

Too Good to Leave, Too Bad to Stay: A Step by Step Guide to Help You Decide Whether to Stay in Or Get Out of Your Relationship, 1997, 304 pages, Mira Kirshenbaum, 0718141776, 9780718141776, Penguin Adult, 1997

'Your relationship is either too good to leave or too bad to stay in. But it can't be both.' If you've picked up this book the chances are you're trying to make a decision about where your particular relationship is going at the moment. Help is at hand. Drawing on her years of experience as a counsellor, psychotherapist Mira Kirshenbaum presents you with a series of straightforward questions that will help you discover what is precious and lasting in your relationship and what is hurtful and destructive. All you need to do is answer the questions truthfully and allow yourself to be guided by the answers. Waste no more time in ambivalence - make a well-informed, carefully considered choice with the help of this invaluable book. 'A very helpful book . . . You can't rush it but the pay-off is a definite - and, for some, very cheering - answer' - Deidre Sanders, agony aunt for the Sun 'Too Good to Leave, Too Bad to Stay is in a separate class. It works . . . So read this book and don't get separated or divorced till you've finished it' - Philip Hodson, psychotherapist and broadcaster 'A great one-foot-in-front-of-the-other guide to getting back on track' - Deborah McKinlay, Contributing Editor, Cosmopolitan

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When Good People Have Affairs Inside the Hearts & Minds of People in Two Relationships, Mira Kirshenbaum, May 27, 2008, Family & Relationships, 272 pages. A world-renowned therapist, Mira Kirshenbaum has treated thousands of men and women caught in the powerful drama over what to do when an affair reaches into their emotional.

Women & Love Finding True Love While Staying True to Yourself: The Eight Make-Or-Break Experiences in Women's Lives, Mira Kirshenbaum, Jun 1, 2000, Family & Relationships, 288 pages. The author of "Too Good to Leave, Too Bad to Stay" reveals eight key experiences in a woman's life that can lead to lasting love, illustrating her points with real stories from.

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Moving forward a devotional guide for finding hope and peace in the midst of divorce, Jim Smoke, Apr 1, 2000, Family & Relationships, 245 pages. Jim Smoke, a pioneer in the divorce recovery field for more than twenty years, draws from his years of counseling experience to offer devotions that explore, in a positive and.

Connect to Love The Keys to Transforming Your Relationship, M. Gary Neuman, Dec 3, 2010, Family & Relationships, 288 pages. In their own voices, women show how to strengthen your relationship-with surprising revelations from New York Times bestselling author Gary Neuman This breakthrough book, based.

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Love and War Finding the Marriage You've Dreamed Of, John Eldredge, Stasi Eldredge, Dec 15, 2009, Religion, 240 pages. Offering insights from their own marriage, the Eldredges explore flaws that can drain relationships--fear, self-centeredness, doubt, emotional pain, and self-protection--to.

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Andrew M. Steane, Oct 4, 2012, Science, 440 pages. Relativity Made Relatively Easy presents an
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Communication Skills Toolkit Unlocking the Secrets of Tertiary Success, Jane Grellier, Veronica Goerke, 2010, Communication, 236 pages. The Communication Skills Toolkit is a valuable and practical resource guide to enable students to develop effective communication skills. The text is divided into five easy-to-read sections.

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