



KALI KENNISON

HEALTH & WELLNESS COACH

PLEXUS & YOUR THYROID

As a health coach, I see so many of my female clients struggle with thyroid problems. Take a look at the many positive testimonies from women that have changed their diet and added the Plexus Slim (Pink Drink) and other Plexus products to their daily routine.

Gwen : "Before and after five weeks of Plexus. Down ten pounds and over 21" lost! My blood pressure and heart rate are improved, I'm off my thyroid medicine and I have more energy than I've had since my twenties! So thankful for my Pink Drink! Using two Plexus Slim daily, ProBio5 and Bio Cleanse. I have Hashimoto's and was told I would NEVER be able to come off the thyroid supplement I was taking. Due to some heart issues, I had to stop taking any stimulants, so I quit my Armour thyroid a few months ago. This left me tired and sluggish, as I have struggled with being since diagnosed. But Plexus has changed that! I had bloodwork done a few weeks ago and my thyroid levels were normal!!! I'm convinced the trace minerals of Plexus

have balanced my thyroid and I'm so thankful!!!”

Kate : *“I have hypothyroid, Hashimoto's actually. Since being on plexus slim (under two months) I have decreased my Synthroid by half.”*

Missie : *“I got more pre-op tests back today and I am totally shocked! I have what they call Hashimoto's Thyroiditis which basically means my body does not function like everyone else's. I have been on 120mg of Armour Thyroid for years! My levels have never been stable or even in a good range in which I feel good and have no symptoms. I have tried MANY things over these past 15 years and nothing has worked or helped me "feel good". I was skeptical of Plexus a few months ago until Dana Agnolucci Hand provided me with the proof that this can help. I started my Journey on April 8, 2014 and since then:*

- My blood pressure is lower*
- Kicked a major soda/coffee caffeine addiction*
- Decreased Inflammation*
- Have lost both pounds and inches*
- Increased energy*
- Better focus and stable mood*
- AND NOW my thyroid levels are lower than they ever have been. In fact it looks like I may be able to decrease my dosage!”*

Michelle : *“I have hypothyroid and Hashimoto's and my doctor is the one that asked if I had heard of Plexus.”*

Zola : *“I have low thyroid and am on a synthetic version of*

it. Before Plexus I was losing a lot of hair and feeling constantly tired. After being on Plexus for a couple months I am energetic and my hair is no longer falling out so much!"

Marianne : *"My endocrinologist today in Newport Beach, CA was in disbelief about my results. (3-4 month wait to see him cause he is amazing) He said that as a doctor he cannot personally sell or recommend specific supplements but he believes the majority of his patients have nutritional deficiencies they have not addressed. He also said that there is nothing harmful in the slim and probio5 for me. He took my card and spent 20 minutes talking to be about what symptoms I had that have changed for the better. I had breast cancer in Nov 2014, I was prediabetic, hashimotos thyroiditis, high cardiac inflammation, my allergies were a mess and I weighed 222lbs at 5'9". I saw him in February 11, 2014 and my cardio inflammation levels improved, my HDL is better, My A1C is now in the normal range, my Thyroid nodules are gone, I weigh 199. Sometimes a doctors opinion is based on providing a quick fix. (Rx meds) and sometimes you find one that cares about educating you to get to the root of the cause."*

Shay : *"I was diagnosed with Hashimoto's at 25, and I have struggled since. In the past 3 weeks I've run a half marathon and 2 5k's- the Plexus has been fantastic for energy but I'm not seeing the weight loss at all. I haven't wanted sodas or coffee though. After the first two weeks, I went in for blood work and I was taken off of one of my Synthroid pills. I was taking 2 different Synthroids plus an Armour...so I do think it is helping!"*

Most of these women are using the Pink Drink, ProBio5 and BioCleanse. Read more about these amazing products.

Pink Drink : Plant based Plexus Slim helps keeps blood sugar, cholesterol and lipids at healthy levels .It stabilizes the body's systems so that nutrients are better absorbed. It is super easy to take, just pour the powder into 12-16 oz of water, shake and drink in the morning (it tastes like Kool-Aid). Sweetened with stevia and made pink by beet root extract. The main ingredient is chromium, which in addition to balance blood sugar, helps build muscle, promotes the burning of unneeded body fat, and helps normalize our cholesterol levels.

ProBio5 : ProBio5 features five extra strength probiotics, added enzymes, intestinal flora, B6 and Grape Seed extract—all in one effective delivery system—that supports the breaking down of hostile organisms that negatively impact your health (think bloating, brain fog, fatigue and anxiety). When you take the ProBio5 it is going to kill off any candida yeast and fungus in the gut (we all have it). This product has special enzymes that actually eat away at the outside coating of the yeast and fungus, allowing the B6 and grape seed extract to get in there and kill the yeast.

BioCleanse : BioCleanse acts as a “garbage collector” and will get rid of the waste and toxins built up in our body and that makes a huge difference in how we feel ! The more “sludge” we have in our guts, the more tired and worn down we feel. BioCleanse gets rid of the “sludge” in a very gentle

and effective way. Plexus Bio-Cleanse oxygenates and energizes your body while detoxifying and cleansing wastes, pathogens and plaque in the gastrointestinal tract, colon, arteries, and blood. It's super gentle and loaded with magnesium, a mineral that most American's are deficient in.

XFactor : Turbocharged multivitamin and antioxidant supplement with a never – before - seen formulation of a patented aloe blend, New Zealand Blackcurrant, and vitamins and minerals — all of which results in vastly improved absorption and assimilation for optimal nutrition and wellness protection. This is where I get my Vitamin D3, which is critical for the absorption of calcium and other important minerals.

Accelerator : When taken with Slim, Accelerator boosts metabolism, increases energy and keeps you from craving processed food and over-indulging. Just take 1-2 capsules in the morning with breakfast. This is a great supplement if you are interested in weight loss.

How To Order :

Click on my link below.

<http://www.kalikennison.myplexusproducts.com>

1. Click on the link at the top right that says "Shop Plexus"
2. Choose "Preferred Customer" and click "Select"
3. From the left hand menu, select your first product and then update quantity to "1" and click Add Item. This has been added to your cart.
4. Continue adding items from the left hand menu.

5. When you are done, click “View Cart”
6. Click “Check Out”
7. Follow the instructions to become a new customer