

HOT SPECIALTY SUBS



Hook & Ladder*

Smoked turkey breast, Virginia honey ham, Monterey Jack, lettuce, tomato, onion, mayo, and deli mustard

S 360 Cal | **M** 710 Cal | **L** 1110 Cal

Turkey Bacon Ranch™

Smoked turkey breast, bacon, cheddar, lettuce, tomato, onion, mayo, and creamy peppercorn ranch dressing

S 420 Cal | **M** 830 Cal | **L** 1440 Cal

Italian

Genoa salami, pepperoni, Virginia honey ham, provolone, lettuce, tomato, onion, mayo, deli mustard, and Italian dressing and seasoning

S 470 Cal | **M** 930 Cal | **L** 1410 Cal

Engineer*

Smoked turkey breast, Swiss, savory mushrooms, lettuce, tomato, onion, mayo, and deli mustard

S 350 Cal | **M** 690 Cal | **L** 1100 Cal

New York Steamer*

USDA Choice corned beef and pastrami, provolone, mayo, deli mustard, and Italian dressing

S 360 Cal | **M** 720 Cal | **L** 1180 Cal

Spicy Cajun Chicken

Grilled Cajun chicken breast, pepper jack, jalapeños, lettuce, onion, deli mustard, and Cajun mayo

S 350 Cal | **M** 700 Cal | **L** 1160 Cal



Firehouse Meatball*

Choose Classic, with Italian meatballs, provolone, and Italian seasoning, or ask to try it Sweet & Spicy (adds 20 cal. S, 50 cal. M, 70 cal. L)

S 460 Cal | **M** 830 Cal | **L** 1310 Cal

Club on a Sub™

Smoked turkey breast, Virginia honey ham, bacon, Monterey Jack, lettuce, tomato, onion, mayo, and deli mustard

S 380 Cal | **M** 760 Cal | **L** 1350 Cal

Firehouse Steak & Cheese*

Tender steak, provolone, caramelized onions and green bell peppers, mayo, and deli mustard

S 410 Cal | **M** 830 Cal | **L** 1380 Cal

Firehouse Hero*

USDA Choice roast beef, smoked turkey breast, Virginia honey ham, provolone, lettuce, tomato, onion, mayo, and deli mustard

S 400 Cal | **M** 790 Cal | **L** 1180 Cal

Smokehouse Beef & Cheddar Brisket™

USDA Choice beef brisket smoked for up to 16 hours, cheddar, mayo, and barbecue sauce

S 450 Cal | **M** 890 Cal | **L** 1500 Cal

Jamaican Jerk Turkey

Smoked turkey breast, pepper jack, lettuce, tomato, onion, mayo, jerk sweet mustard sauce, and Caribbean seasoning

S 360 Cal | **M** 720 Cal | **L** 1140 Cal

SALADS

All salads start with:

Romaine; diced tomato, green bell pepper, cucumber; sliced pepperoncini; mozzarella; and choice of dressing:

Peppercorn Ranch, Italian, Light Italian, Balsamic, Oil and Vinegar, Honey Mustard (90-300 calories)

Hook & Ladder Salad™

Smoked turkey breast and Virginia honey ham
250 Cal (without dressing)

Italian with Grilled Chicken Salad

Grilled chicken breast and Genoa salami
410 Cal (without dressing)

Firehouse Salad*

Smoked turkey breast, Virginia honey ham, or grilled chicken breast
220-380 Cal (without dressing)

No meat
130 Cal (without dressing)



SIDES



Chips



Cookie

290-320 Cal



Brownie

430 Cal



Five-Cheese Mac & Cheese
380 Cal



Firehouse Chili™
Cup 180 Cal
Bowl 300 Cal



Soup
Cup 120-240 Cal
Bowl 190-380 Cal



Side Salad
60 Cal (without dressing)

MAKE IT A COMBO

With any size drink + chips or cookie

Swap chips or cookie for a brownie, mac & cheese, cup of soup, cup of chili, or side salad for an additional charge + 60-1090 Cal

Drinks

Enjoy a fountain drink
or freshly brewed iced tea (sweet or unsweet)

S 0-330 Cal
M 0-480 Cal
L 0-660 Cal



BUILD YOUR OWN SUB

Served hot, or make it cold.

Choose white bread, wheat bread, less bread (scooped out), no bread, or gluten-free medium roll*

Choose your protein, cheese, veggies, and condiments

Try it **Fully Involved®** with lettuce, tomato, onion, mayo and deli mustard

Build Your Own Subs calories include Fully Involved® toppings.



Smoked Turkey Breast **M** 680 Cal

Virginia Honey Ham **M** 740 Cal

Grilled Chicken Breast **M** 720 Cal

Pastrami **M** 720 Cal

Roast Beef **M** 740 Cal

Corned Beef **M** 740 Cal

Tuna Salad

A blend of tuna, relish, mayo, and black pepper with provolone. Served cold.

M 910 Cal

Veggie

Caramelized onions and green bell peppers, savory mushrooms, provolone, cheddar, Monterey Jack, lettuce, tomato, onion, mayo, deli mustard, and Italian dressing

M 720 Cal

All subs and extras also available in small and large sizes.

Extras

Extra cheese **M** 100-110 Cal

Add bacon **M** 50 Cal

Add pepperoni **M** 100 Cal

Add savory mushrooms **M** 5 Cal

***Gluten-free medium roll** **M** 190 Cal

We offer gluten-free bread, but because other items in our restaurants contain gluten, we cannot guarantee an entirely gluten-free experience.

Get double meat on any sub for an additional charge.

Hot sauce packets available upon request.

KIDS' COMBOS

Choose Meatball, Smoked Turkey Breast, or Virginia Honey Ham with Provolone, or Grilled Cheddar Cheese

Served with 12oz AHA! flavored water, dessert, and a kid-sized fire hat



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

CATERING

Sub Platters

Standard Sub Platter

Your choice of smoked turkey breast, Virginia honey ham, USDA Choice roast beef, grilled chicken breast, USDA Choice corned beef, USDA Choice pastrami, or veggie, served with provolone, lettuce, tomato, onion, and vinaigrette. Mayo, deli mustard, and kosher dill pickles on the side

Platter serves 10

Deluxe Sub Platter

Features larger servings of some of our most popular combinations: ham and turkey; roast beef and turkey; ham, Genoa salami, and pepperoni; or tuna salad, all served with provolone

Platter serves 10

250-1070 Cal Per Serving | All Platters Served Cold



Make It A Platter Pack

Add a gallon of tea or lemonade, cookies, and an assortment of chip brands.

Upgrade to Cherry Lime-Aid™
(Zero sugar, light, or regular)

Upgrade to 10 bottled drinks

Upgrade from five cookies to five brownies



Half Platter | Sub & Salad

Choose Standard or Deluxe subs, with kosher dill pickles on the side, and a Classic or Chopped Salad with your choice of salad dressing on the side, plus a gallon of tea or lemonade

Classic Salad

Chopped Salad

Platter serves 5

Half Platter | Sub & Snack

Choose Standard or Deluxe subs, with kosher dill pickles on the side, plus five chip bags, five cookies, and a gallon of tea or lemonade

Platter serves 5

Dessert Platters

Cookie Platter

24 freshly baked cookies

Brownie Platter

24 brownies

Dessert Combo Platter

12 freshly baked cookies and 12 brownies

Choice of cookies limited by availability.

Ask about catering delivery and on-site setup

Salad Platters

Available Dressings:

Peppercorn Ranch, Italian, Light Italian, Balsamic, Oil and Vinegar, Honey Mustard (90-300 calories)

Classic Salad

Romaine, tomato, green bell pepper, cucumber, and red onion, with your choice of salad dressing served on the side

Serves 10-12

Chopped Salad

Romaine, diced tomato, green bell pepper, cucumber, sliced pepperoncini, mozzarella, and choice of salad dressing

Serves 10-12

Deluxe Salad

Choose from Classic (with provolone) or Chopped plus your choice of smoked turkey breast, Virginia honey ham, grilled chicken breast, or tuna salad

Serves 10-12

70-430 Cal Per Serving (without dressing)



Box Lunches

Minimum Order 10 | Served Cold

550-1310 Cal Per Serving

Made to order with provolone and your choice of smoked turkey breast, Virginia honey ham, USDA Choice roast beef, grilled chicken breast, USDA Choice corned beef, USDA Choice pastrami, veggie, or tuna salad. Mayo and deli mustard on the side



Standard 1 meat and cheese

Deluxe 2 meats and cheese

The Rookie

Medium sub and chips

The Lieutenant

Medium sub, chips, and a cookie

Upgrade from chips to a side salad

Upgrade from cookie to brownie

Upgrade to gluten-free medium roll

Extras

Gallon Beverages

16 Servings Per Gallon/8 oz Portion

Unsweet tea or sweet tea

0-110 Cal

Lemonade

100 Cal

Cherry Lime-Aid™ (Zero sugar, light, regular)

80-120 Cal

Single Bottled Drink

0-120 Cal

**Captain Sorensen's® Datil
Pepper Hot Sauce**

Plastic bottle



Enjoy more subs. Save more lives.®

Welcome To Firehouse

Firehouse Subs was founded by firefighters Chris Sorensen and Robin Sorensen alongside their retired fire captain father. Their vision was to create the type of food firefighters crave.

That's why our subs are handcrafted and piled high with premium meats and cheeses, then served hot on warm toasted sub rolls. And at Firehouse Subs, every sub you purchase helps provide much-needed lifesaving equipment to community first responders. Learn more at

FirehouseSubs.com/Foundation.



Takeout & Catering Menu



Enjoy more subs. Save more lives.®

RAPID RESCUE TO GO
Avoid The Wait. Order Online.

FirehouseSubs.com