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CITE THIS ARTICLE

A taxonomy of behavior change techniques used in interventions.

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Michie, Susan, ORCID 0000-0003-0063-6378, Department of Psychology, University College London, London, England

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2

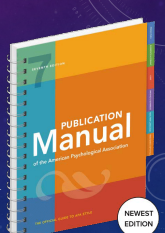
CHECK YOUR ANSWER

Abraham, C., & Michie, S. (2008). A taxonomy of behavior change techniques used in interventions. *Health Psychology*, 27(3), 379-387. <http://dx.doi.org/10.1037/0278-6133.27.3.379>

3

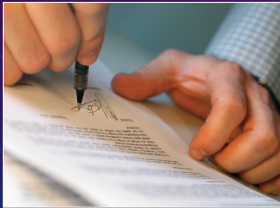
WHAT IS APA STYLE?

- Created and maintained by the American Psychological Association
- A format for writing and documenting academic papers in the social sciences.
- Seventh edition, 2020

A small version of the 'Publication Manual of the American Psychological Association, 7th Edition' is shown on the right side of the slide. It features the same orange and blue cover design as seen in slide 1, with the text 'PUBLICATION Manual of the American Psychological Association' and 'NEWEST EDITION' badge.

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WHY USE APA FORMAT?

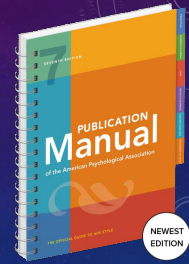


- **Allow those who read your paper to access the information**
- **Give credit to the original writers for their ideas**
- **Provide uniform guidelines for academic papers**
- **Protect yourself from plagiarism**

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BIG CHANGES WITH APA 7

- Omit publisher city and state
- Only one space after period
- Use quotations for linguistic examples
- List DOIs as URL
- Running head omitted in student papers
- In-text three or more use et al.
- In references include up to 20 authors
- Don't use Retrieved from, and include website name.
- Use gender neutral pronoun "they"
- Font flexibility: Calibri 11, Arial 11, Lucida Sans Unicode 10, Time New Roman 12, Georgia 11



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WHERE DO I FIND APA FORMAT?

- **Manual of the American Psychological Association, 7th ed.**
- **APA Style Central** <http://www.apastyle.org/>
- **Purdue OWL** <https://owl.english.purdue.edu/>
- **Ace Writing Lab** 667-5137



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FOUR PAGE TYPES

Title Page

Abstract Page

Text Page(s)

References Page(s)

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TITLE PAGE

1

Effects of Age on Detection of Emotional Information APA 2.4 Title

Christina M. Leclerc and Elizabeth A. Kessinger
 Department of Psychology, Southeastern University
 PSYC 3170: Clinical Psychology
 Dr. S. Smith
 January 15, 2020 APA 2.3 Title Page

- Title Bold, Centered
- APA Title Elements 2.3 p30

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TEXT PAGE

2

Effects of Age on Detection of Emotional Information Page title

This is where you should typing your document. APA citation style should have 1" margins on all sides. The line spacing has already been made double for you in this template.

This is the second paragraph. Just keep on typing and soon this will be done. The library highly recommends that you use Zotero for your citations (American Psychological Association, 2015). Zotero is the only research tool that automatically senses content in your web browser, allowing you to add it to your personal library with a single click. Whether you're searching for a preprint on arXiv.org, a journal article from JSTOR, a news story from the New York Times, or a book from your university library catalog, Zotero has you covered with support for thousands of sites (Kupour et al., 2019).

Page Number
 Title (bolded)
 1" Margins
 Double spaced
 One spaces after a punctuation marks at the end of a sentence.

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FIVE LEVELS OF HEADING

Level	Format
1	Centered, Bold, Title Case Heading Text begins as new paragraph.
2	Flush Left, Bold, Title Case Heading Text begins as new paragraph.
3	Flush Left, Bold Italic, Title Case Heading Text begins as a new paragraph.
4	Indented, Bold, Title Case Heading, Ending With a Period. Text begins on the same line and continues as a regular paragraph.
5	Indented, Bold Italic, Title Case Heading, Ending With a Period. Text begins on the same line and continues as a regular paragraph.

APA7 Sec. 2.27 P 47-48

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REFERENCE PAGES

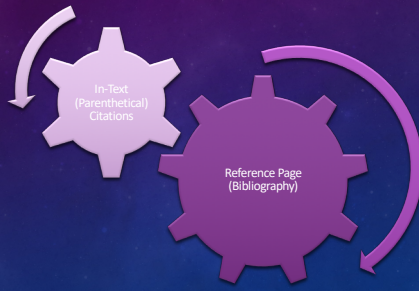
Should begin on a new page after the last paragraph.

List sources alphabetically by author's last name

Indent all entry lines except the first line (known as "hanging indent")

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TWO TYPES OF CITATIONS



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REFERENCE PAGE (BIBLIOGRAPHY)

- List every source that you make reference to in your paper.
- Provide the information necessary for a reader to locate and *retrieve* any sources cited in your paper.
- Each retrievable source cited in the bibliography must appear on the reference page, and vice versa.



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REFERENCE PAGE

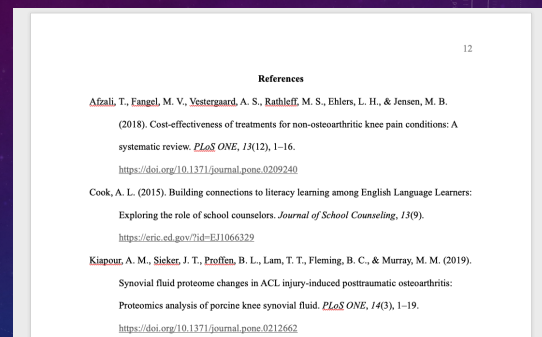


Basic citation information:

- Author's name
- Publication Date
- Title of work
- Publication information

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A SAMPLE REFERENCE PAGE



APA7 2.12 Reference List p39 & p58

16

REFERENCE PAGE – BOOK, PRINT VERSION

Burgess, R. (2019). *Rethinking global health: Frameworks of power*. Routledge.

17

BOOK WITH EDITOR

VanderBos, G. R. (Ed.). (2007). *APA dictionary of psychology*. American Psychological Association.

18

10.35 RELIGIOUS WORKS

King James Bible. (2017) King James bible online.
<https://www.kingjamesbibleonline.org/> (Original work published 1769)

Parenthetical

1 Cor 13:1 (King James Bible, 1769/2017)

19

10.37 SHAKESPEARE (AND CLASSICAL WORKS)

Shakespeare, W. (1995). *Much ado about nothing* (B. A. Mowat & P. Werstine, Eds.). Washington Square Press. (Original work published 1623)

Parenthetical

(Shakespeare, 1623/1995)

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DOI - LIST AS A URL

Digital Object Identifier

<http://dx.doi.org/10.1002/hbm.20037>

If you don't know the DOI, Find the article on the journal publisher site, try directly going to the publisher site of the journal.

APA7 Sec. 9.34 and 9.36 pp 298-300

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JOURNAL ARTICLE: WITH DOI

Carretie, L., Hinojosa, J. A., Martin-Loeches, M., Mecado, F., & Tapia, M. (2004). Automatic attention to emotional stimuli: Neural correlates. *Human Brain Mapping*, 22, 290–299. <http://dx.doi.org/10.1002/hbm.20037>

22

ARTICLE FROM LIBRARY DATABASES WITH DOI

Trice, P. D., & Bjork, J. P. (2006). Pentecostal perspectives on causes and cures of depression. *Professional Psychology: Research and Practice*, 37, 283-294. <http://dx.doi.org/10.1037/0735-7028.37.3.283>

USE DOI IF AVAILABLE

23

ARTICLE FROM LIBRARY DATABASES (W/O DOI)

Kim, E., Newton, F., Downey, R., & Benton, S. (2010). Personal factors impacting college student success: Constructing college learning effectiveness inventory. *College Student Journal*, 44, 112-125. <http://search.ebscohost.com/login.aspx?direct=true&db=a9h&AN=48646433&site=ehost-live>

Include database access URL if there is no DOI

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WORKS WITH 20 OR MORE AUTHORS

When there are 20 or fewer authors use ampersand (&) before the last author.

When there are more than 21 authors include surnames of the first 19 with ellipsis ... preceding the last author.

APA7 Sec. 9.8 p286

25

ONLINE SOURCE– NO DATE

Dvoretzky, D. P. (n.d.). *History: Pavlov Institute of Physiology of the Russian Academy of Sciences.*

http://www.infran.ru/history_eng.htm

Heuristic (n.d.). In Merriam-Webster's online dictionary (11th ed.)

Retrieved March 15, 2020 from <http://www.m->

[w.com/dictionary/heuristic](http://www.m-w.com/dictionary/heuristic)

Include retrieved date for sources that change often.
APA7 Sec. 9.16 p 290

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CITATIONS WITHIN A QUOTE

Actors "are encouraged to become immersed in a character's life (Stanislavski, 1936/1948, 1950), an activity that calls for absorption" (Panero et al., 2016, p. 234).

Do not omit the citation within a direct quote.

APA7 Sec. 8.32 p276

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SECONDARY SOURCES

- Original source out of print
- Original not available in English

Allport's diary (as cited in Nicholson, 2003)

- Then include only Nicholson in the references

APA7 Sec. 8.6 p258

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STATUTE IN A FEDERAL CODE

Mental Health Systems Act, 42 U.S.C § 9401
(1988).

Text Citation:

Mental Health Systems Act (1988)
Mental Health Systems Act of 1988

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PARENTHETICAL AND NARRATIVE CITATIONS

Requires 3
types of
information:

- Author's last name
- Year of publication
- The page numbers (only for a direct quotation and paraphrasing)

Use "p." before single page numbers and "pp."
before multiple pages.

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DIRECT QUOTES

- Narrative (In-Text) Citation
Caruth (1996) states that a traumatic response frequently entails a "delayed, uncontrolled repetitive appearance of hallucinations and other intrusive phenomena" (p.11).
- Parenthetical Citation
A traumatic response frequently entails a "delayed, uncontrolled repetitive appearance of hallucinations and other intrusive phenomena" (Caruth, 1996, p.11).

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MORE PARENTHETICAL EXAMPLES

Sometimes additional information is necessary . . .

- More than one author with the same last name
(H. James, 1878); (W. James, 1880)
- Two or more works in the same parentheses
(Caruth, 1996; Fussell, 1975; Showalter, 1997)
- Specific part of a source
(Jones, 1995, chap. 2)

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MULTIPLE AUTHORS

	Parenthetical	Narrative
2	(Sales & D'Agostino, 2020)	Sales and D'Agostino (2020)
3 or more	(Martin et al., 2020)	Martin et al. (2020)

USE AMPERSAND & IN PARENTHETICAL
USE AND FOR NARRATIVE

APA7 Sec. 8.17 p266

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WHERE CAN YOU GO FOR ADDITIONAL HELP?



- ACE Writing Lab 667-5137



- A Librarian – Army (x5523), Kathy (x5949), Nathan (x5309), Glenn (x5987) or Cindy (x5626)
- Steelman Library
<http://library.sdu.edu/citations/APA>
- Perdue OWL
<http://owl.english.purdue.edu>

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