



**United Methodist
Communities**
The Shores

Chat & Happenings

February 2019

Abundant Life for Seniors

Jessica Stewart
Executive Director

Georgine Tracy
Health Care Administrator

Ryan Champion
Director of Sales

Michele Fabiano
Director of Building Services

Christine Gallagher
Director of Residential Living

Kathy Joyce
HR Administrator

Jean Monteith
Director of Dietary

Bryant Nix
Director of Housekeeping

Mary Kate Somers
Director of Community Life

Rev. Marcia Stanford
Chaplain

Dawn Zindel
Director of Tapestries



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Jessica's Journal

Hello!



Warmly,
Jessica



NEW RESIDENTS

We are pleased to welcome new residents to The Shores!
Please make these folks feel comfortable by
inviting them to join you in our great activities.

Evelyn Diament
Peg Kendrick
Salvatore Latigona
Eileen Rumble
Margaret Shock

NEW ASSOCIATES

Please extend a warm welcome to our new associates!

Louis Federici, Dining Services
Isatu Johnson, RN
Alexis Laengle, LPN
Christina Ruiz, LPN
Marcia Stanford, Chaplain

January Birthday Celebration

*A Big Shores Thank You to our thoughtful birthday hosts
Mary Wilson and Phyllis Martinson
and our talented musical volunteer Harriet Bailey.
Special appreciation to resident Sue Myers
for her assistance as well.
Their generous contributions to our party
helped to create a festive afternoon !*



Best wishes to everyone who celebrated a January birthday!

CHAPLAIN'S CORNER

Happy February Shore Family!



Well January is almost gone and I am about to complete the first month as your new chaplain! It has been and continues to be a joyous blessing each day to meet more and more of you as I become a part of our Shores family. I am looking forward as we journey together through 2019. It has been a joy to meet with the Residential Council, Chapel Committee and our great staff! We all join together with the common goal of strengthening our community ties and experiences.

I would like to update you regarding changes to our coming schedule for February. Our Sunday Services beginning February 11th, will begin at 9:45am and conclude about 10:30am. We will also resume Bible Study on Monday, February 12th at 10:30 in the Town Hall. The gatherings for our community on the third floor will resume Tuesday, February 12th at 2pm.

We will be placing a Prayer Request Box in front of the Chaplain's Office in the next couple of weeks. Please look for it and feel free to put any prayer requests or concerns you may have along with your name if you should feel led to do so. Please know that all our Shore Family, both staff and residents are in my thoughts and prayers. Please feel welcome to stop in and say hello any time and I'm never too busy for prayer.

May God Bless our journey in 2019 and beyond!

Rev. Marcia

SPEAKERS FOR CHAPEL SERVICES IN FEBRUARY

- 2/6 Rev. Keith Roller, Leesburg UMC
- 2/13 Rev. Gerri Ridings, Goshen UMC
- 2/20 Rev. Jeff Rickard, Grace Lutheran Church
- 2/27 Rev. Larry Oksten, St. Peter's UMC

February Birthdays



2/5 Gilda Frascadore

2/8 Carl Scheetz

2/9 Olive Hepner

2/9 David LaLicata

2/10 Bertha Fischer

2/10 Mary Ann Struthers

2/13 Olive Waddell

2/20 Patricia Hartman

2/21 Eileen Massey

2/21 Wilma Murray

2/22 Bernie Campbell

2/22 Shirley Kubaska

2/25 James Pickering

Library Notes

By Liz Gleich

Hi, dear friends of the Library – happily the library is still up and running so do come in and treat yourself to a good book. Perhaps you might be in a romantic mood for Valentine's Day.

Someone has generously left a television guide book on the table for us to check up on the daily programs offered for the next couple of weeks. Often a write-up concerning a favorite show is included. Please be sure that the booklet is left on the table for all to peruse.

Also, Louise McIntyre has been displaying some wonderful books with exceptional photographs for us to drink in and wonder about.

This Shores Book Club is presently reading a very charming and piquant book for January and February. Because of it's length it will be discussed in two parts. Most readers find the story delightful, so you are all welcome to join in the discovery of A Gentleman in Moscow.

I will hope to see you loitering and snooping around our pleasant library. Enjoy!



The Shores Book Club

2018-19 Book Selections

3:00pm Music Room

All are welcome!

Feb 4 & March 4 – A Gentleman from Moscow by Amor Towls

April 1 – Still Life by Louise Penny

May 6 – Princess: A Private Novel by James Patterson

Around Our Community



Virginia, poses with winter arts & crafts project, Frosty the Snowman!



Phoebe and Gene Lindacher enjoy a much loved visit with their son, John and daughter, Holly.



Volunteers, Liz and Pete happily pose with their granddaughter Mia and their foster dog, Tugger.



Hannah, Brandi, KT and Troop Leader Beth set up their Girl Scout cookie stand for residents and associates to indulge in their favorites! The girls together with other members of Ocean City Girl Scout Troop #41014 hope to return to volunteer.

February Holiday Celebrations

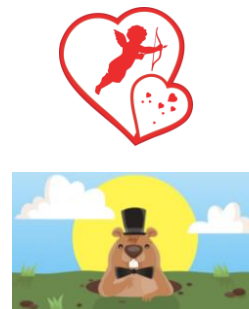
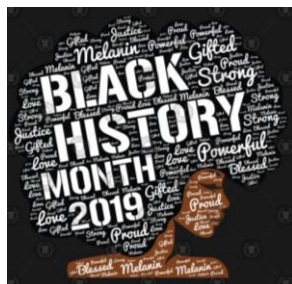
February may be a short month but it's full of significant holidays that are filled with honor, celebration, remembrance, hope and love!

Black History Month - The story of Black History Month begins in Chicago during the summer of 1915. An alumnus of the University of Chicago, Carter G. Woodson traveled from Washington, D.C. to participate in a national celebration of the fiftieth anniversary of emancipation sponsored by the state of Illinois. Woodson decided to form an organization to promote the scientific study of black life and history, the Association for the Study of Negro Life and History (ASALH) and initiate a week celebration. Woodson chose February for reasons of tradition and reform and to encompass the birthdays of two great Americans who played a prominent role in shaping black history, Abraham Lincoln and Frederick Douglass. In 1976, the Association used its influence to institutionalize the shifts from a week to a month. Every American president, has issued proclamations endorsing the Association's annual theme. The intention of a theme is not to limit the exploration of the experience, but to bring attention to important developments that merit emphasis. The theme for 2019 is Black Migrations. *To learn more visit <https://asalh.org/>*

Groundhog's Day – On February 2, the groundhog awakens from a long winter's nap, and goes outside his den to look for his shadow. If the groundhog sees his shadow, six more weeks of winter. If not, we will see an early spring! *What is your prediction this year?*

Valentine's Day - While February 14th is known worldwide for candy hearts, frilly cards and love, there are several versions of its origins. Some historians say Saint Valentine was a Roman priest who performed weddings for soldiers forbidden to marry (The Roman emperor believed married soldiers did not make good warriors). He wore a ring with a Cupid on it—a symbol of love—which helped soldiers recognize him. And, in a precursor to greeting cards, he handed out paper hearts to remind Christians of their love for God. Because of this legend, St. Valentine became known as the patron saint of LOVE. *To learn more visit <https://www.realsimple.com/holidays-entertaining/holidays/valentines-day/history-of-valentines-day>.*

Presidents' Day – This day is an American holiday celebrated this year on February 18th. It was originally established in 1885 in recognition of President George Washington. By the mid-1980s, Washington's Birthday was known to many Americans as **Presidents' Day**. George Washington and Abraham Lincoln still remain the two most recognized leaders, but Presidents' Day is now popularly seen as a day to recognize the lives and achievements of all of America's chief executives. Like Independence Day, Presidents' Day is traditionally viewed as a time of patriotic celebration and remembrance. *To learn more visit <https://www.history.com/topics/holidays/presidents-day>*



New Resident Spotlight

By Wendy Kern, Volunteer

I had the pleasure of meeting and interviewing Evelyn Diament for our Spotlight. Evelyn was born and raised in the Fairmount Park section of Philadelphia. She most recently had a townhouse in Media, Pa. for 12 years. She loved that town! Evelyn says this is where she lived before “taking up camp here.” She moved to this area because her brother is now living in Linwood.



Evelyn was a medical equipment buyer for the federal government for her career. She worked for the Department of Defense, buying clothing and medical equipment for the armed forces; primarily Army and Navy. Her job sounded fascinating. Evelyn wrote local policy to make sure all standards were met. She worked in South Philadelphia in a small clothing factory that manufactured uniforms on the premises. Evelyn was involved in writing contracts for army & navy clothing products. She gave me the example of ordering **1,000** pairs of surgical gloves. Evelyn would write the contract to meet all regulations. The goal was a reasonable and fair price for the products.

When I asked Evelyn about her interests; she shared that she loved to ski. She skied in Vermont and the Blue Mountains often. She also played tennis and enjoys gardening. An interesting tid-bit: Evelyn volunteered at Longwood Gardens for tours of the Dupont House. She also volunteered at local hospitals; doing whatever she could to help.

Evelyn is most looking forward to, “Achieving the same level of friendships as I had the good luck to have in Media.” People have told her that she makes them laugh and makes them feel better. Isn’t that a nice compliment? I did see her sense of humor during our chat.

The one-word Evelyn would share to describe herself is... **Friendly.**

PS: If you’d like to hear an interesting account... ask Evelyn about the time she was stuck overnight in Acadia National Park, Maine.

Associate Spotlight

By Wendy Kern, Volunteer

This month it was my pleasure to talk to Laura Deal for my Spotlight interview. I knew I recognized Laura's face and she recognized me, too. She was at the Shores when my Mom & Dad lived here. Laura has been a part of the Shore's staff since 2004. She started as a CNA. Since 2016, Laura has been the Household Coordinator. She is responsible for scheduling, staffing, and shipment orders for the CNA's and Nursing staff. She is very proud of her position and dedicates herself to accomplishing what needs to be done day by day. Laura likes to say she does, "A little bit of this and a lot of that."



Laura "grew up" in this position. Everyone in her family was employed in a nursing home. She worked in another retirement community, earlier in her career, and made chocolate chip cookies to take around to the residents. Your secret is out, now, Laura! She has 3 sons and a wonderful husband, Harry, of one year. They bought their first home in September. It's been a busy first year of marriage!

When asked what she likes to do in her spare time; thoughts of sitting on her sun porch with a nice cup of coffee, came to mind. Laura enjoys the peace and quiet of sitting on her porch. Her favorite part of her position is the feeling of accomplishment. She knows she has done what needs to be done. Laura's proudest accomplishment was showing she could be in this position and was capable of doing the job.

When asked to share a special resident memory; she thought about the times when she worked on Sundays. She would make sure that her routines were underway. Then she would go into a resident's room and the two of them would watch church service together. Laura brought coffee and cookies with her, to make their time together even sweeter. She remembers these moments with a smile.

Laura had two words to describe her life and her personality. The one word to describe her life is **Chaotic**... "Life is always busy, but I wouldn't change it for the world." Laura describes herself as **Silly**, because she loves to joke around.

Thank you, Laura, for your determination and commitment.

Gigi's Salon Hair-do of the Month

Mary Bakalian

*Salon offers services for
men and women.*

Hours

*Tuesday - Friday
9am to 3pm*



On-going activities

There are always lots of **activities** happening in our community!
Check out the list below and consider trying something new with friends.
Remember to check the calendar daily for events, outings,
entertainment and other activities.

Mondays

1:00 Busy Bees in the Craft Room

Tuesdays

2:30 Stitch in Time Knitting and Crocheting Group
outside the Library

Wednesdays

11:30 Tai Chi in the Music Room

Thursdays

2:00 Computer Class with Chuck in the Library

Fridays

1:00 Mah Jongg in the Music Room

Saturdays

1:00 Chicken Foot Game in the Craft Room
2:00 Bridge in the Craft Room

Sundays

2:00 Rummikub in the Library



**United Methodist
Communities**
Foundation

A Message from the Foundation

Nonprofit Status and Mission

One thing that sets United Methodist Communities apart from many other senior living organizations is our nonprofit status.

The big difference between non- and for-profits comes down to goals. Many for-profits deliver great services and help their customers, but at the end of the day, their main goal is using those profits to benefit shareholders and executives.

Nonprofits mainly focus on the mission. Our mission is compassionately serving in community so that all are free to choose abundant life. In practice, this difference means that UMC reinvests revenue to improve our ministry, not benefit shareholders, or give big bonuses to top brass.

UMC depends on financial support from generous partners who believe in our mission. The IRS recognizes us as a 501 (c)(3) charitable organization and, like many charitable organizations, UMC has a foundation.

The Foundation exists to support and advance UMC's mission. We do this by building relationships with residents, associates, businesses, churches, and many other groups, and inviting them to support our ministry in meaningful ways.



Governed by a board of trustees, four full-time associates currently staff the Foundation: Susan Sharp, vice president of philanthropy; Pam Senatore, administrative assistant; Rebecca Roe, donor relations coordinator; and Gary Engelstad, annual giving officer.

The Giving Corner

The Volunteers of United Methodist Communities

As a non-profit organization, United Methodist Communities depends on volunteers throughout all their communities. All full service and affordable housing communities offer a variety of volunteer opportunities from assisting with activities, facilitating wellness classes, friendly visits, and administrative tasks. We are proud to report that during 2018 we have **2,288** active volunteers assisting for approximately **32,000** hours! What a tremendous testimony this is to UMC's reputation and character. Church volunteers founded UMC and today, volunteers continue to give vitality and meaning to our mission.

Our Mission

*Compassionately serving in community
so that all are free to choose
abundant life.*



SAVE THE DATE
FRIDAY, MARCH 22
6-8pm
Town Hall

Ocean City Key Club
presents
A Mardi Gras Party

**A fun evening of entertainment,
dancing & refreshments**



LEAVE US A REVIEW

Share your feedback on any of the platforms below!

Facebook



business.facebook.com/pg/UMCTheShores/reviews/



Caring.com caring.com/local/assisted-living-facilities-in-ocean-city-new-jersey/united-methodist-communities-at-the-shores



Google <http://www.goo.gl/3qq36D> (permissible only with a Gmail account)



Customer Lobby

customerlobby.com/reviews/36595/the-shores (request appt)



A Place for Mom

<https://www.aplaceformom.com/community/united-methodist-communities-the-shores-75341>



United Methodist
Communities
The Shores

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UMCommunities.org/TheShores



*“A snowflake is one of
God's most fragile
creations, but look
what they can do
when they stick
together!”*