

National School Nutrition Programme

2009/10

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basic education  
Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA

Annual Report  
2009/10





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# National School Nutrition Programme

**Annual Report  
2009/10**



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Design and layout: Formeset Digital Tshwane, Tel.: (012) 324 0607



## Acknowledgement

This Annual Report has been made possible by a dedicated team of national and provincial officials who provided the reports reflecting the performance of the National School Nutrition Programme. Their contributions cannot go unnoticed.

Thanks also go to the project team, Ms N. Mashigo and

Mr S. Mzimba, whose dedication and tireless efforts ensured the delivery of a report of a high standard.

Lastly, special thanks go to the Director for the NSNP, Ms N. Rakwena and the Chief Director for Health in Education, Dr F. Kumalo, in providing valuable guidance and support and in editing the various drafts of the report.







## Message from the Deputy Director-General

As South Africa hosts the world's biggest sporting event, the FIFA World Cup 2010™, the Department of Basic Education (DBE) is proud to announce that 2009 has been a successful year for the National School Nutrition Programme (NSNP). The highlight of the year has been the extension of the programme for the first time to secondary schools where it has been roundly well received by learners, educators, parents and the wider community. A major milestone!

The profile of the National School Nutrition Programme has been raised substantially. The NSNP is one of the most important components of the Government's Programme of Action, specifically assigned the responsibility of addressing children's ability to learn by providing them with nutritious meals. This is closely aligned with the Department's over-arching goal of improving the quality of learning and learner achievement (*Department of Basic Education, Strategic Plan 2010 – 2013*).

In the year under review, the programme has recorded significant achievements. Amongst others, the programme reached a total of 7 125 273 learners in 20 345 schools nationally providing learners with cooked meals five (5) days a week; the extension of the programme to quintile (Q)1 secondary schools was successful; there was a general improvement in the quality of meals (i.e. all provincial menus now include vegetables and fruit); and the transfer of R83 147 million to provincial departments to procure equipment in preparation of

extending the programme to Q2 secondary schools in April 2010.

Many schools in all provinces make every effort to implement the programme effectively and with excellence, sometimes within limited resources. In recognition of excellence, innovation and dedication in implementing the programme, the Department held the inaugural NSNP Best Schools Awards. Mogobeng Primary School from Gauteng Province emerged the winner, receiving their Award and prizes from the Minister of Basic Education, Mrs Angie Motshega in April 2010.

For the 2010/11 financial year, the programme will strengthen monitoring, research, programme advocacy and partnerships to ensure quality meals. We will also prepare for the expansion of the programme to Q3 secondary schools in 2011.

While recognising the achievements of the programme thus far, more work still needs to be done. The DBE recognises and acknowledges the contribution of all officials, communities and partners that have worked tirelessly towards the success of the NSNP. 2010 promises to be yet another exciting year for the programme.

**Ms G T Ndebele**  
**Deputy Director-General: Social Responsibility**  
**and Auxiliary Services**  
**June 2010**







## Executive Summary

During the 2009/10 financial year, the National School Nutrition Programme (NSNP) made a valuable contribution to the Departmental goals of learner performance and access to education, through providing a daily nutritious meal to 7 125 273 learners. For the first time the programme was successfully extended to quintile (Q)1 secondary schools in April 2009. The programme will then be phased-in to include Q2 and 3 secondary schools in 2010 and 2011 respectively.

Improvement in the quality of meals has been a major priority for the Department with twenty four (24) workshops conducted on menu planning, meal preparation, food safety and hygiene targeting provincial coordinators, Volunteer Food Handlers (VFHs) and NSNP monitors in six (6) provinces (Free State, KwaZulu-Natal, Limpopo, Mpumalanga, Northern Cape and North-West).

In recognition of best practice, the National Department of Basic Education (DBE) held the first NSNP Best Schools Awards. Three finalist schools were identified per province. Following an adjudication process, Mogobeng Primary (Gauteng) emerged the overall winner with Moholeng Primary (Northern Cape) and Maxonia Primary (Western Cape) in second and third place respectively. The Minister of Basic Education, Ms Angie Motshekga, presented the top three schools with certificates and prizes in April 2010. To further showcase best practice at school level and to motivate other

schools to also excel, the DBE has published a booklet titled "The Best of the NSNP".

In October 2009, National Nutrition Week was successfully commemorated in two schools in Limpopo, (Maokeng and Ulando Primary Schools), under the theme "*Health and Nutrition*" and the slogan "*Colour is Cool*" encouraging learners to eat a variety of naturally colourful food daily.

In preparation for the extension to Q2 secondary schools in April 2010, R83, 147 million was transferred to provinces to procure cooking and eating utensils. This has provided equipment such as gas stoves, cups, plates, cooking and eating utensils which made a major difference in serving learners with dignity.

Strong partnerships are critical for the programme. In this vein, Massmart Holdings Limited, Hulleys, CTP Printers, Shop Talk, HKLM Group and Mykel Nicolaus Photography sponsored the development, printing and delivery of a NSNP recipe book entitled 'Mnandi 4 Sure'. These have been distributed to schools, through districts, for further improvement in the variety and palatability of meals.

The NSNP has provided opportunities for work for 37 844 VFHs who prepare and serve meals. Eleven (11) officials were appointed on contract posts at the national office to increase the human resource capacity to deliver





on the added responsibility of expanding the programme to more secondary schools in the new financial year and to strengthen monitoring and support.

During the 2010/11 financial year, the Department will continue to prioritise the provision of quality meals through strengthened monitoring, research, partnerships and advocacy.



*Catering equipment bought for all schools nominated in the NSNP Best Schools Awards*

## Acronyms

<b>ARC</b>	Agricultural Research Council	<b>KZN</b>	KwaZulu Natal Province
<b>APO</b>	Area Project Office	<b>LP</b>	Limpopo Province
<b>CEM</b>	Council of Education Ministers	<b>LWC</b>	Local Women Cooperative
<b>DBE</b>	Department of Basic Education	<b>MP</b>	Mpumalanga Province
<b>DoA</b>	Department of Agriculture	<b>MRC</b>	Medical Research Council
<b>DoH</b>	Department of Health	<b>NC</b>	Northern Cape Province
<b>DORA</b>	Division of Revenue Act	<b>NE</b>	Nutrition Education
<b>EC</b>	Eastern Cape Province	<b>NSNP</b>	National School Nutrition Programme
<b>EMGD</b>	Education Management and Governance Development	<b>NW</b>	North West Province
<b>FAO</b>	Food and Agriculture Organisation of the United Nations	<b>PED</b>	Provincial Education Department
<b>FS</b>	Free State Province	<b>SMME</b>	Small, Medium and Micro Enterprises
<b>GP</b>	Gauteng Province	<b>VFH</b>	Volunteer Food Handler
<b>IDSO</b>	Institutional Development Support Officer	<b>VUT</b>	Vaal University of Technology
		<b>WC</b>	Western Cape Province



## Definition of Terms

### Volunteer Food Handler

A parent/community member (usually female) who volunteers to offer services in the preparation, cooking and serving of meals to learners, in return of a monthly stipend.

### Quintile

A system of ranking and funding schools taking into account the socio-economic circumstances of learners (inequality and poverty). For example, the poorest quintiles (1 and 2) receive more funding in terms of the Norms and Standards for Funding Schools.



*Learners play physical games during National Nutrition Week  
(Maokeng Primary School, Limpopo)*



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## Introduction

This report reflects the general performance of the National School Nutrition Programme (NSNP) for the 2009/10 financial year. It is intended for the senior management in the department, NSNP managers, school communities, other government departments, academic institutions, as well as the private sector and civil society partners. **Part A** of the report presents a national overview of programme performance, with highlights on key achievements, the plans for the next financial year as well as key partnerships that supported the programme. **Part B** provides a synopsis of performance per province.

### Background

The NSNP was conceptualised primarily as an educational intervention aimed at enhancing the educational experience of the most needy primary school learners through promoting punctual school attendance, alleviating short term hunger, improving concentration and contributing to general health development.

Since its inception, the NSNP catered only for learners in public primary schools. However, following the 2006 survey by the Fiscal and Finance Committee, it was confirmed that there was a need to expand the programme to secondary schools. In October 2008, National Treasury increased the NSNP budget to progressively extend the programme to these schools.

The programme was first implemented in quintile (Q)1 secondary schools in April 2009, and will be phased-in to Q2 and 3 public secondary schools in April 2010 and 2011 respectively.

The key objectives of the NSNP are:

- To contribute to enhanced learning capacity through school meals
- To strengthen nutrition education in schools; and
- To promote sustainable food production initiatives in schools.

The Department of Basic Education (DBE) coordinates and oversees the programme, ensuring adherence to policies and other relevant legislation through monitoring. Procurement of goods and services for the NSNP is the mandate of the Provincial Education Departments (PEDs).

The NSNP is funded through a conditional grant that is transferred to provinces according to the Division of Revenue Act (DORA) as well as other directives from the DBE and National Treasury (Grant Framework 2009/10). The allocation to provinces is poverty based in accordance with the national poverty distribution table used in the National Norms and Standards for School Funding as gazetted by the Minister of Education on 17 October 2008 (Grant Framework 2009/10).



The Grant Framework stipulates certain conditions to which provincial departments must adhere to, viz:

- All learners in the targeted schools, Q 1 – 3 primary and Q1 secondary schools should be fed by 10h00 on all school days.
- An average meal cost per learner per day at:
  - ◆ R 1, 80 for primary schools
  - ◆ R 2, 35 for secondary schools

Failure of PEDs to meet the requirements of the Conditional Grant may lead to Department of Basic Education taking steps (e.g. withhold transfer of allocation).

Meals provided follow the Food Based Dietary Guidelines, which provide for a variety of food items inclusive of vegetables and fruit.



*DVD shoot for NSNP Best School Awards  
(Ebomvini Primary School, KwaZulu-Natal)*



**National  
Performance  
Overview**









## National Performance Overview

### National Overview

The National School Nutrition Programme (NSNP) directorate, at the Department of Basic Education (DBE), is responsible for co-ordinating the programme. The directorate plays a key role in providing strategic direction, leadership and support as well as programme monitoring and evaluation to ensure that implementation is in line with the DBE strategic goals and complies with the NSNP Grant Framework.

As depicted in **Table 1** below, the overall performance of the programme nationally was exceptionally good, as it provided meals to an additional 943 699 quintile (Q)1 secondary school learners for the first time, thus increasing the total number of learners reached to 7 125 273. Learners were provided with meals for an average of 191 days, a significant increase from the 187 days in the 2008/09 financial year.

The programme improved significantly in providing learners with cooked meals, i.e. five (5) cooked meals per week as compared to the previous year where only three (3) provinces provided cooked meals on all five (5) days of the week. Only three (3) provinces out of nine (9) still reported to serving uncooked meals at least once a week. This improvement was made possible by the increase in the average cost per meal per primary school learner was from R 1, 40 (2008/09) to R 1, 85 (2009/10).

The number of Volunteer Food Handlers (VFHs) also increased from 32 904 to 39 716 when compared to the previous financial year. Five (5) provinces (Eastern Cape, KwaZulu-Natal, Limpopo, Mpumalanga and Western Cape) increased the honorarium provided to the VFHs per month, thus increasing the national average honorarium per month from R420 in 2008/09 to R522 during the reporting period.

Table 1: Annual Performance Indicators per Province

Performance Indicators	EC	FS	GP	KZN	LP	MP	NC	NW	WC	Total
Number of feeding days	188	189	198	195	194	196	180	196	187	*191
Number of primary schools	5 308	1 181	1 507	3 777	2 607	1 484	552	1 093	875	18 384
Number of secondary schools	183	90	42	487	574	105	226	132	122	1 961
Number of primary school learners	1 181 584	372 501	545 547	1 590 587	1 020 569	573 674	162 438	429 472	305 202	6 181 574
Number of secondary school learners	174 105	66 436	62 642	201 193	208 827	67 349	78 655	55 407	29 085	943 699
Number of cooked meals served per week	4	5	5	5	5	5	4	5	4	*5
Number of uncooked meals served per week	1	0	0	0	0	0	1	0	1	*0
Number of service providers contracted	128	12	119	1 481	231	67	317	2	5	2 362
Number of local Community based cooperatives contracted	0	0	79	108	16	0	0	0	0	203
Number of Community based SMMEs contracted	128	12	40	1 373	215	67	274	0	3	2 112

(\* average)



Table 1: Annual Performance Indicators per Province (continued)

Performance Indicators	EC	FS	GP	KZN	LP	MP	NC	NW	WC	Total
Large suppliers	0	0	0	0	0	0	43	2	2	47
Number of fulltime officials employed for the programme	43	21	12	98	140	31	22	52	20	439
Number of NSNP allocated vacancies funded	43	0	3	13	165	44	29	0	20	317
Number of contracted posts	46	0	0	24	0	0	0	29	9	108
Number of food handlers (receiving an honorarium)	9 500	2 816	3 041	5 891	8 115	3 526	1 483	3 076	2 268	39 716
Honorarium per month	R 500	R 500	R 600	R 500	R 500	R 500	R 600	R 500	R 500	*R 522
Number of vegetable gardens	1 211	513	210	437	1 479	949	341	424	304	5 868
Meal cost per learner – primary schools	R 1.85	R 2.35	R 2.35	R 1.80	R 1.80	R 1.67	R 1.25	R 1.80	R 1.80	*R 1.85
Meal cost per learner – secondary schools	R 2.35	R 2.35	R 2.35	R 2.00	R 2.35	R 2.00	R 1.65	R 2.35	R 2.35	*R 2.19

(\* average)



## Human Resource Capacity at DBE

At national level, a team of nine (9) officials was responsible for the management of the programme. Key responsibilities included coordination, monitoring and support to provinces in implementation of the programme. The National School Nutrition Programme (NSNP) Directorate has increased its human resource capacity from nine (9) to twenty-one (21). Eleven (11) officials have been appointed on one-year contract positions to provide support towards the added responsibility of expanding the programme to secondary schools, as well as to strengthen monitoring.

Provincial Human Resource Capacity is discussed in **Part B** of this report.

## Key Achievements

### 1. School Feeding

Providing nutritious meals to learners is a key output of the programme. Catering only for primary school learners, and excluding learners in combined and secondary schools, was viewed as inequitable by the Parliamentary Committee on conditional grants. The Fiscal Financial Committee (FFC) was requested to investigate the feasibility of extending the programme to cater for secondary schools. The 2006 survey by the FFC, confirmed the need to expand the programme to secondary schools. In October 2008, National Treasury increased the NSNP budget to progressively extend the

programme to learners in quintile (Q)1 to 3 secondary schools. The programme was successfully extended to Q1 secondary schools for the first time in April 2009 and will be phased-in to Q2 and 3 secondary schools in the 2010/11 and 2011/12 financial years respectively.

The NSNP succeeded in its mandate by providing nutritious meals to 6 181 574 learners in 18 384 Q1 to 3 public primary schools and 943 699 learners in 1 961 Q1 public secondary schools, i.e. reaching a total of 7 125 273 learners in 20 345 schools nationally.

### 2. Monitoring

In implementing its mandate to monitor the programme in line with the Conditional Grant Framework, the Department visited all provinces to monitor, support and assess progress in programme expansion to Q1 secondary schools, as well as for the development of provincial business plans. Visits to provinces experiencing challenges were prioritised. Furthermore, quarterly reports as well as quarterly inter-provincial meetings were instrumental in ensuring provincial programme implementation and tracking provincial financial performance.

### 3. Preparations for expansion to quintile (Q)2 Secondary Schools

In preparation for extension of the programme to Q2 secondary schools in April 2010, R 83 147 million was transferred to provinces to ensure that schools are

adequately equipped to provide meals to learners. Provinces were assisted to develop and implement readiness plans to ensure implementation from day one.

#### 4. Building Capacity at Provincial Level

Improvement in quality meals has been a major priority for the National School Nutrition Programme (NSNP) for the year under review. Twenty four (24) workshops were conducted on menu planning, meal preparation, food safety and hygiene targeting provincial coordinators, Volunteer Food Handlers and NSNP monitors in six (6) provinces (Free State, KwaZulu-Natal, Limpopo, Mpumalanga, Northern Cape and North West).



#### 5. NSNP Publications

A recipe book entitled 'Mnandi 4 Sure' was developed, printed and distributed to schools for further improvement of meals. The recipe book has quantity conversion for large scale food preparation and will assist in the serving of varied and tasty meals.

"The Best of National School Nutrition Programme" was developed to show-case best practice in implementing the programme at the school level. Stories from all provinces are captured to demonstrate what is possible with innovation and hard work. Both publications are on the Education website [www.education.gov.za](http://www.education.gov.za).



*Mnandi 4 sure NSNP recipe book*

*The Best of the NSNP Programme book*

## 6. NSNP Awards

In recognition of best practice in the implementation of the programme in schools, a total of twenty seven (27) schools were nominated from all nine (9) provinces (i.e. 3 per province) for the NSNP Best Schools Awards. The top three (3) best schools were awarded with certificates and cash prizes by the Minister of Basic Education,

Ms Angie Motshekga at the Council of Education Ministers meeting in April 2010. The first prize went to Mogobeng Primary School (Gauteng), second was Moholeng Primary School (Northern Cape) and the third prize went to Maxonia Primary School (Western Cape). All twenty seven (27) finalists received certificates and catering equipment.

### Mogobeng Primary School (GP)



*Ms Angie Motshekga – Minister of Basic Education with (from left to right): Ms Philicity Marede, Ms Alphine Zwane, Ms Letta Molapo all from Mogobeng Primary, and Ms Barbara Creecy, MEC for Education in Gauteng Province*

### Moholeng Primary School (NC)



*From left to right: Mr Stanley Molale, Ms Fidzani, Ms Gugu Ndebele – Deputy Director General: Social Responsibility and Auxiliary Services (DBE), Ms Sylvia and Rev Themba Andrease – Principal (second row from right)*



### Maxonia Primary School (WC)



*Ms Angie Motshekga – Minister of Basic Education with (from left to right): Ms Joan Jacobs, Mr Fraser Baard – Principal, Mr Donald Grant (Western Cape MEC), Ms Thokozile Magudulela – NSNP (DBE), Ms Caetitia Albertus and Ms Sheila Zimerie*

### 7. Partnerships

The Food and Agriculture Organisation of the United Nations (FAO) funded a baseline study on school communities' knowledge, attitudes and perceptions on food gardens and nutrition education. The study was conducted in all nine (9) provinces. FAO also funded the development of manuals for Sustainable Food Production in Schools (SFPS) and Nutrition Education (NE).

Massmart Holdings limited, Hulleys, CTP Printers, Shop Talk, HKLM Group and Mykel Nicolaus Photography in collaboration with the Department, developed and

printed a recipe book titled 'Mnandi 4 sure'. It was distributed to schools. The recipe book will assist Volunteer Food Handlers to prepare a variety of meals that are palatable and nutritious.

### Conclusion

The year 2009/10 was a very exciting year, where for the first time the programme was extended to quintile 1 secondary schools. The programme recognizes and acknowledges the contribution of all officials, communities and partners that have worked tirelessly towards the success of the National School Nutrition

Programme and will continue to prioritise the provision of quality meals through monitoring, research, partnership and advocacy.

### Plans for the 2010/11 Financial Year

In line with the programme focus areas, plans for the 2010/11 financial year include the following:

- Monitor all three pillars of the programme with a focus of ensuring quality meals
- Provide guidelines on food safety and hygiene
- Conduct a Baseline Study on the nutritional status and educational performance of Q3 secondary

- school learners
- Finalise the Nutrition Education Strategy and strengthen its implementation
- Compile and disseminate the 2009/10 annual report
- Recognize schools with Best Practice in NSNP implementation
- Strengthen partnerships and community participation in the programme
- Support provinces to expand to Q3 secondary schools in April 2011
- Develop and disseminate a regular NSNP newsletter



**Provincial  
Narrative  
Reports**







## Nelson Mandela Bay Stadium (Port Elizabeth)

The stadium has a capacity of 48 000 and hosted eight (8) 2010 FIFA World Cup games. These included a match for 3<sup>rd</sup> place and quarter finals



## Eastern Cape

### Introduction

In the year under review, the Provincial Education Department (PED) managed to reach a total of 1 181 584 learners in 5 308 quintile 1 – 3 primary schools and 174 105 learners in quintile 1 secondary schools, bringing the total number of learners that benefited from the programme to 1 355 689.

Food is delivered to schools by service providers through a tender procurement system. Schools are responsible for the appointment and payment of Volunteer Food Handlers (VFHs), who assist in preparing, cooking and serving meals in schools.

### Human Resource Capacity

At the provincial level, a total of twenty three (23) Officials and five (5) contracted workers are employed to manage the programme. Thirty five (35) contracted officials are employed at the district level and are responsible for monitoring schools in the twenty three (23) districts.

### Training and Development

The PED conducted training workshops for National School Nutrition Programme (NSNP) staff, at provincial

and district level. The key focus areas included project management, meal planning and nutrition education. This has contributed towards improved meal preparation and management of the programme.

### Menu

Since the inception of the programme, the PED has been serving a bread menu. However, in the year under review, the province started gradually moving towards compliance in serving cooked meals at least four days per week. The exception is a few farm schools which have no cooking areas or space.

### Achievements

The PED provides an almost universal cooked menu. Twenty (20) schools in the Libode district were provided with garden tools worth R60 000. Each school received tools to the value of R3 000.

School principals and educators were trained on permaculture in various districts including Fort Beaufort (145 schools) and Cofimvaba (200 schools).

Some schools in the East London district have become centers of community development through food

production initiatives. The district has also adopted one of the quintile 3 secondary school as part of the Whole School Evaluation Programme. The NSNP has started a vegetable garden in the school. This initiative involves the community which has since started a soup kitchen to feed learners in the school.

### Special Events

The NSNP, in partnership with the Department of Health (DoH), commemorated the National Nutrition Week in October at the Emafanini Primary School in the Port Elizabeth district. Ten (10) schools were involved in the campaign wherein learners were taught about healthy eating habits. A demonstration on how to prepare a healthy meal was presented and learners were also encouraged to engage in physical activities. Road shows to promote healthy lunchboxes were held on the 25th March 2010 in conjunction with the Cancer Association of South Africa in which five (5) schools were invited. Key objective of the launch was to encourage

learners to eat at least five (5) food types (starch, protein, vitamins, fruit and vegetables) daily. Learners were taught the importance of exercising by Kinders Kinetieke (Children's Kinetics).

A Food Fortification Day was held in Port Elizabeth organised by the DoH and the NSNP on the 21st October 2009 with participation by six (6) schools.

A school garden competition was held in the King Williamstown and Uitenhage districts in partnership with the Department of Agriculture (DoA). The winners were Mdolomba Primary, Masele Primary and Fezeka Primary in first, second and third place respectively.

### Conclusion

The PED has made strides towards implementing the programme as per requirements despite some challenges through the year.





*School coordinator harvesting beetroot  
(Londolozani Junior Primary, Eastern Cape)*



## Free State Stadium (Bloemfontein)

The stadium has a capacity of 45 000 and hosted six (6) 2010 FIFA World Cup games



# Free State

## Introduction

The Provincial Education Department (PED) reached 372 501 learners in 1 181 quintile 1 – 3 primary schools and 66 436 learners in 90 quintile 1 secondary schools. In total, the programme reached 438 937 learners in the year under review with an increase of 25 391 learners compared to the previous financial year (413 546). Although the provincial department experienced challenges in extending the programme to quintile 1 secondary schools in April 2009 and in feeding on time, this was later implemented with success.

Funds are transferred directly to schools to procure food, except in farm schools, where a quotation system is used.

## Human Resource Capacity

The provincial office has eight (8) permanent posts and forty (40) district officials. The latter are not dedicated to National School Nutrition Programme (NSNP), but are responsible for all learner support programmes. Districts have a key responsibility to monitor the programme, support schools and verify claims from service providers.

## Training and Development

The PED facilitated capacity building workshops and training for NSNP officials, educators and Volunteer Food Handlers (VFHs). The key areas covered were Project Management, vegetable production, food preparation and food safety.

## Menu

Despite the budgetary challenges, the PED complied with menu options and provided five (5) cooked meals a week. During monitoring, it was observed that the service providers procured food in compliance with the menu specifications.

## Achievements

Five (5) road shows were conducted in all five (5) districts to prepare for the expansion of the programme to quintile 2 secondary schools.

Twenty three (23) schools i.e. five (5) in Lejweleputswa, five (5) in Fezile Dabi, eight (8) in Motheo and five (5) in Thabo Mofutsanyane districts, were provided with vegetable tunnels by the Department of Agriculture (DoA). Furthermore, the programme received support



from external donors and service providers. Twenty (20) schools in Motheo district were provided with steel cabinets designed for the storage of food.

### Special Events

Three (3) primary schools viz. Theha Setjhaba in Fezile Dabi, Atang in Motheo and Letlotlo in Thabo

Mofutsanyane were nominated for the NSNP Best Schools Awards.

### Conclusion

Although this has been a challenging financial year for the programme, the support received from partners assisted in continuing to provide meals as planned.



*Volunteer Food Handlers wearing colourful aprons  
(Ditshabatsohle Primary, Free State)*





## Soccer City (Johannesburg)

The Stadium has a capacity of 94 700 and hosted eight (8) 2010 FIFA World Cup games. These included the opening and final matches



## Gauteng

### Introduction

The Provincial Education Department (PED) reached 545 547 learners in 1 507 quintile 1-3 primary schools and 62 642 learners in 42 quintile 1 secondary schools. The province continued with its commitment to progressively extend the programme with an increase of 82 386 learners reached; i.e. from 525 803 in 2008/09 to 608 189 for the 2009/2010 financial year.

Food is delivered to schools by service providers through a tender procurement system. Schools are responsible for appointing Volunteer Food Handlers (VFHs) to prepare, cook and serve meals to learners.

### Human Resource Capacity

The PED employs eight (8) permanent officials to manage the programme. There are two (2) vacant posts. Institutional Development Support Officials (IDSOs) are responsible for monitoring schools. There are no dedicated personnel in the districts employed to monitor schools resulting in inconsistent visits and minimal monitoring. The province contracts sixty (60) interns annually for this purpose. However, when their contracts expired in October 2009, no extension was granted. New appointments will be made in the new financial year.

### Training and Development

The PED conducted capacity building workshops on risk management, procurement and supply chain management targeting provincial National School Nutrition Programme (NSNP) staff. For VFHs, workshops on food handling and preparation were conducted at schools with Consumer Study Centres in three (3) districts. Afrox conducted workshops on gas safety at targeted schools. Furthermore, workshops on Sustainable Food Production (SFP) were organised for the IDSOs who are responsible for the NSNP at district level.

### Menu

The Gauteng province complied with menu options and provided five (5) cooked meals per week for all 198 days as planned. Menus included varied starch dishes, proteins and vegetables. Breakfast, which is the most important meal of the day, continued to be served to all learners in all schools. Gauteng remains the only province providing breakfast. The national Department of Basic Education (DBE) conducted a survey study on the implementation of the school breakfast in the province to glean lessons for national roll-out

## Achievements

The province has sixteen (16) newly constructed schools that opened in the 2009/2010 financial year. The new schools have well-built brick and mortar kitchens and storage facilities installed as part of improved infrastructure for use by the NSNP.

A total of six (6) mobile kitchens were donated to schools in the Ekurhuleni South and Gauteng West Districts by Game Stores a division of Massmart Holdings limited. The provincial department ensured that all quintile 1 secondary schools install steel gas cages with the requisite signage in adherence with specifications and as a safety precaution. Learners are, as a result, out of danger and the gas cylinders at a lesser risk of being removed.

## Special Events

Three (3) primary schools were nominated for the NSNP Best Schools Awards and the overall winner was Mogobeng Primary School from Ekurhuleni South. A certificate and cash prize of R60 000 was presented to

the School Principal, Ms M Morokoane by the Minister of Basic Education, Ms A Motshekga, at the Council of Education Ministers' meeting held in Pretoria on 15 April 2010.

The official launch of the extension of NSNP to quintile 1 secondary schools was held in Vlakfontein Secondary School, in the Johannesburg South district. The school was also adopted by Clover/Danone, Food Garden Foundation and the Public Service Association to initiate and sustain the school and community garden.

## Conclusion

The province has consistently provided meals to learners especially breakfast, which is the most important meal of the day, reaching the most vulnerable and poor learners. There is still room for improvement to introduce a variety of meals per week to address challenges in menu fatigue. The Department is currently maintaining a consistent annual expenditure pattern that complies with requirements. Human resource capacity at provincial and district level remains a priority.



*NSNP school committee with Volunteer Food Handlers  
(Pula Difate Primary, Gauteng)*





## Moses Mabhida Stadium (Durban)

The Stadium has a capacity of 70 000 and hosted seven (7) 2010 FIFA World Cup games. These included one of the semi-final games



## KwaZulu-Natal

### Introduction

The total number of learners has increased from 1 541 268 in 2008/09 to 1 791 780 in 2009/10. This includes 1 590 587 learners in 3 777 quintile 1-3 primary schools and 201 193 learners in 487 quintile 1 secondary schools. The programme was successfully extended for the first time to secondary schools. The targeted secondary schools were provided with new catering equipment which includes gas stoves, gas cylinders, catering pots, stainless steel plates and spoons.

The province uses a quotation system in sourcing food items and selected service providers distribute these to schools. The service providers are Small, Medium and Micro Enterprises (SMMEs) and Local Women Cooperatives (LWCs). A need has been identified to provide skills training to the LWCs to strengthen their financial management skills.

### Human Resource Capacity

The Provincial Education Department (PED) has maintained a provincial team of nineteen (19) officials responsible for the management and monitoring of school nutrition activities. Their role also includes coordination of food production and nutrition education

activities in schools. A small team of between six (6) and eight (8) officials per district has been assigned to monitor programme implementation at school level and to facilitate the payment of the claims of service providers.

### Training and Development

Workshops on basic nutrition and vegetable production were conducted for field workers in an effort to improve their knowledge and skills towards engaging them as Nutrition Assistants. Thirty six (36) workshops on food safety, hygiene and food preparation were held for five thousand (5000) Volunteer Food Handlers. In addition, workshops were held with a specific focus on the implementation of National School Nutrition Programme in secondary schools for 1 074 Principals and 358 members of School Governing Bodies.

### Menu

In compliance with the NSNP Grant Framework, the PED served five (5) cooked meals per week to learners for 195 school days. Most schools complied with the chosen menu options. However in some areas the availability of fresh vegetables presented a challenge.

## Achievements

The PED extended the programme to quintile 1 secondary schools with success.

The Flemish project has initiated ninety (90) food gardens in schools. This created employment opportunities for ninety (90) men and women as gardeners.

In terms of poverty alleviation and job creation, 1 482 SMMEs, including 72 LWCs were contracted to the programme, the latter totalling 412 women. The LWCs were given financial assistance by iThala Bank in order to commence with their businesses.

## Special Events

All districts celebrated National Nutrition Week in October in partnership with the Provincial Department of Health. Activities included the planting of trees, spinning of a Nutrition Wheel, Nutrition talks and Health Screening. Learners were given small gifts in the form of rulers, caps and juice bottles for participating.

## Conclusion

This has been the best year of programme implementation in KwaZulu-Natal.





*NSNP School committee  
(Zubane Junior Primary, KwaZulu-Natal)*



## Peter Mokaba Stadium (Polokwane)

The stadium has a capacity of 45 000 and hosted four (4) 2010 FIFA World Cup games



# Limpopo

## Introduction

The Provincial Education Department (PED) provided meals to 1 020 569 learners in 2 607 primary schools and 208 827 learners in 574 quintile 1 secondary schools. The total number of learners has increased with 231 083 learners compared to the previous year.

Food is delivered to schools by service providers through a tender procurement system. Schools are responsible for appointing Volunteer Food Handlers (VFHs) to prepare, cook and serve meals. Payment of VFHs is the responsibility of the schools.

## Human Resource Capacity

At the provincial level, seven (7) officials managed the programme with twenty five (25) officials at district level for monitoring. There are one hundred and thirty four (134) clerks based at circuit level to process claims.

## Training and Development

Food safety was identified as a major challenge in the programme. One hundred and three (103) food safety workshops were conducted in all five (5) districts targeting VFHs, educators and School Governing Body (SGB) members in both primary and secondary schools. Other key areas addressed were menu options, Food

Based Dietary Guidelines, meal planning, basic food preparation and food storage. Furthermore, forty nine (49) capacity building workshops on Sustainable Food Production in Schools (SFPS) were held in the province and as a result, seven (7) mode vegetable gardens were developed and used for demonstration during the workshops. Food and Trees for Africa also conducted workshops for educators responsible for gardening, SGB members and school gardeners on vegetable production.

## Menu

The PED complied with the provincially specified menu options and served five (5) cooked meals per week in both primary and secondary schools on all 194 school days. The quality of food items has improved due to an increase in the cost allocation per learner per day. However, there is still a need to improve on the quality of soya mince.

## Achievements

Despite challenges of maintaining food gardens, it is worth noting that out of one thousand and sixty three (1 063) food gardens initiated, at least one thousand and fifty six (1 056) gardens were sustained through the year. As a result, sixty (60) schools supply service providers with vegetable produce. The province also has one



hundred and two (102) functional orchards and three (3) small stocks. The PED extended the programme to quintile 1 secondary schools with success.

### Special Events

National Nutrition Week, organised by the National Department of Basic Education in collaboration with provincial officials, was celebrated at two(2) schools (Maokeng and Ulando Primary) in the Warmbad circuit during October 2009. The event focused on promoting healthy lifestyles among learners.

National World Food Day was commemorated in October 2009 at Muyexe Village in Mopani district. Finally, a Sustainable Food Production (SFP) summit was held in March 2010 at Bolivia Lodge, attended by parents from the local area.

### Conclusion

Although not all schools in the province have reached the desired standards in NSNP implementation, programme was implemented with success and with overall notable improvement.



*An educator dishing up food  
(Rampuru Primary School in Limpopo)*





## Mbombela Stadium (Nelspruit)

Mbombela is a siSwati word meaning “many people in one place”. The Stadium has a capacity of 46 000 and hosted four (4) 2010 FIFA World Cup games



# Mpumalanga

## Introduction

The Provincial Education Department (PED) reached 573 674 learners in 1 484 primary schools and 67 349 learners in 105 quintile 1 secondary schools. The number of learners reached was 68 023 higher than in the previous year. The expansion to secondary school was a success and well received by local communities.

The food is delivered to schools by service providers through a tender procurement system. Schools are responsible for appointing Volunteer Food Handlers (VFHs) to prepare, cook and serve meals.

## Human Resource Capacity

The programme is managed by forty eight (48) officials, six (6) at the provincial level and forty two (42) in districts.

The officials are responsible for monitoring National School Nutrition Programme (NSNP) activities and processing claims by service providers.

## Training and Development

The PED conducted capacity building workshops targeting NSNP staff, VFHs and school committees. These workshops were focusing on collecting and capturing data for VFHs; implementation and

management of the programme; food safety measures; and nutrition education. Information sessions were also held for service providers on menu specifications, in preparation for the expansion of the programme to quintile 2 secondary schools in April 2010.

## Menu

Schools serve meals according to the specified menu options, serving five (5) cooked meals a week on all school days. Educators supervise learners during feeding, and learners eat in the classrooms.

## Achievements

Secondary schools were provided with wendy houses serving as kitchen facilities. All one hundred and five (105) secondary schools received eating utensils.

In strengthening services to children and families, the Rights of Children directorate in the Premier's office co-ordinated a service delivery initiative on the 18th August 2009, where all provincial departments, national competencies in the province, municipality and civil society structures extended services to the community of Lomshiyo II, within the Umjindini Municipality. The NSNP displayed different food items offered in schools.

A modernised irrigation system funded by Food and Trees for Africa has been installed by the Department of Agriculture at Ndimande primary school, Bushbuckridge region.

### Special Events

In July 2009, the NSNP joined other provincial departments in celebration of the 91st birthday of the former President, Mr. Mandela, at Silindokuhle Special School. A vegetable garden was established and trees planted.

Eight (8) schools participated in the Woolworths Eduplant Gardening Competition.

### Conclusion

The province is fed all targeted learners in primary and secondary schools, and was able to honour all activities as per the 2009/10 business plan. Payment of service providers also improved. Parents and learners in secondary schools were very happy about the extension of the programme.



*The vegetable garden at Lugeplane Primary School, Mpumalanga*







## Northern Cape

### Introduction

The Provincial Education Department (PED) reached 162 438 learners in 552 quintile (Q) 1-3 primary schools providing daily nutritious meals. The province has been feeding secondary schools since the 2007/8 financial year. The province is also providing feeding to additional learners in quintile 4-5 primary and secondary schools.

Funds are transferred directly to schools to procure meals. This has proved to be a successful model for delivery.

### Human Resource Capacity

The programme is managed by nine (9) officials at the provincial level and seventeen (17) at the district level.

### Training and Development

All Volunteer Food Handlers (VFHs) in the province were trained in basic hygiene and the Food Based Dietary Guidelines.

### Menu

The majority of schools in the province comply with menu options except on rare occasions when stock is not available. This resulted in the province serving four (4) instead of five (5) cooked meals as stipulated.

### Achievements

The programme has a positive impact in schools through providing daily nutritious meals and creating jobs by supporting local Small, Medium and Micro Enterprises (SMMEs).

The Nutrition Education team has drafted guidelines on tuck shops and school vendors.

Moholeng primary school was judged the third Best School in the National School Nutrition Programme (NSNP) Awards. They received a cash prize, certificate as well as catering equipment.

### Special Events

The NSNP in the Northern Cape, through its Sustainable Food Production sub-programme, held the annual school garden competition in five (5) districts. Gala events were held in each district and prizes awarded to the winning schools.

### Conclusion

The province continued to pioneer almost universal implementation in both primary and secondary schools.







## Royal Bafokeng Stadium (Rustenburg)

The stadium has a capacity of 44 530 and hosted six (6) 2010 FIFA World Cup games



# North West

## Introduction

The programme reached 429 472 learners in 1 093 quintile 1-3 primary schools and 55 407 learners in 132 quintile 2 secondary schools. The number of learners benefiting from the programme increased by 69 312 compared to the 2008/9 financial year.

## Human Resource Capacity

The staff comprises of seven (7) officials at provincial level, twelve (12) district officials and thirty six (36) Area Project Officials (APOs).

## Training and Development

Training and capacity building focused on portion sizes, meal planning, menu planning, meal preparation, hygiene and food safety for APOs. Training for Volunteer Food Handlers (VFHs) focused on the new menu options for expansion to quintile 2 secondary schools. Finally, four (4) capacity building workshops on food production and management of vegetable gardens were conducted.

## Menu

Supply of dehydrated vegetables was discontinued and replaced with fresh vegetables. Greater variety in menu options allows for regional preferences in the province. The PED provided five (5) cooked meals per week in all 196 school days.

## Achievements

The documents stipulating the Terms of Engagement, contracts of the VFHs and the guidelines on implementation of the programme have been approved and distributed to all participating schools.

Education Management and Governance Development (EMGD) also played an important role in monitoring National School Nutrition Programme funds. They have introduced a financial management tool which assists in tracking income and expenditure patterns in schools.

## Special Events

Three (3) primary schools in the programme, viz. Ga-Israel, Mogosane and Marang, were profiled in the “The Best of the National School Nutrition Programme” booklet published in March 2010 showcasing good practices in school feeding and food gardening.

## Conclusion

The programme was implemented successfully and did not experience any interruptions or stoppages of feeding. The cooperation of all stakeholders at all levels ensured that the programme was sustained and maintained in the year under review. Feeding in quintile 1 secondary schools started well at the beginning of the financial year and has also been sustained.



## Green Point Stadium (Cape Town)

The stadium has a capacity of 70 000 and hosted eight (8) 2010 FIFA World Cup games. These included one (1) round of match, one (1) quarter final and one (1) semi-final match



## Western Cape

### Introduction

305 202 learners in 875 quintile(Q) 1-3 primary schools and 29 085 learners in 122 secondary schools were provided with nutritious meals. The province has been feeding targeted secondary schools since the 2006/7 financial year.

Food is procured using the tender system. Five (5) large companies, three (3) Small, Medium and Micro Enterprises and one (1) Cooperative supply and distribute food to schools.

### Human Resource Capacity

A total of five (5) officials manage the programme at provincial level. In each of the eight (8) districts, two (2) officials are responsible for administration, monitoring and support.

### Training and Development

Five (5) capacity building workshops were conducted for the Western Cape National School Nutrition Programme (NSNP) staff. The topics included nutrition education, monitoring and evaluation, mentoring and support, gas safety, safe handling of equipment and menu implementation. Volunteer Food Handlers in all districts were trained on food and gas safety as well as hygiene.

A total of twenty nine (29) workshops on Sustainable Food Production in schools (SFPS) were held in all districts, focusing on garden establishment, garden management, soil fertility, permaculture, planting in containers and planting of fruit trees.

### Menu

Schools generally adhere to provincial menu options, except for a nominal number of schools where an uncooked menu is served due to a lack of infra-structure or where, for short periods, uncooked menus are served due to equipment being stolen. On average the province provided four (4) cooked meals per week for 187 school days.

### Achievements

A breakfast programme was piloted at one hundred and five (105) schools in the Metropole district. The breakfast consisted of a maize meal cereal in the morning, prior to the main meal, on two (2) days per week. All costs for this pilot were carried by the Peninsula School Feeding Association.

One hundred and fifty nine (159) schools received mobile kitchens and sixty one (61) of these were sponsored by the Qids-Up programme.



### Special Events

The Department of Health supported the NSNP on food safety and nutrition. Three (3) Western Cape schools were nominated for the National School Nutrition Programme Best Schools Awards, Maxonia Primary was placed third, a major achievement.

### Conclusion

The NSNP in the Western Cape has successfully implemented the programme in the 2009/10 financial year. The programme remains well supported by both the provincial and national offices with good cooperation from schools, service providers, partners and the NSNP staff. The programme aims to sustain and improve on current service delivery.



**Partnerships**

## Appendix A: NSNP Partnerships

Partners	How the NSNP is supported
<b>Eastern Cape</b>	
Department of Health	Assisted in campaigns on healthy lifestyles (nutrition) in Port Elizabeth district
South African Social Security Agency	Assisted in the Food Fortification day held in Port Elizabeth district
Nelson Mandela Foundation and University of Fort Hare	Facilitate mobilisation of communities to participate in Agri-Parks
QIDS UP	Provided garden tools and water tanks to schools in Lusikisiki and Libode districts
Nelson Mandela Metro	Provided prizes in the form of garden tools, seeds and fertilizers for food garden competition in Port Elizabeth and Uitenhage districts
Nelson Mandela bay Agri-Forum	Assisted schools with food production technical expertise and tools in Port Elizabeth district
Department of Agriculture	Provided garden tools in Port Elizabeth district
Doctors in private practice	Provided trophies for the garden competitions held in Port Elizabeth district
Department of Health	Assisted districts on monitoring food safety in schools
Cancer Association of South Africa (CANSA)	Involved in the nutrition launch in Port Elizabeth district
Kinders Kinetieke	Assisted in teaching learners on the importance of exercising to maintain a healthy lifestyle in Port Elizabeth district
<b>Free State</b>	
Department of Economic Development, Tourism and Environmental Affairs	Establishment of Local Women Cooperatives
Department of Public Works: EPWP- Enterprise Development	Establishment of Local Women Cooperatives
Department of Agriculture	Provision of garden tools, seeds, boreholes and training



<b>Partners</b>	<b>How the NSNP is supported</b>
<b>Free State (continued)</b>	
Department of Health	Provision of seeds
Central University of Technology	Provision of storage cabinets and training of Educators and Volunteer Food Handlers
Food and Trees for Africa	Training Educators on organic farming
Liquefied Petroleum Gas Safety Association of Southern Africa	Training schools on gas safety
<b>Gauteng</b>	
Game Stores	Provision and distribution of six (6) mobile kitchens in two (2) districts (Gauteng West & Ekurhuleni South)
Food Bank	Sixty seven (67) quintile 1 primary schools in Johannesburg South district benefit from food supplementation of fresh produce and other available dry groceries
FGF (Danone Clover)	Trained forty (40) schools on garden establishment (rotating crops and after care during school holidays)
Department of Agriculture	Provided starter packs to fifteen (15) schools and seeds in four (4) districts, and also provided training for district officials on food production
Edu Plant ( Woolworths Trust)	Developed of food gardens at targeted school in seven (7) districts
<b>KwaZulu-Natal</b>	
Department of Health	Health promotion in schools and inspection of kitchens to ensure compliance with the food, disinfectant and cosmetic legislation
Department of Agriculture	Training of groundsmen, support of developed gardens
Food Trees for Africa	Promote competitions in schools on gardening
Flanders	Funding for food security projects implemented in ninety (90) schools in the Ugu, Umgugundlovu and Vryheid districts
Department of Water Affairs and Umngeni Water	Food security in schools

<b>Partners</b>	<b>How the NSNP is supported</b>
<b>KwaZulu-Natal (continued)</b>	
Environment and Language Education Trust	Development of school gardens
Department of Economic Development	Mentorship to Local Women Cooperatives
<b>Limpopo</b>	
Department of Agriculture	Technical advice to schools on gardening
Department of Public Works	Provided protective clothing for Volunteer Food Handlers
Food and Trees for Africa	Provided training on permaculture
Department of Health	Conduct monitoring and support visits to schools
<b>Mpumalanga</b>	
Department of Agriculture Rural Development and Land Administration	Supplied schools with seedlings, fertilizers and insecticides
Ngala Bush Camp	Donated a water tank to Mahlekisana Primary in Manyeleti circuit
Woolworths foods	Donated food at Hermansburg Primary
Department of Water and Environmental Affairs	Selected Potsanyana Primary to pilot a Rain Water Harvesting Project in Marapyane circuit
Volvo Car Dealer	Built a kitchen at Tsembalefu, Nsikazi circuit
Imvelo Garden Project	Hosts competitions and donates prizes to the winning schools
Food Garden Foundation	Hosts competitions and give prizes to winning schools.
Department of Health	Health Promotion Programme
Mondi Forest Limited	Donated and maintained the water tank at Glen Eland School
Albany Bakery	Supply bread once a week to Emdibini Primary and Trichardfontein Combined Schools in the Highveld circuit

<b>Partners</b>	<b>How the NSNP is supported</b>
<b>Mpumalanga (continued)</b>	
Sally Mayhew	Built a kitchen at Majika Primary School
BMW Car Dealership in Nelspruit	Supplied seedlings to four (4) schools in Ehlanzeni Region
Department of Public Works, Road and Transport	Provided training on web-based form on controlling and data capturing for Volunteer Food Handlers
<b>Northern Cape</b>	
Department of Agriculture	Assist schools with garden starter packs, seed and soil testing
Department of Water Affairs	Provided boreholes, fruit trees and water testing
Griqualand Wes Korporasie (GWK)	Sponsors the Pixley Ka Seme district school garden competition
Karsten Farms	Sponsors the schools garden competitions in Siyanda district
ABSA	Sponsors the provincial schools garden competition
De Beers Fund	Sponsors both the Frances Baard and Kgalagadi districts school garden competitions
<b>North West</b>	
Lonmin Mining Company	Supply five (5) Bapong schools around the mines with fresh vegetables and fruits weekly and also top up the Volunteer Food Handler stipend in surrounding schools
Pecanwood Educational Trust (PET)	Training Volunteer Food Handlers and monitoring at four (4) schools around their vicinity. Donate R 5 000 per month to buy groceries
SPAR (Brits)	Donates food to two (2) local primary schools
Royal Bafokeng Institute	Provide two (2) meals per day to Bafokeng schools and also top up Volunteer Food Handlers stipend
Department of Agriculture, Conservation, Environment & Rural Development-Land Care Programme	Assisted schools in Moses Kotane West district, Potchefstroom and Klerksdorp APO's with garden tools, seeds, seedlings and fruit trees to establish vegetable gardens



Partners	How the NSNP is supported
<b>North West (continued)</b>	
Love Life's Food Garden Programme	Assisted Kgolane Primary School in Dwarsberg Moses (Kotane West district) to establish and sustain a vegetable garden
<b>Western Cape</b>	
Earth Child	Provides two officers on a regular basis to work with learners and educators at Zerilda Primary School on Health and Environment
Imbali Support	Provides gardening supplies and pays for the gardener at P.C. Peterson Primary School in Kylemore (Stellenbosch)
Department of Agriculture	Officials render assistance and financial support to schools in the Ladysmith and Calitzdorp towns
Landcare	Conducted camps for learners in the Overberg district
Casidra	Supported some schools with supplies and equipment in the Overberg and Metro East districts. They also demonstrated the growing of crops using boxes in Calitzdorp. Assisted with the re-establishment of the food garden at Noordhoek primary school in Velddrift
School Environmental Education Development [SEED]	Teaches classes on environmental matters and supports existing and the establishing of vegetable gardens
Heart	Supported twelve (12) schools with shade cloth tunnels (Food Tents)
Breede River Municipality	Has a Community Worker who helps farm schools in Robertson, Bonnievale and Montagu with gardening supplies such as seeds and seedlings
Woolworths Trust (Eduplant)	Conduct permaculture workshops annually and hold school garden competitions
Department of Health	Official render support to the NSNP management in regard to food safety and nutrition issues
Peninsula School Feeding Association	Provide breakfast to one hundred and five (105) schools and feeding additional learners
Qids-Up programme – Western Cape Education Department	Enabled sixty one (61) schools to purchase mobile kitchens



