## How to Make Simple Solutions and Dilutions

## 1. Simple Dilution (Dilution Factor Method based on ratios)

A simple dilution is one in which a unit volume of a liquid material of interest is combined with an appropriate volume of a solvent liquid to achieve the desired concentration. The dilution factor is the total number of unit volumes in which your material will be dissolved. The diluted material must then be thoroughly mixed to achieve the true dilution. For example, a $1: 5$ dilution (verbalize as " 1 to 5 " dilution) entails combining 1 unit volume of solute (the material to be diluted) +4 unit volumes of the solvent medium (hence, $1+4=5=$ dilution factor).

Example 1: Frozen orange juice concentrate is usually diluted with 4 additional cans of cold water (the dilution solvent) giving a dilution factor of 5 , i.e., the orange concentrate represents one unit volume to which you have added 4 more cans (same unit volumes) of water. So the orange concentrate is now distributed through 5 unit volumes. This would be called a $1: 5$ dilution, and the OJ is now $1 / 5$ as concentrated as it was originally. So, in a simple dilution, add one less unit volume of solvent than the desired dilution factor value.

Example 2: Suppose you must prepare 400 ml of a disinfectant that requires 1:8 dilution from a concentrated stock solution with water. Divide the volume needed by the dilution factor ( $400 \mathrm{ml} / 8=50 \mathrm{ml}$ ) to determine the unit volume. The dilution is then done as 50 ml concentrated disinfectant +350 ml water.

## 2. Serial Dilution

A serial dilution is simply a series of simple dilutions which amplifies the dilution factor quickly beginning with a small initial quantity of material (i.e., bacterial culture, a chemical, orange juice, etc.). The source of dilution material for each step comes from the diluted material of the previous. In a serial dilution the total dilution factor at any point is the product of the individual dilution factors in each step up to it.

Final dilution factor $(D F)=D F_{1} \times D F 2 \times D F 3$ etc.

Example: In a typical microbiology exercise the students perform a three step 1:100 serial dilution of a bacterial culture (see figure below) in the process of quantifying the number of viable bacteria in a culture (see figure below). Each step in this example uses a 1 ml total volume. The initial step combines 1 unit volume of bacterial culture (10 ul) with 99 unit volumes of broth $(990 \mathrm{ul})=1: 100$ dilution. In the second step, one unit volume of the 1:100 dilution is combined with 99 unit volumes of broth now yielding a total dilution of $1: 100 \times 100=1: 10,000$ dilution. Repeated again (the third step) the
total dilution would be $1: 100 \times 10,000=1: 1,000,000$ total dilution. The concentration of bacteria is now one million times less than in the original sample.


## 3. Making fixed volumes of specific concentrations from liquid reagents ( $\mathrm{V}_{1} \mathrm{C}_{1}=\mathrm{V}_{2} \mathrm{C}_{2}$ Method)

Very often you will need to make a specific volume of known concentration from stock solutions, or perhaps due to limited availability of liquid materials (some chemicals are very expensive and are only sold and used in small quantities, e.g., micrograms), or to limit the amount of chemical waste. The formula below is a quick approach to calculating such dilutions where:
$\mathbf{V}=$ volume, $\mathbf{C}=$ concentration; in whatever units you are working.
(stock solution attributes) $\mathbf{V}_{1} \mathbf{C}_{1}=\mathbf{V}_{2} \mathbf{C}_{2}$ (new solution attributes)
Example: Suppose you have 3 ml of a stock solution of $100 \mathrm{mg} / \mathrm{ml}$ ampicillin ( $=\mathbf{C}_{1}$ ) and you want to make $200 \mu \mathrm{l}\left(=\mathbf{V}_{2}\right)$ of solution having $25 \mathrm{mg} / \mathrm{ml}\left(=\mathbf{C}_{2}\right)$. You need to know what volume ( $\mathrm{V}_{1}$ ) of the stock to use as part of the $200 \mu \mathrm{l}$ total volume needed.
$\mathbf{V}_{1}=$ the volume of stock you will start with. This is your unknown.
$\mathbf{C}_{1}=100 \mathrm{mg} / \mathrm{ml}$ in the stock solution
$\mathbf{V} 2=$ total volume needed at the new concentration $=200 \mu \mathrm{l}=0.2 \mathrm{ml}$
$\mathbf{C}_{2}=$ the new concentration $=25 \mathrm{mg} / \mathrm{ml}$

$$
\begin{aligned}
& V_{1}=\left(V_{2} \times C_{2}\right) / C_{1} \\
& V_{1}=(0.2 \mathrm{ml} \times 25 \mathrm{mg} / \mathrm{ml}) / 100 \mathrm{mg} / \mathrm{ml} \\
& V_{1}=0.05 \mathrm{ml}, \text { or } 50 \mu \mathrm{l}
\end{aligned}
$$

So, you would take $0.05 \mathrm{ml}=\mathbf{5 0} \boldsymbol{\mu l}$ of stock solution and dilute it with $150 \mu \mathrm{l}$ of solvent to get the $200 \mu \mathrm{l}$ of $25 \mathrm{mg} / \mathrm{ml}$ solution needed. Remember that the amount of solvent used is based upon the final volume needed, so you have to subtract the starting volume form the final to calculate it.

## 4. Moles and Molar solutions (unit = M = moles/L)

Sometimes it may be more efficient to use molarity when calculating concentrations. A mole is defined as one gram molecular weight of an element or compound, and comprised of exactly $6.023 \times 10^{23}$ atoms or molecules (this is called Avagadro's number). The mole is therefore a unit expressing the amount of a chemical. The mass (g) of one mole of an element is called its molecular weight (MW). When working with compounds, the mass of one mole of the compound is called the formula weight (FW). The distinction between MW and FW is not always simple, however, and the terms are routinely used interchangeably in practice. Formula (or molecular) weight is always given as part of the information on the label of a chemical bottle.

The number of moles in an arbitrary mass of a dry reagent can be calculated as:
\# of moles = weight (g)/ molecular weight (g)

Molarity is the unit used to describe the number of moles of a chemical or compounds in one liter ( L ) of solution and is thus a unit of concentration. By this definition, a 1.0 Molar (1.0 M) solution is equivalent to one formula weight ( $\mathrm{FW}=\mathrm{g} / \mathrm{mole}$ ) of a compound dissolved in 1 liter ( 1.0 L ) of solvent (usually water).

Example 1: To prepare a liter of a simple molar solution from a dry reagent
Multiply the formula weight (or MW) by the desired molarity to determine how many grams of reagent to use:

Chemical FW = $194.3 \mathrm{~g} / \mathrm{mole}$; to make 0.15 M solution use
$194.3 \mathrm{~g} / \mathrm{mole} \times 0.15 \mathrm{moles} / \mathrm{L}=29.145 \mathrm{~g} / \mathrm{L}$

Example 2: To prepare a specific volume of a specific molar solution from a dry reagent
A chemical has a FW of $180 \mathrm{~g} /$ mole and you need $25 \mathrm{ml}(0.025 \mathrm{~L})$ of $0.15 \mathrm{M}(\mathrm{M}=$ moles/L) solution. How many grams of the chemical must be dissolved in 25 ml water to make this solution?
\#grams/desired volume $(\mathrm{L})=$ desired molarity $(\mathrm{mole} / \mathrm{L}) \times \mathrm{FW}(\mathrm{g} / \mathrm{mole})$ \#grams $=$ desired volume $(\mathrm{L})$ * desired molarity (mole/L) $\times \mathrm{FW}(\mathrm{g} / \mathrm{mole})$
\#grams $=0.025$ L * $0.15 \mathrm{~mole} / \mathrm{L} \times 180 \mathrm{~g} / \mathrm{mole}$
\#grams $=0.675 \mathrm{~g}$
So, you need $0.675 \mathrm{~g} / 25 \mathrm{ml}$

## 5. Percent Solutions (\% = parts per hundred or grams/100 ml)

Many reagents are mixed as percent concentrations as weight per volume for dry reagent OR volume per volume for solutions. When working with a dry reagent it is mixed as dry mass (g) per volume and can be simply calculated as the \% concentration (expressed as a proportion or ratio) x volume needed = mass of reagent to use.

Example 1: If you want to make 200 ml of $3 \% \mathrm{NaCl}$ you would dissolve $0.03 \mathrm{~g} / \mathrm{ml} \times 200$ $\mathrm{ml}=6.0 \mathrm{~g} \mathrm{NaCl}$ in 200 ml water.

When using liquid reagents the percent concentration is based upon volume per volume, and is similarly calculated as \% concentration $\mathbf{x}$ volume needed $=$ volume of reagent to use.

Example 2: If you want to make 2 L of $70 \%$ acetone you would mix $0.70 \mathrm{ml} / \mathrm{ml} \times 2000$ $\mathrm{ml}=1400 \mathrm{ml}$ acetone with 600 ml water.

To convert from \% solution to molarity, multiply the \% solution by 10 to express the percent solution grams/L, then divide by the formula weight.

$$
\text { Molarity }=\frac{(\text { grams reagent } / 100 \mathrm{ml}) \times 10}{\text { FW }}
$$

Example 1: Convert a 6.5 \% solution of a chemical with FW $=325.6$ to molarity, $[(6.5 \mathrm{~g} / 100 \mathrm{ml}) \times 10] / 325.6 \mathrm{~g} / \mathrm{mole}=[65 \mathrm{~g} / \mathrm{L}] / 325.6 \mathrm{~g} / \mathrm{mole}=0.1996 \mathrm{M}$

To convert from molarity to percent solution, multiply the molarity by the FW and divide by 10 :

$$
\% \text { solution = molarity * FW }
$$

Example 2: Convert a 0.0045 M solution of a chemical having FW 178.7 to percent solution:

$$
\text { [0.0045 moles/L } \times 178.7 \mathrm{~g} / \mathrm{mole}] / 10=0.08 \% \text { solution }
$$

## 6. Concentrated stock solutions - using " X " units

Stock solutions of stable compounds are routinely maintained in labs as more concentrated solutions that can be diluted to working strength when used in typical applications. The usual working concentration is denoted as 1 x . A solution 20 times more concentrated would be denoted as 20x and would require a 1:20 dilution to restore the typical working concentration.

Example: A 1x solution of a compound has a molar concentration of 0.05 M for its typical use in a lab procedure. A 20x stock would be prepared at a concentration of 20 $\times 0.05 \mathrm{M}=1.0 \mathrm{M}$. A 30 X stock would be $30 \times 0.05 \mathrm{M}=1.5 \mathrm{M}$.

## 7. Normality ( N ): Conversion to Molarity

Normality $=\mathrm{n} \times \mathrm{M}$ where $\mathrm{n}=$ number of protons $(\mathrm{H}+)$ in a molecule of the acid.
Example: In the formula for concentrated sulfuric ( $36 \mathrm{~N} \mathrm{H}_{2} \mathrm{SO}_{4}$ ), there are two protons, so, its molarity $=\mathrm{N} / 2$. So, $36 \mathrm{NH}_{2} \mathrm{SO}_{4}=36 / 2=18 \mathrm{M}$.

