

Popular Cat Food Calorie Content

Dry Food

(Calories per Cup)

Advanced Pet Diets Select Choice

Chicken & Salmon Meal Original Kitten/Adult	421
Chicken & Salmon Meal Lite	331

Alpo

Gourmet Dinner	379
Seafood Flavor	378

Authority

Kitten Chicken Meal & Rice	420
Chicken Meal & Rice	404
Lamb Meal & Rice	376
Whitefish Meal & Rice	410
Lite Chicken Meal & Rice	312
Senior Chicken Meal & Rice	344

AvoDerm Natural

Kitten – Chicken & Herring Meal Formula	459
Chicken & Herring Meal Formula	375
Indoor Formula w/ Hairball Care – Chicken & Herring Meal Formula	388

Bench & Field Holistic Natural

Feline Formula	378
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Blue Longevity

Kitten	397
Adult	379
Mature	337

Blue Spa Select

Kitten – Chicken & Brown Rice Recipe	587
Chicken & Brown Rice Recipe	542.5
Salmon & Brown Rice Recipe	513
Indoor Cat Formula – Chicken & Brown Rice Recipe	478
Indoor Sensitive Skin – Turkey & Brown Rice Recipe	475
Weight Control – Chicken & Brown Rice Recipe	458
Mature – Chicken & Brown Rice Recipe	487

Blue Organics

w/ LifeSource Bits	542
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Blue Wilderness

Natural Evolutionary Diet w/ LifeSource Bits	587
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California Natural

Chicken & Brown Rice	393
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Chicken Soup for the Pet-Lover's Soul

Kitten	373
Adult	367
Light	302

Dick Van Patten Nature's Formula

Ultra Premium	553
Reduced Calorie	385

Doctors Foster & Smith

Kitten	500
Chicken & Brown Rice	470
Lite – Chicken & Brown Rice	341
Advanced Hairball Control – Chicken & Brown Rice	481

Eukanuba

Kitten Chicken & Rice Formula	570
Chicken & Rice Formula	573
Salmon & Rice Formula	525
Lamb & Rice Formula	570
Hairball Relief Formula	473
Sensitive Stomach Formula	571
Indoor Cat Formula	299
Weight Control Formula	331
Mature Care Formula	484

Eagle Pack

Kitten	508
Adult	500
Indoor Multi-Cat	369
Hairball	356

Eagle Pack Holistic Select

Chicken Meal & Rice	501
Duck Meal & Oatmeal	490
Anchovy, Sardine & Salmon Meal	487

Fancy Feast Gourmet Gold

Ocean Fish & Salmon	506
Savory Chicken & Turkey	513
Filet Mignon Flavor w/ Real Seafood & Shrimp	526

Felidae

Cat & Kitten Formula	521
Chicken & Rice	522
Platinum (senior & overweight)	431

Flint River Ranch

Cat & Kitten	393
Cat & Kitten Hairball Management	435
Senior Lite	321

Friskies

Signature Blend – Chicken, Beef, Tuna, Turkey, Salmon, Cheese & Egg Flavors	381
Feline Favorites – Chicken, Seafood, Liver Flavors w/ Real Carnation Milk	425
Seafood Sensations – Ocean Fish, Albacore Tuna, Salmon, Yellowfin Tuna & Crab Flavors w/ a Touch of Seaweed	382
Indoor Delights – Chicken, Beef, Turkey & Cheese w/ a Touch of Garden Greens	355
Dental Diet	272
Special Diet	378

Healthwise

Kitten	234
Adult	229

Hill's Prescription Diet

c/d MultiCare	383
c/d MultiCare w/ Chicken	380
d/d Duck & Green Pea	466
d/d Rabbit & Green Pea	460
d/d Venison & Green Pea	470
g/d	297

i/d	483
k/d	477
l/d	505
m/d	480
p/d	542
r/d	263
r/d with Chicken	266
s/d	521
t/d	265
w/d	281
w/d with Chicken	278
z/d	396

Iams

Kitten	470
Original w/ Chicken	366
Original w/ Tuna	327
Original w/ Ocean Whitefish & Rice	362
Original w/ Lamb & Rice	362
Hairball Care	442
Premium Protection	398
Multi-Cat w/ Chicken	333
Multi-Cat w/ Chicken & Salmon	345
Digestive Care	391
Weight Control	349
Indoor Weight & Hairball Control	303
Active Maturity (7+ yrs)	382
Indoor Hairball Care (7+ yrs)	365
Premium Protection	398

Iams Veterinary Formulas

Intestinal – Low Residue	348
Weight Loss – Restricted-Calorie	268
Weight Control D – Optimum Weight Control	326
Urinary S – Low pH/S	386
Urinary O – Moderate pH/O	406
Renal – Multi-Stage Renal	514

Innova

Cat & Kitten	537
Reduced Fat	398
Senior	396
EVO Cat & Kitten	396

Meow Mix

Kitten	340
Original	360
Seafood Medley	345
Indoor	317
Hairball	381

Nature's Variety - Instinct Grain Free

Chicken Meal Formula	491
Rabbit Meal Formula	474

Nature's Variety - Prairie

Chicken Meal & Brown Rice Medley	450
Lamb Meal & Oatmeal Medley	438
Salmon Meal & Brown Rice Medley	455

9Lives

Growing Years	327
Beef, Liver & Turkey	306
Chicken & Salmon	310
Plus Care Tuna & Egg	292
Tender Cuts	326
Daily Essentials	296
Urinary Tract Health	336

Nutro MAX Cat

Kitten - Roasted Chicken	503
Adult - Roast Chicken	421
Adult - Salmon	421
Hairball Management - Lobster	364
Hairball Management - Roasted Chicken	371
Hairball Management - Salmon	370
Lite - Roasted Chicken	329

Senior – Roasted Chicken	359
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Nutro Natural Choice Complete Care

Kitten	463
Adult	452
Adult – Lamb	452
Adult – Oceanfish Flavor	452
Weight Management	308
Senior	329

Nutro Natural Choice Complete Care – Indoor

Kitten	454
Adult	384
Weight Management	359
Senior	364

Pet Promise

Daily Health Formula	476
Healthy Weight & Aging Formula	425

Pinnacle Feline Peak Protein

Allergen-Free Chicken & Ocean Fish Formula	562
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Precise Pet

Kitten	485
Foundation Formula	478
Natural Fish Flavor Formula	499
Light Formula	366
Senior Formula	442

Precise Plus

Adult Formula	511
Hairball Formula	462

Purina Kitten

Kitten Chow	457
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Purina Cat Chow

Complete Formula	412
Indoor Formula	379
Naturals	425
Vitality Formula 7+	397

Purina

Deli-Cat	376
Kit N° Kaboodle	383

Purina ONE

Healthy Kitten Formula	512
Chicken & Rice	452
Salmon & Tuna	430
Sensitive Systems	454
Senior Protection (7+ yrs)	438

Purina ONE – Natural Blends + Vitamins & Minerals

Chicken & Oat Meal Formula	416
Salmon & Brown Rice Formula	460

Purina ONE – Special Care Formula

Advanced Hairball Formula	404
Indoor Advantage Hairball & Weight	416
Healthy Weight	362
Urinary Tract Health	452
Sensitive Systems	454

Purina Pro Plan Kitten

Kitten – Chicken & Rice Formula	472
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Purina Pro Plan Adult

Total Care – Beef & Rice	489
Total Care – Turkey & Barley	489

Chicken & Rice Formula	471
Salmon & Rice Formula	505
Indoor Care – Turkey & Rice	433
Indoor Care – Salmon & Rice	450
Hairball Management – Chicken & Rice	546
Hairball Management – Salmon & Rice	530
Sensitive Skin & Stomach	544
Weight Management	413
Extra Care – Natural Ingredients	501
Urinary Tract Health	433

Purina Pro Plan Senior *7+ years*

Senior 7-11 yrs – Chicken & Rice	420
Senior 7-11 yrs – Indoor Care – Turkey & Rice	459
Senior 7-11 yrs – Hairball Management Chicken & Rice	511
Senior 11+ yrs – Chicken & Rice	510
Senior 11+ yrs – Indoor Care – Turkey & Rice	513

Purina Pro Plan – Cat Food Selects

Natural Chicken & Brown Rice	474
Natural Salmon & Brown Rice	477

Purina Tender Vittles

Beef	586
Chicken	603
Country	601
Gourmet	622
Seafood	593
Tuna	601

Purina Veterinary Diets

DH – Dental Health	270
DM – Dietetic Management	592
EN – GastroENteric	572
NF – Kidney Function	398
OM – Overweight Management	321
UR ST/OX – Urinary	324

Royal Canin

Baby Cat 34	533
Kitten 36	394
Maine Coon 31	364
Persian 30	445
Siamese 38	338
INDOOR Beauty 35	400
INDOOR Adult 27	325
INDOOR Intense Hairball 34	302
INDOOR Light 40	261
INDOOR Mature 27	283
Active Mature 28	465
Adult Fit 32	354
Special 33	477
Oral Sensitive 30	312
Hair & Skin 33	402
Selective 35/30	326

Royal Canin ~ Veterinary Diets

Calorie Control CC	222
Control Formula	365
Dental DD 27	326
Diabetic DS 44	239
Green Peas & Duck	246
Green Peas & Lamb	233
Green Peas & Rabbit	243
Green Peas & Venison	239
Growth DD 34	393
HiFactor Formula	254
Hypoallergenic HP 23	343
Mature WK 28	309
Modified Formula	432
Neutral Formula	357
Renal LP	395
Urinary SO	292
Weight Formula	260
Young Adult YWS 34	265
Young Male WS 38	289

Science Diet

Kitten Original	510
Original	493

Chicken & Rice	495
Lamb & Rice	496
Ocean Fish & Rice	488
Light	316
Indoor Cat	281
Senior 7+ Original	386
Hairball Control	339
Hairball Control Light	283
Hairball Control Senior 7+	326
Oral Care	337
Sensitive Skin	400
Sensitive Stomach	406
Advanced Protection	481
Advanced Protection Senior 7+	391
Nature's Best Fish Kitten	419
Nature's Best Chicken	420
Nature's Best Fish	420

Wellness

Kitten Health	553
Complete Health Deboned Chicken, Chicken Meal & Rice Recipe	550
Complete Health Salmon, Salmon Meal & Deboned Turkey Recipe	556
Healthy Weight	450
Indoor Health	465
CORE	536

Whiskas

Seafood	321
Meaty	321

Wysong

Anergen	343
GeriatrX	430
Nurture	452
Uretic	470
Vitality	433

