



STARBUCKS

Autumn FY23 IRE BEVERAGE NUTRITIONAL INFORMATION

Menu Item	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates(g)	Of which Sugar(g)	Fibre (g)	Protein (g)	Salt(g)	Caffeine (mg)
<b>Espresso Drinks</b>											
Americano	Tall	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Americano	Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Americano	Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Caffe Latte - semi skimmed milk	Tall	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Caffe Latte - semi skimmed milk	Grande	736	175	6.1	5.9	17.1	16.3	0.2	12.9	0.42	66.2
Caffe Latte - semi skimmed milk	Venti	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Caffe Latte - whole milk	Tall	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Caffe Latte - whole milk	Grande	966	230	12.6	7.9	16.8	15.9	0.2	12.6	0.42	66.2
Caffe Latte - whole milk	Venti	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Caffe Latte - skimmed milk	Tall	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Caffe Latte - skimmed milk	Grande	564	134	1.3	0.5	17.4	16.6	0.2	12.9	0.43	66.2
Caffe Latte - skimmed milk	Venti	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Caffe Latte - almond drink	Tall	297	71	3.3	0.3	7.6	6.5	1	2.2	0.26	66.2
Caffe Latte - almond drink	Grande	386	93	4.3	0.4	9.9	8.7	1.3	2.7	0.33	66.2
Caffe Latte - almond drink	Venti	503	121	5.6	0.5	12.9	11.2	1.7	3.6	0.44	99.2
Caffe Latte - soya drink	Tall	493	117	5.1	0.8	7.9	6.5	1.8	9.3	0.31	66.2
Caffe Latte - soya drink	Grande	650	154	6.7	1.1	10.2	8.7	2.3	12.3	0.40	66.2
Caffe Latte - soya drink	Venti	841	200	8.7	1.4	13.3	11.2	3	15.9	0.52	99.2
Caffe Latte - oat drink	Tall	671	160	7.9	0.8	18	8.5	2.8	3	0.39	66.2
Caffe Latte - oat drink	Grande	890	213	10.5	1.1	24	11.5	3.7	3.7	0.50	66.2
Caffe Latte - oat drink	Venti	1147	274	13.5	1.4	30.9	14.7	4.7	4.9	0.65	99.2
Caffe Latte - coconut drink	Tall	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Caffe Latte - coconut drink	Grande	664	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Caffe Latte - coconut drink	Venti	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Latte Macchiato - semi skimmed milk	Tall	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Latte Macchiato - semi skimmed milk	Grande	734	174	6	5.9	17.1	16.2	0.2	12.9	0.42	66.2
Latte Macchiato - semi skimmed milk	Venti	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Latte Macchiato - whole milk	Tall	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Latte Macchiato - whole milk	Grande	963	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66.2
Latte Macchiato - whole milk	Venti	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Latte Macchiato - skimmed milk	Tall	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Latte Macchiato - skimmed milk	Grande	563	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66.2
Latte Macchiato - skimmed milk	Venti	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Latte Macchiato - almond drink	Tall	297	71	3.3	0.3	7.6	6.5	1	2.2	0.26	66.2
Latte Macchiato - almond drink	Grande	385	92	4.3	0.4	9.9	8.7	1.3	2.7	0.33	66.2
Latte Macchiato - almond drink	Venti	503	121	5.6	0.5	12.9	11.2	1.7	3.6	0.44	99.2
Latte Macchiato - soya drink	Tall	493	117	5.1	0.8	7.9	6.5	1.8	9.3	0.31	66.2
Latte Macchiato - soya drink	Grande	648	154	6.7	1.1	10.2	8.7	2.3	12.2	0.40	66.2
Latte Macchiato - soya drink	Venti	841	200	8.7	1.4	13.3	11.2	3	15.9	0.52	99.2
Latte Macchiato - oat drink	Tall	671	160	7.9	0.8	18	8.5	2.8	3	0.39	66.2
Latte Macchiato - oat drink	Grande	888	212	10.5	1.1	23.9	11.4	3.6	3.7	0.50	66.2
Latte Macchiato - oat drink	Venti	1147	274	13.5	1.4	30.9	14.7	4.7	4.9	0.65	99.2
Latte Macchiato - coconut drink	Tall	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Latte Macchiato - coconut drink	Grande	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Latte Macchiato - coconut drink	Venti	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Freshly Brewed Coffee	Tall	140	35	1.8	0.4	1.4	0.4	1.8	2.1	0.44	101.5
Freshly Brewed Coffee	Grande	188	47	2.4	0.5	1.9	0.5	2.4	2.8	0.59	136.3
Freshly Brewed Coffee	Venti	236	59	3	0.6	2.4	0.6	3	3.5	0.74	171.1
Espresso Doppio	Doppio	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Espresso	Single	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33.1
Espresso Con Panna	Short	240	58	5.2	3.7	1.9	1.4	0.1	0.8	0.04	33.1
Espresso Con Panna	Single	240	58	5.2	3.7	1.9	1.4	0.1	0.8	0.04	33.1
Espresso Con Panna - Doppio	Double	303	73	6.3	4.4	2.6	1.8	0.2	1.4	0.07	66.2
Espresso Macchiato - semi skimmed milk	Single	32	8	0.2	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - whole milk	Single	36	9	0.3	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - skimmed milk	Single	30	7	0.1	0	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - almond drink	Single	27	6	0.2	0	0.6	0.2	0.1	0.5	0.03	33.1
Espresso Macchiato - soya drink	Single	31	7	0.2	0	0.6	0.2	0.1	0.6	0.03	33.1
Espresso Macchiato - oat drink	Single	35	8	0.3	0	0.8	0.2	0.2	0.5	0.03	33.1
Espresso Macchiato - coconut drink	Single	31	7	0.2	0.1	0.7	0.3	0.2	0.5	0.04	33.1
Espresso Macchiato - Doppio - semi skimmed milk	Double	76	18	0.5	0.3	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - whole milk	Double	87	21	0.8	0.4	1.7	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - skimmed milk	Double	68	16	0.3	0.1	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - almond drink	Double	60	14	0.4	0.1	1.4	0.5	0.3	1	0.07	66.2
Espresso Macchiato - Doppio - soya drink	Double	72	17	0.5	0.1	1.4	0.5	0.3	1.5	0.07	66.2
Espresso Macchiato - Doppio - oat drink	Double	84	20	0.7	0.1	2.1	0.7	0.4	1.1	0.08	66.2
Espresso Macchiato - Doppio - coconut drink	Double	73	18	0.6	0.4	1.6	0.7	0.5	1.1	0.09	66.2
Cortado - semi skimmed milk	Short	237	56	1.9	1.7	5.5	4.6	0.2	4.3	0.16	66.2
Cortado - whole milk	Short	302	72	3.7	2.2	5.4	4.6	0.2	4.2	0.16	66.2
Cortado - skimmed milk	Short	189	45	0.5	0.2	5.6	4.7	0.2	4.3	0.16	66.2
Cortado - almond drink	Short	139	33	1.4	0.1	3.5	2.5	0.5	1.4	0.13	66.2
Cortado - soya drink	Short	213	51	2	0.3	3.6	2.5	0.8	4.1	0.15	66.2
Cortado - oat drink	Short	280	67	3.1	0.3	7.4	3.3	1.2	1.7	0.18	66.2
Cortado - coconut drink	Short	217	53	2.6	2.3	4.4	3.5	1.7	1.9	0.24	66.2
Cappuccino - semi skimmed milk	Tall	504	120	4.1	3.9	11.7	10.9	0.2	8.9	0.30	66.2
Cappuccino - semi skimmed milk	Grande	583	139	4.8	4.6	13.5	12.7	0.2	10.3	0.34	66.2
Cappuccino - semi skimmed milk	Venti	813	193	6.6	6.4	18.9	17.6	0.3	14.4	0.48	99.2
Cappuccino - whole milk	Tall	657	156	8.4	5.3	11.5	10.6	0.2	8.7	0.30	66.2
Cappuccino - whole milk	Grande	762	181	9.8	6.2	13.3	12.4	0.2	10	0.34	66.2
Cappuccino - whole milk	Venti	1061	253	13.7	8.5	18.5	17.2	0.3	14	0.47	99.2
Cappuccino - skimmed milk	Short	212	50	0.5	0.2	6.5	6.1	0.1	4.9	0.17	33.1
Cappuccino - skimmed milk	Tall	390	93	0.9	0.3	11.9	11.1	0.2	8.9	0.31	66.2
Cappuccino - skimmed milk	Grande	449	106	1	0.4	13.8	13	0.2	10.3	0.35	66.2
Cappuccino - skimmed milk	Venti	628	149	1.4	0.5	19.3	18	0.3	14.4	0.49	99.2
Cappuccino - almond drink	Tall	271	65	3	0.3	6.9	5.8	0.9	2.1	0.24	66.2
Cappuccino - almond drink	Grande	310	74	3.4	0.3	7.9	6.8	1	2.3	0.27	66.2
Cappuccino - almond drink	Venti	435	104	4.8	0.4	11.1	9.5	1.4	3.3	0.38	99.2
Cappuccino - soya drink	Tall	447	106	4.6	0.7	7.2	5.8	1.6	8.5	0.28	66.2
Cappuccino - soya drink	Grande	516	123	5.3	0.8	8.2	6.8	1.8	9.8	0.32	66.2
Cappuccino - soya drink	Venti	720	171	7.4	1.2	11.5	9.5	2.6	13.6	0.45	99.2
Cappuccino - oat drink	Tall	607	145	7.1	0.7	16.3	7.7	2.5	2.8	0.35	66.2
Cappuccino - oat drink	Grande	703	168	8.2	0.8	18.9	8.9	2.9	3.1	0.40	66.2
Cappuccino - oat drink	Venti	980	234	11.4	1.2	26.3	12.4	4	4.4	0.57	99.2
Cappuccino - coconut drink	Tall	456	111	5.9	5.3	9	8.1	3.6	3.2	0.48	66.2
Cappuccino - coconut drink	Grande	527	128	6.9	6.2	10.3	9.5	4.2	3.6	0.56	66.2
Cappuccino - coconut drink	Venti	735	178	9.6	8.6	14.4	13.2	5.9	5.1	0.78	99.2
Misto - semi skimmed milk	Tall	484	116	4.4	3.6	10.3	9.7	0.9	8.2	0.45	53.7
Misto - semi skimmed milk	Grande	589	141	5.3	4.4	12.5	11.9	1.1	10	0.54	62.9
Misto - semi skimmed milk	Venti	802	192	7.2	6.1	17.2	16.3	1.4	13.6	0.72	82.1
Misto - whole milk	Tall	620	148	8.2	4.8	10.1	9.5	0.9	8	0.44	53.7
Misto - whole milk	Grande	755	181	10	5.9	12.3	11.6	1.1	9.7	0.53	62.9
Misto - whole milk	Venti	1031	247	13.7	8.1	16.8	16	1.4	13.3	0.71	82.1
Misto - skimmed milk	Tall	383	92	1.5	0.4	10.5	9.9	0.9	8.2	0.45	53.7
Misto - skimmed milk	Grande	464	111	1.8	0.5	12.8	12.1	1.1	10	0.54	62.9
Misto - skimmed milk	Venti	632	151	2.4	0.7	17.5	16.7	1.4	13.6	0.73	82.1





Iced Americano	Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Iced Latte - semi skimmed milk	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Iced Latte - semi skimmed milk	Grande	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Iced Latte - semi skimmed milk	Venti	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Iced Latte - whole milk	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Iced Latte - whole milk	Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Iced Latte - whole milk	Venti	767	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Iced Latte - skimmed milk	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Iced Latte - skimmed milk	Grande	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Iced Latte - skimmed milk	Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Iced Latte - almond drink	Tall	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Iced Latte - almond drink	Grande	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Iced Latte - almond drink	Venti	326	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Iced Latte - soya drink	Tall	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Iced Latte - soya drink	Grande	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Iced Latte - soya drink	Venti	527	125	5.3	0.9	8.5	6.7	1.9	10	0.35	99.2
Iced Latte - oat drink	Tall	494	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66.2
Iced Latte - oat drink	Grande	611	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66.2
Iced Latte - oat drink	Venti	709	169	8.2	0.9	19	8.8	2.9	3.5	0.42	99.2
Iced Latte - coconut drink	Tall	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Iced Latte - coconut drink	Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Iced Latte - coconut drink	Venti	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99.2
Classic Iced Cappuccino - semi skimmed milk	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Classic Iced Cappuccino - semi skimmed milk	Grande	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Classic Iced Cappuccino - semi skimmed milk	Venti	591	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Classic Iced Cappuccino - whole milk	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Classic Iced Cappuccino - whole milk	Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Classic Iced Cappuccino - whole milk	Venti	766	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Classic Iced Cappuccino - skimmed milk	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Classic Iced Cappuccino - skimmed milk	Grande	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Classic Iced Cappuccino - skimmed milk	Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Classic Iced Cappuccino - almond drink	Tall	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Classic Iced Cappuccino - almond drink	Grande	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Classic Iced Cappuccino - almond drink	Venti	325	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Classic Iced Cappuccino - soya drink	Tall	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Classic Iced Cappuccino - soya drink	Grande	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Classic Iced Cappuccino - soya drink	Venti	526	125	5.3	0.8	8.5	6.7	1.9	10	0.35	99.2
Classic Iced Cappuccino - oat drink	Tall	494	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66.2
Classic Iced Cappuccino - oat drink	Grande	611	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66.2
Classic Iced Cappuccino - oat drink	Venti	709	169	8.2	0.8	19	8.8	2.9	3.5	0.42	99.2
Classic Iced Cappuccino - coconut drink	Tall	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Classic Iced Cappuccino - coconut drink	Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Classic Iced Cappuccino - coconut drink	Venti	537	130	6.9	6.1	10.6	9.3	4.2	4	0.57	99.2
Iced Latte Macchiato - semi skimmed milk	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Iced Latte Macchiato - semi skimmed milk	Grande	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Iced Latte Macchiato - semi skimmed milk	Venti	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Iced Latte Macchiato - whole milk	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Iced Latte Macchiato - whole milk	Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Iced Latte Macchiato - whole milk	Venti	767	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Iced Latte Macchiato - skimmed milk	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Iced Latte Macchiato - skimmed milk	Grande	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Iced Latte Macchiato - skimmed milk	Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Iced Latte Macchiato - almond drink	Tall	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66.2
Iced Latte Macchiato - almond drink	Grande	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66.2
Iced Latte Macchiato - almond drink	Venti	326	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99.2
Iced Latte Macchiato - soya drink	Tall	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66.2
Iced Latte Macchiato - soya drink	Grande	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66.2
Iced Latte Macchiato - soya drink	Venti	527	125	5.3	0.9	8.5	6.7	1.9	10	0.35	99.2
Iced Latte Macchiato - oat drink	Tall	494	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66.2
Iced Latte Macchiato - oat drink	Grande	611	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66.2
Iced Latte Macchiato - oat drink	Venti	709	169	8.2	0.9	19	8.8	2.9	3.5	0.42	99.2
Iced Latte Macchiato - coconut drink	Tall	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Iced Latte Macchiato - coconut drink	Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Iced Latte Macchiato - coconut drink	Venti	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99.2
Iced Caramel Macchiato - semi skimmed milk	Tall	636	151	4.3	3.8	20.5	19.2	0.2	7.4	0.28	66.2
Iced Caramel Macchiato - semi skimmed milk	Grande	791	188	5.1	4.6	26.2	24.8	0.2	9.1	0.33	66.2
Iced Caramel Macchiato - semi skimmed milk	Venti	935	222	5.8	5.1	31.6	29.8	0.3	10.6	0.40	99.2
Iced Caramel Macchiato - whole milk	Tall	759	180	7.8	4.9	20.3	19	0.2	7.2	0.28	66.2
Iced Caramel Macchiato - whole milk	Grande	945	224	9.5	5.9	25.9	24.6	0.2	8.8	0.33	66.2
Iced Caramel Macchiato - whole milk	Venti	1110	264	10.7	6.7	31.4	29.5	0.3	10.4	0.39	99.2
Iced Caramel Macchiato - skimmed milk	Tall	545	129	1.8	0.9	20.6	19.3	0.2	7.4	0.29	66.2
Iced Caramel Macchiato - skimmed milk	Grande	676	160	1.9	1	26.4	25	0.2	9.1	0.34	66.2
Iced Caramel Macchiato - skimmed milk	Venti	805	190	2.1	1	31.9	30	0.3	10.6	0.40	99.2
Iced Caramel Macchiato - almond drink	Tall	450	107	3.4	0.9	16.6	15.1	0.8	1.9	0.23	66.2
Iced Caramel Macchiato - almond drink	Grande	557	133	4	0.9	21.3	19.7	0.9	2.2	0.27	66.2
Iced Caramel Macchiato - almond drink	Venti	669	159	4.5	1	26.2	24	1.1	2.8	0.32	99.2
Iced Caramel Macchiato - soya drink	Tall	591	140	4.7	1.2	16.8	15.1	1.3	7	0.27	66.2
Iced Caramel Macchiato - soya drink	Grande	734	174	5.6	1.4	21.6	19.7	1.6	8.6	0.32	66.2
Iced Caramel Macchiato - soya drink	Venti	870	206	6.3	1.5	26.4	24	1.9	10.1	0.38	99.2
Iced Caramel Macchiato - oat drink	Tall	718	171	6.7	1.2	24.1	16.6	2	2.5	0.32	66.2
Iced Caramel Macchiato - oat drink	Grande	895	213	8.1	1.4	30.8	21.6	2.5	2.9	0.39	66.2
Iced Caramel Macchiato - oat drink	Venti	1053	250	9.2	1.5	36.8	26.1	2.9	3.6	0.46	99.2
Iced Caramel Macchiato - coconut drink	Tall	598	144	5.8	4.9	18.3	17	3	2.9	0.43	66.2
Iced Caramel Macchiato - coconut drink	Grande	743	178	7	6	23.4	22	3.7	3.3	0.52	66.2
Iced Caramel Macchiato - coconut drink	Venti	880	211	7.9	6.7	28.5	26.6	4.3	4.1	0.61	99.2
Iced Cappuccino with Cold Foam	Tall	243	58	0.5	0.1	9.7	8.8	0.2	3.6	0.14	66.2
Iced Cappuccino with Cold Foam	Grande	325	77	0.5	0.2	13.4	12.6	0.2	4.5	0.17	66.2
Iced Cappuccino with Cold Foam	Venti	436	103	0.7	0.2	17.9	16.6	0.3	6	0.23	99.2
Iced Mocha - semi skimmed milk	Tall	1153	275	13	10	27.6	25.7	2.3	10.8	0.28	66.2
Iced Mocha - semi skimmed milk	Grande	1518	363	17.6	13.4	36	33.7	2.9	13.6	0.34	66.2
Iced Mocha - semi skimmed milk	Venti	1736	414	18.8	14.3	43.2	40.1	3.7	16.2	0.40	99.2
Iced Mocha - whole milk	Tall	1275	304	16.5	11	27.4	25.5	2.3	10.6	0.27	66.2
Iced Mocha - whole milk	Grande	1672	399	22	14.8	35.7	33.4	2.9	13.4	0.33	66.2
Iced Mocha - whole milk	Venti	1911	456	23.8	15.9	43	39.9	3.7	15.9	0.39	99.2
Iced Mocha - skimmed milk	Tall	1062	253	10.5	7.1	27.8	25.8	2.3	10.8	0.28	66.2
Iced Mocha - skimmed milk	Grande	1403	335	14.4	9.8	36.2	33.9	2.9	13.6	0.34	66.2
Iced Mocha - skimmed milk	Venti	1605	383	15.2	10.2	43.5	40.4	3.7	16.2	0.41	99.2
Iced Mocha - almond drink	Tall	967	232	12.1	7	23.8	21.6	2.8	5.3	0.23	66.2
Iced Mocha - almond drink	Grande	1284	307	16.5	9.7	31.1	28.6	3.6	6.7	0.27	66.2
Iced Mocha - almond drink	Venti	1470	352	17.5	10.1	37.7	34.4	4.5	8.3	0.33	99.2
Iced Mocha - soya drink	Tall	1107	264	13.4	7.4	23.9	21.6	3.4	10.4	0.26	66.2
Iced Mocha - soya drink	Grande	1461	349	18.1	10.2	31.4	28.6	4.3	13.2	0.32	66.2
Iced Mocha - soya drink	Venti	1671	399	19.4	10.7	38	34.4	5.3	15.6	0.38	99.2
Iced Mocha - oat drink	Tall	1235	295	15.4	7.4	31.2	23.1	4.1	5.9	0.32	66.2
Iced Mocha - oat drink	Grande	1622	388	20.6	10.2	40.6	30.5	5.2	7.4	0.39	66.2
Iced Mocha - oat drink	Venti	1853	443	22.2	10.7	48.4	36.5	6.3	9.1	0.46	99.2
Iced Mocha - coconut drink	Tall	1115	268	14.5	11	25.4	23.5	5	6.2	0.42	66.2
Iced Mocha - coconut drink	Grande	1470	353	19.5	14.8	33.2	30.9	6.4	7.9	0.52	66.2
Iced Mocha - coconut drink	Venti	1681	404	20.9	15.9	40.1	37	7.7	9.6	0.61	99.2
Iced White Mocha - semi skimmed milk	Tall	1302	311	13.9	11	36.5	35.6	0.3	9.7	0.45	66.2
Iced White Mocha - semi skimmed milk	Grande	1717	410	18.8	14.8	47.8	47	0.3	12.2	0.57	66.2
Iced White Mocha - semi skimmed milk	Venti	1985	473	20.3	16	58	56.8	0.4	14.4	0.69	99.2
Iced White Mocha - whole milk	Tall	1424	340	17.4	12.1	36.3	35.4	0.3	9.5	0.45	66.2
Iced White Mocha - whole milk	Grande	1871	446	23.1	16.1	47.6	46.7	0.3	12	0.56	66.2
Iced White Mocha - whole milk	Venti	2159	515	25.2	17.6	57.8	56.5	0.4	14.1	0.68	99.2
Iced White Mocha - skimmed milk											

Iced White Mocha - almond drink	Tall	1116	267	13	8.1	32.7	31.6	0.8	4.3	0.40	66.2
Iced White Mocha - almond drink	Grande	1483	355	17.6	11.1	43	41.9	1	5.3	0.50	66.2
Iced White Mocha - almond drink	Venti	1719	411	19	11.9	52.6	51	1.2	6.6	0.62	99.2
Iced White Mocha - soya drink	Tall	1257	300	14.3	8.4	32.8	31.6	1.4	9.4	0.44	66.2
Iced White Mocha - soya drink	Grande	1660	396	19.2	11.6	43.2	41.9	1.7	11.8	0.55	66.2
Iced White Mocha - soya drink	Venti	1919	457	20.8	12.4	52.8	51	2	13.9	0.67	99.2
Iced White Mocha - oat drink	Tall	1384	331	16.3	8.4	40.1	33.1	2.1	4.8	0.49	66.2
Iced White Mocha - oat drink	Grande	1821	435	21.8	11.6	52.4	43.7	2.6	6	0.62	66.2
Iced White Mocha - oat drink	Venti	2102	502	23.7	12.4	63.3	53.1	3	7.4	0.75	99.2
Iced White Mocha - coconut drink	Tall	1264	303	15.4	12.1	34.3	33.4	3	5.2	0.60	66.2
Iced White Mocha - coconut drink	Grande	1669	400	20.6	16.2	45.1	44.2	3.7	6.5	0.75	66.2
Iced White Mocha - coconut drink	Venti	1930	463	22.4	17.6	54.9	53.6	4.3	7.9	0.90	99.2
Starbucks Doubleshot™ Iced Coffee	Mini	368	89	8.1	5	2.3	1.5	0.2	1.6	0.09	66.2
Starbucks Doubleshot™ Vanilla Iced Coffee	Mini	434	105	8.1	5	6.2	5.3	0.2	1.6	0.09	66.2
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	372	88	2.2	2	12.2	11.3	0.2	4.8	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	492	117	2.7	2.4	16.8	15.4	0.3	6.1	0.23	85.1
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	603	143	3.2	2.8	21.1	19.3	0.5	7.2	0.28	113.4
Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	449	107	4.4	2.7	12.1	11.2	0.2	4.7	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	586	139	5.4	3.3	16.7	15.3	0.3	6	0.23	85.1
Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	710	168	6.2	3.8	21	19.2	0.5	7.1	0.28	113.4
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	315	74	0.6	0.2	12.3	11.4	0.2	4.8	0.18	56.7
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	422	100	0.8	0.2	16.9	15.6	0.3	6.1	0.24	85.1
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	523	123	0.9	0.3	21.3	19.5	0.5	7.2	0.29	113.4
Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	255	61	1.6	0.2	9.8	8.8	0.6	1.4	0.15	56.7
Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	350	83	2	0.2	13.9	12.4	0.8	1.9	0.20	85.1
Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	440	104	2.4	0.3	17.8	15.8	0.9	2.4	0.24	113.4
Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	343	81	2.4	0.4	9.9	8.8	0.9	4.6	0.17	56.7
Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	457	108	3	0.5	14	12.4	1.2	5.8	0.22	85.1
Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	563	133	3.5	0.6	17.9	15.8	1.4	6.9	0.27	113.4
Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	424	101	3.7	0.4	14.5	9.7	1.4	1.7	0.21	56.7
Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	555	132	4.5	0.5	19.6	13.5	1.7	2.3	0.27	85.1
Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	675	160	5.3	0.6	24.3	17.1	2.1	2.9	0.32	113.4
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	348	84	3.1	2.7	10.8	9.9	2	2	0.27	56.7
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	463	111	3.8	3.3	15.1	13.8	2.4	2.6	0.35	85.1
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	569	136	4.5	3.8	19.2	17.4	2.9	3.2	0.41	113.4
<b>Hot Chocolates</b>											
Classic Hot Chocolate - semi skimmed milk	Tall	1099	262	11.4	8.9	28.3	27.1	2.2	10.6	0.24	0
Classic Hot Chocolate - semi skimmed milk	Grande	1353	322	13.6	10.6	35.7	34.2	2.9	13	0.28	0
Classic Hot Chocolate - semi skimmed milk	Venti	1672	398	15.7	12.6	45.3	43.5	3.6	17.2	0.38	0
Classic Hot Chocolate - whole milk	Tall	1234	294	15.2	10.1	28.1	26.9	2.2	10.4	0.23	0
Classic Hot Chocolate - whole milk	Grande	1513	361	18.1	12.1	35.5	33.9	2.9	12.8	0.28	0
Classic Hot Chocolate - whole milk	Venti	1895	451	22	14.5	45	43.1	3.6	16.9	0.38	0
Classic Hot Chocolate - skimmed milk	Tall	999	238	8.6	5.8	28.5	27.3	2.2	10.6	0.24	0
Classic Hot Chocolate - skimmed milk	Grande	1232	294	10.2	6.9	36	34.4	2.9	13	0.29	0
Classic Hot Chocolate - skimmed milk	Venti	1506	358	11.1	7.3	45.7	43.8	3.6	17.2	0.39	0
Classic Hot Chocolate - almond drink	Tall	894	214	10.4	5.7	24.1	22.7	2.8	4.6	0.18	0
Classic Hot Chocolate - almond drink	Grande	1108	265	12.4	6.8	30.7	28.9	3.6	5.8	0.22	0
Classic Hot Chocolate - almond drink	Venti	1333	318	14	7.2	38.4	36.1	4.6	7.2	0.29	0
Classic Hot Chocolate - soya drink	Tall	1049	250	11.8	6.1	24.3	22.7	3.4	10.2	0.22	0
Classic Hot Chocolate - soya drink	Grande	1292	308	14	7.3	30.9	28.9	4.3	12.5	0.27	0
Classic Hot Chocolate - soya drink	Venti	1589	378	16.4	7.9	38.7	36.1	5.6	16.5	0.36	0
Classic Hot Chocolate - oat drink	Tall	1190	284	14	6.1	32.3	24.3	4.2	5.2	0.28	0
Classic Hot Chocolate - oat drink	Grande	1461	349	16.7	7.3	40.5	30.8	5.3	6.5	0.34	0
Classic Hot Chocolate - oat drink	Venti	1822	435	20	7.9	52	38.8	6.9	8.2	0.46	0
Classic Hot Chocolate - coconut drink	Tall	1057	254	13	10.1	25.9	24.7	5.2	5.6	0.40	0
Classic Hot Chocolate - coconut drink	Grande	1302	313	15.5	12.1	32.8	31.3	6.5	7	0.48	0
Classic Hot Chocolate - coconut drink	Venti	1602	385	18.4	14.6	41.4	39.5	8.6	8.9	0.65	0
Hot White Chocolate - semi skimmed milk	Tall	1214	289	12.1	9.9	35.8	35.8	0	9.3	0.41	0
Hot White Chocolate - semi skimmed milk	Grande	1517	361	14.6	11.9	46.2	46.2	0.1	11.4	0.51	0
Hot White Chocolate - semi skimmed milk	Venti	1887	449	17	14.2	58.8	58.8	0.1	15.2	0.67	0
Hot White Chocolate - whole milk	Tall	1349	321	15.9	11.1	35.6	35.6	0	9.1	0.40	0
Hot White Chocolate - whole milk	Grande	1678	400	19.1	13.3	46	46	0.1	11.1	0.51	0
Hot White Chocolate - whole milk	Venti	2110	502	23.3	16.2	58.5	58.5	0.1	14.9	0.66	0
Hot White Chocolate - skimmed milk	Tall	1114	265	9.3	6.7	36	36	0	9.3	0.41	0
Hot White Chocolate - skimmed milk	Grande	1397	332	11.2	8.2	46.4	46.4	0.1	11.4	0.52	0
Hot White Chocolate - skimmed milk	Venti	1720	409	12.3	9	59.1	59.1	0.1	15.2	0.68	0
Hot White Chocolate - almond drink	Tall	1009	241	11.1	6.7	31.6	31.4	0.7	3.3	0.35	0
Hot White Chocolate - almond drink	Grande	1272	304	13.4	8.1	41.2	40.9	0.8	4.2	0.45	0
Hot White Chocolate - almond drink	Venti	1548	369	15.3	8.9	51.8	51.5	1.1	5.2	0.58	0
Hot White Chocolate - soya drink	Tall	1164	277	12.5	7.1	31.8	31.4	1.3	8.9	0.39	0
Hot White Chocolate - soya drink	Grande	1457	347	15	8.6	41.4	40.9	1.5	10.9	0.50	0
Hot White Chocolate - soya drink	Venti	1804	429	17.7	9.5	52.2	51.5	2.1	14.5	0.65	0
Hot White Chocolate - oat drink	Tall	1305	311	14.7	7.1	39.9	33	2.1	3.9	0.45	0
Hot White Chocolate - oat drink	Grande	1625	388	17.7	8.6	51	42.8	2.5	4.9	0.57	0
Hot White Chocolate - oat drink	Venti	2036	486	21.3	9.5	65.5	54.1	3.4	6.2	0.75	0
Hot White Chocolate - coconut drink	Tall	1172	281	13.7	11.1	33.4	33.4	3.1	4.3	0.57	0
Hot White Chocolate - coconut drink	Grande	1467	352	16.5	13.4	43.3	43.3	3.7	5.4	0.71	0
Hot White Chocolate - coconut drink	Venti	1817	436	19.7	16.2	54.8	54.8	5.1	6.9	0.94	0
Signature Hot Chocolate - semi skimmed milk	Tall	1241	296	13.2	10.5	29.9	28.6	3.6	12.3	0.31	20.4
Signature Hot Chocolate - semi skimmed milk	Grande	1576	376	16.3	13	38.7	36.9	4.8	15.8	0.39	27.2
Signature Hot Chocolate - semi skimmed milk	Venti	1903	454	18.8	15.1	48	45.8	5.9	19.9	0.50	34
Signature Hot Chocolate - whole milk	Tall	1418	338	18.2	12.1	29.7	28.3	3.6	12	0.30	20.4
Signature Hot Chocolate - whole milk	Grande	1804	430	22.8	15	38.4	36.6	4.8	15.5	0.38	27.2
Signature Hot Chocolate - whole milk	Venti	2194	523	27	17.7	47.5	45.3	5.9	19.4	0.49	34
Signature Hot Chocolate - skimmed milk	Tall	1109	264	9.5	6.3	30.2	28.9	3.6	12.3	0.31	20.4
Signature Hot Chocolate - skimmed milk	Grande	1405	335	11.6	7.7	39	37.3	4.8	15.8	0.40	27.2
Signature Hot Chocolate - skimmed milk	Venti	1686	402	12.7	8.3	48.4	46.2	5.9	19.9	0.51	34
Signature Hot Chocolate - almond drink	Tall	972	233	11.9	6.3	24.4	22.8	4.4	4.4	0.23	20.4
Signature Hot Chocolate - almond drink	Grande	1228	294	14.6	7.6	31.5	29.4	5.8	5.6	0.30	27.2
Signature Hot Chocolate - almond drink	Venti	1461	349	16.6	8.2	38.9	36.2	7.2	6.9	0.38	34
Signature Hot Chocolate - soya drink	Tall	1175	280	13.8	6.8	24.7	22.8	5.2	11.8	0.29	20.4
Signature Hot Chocolate - soya drink	Grande	1490	355	17	8.2	31.9	29.4	6.8	15.1	0.37	27.2
Signature Hot Chocolate - soya drink	Venti	1795	428	19.6	9	39.3	36.2	8.5	19	0.46	34
Signature Hot Chocolate - oat drink	Tall	1360	325	16.7	6.8	35.2	24.9	6.3	5.1	0.37	20.4
Signature Hot Chocolate - oat drink	Grande	1729	413	20.8	8.2	45.5	32.1	8.2	6.6	0.47	27.2
Signature Hot Chocolate - oat drink	Venti	2098	501	24.4	9	56.6	39.7	10.3	8.2	0.59	34
Signature Hot Chocolate - coconut drink	Tall	1186	286	15.3	12.1	26.8	25.4	7.6	5.7	0.52	20.4
Signature Hot Chocolate - coconut drink	Grande	1504	362	19.1	15	34.6	32.8	9.9	7.3	0.67	27.2
Signature Hot Chocolate - coconut drink	Venti	1812	436	22.2	17.7	42.8	40.6	12.4	9	0.84	34
Signature Caramel Hot Chocolate - semi skimmed milk	Tall	1514	360	13.8	10.9	44.9	43.4	3.5	12.1	0.33	20.4
Signature Caramel Hot Chocolate - semi skimmed milk	Grande	1924	458	16.9	13.4	58.1	56.1	4.6	15.7	0.42	27.2
Signature Caramel Hot Chocolate - semi skimmed milk	Venti	2327	554	19.3	15.5	71.8	69.5	5.8	19.7	0.52	34
Signature Caramel Hot Chocolate - whole milk	Tall	1690	403	18.8	12.4	44.6	43.1	3.5	11.9	0.32	20.4
Signature Caramel Hot Chocolate - whole milk	Grande	2152	512	23.4	15.4	57.8	55.8	4.6	15.3	0.41	27.2
Signature Caramel Hot Chocolate - whole milk	Venti	2618	623	27.6	18	71.4	69	5.8	19.3	0.51	34
Signature Caramel Hot Chocolate - skimmed milk	Tall	1381	329	10.1	6.7	45.2	43.6	3.5	12.1	0.34	20.4
Signature Caramel Hot Chocolate - skimmed milk	Grande	1754	417	12.1	8	58.4	56.5	4.6	15.7	0.42	27.2
Signature Caramel Hot Chocolate - skimmed milk	Venti	2110	502	13.3	8.7	72.3	69.9	5.8	19.7	0.53	34
Signature Caramel Hot Chocolate - almond drink	Tall	1244	297	12.5	6.6	39.4	37.6	4.3	4.2	0.26	20.4
Signature Caramel Hot Chocolate - almond drink	Grande	1577	376	15.2	7.9	51	48.7	5.6	5.4	0.32	27.2
Signature Caramel Hot Chocolate - almond drink	Venti	1885	450	17.2	8.5	62.7	59.9	7.1	6.7	0.40	34
Signature Caramel Hot Chocolate - soya drink	Tall	1447	345	14.3	7.2	39.6	37.6	5.1	11.6	0.31	20.4
Signature Caramel Hot Chocolate - soya drink	Grande	1839	438	17.6	8.6	51.3	48.7	6.7	15	0.39	27.2
Signature Caramel Hot Chocolate - soya drink	Venti	2219	528	20.2	9.4	63.2	59.9	8.4	18.9	0.49	34
Signature Caramel Hot Chocolate - oat drink	Tall	1632	389	17.2	7.2	50.2	39.7	6.1	5	0.39	20.4
Signature											



Signature Caramel Hot Chocolate - coconut drink	Grande	1852	444	19.6	15.4	54	52.1	9.7	7.1	0.69	27.2
Signature Caramel Hot Chocolate - coconut drink	Venti	2236	536	22.8	18.1	66.6	64.2	12.3	8.9	0.87	34
Signature Hazelnut Hot Chocolate - semi skimmed milk	Tall	1453	346	13.2	10.5	42.6	40.8	3.6	12.3	0.31	20.4
Signature Hazelnut Hot Chocolate - semi skimmed milk	Grande	1858	442	16.3	13	55.6	53.2	4.8	15.8	0.39	27.2
Signature Hazelnut Hot Chocolate - semi skimmed milk	Venti	2257	537	18.8	15.1	69.1	66.1	5.9	19.9	0.50	34
Signature Hazelnut Hot Chocolate - whole milk	Tall	1630	388	18.2	12.1	42.4	40.5	3.6	12	0.30	20.4
Signature Hazelnut Hot Chocolate - whole milk	Grande	2087	497	22.8	15	55.3	52.8	4.8	15.5	0.38	27.2
Signature Hazelnut Hot Chocolate - whole milk	Venti	2547	606	27	17.7	68.7	65.6	5.9	19.4	0.49	34
Signature Hazelnut Hot Chocolate - skimmed milk	Tall	1321	314	9.5	6.3	42.9	41	3.6	12.3	0.31	20.4
Signature Hazelnut Hot Chocolate - skimmed milk	Grande	1688	402	11.6	7.7	56	53.5	4.8	15.8	0.40	27.2
Signature Hazelnut Hot Chocolate - skimmed milk	Venti	2040	485	12.7	8.3	69.6	66.5	5.9	19.9	0.51	34
Signature Hazelnut Hot Chocolate - almond drink	Tall	1184	283	11.9	6.3	37.1	35	4.4	4.4	0.23	20.4
Signature Hazelnut Hot Chocolate - almond drink	Grande	1511	361	14.6	7.6	48.5	45.7	5.8	5.6	0.30	27.2
Signature Hazelnut Hot Chocolate - almond drink	Venti	1814	433	16.6	8.2	60	56.5	7.2	6.9	0.38	34
Signature Hazelnut Hot Chocolate - soya drink	Tall	1387	330	13.8	6.8	37.4	35	5.2	11.8	0.29	20.4
Signature Hazelnut Hot Chocolate - soya drink	Grande	1773	422	17	8.2	48.8	45.7	6.8	15.1	0.37	27.2
Signature Hazelnut Hot Chocolate - soya drink	Venti	2148	511	19.6	9	60.4	56.5	8.5	19	0.46	34
Signature Hazelnut Hot Chocolate - oat drink	Tall	1572	375	16.7	6.8	47.9	37.1	6.3	5.1	0.37	20.4
Signature Hazelnut Hot Chocolate - oat drink	Grande	2012	480	20.8	8.2	62.4	48.4	8.2	6.6	0.47	27.2
Signature Hazelnut Hot Chocolate - oat drink	Venti	2452	585	24.4	9	77.8	60	10.3	8.2	0.59	34
Signature Hazelnut Hot Chocolate - coconut drink	Tall	1398	335	15.3	12.1	39.5	37.6	7.6	5.7	0.52	20.4
Signature Hazelnut Hot Chocolate - coconut drink	Grande	1787	429	19.1	15	51.5	49.1	9.9	7.3	0.67	27.2
Signature Hazelnut Hot Chocolate - coconut drink	Venti	2166	520	22.2	17.7	63.9	60.9	12.4	9	0.84	34
Iced Chocolate - semi skimmed milk	Tall	1048	250	12.2	9.2	25.7	24.5	2.2	8.5	0.17	0
Iced Chocolate - semi skimmed milk	Grande	1381	330	16.5	12.4	33.3	31.8	2.9	10.7	0.22	0
Iced Chocolate - semi skimmed milk	Venti	1636	390	18.1	13.8	41.4	39.5	3.6	13.8	0.28	0
Iced Chocolate - whole milk	Tall	1139	272	14.8	10	25.5	24.4	2.2	8.3	0.17	0
Iced Chocolate - whole milk	Grande	1494	357	19.7	13.4	33.1	31.6	2.9	10.6	0.21	0
Iced Chocolate - whole milk	Venti	1789	427	22.4	15.1	41.2	39.3	3.6	13.6	0.28	0
Iced Chocolate - skimmed milk	Tall	979	234	10.3	7.1	25.8	24.6	2.2	8.5	0.18	0
Iced Chocolate - skimmed milk	Grande	1297	310	14.1	9.8	33.5	31.9	2.9	10.7	0.22	0
Iced Chocolate - skimmed milk	Venti	1522	363	14.9	10.2	41.6	39.8	3.6	13.8	0.29	0
Iced Chocolate - almond drink	Tall	908	217	11.5	7	22.8	21.5	2.6	4.4	0.13	0
Iced Chocolate - almond drink	Grande	1210	290	15.6	9.7	29.8	28.1	3.4	5.7	0.17	0
Iced Chocolate - almond drink	Venti	1403	336	16.9	10.1	36.6	34.5	4.2	7	0.22	0
Iced Chocolate - soya drink	Tall	1013	242	12.4	7.3	22.9	21.5	3	8.2	0.16	0
Iced Chocolate - soya drink	Grande	1339	320	16.8	10	29.9	28.1	3.9	10.4	0.20	0
Iced Chocolate - soya drink	Venti	1579	377	18.5	10.6	36.9	34.5	4.9	13.4	0.27	0
Iced Chocolate - oat drink	Tall	1109	265	13.9	7.3	28.4	22.6	3.6	4.8	0.20	0
Iced Chocolate - oat drink	Grande	1457	348	18.7	10	36.7	29.4	4.6	6.2	0.25	0
Iced Chocolate - oat drink	Venti	1739	416	21	10.6	46	36.3	5.8	7.7	0.33	0
Iced Chocolate - coconut drink	Tall	1019	245	13.3	10	24	22.9	4.2	5	0.28	0
Iced Chocolate - coconut drink	Grande	1346	323	17.8	13.4	31.3	29.8	5.4	6.5	0.35	0
Iced Chocolate - coconut drink	Venti	1588	381	19.9	15.1	38.7	36.8	7	8.1	0.47	0
Iced White Chocolate - semi skimmed milk	Tall	1166	278	12.9	10.2	33.3	33.3	0	7.2	0.34	0
Iced White Chocolate - semi skimmed milk	Grande	1550	370	17.5	13.7	43.9	43.9	0.1	9.1	0.45	0
Iced White Chocolate - semi skimmed milk	Venti	1854	442	19.4	15.4	55	55	0.1	11.8	0.57	0
Iced White Chocolate - whole milk	Tall	1257	300	15.5	11	33.2	33.2	0	7	0.34	0
Iced White Chocolate - whole milk	Grande	1662	397	20.7	14.7	43.8	43.8	0.1	9	0.44	0
Iced White Chocolate - whole milk	Venti	2007	479	23.7	16.8	54.8	54.8	0.1	11.6	0.56	0
Iced White Chocolate - skimmed milk	Tall	1098	262	11	8	33.5	33.5	0	7.2	0.35	0
Iced White Chocolate - skimmed milk	Grande	1466	350	15.1	11.1	44.1	44.1	0.1	9.1	0.45	0
Iced White Chocolate - skimmed milk	Venti	1740	415	16.2	11.8	55.3	55.3	0.1	11.8	0.58	0
Iced White Chocolate - almond drink	Tall	1027	245	12.2	8	30.5	30.3	0.5	3.1	0.31	0
Iced White Chocolate - almond drink	Grande	1378	329	16.7	11	40.4	40.2	0.6	4.1	0.40	0
Iced White Chocolate - almond drink	Venti	1621	387	18.2	11.8	50.2	50	0.8	5	0.51	0
Iced White Chocolate - soya drink	Tall	1132	270	13.2	8.3	30.6	30.3	0.9	6.9	0.33	0
Iced White Chocolate - soya drink	Grande	1508	360	17.8	11.3	40.6	40.2	1.1	8.8	0.43	0
Iced White Chocolate - soya drink	Venti	1797	428	19.8	12.2	50.5	50	1.5	11.4	0.55	0
Iced White Chocolate - oat drink	Tall	1227	293	14.7	8.3	36.1	31.4	1.4	3.5	0.37	0
Iced White Chocolate - oat drink	Grande	1625	388	19.7	11.3	47.3	41.6	1.7	4.6	0.48	0
Iced White Chocolate - oat drink	Venti	1957	467	22.3	12.2	59.6	51.8	2.4	5.7	0.62	0
Iced White Chocolate - coconut drink	Tall	1137	273	14	11	31.7	31.7	2.1	3.8	0.45	0
Iced White Chocolate - coconut drink	Grande	1514	363	18.8	14.7	41.9	41.9	2.6	4.9	0.58	0
Iced White Chocolate - coconut drink	Venti	1806	433	21.2	16.8	52.3	52.3	3.5	6.1	0.75	0
<b>Frappuccino®</b>											
Coffee Frappuccino® - semi skimmed milk	Tall	856	204	9.5	7.1	25.7	24.9	0.1	3.7	0.41	23.2
Coffee Frappuccino® - semi skimmed milk	Grande	1173	280	13	9.7	35.5	34.5	0.2	4.7	0.57	32.9
Coffee Frappuccino® - semi skimmed milk	Venti	1326	316	13.2	9.9	43.4	42.1	0.2	5.2	0.69	41.7
Coffee Frappuccino® - whole milk	Tall	909	217	11	7.6	25.6	24.8	0.1	3.6	0.41	23.2
Coffee Frappuccino® - whole milk	Grande	1238	295	14.9	10.3	35.4	34.4	0.2	4.6	0.57	32.9
Coffee Frappuccino® - whole milk	Venti	1397	333	15.3	10.5	43.3	42	0.2	5.1	0.69	41.7
Coffee Frappuccino® - skimmed milk	Tall	816	194	8.4	5.9	25.7	25	0.1	3.7	0.42	23.2
Coffee Frappuccino® - skimmed milk	Grande	1125	268	11.7	8.2	35.6	34.6	0.2	4.7	0.57	32.9
Coffee Frappuccino® - skimmed milk	Venti	1273	303	11.7	8.2	43.6	42.2	0.2	5.2	0.70	41.7
Coffee Frappuccino® - almond drink	Tall	774	185	9.1	5.9	24	23.2	0.4	1.3	0.39	23.2
Coffee Frappuccino® - almond drink	Grande	1075	257	12.5	8.2	33.5	32.3	0.5	1.8	0.54	32.9
Coffee Frappuccino® - almond drink	Venti	1217	290	12.7	8.2	41.2	39.7	0.5	2	0.67	41.7
Coffee Frappuccino® - soya drink	Tall	836	199	9.6	6	24.1	23.2	0.6	3.6	0.41	23.2
Coffee Frappuccino® - soya drink	Grande	1149	274	13.2	8.4	33.6	32.3	0.8	4.5	0.56	32.9
Coffee Frappuccino® - soya drink	Venti	1299	309	13.4	8.4	41.3	39.7	0.9	5	0.69	41.7
Coffee Frappuccino® - oat drink	Tall	892	213	10.5	6	27.3	23.8	0.9	1.6	0.43	23.2
Coffee Frappuccino® - oat drink	Grande	1217	290	14.3	8.4	37.5	33.1	1.1	2.1	0.59	32.9
Coffee Frappuccino® - oat drink	Venti	1374	327	14.6	8.4	45.6	40.6	1.3	2.3	0.72	41.7
Coffee Frappuccino® - coconut drink	Tall	839	201	10.1	7.6	24.7	24	1.3	1.7	0.48	23.2
Coffee Frappuccino® - coconut drink	Grande	1153	276	13.8	10.3	34.4	33.3	1.6	2.3	0.65	32.9
Coffee Frappuccino® - coconut drink	Venti	1304	311	14.1	10.5	42.2	40.8	1.8	2.5	0.78	41.7
Caramel Frappuccino® - semi skimmed milk	Tall	1103	263	11.1	8.1	36.5	35.3	0.1	3.9	0.46	23.2
Caramel Frappuccino® - semi skimmed milk	Grande	1504	358	15.1	11	50.2	48.5	0.2	4.9	0.63	32.9
Caramel Frappuccino® - semi skimmed milk	Venti	1754	417	16	11.6	62.4	60.1	0.2	5.4	0.78	41.7
Caramel Frappuccino® - whole milk	Tall	1157	275	12.6	8.6	36.5	35.2	0.1	3.8	0.46	23.2
Caramel Frappuccino® - whole milk	Grande	1569	374	16.9	11.6	50.1	48.4	0.2	4.8	0.63	32.9
Caramel Frappuccino® - whole milk	Venti	1825	434	18	12.2	62.2	60	0.2	5.3	0.78	41.7
Caramel Frappuccino® - skimmed milk	Tall	1063	253	10	6.9	36.6	35.3	0.1	3.9	0.47	23.2
Caramel Frappuccino® - skimmed milk	Grande	1456	347	13.7	9.5	50.3	48.6	0.2	4.9	0.64	32.9
Caramel Frappuccino® - skimmed milk	Venti	1701	404	14.5	9.9	62.5	60.2	0.2	5.4	0.78	41.7
Caramel Frappuccino® - almond drink	Tall	1022	244	10.7	6.9	34.9	33.5	0.4	1.5	0.44	23.2
Caramel Frappuccino® - almond drink	Grande	1405	335	14.6	9.5	48.2	46.3	0.5	2	0.61	32.9
Caramel Frappuccino® - almond drink	Venti	1645	392	15.4	9.9	60.1	57.8	0.5	2.2	0.75	41.7
Caramel Frappuccino® - soya drink	Tall	1083	258	11.2	7	34.9	33.5	0.6	3.7	0.46	23.2
Caramel Frappuccino® - soya drink	Grande	1480	352	15.3	9.7	48.3	46.3	0.8	4.7	0.63	32.9
Caramel Frappuccino® - soya drink	Venti	1727	411	16.2	10.1	60.2	57.8	0.9	5.2	0.77	41.7
Caramel Frappuccino® - oat drink	Tall	1139	271	12.1	7	38.1	34.1	0.9	1.7	0.48	23.2
Caramel Frappuccino® - oat drink	Grande	1548	369	16.4	9.7	52.1	47.1	1.1	2.3	0.65	32.9
Caramel Frappuccino® - oat drink	Venti	1802	429	17.3	10.1	64.5	58.6	1.3	2.5	0.80	41.7
Caramel Frappuccino® - coconut drink	Tall	1086	260	11.7	8.6	35.6	34.3	1.3	1.9	0.53	23.2
Caramel Frappuccino® - coconut drink	Grande	1484	354	15.9	11.6	49	47.3	1.6	2.4	0.71	32.9
Caramel Frappuccino® - coconut drink	Venti	1731	413	16.8	12.2	61.1	58.9	1.8	2.7	0.87	41.7
Espresso Frappuccino® - semi skimmed milk	Tall	477	113	1.4	1.3	21.4	20.4	0.2	3.2	0.38	48.4
Espresso Frappuccino® - semi skimmed milk	Grande	673	159	1.8	1.6	31.1	29.7	0.3	4.1	0.53	58.5
Espresso Frappuccino® - semi skimmed milk	Venti	817	193	2	1.8	38.6	36.9	0.3	4.5	0.65	65.5
Espresso Frappuccino® - whole milk	Tall	525	124	2.8	1.7	21.3	20.3	0.2	3.2	0.37	48.4
Espresso Frappuccino® - whole milk	Grande	734	173	3.5	2.1	31	29.6	0.3	4	0.53	58.5
Espresso Frappuccino® - whole milk	Venti	884	209	3.9	2.4	38.5	36.8	0.3	4.4	0.65	65.5

Espresso Frappuccino® - almond drink	Grande	579	137	1.4	0.1	29.1	27.7	0.5	1.4	0.51	58.5
Espresso Frappuccino® - almond drink	Venti	714	169	1.5	0.2	36.5	34.7	0.6	1.5	0.63	65.5
Espresso Frappuccino® - soya drink	Tall	459	108	1.6	0.3	20	18.8	0.6	3.1	0.37	48.4
Espresso Frappuccino® - soya drink	Grande	650	153	2	0.3	29.2	27.7	0.8	3.9	0.53	58.5
Espresso Frappuccino® - soya drink	Venti	792	187	2.2	0.4	36.6	34.7	0.9	4.3	0.65	65.5
Espresso Frappuccino® - oat drink	Tall	509	120	2.3	0.3	22.8	19.4	0.9	1.3	0.39	48.4
Espresso Frappuccino® - oat drink	Grande	714	169	3	0.3	32.9	28.4	1.2	1.6	0.55	58.5
Espresso Frappuccino® - oat drink	Venti	862	204	3.3	0.4	40.6	35.5	1.3	1.8	0.68	65.5
Espresso Frappuccino® - coconut drink	Tall	462	110	2	1.7	20.6	19.5	1.3	1.4	0.43	48.4
Espresso Frappuccino® - coconut drink	Grande	653	155	2.5	2.2	30	28.6	1.6	1.8	0.61	58.5
Espresso Frappuccino® - coconut drink	Venti	796	189	2.8	2.4	37.4	35.7	1.8	2	0.73	65.5
Mocha Frappuccino® - semi skimmed milk	Tall	964	230	10	7.4	29.8	28.7	0.8	4.5	0.40	22.1
Mocha Frappuccino® - semi skimmed milk	Grande	1321	315	13.8	10.1	41	39.5	1.2	5.9	0.53	30.4
Mocha Frappuccino® - semi skimmed milk	Venti	1574	375	14.3	10.6	53.2	51.1	1.6	7	0.68	40.8
Mocha Frappuccino® - whole milk	Tall	1015	242	11.4	7.9	29.7	28.7	0.8	4.5	0.39	22.1
Mocha Frappuccino® - whole milk	Grande	1381	329	15.5	10.7	41	39.4	1.2	5.8	0.53	30.4
Mocha Frappuccino® - whole milk	Venti	1644	391	16.3	11.2	53.1	51	1.6	6.9	0.68	40.8
Mocha Frappuccino® - skimmed milk	Tall	926	221	8.9	6.2	29.9	28.8	0.8	4.5	0.40	22.1
Mocha Frappuccino® - skimmed milk	Grande	1276	304	12.5	8.7	41.1	39.6	1.2	5.9	0.53	30.4
Mocha Frappuccino® - skimmed milk	Venti	1522	362	12.9	8.9	53.3	51.2	1.6	7	0.69	40.8
Mocha Frappuccino® - almond drink	Tall	886	211	9.6	6.2	28.2	27.1	1	2.3	0.38	22.1
Mocha Frappuccino® - almond drink	Grande	1230	293	13.3	8.7	39.2	37.5	1.5	3.2	0.51	30.4
Mocha Frappuccino® - almond drink	Venti	1468	350	13.8	8.9	51	48.8	1.9	3.9	0.66	40.8
Mocha Frappuccino® - soya drink	Tall	945	225	10.1	6.4	28.3	27.1	1.3	4.4	0.39	22.1
Mocha Frappuccino® - soya drink	Grande	1299	309	13.9	8.9	39.3	37.5	1.7	5.7	0.52	30.4
Mocha Frappuccino® - soya drink	Venti	1548	368	14.5	9.1	51.1	48.8	2.2	6.8	0.68	40.8
Mocha Frappuccino® - oat drink	Tall	998	238	11	6.4	31.3	27.7	1.6	2.5	0.41	22.1
Mocha Frappuccino® - oat drink	Grande	1362	325	14.9	8.9	42.8	38.3	2.1	3.4	0.55	30.4
Mocha Frappuccino® - oat drink	Venti	1621	386	15.7	9.1	55.3	49.7	2.6	4.2	0.71	40.8
Mocha Frappuccino® - coconut drink	Tall	948	227	10.6	7.9	28.9	27.8	1.9	2.6	0.46	22.1
Mocha Frappuccino® - coconut drink	Grande	1302	311	14.5	10.7	40	38.4	2.5	3.6	0.60	30.4
Mocha Frappuccino® - coconut drink	Venti	1552	370	15.2	11.2	51.9	49.9	3.1	4.4	0.77	40.8
White Mocha Frappuccino® - semi skimmed milk	Tall	1001	239	10.2	7.7	32.2	31.5	0.1	4.2	0.45	22.4
White Mocha Frappuccino® - semi skimmed milk	Grande	1433	341	14.3	10.8	47.2	46.2	0.2	5.5	0.63	30.8
White Mocha Frappuccino® - semi skimmed milk	Venti	1587	378	14.5	11	55.2	53.9	0.2	6	0.76	40
White Mocha Frappuccino® - whole milk	Tall	1053	251	11.7	8.2	32.2	31.4	0.1	4.1	0.45	22.4
White Mocha Frappuccino® - whole milk	Grande	1494	356	16.1	11.3	47.1	46.1	0.2	5.4	0.63	30.8
White Mocha Frappuccino® - whole milk	Venti	1656	394	16.5	11.6	55.1	53.8	0.2	5.9	0.76	40
White Mocha Frappuccino® - skimmed milk	Tall	963	229	9.1	6.5	32.3	31.6	0.1	4.2	0.45	22.4
White Mocha Frappuccino® - skimmed milk	Grande	1387	330	13.1	9.4	47.3	46.3	0.2	5.5	0.63	30.8
White Mocha Frappuccino® - skimmed milk	Venti	1536	365	13.1	9.4	55.3	54	0.2	6	0.77	40
White Mocha Frappuccino® - almond drink	Tall	923	220	9.8	6.5	30.6	29.8	0.4	1.9	0.43	22.4
White Mocha Frappuccino® - almond drink	Grande	1340	319	13.9	9.3	45.3	44.2	0.5	2.7	0.61	30.8
White Mocha Frappuccino® - almond drink	Venti	1483	353	14	9.3	53	51.6	0.6	2.9	0.74	40
White Mocha Frappuccino® - soya drink	Tall	982	234	10.4	6.6	30.7	29.8	0.6	4	0.45	22.4
White Mocha Frappuccino® - soya drink	Grande	1410	336	14.5	9.5	45.4	44.2	0.7	5.3	0.63	30.8
White Mocha Frappuccino® - soya drink	Venti	1562	372	14.7	9.5	53.1	51.6	0.9	5.8	0.76	40
White Mocha Frappuccino® - oat drink	Tall	1036	247	11.2	6.6	33.8	30.4	0.9	2.1	0.47	22.4
White Mocha Frappuccino® - oat drink	Grande	1474	351	15.5	9.5	49	44.9	1.1	3	0.65	30.8
White Mocha Frappuccino® - oat drink	Venti	1633	389	15.9	9.5	57.2	52.4	1.3	3.2	0.79	40
White Mocha Frappuccino® - coconut drink	Tall	985	235	10.8	8.2	31.3	30.6	1.3	2.2	0.51	22.4
White Mocha Frappuccino® - coconut drink	Grande	1414	338	15.1	11.3	46.1	45.1	1.6	3.2	0.71	30.8
White Mocha Frappuccino® - coconut drink	Venti	1566	374	15.4	11.6	53.9	52.6	1.8	3.4	0.85	40
Java Chip Frappuccino® - semi skimmed milk	Tall	1186	283	12.9	9.7	35.8	34	1.5	5.1	0.48	22.4
Java Chip Frappuccino® - semi skimmed milk	Grande	1641	391	17.8	13.4	49.9	47.3	2	6.7	0.66	32
Java Chip Frappuccino® - semi skimmed milk	Venti	1919	457	19.4	14.6	61.7	58.4	2.5	7.7	0.82	40.8
Java Chip Frappuccino® - whole milk	Tall	1237	295	14.3	10.2	35.7	33.9	1.5	5.1	0.47	22.4
Java Chip Frappuccino® - whole milk	Grande	1704	406	19.6	14	49.8	47.2	2	6.6	0.66	32
Java Chip Frappuccino® - whole milk	Venti	1989	474	21.3	15.2	61.6	58.3	2.5	7.6	0.82	40.8
Java Chip Frappuccino® - skimmed milk	Tall	1147	274	11.8	8.5	35.9	34	1.5	5.1	0.48	22.4
Java Chip Frappuccino® - skimmed milk	Grande	1594	380	16.5	12	50	47.4	2	6.7	0.67	32
Java Chip Frappuccino® - skimmed milk	Venti	1867	445	17.9	13	61.8	58.5	2.5	7.7	0.82	40.8
Java Chip Frappuccino® - almond drink	Tall	1107	264	12.5	8.5	34.2	32.3	1.7	2.8	0.45	22.4
Java Chip Frappuccino® - almond drink	Grande	1545	369	17.4	11.9	47.9	45.2	2.3	3.8	0.64	32
Java Chip Frappuccino® - almond drink	Venti	1813	432	18.8	13	59.5	56.1	2.8	4.6	0.79	40.8
Java Chip Frappuccino® - soya drink	Tall	1167	278	13	8.7	34.3	32.3	1.9	5	0.47	22.4
Java Chip Frappuccino® - soya drink	Grande	1617	386	18	12.1	48	45.2	2.6	6.5	0.66	32
Java Chip Frappuccino® - soya drink	Venti	1893	451	19.6	13.2	59.6	56.1	3.2	7.5	0.81	40.8
Java Chip Frappuccino® - oat drink	Tall	1220	291	13.9	8.7	37.4	32.9	2.2	3.1	0.49	22.4
Java Chip Frappuccino® - oat drink	Grande	1683	402	19.1	12.1	51.8	46	3	4.1	0.68	32
Java Chip Frappuccino® - oat drink	Venti	1966	469	20.7	13.2	63.8	56.9	3.6	4.9	0.84	40.8
Java Chip Frappuccino® - coconut drink	Tall	1170	280	13.5	10.2	34.9	33	2.6	3.2	0.54	22.4
Java Chip Frappuccino® - coconut drink	Grande	1621	388	18.6	14	48.8	46.1	3.4	4.3	0.74	32
Java Chip Frappuccino® - coconut drink	Venti	1897	453	20.2	15.3	60.4	57.1	4.1	5.1	0.90	40.8
Chocolate Cream Frappuccino® - semi skimmed milk	Tall	958	229	10.5	8	27.7	26.8	0.8	5.4	0.41	0
Chocolate Cream Frappuccino® - semi skimmed milk	Grande	1316	314	14.5	10.9	38.4	37.1	1.2	7.1	0.56	0
Chocolate Cream Frappuccino® - semi skimmed milk	Venti	1563	373	15.2	11.6	49.5	47.8	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - whole milk	Tall	1029	246	12.5	8.6	27.6	26.7	0.8	5.3	0.41	0
Chocolate Cream Frappuccino® - whole milk	Grande	1405	335	17	11.7	38.3	37	1.2	7	0.56	0
Chocolate Cream Frappuccino® - whole milk	Venti	1672	399	18.3	12.6	49.4	47.7	1.5	8.5	0.73	0
Chocolate Cream Frappuccino® - skimmed milk	Tall	905	216	9	6.3	27.9	27	0.8	5.4	0.41	0
Chocolate Cream Frappuccino® - skimmed milk	Grande	1249	298	12.6	8.8	38.5	37.3	1.2	7.1	0.56	0
Chocolate Cream Frappuccino® - skimmed milk	Venti	1481	353	13	9	49.7	48	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - almond drink	Tall	850	203	10	6.3	25.5	24.5	1.2	2.3	0.38	0
Chocolate Cream Frappuccino® - almond drink	Grande	1180	282	13.8	8.8	35.6	34.2	1.6	3.1	0.52	0
Chocolate Cream Frappuccino® - almond drink	Venti	1397	333	14.4	9	46.1	44.3	2	3.7	0.68	0
Chocolate Cream Frappuccino® - soya drink	Tall	932	222	10.7	6.5	25.6	24.5	1.5	5.2	0.40	0
Chocolate Cream Frappuccino® - soya drink	Grande	1283	306	14.7	9.1	35.7	34.2	2	6.8	0.55	0
Chocolate Cream Frappuccino® - soya drink	Venti	1522	363	15.6	9.3	46.3	44.3	2.5	8.3	0.72	0
Chocolate Cream Frappuccino® - oat drink	Tall	1005	240	11.9	6.5	29.9	25.4	1.9	2.6	0.43	0
Chocolate Cream Frappuccino® - oat drink	Grande	1376	329	16.2	9.1	41	35.3	2.5	3.5	0.59	0
Chocolate Cream Frappuccino® - oat drink	Venti	1636	391	17.4	9.3	52.8	45.6	3.1	4.2	0.77	0
Chocolate Cream Frappuccino® - coconut drink	Tall	936	224	11.3	8.6	26.5	25.6	2.4	2.8	0.49	0
Chocolate Cream Frappuccino® - coconut drink	Grande	1288	309	15.5	11.7	36.8	35.5	3.2	3.8	0.67	0
Chocolate Cream Frappuccino® - coconut drink	Venti	1529	366	16.6	12.6	47.6	45.9	4	4.6	0.86	0
Vanilla Cream Frappuccino® - semi skimmed milk	Tall	853	204	9.8	7.5	24.7	24.2	0	4.2	0.40	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	1153	275	13.4	10.2	33.5	32.7	0	5.3	0.54	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	1339	319	13.8	10.7	42.6	41.7	0	6.2	0.69	0
Vanilla Cream Frappuccino® - whole milk	Tall	924	221	11.8	8.2	24.6	24.1	0	4.1	0.40	0
Vanilla Cream Frappuccino® - whole milk	Grande	1240	296	15.9	11	33.3	32.6	0	5.2	0.54	0
Vanilla Cream Frappuccino® - whole milk	Venti	1443	344	16.8	11.6	42.5	41.5	0	6	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	801	191	8.3	5.9	24.9	24.3	0	4.2	0.41	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	1089	260	11.6	8.2	33.6	32.9	0	5.3	0.54	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	1262	301	11.7	8.3	42.8	41.8	0	6.2	0.69	0
Vanilla Cream Frappuccino® - almond drink	Tall	746	179	9.3	5.9	22.5	21.9	0.3	1.1	0.37	0
Vanilla Cream Frappuccino® - almond drink	Grande	1021	244	12.8	8.2	30.8	29.9	0.4	1.4	0.51	0
Vanilla Cream Frappuccino® - almond drink	Venti	1181	282	13.1	8.2	39.4	38.2	0.5	1.5	0.65	0
Vanilla Cream Frappuccino® - soya drink	Tall	827	197	10	6.1	22.7	21.9	0.6	4	0.40	0
Vanilla Cream Frappuccino® - soya drink	Grande	1121	268	13.7	8.4	30.9	29.9	0.8	5	0.53	0
Vanilla Cream Frappuccino® - soya drink	Venti	1301	310	14.1	8.5	39.5	38.2	0.9	5.9	0.68	0
Vanilla Cream Frappuccino® - oat drink	Tall	900	215	11.1	6.1	26.8	22.8	1	1.4	0.43	0
Vanilla Cream Frappuccino® - oat drink	Grande	1211	290	15.1	8.4	36.1	30.9	1.3	1.8	0	



Caramel Cream Frappuccino® - semi skimmed milk	Venti	1656	395	16.6	12.4	55	53.3	0	6.4	0.78	0
Caramel Cream Frappuccino® - whole milk	Tall	1109	265	13.4	9.2	31.8	30.9	0	4.2	0.45	0
Caramel Cream Frappuccino® - whole milk	Grande	1482	354	17.9	12.3	42.8	41.5	0	5.3	0.60	0
Caramel Cream Frappuccino® - whole milk	Venti	1760	420	19.5	13.3	54.8	53.1	0	6.3	0.77	0
Caramel Cream Frappuccino® - skimmed milk	Tall	986	235	9.9	6.9	32.1	31.1	0	4.4	0.46	0
Caramel Cream Frappuccino® - skimmed milk	Grande	1330	317	13.7	9.5	43	41.7	0	5.5	0.61	0
Caramel Cream Frappuccino® - skimmed milk	Venti	1579	376	14.4	10	55.1	53.4	0	6.4	0.78	0
Caramel Cream Frappuccino® - almond drink	Tall	931	223	10.9	6.9	29.7	28.7	0.3	1.2	0.42	0
Caramel Cream Frappuccino® - almond drink	Grande	1263	302	14.8	9.5	40.2	38.8	0.4	1.6	0.57	0
Caramel Cream Frappuccino® - almond drink	Venti	1498	358	15.8	9.9	51.7	49.9	0.5	1.8	0.73	0
Caramel Cream Frappuccino® - soya drink	Tall	1012	241	11.6	7.1	29.8	28.7	0.6	4.1	0.45	0
Caramel Cream Frappuccino® - soya drink	Grande	1363	325	15.7	9.7	40.3	38.8	0.8	5.2	0.60	0
Caramel Cream Frappuccino® - soya drink	Venti	1617	386	16.9	10.2	51.9	49.9	0.9	6.1	0.76	0
Caramel Cream Frappuccino® - oat drink	Tall	1085	259	12.7	7.1	34	29.5	1	1.5	0.48	0
Caramel Cream Frappuccino® - oat drink	Grande	1453	347	17.2	9.7	45.5	39.8	1.3	2	0.63	0
Caramel Cream Frappuccino® - oat drink	Venti	1726	412	18.6	10.2	58.1	51.1	1.5	2.2	0.81	0
Caramel Cream Frappuccino® - coconut drink	Tall	1016	244	12.2	9.2	30.7	29.7	1.6	1.7	0.54	0
Caramel Cream Frappuccino® - coconut drink	Grande	1368	328	16.5	12.3	41.4	40.1	1.9	2.2	0.71	0
Caramel Cream Frappuccino® - coconut drink	Venti	1624	389	17.8	13.3	53.1	51.4	2.3	2.5	0.90	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Tall	961	229	10.6	8.2	28.8	28.3	0	4.8	0.46	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Grande	1379	329	14.9	11.4	42.5	41.9	0	6.3	0.64	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Venti	1536	366	15.3	11.9	50	49.1	0	7.2	0.79	0
White Chocolate Cream Frappuccino® - whole milk	Tall	1031	246	12.6	8.8	28.7	28.2	0	4.7	0.46	0
White Chocolate Cream Frappuccino® - whole milk	Grande	1466	350	17.3	12.2	42.4	41.8	0	6.2	0.64	0
White Chocolate Cream Frappuccino® - whole milk	Venti	1640	391	18.2	12.8	49.8	49	0	7.1	0.79	0
White Chocolate Cream Frappuccino® - skimmed milk	Tall	909	217	9.1	6.5	28.9	28.4	0	4.8	0.46	0
White Chocolate Cream Frappuccino® - skimmed milk	Grande	1315	314	13.1	9.4	42.7	42	0	6.3	0.65	0
White Chocolate Cream Frappuccino® - skimmed milk	Venti	1459	348	13.1	9.4	50.1	49.3	0	7.2	0.80	0
White Chocolate Cream Frappuccino® - almond drink	Tall	854	204	10.1	6.5	26.6	26	0.3	1.6	0.43	0
White Chocolate Cream Frappuccino® - almond drink	Grande	1248	298	14.2	9.4	39.8	39.1	0.4	2.5	0.61	0
White Chocolate Cream Frappuccino® - almond drink	Venti	1378	329	14.5	9.4	46.7	45.7	0.5	2.6	0.75	0
White Chocolate Cream Frappuccino® - soya drink	Tall	935	223	10.8	6.7	26.7	26	0.6	4.6	0.45	0
White Chocolate Cream Frappuccino® - soya drink	Grande	1347	321	15.1	9.6	39.9	39.1	0.8	6.1	0.63	0
White Chocolate Cream Frappuccino® - soya drink	Venti	1498	357	15.6	9.7	46.9	45.7	1	6.9	0.78	0
White Chocolate Cream Frappuccino® - oat drink	Tall	1008	241	11.9	6.7	30.9	26.9	1.1	2	0.48	0
White Chocolate Cream Frappuccino® - oat drink	Grande	1438	343	16.5	9.6	45.1	40.1	1.3	2.9	0.67	0
White Chocolate Cream Frappuccino® - oat drink	Venti	1606	383	17.3	9.7	53.1	47	1.6	3.1	0.83	0
White Chocolate Cream Frappuccino® - coconut drink	Tall	939	225	11.4	8.8	27.5	27.1	1.6	2.2	0.54	0
White Chocolate Cream Frappuccino® - coconut drink	Grande	1352	324	15.9	12.2	41	40.4	2	3.1	0.75	0
White Chocolate Cream Frappuccino® - coconut drink	Venti	1504	360	16.5	12.8	48.1	47.3	2.4	3.4	0.92	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	987	235	9.8	7.4	32.2	30.8	0.3	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	1341	319	13.4	10.1	43.9	41.9	0.4	5.3	0.52	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	1566	373	13.8	10.5	55.4	52.8	0.6	6.1	0.65	0
Strawberries & Cream Frappuccino® - whole milk	Tall	1053	251	11.6	8	32.1	30.7	0.3	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	1422	339	15.7	10.8	43.8	41.8	0.4	5.1	0.52	0
Strawberries & Cream Frappuccino® - whole milk	Venti	1662	395	16.5	11.3	55.2	52.6	0.6	5.9	0.65	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	937	223	8.4	5.9	32.3	30.9	0.3	4.2	0.39	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	1280	305	11.7	8.2	44.1	42.1	0.4	5.3	0.53	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	1495	355	11.8	8.2	55.5	52.9	0.6	6.1	0.66	0
Strawberries & Cream Frappuccino® - almond drink	Tall	886	211	9.3	5.8	30.2	28.6	0.6	1.2	0.36	0
Strawberries & Cream Frappuccino® - almond drink	Grande	1217	290	12.8	8.2	41.4	39.3	0.8	1.6	0.49	0
Strawberries & Cream Frappuccino® - almond drink	Venti	1420	338	13.1	8.2	52.4	49.6	1	1.8	0.62	0
Strawberries & Cream Frappuccino® - soya drink	Tall	962	229	10	6	30.3	28.6	0.9	4	0.38	0
Strawberries & Cream Frappuccino® - soya drink	Grande	1310	312	13.6	8.4	41.5	39.3	1.2	5	0.51	0
Strawberries & Cream Frappuccino® - soya drink	Venti	1530	364	14.1	8.5	52.5	49.6	1.4	5.8	0.64	0
Strawberries & Cream Frappuccino® - oat drink	Tall	1031	246	11	6	34.2	29.4	1.3	1.5	0.41	0
Strawberries & Cream Frappuccino® - oat drink	Grande	1396	333	15	8.4	46.4	40.2	1.7	2	0.55	0
Strawberries & Cream Frappuccino® - oat drink	Venti	1630	388	15.6	8.5	58.2	50.8	2	2.2	0.69	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	966	231	10.5	8	31.1	29.6	1.8	1.7	0.47	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	1315	315	14.4	10.9	42.5	40.5	2.3	2.2	0.62	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	1536	367	14.9	11.3	53.7	51.1	2.7	2.5	0.77	0
Cookies & Cream Frappuccino® - semi skimmed milk	Tall	1064	254	12.3	9.1	30.4	25.9	0.3	5.3	0.53	0
Cookies & Cream Frappuccino® - semi skimmed milk	Grande	1492	356	17.1	12.6	43.3	36.7	0.4	7.1	0.75	0
Cookies & Cream Frappuccino® - semi skimmed milk	Venti	1774	423	18.7	13.8	55	46.3	0.6	8.4	0.96	0
Cookies & Cream Frappuccino® - whole milk	Tall	1133	271	14.3	9.7	30.3	25.8	0.3	5.2	0.53	0
Cookies & Cream Frappuccino® - whole milk	Grande	1583	378	19.7	13.4	43.2	36.6	0.4	7	0.75	0
Cookies & Cream Frappuccino® - whole milk	Venti	1881	449	21.8	14.7	54.8	46.1	0.6	8.3	0.95	0
Cookies & Cream Frappuccino® - skimmed milk	Tall	1012	241	10.8	7.5	30.5	26	0.3	5.3	0.53	0
Cookies & Cream Frappuccino® - skimmed milk	Grande	1424	340	15.2	10.5	43.4	36.9	0.4	7.1	0.75	0
Cookies & Cream Frappuccino® - skimmed milk	Venti	1695	404	16.5	11.3	55.2	46.4	0.6	8.4	0.96	0
Cookies & Cream Frappuccino® - almond drink	Tall	957	229	11.8	7.4	28.3	23.6	0.6	2.2	0.50	0
Cookies & Cream Frappuccino® - almond drink	Grande	1354	324	16.4	10.4	40.5	33.8	0.8	3	0.71	0
Cookies & Cream Frappuccino® - almond drink	Venti	1612	385	17.9	11.2	51.7	42.8	1	3.7	0.91	0
Cookies & Cream Frappuccino® - soya drink	Tall	1038	248	12.5	7.6	28.4	23.6	0.9	5.1	0.52	0
Cookies & Cream Frappuccino® - soya drink	Grande	1458	348	17.4	10.7	40.6	33.8	1.2	6.8	0.74	0
Cookies & Cream Frappuccino® - soya drink	Venti	1734	414	19.1	11.5	51.8	42.8	1.5	8.1	0.94	0
Cookies & Cream Frappuccino® - oat drink	Tall	1110	265	13.7	7.6	32.5	24.4	1.3	2.5	0.55	0
Cookies & Cream Frappuccino® - oat drink	Grande	1553	371	18.9	10.7	46	34.8	1.8	3.4	0.78	0
Cookies & Cream Frappuccino® - oat drink	Venti	1846	441	20.8	11.5	58.2	44	2.2	4.1	0.99	0
Cookies & Cream Frappuccino® - coconut drink	Tall	1042	250	13.1	9.7	29.2	24.6	1.9	2.7	0.61	0
Cookies & Cream Frappuccino® - coconut drink	Grande	1464	351	18.2	13.4	41.7	35.1	2.5	3.7	0.86	0
Cookies & Cream Frappuccino® - coconut drink	Venti	1741	417	20	14.7	53.1	44.4	2.9	4.5	1.08	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Tall	1163	278	13.4	10.3	33	31.3	1.4	5.9	0.49	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Grande	1606	384	18.5	14.2	45.7	43.4	2	7.7	0.67	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Venti	1955	467	20.8	16.1	59.5	56.4	2.6	9.5	0.88	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Tall	1234	295	15.4	10.9	32.8	31.2	1.4	5.8	0.48	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Grande	1695	405	21.1	15	45.6	43.3	2	7.6	0.67	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Venti	2065	493	23.9	17	59.3	56.2	2.6	9.3	0.87	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Tall	1110	265	11.9	8.6	33.1	31.4	1.4	5.9	0.49	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Grande	1539	368	16.7	12.1	45.9	43.6	2	7.7	0.67	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Venti	1874	447	18.5	13.5	59.7	56.6	2.6	9.5	0.88	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Tall	1056	253	12.9	8.6	30.7	29	1.7	2.7	0.46	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Grande	1470	352	17.9	12.1	43	40.5	2.4	3.7	0.63	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Venti	1789	428	20	13.4	56.1	52.8	3.1	4.6	0.83	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Tall	1137	272	13.6	8.8	30.8	29	2.1	5.7	0.48	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Grande	1572	376	18.8	12.3	43.1	40.5	2.8	7.5	0.66	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Venti	1915	457	21.1	13.8	56.2	52.8	3.6	9.2	0.87	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Tall	1211	289	14.8	8.8	35.1	29.8	2.5	3	0.51	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Grande	1666	398	20.3	12.3	48.4	41.6	3.3	4.1	0.70	0
Double Chocolatey Chip Cream Frappuccino® - oat drink	Venti	2029	485	22.9	13.8	62.7	54.1	4.3	5.1	0.91	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Tall	1141	274	14.2	10.9	31.7	30	3	3.2	0.57	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Grande	1578	378	19.6	15	44.1	41.8	4	4.4	0.77	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Venti	1921	460	22.1	17	57.5	54.4	5.1	5.4	1.01	0
Matcha Cream Frappuccino® - semi skimmed milk	Tall	902	215	9.9	7.6	26.3	24.9	0.8	4.9	0.41	50.3
Matcha Cream Frappuccino® - semi skimmed milk	Grande	1258	300	13.7	10.5	37.3	35.3	1.2	6.4	0.58	73
Matcha Cream Frappuccino® - semi skimmed milk	Venti	1411	336	14	10.8	44.7	42.3	1.5	7.2	0.70	90.5
Matcha Cream Frappuccino® - whole milk	Tall	974	233	12	8.2	26.2	24.8	0.8	4.8	0.41	50.3
Matcha Cream Frappuccino® - whole milk	Grande	1352	323	16.4	11.3	37.2	35.2	1.2	6.3	0.58	73
Matcha Cream Frappuccino® - whole milk	Venti	1516	362	17	11.7	44.6	42.1	1.5	7.1	0.70	90.5
Matcha Cream Frappuccino® - skimmed milk	Tall	848	202	8.4	5.9	26.4	25.1	0.8	4.9	0.42	50.3
Matcha Cream Frappuccino® - skimmed milk	Grande	1188	283	11.8	8.3	37.4	35.5	1.2	6.4		

Matcha Cream Frappuccino® - oat drink	Tall	950	227	11.3	6.1	28.5	23.4	1.9	1.9	0.44	50.3
Matcha Cream Frappuccino® - oat drink	Grande	1321	316	15.5	8.5	40.1	33.4	2.6	2.7	0.62	73
Matcha Cream Frappuccino® - oat drink	Venti	1481	354	16.1	8.6	47.9	40.1	3	3	0.73	90.5
Matcha Cream Frappuccino® - coconut drink	Tall	879	211	10.8	8.3	25	23.7	2.4	2.2	0.50	50.3
Matcha Cream Frappuccino® - coconut drink	Grande	1228	295	14.8	11.3	35.6	33.7	3.3	2.9	0.70	73
Matcha Cream Frappuccino® - coconut drink	Venti	1378	330	15.3	11.7	42.9	40.4	3.8	3.3	0.82	90.5
Chai Tea Cream Frappuccino® - semi skimmed milk	Tall	858	205	9.7	7.4	25.3	24.9	0.1	4	0.39	10.1
Chai Tea Cream Frappuccino® - semi skimmed milk	Grande	1215	290	13.4	10.2	37.3	36.6	0.1	5.2	0.53	18.8
Chai Tea Cream Frappuccino® - semi skimmed milk	Venti	1382	330	13.8	10.6	45.2	44.3	0.1	6.1	0.68	19
Chai Tea Cream Frappuccino® - whole milk	Tall	924	221	11.6	8	25.2	24.8	0.1	3.9	0.38	10.1
Chai Tea Cream Frappuccino® - whole milk	Grande	1298	310	15.7	10.9	37.1	36.5	0.1	5	0.52	18.8
Chai Tea Cream Frappuccino® - whole milk	Venti	1483	354	16.7	11.5	45	44.2	0.1	6	0.68	19
Chai Tea Cream Frappuccino® - skimmed milk	Tall	808	193	8.3	5.9	25.4	25	0.1	4	0.39	10.1
Chai Tea Cream Frappuccino® - skimmed milk	Grande	1153	275	11.6	8.2	37.4	36.8	0.1	5.2	0.53	18.8
Chai Tea Cream Frappuccino® - skimmed milk	Venti	1306	311	11.7	8.3	45.3	44.5	0.1	6.1	0.69	19
Chai Tea Cream Frappuccino® - almond drink	Tall	756	181	9.2	5.9	23.2	22.7	0.4	1.1	0.36	10.1
Chai Tea Cream Frappuccino® - almond drink	Grande	1088	260	12.7	8.2	34.7	33.9	0.5	1.4	0.49	18.8
Chai Tea Cream Frappuccino® - almond drink	Venti	1227	293	13.1	8.2	42	41	0.6	1.6	0.64	19
Chai Tea Cream Frappuccino® - soya drink	Tall	833	199	9.9	6	23.3	22.7	0.7	3.8	0.38	10.1
Chai Tea Cream Frappuccino® - soya drink	Grande	1184	283	13.6	8.4	34.8	33.9	0.9	4.9	0.52	18.8
Chai Tea Cream Frappuccino® - soya drink	Venti	1344	321	14.1	8.5	42.1	41	1	5.8	0.67	19
Chai Tea Cream Frappuccino® - oat drink	Tall	902	216	11	6	27.3	23.5	1.1	1.4	0.41	10.1
Chai Tea Cream Frappuccino® - oat drink	Grande	1271	304	15	8.4	39.8	34.9	1.4	1.8	0.56	18.8
Chai Tea Cream Frappuccino® - oat drink	Venti	1450	346	15.8	8.5	48.2	42.2	1.6	2	0.72	19
Chai Tea Cream Frappuccino® - coconut drink	Tall	837	201	10.5	8	24.1	23.7	1.5	1.6	0.47	10.1
Chai Tea Cream Frappuccino® - coconut drink	Grande	1189	285	14.3	10.9	35.8	35.1	2	2.1	0.63	18.8
Chai Tea Cream Frappuccino® - coconut drink	Venti	1350	324	15	11.5	43.3	42.5	2.4	2.3	0.80	19
<b>Refreshment</b>											
Peach Iced Tea	Tall	224	53	0.1	0	12.9	12.6	0.1	0.1	0.00	0.6
Peach Iced Tea	Grande	312	74	0.1	0	17.9	17.5	0.1	0.1	0.00	0.9
Peach Iced Tea	Venti	395	94	0.1	0	22.8	22.2	0.1	0.1	0.00	1
Lemon Iced Tea	Tall	224	53	0.1	0	12.8	12.6	0.1	0.1	0.00	0.6
Lemon Iced Tea	Grande	311	73	0.1	0	17.8	17.5	0.1	0.1	0.00	0.9
Lemon Iced Tea	Venti	394	93	0.1	0	22.6	22.2	0.1	0.1	0.00	1
Cool Lime Starbucks Refresha™	Tall	245	58	0.1	0	13.9	13.3	0.4	0.3	0.04	37.2
Cool Lime Starbucks Refresha™	Grande	320	75	0.1	0	18.2	17.5	0.4	0.3	0.05	49.3
Cool Lime Starbucks Refresha™	Venti	398	93	0.1	0	22.7	22	0.4	0.4	0.07	61.9
Strawberry Acai Starbucks Refresha®	Tall	288	68	0.1	0	15.9	15.7	0.5	0.3	0.00	8.4
Strawberry Acai Starbucks Refresha®	Grande	389	91	0.2	0	21.4	21.1	0.7	0.5	0.01	11.1
Strawberry Acai Starbucks Refresha®	Venti	493	116	0.2	0	27	26.7	0.9	0.6	0.01	13.9
Pink Coconut Starbucks Refresha®	Tall	449	107	2.3	2.1	19.1	18.9	1.8	1.2	0.17	8.4
Pink Coconut Starbucks Refresha®	Grande	603	143	3.1	2.7	25.5	25.3	2.5	1.6	0.23	11.1
Pink Coconut Starbucks Refresha®	Venti	761	181	3.9	3.4	32.2	31.9	3.2	2.1	0.29	13.9
Classic Shaken Iced Black Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.5
Classic Shaken Iced Black Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.7
Classic Shaken Iced Black Tea	Venti	0	0	0	0	0	0	0	0	0.00	0.8
Classic Shaken Iced Black Tea Lemonade	Tall	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0.5
Classic Shaken Iced Black Tea Lemonade	Grande	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0.7
Classic Shaken Iced Black Tea Lemonade	Venti	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	0.8
Classic Shaken Iced Green Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.6
Classic Shaken Iced Green Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.9
Classic Shaken Iced Green Tea	Venti	0	0	0	0	0	0	0	0	0.00	1
Classic Shaken Iced Green Tea Lemonade	Tall	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0.6
Classic Shaken Iced Green Tea Lemonade	Grande	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0.9
Classic Shaken Iced Green Tea Lemonade	Venti	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	1
Classic Shaken Hibiscus Tea	Tall	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea	Grande	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea	Venti	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Tall	162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Grande	217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Venti	236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	0
<b>Hot Teas</b>											
English Breakfast Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.8
English Breakfast Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.8
English Breakfast Tea	Venti	0	0	0	0	0	0	0	0	0.00	1.6
Jasmine Pearls Tea	Tall	1	0	0	0	0	0	0	0	0.00	1.1
Jasmine Pearls Tea	Grande	1	0	0	0	0	0	0	0	0.00	1.1
Jasmine Pearls Tea	Venti	3	1	0	0	0	0	0	0	0.00	2.1
Mint Citrus Green Tea	Tall	0	0	0	0	0	0	0	0	0.00	0
Mint Citrus Green Tea	Grande	0	0	0	0	0	0	0	0	0.00	0
Mint Citrus Green Tea	Venti	0	0	0	0	0	0	0	0	0.00	0
Emperor's Clouds & Mist Tea	Tall	1	0	0	0	0	0	0	0	0.00	0.8
Emperor's Clouds & Mist Tea	Grande	1	0	0	0	0	0	0	0	0.00	0.8
Emperor's Clouds & Mist Tea	Venti	2	1	0	0	0	0	0	0	0.00	1.6
Chamomile	Tall	0	0	0	0	0	0	0	0	0.00	0
Chamomile	Grande	0	0	0	0	0	0	0	0	0.00	0
Chamomile	Venti	0	0	0	0	0	0	0	0	0.00	0
Earl Grey Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.5
Earl Grey Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.5
Earl Grey Tea	Venti	0	0	0	0	0	0	0	0	0.00	1
Mint Herbal Blend	Tall	0	0	0	0	0	0	0	0	0.00	0
Mint Herbal Blend	Grande	0	0	0	0	0	0	0	0	0.00	0
Mint Herbal Blend	Venti	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	Tall	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	Grande	0	0	0	0	0	0	0	0	0.00	0
Hibiscus Tea	Venti	0	0	0	0	0	0	0	0	0.00	0
Chai Tea	Tall	0	0	0	0	0	0	0	0	0.00	0.4
Chai Tea	Grande	0	0	0	0	0	0	0	0	0.00	0.4
Chai Tea	Venti	0	0	0	0	0	0	0	0	0.00	0.8
Youthberry Tea	Tall	2	0	0	0	0	0	0	0	0.00	0
Youthberry Tea	Grande	2	0	0	0	0	0	0	0	0.00	0
Youthberry Tea	Venti	3	1	0	0	0.1	0.1	0	0	0.00	0
<b>Tea Latte</b>											
Matcha Green Tea Latte - semi skimmed milk	Tall	424	101	3.4	3.4	9.9	9.3	0.6	7.3	0.21	38.5
Matcha Green Tea Latte - semi skimmed milk	Grande	622	148	5	4.9	14.6	13.6	1.1	10.7	0.31	65.7
Matcha Green Tea Latte - semi skimmed milk	Venti	773	184	6.2	6.1	18.2	16.8	1.4	13.3	0.38	83.4
Matcha Green Tea Latte - whole milk	Tall	556	132	7.2	4.5	9.8	9.1	0.6	7.1	0.21	38.5
Matcha Green Tea Latte - whole milk	Grande	814	194	10.4	6.6	14.3	13.3	1.1	10.4	0.30	65.7
Matcha Green Tea Latte - whole milk	Venti	1012	241	13	8.2	17.8	16.5	1.4	13	0.37	83.4
Matcha Green Tea Latte - skimmed milk	Tall	325	77	0.7	0.3	10.1	9.5	0.6	7.3	0.22	38.5
Matcha Green Tea Latte - skimmed milk	Grande	479	114	1	0.4	14.9	13.8	1.1	10.7	0.31	65.7
Matcha Green Tea Latte - skimmed milk	Venti	596	141	1.2	0.5	18.5	17.2	1.4	13.3	0.39	83.4
Matcha Green Tea Latte - almond drink	Tall	223	53	2.4	0.2	5.8	5	1.2	1.4	0.16	38.5
Matcha Green Tea Latte - almond drink	Grande	330	79	3.6	0.3	8.6	7.3	1.9	2.1	0.23	65.7
Matcha Green Tea Latte - almond drink	Venti	411	99	4.4	0.4	10.7	9	2.4	2.7	0.28	83.4
Matcha Green Tea Latte - soya drink	Tall	374	89	3.8	0.6	6	5	1.8	6.9	0.20	38.5
Matcha Green Tea Latte - soya drink	Grande	550	131	5.6	0.9	8.9	7.3	2.8	10.1	0.29	65.7
Matcha Green Tea Latte - soya drink	Venti	685	163	6.9	1.1	11.1	9	3.5	12.6	0.36	83.4
Matcha Green Tea Latte - oat drink	Tall	512	122	6	0.6	13.9	6.6	2.6	2	0.26	38.5
Matcha Green Tea Latte - oat drink	Grande	751	179	8.7	0.9	20.4	9.6	3.9	3	0.37	65.7
Matcha Green Tea Latte - oat drink	Venti	933	223	10.8	1.1	25.3	11.9	4.9	3.7	0.46	83.4
Matcha Green Tea Latte - coconut drink	Tall	382	93	5	4.5	7.6	7	3.6	2.4	0.37	38.5
Matcha Green Tea Latte - coconut drink	Grande	562	136	7.3	6.6	11.2	10.1	5.4	3.6	0.54	65.7
Matcha Green Tea Latte - coconut drink	Venti	699	170	9	8.2	13.9	12.6	6.7	4.4	0.67	83.4
Iced Matcha Green Tea Latte - semi skimmed milk	Tall	404	96	3.2	3.1	9.5	8.7	0.9	6.9	0.20	52.8
Iced Matcha Green Tea Latte - semi skimmed milk	Grande	517	123	4	3.9	12.2	10.9	1.3	8.9	0.25	79.2
Iced Matcha Green Tea Latte - semi skimmed milk	Venti	597	142	4.6	4.5	14.1	12.4	1.7	10.2	0.28	105.6



Iced Matcha Green Tea Latte - whole milk	Tall	526	125	6.7	4.2	9.3	8.5	0.9	6.8	0.19	52.8
Iced Matcha Green Tea Latte - whole milk	Grande	670	160	8.4	5.3	12	10.7	1.3	8.7	0.24	79.2
Iced Matcha Green Tea Latte - whole milk	Venti	771	184	9.6	6	13.9	12.2	1.7	10	0.27	105.6
Iced Matcha Green Tea Latte - skimmed milk	Tall	312	74	0.6	0.3	9.7	8.8	0.9	6.9	0.20	52.8
Iced Matcha Green Tea Latte - skimmed milk	Grande	402	95	0.8	0.3	12.4	11.1	1.3	8.9	0.25	79.2
Iced Matcha Green Tea Latte - skimmed milk	Venti	466	111	1	0.4	14.4	12.7	1.7	10.2	0.29	105.6
Iced Matcha Green Tea Latte - almond drink	Tall	217	52	2.3	0.2	5.7	4.6	1.4	1.5	0.15	52.8
Iced Matcha Green Tea Latte - almond drink	Grande	282	68	2.9	0.3	7.4	5.9	2	2	0.18	79.2
Iced Matcha Green Tea Latte - almond drink	Venti	331	79	3.3	0.3	8.7	6.7	2.5	2.4	0.21	105.6
Iced Matcha Green Tea Latte - soya drink	Tall	358	85	3.6	0.6	5.9	4.6	1.9	6.6	0.18	52.8
Iced Matcha Green Tea Latte - soya drink	Grande	459	109	4.5	0.7	7.6	5.9	2.7	8.4	0.23	79.2
Iced Matcha Green Tea Latte - soya drink	Venti	532	126	5.1	0.8	8.9	6.7	3.3	9.7	0.26	105.6
Iced Matcha Green Tea Latte - oat drink	Tall	486	116	5.6	0.6	13.2	6.1	2.7	2	0.24	52.8
Iced Matcha Green Tea Latte - oat drink	Grande	620	148	7	0.7	16.8	7.7	3.6	2.7	0.30	79.2
Iced Matcha Green Tea Latte - oat drink	Venti	714	171	8	0.8	19.3	8.8	4.3	3.2	0.34	105.6
Iced Matcha Green Tea Latte - coconut drink	Tall	365	89	4.7	4.2	7.3	6.5	3.6	2.4	0.34	52.8
Iced Matcha Green Tea Latte - coconut drink	Grande	468	114	5.9	5.3	9.4	8.2	4.7	3.1	0.43	79.2
Iced Matcha Green Tea Latte - coconut drink	Venti	542	131	6.7	6	11	9.3	5.6	3.7	0.49	105.6
Chai Tea Latte - semi skimmed milk	Tall	753	179	3.8	3.7	28.2	28.1	0.2	7.8	0.25	34.5
Chai Tea Latte - semi skimmed milk	Grande	821	195	3.5	3.5	33.3	33.2	0.3	7.2	0.23	46
Chai Tea Latte - semi skimmed milk	Venti	1087	258	4.9	4.8	43.1	43	0.3	10	0.32	57.4
Chai Tea Latte - whole milk	Tall	900	214	8	5	28	27.9	0.2	7.5	0.24	34.5
Chai Tea Latte - whole milk	Grande	957	227	7.4	4.7	33.1	33	0.3	7	0.23	46
Chai Tea Latte - whole milk	Venti	1277	303	10.3	6.5	42.8	42.7	0.3	9.7	0.32	57.4
Chai Tea Latte - skimmed milk	Tall	643	152	0.7	0.3	28.4	28.3	0.2	7.8	0.25	34.5
Chai Tea Latte - skimmed milk	Grande	720	170	0.7	0.3	33.5	33.4	0.3	7.2	0.24	46
Chai Tea Latte - skimmed milk	Venti	945	224	1	0.4	43.4	43.2	0.3	10	0.33	57.4
Chai Tea Latte - almond drink	Tall	529	126	2.7	0.2	23.6	23.3	0.9	1.2	0.19	34.5
Chai Tea Latte - almond drink	Grande	615	146	2.5	0.2	29.1	28.8	0.9	1.1	0.18	46
Chai Tea Latte - almond drink	Venti	798	190	3.5	0.3	37.1	36.7	1.2	1.5	0.25	57.4
Chai Tea Latte - soya drink	Tall	698	165	4.2	0.7	23.8	23.3	1.5	7.3	0.23	34.5
Chai Tea Latte - soya drink	Grande	771	183	3.9	0.6	29.3	28.8	1.5	6.8	0.22	46
Chai Tea Latte - soya drink	Venti	1016	241	5.5	0.9	37.4	36.7	2	9.5	0.30	57.4
Chai Tea Latte - oat drink	Tall	852	203	6.7	0.7	32.6	25	2.4	1.8	0.30	34.5
Chai Tea Latte - oat drink	Grande	913	217	6.2	0.6	37.4	30.4	2.3	1.7	0.28	46
Chai Tea Latte - oat drink	Venti	1214	289	8.6	0.9	48.7	39	3.2	2.4	0.39	57.4
Chai Tea Latte - coconut drink	Tall	707	170	5.6	5.1	25.5	25.5	3.5	2.3	0.42	34.5
Chai Tea Latte - coconut drink	Grande	779	187	5.2	4.7	30.9	30.8	3.3	2.1	0.40	46
Chai Tea Latte - coconut drink	Venti	1027	246	7.2	6.5	39.7	39.6	4.6	2.9	0.55	57.4
Iced Chai Tea Latte - semi skimmed milk	Tall	584	138	2.4	2.3	24.3	24.2	0.2	4.8	0.16	34.5
Iced Chai Tea Latte - semi skimmed milk	Grande	751	178	3	2.9	31.7	31.6	0.3	6	0.20	46
Iced Chai Tea Latte - semi skimmed milk	Venti	976	231	4	3.9	40.5	40.4	0.3	8.1	0.27	57.4
Iced Chai Tea Latte - whole milk	Tall	675	160	5	3.1	24.1	24.1	0.2	4.7	0.16	34.5
Iced Chai Tea Latte - whole milk	Grande	864	205	6.1	3.9	31.5	31.5	0.3	5.8	0.19	46
Iced Chai Tea Latte - whole milk	Venti	1129	268	8.3	5.2	40.3	40.1	0.3	7.9	0.26	57.4
Iced Chai Tea Latte - skimmed milk	Tall	516	122	0.5	0.2	24.4	24.3	0.2	4.8	0.16	34.5
Iced Chai Tea Latte - skimmed milk	Grande	667	158	0.6	0.2	31.9	31.8	0.3	6	0.20	46
Iced Chai Tea Latte - skimmed milk	Venti	862	204	0.8	0.3	40.7	40.6	0.3	8.1	0.27	57.4
Iced Chai Tea Latte - almond drink	Tall	445	106	1.7	0.1	21.4	21.2	0.6	0.8	0.12	34.5
Iced Chai Tea Latte - almond drink	Grande	580	138	2.1	0.2	28.2	27.9	0.8	0.9	0.15	46
Iced Chai Tea Latte - almond drink	Venti	743	177	2.9	0.2	35.7	35.4	1	1.3	0.20	57.4
Iced Chai Tea Latte - soya drink	Tall	550	130	2.7	0.4	21.5	21.2	1	4.6	0.15	34.5
Iced Chai Tea Latte - soya drink	Grande	709	168	3.3	0.5	28.3	27.9	1.3	5.6	0.18	46
Iced Chai Tea Latte - soya drink	Venti	919	218	4.5	0.7	35.9	35.4	1.7	7.6	0.25	57.4
Iced Chai Tea Latte - oat drink	Tall	646	153	4.2	0.4	27	22.3	1.6	1.2	0.19	34.5
Iced Chai Tea Latte - oat drink	Grande	827	197	5.1	0.5	35.1	29.3	2	1.4	0.23	46
Iced Chai Tea Latte - oat drink	Venti	1079	257	7	0.7	45.1	37.2	2.6	1.9	0.32	57.4
Iced Chai Tea Latte - coconut drink	Tall	556	133	3.5	3.1	22.6	22.6	2.3	1.4	0.27	34.5
Iced Chai Tea Latte - coconut drink	Grande	716	171	4.3	3.9	29.7	29.6	2.8	1.8	0.33	46
Iced Chai Tea Latte - coconut drink	Venti	928	222	5.8	5.3	37.8	37.6	3.8	2.4	0.45	57.4
<b>Autumn FY23IRE Promo Beverages</b>											
Pumpkin Cream Cold Brew	Tall	749	179	12.2	7.2	10.4	10.2	1.5	9.2	0.30	36.9
Pumpkin Cream Cold Brew	Grande	1131	270	18.1	10.7	17.3	17	2.2	12.5	0.41	50
Pumpkin Cream Cold Brew	Venti	1513	362	24	14.3	24.2	23.9	2.8	15.8	0.52	63.2
Iced Pumpkin Cream Latte	Tall	1330	320	24.4	15.1	21.3	19.8	2.4	2.8	0.22	56.7
Iced Pumpkin Cream Latte	Grande	1978	476	36.9	22.9	30.2	28.4	3.6	4.2	0.32	85.1
Iced Pumpkin Cream Latte	Venti	2433	585	44.7	27.7	38.4	36.2	4.8	5.2	0.40	113.4
Pumpkin Spice Latte - semi skimmed milk	Tall	1110	265	11.4	8.9	30.9	30	3.5	7.9	0.34	66.2
Pumpkin Spice Latte - semi skimmed milk	Grande	1454	347	15.4	12	40.2	39.3	4.6	9.6	0.42	66.2
Pumpkin Spice Latte - semi skimmed milk	Venti	1771	422	17	13.5	51.2	49.9	5.8	13.2	0.56	99.2
Pumpkin Spice Latte - whole milk	Tall	1232	294	14.9	10	30.7	29.8	3.5	7.7	0.33	66.2
Pumpkin Spice Latte - whole milk	Grande	1605	383	19.7	13.3	40	39.1	4.6	9.4	0.41	66.2
Pumpkin Spice Latte - whole milk	Venti	1980	472	22.9	15.3	50.9	49.5	5.8	12.9	0.55	99.2
Pumpkin Spice Latte - skimmed milk	Tall	1020	243	8.9	6.1	31.1	30.2	3.5	7.9	0.34	66.2
Pumpkin Spice Latte - skimmed milk	Grande	1342	320	12.2	8.4	40.5	39.5	4.6	9.6	0.42	66.2
Pumpkin Spice Latte - skimmed milk	Venti	1615	385	12.7	8.6	51.5	50.2	5.8	13.2	0.57	99.2
Pumpkin Spice Latte - almond drink	Tall	925	222	10.5	6	27.1	26	4.1	2.4	0.29	66.2
Pumpkin Spice Latte - almond drink	Grande	1225	293	14.3	8.4	35.5	34.4	5.3	2.9	0.35	66.2
Pumpkin Spice Latte - almond drink	Venti	1453	348	15.5	8.5	44.7	43	6.7	3.8	0.47	99.2
Pumpkin Spice Latte - soya drink	Tall	1065	254	11.8	6.4	27.3	26	4.6	7.5	0.33	66.2
Pumpkin Spice Latte - soya drink	Grande	1398	334	15.8	8.8	35.7	34.4	6	9.2	0.40	66.2
Pumpkin Spice Latte - soya drink	Venti	1693	404	17.6	9.1	45	43	7.7	12.5	0.54	99.2
Pumpkin Spice Latte - oat drink	Tall	1192	285	13.8	6.4	34.6	27.5	5.3	3	0.38	66.2
Pumpkin Spice Latte - oat drink	Grande	1556	372	18.3	8.8	44.7	36.2	6.9	3.6	0.47	66.2
Pumpkin Spice Latte - oat drink	Venti	1911	457	21.1	9.1	57.5	45.5	8.9	4.7	0.63	99.2
Pumpkin Spice Latte - coconut drink	Tall	1072	258	12.9	10	28.7	27.8	6.2	3.4	0.48	66.2
Pumpkin Spice Latte - coconut drink	Grande	1407	338	17.2	13.3	37.5	36.6	8	4	0.60	66.2
Pumpkin Spice Latte - coconut drink	Venti	1705	410	19.5	15.3	47.5	46.1	10.5	5.4	0.81	99.2
Iced Pumpkin Spice Latte - semi skimmed milk	Tall	947	225	4.9	4.7	32.9	32	3.5	10.4	0.42	66.2
Iced Pumpkin Spice Latte - semi skimmed milk	Grande	1216	289	6.2	5.9	42.8	41.9	4.6	13	0.52	66.2
Iced Pumpkin Spice Latte - semi skimmed milk	Venti	1571	373	8.2	7.8	54.7	53.3	5.8	17.2	0.68	99.2
Iced Pumpkin Spice Latte - whole milk	Tall	1128	268	10.1	6.3	32.7	31.7	3.5	10.2	0.41	66.2
Iced Pumpkin Spice Latte - whole milk	Grande	1446	344	12.8	8	42.5	41.5	4.6	12.7	0.51	66.2
Iced Pumpkin Spice Latte - whole milk	Venti	1872	445	16.7	10.4	54.3	52.9	5.8	16.8	0.67	99.2
Iced Pumpkin Spice Latte - skimmed milk	Tall	812	192	1.1	0.4	32.2	32.3	3.5	10.4	0.42	66.2
Iced Pumpkin Spice Latte - skimmed milk	Grande	1044	247	1.4	0.5	43.2	42.2	4.6	13	0.53	66.2
Iced Pumpkin Spice Latte - skimmed milk	Venti	1346	319	1.9	0.7	55.2	53.8	5.8	17.2	0.69	99.2
Iced Pumpkin Spice Latte - almond drink	Tall	672	160	3.6	0.3	27.3	26.1	4.3	2.3	0.34	66.2
Iced Pumpkin Spice Latte - almond drink	Grande	865	206	4.5	0.4	35.6	34.3	5.6	2.7	0.42	66.2
Iced Pumpkin Spice Latte - almond drink	Venti	1112	265	5.9	0.6	45.3	43.4	7.2	3.7	0.56	99.2
Iced Pumpkin Spice Latte - soya drink	Tall	880	209	5.5	0.9	27.5	26.1	5.1	9.9	0.39	66.2
Iced Pumpkin Spice Latte - soya drink	Grande	1130	268	6.9	1.1	35.9	34.3	6.7	12.3	0.49	66.2
Iced Pumpkin Spice Latte - soya drink	Venti	1458	346	9.1	1.5	45.7	43.4	8.5	16.3	0.65	99.2
Iced Pumpkin Spice Latte - oat drink	Tall	1069	255	8.4	0.9	38.3	28.2	6.2	3.1	0.48	66.2
Iced Pumpkin Spice Latte - oat drink	Grande	1371	326	10.7	1.1	49.7	37.1	8	3.7	0.59	66.2
Iced Pumpkin Spice Latte - oat drink	Venti	1773	422	14	1.5	63.7	47	10.3	5.1	0.78	99.2
Iced Pumpkin Spice Latte - coconut drink	Tall	891	214	7.1	6.3	29.7	28.8	7.6	3.7	0.63	66.2
Iced Pumpkin Spice Latte - coconut drink	Grande	1144	275	9	8	38.7	37.8	9.8	4.4	0.79	66.2
Iced Pumpkin Spice Latte - coconut drink	Venti	1476	355	11.8	10.5	49.3	47.9	12.6	6	1.04	99.2
Pumpkin Spice Frappuccino® - semi skimmed milk	Tall	1080	257	9.6	7.2	37.7	36.9	2.2	3.8	0.46	23.2
Pumpkin Spice Frappuccino® - semi skimmed milk	Grande	1490	355	13.1	9.8	52.5	51.4	3.1	4.7	0.63	32.9
Pumpkin Spice Frappuccino® - semi skimmed milk	Venti	1727	411	13.4	9.9	65	63.6	3.9	5.2	0.77	41.7
Pumpkin Spice Frappuccino® - whole milk	Tall	1134	270	11.1	7.6	37.6	36.8	2.2	3.7	0.45	23.2
Pumpkin Spice Frappuccino® - whole milk	Grande	1555	370	15	10.3	52.4	51.3	3.1	4		

Pumpkin Spice Frappuccino® - almond drink	Tall	999	238	9.2	5.9	36	35.1	2.4	1.4	0.43	23.2
Pumpkin Spice Frappuccino® - almond drink	Grande	1392	332	12.6	8.2	50.5	49.3	3.4	1.8	0.60	32.9
Pumpkin Spice Frappuccino® - almond drink	Venti	1619	385	12.8	8.2	62.8	61.2	4.2	2	0.74	41.7
Pumpkin Spice Frappuccino® - soya drink	Tall	1060	252	9.7	6	36.1	35.1	2.7	3.6	0.45	23.2
Pumpkin Spice Frappuccino® - soya drink	Grande	1466	349	13.3	8.4	50.6	49.3	3.7	4.5	0.62	32.9
Pumpkin Spice Frappuccino® - soya drink	Venti	1701	404	13.6	8.4	62.9	61.2	4.5	5	0.76	41.7
Pumpkin Spice Frappuccino® - oat drink	Tall	1116	266	10.6	6	39.3	35.8	3	1.6	0.47	23.2
Pumpkin Spice Frappuccino® - oat drink	Grande	1534	365	14.4	8.4	54.5	50	4.1	2.1	0.65	32.9
Pumpkin Spice Frappuccino® - oat drink	Venti	1775	422	14.7	8.4	67.1	62.1	5	2.3	0.80	41.7
Pumpkin Spice Frappuccino® - coconut drink	Tall	1063	254	10.2	7.6	36.7	35.9	3.4	1.8	0.52	23.2
Pumpkin Spice Frappuccino® - coconut drink	Grande	1470	351	13.9	10.3	51.4	50.2	4.5	2.3	0.71	32.9
Pumpkin Spice Frappuccino® - coconut drink	Venti	1705	406	14.2	10.6	63.7	62.3	5.5	2.6	0.86	41.7
Pumpkin Spice Cream Frappuccino® - semi skimmed milk	Tall	1014	242	9.9	7.6	33	32.5	2	4.2	0.45	0
Pumpkin Spice Cream Frappuccino® - semi skimmed milk	Grande	1374	328	13.5	10.3	44.9	44.2	2.8	5.3	0.60	0
Pumpkin Spice Cream Frappuccino® - semi skimmed milk	Venti	1632	389	14	10.7	57.7	56.8	3.7	6.2	0.77	0
Pumpkin Spice Cream Frappuccino® - whole milk	Tall	1084	259	11.8	8.2	32.9	32.4	2	4.1	0.44	0
Pumpkin Spice Cream Frappuccino® - whole milk	Grande	1460	348	15.9	11	44.7	44.1	2.8	5.2	0.60	0
Pumpkin Spice Cream Frappuccino® - whole milk	Venti	1735	414	16.9	11.6	57.6	56.7	3.7	6.1	0.76	0
Pumpkin Spice Cream Frappuccino® - skimmed milk	Tall	961	229	8.4	5.9	33.1	32.6	2	4.2	0.45	0
Pumpkin Spice Cream Frappuccino® - skimmed milk	Grande	1309	312	11.7	8.2	45	44.3	2.8	5.3	0.60	0
Pumpkin Spice Cream Frappuccino® - skimmed milk	Venti	1554	370	11.8	8.3	57.9	57	3.7	6.2	0.77	0
Pumpkin Spice Cream Frappuccino® - almond drink	Tall	907	217	9.3	5.9	30.8	30.2	2.4	1.1	0.42	0
Pumpkin Spice Cream Frappuccino® - almond drink	Grande	1242	297	12.8	8.2	42.2	41.3	3.2	1.5	0.56	0
Pumpkin Spice Cream Frappuccino® - almond drink	Venti	1474	352	13.2	8.2	54.5	53.4	4.2	1.6	0.73	0
Pumpkin Spice Cream Frappuccino® - soya drink	Tall	987	235	10.1	6.1	30.9	30.2	2.7	4	0.44	0
Pumpkin Spice Cream Frappuccino® - soya drink	Grande	1341	320	13.7	8.5	42.3	41.3	3.6	5.1	0.59	0
Pumpkin Spice Cream Frappuccino® - soya drink	Venti	1593	379	14.3	8.5	54.6	53.4	4.6	5.9	0.76	0
Pumpkin Spice Cream Frappuccino® - oat drink	Tall	1061	253	11.2	6.1	35.1	31	3.1	1.4	0.47	0
Pumpkin Spice Cream Frappuccino® - oat drink	Grande	1432	342	15.2	8.5	47.5	42.4	4.1	1.8	0.63	0
Pumpkin Spice Cream Frappuccino® - oat drink	Venti	1701	406	16	8.5	60.8	54.6	5.3	2.1	0.80	0
Pumpkin Spice Cream Frappuccino® - coconut drink	Tall	992	238	10.7	8.2	31.8	31.3	3.6	1.6	0.53	0
Pumpkin Spice Cream Frappuccino® - coconut drink	Grande	1347	323	14.5	11	43.3	42.6	4.7	2.1	0.70	0
Pumpkin Spice Cream Frappuccino® - coconut drink	Venti	1599	383	15.2	11.6	55.9	55	6	2.4	0.89	0
Salted Maple Caramel Cream Cold Brew	Tall	803	192	12.3	7.3	13.5	13.3	1	9.2	0.30	36.9
Salted Maple Caramel Cream Cold Brew	Grande	1187	284	18.3	10.8	20.6	20.3	1.4	12.5	0.41	50
Salted Maple Caramel Cream Cold Brew	Venti	1571	375	24.2	14.4	27.8	27.3	1.8	15.8	0.52	63.2
Salted Maple Caramel Latte - semi skimmed milk	Tall	859	203	4.8	4.5	30.4	29.5	0.2	9.7	0.39	56.7
Salted Maple Caramel Latte - semi skimmed milk	Grande	1163	275	6.3	6	41.9	41	0.3	12.8	0.51	56.7
Salted Maple Caramel Latte - semi skimmed milk	Venti	1504	356	8	7.6	54.3	53	0.4	16.6	0.67	85.1
Salted Maple Caramel Latte - whole milk	Tall	1030	244	9.6	6	30.1	29.2	0.2	9.5	0.38	56.7
Salted Maple Caramel Latte - whole milk	Grande	1392	330	12.7	8	41.6	40.6	0.3	12.5	0.50	56.7
Salted Maple Caramel Latte - whole milk	Venti	1798	426	16.3	10.2	53.9	52.5	0.4	16.2	0.66	85.1
Salted Maple Caramel Latte - skimmed milk	Tall	732	173	1.2	0.5	30.6	29.7	0.2	9.7	0.39	56.7
Salted Maple Caramel Latte - skimmed milk	Grande	992	234	1.5	0.6	42.3	41.3	0.3	12.8	0.52	56.7
Salted Maple Caramel Latte - skimmed milk	Venti	1285	303	1.9	0.8	54.7	53.4	0.4	16.6	0.68	85.1
Salted Maple Caramel Latte - almond drink	Tall	600	142	3.5	0.4	25.1	23.9	1	2.1	0.32	56.7
Salted Maple Caramel Latte - almond drink	Grande	814	193	4.5	0.5	34.7	33.4	1.3	2.6	0.42	56.7
Salted Maple Caramel Latte - almond drink	Venti	1057	251	5.8	0.6	45.1	43.3	1.7	3.5	0.55	85.1
Salted Maple Caramel Latte - soya drink	Tall	796	188	5.3	0.9	25.3	23.9	1.8	9.2	0.37	56.7
Salted Maple Caramel Latte - soya drink	Grande	1077	255	6.9	1.2	35.1	33.4	2.3	12.1	0.49	56.7
Salted Maple Caramel Latte - soya drink	Venti	1394	330	8.9	1.5	45.5	43.3	3	15.7	0.64	85.1
Salted Maple Caramel Latte - oat drink	Tall	974	231	8.1	0.9	35.5	25.9	2.8	2.9	0.45	56.7
Salted Maple Caramel Latte - oat drink	Grande	1317	313	10.7	1.2	48.7	36.2	3.7	3.6	0.59	56.7
Salted Maple Caramel Latte - oat drink	Venti	1701	404	13.7	1.5	63.1	46.8	4.8	4.8	0.77	85.1
Salted Maple Caramel Latte - coconut drink	Tall	806	193	6.8	6	27.3	26.4	4.1	3.4	0.59	56.7
Salted Maple Caramel Latte - coconut drink	Grande	1091	262	9	8	37.8	36.9	5.4	4.3	0.79	56.7
Salted Maple Caramel Latte - coconut drink	Venti	1412	338	11.5	10.3	49.1	47.7	7	5.6	1.02	85.1
Iced Salted Maple & Caramel Latte - semi skimmed milk	Tall	714	169	3.5	3.3	27	26.1	0.2	7.2	0.31	56.7
Iced Salted Maple & Caramel Latte - semi skimmed milk	Grande	936	221	4.3	4.1	36.6	35.7	0.3	8.9	0.39	56.7
Iced Salted Maple & Caramel Latte - semi skimmed milk	Venti	1146	271	5	4.6	46	44.6	0.4	10.4	0.48	85.1
Iced Salted Maple & Caramel Latte - whole milk	Tall	836	198	7	4.3	26.8	25.9	0.2	7	0.31	56.7
Iced Salted Maple & Caramel Latte - whole milk	Grande	1090	258	8.7	5.4	36.4	35.5	0.3	8.7	0.39	56.7
Iced Salted Maple & Caramel Latte - whole milk	Venti	1320	313	10	6.2	45.7	44.4	0.4	10.1	0.48	85.1
Iced Salted Maple & Caramel Latte - skimmed milk	Tall	623	147	1	0.4	27.2	26.3	0.2	7.2	0.32	56.7
Iced Salted Maple & Caramel Latte - skimmed milk	Grande	821	194	1.1	0.5	36.9	35.9	0.3	8.9	0.40	56.7
Iced Salted Maple & Caramel Latte - skimmed milk	Venti	1015	239	1.3	0.5	46.2	44.9	0.4	10.4	0.49	85.1
Iced Salted Maple & Caramel Latte - almond drink	Tall	528	125	2.6	0.3	23.2	22.1	0.8	1.7	0.26	56.7
Iced Salted Maple & Caramel Latte - almond drink	Grande	702	166	3.2	0.4	31.8	30.6	0.9	2	0.33	56.7
Iced Salted Maple & Caramel Latte - almond drink	Venti	879	208	3.7	0.4	40.5	38.9	1.2	2.6	0.41	85.1
Iced Salted Maple & Caramel Latte - soya drink	Tall	669	158	3.9	0.7	23.4	22.1	1.3	6.9	0.30	56.7
Iced Salted Maple & Caramel Latte - soya drink	Grande	879	208	4.8	0.9	32	30.6	1.6	8.4	0.37	56.7
Iced Salted Maple & Caramel Latte - soya drink	Venti	1080	255	5.5	1	40.8	38.9	2	9.9	0.46	85.1
Iced Salted Maple & Caramel Latte - oat drink	Tall	796	189	5.9	0.7	30.7	23.5	2.1	2.3	0.35	56.7
Iced Salted Maple & Caramel Latte - oat drink	Grande	1039	247	7.3	0.9	41.2	32.5	2.6	2.7	0.44	56.7
Iced Salted Maple & Caramel Latte - oat drink	Venti	1263	299	8.4	1	51.2	41	3	3.4	0.54	85.1
Iced Salted Maple & Caramel Latte - coconut drink	Tall	676	162	5	4.4	24.8	23.9	3	2.7	0.46	56.7
Iced Salted Maple & Caramel Latte - coconut drink	Grande	888	212	6.2	5.4	33.9	32.9	3.7	3.1	0.57	56.7
Iced Salted Maple & Caramel Latte - coconut drink	Venti	1091	260	7.1	6.2	42.8	41.5	4.3	3.9	0.69	85.1
Iced Chai Tea Oat Latte - semi skimmed milk	Tall	584	138	2.4	2.3	24.3	24.2	0.2	4.8	0.16	34.5
Iced Chai Tea Oat Latte - semi skimmed milk	Grande	751	178	3	2.9	31.7	31.6	0.3	6	0.20	46
Iced Chai Tea Oat Latte - semi skimmed milk	Venti	976	231	4	3.9	40.5	40.4	0.3	8.1	0.27	57.4
Iced Chai Tea Oat Latte - whole milk	Tall	675	160	5	3.1	24.1	24.1	0.2	4.7	0.16	34.5
Iced Chai Tea Oat Latte - whole milk	Grande	864	205	6.1	3.9	31.5	31.5	0.3	5.8	0.19	46
Iced Chai Tea Oat Latte - whole milk	Venti	1129	268	8.3	5.2	40.3	40.1	0.3	7.9	0.26	57.4
Iced Chai Tea Oat Latte - skimmed milk	Tall	516	122	0.5	0.2	24.4	24.3	0.2	4.8	0.16	34.5
Iced Chai Tea Oat Latte - skimmed milk	Grande	667	158	0.6	0.2	31.9	31.8	0.3	6	0.20	46
Iced Chai Tea Oat Latte - skimmed milk	Venti	862	204	0.8	0.3	40.7	40.6	0.3	8.1	0.27	57.4
Iced Chai Tea Oat Latte - almond drink	Tall	445	106	1.7	0.1	21.4	21.2	0.6	0.8	0.12	34.5
Iced Chai Tea Oat Latte - almond drink	Grande	580	138	2.1	0.2	28.2	27.9	0.8	0.9	0.15	46
Iced Chai Tea Oat Latte - almond drink	Venti	743	177	2.9	0.2	35.7	35.4	1	1.3	0.20	57.4
Iced Chai Tea Oat Latte - soya drink	Tall	550	130	2.7	0.4	21.5	21.2	1	4.6	0.15	34.5
Iced Chai Tea Oat Latte - soya drink	Grande	709	168	3.3	0.5	28.3	27.9	1.3	5.6	0.18	46
Iced Chai Tea Oat Latte - soya drink	Venti	919	218	4.5	0.7	35.9	35.4	1.7	7.6	0.25	57.4
Iced Chai Tea Oat Latte - oat drink	Tall	646	153	4.2	0.4	27	22.3	1.6	1.2	0.19	34.5
Iced Chai Tea Oat Latte - oat drink	Grande	827	197	5.1	0.5	35.1	29.3	2	1.4	0.23	46
Iced Chai Tea Oat Latte - oat drink	Venti	1079	257	7	0.7	45.1	37.2	2.6	1.9	0.32	57.4
Iced Chai Tea Oat Latte - coconut drink	Tall	556	133	3.5	3.1	22.6	22.6	2.3	1.4	0.27	34.5
Iced Chai Tea Oat Latte - coconut drink	Grande	716	171	4.3	3.9	29.7	29.6	2.8	1.8	0.33	46
Iced Chai Tea Oat Latte - coconut drink	Venti	928	222	5.8	5.3	37.8	37.6	3.8	2.4	0.45	57.4
Iced Chai Tea Latte with Vanilla Cream Cold Foam - semi skimmed milk	Tall	1669	401	27.3	17.9	33.2	33	0.2	5.6	0.22	34.5
Iced Chai Tea Latte with Vanilla Cream Cold Foam - semi skimmed milk	Grande	1837	440	27.8	18.4	40.6	40.4	0.3	6.8	0.26	46
Iced Chai Tea Latte with Vanilla Cream Cold Foam - semi skimmed milk	Venti	2061	494	28.9	19.5	49.4	49.2	0.3	8.9	0.33	57.4
Iced Chai Tea Latte with Vanilla Cream Cold Foam - whole milk	Tall	1761	423	29.9	18.7	33	32.8	0.2	5.5	0.22	34.5
Iced Chai Tea Latte with Vanilla Cream Cold Foam - whole milk	Grande	1949	467	31	19.4	40.4	40.2	0.3	6.6	0.26	46
Iced Chai Tea Latte with Vanilla Cream Cold Foam - whole milk	Venti	2214	530	33.2	20.8	49.2	48.9	0.3	8.7	0.32	57.4
Iced Chai Tea Latte with Vanilla Cream Cold Foam - skimmed milk	Tall	1601	384	25.4	15.8	33.3	33.1	0.2	5.6	0.22	34.5
Iced Chai Tea Latte with Vanilla Cream Cold Foam - skimmed milk	Grande	1752	420	25.5	15.8	40.8	40.6	0.3	6.8	0.26	46
Iced Chai Tea Latte with Vanilla Cream Cold Foam - skimmed milk	Venti	1947	466	25.7	15.9	49.6	49.4	0.3	8.9	0.33	57.4
Iced Chai Tea Latte with Vanilla Cream Cold Foam - almond drink	Tall	1530	368	26.6	15.7	30.3	30	0.6	1.5	0.18	34.5
Iced Chai Tea Latte with Vanilla Cream Cold Foam - almond drink	Grande	1665	400	27	15.8	37.1	36.7	0.8	1.7	0.21	46
Iced Chai Tea Latte with Vanilla Cream Cold Foam - almond drink	Venti	1828	439	2							



Iced Chai Tea Latte with Vanilla Cream Cold Foam - coconut drink	Grande	1801	434	29.2	19.5	38.6	38.4	2.8	2.6	0.39	46
Iced Chai Tea Latte with Vanilla Cream Cold Foam - coconut drink	Venti	2013	485	30.7	20.8	46.6	46.4	3.8	3.2	0.51	57.4
Ghost Pumpkin Frappuccino - semi skimmed milk	Tall	1058	252	10.9	8.6	33.9	29	0.1	4.5	0.42	0
Ghost Pumpkin Frappuccino - semi skimmed milk	Grande	1455	347	15	11.7	47.5	40.2	0.1	5.5	0.58	0
Ghost Pumpkin Frappuccino - semi skimmed milk	Venti	1696	404	15.8	12.4	59.2	49.8	0.2	6.2	0.72	0
Ghost Pumpkin Frappuccino - whole milk	Tall	1128	269	12.9	9.2	33.8	28.9	0.1	4.4	0.42	0
Ghost Pumpkin Frappuccino - whole milk	Grande	1536	366	17.3	12.4	47.3	40.1	0.1	5.4	0.58	0
Ghost Pumpkin Frappuccino - whole milk	Venti	1789	426	18.4	13.2	59.1	49.7	0.2	6.1	0.72	0
Ghost Pumpkin Frappuccino - skimmed milk	Tall	1006	240	9.5	6.9	34	29.1	0.1	4.5	0.42	0
Ghost Pumpkin Frappuccino - skimmed milk	Grande	1394	332	13.3	9.8	47.6	40.3	0.1	5.5	0.58	0
Ghost Pumpkin Frappuccino - skimmed milk	Venti	1626	387	13.8	10.2	59.3	50	0.2	6.2	0.73	0
Ghost Pumpkin Frappuccino - almond drink	Tall	952	227	10.4	6.9	31.7	26.7	0.4	1.4	0.39	0
Ghost Pumpkin Frappuccino - almond drink	Grande	1331	318	14.4	9.7	44.9	37.5	0.5	1.9	0.55	0
Ghost Pumpkin Frappuccino - almond drink	Venti	1554	370	15.1	10.2	56.3	46.8	0.6	2.1	0.69	0
Ghost Pumpkin Frappuccino - soya drink	Tall	1032	246	11.1	7.1	31.8	26.7	0.7	4.3	0.41	0
Ghost Pumpkin Frappuccino - soya drink	Grande	1424	339	15.2	10	45	37.5	0.9	5.3	0.57	0
Ghost Pumpkin Frappuccino - soya drink	Venti	1661	395	16	10.5	56.4	46.8	1	6	0.71	0
Ghost Pumpkin Frappuccino - oat drink	Tall	1105	264	12.3	7.1	36	27.5	1.1	1.7	0.44	0
Ghost Pumpkin Frappuccino - oat drink	Grande	1509	360	16.6	10	49.9	38.5	1.4	2.2	0.61	0
Ghost Pumpkin Frappuccino - oat drink	Venti	1758	419	17.6	10.5	62	47.9	1.6	2.5	0.76	0
Ghost Pumpkin Frappuccino - coconut drink	Tall	1036	248	11.8	9.2	32.7	27.7	1.7	1.9	0.50	0
Ghost Pumpkin Frappuccino - coconut drink	Grande	1429	342	16	12.4	46	38.7	2	2.5	0.68	0
Ghost Pumpkin Frappuccino - coconut drink	Venti	1666	398	16.9	13.2	57.5	48.2	2.3	2.8	0.84	0