

## 2021 RAMS COACHING STAFF

### **Glen McNamee – Head Coach**

This is Coach McNamee's sixteenth year as head football coach at Central Dauphin High School. He has helped guide the Rams to nine Mid-Penn Commonwealth Championships. He was named Pennsylvania 4A Coach of the Year in 2011 when the Rams won the school's first ever football state championship and was named 6A Coach of the Year in 2019 when they finished as state runners-up. He was also voted as "Coach of the Decade" by PennLive in 2019 after a decade in which CD posted a 103-29 record with seven league titles. Coach McNamee is now the winningest football coach in school history. He also enjoyed the experience of coaching in the Big 33 Classic when he was selected to serve on the PA staff in 2009. Prior to becoming the head coach, McNamee served the previous four years as an assistant coach at CD.

Before arriving at Central Dauphin in 2002, Coach McNamee was an assistant football coach and Academic Coordinator at Lenoir-Rhyne University (Division II program in Hickory, North Carolina) from 1997-2001. He spent the first two seasons as the Quarterbacks Coach and the final three as the Wide Receivers Coach. Before that, he was a student coach at Bloomsburg University under Coach Danny Hale for the spring of 1997.

As a player at Bloomsburg University, McNamee was a four-year varsity quarterback and served as Co-Captain for the Huskies in 1996. In his Hall of Fame career, he threw for a total of 7,192 yards and 60 touchdowns, amassing a 31-6-1 record as starting quarterback, including three conference championships and a bid to the Division II National Championship Playoffs in 1996. He ended the 1996 season with the sixth best quarterback rating in the nation in Division II. Coach McNamee finished his career as seventh all-time in Pennsylvania State Athletic Conference history for touchdown passes at the time.

Before his college career, McNamee was a two-year starter for Phillipsburg High School, the winningest high school football program in the state of New Jersey. As a member of the Stateliner squad, he participated in the annual Thanksgiving rivalry against Easton High School which is considered one of the biggest rivalry games in the country.

Coach McNamee teaches American Government and Citizenship at Central Dauphin High School. He resides in the Central Dauphin School District with his wife, Carol, and two daughters, Marissa (class of 2023) and Madison (class of 2025)

### ***Sean Rosler – Assistant Head Coach/Defensive Coordinator***

This is Coach Rosler's 23<sup>rd</sup> year on the Rams football staff and is teaching Astronomy and Environmental Science at CD High. Prior to coming to Central Dauphin, Coach Rosler was at George Washington High School in Danville, VA., where the Eagles won 3 district titles and were twice a state finalist. A former Big 33 nominee at Carbondale High School, Coach Rosler continued playing football at Widener University where he was a member of the 1989 MAC Championship Team. After serving in the U.S. Coast Guard, Coach Rosler received his degree from Wilkes University. Coach Rosler resides in the Linglestown area with his wife Laura and his two daughters Catie and Jackie.

***Paul Linn - Linebackers/Strength and Conditioning Coordinator***

Coach Linn will be entering his 15<sup>th</sup> season with the Rams after coaching at Bloomsburg High School for 2 seasons. Prior to joining the coaching ranks, Paul had the opportunity to play football at all levels. He was a standout performer while playing for Torino in NFL Italy. As a member of that squad, he broke several team records and was named team MVP. Before playing professionally, he enjoyed a great career at Bloomsburg University where he played middle linebacker and captained the 2004 squad. In that season he was an all-conference selection and was named team MVP. He was also a member of the 2000 Huskies team that went to the Division II National Championship game. Coach Linn also had a standout high school career at Central Dauphin where he was a 1st team all-conference performer on both sides of the ball for the Rams. Coach Linn resides in the district with his wife Juana and son Lincoln.

***Thom Carmo – Special Teams Coordinator/ Asst. Def. Coordinator-Passing game***

2021 will be Coach Carmo's 13th season on the Central Dauphin Football Staff and his 6<sup>th</sup> season coordinating the special teams. Growing up in western Pa, Thom played QB for Blairsville HS, led the Bobcats to a division championship, an appearance in the Appalachian Conference Bowl and was selected to the All-Appalachian Conference and All-Indiana County teams in 1983. Coach Carmo played Slot Receiver and H-back at Saint Francis University, then went on to play 6 seasons in the Empire Football League (semi-pro) while stationed at Fort Drum, NY serving in the US Army. Playing for Watertown from 1987-1992, Carm played 2 seasons at slot-receiver before taking the reins at quarterback in the run-and-shoot offense. Coach Carmo retired from the U.S. Army in 2007, after 21 years of active service including a combat tour in Afghanistan and now lives in Palmyra. Thom and Stacey, married 33 years, have raised three daughters: Ashley, Kaitlyn, and Shannon.

***Jon Linn- Defensive Line/Video Coordinator/Strength and Conditioning***

Jon is in his 10<sup>th</sup> season with the Rams after returning to the staff in 2015. Prior to that he spent the 2013 and 2014 seasons at Albright College coaching defensive line. He was an assistant coach at Central Dauphin from 2010-2012, helping on the defensive side of the ball. Jon was an all-conference player on the offensive line and defensive line at Central Dauphin during his career which spanned from 2002-2005. Jon also played at Albright College from 2006-2009 as a defensive end. During his senior year in college, he was a part of a team that went to the national quarterfinals and had the most wins in school history. He resides in the district.

***Matt Kirchner – Assistant Linebackers***

2021 is Coach Kirchner's 7<sup>th</sup> season coaching at his alma mater. In 2010, Matt enjoyed an all-conference season for Central Dauphin as a linebacker, team captain, and Hammer Award winner. He went on to play at Lock Haven University where he became a starter for the Bald Eagles defense. Matt is presently in the doctorate program for physical therapy at Messiah College.

***Ben Cohick - Defensive Line***

Coach Cohick is entering his 11<sup>th</sup> season with the Rams, working primarily with the Defensive line. Before moving to the area and coming to Central Dauphin, Ben assisted with the Bloomsburg Area High School strength and conditioning program working specifically with the wrestling and football teams. Coach Cohick played his high school ball at Williamsport High school where he was a standout player at defensive tackle. He was an All-Conference player both his junior and senior years as well as selected to the District 4 All-Star game and the Unico Bowl game. After high school Ben went on to continue his football career at Bloomsburg University. At BU, he was a 3 year starter at Defensive tackle. Coach Cohick graduated with a degree in Sociology and now works as an adult probation officer for the county. Coach Cohick and his wife Candace reside in the district with son Jadyn and daughters Aaliyah and Cameron.

***Michael Dougherty – Off. Coordinator/Strength and Conditioning Coordinator/OL***

This will be Coach Dougherty's 17<sup>th</sup> season on the Central Dauphin staff. He is also a social studies teacher at CD High as well. Coach Dougherty came to Central Dauphin directly from Lebanon Valley College where he was a 4-year Letter Winner in football and served as team captain his senior year. While at Lebanon Valley, Coach Dougherty also won the John Zola Memorial Award for Sportsmanship and Academics. During high school, Coach Dougherty served as a team captain for Upper Moreland High School where he was awarded All Montgomery County in 2000 as well as All Record Intelligencer Team in 2000. Coach Dougherty resides in Harrisburg with his wife Heather and son Nicholas.

***Marshall Fisher- Pass Game Coordinator/Tight Ends/Technology Coordinator***

Marshall Fisher will begin his 13<sup>th</sup> year coaching at Central Dauphin where he has coached both Wide Receivers and Tight Ends. This year he will once again oversee the Tight Ends and serve as the Pass Game Coordinator. From 2006 through 2008 he was an assistant at Central Dauphin East where he held the position of Offensive Line coach and Offensive Coordinator. He began his coaching career in 1989 at his high school alma mater, Lewistown High School (Lewistown, PA). In 1999, he left the high school coaching ranks to become an assistant coach at Lock Haven University, coaching the defensive line, tight ends, and wide receivers while completing his degree in Elementary Education. Upon completing his degree, Coach Fisher remained on staff with the Bald Eagles until 2003. Coach Fisher then worked under legendary coach Frank Girardi at Lycoming College (Williamsport, PA) from 2003-2005 as the offensive line coach while handling many of the scouting and recruiting duties. Marshall teaches 6<sup>th</sup> grade at East Middle School. Marshall and his wife Marsha reside in Dauphin with their two children: Mackenzie (Class of 2022) and Macey (Class of 2024).

***Nathaniel Linn– Head JV Coach/Assistant Offensive Line***

Coach Linn is entering his 12<sup>th</sup> season with the Rams coaching staff. He played offensive and defensive line for the Rams from 2002-2005. He was a three-year letter winner while playing for the Rams and voted first and second team all-conference. He graduated from Central Dauphin in 2006 and then attended Albright College to play defensive line.

Coach Linn played four years for the Lions as a defensive tackle. In 2008 the team was Middle Athletic Conference Champions. While he was there the Lions achieved the best record in program history going 11-2 in 2009, a season in which the squad made it to the national quarterfinals in the division 3 playoffs. He graduated from Albright College in Reading, PA in 2010 with a communications journalism degree where he played four years of College football for the Lions. Nate resides in the district with his wife, Rebecca Callahan Linn, also a former CD graduate.

***Matt Heilig – Defensive Line***

Coach Heilig is entering his 6<sup>th</sup> year on the Rams coaching staff after having enjoyed a fine career as a defensive lineman at Bloomsburg University. Matt is no stranger to Rams football. He was a 3-year starter for CD from 2007-2009. In his senior year, he led the Rams to a Mid-Penn Commonwealth title as a tight end and defensive end and team captain.

***Drew Scales – Quarterbacks and Wide Receivers***

Coach Scales, who is entering his 4<sup>th</sup> season with the Rams staff, will be working with the Wide Receivers again, and we are proud to have this alumnus back. He graduated from Slippery Rock in 2017 with a degree in business marketing. He is the All-Time leading kick returner in yardage. He attended CD high school from 2009-2013 earning 2-time all-state honors during his junior and senior years and 2-time 1st team all-conference honors on offense, defense, and special teams. Drew was the conference offensive MVP his senior year and a key member of the 2011 state championship squad.

***John W. “Jay” Harris, Jr.- Running Backs***

Coach Harris is in the 5<sup>th</sup> year of his second stint on the Central Dauphin Rams coaching staff. He coached under George Chaump from 1998-2001. Prior to his return to the HS staff, he coached the Central Dauphin Youth Rams Football teams, as an offensive coordinator. An East High-class of 1988 graduate, he was a 3-year letterman, playing running back and outside linebacker. Coach Harris played strong safety at Mesa College, in Mesa Arizona, and graduated from North Carolina Agricultural and Technical State University in Greensboro, North Carolina. Coach Harris and his wife, Shimana, reside in Lower Paxton Township with their daughter Sydney and son John III.

***Jordan Bowman – Defensive Backs***

This is Coach Bowman’s 1<sup>st</sup> year on the Rams coaching staff after enjoying a fine career as a safety for California University of Pennsylvania. Jordan was a two-year captain, two-time all-American, three-time all PSAC, and a College Gridiron Showcase Bowl participant. Prior to his stellar college career, Jordan was a safety and wideout on the CD state championship squad in 2011.

***Denny Duttenhoffer – Kickers/Punters/Specialists/Strength and Conditioning***

For twenty years, “Coach Denny” has helped the Rams program in many ways. He has coached several outstanding punters and kickers at CD during his tenure. He has also been an integral part of the Rams offseason strength and conditioning program through the years, spending countless hours with players in “Speed’s Place”.

***Dolph Pinkerman- Assistant Special Teams/Strength and Conditioning***

This is Dolph's 5<sup>th</sup> year on staff but, has helped the Central Dauphin Football family for several years. Coach Pinkerman is a Central Dauphin East graduate where he was a two-way starter and team captain. Coach Pinkerman is an active member of the 13 Stripes CrossFit Gym in Linglestown, and the owner of G2 Diesel Products located in Harrisburg, which specializes in manufacturing and engineering fuel injection components. Dolph, Amanda, and their two lovely daughters, Harlowe and Tenley, reside in the district.

***Steve Tecau – Quarterbacks and Wide Receivers***

This is Coach Tecau’s 3<sup>rd</sup> year working with the Central Dauphin Football Program. Prior to joining the football coaching staff, he coached high school basketball for 15 years, 12 of those being at Central Dauphin High School. During those years with the basketball program, he served three years as the JV coach and nine years as the varsity assistant. A 1996 Central Dauphin graduate, Coach Tecau is now entering his 17<sup>th</sup> year of teaching social studies at CD High. He currently teaches AP World History. He resides in Linglestown and enjoys running, biking, hiking, working out, and reading in his spare time.

***Jimmy Turns – Assistant Offensive Line***

Jimmy is in his second year with the Rams. He is another of the many proud alumni on staff. Jimmy played offensive line on the 2011 and 2012 squads. He then went on to graduate from Penn State Harrisburg in 2018 with a degree in mechanical engineering.

***Timothy McMinn – Head Freshmen Coach***

This is Coach McMinn’s 12<sup>th</sup> year with the Rams, but he has coached on the varsity, JV and freshmen level in the district for close to 30 years. He is also a member of the CD softball coaching staff which won its first state championship in school history in 2019. Coach McMinn currently teaches math at Linglestown Middle School and is a graduate of West Point and was in the military for four years before he entered the teaching profession. He is married to Renee and they have two wonderful children. His son Zach, a recent Penn State grad and daughter Alexis, a sophomore nursing student at Penn State.

***Matt Bushong – Freshmen Offensive Coordinator***

Coach Bushong teaches in the district as a Physical Education and Health teacher. He was a member of the Rams coaching staff during 1997-99 before joining the staff at Northern High School. After a three-year stint there, he rejoined the Rams in 2003 where he stayed through the 2015 season. Coach Bushong played football at Annville-Cleona

High School in the late 1980s and continued his playing career as a fullback at West Chester University where he was a member of the 1992 PSAC East Championship Team. Coach Bushong enjoys hunting, fishing, golfing and traveling. He is married to Janelle and they have two children, Evan and Ella.

***Derrick Zimmerman (Jimmy) – Freshmen Line Coach***

Coach Jimmy is returning for his 9<sup>th</sup> year as a freshmen coach. Prior to coaching for Central Dauphin, he coached for 12 years with Holy Name of Jesus Youth Football Program. Coach Jimmy played high school football for Central Dauphin from 1987 - 1990 as an Offensive and Defensive Lineman. He was a 3-year letter winner and named lineman of the year in 1989. He then went on to serve in the U.S. Marine Corp for 5 ½ years while enlisted he played 3 years with the 7th Engineers Football Team and was also named linemen of the year in 1993, that same year winning the All Base Championship. He also played 4 years of semi pro football for the Central Penn Piranha during which he was part of the 2005 National Championship Team. Derrick is a PA State Corrections Officer at Camp Hill and is a retired military veteran with 21 years of service.

***Trei Gilcrist – Assistant Freshman Coach***

Coach Gilcrist is entering his 3<sup>rd</sup> year on the freshmen staff. He will be overseeing the defensive side of the ball. Trei is a CD Football alum, graduating in 2011. He was part of a senior class that won 35 games in their 4 years at CD, including a league championship in 2009 and a 10-win season in 2010. He went on to play at Gardner-Webb University in NC and then Thaddeus Stevens in Lancaster, PA. Currently he is living in the central Pa area with his daughter Aaliyah and working property maintenance.

***Jason Easter-Assistant Freshman Coach***

Coach Easter is in his 6<sup>th</sup> season with the program having coached receivers and defensive backs for both Varsity and Freshman, also during that time, has coached 5 seasons with the midget program. Coach E is a CD football alumnus from the class of 1994. After high school he played receiver for Mansfield University where he was a team leader and ranks as the oldest player to play in a game, catch a pass and to start a game in school history (37). Jason enjoys developing relationships with players and continues to work out with many football alumni post-graduation.

***Steve Bardo – Equipment Manager***

This is Coach Bardo's 2<sup>nd</sup> year as Equipment Manager. He is a graduate of Central Dauphin East High School. He is currently the Vice-President and Pony coach of the Central Dauphin Youth Rams. He also coaches junior high basketball for the CDABA and is on the Board of Directors of the Paxtonia Athletic Association. He is a proud grandfather of four great kids and loves cheering on Villanova basketball and playing fantasy sports. He believes that our young people are our greatest assets, and his motto is: "Live for today, let tomorrow take care of itself".