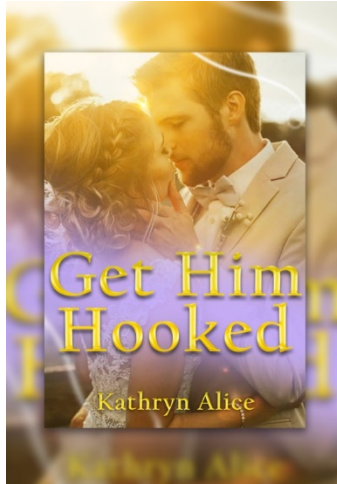


Get Him Hooked Part 2

with Kathryn Alice



*Part 2 of this class deals with Step 3
With some bonus tips at the end
And suggestion on how to go further
END: 3 words that make them have to have you*

Step 3: Know how to seal the deal

- It's easy to mess it up
- Don't know better
- A critical point
- What will make them fall out of love
- You can kill the future you both want
- Force them to pull away & think of someone else
- You will instead never fear being thrown away, taken for granted or forgotten
- BE hard to get
- Don't be overly available
- Hold off on getting intimate
- Do ask follow up questions
- Change up your dated
- Use a warm voice and disclose something of yourself

Example

- He thought they were forever until she said this
- And they broke up

- She had to learn what she had done
- And course correct
- Met someone better
- Almost did the same thing
- But we caught it
- Married

This is critical

- For the people who did not manifest easily
- The HOLDOUTS
- They had to learn this
- I invented something to help that I first used with clients
- Success rate on holdouts – almost 100%
- We did trouble-shooting
- And boy did it work!

How to Have the Fastest Manifestation

Even for holdouts, it has happened quickly
This process cannot be denied

People started asking about the program

It reached legend status

We finally released it

And this process has since helped thousands find love

It's a “done for you” solution

Follow the steps and it's easy

We diagnose Change

And love happens FAST

3 words that have make him have to have you

- What are they?
- . . . I gotta run
- Research based
- SHOULD be hard to get
- Can outline how to do without playing games
- Have to do it well



I bless you for finally finding love!

Love & support,
Kathryn

Transcript

Hey, there. It's Kathryn Alice. Welcome to Part Two of the Get Him Hooked course. I am so glad that you're here. What we're going to do, we're going to do a little quick recap of Part One, reason being the more you hear something, the more you embody it, and you can get so good at this that you will never have to worry again if someone likes you, if you get him, and you will never lose him ever. It's worth repeating.

Let's dive in. I'm glad that you're here. Welcome back. I hope that you absorb Part One well. We're going to recap for me to help make sure you've got it. Part Two of this class deals with Step Three. Step Three is a huge step because it ensures that you never lose him again, that you're going to make it good for your whole life, you're going to keep him hugged, and get to where you want to go, whether it's commitment, engagement, marriage, the whole kit and caboodle with family. Whatever it is, I'll show you how to get there. There are going to be some bonus tips at the end. Listen up. Also, some suggestions on how to go further. I have a lot of work out there. It's extensive. I'll tell you what is the best way to keep going. At the end, don't miss the end, because at the tail end of this class, I'm going to tell you three words that will make them have to have you. It works every time. This is backed up by research. You don't want to miss that. Stay tuned.

In case you missed who I am, I will tell you again. I am internationally known best-selling author, Kathryn Alice. I have helped thousands of lost causes, hold-outs, people who never thought they would be happy, find love at long last. My work came out of directing crisis support. I've been where you are. I've been happily married for almost two decades. If I were looking for somebody to help me in any area, I would look for somebody who has what I want. I've been married for almost 20 years in a super happy soulmate marriage. I look for somebody with an extraordinary success rate, which I also have. I freely show wedding pictures. I don't see any other love expert out there doing it. They can talk a good game, but where is the proof? The proof is in the pudding. I'm very well known. I'm in a lot of media. I have a lot of wedding pictures, which I'm going to show you. This is me and John, if you're looking at the slides in our wedding day. I did some of the steps I will tell you. The process that I went through is exactly what I teach. It works every time. I've been through everything to find my own happiness. I would love to save you all of that trouble and heartbreak. Whatever you've been through before, you don't have to go through any more.

Here's some of my wall of weddings again. Some of the people you can see every age, every physical condition, from older, to 20-something, from people who were

skinny, to people who were heavy, people who were differently abled. All of these weddings came out of my work. There's a lot more. Some I officiated. I don't do that much anymore, because it's gotten to be like there's just so many weddings, I'd be doing that all the time and never staying home with my own family. John and I, by the way, have four kids and travel a lot. We're based in Malibu, California, just so you know. We get around and I do teach in over 50 cities now. I've taught in seven continents. Here's my wall of weddings. If you let me up and subscribe to my YouTube channel, you will see that's what the background I use for my videos.

Let's recap the steps we've gone through in Part Number One of this Get Him Hooked class. The first one, step one, is start thinking about yourself differently. Remember that step. I hope that you wrote some stuff down. I'd love you to make a list of why you were lovable, and catch yourself when you're talking negatively to yourself, when you're calling yourself a bad name, or being harsh with yourself, and reframe it. Right in that moment, correct yourself and say you're fine. You're doing very well. Pat yourself on the back. You can do that right now when you turn around. Be kinder to yourself. Lighten up your schedule. Do more self-care. Don't be so hard on yourself. Then, change your script. That's part of thinking about yourself differently. The script you have about yourself will determine how people treat you, and love and even other areas. You want to hand out a script that says, "I'm irresistible." By the way, everything I'm teaching you follows my Irresistible Formula, which you can go deeper into with some of my work if you want to. I'm giving you some of the underpinnings right now to the Irresistible Formula. Changing your script is very central. The people that I work with privately and in-coaching groups get an actual class called that. It works like a charm. It's five steps I do on myself. This is how you teach people how to think of you. It takes about a few seconds to read somebody's energy. Some people read your energy and say, "It's a sucker. I'm going to take advantage of," or, "She'll be good to have as my B or C team." Do you want that? No. Again, you want him hooked on you, can't think of anybody else, completely devoted to you and only you. This formula does just that, the Get Him Hooked formula. As you do these things, the magnet is turned on, and so is he.

Remember Step Number Two now. That was to interact differently. You want to test drive your new script. You want to know how to bond. Some of the basics that I went over are that you talk, they talk, you talk. If you're a big conversationalist, you have to leave room for them to disclose and then to talk. If you're really quiet, you just have to ask good questions, ask follow-up questions and disclose something about yourself. It's on you, if you let them completely hug the conversation. Unfortunately, it's not nearly as bonding. All of this can be learned. I've taught even the worst introvert, the shyest person, how to do exactly this for amazing results. My

approach is cognitive behavioral therapy. That is the best and most effective therapy there is. What it is, it's baby steps. Nothing's too overwhelming. You don't ever get too uncomfortable because we're pacing you. But, before you know it, you're a very different person than you were, and you're getting very different and amazing results. You want to keep this going. They will chase you when you interact differently. You want to keep it going.

Now, we're going to get to Step Three. I'm going to tell you Step Three right now. Keep listening, because at the end, I am going to give you those three words that will make him have to have you. You want to stick around to the end. Now, let's get into step three, which is really critical. You need to know how to seal the deal. That's why many times people will have what seems to be a great dating relationship and all of a sudden the person will lose interest, it'll fizzle, somebody will ghost them, and some people rarely get past a first date. Once you have got them hooked to some degree, you've created an emotional bond in just two hours that would have taken months to do, your next step has to be how to conduct a relationship from there on, out to commitment, or to whatever ending you want.

You may decide you don't want them; but it's so much more fun to have the person that you liked be wild about you, and then you make that call and you break up. It's a lot easier. At this stage, it is critical and it is easy to mess it up. That's why if you've ever had that experience, it happened, you just didn't know what to do. You didn't know any better. It's certainly not your fault, but it is a critical point. The things that will make them fall out of love are very important to know. You can kill the future that you both want. You can force them to pull away and think of someone else. Once you learn how to seal the deal, you will, instead, never fear being thrown away, taken for granted, or forgotten.

The way we seal the deal is tricky. I want to give you some of the underpinnings. It's extensive. I have a whole hour 15 minute class just on this that I do give to people in my coaching programs, or sometimes, very rarely, it might be given as a bonus when we have a sale on a course. I'm going to give you some of the underpinnings. Really, really listen up. One thing you want to do is you don't want to be widely available. You don't want to sleep with anybody on the first date. I'll just tell you that right now. You're not positioning yourself as someone who's valuable. You position yourself for the B or C team, a booty call. I never want you to be a booty call. You are much more precious than that. You want to be a little unavailable. Not because you're playing games you should be unavailable. You should have a life beyond this relationship. I never like for you to put all your eggs in one basket. You need to be dating other people. You need to be busy with your life and not overly available until you check them out and they have earned it. You would no more go

to Vegas on a second date and marry somebody than the man in the moon. You have to check them out. I want you to be picky, and you should. You will get somebody who is beyond what you've ever dreamed of. If you can be picky, you need to have high standards, and check them out. You want to draw it out. What you do in that process, if somebody is there for a booty call, chances are they're going to get taken in by you and suddenly see you as wife material, as commitment material, and the ball game has changed. If it really is never going to go that way, you saved yourself a lot of heartache by not being too fast. If they're in it for the booty call and you're not giving it, it forces them to spend time with you and fall in love at a much deeper level. That's why this step is so critical. You have to walk carefully. I would never deem them your soulmate or give them the honor of being your soulmate too early, either, for that matter. You want to continue Step Two at a deeper and deeper level. That is bonding. The best ways to do this, and these are some bonus tips. I'm going to give you more bonus tips as we go along today for this class. A big thing that will bond you more quickly is changing up what you do for each date. I would never be available the day off for a date. I would make them plan ahead to be able to see you. Many people have told me they're scared that if they do that the person will go away. What they don't realize, it actually has the opposite effect. The thing that repels men the most is desperation. If you're thinking I really have to cling on to them, even if you exude a subtle desperation, they can sense it and it will make them pull away. They don't even know why they do, but that's just the dynamic. The more that you know out of that Step One that you are a catch, that you are special, and you deserve to be picky, the more he will sense it as well, and the more faith you're in and the more magnetic. While desperation repels, the opposite of it is for you to be in state that you are good enough, that you have a soulmate who cannot see past you, that you're worthwhile. When you have that different script that we were talking about, you have a different energy and he can sense that you are a catch and you're worthwhile, and he would be lucky to have you. You want to do that. Acting it sounds like it could be counterintuitive by pulling away, by making sure that you're not always available, making sure he has to make dates ahead of time, it puts you in a different league in his eyes. You will feel better about yourself too. You didn't give out yourself away too cheaply. A lot of people don't know this. Things are different these days. Dating, because of online apps and because of casualness of things, they can look very loosey-goosey and way too casual. As you do this process, you will get a different result and you have the luxury of planning dates in advance, and being wined and dined, and being treated like the queen that you should be. We have to do that. I want to give you a case study, an example, because that always helps to hear the story of how that worked.

This is a person who I worked with and who's now married. She lost him for a minute. He said it. You may have heard that. Have you heard that before? When you're dating someone and he said it's forever and he's planning your future, and you're talking about how many kids you should have, and then he goes away? She did that. They were pretty far along. He said that they were forever, until she said one thing. Then, they broke up. She had to learn what she did and course-correct. What did she say? She agreed with him when he said, "I could totally see a future with you. How many kids do you want?" She should not have gone down that path. Because, even when he's trying to talk about it, it is said that every guy has a little backdoor open to try to escape. You want to be aware of that and you don't want to go down that road too easily. It's something, if you've had a lot of failure, that might bear some private coaching. Even when I've helped people like that, I'm telling you, it's hard to break that habit. It cracks me up when I think of people who went in one ear and out the other, and they didn't get a different result. In this case, this woman had her boyfriend broken up with her. She was so upset, so distraught, and thought it was over. They broke up. She didn't know what she had done. This is a case where she needed to coach. She had no clue. I had to go back through the relationship with her and figure out what happened. That's what happened. She started too early planning their future. He got scared and he bailed. She had to course-correct. It turned out to be she [unintelligible 00:14:54] on him. He actually wanted her back. By the time he wanted her back, she met somebody better. He was more handsome. He was taller because she's tall. She couldn't wear heels with the boyfriend who she finally ended up turning down. But, with this guy, she could wear heels, which she did on their wedding day. This time, she did it right. She didn't fall into the trap that comes very early. He became her boyfriend. Then, she was scared. He'd still evaporate, but I was holding her hand through this. She did what we're talking about. She interacted differently. She kept it light. She was never super available to him until he earned it. She almost did the same thing, but we talked about it and I taught her how to back out of it and how to retrieve it and not do it again. A lot of us, we have deep behavioral patterns. We don't even know we're doing it, or we do it without knowing it. It takes some unwinding to undo all that. We caught it. She corrected it. The happy result is she is now married to this guy. He's way better than the guy she came to be heartbroken over. Amazing. I remember, when she said she met him. It was about a month after the break-up. She was still in talks with her ex, and he was making the moves to come back because she was doing everything right. She went to this party and she met this guy. She saw him. She didn't think he talked to her. We have been working on the interacting differently and how to conduct it. She did all that with this guy who she never would even talk to before, she would have been so intimidated. It really worked. Her friends are in awe. A lot of them ended up coming to me as their coach as well. It really, really worked.

Now, this is critical for you to learn this. For people who did not manifest easily, the holdouts, you have to learn this. I invented the Irresistible Formula just for people who have had this as an issue, the holdouts. They had to learn what I am telling you. Many people did have to go deeper. The success rate that I have had on holdouts, those who have blown it with people, those who've had somebody in mind and it never really coalesced into something real, is almost 100%. Every single picture that you've seen of couples in these two classes that you've taken, or all people who got married with my work. You can see that's everybody. Anybody you can think of, every age, every weight, every ethnicity, every physical shape, everything. It works. What works the best is troubleshooting, doing these steps, and maybe going deeper if you need to.

I'll tell you in just a moment the best ways for you to continue with me, if you want my help. Right now, what I want to do is tell you how to have the very fastest manifestation. Even for holdouts, it's happened quickly, and the process can't be denied. I did a program once, a long time ago when I was seeing 10 clients a day. Now, I only see 5 coaching clients at one time. I'm almost always full with a waiting list. At that time, the early days, 10 clients a day. Most people manifested very easily. They didn't need more. I did a program and it was for people who were, what I call, the holdouts. They were not manifesting easily. They also wanted love. It was called the Soulmate Bootcamp. I didn't call it then. I didn't know what it was. I just invented it. I tried it on all these people I was seeing, who were not manifesting a life, while seeing them at the same time. It was 30 days. It worked. It was crazy how many people found love before it was even over. I didn't expect anybody to find love until, at least, after that they finished the whole 30 days, but they did it. I found myself inventing a follow-up program for them to do to keep going and to start early, even if they manifested before the 30 days once they met somebody what to do with them.

People started hearing about it. It did reach legendary status, because I only made it available to the clients I was working with. It was working so well it started getting a buzz. Eventually, we did release that as a product. It's called the Soulmate Bootcamp. Since then, we've sold thousands and thousands of copies of it. It comes with a lot of components. I laid in some audio for people who would never coach with me, maybe couldn't afford it because I am pretty darn high-priced. I'm rarefied and I can't coach everybody. There are other ways to get my help. One of the best ways is the Soulmate Bootcamp. It gets in there. It finds your block for you. A couple of the bonuses that you would get with that are things I've mentioned, including the process of meeting people and really bonding. It's called ABC connecting. That's one of the bonuses. I will put links in here for you to look into it more. It's a done-for-you solution. Anything that you will do with me, any course, especially any live course, which I rarely teach anymore, maybe one or two a year at the time of this

recording. I also still do coach. I do a couple of coaching groups a year. Then, I only take five clients at a time life. That's almost always full. It is not cheap. It's very expensive. Any of that, we do diagnose what's wrong, what's going on for you, we change it. Love happens fast. I really hope that the three steps I've given you here will help. Keep staying tuned, because at the end, just in a couple of minutes now, I'm going to tell you the three words that you can say that will make him have to have you. This is research backed. It's pretty cool. It's not what you think. Before we end, I do want to tell you the best ways to go further with me. First off, now that you signed up for this mini-course, you will get a newsletter from me once or twice a week, usually, with Q&A, case studies, love advice. I would say start opening them, start reading them, because they're packed with information. I have a huge body of knowledge of what works. It's not one size fits all, either. We're all different. I would never tell you have to behave just this way to find love. No. It depends on if you're an introvert, an extrovert, if you're socially fluid, or if meeting people exhaust you, and you're socially reticent and shy or awkward. Being socially fluid can be learned. I help people who seem like extroverts who used to be painfully shy and couldn't say a word.

Here are some great ways to get me. My best-selling book is "Love Will Find You." I am recording an audio of it at the time of this recording. You can look for that soon. It's a best-selling book. It's a light approach to my work with exercises. Many people just read it and find love. There's also the introduction that's available now, an e-book on Amazon, called "Finding Forever Love," or CD if you'd prefer audio. It's a light version introduction to my work, a little deeper than these classes are going to be going, just because of time constraints. I also have a CD or book, "Manifesting Love," that goes even deeper. They include a soul call. There's a five-minute version on the CD, as well as a 15-minute. You also can get it far too cheaply on Audible. It's really cheap. I fringe cheap to get that CD on Audible and a download. It includes a five-minute and 15-minute soul-call. A soul-call is a guided meditation to make sure that you're lined up in every way for love. Sometimes, people have an internal war that they don't even know they're having. It would prevent you from having love. You can't do that because of the cognitive dissonance involved. That's a great, great way to dive into my work. There's also "Dating for the One." "Dating for the One" book, actually talks a little more about dating and the interacting. Then, if you are heartbroken, a good introduction to my release process is the very inexpensive "Releasing a Person" CD on Amazon, or on my website. That's available as download, as a CD that you get in the mail, or also a book. I do suggest, especially for manifesting love and releasing a person, get the CD or get the audible download, because hearing the recordings and doing the guided meditations is one of the secrets to my work.

That would be a great way for you to dive in further. I am so honored and so happy to be in touch with you right now. What I would like to clean with you before I give you this ending that I know you've been waiting for is that you're next. I would love for you to be next on my wall of weddings. I'm going to hold that for you. I can see it now. I would love that. Don't forget to send me your wedding picture, so I can put it on my wall of weddings. I want you to imagine yourself doing that right now. Sending it to me and me getting it. Usually, the email's entitled, "He really did come," or the guy's name or something. I would love that to be the case for you.

Now, we're about to end. As I promised, I would like to tell you this very, very important thing. That is the three words that make him have to have you. What are they? Well, it's going to surprise you. Then, get ready. This is research-based. The three words are: "I gotta run." That's it. I have a whole class on this. Even though I say it, people don't really get it, or they don't take it seriously. I want to remind you that a lot of research has shown. This works with business colleagues, networking, when you get on a phone call. If you preface the phone call or the meeting with "I don't have a lot of time," or "I can only stay for a little bit," you don't have to be specific of how long, or "I gotta run," the reason it works is because you take them off the hook. They know they're going to be stuck with you, which is always a worry. Have you ever been stuck with somebody who is way too verbose? They talk too much, and you feel like you're stuck and you can't get out easily. Maybe, you're bad at boundaries. Well, this precludes that. It also taps into the part of them that wants more of you. You should be hard to get. You shouldn't play hard to get, you should be hard to get. You should be busy with a lot of things going on, or if you're an introvert, you simply cannot be out too much. You need your alone time with your pet or at home, or whatever it is. These three words are amazing. One of the things that I do teach people is how to be hard to get; not because they're playing games, because they need somebody to prove themselves, even somebody they're interested in. They know that they need to be picky. They know they have to have criteria. They know that they're not going to give themselves away to anybody. They're not desperate. They're happy alone, which is very magnetic too. They're not desperate. Even when you worry that you're so happy alone that no love will come because you don't need it, that's when you're most magnetic; believe it or not. Try to remember to use that. It's so important to just preface any interaction you do with "I gotta run," or "I only have a few minutes." If you could start it off that way, you take them off the hook. The funny thing is an hour later, they still are fine to talk to you because you're going to be good at bonding, you're going to be saying the right things, you're going to be a fascinating conversationalist with your new script. What's your new script? I am irresistible. I'm fascinating. You want to talk to me. You can't get enough of me. Write down your new script. When you have these three words with that

script, you really are irresistible. Your love life is going to get better than you ever imagined possible. I assure you of that.

Well, I am so honored to be with you. Remember that there are two classes in this little mini course. This is the second part. There's also written notes for you to go over. I want you to do all of it. Studies show that you absorb things better when you use multiple modalities. There's slides on this video, so you can see things. You're using your eyes. You're hearing my voice. There's audio. There's some homework to get you engaged more. Then, there's the notes for you to read and go over. When you do all of that, you and I are off to a great start. I'm so happy to be with you, to be connected with you right now. I bless you for finally finding the love that you so deserve. You will get him hooked and so much more. I want you to know that I'm with you. I'm sending you all of my love, blessings, and support as you open to love. I want you to go further in my work. Oftentimes, a little mini course like this is not enough. Be willing to go forward. All of my work tends to be fun, easy, light. I am here to support you energetically, even before we connect, if we do connect in person or over the phone that I also would like. Keep looking for my emails. Everyone, we'll have a little goodie for you. They're not long. They're easy. I'll continue to give you advice, answer questions, case studies. You can always reach us at info@kathrynalice.com with your own questions. I might have it in a future Q&A on my YouTube channel, which I would subscribe to. Or, in my newsletter that comes in your email. I cannot wait to connect with you. I cannot wait to hear your happy love story as well. Bye for now. I'm sending you so much love.