

FEELING UNWELL

—BUT NOT SURE WHAT YOU HAVE?—

Symptoms of the common cold and seasonal allergies can look pretty similar. Check out this chart to determine what's keeping you from feeling your best.

<i>Symptom</i>	<i>Cold</i>	<i>Allergy</i>
Fever	Rarely	Never
Chills	Rarely	Never
Cough	Often Productive	Sometimes
Body Aches	Sometimes Slight	Never
Eye Irritation	Sometimes Watery	Often
Headache	Sometimes	Rarely
Stuffy or Runny Nose	Sometimes	Often Usually Clear Mucus
Fatigue or Weakness	Sometimes	Sometimes
Sore Throat	Often	Sometimes
Sneezing	Often	Often
Chest Discomfort	Sometimes Mild to Moderate	Rarely
Time of Year	Year Round, Primarily Fall & Winter	Year Round, Primarily Spring & Fall