



Time Allocation: 5-10 minutes

Materials/Resources Needed: Building Ethical Employability (BEE-1) Virtual Content (Section 1, Session 2: Leading Yourself), True Colors Personality Quiz

In-Person Directions:

1. After watching the Section 1, Session 2: Leading Yourself video of the BEE-1 Content, give each person a copy of the True Colors Personality Quiz.
2. Instruct students to read the directions and complete the worksheet on their own.
3. Students should be prepared to share with the class or in a small group discussion, if necessary.

Virtual Directions:

1. After watching the Session 1: Values and Leadership Development video of the BEE-1 Content, have students access the online document from their device.
2. Instruct students to read the directions and complete the worksheet on their own.
3. Students should be prepared to share with the class or in a small group discussion, if necessary.

Check for Understanding:

1. Using either peer discussions, small group discussion, or a class discussion, ask students to share which color personality they are and to compare with their peers or complete a self-reflection.

Guided Activity:

- See below for worksheet

Resource:

- <https://truecolorsintl.com/the-four-color-personalities/>

If you need this document in an alternate format for accessibility purposes (e.g. Braille, large print, audio, etc.), please contact Rose Procter at rose.procter@ung.edu

True Colors Personality Quiz

There are four boxes containing word clusters. Look at Box One – Give the cluster of words most like you a “4”. Then rank order the other three cluster choices from 3 to 1 in descending preference. A score of “4” is most like you and a score of “1” is least like you. Continue this process with the remaining four boxes.

Box One

A _____
active
opportunistic
spontaneous

B _____
parental
traditional
responsible

C _____
authentic
harmonious
compassionate

D _____
versatile
inventive
competent

Box Two

E _____
curious
conceptual
knowledgeable

F _____
unique
empathetic
communicative

G _____
practical
sensible
dependable

H _____
competitive
impetuous
impactful

Box Three

I _____
loyal
conservative
organized

J _____
devoted
warm
poetic

K _____
realistic
open-minded
adventuresome

L _____
theoretical
seeking
ingenious

Box Four

M _____
concerned
procedural
cooperative

N _____
daring
impulsive
fun

O _____
tender
inspirational
dramatic

P _____
determined
complex
composed

Box Five

Q _____
philosophical
principled
rational

R _____
vivacious
affectionate
sympathetic

S _____
exciting
courageous
skillful

T _____
orderly
conventional
caring

Scoring – record the number you gave each letter below then tally each column.

A _____

B _____

C _____

D _____

H _____

G _____

F _____

E _____

K _____

I _____

J _____

L _____

N _____

M _____

O _____

P _____

S _____

T _____

R _____

Q _____

_____ Total

_____ Total

_____ Total

_____ Total

Orange

Gold

Blue

Green

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