## Why we chose this topic:

The reason why we chose this topic is because we all participate in multiple activities outside we all participate in multiple activities outside
of school, and we wanted to find out if this had of school, and we wanted to find out if this had performance.

## Introduction:

We surveyed 30 males and 30 females from Transition Year and fifth year, asking if they participated in any extra curricular activities and, if so, for how many hours a week did they practice. We also asked how many A's and B's they received in their Junior Certificate Examinations, in order for us to see a possible relation between a student's hobbies and their grades.

## What we aimed to achieve:

In carrying out this survey, we aimed to
discover:

- If the academic performance of Junior Cert students is influenced by their choice of extra curricular activities
- If specific activities have different effects on academic performance
- If the level of intensity of activities aids academic performance

Hobbies and Grades


We then asked the students how many
they spent on extra curricular activities.
Hours per week spent on extra curricular activities


This graph shows the hours per week spent on people's extra curricular activities. We can clearly see sport is the most popular extr curricular activity, followed by music. shocked to discover the shocked to disco
lack of students participating in the participating in
other activities

Do you participate in any extra
curricular activities?

Yes $\quad$ No
Of the 80 students we surveyed, 53 stated that they participate in at least one extra curricular they participate in at least one extra curricular
activity, while 27 did not participate in any extra curricular activity. 26 of those who answered yes were female, while the remaining 27 were male. The students who answer
13 males and 14 females.


Male
Yes No

We then asked them to choose their main We then asked them to choose the
activity. These are their answers:


## Conclusions:

From this survey we have discovered:

- More than $50 \%$ of the students we surveyed participate in extra curricular activities. There were almost equal numbers of males and females who participate in extra curricular activities, and also, almost equal numbers of males and females who don't participate in extra curricular activities.
- We discovered that the students who participate in extra curricular activities achieved an average number of $7 A^{\prime}$ 's and B's in their Junior Certificate Examination, while the students with no hobby achieved an average of $4 A^{\prime}$ s and $B^{\prime}$ s.
- In carrying out this survey, we discovered that sport is the most popular hobby within our sample, followed by music. We were shocked to discover the lack of participation in other activities, particularly in drama.
- We observed that the students who read as their hobby achieved an unmistakably higher average number of A's and $B^{\prime}$ 's (10) than in any other hobby.
- Finally, we discovered that the male students without a hobby achieved a higher average number of $A^{\prime}$ s and $B$ 's than the female students who were without a hobby.

If we were to complete this survey again, we would try to survey a higher amount of students who participate in hobbies other than sports. We would Survey to comie in dit in surver to extin in our schob.

In conclusion, we discovered that participating in extra curricular participating in extra curricular
activities has an extremely positive effect on a student's academic performance.

