

Services and support for Autistic Adults in Stockport

Service	Support offered	Address	Contact details
<i>Stockport Council Information and support</i>	Information about support and services for people with autism and Care Act assessment. Details of Stockport's Autism Strategy	Fred Perry House 1 Piccadilly Stockport SK1 3XE	https://www.stockport.gov.uk/contact-adult-social-care https://www.mycaremychoice.org.uk/autism-advice-support https://www.mycaremychoice.org.uk/home https://www.stockport.gov.uk/autism-in-stockport
<i>TPA – The Prevention Alliance</i>	Information & Advice Assistance with forms and correspondence Support with problem solving Support to help you live independently at home Help to find and build on your strengths Support to promote your good health & wellbeing	Drop-in Hub 45 St Petersgate, Stockport SK1 1DH	0161 474 1042 https://stockporttpa.co.uk/ info@stockporttpa.co.uk
<i>Wellbeing and Independent Network (WIN) in the community</i>	Short-term practical support with living independently in the community - such as assistance to find out about and join in learning, social, volunteering, work or leisure opportunities.		0161 474 5946 https://www.winstockport.co.uk/about-us/living-well-in-the-community/
<i>Pure Innovations</i>	Assistance with education opportunities; supported employment or volunteering. A Care Act assessment is required to access the Autism Employment service.	Sanderling Bldg, Bird Hall Ln, Stockport SK3 ORF	0161 804 4400 https://www.pureinnovations.co.uk/
<i>Information & Advice Drop-In</i>	Just turn up if you have an issue you would like to discuss. Monthly sessions, first Wednesday of every	Disability Stockport	email@disabilitystockport.org.uk (0161) 480 7248

<i>for people with autism</i>	month, 1-4 with Stockport adult Social care and/or WIN Network connector.	23 High St, Stockport SK1 1EG	Steve Bradshaw Stephen.bradshaw@stockport.gov.uk (0161 474 3418/4098) https://search3.openobjects.com/mediamanager/stockport/fsd/files/autism_drop_in_poster_002_.pdf
			Angela McCumisky angela.mccumisky@disabilitystockport
<i>Assistance with living independently</i>	Assistance in enabling independence eg housing support and reaching your personal goals – information & advice; assistance to identify options; one to one working; life coaching; peer support; supported banking and payroll services ; community hub and consistent support	Centre for independent Living, Disability Stockport	SCIL http://disabilitystockport.co.uk/scil/ Sara Crookdake sara.crookdake@disabilitystockport.org.uk
<i>Stockport Advocacy</i>	Care Act advocacy provided to people who are going through social care assessments or reviews and do not have support. Referrals would usually come via a social worker, this encompasses the IMHA service provided to people under a mental health section. We also provide the NHS complaints advocacy for people living in SMBC.		Mandy: 480 8979 info@stockportadvocacy.co.uk
<i>Stockport Council Training</i>	Autism training – for everyone Learn about autism	Online information	https://www.stockport.gov.uk/autism-in-stockport/autism-training
<i>PIPs Parents in Partnership</i>	E-learning and classroom PIPS is an independent local parent carer forum in Stockport run by parents for parents, carers, grandparents and family members who have a child/young person between the ages of 0 & 25 years with a disability or/and additional needs.	C/O Seashell Trust, Stanley Road, Cheadle Hulme SK8 6RQ	www.pipstockport.org Phone:07786 101072

<i>DWP department of Work and pensions</i>	Jobcentre Plus, advice and support re employment.	Heron House Wellington Street, Stockport SK1 3BE	Rachel.megram@dwp.gsi.gov.uk
GMAC Greater Manchester Autism Consortium	Providing information and advice to autistic people, family members and carers and professionals. This includes a website with information on the support available in different areas of Greater Manchester		https://www.autismgm.org.uk/
STOCKPORT MIND	Independent adult mental health charity that offers friendly, accessible support and information to promote well-being in the community	Dove House 65 Union Street Stockport SK1 3NP	Tel: 0161 480 7393 Email: via the contact form on the website http://www.stockportmind.org.uk/
Stockport Psychological Wellbeing Service	One-to-one support and structured courses for anyone experiencing common mental health problems such as anxiety and depression	Brookfield House, 193-195 Wellington Road South, Stockport SK2 6NG	https://www.selfhelpservices.org.uk/service/stockport-psychological-wellbeing-service/ referral via website or GP Telephone: 0161 480 2020
<i>Motiv8</i>	Are you aged over 25, living in Greater Manchester and not in employment or training? If so, we can help you get back on track and move you nearer to training, job searching and employment opportunities.	Motiv8, cornerstone, 2 Edward Street, Stockport, SK1 3NQ	email amanda.ward@manchesterbbo.co.uk 07387257190
<i>SCASS (Stockport Carers for Adults on the</i>	Last Tuesday in month 11-1pm or 7pm	48 Middle Hillgate Stockport SK1 3DL	Contact: Rayonette Jude, scasscarergroup@gmail.com 0161 439 0627

<p><i>Autistic spectrum)</i> <i>AutiSK</i></p>	<p>parent/carer drop-in – Friday am weekly, coffee n chat, with a range of activities offered for >25yo</p>	<p>Adswold Young People's Centre Neston Grove Adswold, Stockport SK3 8PH</p>	<p>Jan Barkworth Email : enquiry@autisk.co.uk Telephone : 0798 1114222</p>
<p><i>Manchester Autistic People's meet up</i></p>	<p>More info direct from Facebook</p>		<p>https://www.facebook.com/events/270008950206152/</p>
<p><i>Cinema sessions for people with autism</i></p>	<p>To make these regular specific screenings more comfortable for our guests with autism, the sound is turned down and the lights are only dimmed, not turned off. People are welcome to move seats if they want, but we ask parents not to let children run around in the screen. You are also welcome to bring your own food.</p>	<p>Bridgefield St, Stockport SK1 1SA</p>	<p>https://stockport.lightcinemas.co.uk/autism-friendly 0161 441 5021</p>
<p><i>Autizma</i></p>	<p>A Greater Manchester, third sector, 'positive behavior changes' learning provider. They run training for parents who are struggling to get a diagnosis and train professionals to get a better understanding of the associated conditions and all the aspects of people with neurodiversity . Dedicated to improving the lives of those with autism.</p>		<p>Telephone:07534292601 Email engiries@autizma.co.uk 07956 002933 / 07950 940030 https://www.autizma.co.uk</p>
<p><i>Group 48</i></p>	<p>Social Group for people with Autism over 18 years Social, various activities, peer support, Monday evening 4:30-6:30pm</p>	<p>Land of Cakes 48 Middle Hillgate, Stockport, SK1 3DL</p>	<p>0161 480 8979 http://www.stockportadvocacy.org.uk/group-48/</p>

*Who are
Respect For All
Counselling?*

We offer counselling and play therapy to people who have learning disabilities, aspergers, autism spectrum conditions, supporting parents, families and carers.
The service is for children, young people, and adults in all ten boroughs of Greater Manchester We offer counselling in English and British Sign Language.

Phone or text us on 0790 222 37 43 or [Contact Us](#) using the contact form.

*Stockport
Libraries*

Autism Friendly Session at Bredbury Library every fourth Thursday of the month

Bredbury library
[George Lane SK6 1DJ](#)
0161 217 6009

Autism Friendly Session at Cheadle Library third Wednesday of the month

Cheadle Library
[23 Ashfield Road,](#)
[Cheadle SK8 1BB](#)
0161 217 6009

☑ Explore the Library
☑ Storytime
☑ Books, internet, quiet space, information—come and see what we offer

Eddy Hornby <eddy.hornby@stockport.gov.uk>

Autism-Plus

Supports people with autism to achieve their aspirations

0114 384 0284
<https://www.autismplus.org/what-we-do/more-about-autism-plus>

*Signpost for
Carers*

Information and support for all types of carers

The Heatons Centre,
Thornfield Rd,
Stockport SK4 3LD

0161 442 0442

<https://www.signpostforcarers.org.uk/Pages/Contact.aspx>

This is the Stockport Advocacy guide to leisure activities for people with various disabilities:



Stockport Advocacy
- Leisure Activities Li

