



NATIONAL OCTOBER 7-13, 2012 4-H WEEK

4-H Members & Clubs: Ideas to promote 4-H during National 4-H Week

- ⇒ 4-H Spirit Day - October 10 - Wear a 4-H T-Shirt to school or Green to work
- ⇒ Give a 4-H Clover Sticker/Tattoo/Pencil to a Friend
- ⇒ Decorate Business Windows or Main Street in your Community
- ⇒ Make Clover Cookies and bring to a Day Care or Nursing Home
- ⇒ 4-H Hayride & invite the Community
- ⇒ Hang a Flyer in your School promoting next 4-H Meeting
- ⇒ Have a 4-H Family Chili Cook Off
- ⇒ Bring Clover Cookies to your Class in School
- ⇒ Contact a local Radio Station or Newspaper with a 4-H Club picture
- ⇒ Invite a 4-H Teen or 4-H Alumni to talk about the positive influence 4-H was in their life
- ⇒ Hand out Green Apples and attach a "4-H - Good 4U" Note
- ⇒ Have a Cutest Clover Contest in your Club!

4-H
GROWING TOGETHER

IOWA STATE UNIVERSITY
University Extension

710 N 2nd Ave E, Suite 103, Rock Rapids, Iowa | 712-472-2576 | Office Hours: 8:00 AM - 4:30 PM
LEARN MORE AT WWW.EXTENSION.IASTATE.EDU/4H/LYON

Iowa State University Extension programs are available to all without regard to race, color, national origin, religion, sex, age, or disability.