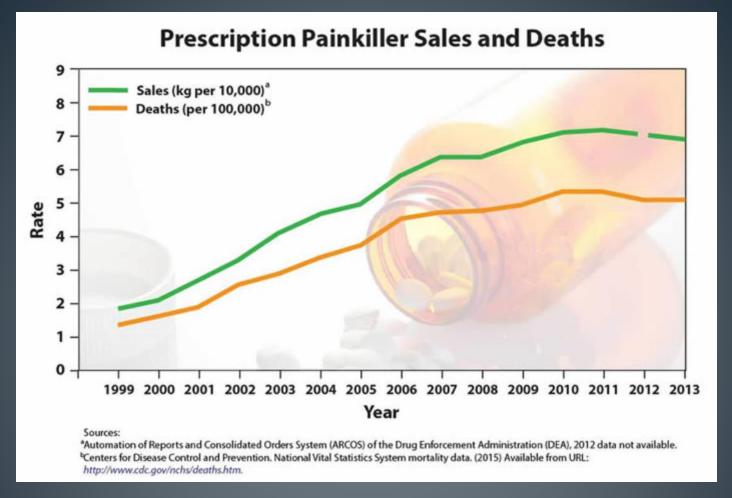


Figure 8. National Drug Overdose Deaths Involving Benzodiazepines, by Opioid Involvement, Number Among All Ages, 1999-2017



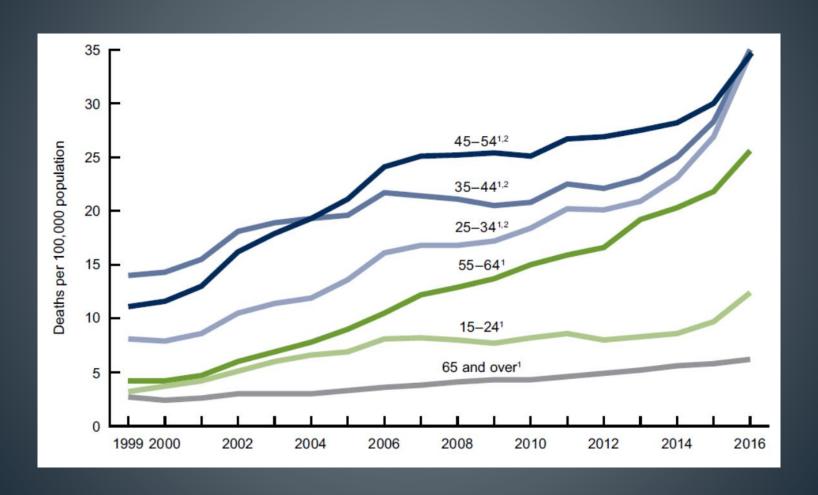
Source: : Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2017 on CDC WONDER Online Database, released December, 2018



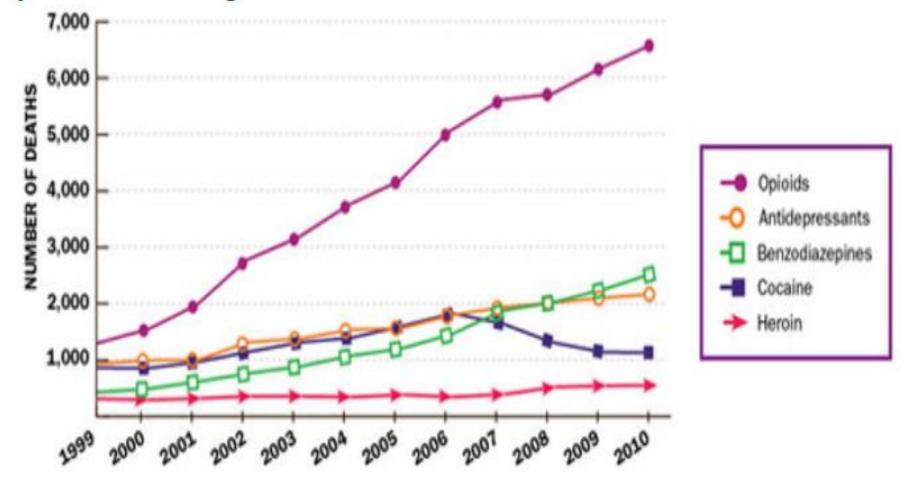
- Amount of prescription painkillers dispensed in the U.S. quadrupled between 1999 and 2013
- Deaths from prescription painkillers have also quadrupled since 1999, killing more than 16,000 people in the U.S. in 2013.¹
- Nearly two million Americans, aged 12 or older, either abused or were dependent on opioids in 2013

Drug Overdose Death Rates, by Selected Age Group: United States, 1999-2016s

Source: NCHS Data Brief, Number 294, December 2017



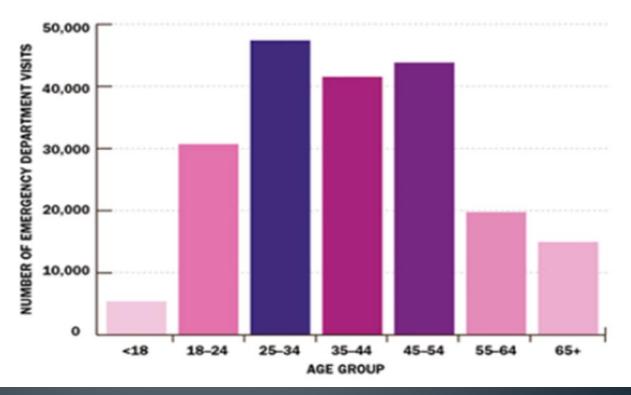
Prescription painkiller overdose deaths are a growing problem among women.



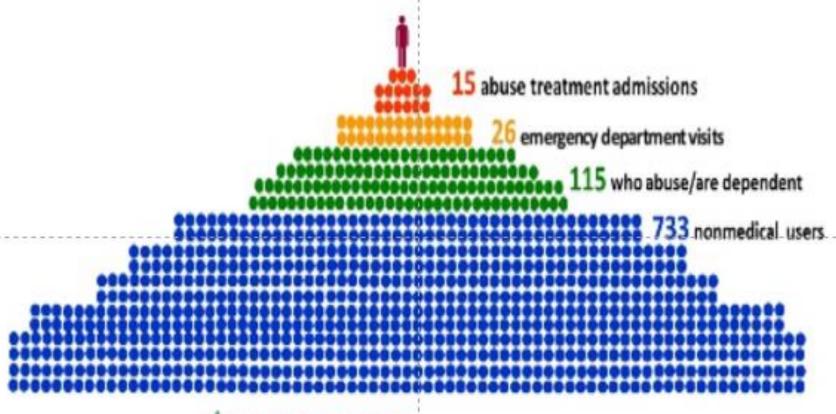


Every 3 minutes, a woman goes to the emergency department for prescription painkiller misuse or abuse.

Women between the ages of 25 and 54 are most likely to go to the emergency department because of prescription painkiller misuse or abuse.



For every 1 prescription opioid overdose death in 2010 there were...



\$4,350,000 in healthcare-related costs



Risk Factors for Prescription Painkiller Abuse and Overdose



Obtaining overlapping prescriptions from multiple providers and pharmacies.



Taking high daily dosages of prescription painkillers.



Having mental illness or a history of alcohol or other substance abuse.

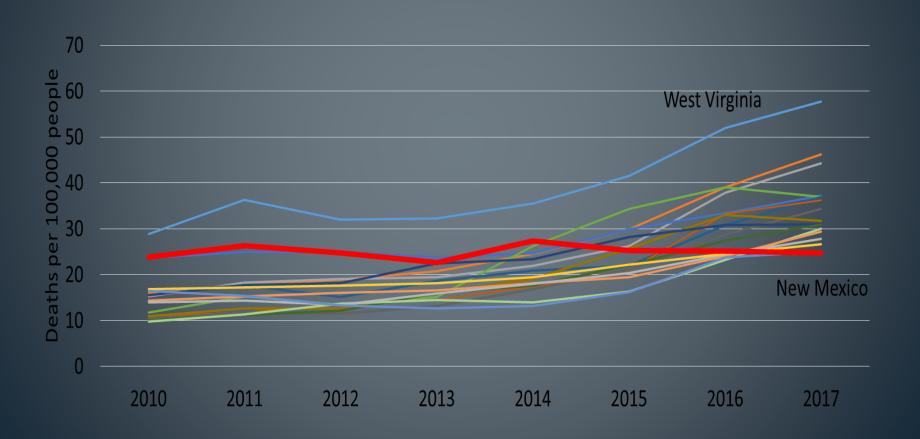


New Mexico Prescription Drug Overdose Epidemic

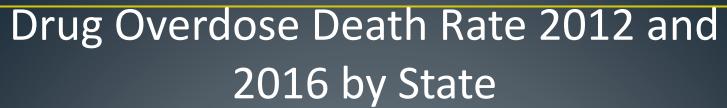
The State of New Mexico compared to the United States average

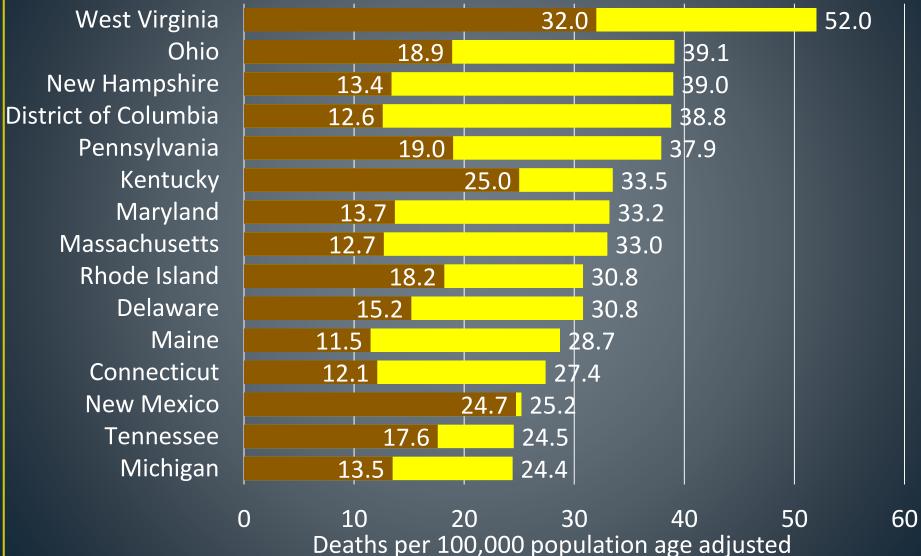
- In 2014, New Mexico had the **second** highest drug overdose death rate (27.3 deaths per 100,000 age-adjusted population).
- In 2015, New Mexico had the **eighth** highest drug overdose death rate (25.3 deaths per 100,000 age-adjusted population).
- In 2016, New Mexico had the **twelfth** highest drug overdose death rate (25.2 deaths per 100,000 age-adjusted population).
- In 2017, New Mexico had the **seventeenth** highest drug overdose death rate (24.8 deaths per 100,000 age-adjusted population).

Drug Overdose Death Rates for the 17 States with the Highest Rates in 2017, 2010-2017



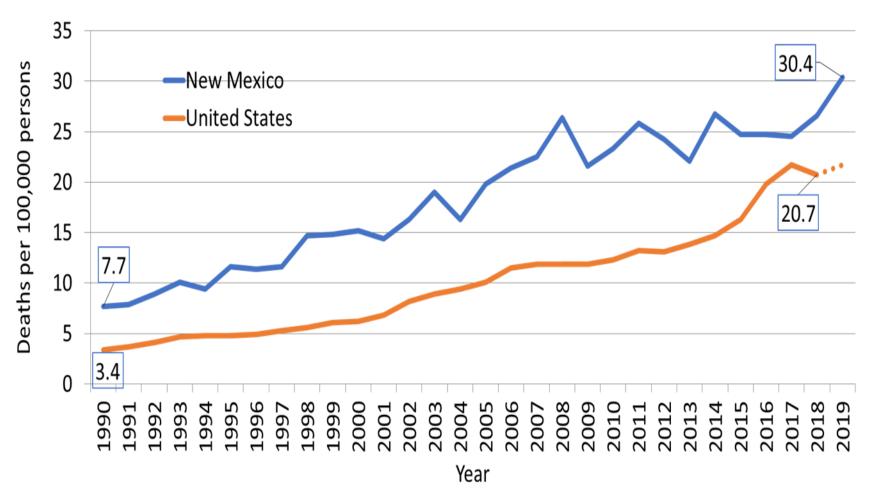
Other States: WV, OH, PA, KY, NH, DE, MD, ME, MA, RI, CT, NJ, IN, MI, TN, FL



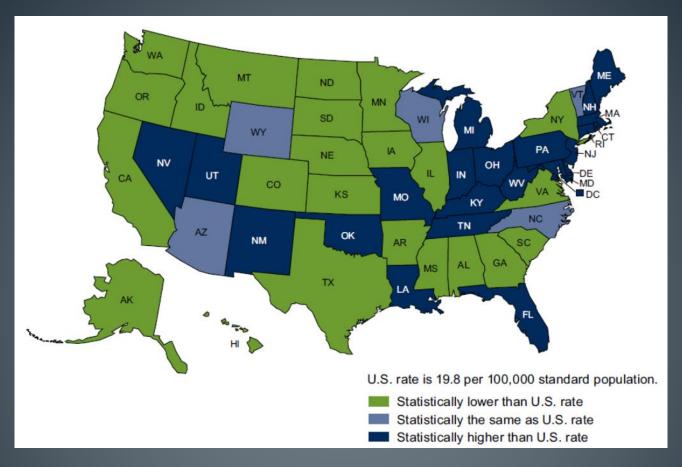


Source: National Center for Health Statistics, CDC, via CDC Wonder

Drug Overdose Death Rates New Mexico and United States, 1990-2019



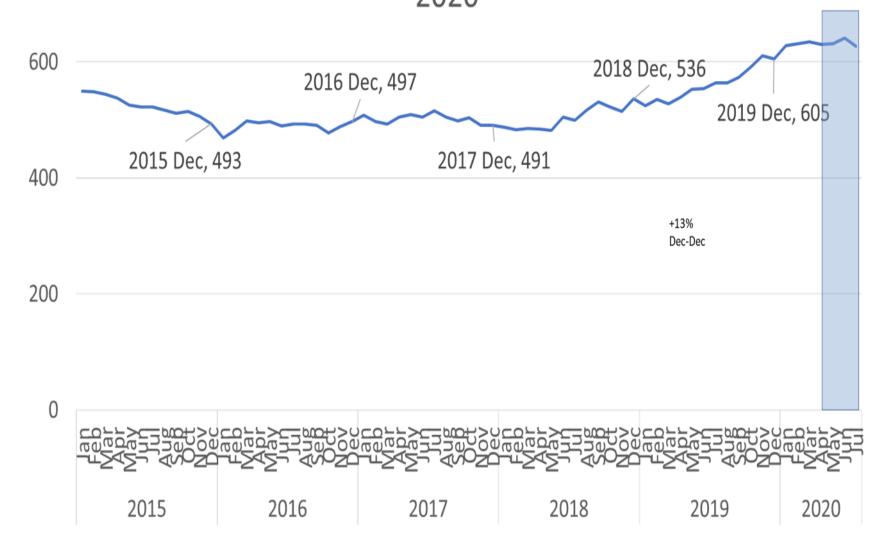
Rates are age adjusted to the US 2000 standard population Source: United States (CDC Wonder); New Mexico (NMDOH BVRHS/SAES, 1990-1998,2016-2019; NM-IBIS, 1999-2015); US 2019 data are provisional



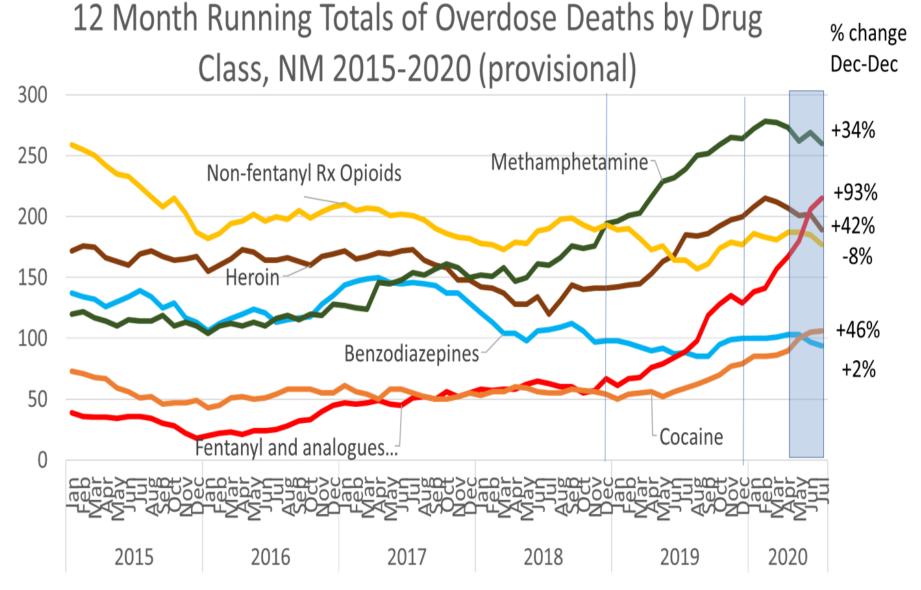
Although New Mexico has been progressing, NM is still statistically higher compared to the United States drug overdose death rate average (21.7 deaths per 100,000)

Source: NCHS Data Brief, Number 294, December 2017

12 Month Running Totals of Overdose Deaths, NM 2015-2020



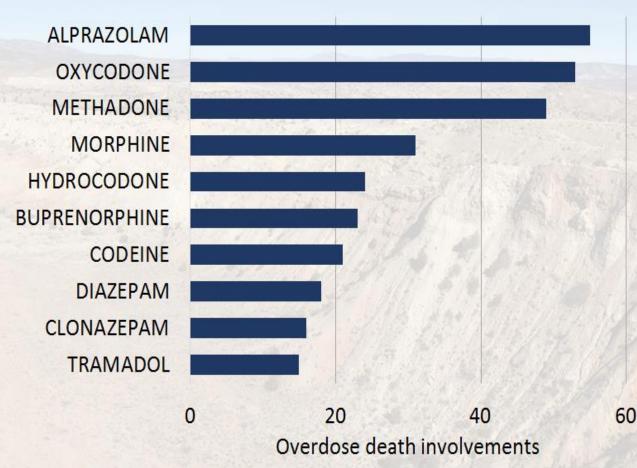
Each point represents the sum of the prior 12 months 2020 data are provisional as of 10/14/20 and subject to change Source: NM DOH Bureau of Vital Records and Health Statistics death data



Each point represents the sum of the prior 12 months
Drug types are not mutually exclusive
2020 data are provisional as of 10/14/20 and subject to change

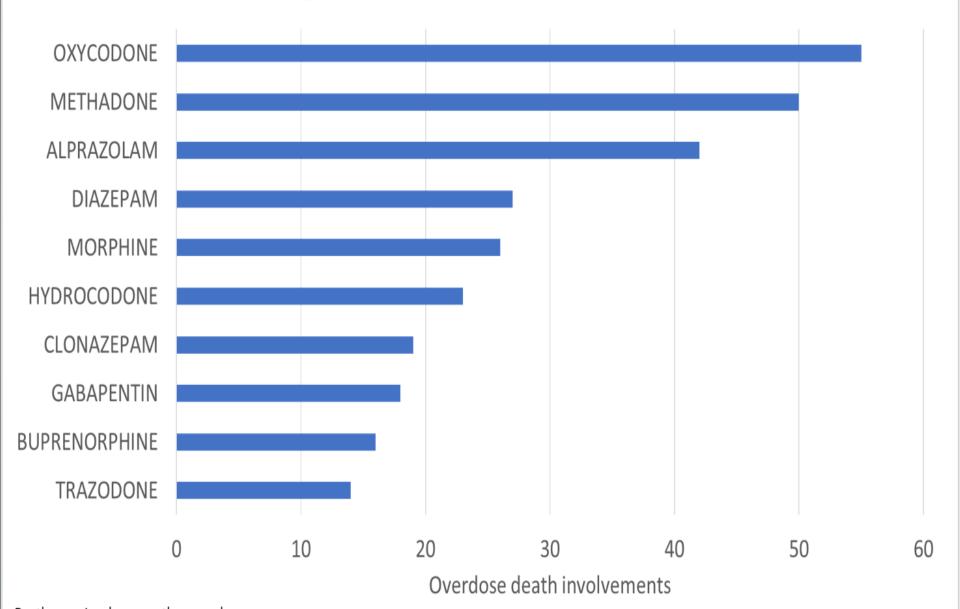
Top Prescription Drugs in Overdose Death, NM, 2018

Roughly half of the drug overdose deaths in NM involve a prescription drug. Some of the medications listed are not opioids.



Deaths may involve more than one drug Source: NM Office of the Medical Investigator

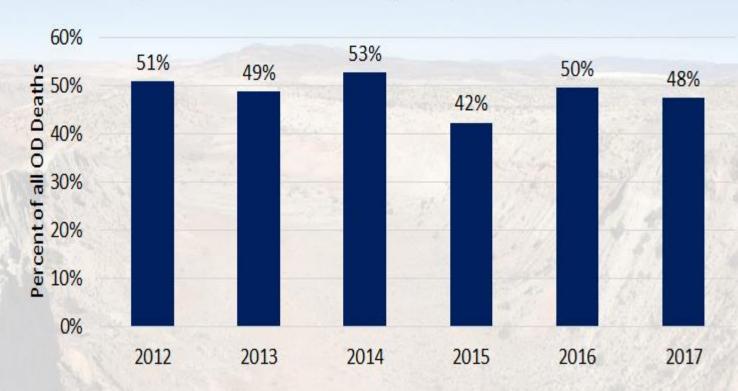
Top 10 Rx Drugs Involved in Overdose Death, NM, 2019



Deaths may involve more than one drug

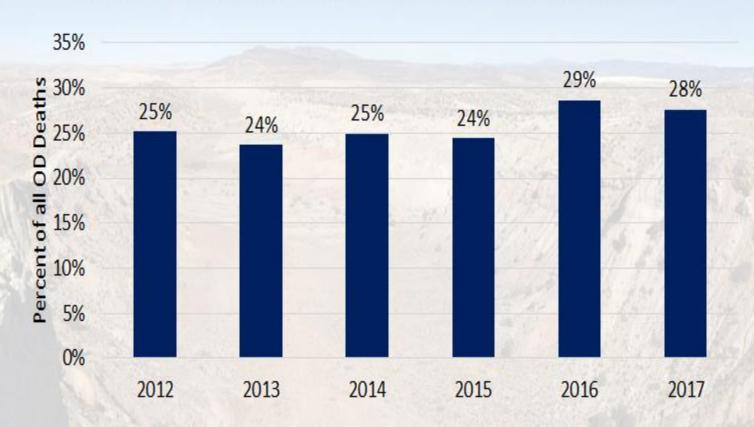
Source: NM DOH Bureau of Vital Records and Health Statistics death data

Percentage of Overdose Deaths Involving Prescription Opioids, NM, 2012-2017



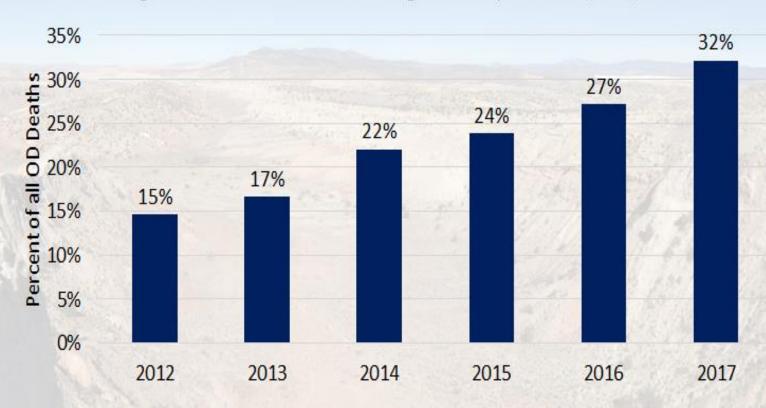
Source: Bureau of Vital Records and Health Statistics

Percentage of Overdose Deaths Involving Benzodiazepines, NM, 2012-2017



Source: Bureau of Vital Records and Health Statistics

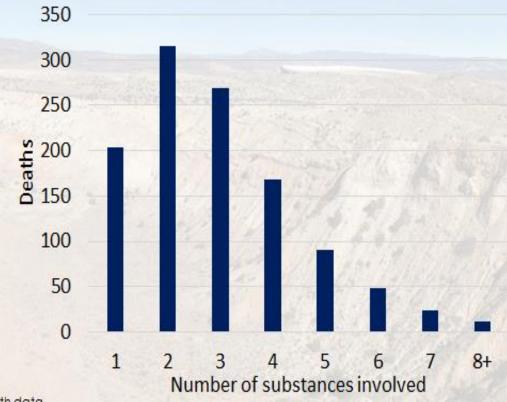
Percentage of Overdose Deaths Involving Methamphetamine, NM, 2012-2017



Source: Bureau of Vital Records and Health Statistics

Prescription Opioid Overdose Deaths by the Number of Substances Involved, NM, 2013-2017

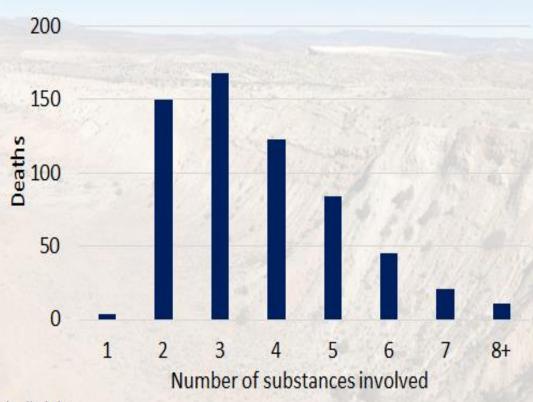
Other substances often involved with prescription opioid overdose deaths include benzodiazepines, alcohol, heroin and methamphetamine.



Source: NM DOH Bureau of Vital Records and Health Statistics death data

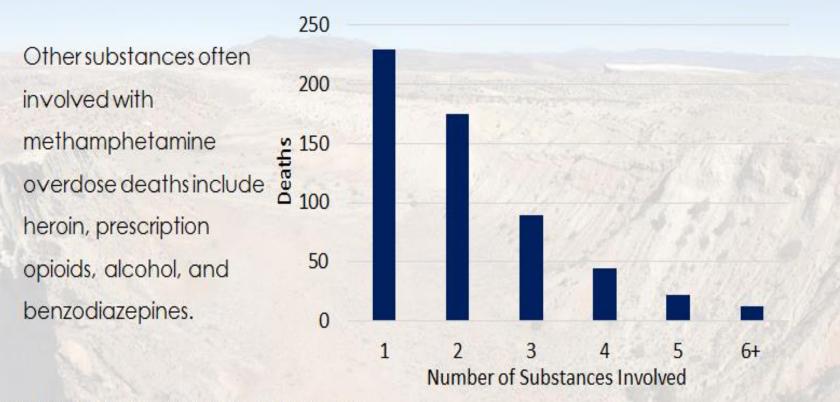
Benzodiazepine Overdose Deaths by the Number of Substances Involved, NM, 2013-2017

Other substances often involved with benzodiazepine overdose deaths include prescription opioids, alcohol, heroin and methamphetamine.



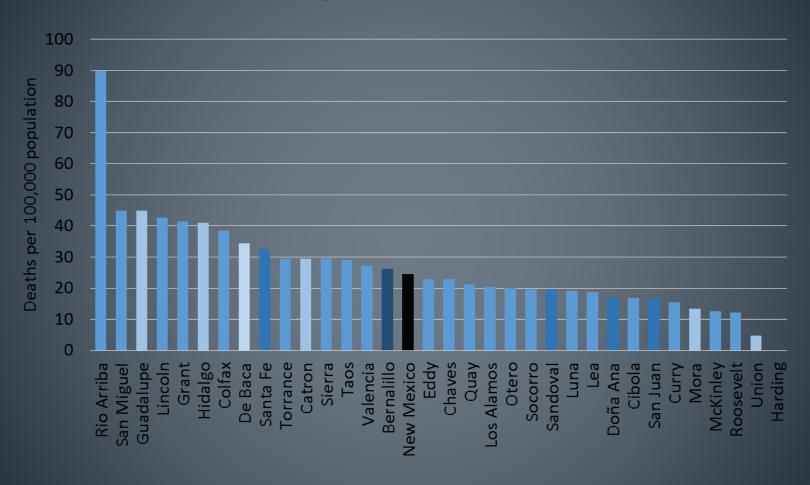
Source: NM DOH Bureau of Vital Records and Health Statistics death data

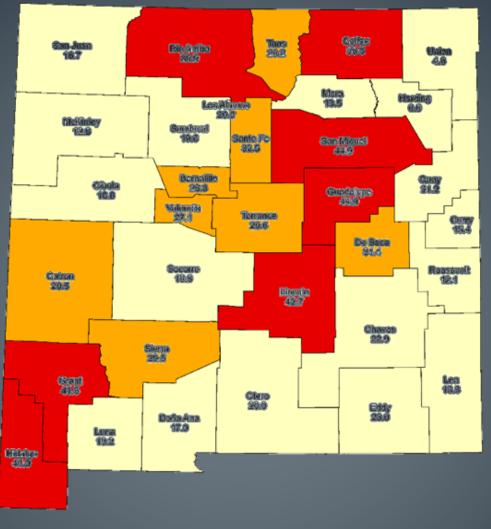
Methamphetamine Overdose Deaths by the Number of Substances Involved, NM, 2013-2017



Source: NM DOH Bureau of Vital Records and Health Statistics death data

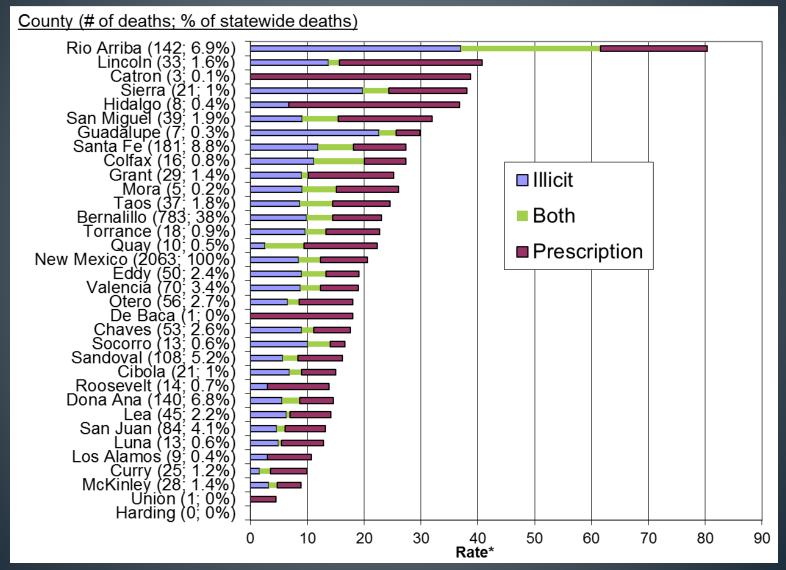
Drug Overdose Death Rates by County, NM, 2013-2017





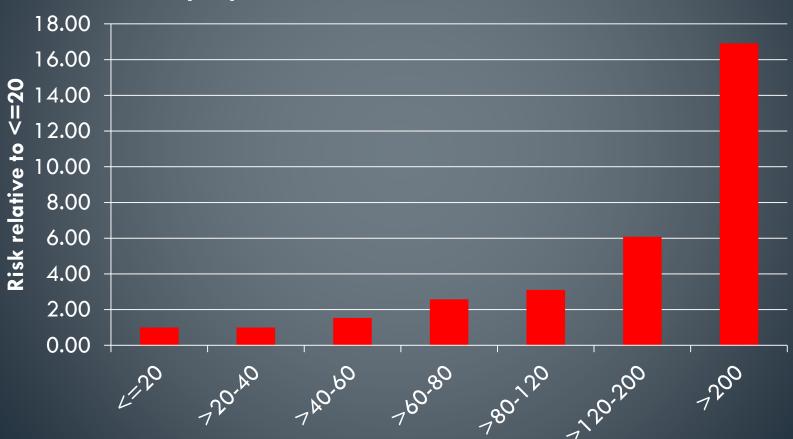


Unintentional Drug Overdose Death Rates by County and Drug Type, NM, 2012-2016



High Doses of Opioids

Relative Risk of Prescription OD Death by Opioid Dose level, NM 2007-2011



Average Daily Dose (total MME/total days in 6 months)

\$lide Credit: James Davis, MA, Drug Epidemiologist, NM DOH

Opioid Dose-Duration Interaction

Relative Risk of Rx OD Death by Opioid Dose and Days

Prescribed in 6 months

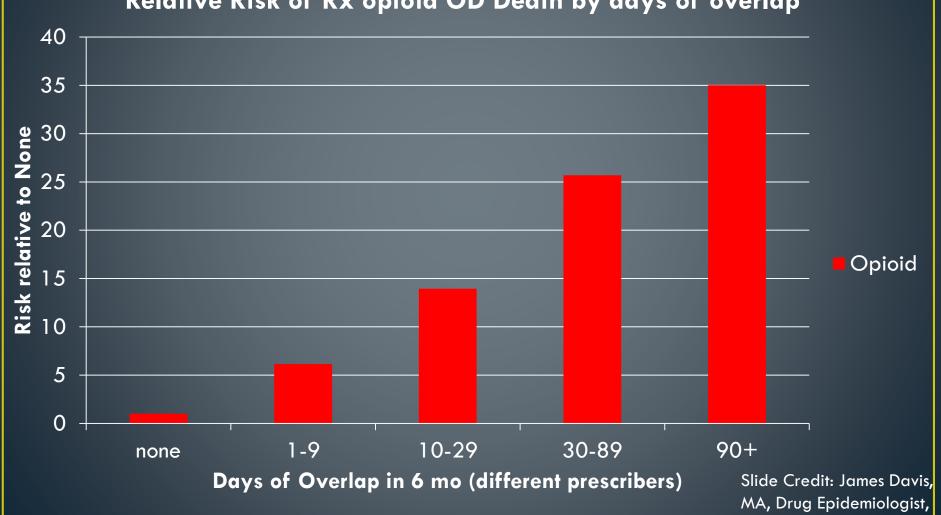


Average dose level (morphine equivalents, MME)

Slide Credit: James Davis, MA, Drug Epidemiologist, NM DOH

Overlapping Prescriptions from different prescribers

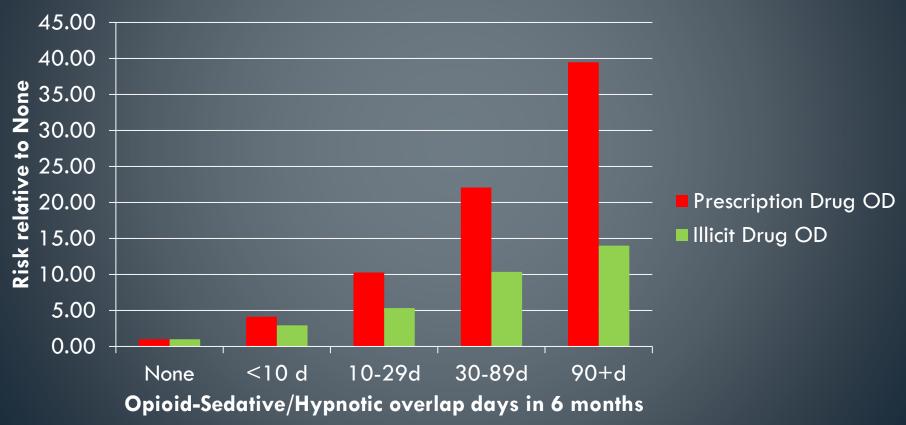
Relative Risk of Rx opioid OD Death by days of overlap



NM DOH

Opioid/Sedative-Hypnotic Overlap

Relative risk of OD death with Opioid/sedativehypnotic overlap, NM 2007-2011

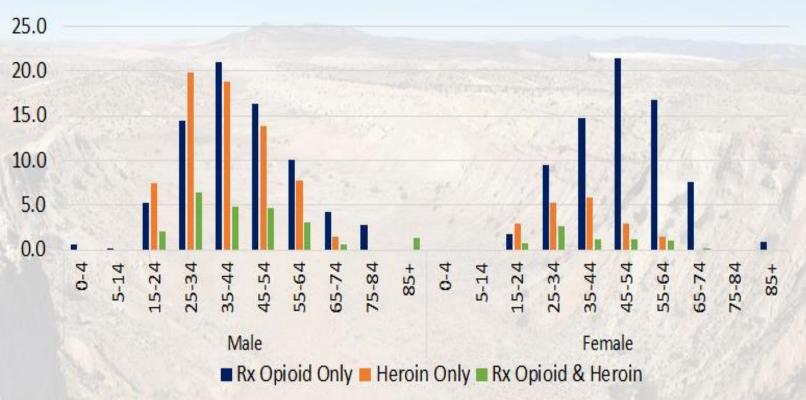


Slide Credit: James Davis, MA, Drug Epidemiologist, NM DOH

High Risk Prescribing Patterns

- Long term use of opioids (≥ 90 days)
- High doses of opioids (≥ 90 MME/day)
- Overlapping prescriptions of opioids from different prescribers
- Multiple Provider Episodes (MPE: Doctor and pharmacy shopping)
- The combination of opioids and sedativehypnotics
- The combination of opioids, benzodiazepines and muscle relaxants

Drug Overdose Death Rates, by Selected Age, Sex and Drug Type, NM, 2013-2017

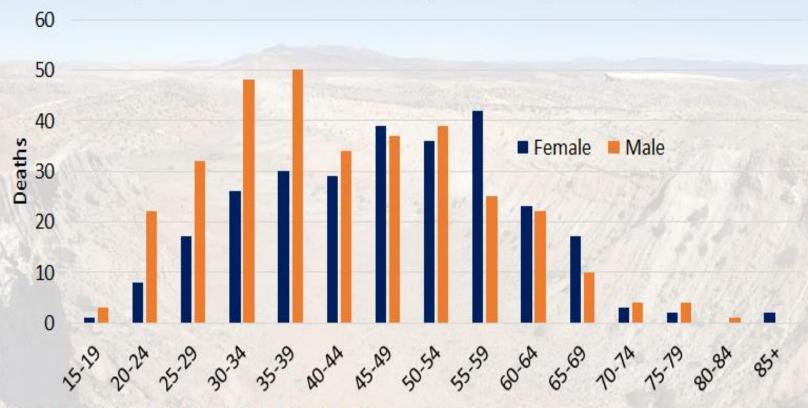


Drug Categories are mutually exclusive

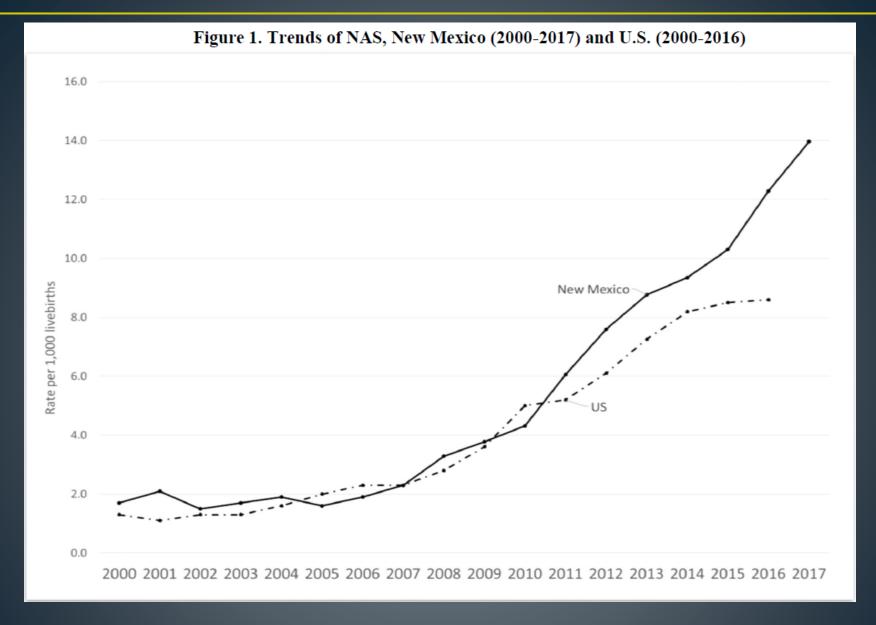
Source: NM DOH Bureau of Vital Records and Health Statistics death data; UNM/GPS population estimates

Prescription Drug Information and Statistics

Benzodiazepine-Involved Overdose Deaths, by Selected Age and Sex, NM, 2013-2017



Source: NM DOH Bureau of Vital Records and Health Statistics death data



In NM, the rate of NAS increased 324% between 2008 (3.3 per 1,000 livebirths) and 2017 (14.0). In the US, the rate increased by 207% between 2008 (2.8) and 2016 (8.6) (Figure 1). Saavedra, L.G. Epidemiology and Response Division New Mexico Department of Health. New Mexico Epidemiology. 2018. 10

Economic Cost of Opioid Misuse

- Estimate of the number of people in NM in 2017Q2 who are chronic prescription opioid users, and may need treatment (22% of chronic prescription opioid patients)* = 12,400
- Cost per year per person misusing opioids estimate*** = \$46,970
- Estimated annual cost of prescription opioid misuse to NM
 - = \$582,000,000

Data Sources: NM Board of Pharmacy Prescription Monitoring Program; NMDOH Harm Reduction Syringe Services Program

Note: The Winsorized mid point (min+max)/2 was used as a proxy for the number of people who have potentially problematic prescription opioid use.

^{*} Vowles, K. E., McEntee, M. L., Siyahhan Julnes, P., Frohe, T., Ney, J. P., & van der Goes, D. N. (2015). Rates of opioid misuse, abuse, and addiction in chronic pain: A systematic review and data synthesis. Pain, 156, 569-576.

DISTRIBUTION OF THE ECONOMIC BURDEN OF PRESCRIPTION OPOID OVERDOSE, ABUSE AND DEPENDENCE

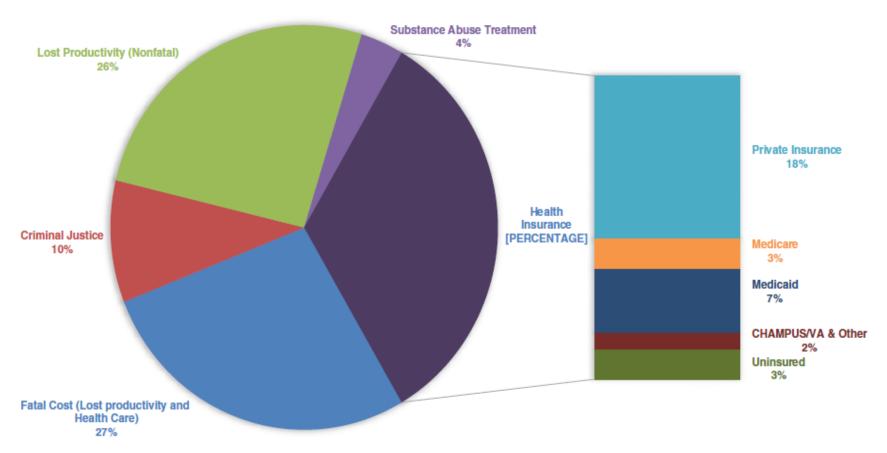


FIGURE 1. Distribution of the economic burden of prescription opioid overdose, abuse, and dependence.

From: Florence et al, The Economic Burden of Prescription Opioid Overdose, Abuse, and Dependence in the United States, 2013, Medical Care, Volume 54, Number 10, October 2016

High Risk Prescribing and PMP Usage over Time, NM, 2015-2017

	2015 Q2	2016 Q2	2017 Q2	% Change 2015Q2- 2017Q2
High Dose Prescriptions (>=90 MME/day)	57,801	53,462	46,358	-20%
Chronic Opioid Patients	55,663	56,240	55,783	0%
Concurrent Opioids and Benzodiazepines	29,059	27,182	24,240	-17%
Multiple Provider Patients (4 prescribers or 4 pharmacies in 3 months)	5,156	4,133	3,647	-29%
%Chronic Opioid Patients with a PMP check	41%	47%	56%	37%
%New Opioid Patients with a PMP check	7%	9%	14%	82%

OPIOID OVERDOSE EPIDEMIC RESPONSE

Prescription Drug Abuse Prevention Plan

- expands upon the Administration's National Drug Control Strategy and includes action in four major areas to reduce prescription drug abuse:
 - Education
 - Tracking and monitoring
 - Proper medication disposal
 - Enforcement

Source: Epidemic: Responding to America's Prescription Drug Abuse Crisis; Executive Office of the President of the United States; 2011; http://www.whitehouse.gov/sites/default/files/ondcp/policy-and-research/rx abuse plan.pdf

Prescription Drug Abuse: Strategies to Stop the Epidemic

October 2013

Key recommendations

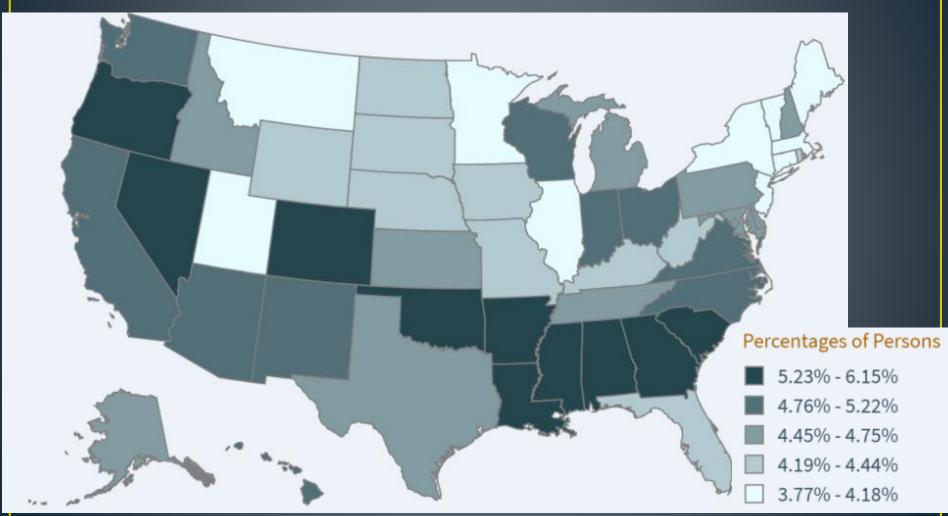
- Educate the public to understand the risks of Rx drug use to avoid misuse in the first place;
- Ensure responsible prescribing practices, including increasing
 education of healthcare providers and prescribers to better
 understand how medications can be misused and to identify
 patients in need of treatment;
- Increase understanding about safe storage of medication and proper disposal of unused medications, such as through "take back" programs;
- Make sure patients do receive the pain and other medications they need, and that patients have access to safe and effective drugs

http://healthyamericans.org/reports/drugabuse2013/

Teen Prescription Drug Abuse and Misuse

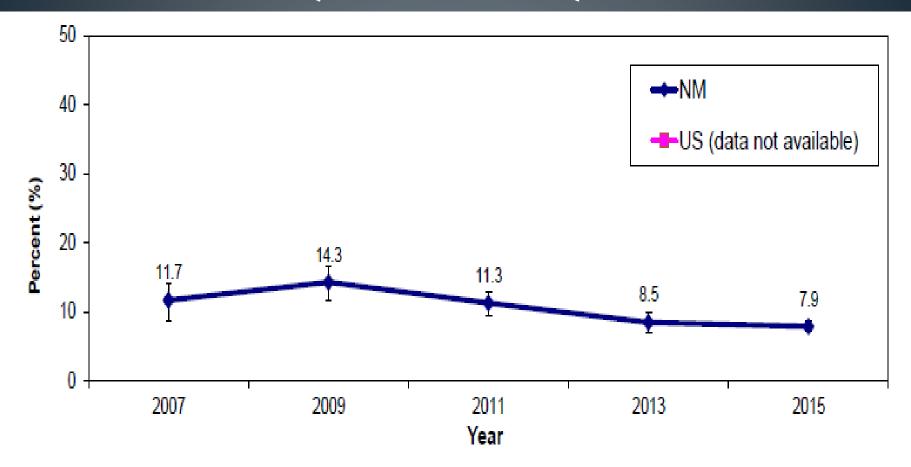
- 23% Report having abused Rx medications at least once in their lifetime.
- More than half of teens (73%) indicate that it's easy to get prescription drugs from their parent's medicine cabinet
- Almost four in 10 teens (38%) who have misused or abused a prescription drug obtained it from their parent's medicine cabinet
- Source U.S. Drug Enforcement Administration 2013 Partnership Attitude Tracking Study, published 7/23/14

Nonmedical Use of Pain Relievers in the Past Year among Youths Aged 12 to 17, by State: Percentages



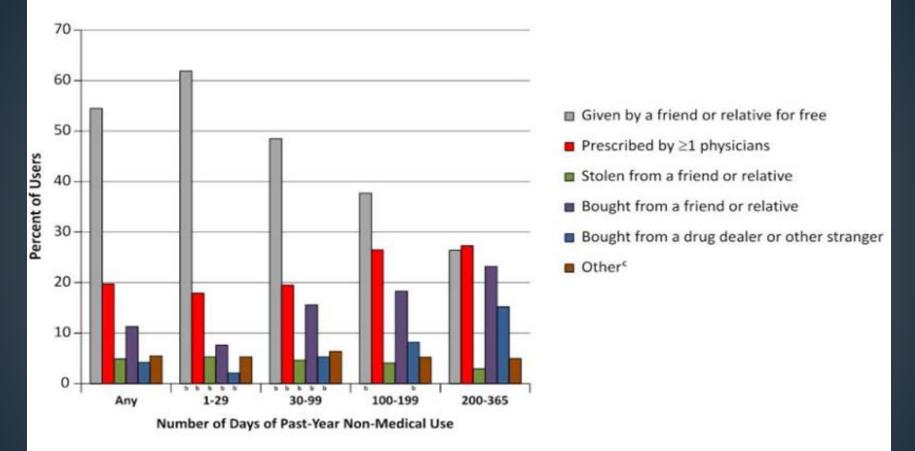
Source: SAMHSA, Center for Behavioral Health Statistics and Quality, NSDUH, 2013 and 2014. (http://pdas.samhsa.gov/saes/state#, 1/8/18)

Past 30-day Painkiller Use to Get High Grades 9-12, New Mexico, 2007-2015



^{*} Used a painkiller (such as Vicodin, OxyContin, or Percocet) to get high at least one time in the past 30 days Source: YRRS (NM); CDC YRBS (US); NMDOH Survey Section (NOTE: Brackets around reported rates are 95% confidence intervals)

Sources of Prescription Opioids Among Past-Year Non-Medical Users^a



^{*} Obtained from the US National Survey on Drug Use and Health, 2008 through 2011.5

SOURCE: Jones C, Paulozzi L, Mack K. Sources of prescription opioid pain relievers by frequency of past-year nonmedical use: United States, 2008–2011. JAMA Int Med 2014; 174(5):802-803.

b Estimate is statistically significantly different from that for highest-frequency users (200-365 days) (P<.05).

c Includes written fake prescriptions and those opioids stolen from a physician's office, clinic, hospital, or pharmacy; purchases on the Internet; and obtained some other way.



Individuals can

- Use prescription painkillers only as directed by a health care provider.
- Make sure they are the only one to use their prescription painkillers. Not selling or sharing them with others helps prevent misuse and abuse.
- Store prescription painkillers in a secure place and dispose of them properly.*
- Get help for substance abuse problems if needed (1-800-662-HELP).

Rx drug misuse, abuse and overdose related laws in NM

- Laws Requiring a Physical Examination before Prescribing*
- Laws Requiring Tamper-Resistant Prescription Forms
- Laws Regulating Pain Clinics
- Laws Setting Prescription Drug Limits*
- Laws Prohibiting "Doctor Shopping"/Fraud* general language
- Laws Requiring Patient Identification before Dispensing*
- Laws Providing Immunity from Prosecution/Mitigation at Sentencing for Individuals Seeking Assistance During an Overdose*

- In 2001, New Mexico first state to amend its laws to make it easier for medical professionals to provide naloxone, and for lay administrators to use it without fear of legal repercussions.
- In 2007, New Mexico first state to amend its laws to encourage Good Samaritans to summon aid in the event of an overdose. Provides criminal immunity for both the person in need and the person who sought help.

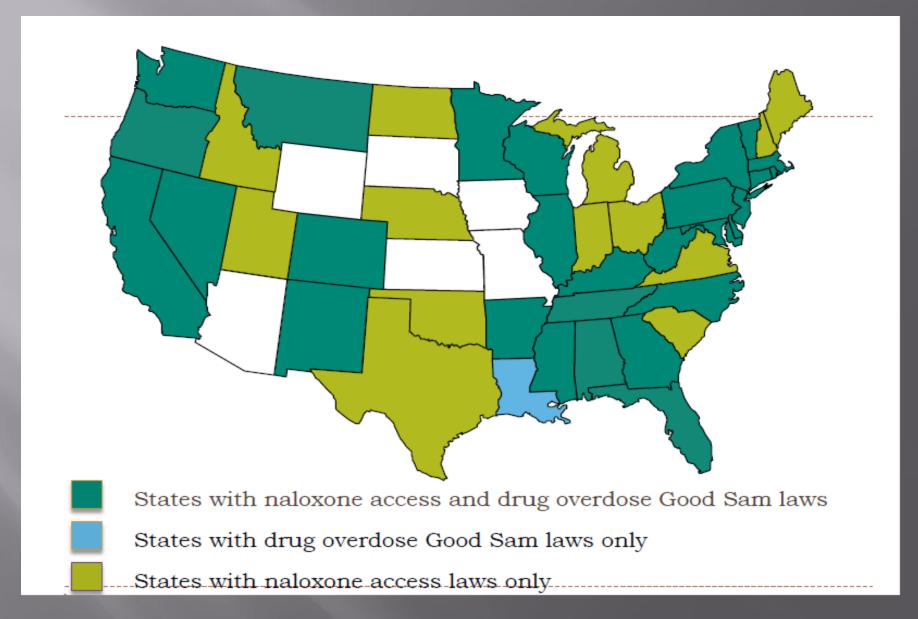
Source: Legal Interventions to Reduce Overdose Mortality: Naloxone Access and Overdose Good Samaritan Laws; The Network for Public Health Law May 2013

Rescue Drug Law

- ➤ March 2016, SB 262 / HB 277 signed into law: significantly expanded naloxone access (possess, store, distribute, prescribe, administer).

 NMSA 24-23-1
- ► Naloxone standing orders (issued NM DOH March 2016)
 - > Any person acting under a standing order issued by a licensed prescriber may store or distribute an opioid antagonist
 - > A licensed prescriber may directly or by SO prescribe, dispense, or distribute an opioid antagonist to (several categories)

Sources: SB 262, HB 277; Legal Interventions to Reduce Overdose Mortality: Naloxone Access and Overdose Good Samaritan Laws; The Network for Public Health Law May 2013



Source: The Network for Public Health Law, last updated July 2015

Substance Abuse and Mental Health Services Administration

Find Treatment Practitioner Training

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Programs

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Find Treatment



Behavioral Health Treatment Services Locator

Find alcohol, drug, or mental health treatment facilities and programs around the country at findtreatment.samhsa.gov.

Buprenorphine Physician & Treatment Program Locator

Find information on locating physicians and treatment programs authorized to treat opioids, such as heroin or prescription pain relievers, at www.samhsa.gov/medication-assisted-treatment/physician-programdata/treatment-physician-locator.

Early Serious Mental Illness Treatment Locator

Find treatment programs in your state that treat recent onset of serious mental illnesses such as psychosis, schizophrenia, bi-polar disorder, and other conditions at www.samhsa.gov/esmi-treatment-locator.

Opioid Treatment Program Directory

Find treatment programs in your state that treat addiction and dependence on opioids, such as heroin or prescription pain relievers, at dpt2.samhsa.gov/treatment/.

Learn More

Find out more about these treatment topics:



Suicide Prevention Lifeline

1-800-273-TALK (8255) TTY: 1-800-799-4889

Website: www.suicidepreventionlifeline.org &

24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. Your call is routed to the nearest crisis center in the national network of more than 150 crisis centers.

SAMHSA's National Helpline

1-800-662-HELP (4357) TTY: 1-800-487-4889

Website: www.samhsa.gov/find-help/national-helpline

Also known as, the Treatment Referral Routing Service, this Helpline provides 24-hour free and confidential treatment referral and information about mental and/or substance use disorders, prevention, and recovery in English and Spanish.

Disaster Distress Helpline

1-800-985-5990

Website: www.samhsa.gov/find-help/disaster-distress-helpline

Stress, anxiety, and other depression-like symptoms are common

Samhsa-Certified Opioid Treatment Programs

Program Name	Street	City	State	Zip Code	Phone	
Metro Treatment of New Mexico	630 Haines NW	Albuquerque	NM	87102	(505) 268-5611	Мар
Recovery Services of New Mexico	1528 Five Points	Albuquerque	NM	87105	(505) 242-6919	Мар
Albuquerque Treatment Services, LLC	123 Madiera Street, SE	Albuquerque	NM	87108	(505) 262-1538	Мар
Addictions & Substance Abuse Program (ASAP)	2600 Yale Blvd. SE	Albuquerque	NM	87106	(505) 994-7999	Мар
Albuquerque Health Services	112 Monroe St., NE	Albuquerque	NM	87108	(505) 260-9917	Map
Albuquerque Health Services	172 Montano Rd	Albuquerque	NM	87107	(310) 534-5590	Map
Recovery Services of New Mexico MDC	100 Deputy Dean Miera Dr. S.W.	Albuquerque	NM	87151	(505) 833-4491	Мар
Duke City Recovery Toolbox, LLC	912 First Street NW	Albuquerque	NM	87102	(505) 224-9777	Мар
Courageous Transformations, Inc	3301 Los Arboles NE	Albuquerque	NM	87107	(505) 800-7092	Мар
Recovery Services of New Mexico	2443 Highway 47	Belen	NM	87002	(505) 861-2066	Мар
New Mexico Treatment Services, LLC	1227 N Railroad Ave	Espanola	NM.	87532	(505) 747-8187	Мар
New Mexico Treatment Services LLC Farmington	607 E Apache	Farmington	NM	87401	(505) 326-2012	Мар
ALT Recovery Group	1141 Mall Drive	Las Cruces	NM	88001	(575) 522-0660	Map
Rio Rancho Health Services	1558 Stephanie Rd. SE	Rio Rancho	NM	87124	(505) 896-5517	Мар
Recovery Services of Southern New Mexico	1107 South Atkinson	Roswell	NM	88203	(575) 578-4825	Мар
New Mexico Treatment Services, LLC	1264 Rodeo Rd	Santa Fe	NM	87505	(505) 982-2129	Мар

From SAMHSA website 03/01/2019

Questions?

JooYung.Han@state.nm.us

THE END.