

## LUPUS FACTS QUIZ

How much do you know about Lupus? Test your knowledge. Take the [Lupus Facts Quiz](#) to get answers to the most popular questions about lupus.

### Q What is Lupus?

A Lupus is a chronic autoimmune disease.

### Q What are the causes of Lupus?

A The causes of Lupus are unknown, scientists believe hormones, genetics, and environmental factors are involved.

### Q What are the most common Lupus symptoms?

A Most common symptoms of Lupus: joint pain, skin rashes, fatigue, and fevers.

### Q What organs does Lupus impact?

A Lupus can impact any organ or tissue, from the skin or joints to the heart or kidneys.

### Q What should I do if I have symptoms?

A If you notice signs or symptoms of Lupus, be sure to see your doctor and ask questions.

### Q Why is early diagnosis important?

A Early diagnosis is crucial to preventing long-term consequences of the disease.

### Q Is there a simple test to diagnose Lupus?

A Lupus can be difficult to diagnose. There is no single blood test to diagnose Lupus.

### Q How long does it usually take to determine a Lupus diagnosis?

A More than half of those afflicted with Lupus suffered at least 4 years and saw 3 or more doctors before obtaining a correct diagnosis of Lupus.

### Q Why is Lupus unpredictable and difficult to diagnose?

A Lupus symptoms mimic those of other diseases, vary in intensity and can come and go over time.

### Q Are all Lupus patients female?

A 90% of patients with Lupus are women. Men and children develop Lupus too.

**Q How much more likely are women to develop Lupus?**

**A** Women are 9 times more likely to develop Lupus than men.

**Q What is the prevalence of Lupus among African American women?**

**A** African American women are 3 times more likely to develop Lupus than Caucasian women.

**Q How many Americans have Lupus?**

**A** An estimated 1.5 million Americans have Lupus.

**Q How many people in the world have Lupus?**

**A** At least 5 million people worldwide have Lupus.

**Q At what age can you develop Lupus?**

**A** Lupus usually develops between ages 15 and 44 and it lasts a lifetime. There is NO cure.

**Q How costly can it be for Lupus patients?**

**A** The average annual direct and indirect costs incurred by a person with lupus can exceed \$21,000 annually.

**Q Can I look at someone with Lupus and tell whether they are sick or not?**

**A** No! Most people with Lupus don't look sick.

**Q If I know someone with Lupus, should I expect another person to have the same experience?**

**A** No two cases of Lupus are alike.

**Q Why should Lupus patients beware of the sun?**

**A** UV light, such as sunlight, has been shown to trigger Lupus disease activity in up to 70% of people living with Lupus.

**Q What are the leading causes of life-threatening illness in Lupus?**

**A** Two leading causes of serious illness and death from Lupus are kidney disease and heart disease.

**So how did you do? How many Lupus facts didn't you know? Hope you learned something new about Lupus. Now pass it on!**

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Sources: [www.lupus.org](http://www.lupus.org), [www.lupusresearch.org](http://www.lupusresearch.org)



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