



CMU INVITATIONAL MEET INFORMATION

- Date: Friday & Saturday, April 2-3, 2021
- Site: Central Methodist University
Davis Field – William L. Hairston Track
- Time: Field Events start at 10:00 AM
Running Events start at 10:00 AM
We will have prelims in the men's and women's short hurdles and dash.
- Entries: Through TRXC Timing. Entries are due **Wednesday, March 31, at 5 pm** – [Online Entry Form](#)
- Scratches/
Changes: Coaches can manage their entries until **Thursday, April 1, at 12:00 Noon** – [Scratches/Changes](#)
- Entry Fee: \$200.00 per team.
\$25 per individual (unattached) must be paid at time of entry.
- Scoring: Team scores will be kept.
- Check In: All running event participants need to check in with the clerk 20 minutes prior to their event at check-in table located next to the training room at the south end of the stadium. Field event athletes should check in at least 30 minutes prior to their event at the competition site.
- Results: Results will be posted throughout the meet on the wall of the locker room complex at the south end of the track. Final results will be available after the conclusion of the meet. Results will be posted online at www.trxctiming.com and www.centralmethodist.edu after the meet.
- Showers: Lockers/shower facilities are available upon request.
- Trainers: Trainers will be available at Hairston Track beginning at 9:00 AM. The trainers will be located in the training room on the east side of the locker room complex south of the track.
- Field Events: Three prelim and three final attempts in all field events will be given. Top eight to finals.
- Javelin: **Javelin runway will be grass.**

2021 CMU INVITATIONAL TRACK & FIELD MEET

Friday & Saturday, April 2-3, 2021

TENTATIVE

Time Schedule (Heats fast to slow)

FRIDAY

Field Events

12:00 PM Women's Hammer (Men's to follow)

12:00 PM Men's Javelin (Women to follow)

GRASS RUNWAY – JAVELIN

1:00 PM Men's Pole Vault (Women to follow)

Decathlon

Day 1

10:00 AM 100 Meters
Long Jump
Shot Put
High Jump
400 Meters

Day 2

9:00 AM 110 Hurdles
Discus
Pole Vault
Javelin
1500 Meters

Heptathlon

Day 1

10:30 AM 100 Hurdles
High Jump
Shot Put
200 Meters

Day 2

9:00 AM Long Jump
Javelin
800 Meters

Running Events

12:15 PM 3000 Steeplechase Women

12:35 PM 3000 Steeplechase Men

1:00 PM Hurdles Prelims?
100 Prelims?

2:00 PM 4x 800 Relay Women

2:15 PM 4x 800 Relay Men

2:30 PM 200 Prelims?

3:00 PM 10,000 Meters Men & Women

SATURDAY

Field Events

11:00 AM	Shot Put	Women (Men to follow)
12:00 PM	Discus	Women (Men to follow)
12:00 PM	Long Jump	Men & Women (Triple Jump follows)
11:00 AM	High Jump	Women (Men to follow)

Running Events

10:00 AM	5000 Racewalk	Men & Women
10:50 AM	4 x 100 Relay	Women
10:55 AM	4 x 100 Relay	Men
11:00 AM	1500 Meters	Women
11:20 AM	1500 Meters	Men
11:40 AM	100 Hurdles	Women
11:50 PM	110 Hurdles	Men
12:00 PM	400 Meters	Women
12:15 PM	400 Meters	Men
12:35 PM	100 Meters	Women
12:40 PM	100 Meters	Men
12:50 PM	800 Meters	Women
1:05 PM	800 Meters	Men
1:25 PM	400 Hurdles	Women
1:40 PM	400 Hurdles	Men
1:55 PM	200 Meters	Women
2:10 PM	200 Meters	Men
2:35 PM	5000 Meters	Women
3:00 PM	5000 Meters	Men
3:55 PM	4 x 400 Relay	Women
4:05 PM	4 x 400 Relay	Men