

**(ALMOST) 100 SUMMER
ACTIVITIES TO KEEP YOUR
KIDS BUSY & ACTIVE**

ACTIVITIES FOR CHILDREN AGE 1-4



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Buy age appropriate computer games – they can start at least by the age of 2

Set up easy to find bookmarks for kid-friendly sites

Stock up on workbooks and coloring books, along with crayons, markers, stencils, etc. and plenty of plain paper



ACTIVITIES FOR CHILDREN AGE 1-4

Create an activity 'station' where the kids can go to make a mess whenever they want

Create a baby-proofed room and barricade yourselves in - baby plays while you answer emails!

Rotate toys - kids get bored quickly, so once or twice a month, hide the old and bring in the new!

Get a baby sling or baby backpack - they can sit in their backpack and watch what mom or dad is doing



ACTIVITIES FOR CHILDREN AGE 4-7



ACTIVITIES FOR CHILDREN AGE 4-7

Keep the kids moving and active

Take trips to the Library - and do business research while you're there if you need to!

Download fun worksheets and sneak in some learning.

Make or buy a flower press and let the kids weed the garden for you.



ACTIVITIES FOR CHILDREN AGE 4-7

Get a sandbox - just make sure you also get a lid so that it doesn't turn into the neighborhood litter box!

Order cheap craft project kits from Oriental Trading (they have great stuff for older kids too)

Teach your kids how to make a fortune teller.



ACTIVITIES FOR CHILDREN AGE 4-7

Buy a cheap digital camera for your budding photographer

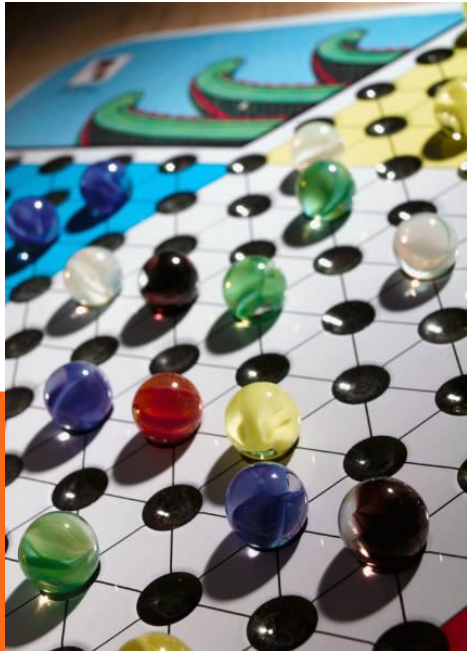
- Let them create their own **scrapbooks**
- Teach them to create their own **PowerPoint presentations**
- Download a free screen saver maker and let them create their own slideshows
- Throw the images into **Photoshop** or any image editing software and create ink jet t-shirt transfers



ACTIVITIES FOR CHILDREN AGE 4-7

Keep on hand at ALL TIMES:

- Bubbles
- Sidewalk chalk
- Water balloons
- Board games (*with* all the pieces!!)
- Working sprinkler or kiddie pool (preferably both)
- Art supplies



ACTIVITIES FOR CHILDREN AGE 4-7

Bookmark these activity web sites:

- [Printables4Kids](#)
- [StarFall Reading Games](#)
- [DLTK's Summer Activities](#)
- [Kaboose.com](#)
- [KidSites.com](#)
- [TheKidzPage.com](#)
- [Kidscom.com](#)
- [U.S. Fire Administration for Kids](#)
- [PlayKidsGames.com](#)
- [Discovery.com School Resources](#)
- [Internet4Classrooms](#)
- [CBC Kids](#)



ACTIVITIES FOR CHILDREN AGE 4-7

Bookmark these activity web sites:

- [Yahoo! Kids](#)
- [CartoonNetwork.com](#)
- [Disney.com](#)
- [PBSKids.org](#)
- [Nick.com](#)
- [NickJr.com](#)
- [Noggin.com](#)
- [Crayola.com](#)
- [FamilyFun Magazine online](#)
- [Scholastic.com](#)



CHECK OUT OUR SUMMER CAMPS!

Vancouver-Clark Parks and Recreation Day Camps Are:

Fun! Weekly field trips, swimming, crafts, games and more

Healthy! Daily physical activity, explore parks and play sports

Active! New trips, special guests, more daily activities

Safe! Creative, fun, conscientious staff



FULL-DAY, WEEKLONG DAY CAMPS

Ages 6-10 and 11-15! Have your child connect with nature and their day camp friends in a fun and creative way with Vancouver-Clark Parks and Recreation Youth and Teen Day Camps! During these action-packed, fun-filled camps your child will engage in recreational activities, sports, crafts, games, interactive presentations, outdoor nature adventures and group activities that will reinforce a healthy lifestyle, positive identity, leadership, acceptance, teambuilding, good decision making and strong values.

Visit vanclarkparks-rec.org for more information.

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MINI SPORTS CAMPS

Ages 3-4, 4-6, 6-8, and 8-10! Learn sports fundamentals while having fun. Be sure your child has eaten prior to camp and have them bring a water bottle. Dress them appropriately for the cooler weather if necessary. Tennis shoes are recommended. All camps are co-ed unless otherwise noted. All Sport camps may include flag football, soccer, basketball, kickball and baseball/T-ball.

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PRESCHOOL CAMPS

Ages 4-6. Little Campers is held Monday-Friday from 9am-Noon at the Firstenburg Community Center. Have fun with games, sports, climbing wall, music, crafts, library and activities that are centered on the theme for the week. Camp held in the Resource classroom with daily time in the gym/outdoors. 1:7 child staff ratio. Space is limited. Must be age 4 and toilet trained. Camp is geared toward pre-school through kindergarten students. After registering and paying the camp fee, please go online to www.vanclarkparks-rec.org to complete a Participant Information Form prior to attending camp. For questions, call 487-7025 or Jana.wilson@cityofvancouver.us

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DAY CAMPS FOR INDIVIDUALS WITH DISABILITIES

Ages vary: 5-28. Vancouver-Clark Parks and Recreation provides several opportunities for summer fun and socialization! Please review the following choices and call us if you have any questions. Participants must bring personal care items needed for camp and a change of clothes each day. Drop off is no earlier than 9 am and pick up is no later than 3 pm. Registration and Inclusion/ATR Intake form must be received 7 days prior to program to ensure adequate staffing. If participant is not on the roster the day they come you must bring a receipt showing they were registered or they will be sent home.

Visit vanclarkparks-rec.org for more information.