

Finger Painting Painting Lesson Plan



Colourful Finger Painting



You will need:

- : Super Tempera poster paint or finger paint
- : Plastic table top or cover a table with a plastic sheet.
- : Large sheets of paper – not too thin paper.
- : Soapy water in a bucket with a towel
- : Apron and a cover sheet or newspapers – plus paper towels – for clean-up.

There is nothing that is more fun for kids, than to have colourful squishy paint all over their hands. To be creating a colourful masterpiece is just an added bonus.

Let's get started:

Prepare the work area with a plastic sheet and put on the aprons. Have water and paper towels ready.

Get an idea of what you are going to paint before your start. This will help with your colours. Blue for sky or green for grass background etc.

Background: To paint your background use a single colour. Pour a small amount of paint into the fingers on one hand. Keeping the other hand clean. Rub the fingers together to move the paint around. Once you have a good covering rub the paint onto the paper to create a background. Spread the paint around the paper as thin as you can to allow for quick drying and some of the uneven white of the paper to show through.

Clean hands between colours.



Painting Details:

Trick is to use one finger for each colour on one hand only. Dip the tip of your fingers into the paint to get a small amount of paint without getting too drippy. It is important to keep one hand clean to keep everything under control.

Dabbing a slightly painted finger is ideal for leaves, grass, insects, flowers.

Scratching: You can scratch a colour while it is still wet to create a textured effect. Ideal for leaves, tree trunks, clouds, grass and fur.

Highlighting can be achieved by slightly over layering a colour with another.

Tips:

This is one of those lessons where less is more. Too much paint and too many colours just turns into a mess and the paper will fall apart.

- Try using a felt marker for highlights and details. -
- Have an extra sheet of paper for testing your designs and thickness of paint on your fingers. - Try black paper for impact.

Often the first try is experimental second try is the masterpiece.