

WINTER/SPRING 2020 PROGRAM GUIDE

LIBRARY SERVICES
PARKS & RECREATION
SENIOR SERVICES
SOCIAL SERVICES
YOUTH SERVICES



Discover Granby



First Selectman B. Scott Kuhnly

Volume 2, Issue 1

WE'RE HERE FOR YOU

LIBRARY

860-844-5275

Register www.granby-ct.gov/library

Click on the "Programs and Events" tab to view the calendar and sign up!

Granby Public Library Hours

Mon, Wed, Thur. 10AM to 8PM

Tuesdays 10AM to 6PM

Fri & Sat 10AM to 2PM

Email: GranbyLibrary@granby-ct.gov

Website: www.granby-ct.gov/library

F. H. Cossitt Branch Library Hours

Tue, Wed, Thur. 3 to 8PM

Saturdays 2 to 5PM

Phone: (860) 653-8958

Meet the Staff...

Amy McCue, Director of Library Services

Rhonda Gilbert, Assistant Director

Joan Beatson, Children's Librarian

Holly Johnson, Branch Manager & Programs

Email Newsletter: For the latest info on Library events and services, sign up for our monthly newsletter on the library website (click on "Sign Up for Library News")

Downloadable Library 24/7: Access free materials 24/7 with your library card. Check out and download digital copies of books, audio books, movies and magazines via Overdrive (including Libby) and RBDigital or stream them on Tumble-Books.

Learning Online: From our website, access dozens of classes to learn a new language, update your professional, computer or accounting skills, prepare for tests or research your family history!

Access Your Account: Renew items, pay fines, place holds, sign up for text messaging, and update your contact info online via our website.

Funding for Library Programs & Events:

Many of the Library programs and activities included in this guide are paid for by the Friends of Granby Public Library, the Friends of Cossitt Library, and/or the Granby Library Association and are provided to you at no cost. Consider supporting one or all of these organizations if you would like to continue to see these and other programs like these.

PARKS & RECREATION

Register at www.GranbyRec.com

Parks & Recreation Hours

Mon—Wed: 8AM to 4PM

Thursday: 8AM-6PM

Fridays: 8AM-12:30PM

Email: recreation@granby-ct.gov

Website: www.GranbyRec.com

Phone: (860)653-8947

Recreation Office is at Salmon Brook Park

Meet the Staff...

Kristine Vincent, CPRP, Director

Daphne Shinder, Recreation Supervisor

Terri Ziemnicki, Program Coordinator

Registration Payment: Credit Cards are accepted online, by mail and in person. A \$25 fee will be assessed for returned checks.

Program Cancellations: May be cancelled due to insufficient registrations. No School: Programs are cancelled. Delay: All programs will run on schedule. Early Dismissal: All afternoon & evening activities cancelled.

Refunds: Granted up to 5 business days prior to the start of the program less 10% of the program's total fee. If cancellations are made within 5 business days of the program start date a 10% administration fee will be applied as well as a 25% late refund fee. E-mails time-stamped after 4PM on a Business Day will be considered received on the following Business Day. You will receive a response to let you that know your refund is being processed. No refunds will be granted after the start of the program, except in the case of a medical injury or emergency. Requests for refunds in the event of a medical injury or emergency must be made in writing with an original doctor's note. Transfers to another program must be made at least 5 business days before the program begins. Refunds cannot be given for trips, special events, facility reservations or passes.

Inclusion Policy: We know that every person is unique and brings with them a wide range of skills and abilities. We continually strive to provide challenging experiences so that all can achieve their full potential. As such we encourage and support individuals with disabilities to fully participate in all programs offered by our department. Please let us know how we can accommodate you.

Financial Assistance: Eligibility & assistance determinations made by Social Services.

SENIOR CENTER

Register by calling (860)844-5350

Senior Center Hours

Monday - Friday 8:30AM to 4PM

Email: senior@granby-ct.gov

Website: granby-ct.gov/senior-services

Meet the Staff...

Sandra Yost, Director of Human Services

Lori Blackburn, Program Coordinator

Leslie King, Transportation Coordinator

Vanessa Berrelli, Administrative Assistant

John Tolve, Van Driver

Cheryl Wickham, Meal Preparer

AnneMarie Cox, Youth Counselor

Senior Center Mission: Empower older adults to live full, independent lives by providing leadership on aging issues and enhancing the social, physical and educational well-being for each participating individual.

Senior Center Membership & Van Fee
\$5 Granby residents; \$10 non residents
\$10 Senior Van service

Program Cancellations: Programs may be cancelled due to insufficient registrations. No School: Programs are cancelled. School delay: all programs will run on schedule. Early dismissal: all afternoon and evening activities are cancelled.

SOCIAL SERVICES

Confidential appointments

(860)844-5351

Email: socialservices@granby-ct.gov

Website: granby-ct.gov/social-services

Social Services Mission: Coordinate existing federal, state, regional and local services, to increase community awareness of these services and to develop new programs to meet the needs of Granby residents.

YOUTH SERVICES

Register by calling (860)844-5355

Email: ahcox@granby-ct.gov

Website: granbyyouthservicebureau.com

Youth Service Bureau Mission: Promote positive youth development by strengthening links and effective communication between family and community in response to the changing needs of Granby youth.

HOST A PARTY OR EVENT WITH US!

SPECIAL EVENTS AND WEDDINGS AT THE HOLCOMB FARM

Operated by the Parks & Recreation Department...whether your special celebration will be formal or informal, an intimate gathering or a gala affair, the North Barn Pavilion is the perfect venue. Located in beautiful, historic West Granby, rentals include prep kitchen, bar area, tables, chairs for up to 125 guests, gas fireplace, the Workshop for bridal preparation and beautiful outdoor patio, gas fire pit & grounds. Our event staff will set up and take down and assure your event runs smoothly. For more info on fees log onto www.GranbyRec.com/facilities or contact us for a tour.



WORKSHOP AT HOLCOMB FARM

PARKS & RECREATION

Located at the beautiful Holcomb Farm, the workshop area is a great space to host a small party, a class or hold a birthday party. With a capacity of 50 people, the space has one bathroom (handicap accessible), tables and chairs. Fee is \$55 per hour with a 2 hour minimum.

PICNIC PAVILIONS AT SALMON BROOK AND AHRENS PARK

PARKS & RECREATION

All outdoor pavilions have picnic tables with benches. Salmon Brook has charcoal grills. The perfect spot for a birthday party, special event, cookout or family gathering! Residents: \$25 off season, \$55 peak season (June, July & August) Non-Residents: \$50 off-season, \$85 during peak season.

THE GATHERING ROOM AT SALMON BROOK PARK

PARKS & RECREATION

A beautiful setting conveniently located in Salmon Brook Park. The space has a beautiful gas fireplace, heat, air conditioning, shades, access to the prep kitchen (microwave, fridge, dishwasher) tables (60" round and/or 72"x36" rectangular), and chairs for 98 people. \$80 an hour with a two hour minimum.



SPECIAL EVENTS

LETTERS TO SANTA

PARKS & RECREATION

Ages: 0-12 years

Date: Dec 1-16

Where: Parks & Recreation Park House

Fee: \$2 included with your letter

Imagine the excitement in your house when your child receives a hand-written, personalized letter from Santa! Our team of Elves are ready to help Santa spread some holiday cheer and good wishes. Each letter adds some magic to the Christmas season and can set a worried mind at ease, as each reader learns that he or she is, indeed, on Santa's "good" list! Once you register, please print out Santa's Questionnaire on our website granbyrec.com and assist (if needed) your child in the completion of the questionnaire, bring him/her to Salmon Brook Park and place it in Santa's special mail box!

OFF THE WALL EMBROIDERY

EXHIBIT LIBRARY

Ages: All

Date: Jan 2-31

Time: Regular Library Hours

Where: Library Main Branch

Fee: Free

Enjoy the CT River Valley Chapter of the Embroiderers' Guild *Off the Wall Embroidery* exhibit on display at the Library through the month of January. The display features pieces that celebrate the art of decorating useful items – boxes, trays, coasters, pillows, linens, clothing, ornaments, toys, and more.

GRANBY FAMILY SKATE NIGHT

PARKS & RECREATION

Ages: All Ages

Date: Saturday, Jan 4

Time: 4:30-6:30PM

Where: Simsbury Farms Rink,
100 Old Farms Rd.

Fee: A non-perishable food donation per person

This special afternoon/evening of winter fun for Granby residents only is sponsored by the Granby Parks and Recreation Commission. Join your friends and neighbors for ice skating! Admission is free with a non-perishable food donation, benefitting the Granby Food Bank. Skate rentals are free while supplies last. Refreshments including hot chocolate and cookies will be available.

COOL COSMOS: VIEW THE WINTER NIGHT SKY LIBRARY

Ages: Adults, Teens, Tweens

Date: Tuesday, Jan 14

Snow date Jan 16

Time: 6:30-7:30PM

Where: Holcomb Farm Workshop & Patio

Fee: Free

Long winter nights, dry air, and bright stars provide excellent conditions for viewing the night sky. Join this stargazing opportunity with Scott Tracy, science educator and astronomer. Program begins inside with astronomical highlights, and moves outside for hands-on viewing by telescope. Appropriate outer wear highly recommended. Registration required.

SUPER BOWL PARTY SENIOR CENTER

Ages: 55 & up

Date: Wednesday, Jan 29

Snow Day Jan 30

Time: 12Noon

Where: Senior Center

Fee: \$7 members, \$9 non-members

Join us for some pre-game excitement and fun as we get ready for the Super Bowl. Wear your team colors or jerseys and enjoy games, trivia and fabulous tailgate style food including: meatball sliders, pizza, grinders and a big Super Bowl cake for dessert. Register by Jan 22.

ANNUAL SWEETHEART DANCE

YOUTH SERVICES

Grades: K-2 & special adult

Date: Sunday, Feb 9

Time: 4-6PM

Where: Senior Center/Youth Services

Fee: \$10 per pair/\$20 max family

All proceeds go towards the YAC Scholarship given each year by the Youth Action Council to two graduating seniors demonstrating quiet leadership, acceptance & positive contributions.

VALENTINE'S DAY: HOW DID IT ALL GET STARTED? Presentation &

Dessert Buffet SENIOR CENTER

Ages: 55 & up

Date: Wednesday, Feb 12

Snow day, Feb 13

Time: 1PM

Where: Senior Center

Fee: \$6 members, \$8 non-members

Presentation and Dessert Buffet. Presented by

Joe Ouellette, Ellington Historical Society
Learn the origins of Valentine's Day and the evolution over the last decades. The presentation will be followed by a wonderful dessert bar including cookies, candies, cupcakes and other sweet treats. Register by Feb 5.

IN A WORD WITH ROB KYFF

LIBRARY

Ages: Adults, Teens, Tweens

Date: Wednesday, Feb 19

Snow date Feb 26

Time: 6:30-7:30PM

Where: Library Main Branch

Fee: Free

Rob Kyff is perhaps best known as the "Word Guy"! A teacher, writer, editor and language columnist, Kyff is a witty and clever humorist with a knack for "turning a phrase." Don't miss this sure-to-be from an expert of words. Registration required.

WINTER CONCERT WITH WELLS

ROAD SCHOOL SENIOR SERVICES

Ages: All Ages

Date: Thursday, Feb 20

Time: 12:15PM

Where: Senior Center

Fee: Free

The 3rd grade students will perform a winter concert. Register by Feb 13.

A COSSITT HISTORY LIBRARY

Ages: Adults, Teens, Tweens

Date: Tuesday, Mar 3

Snow date Mar 10

Time: 6:30-7:30PM

Where: Cossitt Library Branch

Fee: Free

In 1888 Granby learned that Frederick H. Cossitt, a wealthy New York merchant and former resident, left funds in his will to build a public library in North Granby. For a glimpse back at the early years, join local historian Ken Kuhl as he shares stories and details of the little library that could – and still does. Registration required.

A BEAR IN THE WOODS LIBRARY

Ages: Adults, Teens, Tweens

Date: Wednesday, Mar 11

Snow date Mar 18

Time: 6:30-7:30PM

Where: Library Main Branch

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LIBRARY

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PARKS & RECREATION

Register at www.GranbyRec.com

SENIOR/YOUTH/SOCIAL SERVICES

Register at the Senior Center

Fee: Free

Master Wildlife Conservationist Ginny Apple offers talk on the natural history of the black bear in CT Learn about their changing habitat, diet, and reproduction as well as a number of popular misconceptions regarding their behavior. Apple provides personal observations and practical recommendations for optimum coexistence with the black bear population. Registration required. Sponsored by Granby Public Library & Granby Land Trust.

SONGS OF IRELAND AND IRISH-AMERICA LIBRARY

Ages: All

Date: Saturday, Mar 14

Time: 12:30-1:30PM

Where: Library Main Branch

Fee: Free

Take a musical journey of Irish American songs with Rick Spencer and Dawn Indermuehle of Catfeather. All ages are invited to enjoy a well-researched concert and lecture celebrating the history of the music. Registration highly recommended. Sponsored by Friends of Granby Public Library and Salmon Brook Historical Society.

VIOLIN RECITAL SENIOR SERVICES

Ages: All Ages

Date: Wednesday, Mar 25

Time: 1PM

Where: Senior Center

Fee: Free

Join our adult violin students for their first recital. They've been working for the past several months and are ready to share their progress. Light refreshments. Register by Mar 18.

WORLD PARTY DAY

SENIOR CENTER

Ages: 55 & up

Date: Wednesday, Apr 8

Time: 12Noon

Where: Senior Center

Fee: \$7 members, \$9 non-members

World Party Day is a day to celebrate everything that's good and optimistic. In other words...let's have fun just for the sake of having fun. Lunch includes chicken pot pie, mashed potatoes with gravy, vegetables and brownie sundaes for dessert. Musical entertainment will be provided by Brittany and Jenna Lynn, singing Broadway and other tunes from the 40's, 50's & 60's. Register by Apr 1.

TWILIGHT EGG HUNT

PARKS & RECREATION

Ages: Up to 10 years old

Date: Friday, Apr 10

Time: 7:30PM

Where: Salmon Brook Park

Fee: Free

Under the cover of twilight bring your basket and hunt for eggs scattered throughout the field at Salmon Brook Park. Event kicks off promptly at 7:30PM and it may be dark so don't forget your flashlight!

BILINGUAL IN AN HOUR: SPEAKING KID/GRANDKID

SENIOR CENTER

Ages: All Ages

Date: Wednesday, Apr 15

Time: 4:30PM

Where: Senior Center

Fee: Free

Presented by Lia Jill Levitt, Writer, Speaker, Advocate Do your grandkids/kids confuse you when they start using phrases such as Hulu, my tribe, TBT and # or hashtag? Enter into their world & learn the lingo to better communicate and decipher their stories. Register by Apr 8.

WHEEL OF FORTUNE GAME AND DINNER SENIOR CENTER

Ages: 55 & up

Date: Thursday, Apr 23

Time: 4PM

Where: Senior Center

Fee: \$7 members, \$9 non-members

Hosted by Keith Alan Productions Let's Play! We will be playing Wheel of Fortune on the big screen. Our favorite emcee from Music Bingo will be our host as we play against each other for fun and prizes. A light dinner will be served. Register by Apr 16.

SENIOR DAY SENIOR CENTER

Ages: 55 & Up

Date: Wednesday, Apr 29

Time: 10AM-12:30PM

Where: Senior Center

Fee: Free

Activities & games, local companies offering resources and information on everything from health screenings, to housing options, to travel and more. Giveaways include free trip tickets to one of our upcoming Road Trip Destinations or Kayaking trip this summer plus more great prizes (must be present to win). Those who pre-register are sent home with a bagged lunch compliments of Anthology of Simsbury, a Senior Living Community, at the end of the event (after the door prizes are announced). Vendors: Anthology of Simsbury, Collette Travel, Residence at Brookside, Hartford HealthCare, MeadowBrook, McLean Home Care & Hospice, Alzheimer's Association, Carmon Funeral Home, Seabury Visiting Nurses/Seabury Care Now, Stonebrook Village, Edward Jones, Czepiga, Daly, Pope &



Perri, Nurse Next Door, Arden Courts, Primary Eye Care, Farmington Valley VNA and Anthem. Van transportation available with a pass. Register by Apr 22.

N.S.D. CRAFTING EVENT: NATIONAL SCRAPBOOKING WEEKEND! PARKS & RECREATION

Ages: 18 & up

Date: May 1 & 2

Time: Friday, 1-9PM

Saturday, 9AM-9PM

Where: Holcomb Farm

Fee: May 1: \$25 / May 2: \$40

\$60 both days

The fee includes a gift, dinner on Friday and lunch and dinner on Saturday, plus your crafting space, demonstrations, workshops and use of cropping station including a Cricut die cut machine. Beginner and advanced scrapbookers welcome as well as stampers, card makers, quilters and knitters. Creative memories Advisor, Cheryl Bliss, will teach the workshops and demonstrations as well to get you started if you are new to scrapbooking. available to purchase.

BARK N' DASH FAMILY FAMILY DOG 5K RUN/WALK

PARKS & RECREATION

Ages: All Ages & Abilities

Date: Sunday, May 3

Time: 10AM

Where: Salmon Brook Park Dog Park Area

Fee: \$10 / \$15 day of race

Run or walk with your dog on Salmon Brook Park's beautiful 5K terrain! Our dogs are our best friends! They brighten our day with a friendly wag of the tail. They are the best listeners and love to run (or take walks)! Take advantage of the opportunity for a fun run or walk around the park with your pooch by participating in this doggie dash! Prizes awarded for 1st dog to cross the finish line, best dressed dog, and oldest dog to finish the race.

ANNUAL 8th GRADE RED CARPET DANCE

YOUTH SERVICES

Grades: 8th

Date: Friday, May 8

Time: 8:00- 10:00

Where: The Lodge at Salmon Brook Park

Fee: \$12

Celebrate the end of middle school with your friends! Dress up as little or as much as you like. Snacks, Prizes, Dancing, and class of 2024 memorabilia. All proceeds fund the YAC Scholarships given each year.

LET'S EXPLORE...BUS TRIPS

SHOPPING & DINING TRIPS

SENIOR SERVICES

SUPER TARGET, HOMEGOODS, SUPER WALMART

Friday, Jan 17

Departs 9:30AM, Returns 3PM

Cost \$5

CT COMMONS: MARSHALL'S KOHL'S, AC MOORE, DSW SHOES

Monday, Feb 10

Departs 9:30AM, Returns 3PM

Cost \$5

BUCKLAND HILLS, TRADER JOE'S, CHRISTMAS TREE SHOP

Monday, Mar 23

Departs 9:30AM, Returns 3PM

Cost \$5

BURLINGTON COAT FACTORY, NORDSTROM RACK, MACY'S WEST HARTFORD

Monday, Apr 27

Departs 9:30AM, Returns 3PM

Cost \$5

DINE AND DRIVE: EFFIE'S PLACE IN WEST HARTFORD

Monday, Jan 27

Departs 11AM, Returns 2PM

Cost \$5

DINE AND DRIVE: LATTITUDE, SPRINGFIELD, MA

Friday, Feb 28

Departs 10:45AM, Returns 2:30PM

Cost \$5

DINE AND DRIVE: BLACKROCK TAVERN AND CLEVELAND'S COUNTRY STORE, SWEET TOOTH ICE CREAM AND CANDY, PLYMOUTH, CT

Friday, Mar 20

Departs 9:30AM, Returns 2:30PM

Cost \$5

DINE AND DRIVE: BREWMASTER'S WILLIAMSBURG, MA

Friday, Apr 24

Departs 10:30AM, Returns 2:30PM-3PM

Cost \$5

Please help us by signing up for trips and events as soon as possible. This assists us in planning and assures that our programs and trips won't have to be cancelled.

CT SUPREME COURT SESSION AND MUSEUM OF HISTORY

SENIOR SERVICES

Monday, Jan 13

Departs 8:30AM, Returns 2:30PM

Your day begins at the Hartford Supreme Court House where a Justice will give you an overview of the court and what types of arguments they hear. Next up will be inside the Court where you will be able to watch all the action of arguments in a case. There will be time to enjoy the Museum of CT History afterwards (in the same building). Lunch on your own at The Republic in Bloomfield. Register by Jan 6. **Cost \$5**

ADVENTURE EXCURSION: ALL IN ADVENTURES, MANCHESTER, CT

SENIOR SERVICES

Wednesday, Jan 22

Departs: 10:30AM, Returns 3PM

Start out with lunch on your own at Ted's Montana Grill. Then join your fellow travelers for a Treasure Island Adventure. You are part of the crew aboard the HMS Lion, currently hunting the pirate ship The Dancing Lady believed to be operating in the Caribbean. Wreckage found last month from the merchant ship Salty Dog indicates The Dancing Lady is trying to bury their loot on one of the many islands in the area. You are a landing party searching the island for evidence. You will have lots of fun and laughs as you solve this mystery. (Adventure takes place in a locked room that will unlock when you solve the mystery or after 60 minutes). Register by Jan 14. **Cost \$28**

ADVENTURE EXCURSION: CROSS COUNTRY SKIING OR SNOW SHOEING, GRANVILLE, MA

SENIOR SERVICES

Friday, Feb 7

Departs: 9:30AM, Returns 2:30PM

Enjoy the great outdoors in beautiful and scenic Granville, MA. Your adventure takes

place at Maple Corner Farm where you will have the choice of skiing or snow shoeing. The scenic ski trails lead you through pastures and meadows, along mountain streams, through the current Sugar Bush, and into the forest and hills beyond. Lunch on your own at Tucker's Restaurant. **Cost \$28 includes trail ticket, rental and transportation.**

CT FLOWER SHOW: SPRING HAS ARRIVED!

SENIOR SERVICES

Friday, Feb 21

Departs: 9AM, Returns 3PM

Hours of seminars by respected, nationally known authors and garden experts. Award-winning landscape exhibits in full bloom measuring from 300 to 2,000 square feet occupying more than 45,000 square feet of the Convention Center Exhibit Hall. The Federated Garden Clubs of Connecticut, Inc. Standard Flower Show 12,500 square feet of amazing design, horticulture and photography exhibits. Hundreds of booths filled with plants, soils, fertilizers, garden tools and other floral and garden related products and services. Extensive floral and garden-related Artisan area. Lunch on your own at Tapas. Register by Feb 14. **Cost \$23**

SHADES OF IRELAND TRIP

SENIOR SERVICES

The Senior Center is excited to be partnering with Collette Travel to offer "Shades of Ireland", a 10 day tour in November of 2020. Your trip highlights include Dublin, Kilkenny, Waterford, Blarney Castle, Killarney, Rink of Kerry, Jaunting Car Ride, Limerick, Cliffs of Moher, Galway and Castle Stay along with 13 meals and airfare. Cost \$2999 double, \$3499 single. You must book by May 4, 2020. Round trip travel to airport \$30 per person. For a detailed itinerary, call 860-844-5352.

LEARN MORE ABOUT THIS TRIP!

Thursday, Mar 5 at 10:00AM

Collette Travel will be presenting a slide show on upcoming tours that will be offered through the Granby Senior Center starting with our Ireland trip in November of 2020. This event is free and will give you the opportunity to find out about Ireland and future destinations as well as ask questions. Refreshments will be served. Register by Feb 27 by calling 860-844-5352.

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LIBRARY

Register at www.granby-ct.gov/library

PARKS & RECREATION

Register at www.GranbyRec.com

SENIOR/YOUTH/SOCIAL SERVICES

Register at the Senior Center

THE BENTON ART MUSEUM, STORRS, CT **SENIOR SERVICES**

Friday, Mar 6

Departs: 9AM, Returns 2:45PM-3PM

The William Benton Museum of Art is Connecticut's State art museum, located on the University of Connecticut campus at Storrs. Drawing largely from its collection of over 6,500 works of art, the Museum presents exhibitions of art dating from the 15th through the 21st centuries. Lunch on your own at Trattoria Toscana. Register by Feb 29. **Cost \$7**

ADVENTURE EXCURSION: SPARETIME ENTERTAINMENT BOWLING **SENIOR SERVICES**

Wednesday, Mar 11

Departs: 12:15PM, Returns 3:45PM

Get limbered up and ready for two hours of competitive bowling and fun! Pair up for a team competition or everyone for themselves! Register by Mar 4. The café is not open, so please make sure you eat before you board the bus. **Cost \$23**

THE SLATER MEMORIAL MUSEUM, NORWICH, CT

SENIOR SERVICES

Wednesday, Apr 15

Departs: 9AM, Returns 3:30PM

The museum features a collection of plaster casts of famous Roman, Greek, Egyptian and Renaissance statues. The museum also exhibits its colonial and local historic artifacts, as well as 18th-20th-century American paintings and decorative arts, 17th-19th-century European paintings and decorative arts, African and Oceanic sculpture, and Native American objects. Lunch on your own at Kensington's Restaurant at the famous Norwich Inn and Spa. **Cost \$10**

ADVENTURE EXCURSION: IT/ZIP IT ROPES COURSE AND ZIP LINE CHALLENGE

SENIOR SERVICES

Wednesday, Apr 22

Departs: 9AM, Returns 3PM

Who knew that there was an amazing IT Adventure Ropes Course - Two (2) 60' high ropes courses - the largest indoor ropes course in the world - with over 100 activities like zig zag swinging beams, crisscross angle rope ladders, cargo nets, bridges, and plank-walking at a furniture store here in Connecticut! This course offers several different levels for the beginner to the experienced. Walk across ropes and bridges, climb

ladders, zip line to different platforms. Challenge yourself to do something new and exciting. Lunch will be at Blaze Pizza on the Jordan Furniture Campus. **Cost \$33**

STORMVILLE AIRPORT ANTIQUE SHOW & FLEA MARKET, STORMVILLE, NY

SENIOR SERVICES

Saturday, Apr 25

Great shopping, food and family fun with over 600 vendors. The market offers a wide variety of bargains, treasure and unique items for everyone. Pick up location South Windsor or East Hartford. **Cost \$89**

TENNESSEE, RIDE THE RIVERS AND RAILS **SENIOR SERVICES**

May 20-25

Experience the magic of Chattanooga. Its trolley like Incline Railway scales steep Lookout Mountain before reaching Ruby Falls Waterfall and Rock City with sweeping views, sandstone formations and gardens. Includes 5 nights hotel, 7 meals, Guided tour of "America's Scenic City", Gulf View Art District, TN Valley Railroad Museum and much more. Pick up location South Windsor or East Hartford. **Cost \$1799 single, \$1369 double**

BAR HARBOR AND ACADIA NATIONAL PARK, MAINE

SENIOR SERVICES

May 23-25

Enjoy the beauty of the Maine Coast and a guided tour of Acadia National Park. The tour includes the entire Park Loop road with stops at Cadillac Mountain, Thunder Hole on Ocean Drive and Sieur D Mont Springs Wild Gardens, a carriage ride along roads built by John D. Rockefeller, Jr. Leisure time in Bar Harbor and Freeport village. Pick up location South Windsor or East Hartford. **Cost \$839 single, \$639 double**

CAPE MAY, NEW JERSEY

SENIOR SERVICES

Jun 17-19

A national historic landmark, the nation's oldest seashore resort and one of America's Top 10 Beaches. Your trip includes 2 nights accommodations, 4 meals and 1 dinner at Elaine's Dinner Theatre, a morning boat cruise around Cape May Point, Physick Estate and Trolley Tour, leisure time on Washington Mall and a visit to Cape May Point and Sunset Beach & tour Natali Vineyards. Pick up location South Windsor or East Hartford. **Cost \$899 single, \$699 double**

LONG ISLAND-PORT JEFFERSON, MONTAUK POINT AND THE HAMPTONS

SENIOR SERVICES

Saturday, Jun 27

Your day includes motor coach transportation to the Bridgeport & Port Jefferson Steamboat Company, lunch at Jerry and the Mermaid's, guided tour of Baiting Hollow Farm Vineyard, East Hampton, Montauk Point Lighthouse, Gosman's Dock for shopping and Southampton. Pick up location South Windsor or East Hartford. **Cost \$189**

MAINE KITTERY OUTLETS AND LUNCH

SENIOR SERVICES

Thursday, Jul 16

Begin your day with Lunch at Warren's Lobster House with the Seacoast's Finest Salad Bar and your choice of filet of haddock, seafood casserole, top sirloin steak or chicken parmesan. Your next stop will be the Kittery Outlets and Kittery Trading Post. Shop at everyone's favorite bakery, *When Pig's Fly*, for specialty breads and other wonderful delights. Pick up location Simsbury. **Cost \$92**

SIGHT AND SOUNDS THEATER, LANCASTER, PA

SENIOR SERVICES

June 9-11

Day 1-enjoy a delicious dinner at Mount Hope Estate and Winery followed by a laugh out loud Improv Comedy Show. Day 2 starts at Kitchen Kettle Village with a tour, wine tasting and make your own whoopee pie. Then off to the theater to see Queen Esther with dinner at Miller's Smorgasbord. Day 3 visit Old Windmill Farm, an authentic working Amish Farm and then board the Strasburg Railroad, a 100 year old steam engine for an excursion. Pick up location Simsbury. **Cost \$651 single, \$521 double**

HUDSON RIVER CRUISE AND SUNDAY BRUNCH

SENIOR SERVICES

Sunday, Sep 13

Enjoy a pre-cruise Sunday brunch at Shadows on the Hudson in Poughkeepsie, NY. This breathtaking waterfront restaurant is perched on a cliff forty feet above the Hudson with breathtaking views. Then board the Rip Van Winkle for a narrated cruise that offers views of river lighthouses, waterfront mansions and many other amazing sights. . Pick up location Simsbury. **Cost \$112**

YOUTH PROGRAMS & SERVICES

WEE ONES STORY TIME **LIBRARY**

Ages: Birth – 2 years
Date: Thursday Mornings
Time: 10:30-11AM
Where: Library, Main Branch
Fee: Free

Babies, toddlers and their caregivers enjoy board books, songs, finger plays & movement.

PRESCHOOL STORYTIME **LIBRARY**

Ages: 3-5 years
Date: Tuesday Mornings
Time: 10:30-11AM
Where: Library, Main Branch
Fee: Free

Preschoolers and a caregiver share stories, songs, finger plays and a craft.

BEDTIME STORIES for the “I’M NOT TIRED” **LIBRARY**

Ages: 4-7 years
Date: Thursday Evenings
Time: 6:30-7PM
Where: F. H. Cossitt Branch Library
Fee: Free

Picture books, songs, stories and a craft for ages 4-7 with caregiver. Pajamas encouraged!

MUSIC TOGETHER

PARKS & RECREATION

Ages: 0—5 with Caregiver
Dates: Mondays,
Session 1: Jan 6-Feb 24, 8 weeks
Fee: \$185 1st child, \$95 2nd, \$75 3rd
Session 2: Apr 6-Jun 15, 10 weeks
No class May 25
Fee: \$220 1st child, \$115 2nd, \$90 3rd
Time: 9:30 & 10:30 AM

Where: Salmon Brook Park House

Join this international, research-based music & movement program for children from birth to Kindergarten- and the grownups who love them! Around the globe, families enrolled in the program playfully share in songs, rhymes, movement and instrument play, both in class and throughout daily life. Designed as a multi-semester program to grow with your little one over the course of early childhood, a beautifully illustrated songbook and CD is included each semester. Music Together brings families & friends together in a rich musical environment and demonstrates how joyful, spontaneous music-making can be a part of everyday life.

HOLCOMB FARM PLAYGROUP

PARKS & RECREATION

Ages: All Little Ones
Date: Wednesdays
Time: 9:30-11AM
Where: Holcomb Farm, 113 Simsbury Rd
Fee: \$5.00 per day drop-in
Punch Card: \$20 for 4 visits
(5th visit free)
\$110 includes all 24 visits plus a Family Membership to Salmon Brook Park Pond (\$85 value)

You stay, kids play at the big red barn at Holcomb Farm. Parents and caregivers can relax and enjoy adult conversation, while participating with their children to play, learn, and explore a variety of fun activities. Infants can enjoy soft toys and some tummy time together in the baby area, while toddlers and children can participate in more physical activities. Practice social skills by playing in the house corner, imagining in the dress up center, or playing side by side at the train table. Children learn to sit in a group, sing songs, enjoy movement, dance and storytime. Instructor: Sherri Litchfield

OWL JUNIOR A: “Our Whole Lives”

YOUTH SERVICES

Grades: K-2
Dates: Mondays, Jan 6-Mar 9
No class Jan 20, Feb 17
Time: After school
Where: TBD
Fee: \$35

Our Whole Lives Junior A (OWL Junior A) educates children about birth, babies, bodies and families. Eight sessions engage children with stories, songs and activities and include a weekly HomeLink - a homework project for parents and children to do together. The program is taught by an OWL trained facilitator and promotes dialogue between parent and child. All parents are asked to watch an introductory video before the session begins.

FAMILY MOVIE NIGHT

LIBRARY

Ages: All Ages
Date: Wednesday, Jan 8 - Mar 25
Time: 6-7:30PM
Where: Library, Main Branch

Fee: Free

Drop in and enjoy a family-friendly film. We'll provide the popcorn!

POKEMON CLUB

LIBRARY

Ages: All ages
Date: Wednesday, Jan 8 - Mar 25
Time: 4-5PM
Where: Cossitt Branch Library
Fee: Free

Bring your cards and play a game with a fellow fan. No registration needed.

YOGA FOR KIDS

LIBRARY

Ages: 5-11
Date: Saturdays, Jan 11; Feb 8,
Mar 14, Apr 25; May 16
Time: 10-11AM
Where: Library, Main Branch
Fee: Free

Learn some simple poses, stretch and relax with instructor Aubrey Schulz. Bring a towel or a yoga mat. Register as space is limited.

MARTOCCHIO MUSIC DRUM LINE COLLECTIVE

PARKS & RECREATION

Grades: 3-5
Date: Saturdays, Session 1, Jan 11-Mar 7
Session 2, Mar 21-May 16
Time: 11AM-12Noon
Where: Martocchio Music
1 Massaco St, Simsbury
Fee: \$115.00 includes all materials

Your child will learn rhythm and drumming on authentic percussion instruments. Instruction will include drum line syncopation, basic rhythms, hand percussion and more. They learn to play their parts in a drum line setting and there will be an end of session concert to show off their hard work. All percussion instruments will be supplied at lesson time.

CRAFTERNOONS

LIBRARY

Ages: 6-12
Date: Thursdays, Jan 23, Feb 20, Mar 26,
Apr 23, May 21
Time: 4-5PM
Where: Library, Main Branch

8

LIBRARY

Register at www.granby-ct.gov/library

PARKS & RECREATION

Register at www.GranbyRec.com

SENIOR/YOUTH/SOCIAL SERVICES

Register at the Senior Center

Fee: Free

Have fun creating a different craft project to take home each month. Instruction and all materials will be provided. Register in advance.

MINUTE TO WIN IT

LIBRARY

Ages: 6-12

Date: Saturday, Mar 28

Time: 10:30-11:30AM

Where: Library, Main Branch

Fee: Free

Test your skills and your competitive edge with a variety of instructor-led, timed games. Play against each other or in teams. Limited to 16 participants. Please register in advance.

MOTHER'S DAY CRAFT

LIBRARY

Ages: Tweens, teens and a significant woman in their life (mom, grandma, aunt, etc)

Date: Thursday, May 7

Time: 6-7:30PM

Where: Library, Main Branch

Fee: Free

Create a special gift for Mother's Day – possibly a jewelry program? - to be determined

TAZ'S SPRING PRESEASON CONDITIONING & FITNESS CAMP

PARKS & RECREATION

Ages: 7-12

Date: Monday-Friday, Mar 16-20

Time: 2:30-4:30PM

Where: High School Gym

Fee: \$80

This program is designed for anyone who is looking to get in shape (or further increase their fitness conditioning) for the start of their spring sport season. This non-sport specific camp is fitness based and will incorporate drills to enhance endurance, footwork & agility, full body strength training, core based exercises, balance and flexibility. There will be some long and short distance endurance runs as well as aerobic and Pilates classes. Many core strength exercises to be incorporated throughout the work out each day.

OWL JUNIOR B: "Our Whole Lives"

YOUTH SERVICES

Grades: 3-6

Dates: Mondays, Mar 23-Jun 8

No class Apr 13, May 25, Jun 1

Time: After school

Where: TBD

Fee: \$45

Our Whole Lives Junior B (OWL Junior B) is a

ten-workshop curriculum designed to help children ages nine through twelve gain the knowledge, life principles, and skills they need to understand and express their sexuality in holistic, life-enhancing ways. This comprehensive, developmentally appropriate program introduces key topics like values, body image, gender and sexual identity, peer pressure, and healthy relationships with sensitivity and inclusiveness. All parents are asked to watch an introductory video before the session begins.

SUPER SOCCER SUNDAYS

PARKS & RECREATION

Ages: 2-5

Date: Sundays, Apr 26-Jun 7

No class May 24

Time: Age 2: 8:30-9AM

Age 3-5: 9-9:50AM, 10AM or 11AM

Where: Ahrens Park Soccer Field

Fee: \$85 age 2, \$95 age 3 & up

Start early and learn from the pros! Your child will have fun participating in soccer related drills and games. Into to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Cleats and shinguards are not necessary for this program. This program will be supervised by a professional soccer trainer from Soccer Shots!

WHAT'S GROWING IN OUR GARDEN?

LIBRARY

Ages: 5 & Up

Date: Wednesday, May 20

Rain date May 27

Time: 3:30-5PM

Where: Cossitt Branch Library

Fee: Free

What should we plant in our library garden? Kids choose from various flower seeds, then plant them in a special location outdoors at Cossitt. Garden tools and seeds will be provided. Please dress to dig in the dirt! Advance registration required. *Sponsored by the Friends of Cossitt Library in memory of Bobbi Sullivan.*

PODCAST SERIES

YOUTH SERVICES

Features prevention information for busy parents interspersed with episodes focusing on the cool contributions our youth are making within our community. Now available on Spotify. <https://open.spotify.com/search/Granby%20YSB>

CURRENT EPISODES

Episode 1: Adolescent Brain Development: what parents need to understand

Episode 2: Vaping: a community health perspective

ONE CIRCLE PROGRAMS YOUTH SERVICES

FRIENDSHIP CIRCLE

For girls in grades 3, 4 & 5

Small group program that focuses on building connections and exploring positive relationships through play and guided discussions.

EXPLORING OUR INDIVIDUALITY

Girls grades 6-8

Small group curriculum based program that explores how Middle school girls can balance the need to fit in with feeling good about themselves as unique individuals. Looks at media messages, peer pressure and personal values.

BOYS COUNCIL

Boys grades 4,5 & 6

Curriculum driven group for boys that uses play and snacks as a spring board to discuss friendship, what it is like to be a boy, messages in the media and from friends about gender expectations and how they fit in.

PROFESSIONAL YOUTH COUNSELING SERVICES

YOUTH SERVICES

A free service for Granby Families

- School issues
- Anxiety and depression
- Family issues and more

SUPPORT GROUPS

YOUTH SERVICES

Ages: All Ages

Where: Senior Center

Fee: Free

GRANDPARENTS RAISING GRANDCHILDREN

Thursdays at noon

IT'S NOT ALL UNICORNS & RAINBOWS

Last Friday of the month

For kids dealing with anxiety Anger and Depression.

KELLY LANE SCHOOL

ATHLETIC EXTRAVAGANZA

PARKS & RECREATION

Grades: K-2

Date: Mondays,

Session 1: Jan 6-Mar 9

No class Jan 20, Feb 17

Session 2: Mar 30-Jun 1

No Class Apr 13, May 25

Time: 3:20-4:20PM

Where: Kelly Lane Gym

Fee: \$115

The essential skills, tactics and teamwork will be taught during this 8 week (1 hr each day) during game play of various sports. Students will participate in a variety of fun sports and athletic activities (soccer, basketball, kickball, floor hockey, etc). Game play is essential, along with the skills and tactics for various sports for athletes to learn at a young age for physical, cognitive, and affective development. What to Bring: Athletic wear, sneakers, water bottle.

MOVEMENT & MINDFULNESS

PARKS & RECREATION

Grades: K-2

Date: Mondays, Jan 6-Feb 24

No class Jan 20, Feb 17

Time: 3:20-4:20PM

Where: Kelly Lane

Fee: \$85

Come explore yoga-based movement and mindfulness as we stretch our bodies and our minds! This class is a combination of yoga and activities. This class will incorporate yoga moves and fun breathing techniques that can be applied to life inside and outside of the classroom. We will spend part of our time together moving our bodies and the other part of our time together creating tools, such as clam down bottles and wind chimes that can be used to promote peace and stillness in our everyday lives. Yoga mats encouraged but not required! Preschool teacher Kelly Scully instructs.

FOOD EXPLORERS JR!

PARKS & RECREATION

Grades: K-2

Date: Mondays, Jan 27-Feb. 24

No class Feb 17

Time: 3:20-4:20PM

Where: Kelly Lane Art Room

Fee: \$59

Become a Food Explorer with Registered Dietitian, Katie Shepherd, and learn all about healthy foods and how to make them taste good. We'll explore the five food groups through taste tests, games, and making delicious food. Be prepared to taste new foods, learn new skills and new recipes through this four week course. All recipes will be nut free.

LEGO BUILDING UP S.T.E.A.M.

PARKS & RECREATION

Grades: K-2

Date: Tuesdays,

Session 1: Jan 21-Mar 17

No class Feb 18

Session 2: Mar 31 1-June 2

No class Apr 14, May 26

Time: 3:20-4:20PM

Where: Kelly Lane

Fee: \$165 per session

Kids work independently and cooperatively as they begin to explore simple machines using LEGO Education early childhood materials. Projects may include cranes, scissor-lift vehicles, and gear-based park rides.

ROCK WALL PROGRAM

PARKS & RECREATION

Grades: K-2

Date: Tuesdays,

Session 1: Jan 7-Mar 10

No class Jan 14, Feb 18

Session 2: Mar 31-Jun 2

No Class Apr 14, May 26

Time: 3:20-4:20PM

Where: Kelly Lane Gym

Fee: \$115

Learn essential skills, techniques, and important safety information as well as various ways to climb a rock wall while improving muscular strength, endurance and balance. Through our daily activities students will have many challenges including timed activities, use of different paths and climbing while using a blindfold. All of these challenges and skills will be presented in a fun and positive environment.

YOGA PARKS & RECREATION

Grades: K-2

Date: Wednesdays, Mar 4-Apr 22,

No class Mar 25, Apr 15

Time: 3:20-4:20PM

Where: Kelly Lane

Fee: \$75

This yoga class, led by kids yoga instructor Aubrey Schulz, will help children feel peaceful in their minds, happy in their hearts and strong in their bodies. This is a playful class filled with yoga, games, music and more! Students will improve strength and flexibility, as well as learn how to focus and center themselves with various breathing and mindfulness techniques. They will also learn self-respect and respect for others through fun and challenging poses, partner and group poses and playful activities.

WORLD CUP CHEER AND TUMBLE 101

PARKS & RECREATION

Grades: K-2

Date: Wednesdays,

Session 1: Jan 22-Feb 19

Session 2: Mar 4-Apr 8

No class Mar 25

Time: 3:20-4:20PM

Where: Kelly Lane

Fee: \$94

Learn the fundamentals of tumbling and cheerleading. Basic to intermediate skills will be taught in an age appropriate manner and with the proper progression for tumbling, stunting, motions, jumps, cheers and dances in a safe environment by World Cup All Star Certified Coaches.

SOCCER SHOTS

PARKS & RECREATION

Grades: K-2

Date: Thursdays,

Session 1: Jan 23-Mar 12

Session 2: Apr 2-May 28

No class Apr 16

Time: 3:20-4:20PM

Where: Kelly Lane Gym

Fee: \$105 per session

Kids will learn the fundamentals of soccer while focusing on individual skill, fitness and sportsmanship. Children will be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner. Please have your child wear sneakers and bring a water bottle (no cleats).

WELLS ROAD SCHOOL

BALL PLAYGROUND WITH TALL DUTCH COACH

PARKS & RECREATION

Grades: K-2

Date: Fridays,

Session 1: Jan 10-Feb 28

No class Jan 17, 24, Feb 14

Session 2: Mar 13-May 1

No class Mar 27, Apr 10, 17

Time: 3:20-4:20PM

Where: Kelly Lane Gym

Fee: \$75 per session/\$130 both

Children want to have fun and they have a lot of energy. Why don't we do something with that energy? This class is all about teaching the kids ball control while having a lot of fun when they socialize. They will play games with other children while catching and tossing various types of balls, but we will also work a lot of personal skills as well. These athletic skills are usable with any ball sport in the future. The program will be supervised by Cindy van der Mark (Volleyball basics coach). The players receive a certificate at the end of each session. The players need to wear athletic wear, sneakers and bring a water bottle. Parents can come and watch if they would like (bring sneakers if you want to play along). *One time \$20 t-shirt fee due at the first practice paid to Cindy.

ART-VENTURES "AROUND THE WORLD"

PARKS & RECREATION

Grades: K-2

Date: Fridays,

Session 1: Jan 24-Feb 28

Session 2: Mar 6-Apr 24

No class Apr 10, 17

Time: 3:20-4:20PM

Where: Kelly Lane

Fee: \$105 for 1 session/\$185 both

**A scholarship may be available for a child whose parent is willing to assist during every class. If interested, contact:

afterschool@artventuresforkids.com

SESSION 1:

Art travelers go on a whirlwind tour of the world, traveling among different countries and cultures. Each week we land somewhere in the world and create wicked cool cultural art using unique materials and artisan's techniques. Fun facts about each country and culture, geography and art history included.

SESSION 2:

For new and continuing art explorers!

All new projects! Art travelers go on a whirlwind tour of the world, traveling among different countries and cultures. Each week we land somewhere in our amazing world and create wicked cool cultural art using unique materials and imaginative art techniques.

PE GAMES WITH MR. MIGNEAULT

PARKS & RECREATION

Grades: 3-5

Date: Mondays,

Session 1: Jan 6-Mar 9

No class Jan 20, Feb 17

Session 2: Mar 30-June 1

No class Apr 13, May 25

Time: 3:20-4:20PM

Where: Wells Road gym

Fee: \$115 per session

Students will be active and have fun participating in the PE activities such as "The Game", Capture the Flag, Climbing Wall and Tchouk Ball, as well as Teamwork Challenges like "Mission Impossible", "The Maze" and other games and activities you would find in a Wells Road PE Class.

FIT & FUN RUNNING CLUB

PARKS & RECREATION

Grades: 3-5

Date: Tuesdays, Mar 31-May 19

No class Apr 14

Time: 3:20-4:20PM

Where: Wells Road

Fee: \$100

A chance for your child to be active and learn to run. Through games, drills and other activities, your child will be prepared to finish their first race or take steps towards improving their running ability. Students will be introduced to the basics of running with Coach Rob Lowe, a seasoned coach who will design a fun and engaging program to teach your child to love being active. All levels welcome. For inclement weather program held indoors.

BALL PLAYGROUND WITH TALL DUTCH COACH

PARKS & RECREATION

Grades: 3-5

Date: Tuesdays,

Session 1: Jan 7-Feb 11

No class Jan 14

Session 2: Mar 3-Apr 7

No class Mar 24

Time: 3:20-4:20PM

Where: Wells Road

Fee: \$75 per session/\$130 both

This class is all about teaching the kids ball control while having a lot of fun when they socialize. They will play games with other children while catching and tossing various types of balls, but we will also work a lot of personal skills as well. These athletic skills are usable with any ball sport in the future. *One time \$20 t-shirt fee due at the first practice.

MARTOCCHIO MUSIC GUITAR ENSEMBLE

PARKS & RECREATION

Grades: 3-5

Date: Tuesdays,

Session 1: Jan 7-Mar 10

No class Jan 14, Feb 18

Session 2: Mar 31-June 2

No class Apr 14, May 26

Time: 3:20-4:20PM

Where: Wells Road Music Room

Fee: \$135 per session

Children learn music on one of the most popular instruments going. Instruction includes notes, chords and strumming on guitar in many different styles while having fun with their classmates. They learn to play their parts in an ensemble setting and an end of session concert to show off their hard work. Acoustic (nylon string) guitar required. Guitar rentals available - \$20.00 per session. Please inquire about rentals or any other questions at Martocchio Music (860-651-6683).

FOOD EXPLORERS

PARKS & RECREATION

Grades: 3-5

Date: Tuesdays, Jan 28-Feb 25

No class Feb 18

Time: 3:20-4:20PM

Where: Wells Road Art Room

Fee: \$59

Become a Food Explorer with Registered Dietitian, Katie Shepherd, and learn all about healthy foods and how to make them taste good. We'll explore the five food groups through taste tests, games, and making delicious food. Be prepared to taste new foods, learn new skills and new recipes through this four week course. All recipes will be nut free.

WELLS ROAD, MIDDLE, HIGH SCHOOL

LEGO S.T.E.A.M. WORKS

PARKS & RECREATION

Grades: 3-5

Date: Wednesdays,

Session 1: Jan 22-Mar 11

Session 2: Apr 1-May 27

No class Apr 15

Time: 3:20-4:20PM

Where: Wells Road Art Room

Fee: \$165 per session

Children are working with standard LEGO® materials to problem solve pre-engineering challenges involving structure, levers, gears, pulleys, and other elements of simple machines. Projects may include balancing tower challenges, conveyor rollers, and drumming machines.

SOCCER SHOTS

PARKS & RECREATION

Grades: 3-5

Date: Wednesdays,

Session 1: Jan 22-Mar 11

Session 2: Apr 1-May 27

No class Apr 15

Time: 3:20-4:20PM

Where: Wells Road Gym

Fee: \$105 per session

Kids will learn the fundamentals of soccer while focusing on individual skill, fitness and sportsmanship. Children will be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner. Please have your child wear sneakers and bring a water bottle (no cleats).

ART-VENTURES "BREAKING ALL THE RULES: UNUSUAL AND SURPRISING ART

PARKS & RECREATION

Grades: 3-5

Date: Wednesdays, Feb 19-Apr 22

No class Mar 25, Apr 15

Time: 3:20-4:20PM

Where: Wells Road

Fee: \$129

**A scholarship may be available for a child whose parent is willing to assist during every class. If interested, contact:

afterschool@artventuresforkids.com

In this all-new program, we'll look at old techniques from refreshing new angles,

and combine materials that don't usually go together to create totally unexpected masterpieces. We'll also take inspiration from famous artists known for bending the rules of art!

ATHLETICS WITH MR. MIGNEAULT

PARKS & RECREATION

Grades: 3-5

Date: Thursdays,

Session 1: Jan 9-Mar 5

No class Jan 16

Session 2: Apr 2-May 28,

No class Apr 16

Time: 3:20-4:20PM

Where: Wells Road gym

Fee: \$115 per session

Students will be engaged in more TEAM sport activities such as Ultra Ball, Basketball, Floor Hockey, Soccer and other TEAM sports.

WORLD CUP CHEER AND TUMBLE 101

PARKS & RECREATION

Grades: 3-5

Date: Thursdays,

Session 1: Jan 23-Feb 20

Session 2: Mar 5-Apr 9

No class Mar 26

Time: 3:20-4:20PM

Where: Wells Road Gym

Fee: \$94 per session

Participants will have a great time learning the fundamentals of tumbling and cheerleading. Basic to intermediate skills will be taught in an age appropriate manner and with the proper progression for tumbling, stunting, motions, jumps, cheers and dances in a safe environment by World Cup All Star Certified Coaches.

SPIKE JUNIOR VOLLEYBALL

PARKS & RECREATION

Grades: 6-8

Date: Tuesdays,

Session 1: Jan 7-Feb. 11 No class Jan 14

Session 2: Mar 3-Apr 7

No class Mar 24

Time: 4:30-5:30PM

Where: Wells Road Gym

Fee: \$110 per session/\$200 both

Granby Spike Junior's goal is to offer age appropriate skill development and game play. We will play with lighter weight balls and lower nets to encourage success! The proper fundamentals of volleyball, while focus on individual skills, fit-

ness, sportsmanship and most importantly, having fun while learning to be a great player! The basics will be taught in a developmentally appropriate manner. There is also a one-time equipment fee of \$45 paid to Cindy at the first practice. This is for a lite volleyball and club t-shirt that are yours to keep. No extra equipment fee for returning players.

SPIKE HIGH SCHOOL VOLLEYBALL

PARKS & RECREATION

Grades: 9-12

Date: Fridays,

Session 1: Jan 10-Feb 28

No class Jan 17, 24, Feb 14

Session 2: Mar 13-May 1

No class Mar 27, Apr 10, 17

Time: 4:30-5:30PM

Where: Kelly Lane Gym

Fee: \$110 per session/\$200 both

Spike offers an hour of volleyball scrimmages. You might play for a club and would like to have one more extra practice. Or you played volleyball before, but don't want to commit for a whole season. Maybe you would like to work on some skills with a coach. The first half hour we work on skills and the last half hour we will have some game time. The coach will make teams that are level appropriate. Bring your own indoor volleyball to every practice. Coach Cindy van der Mark will run this program. *There is also a one-time club t-shirt fee of \$20 paid to Cindy on the 1st day practice.

SKI SUNDOWN

PARKS & RECREATION

Grades: Wells Road, Middle & High School

Date: Fridays, Jan 3-31

Time: Bus leaves after school

Fee: www.GranbyRec.com

Join Granby Recreation for this awesome 5 week after school skiing and snowboarding program at Ski Sundown. Students leave directly from their school and are transported by bus. There are options for lessons and equipment rental. Skiers who already have a Season Pass are welcome to utilize our busses if they want to attend on those days to ski with their school-mates. This is a great program for beginner skiers and snowboarders as well as more advanced children. Visit www.GranbyRec.com for details on available pricing options.

APRIL VACATION

MIDDLE & HIGH SCHOOL GIRLS VOLLEYBALL CAMP

PARKS & RECREATION

Grades: 6-8 & 9-12

Date: Monday-Wednesday, Apr 13-15

Time: Grades 6-8: 9AM-12Noon

Grades 9-12: 12:15-3:15PM

Where: Wells Road Gym

Fee: \$130

Coach Cindy van der mark and staff are ready to fill some fun volleyball days during April break. This program is open to all levels of experience. Practice will be focused on teaching basic skills, passing, serving, setting, spiking and basic rules. Every practice will end with some scrimmage play. Participants should bring water, knee pads (optional), athletic clothes and indoor shoes. Every player (not if you are a returning player) needs to purchase a camp shirt for \$15 payable to the instructor on the first day. Please contact Coach Cindy with your t-shirt size and/or any questions at talldutchcoach@gmail.com.

ART-VENTURES CAMP

PARKS & RECREATION

Grades: K-5

Time: 9AM-12Noon

Where: Salmon Brook Park House

Fee: \$40/day

MONDAY, APR 13

Join the League of Super Art Heroes

Prepare yourself by building a Superhero sidekick to accompany you on your missions to save the world. Create your Superhero name and design your Superhero logo. Build secret comic book boxes to store your most valued superpower tokens.

TUESDAY, APR 14

Suit Up, It's Planet-Saving Time

Design your own frisbee shields, Superhero eye masks, and tie-dye marker capes! Then draw Superhero self-portraits.

WEDNESDAY, APR 15

Heroes....Stop That Litterbug!

Join the mission to save planet earth, one litterbug at a time. Paint canvas grocery bags to collect your mission supplies, and color ceramic Superhero banks to store your fortunes.

THURSDAY, APR 16: *Your Mission, Should You Choose to Accept It*

Experience a variety of art forms using natural, recycled, and unconventional materials

and techniques. Create yarn on jars and design mosaic masks with beans. Design and decorate Superhero beaded bracelets to add to your costumes or gift to your biggest fan.

FRIDAY, APR 17: *Get Ready to Soar*

Junior Superheroes finish their Superhero training with a round of space travel. Make Superhero stained glass to hang in your home base. Paint rocket ships on canvas and construct your very own super-vehicles.

SOCCER SHOTS

PARKS & RECREATION

Ages: 4-8

Date: Monday-Thursday, Apr 13-16

Mornings, 9:30-11:45AM or

Afternoons, 1:30-3:45PM

Where: Salmon Brook Park

Fee: \$115

AGES 4-7: program is great for children of all levels and abilities.

AGES 6-8: This program is great for children of all levels who want to have fun and learn more advanced soccer skills/tactics.

FOOD EXPLORERS

PARKS & RECREATION

Ages: 7-12

Date: Tuesday, Apr 14

Time: 9AM-2PM

Where: Holcomb Farm Kitchen

Fee: \$79

Spend a day with Food Explorers this April vacation! You'll spend the day making your own snacks and lunch, and learning all about food with a Registered Dietitian. You'll have fun with your food using taste tests, playing nutrition jeopardy and experimenting with new recipes. All recipes will be nut free but may contain dairy and eggs.

FORT NIGHT

LIBRARY

Grades: 6 & Up

Date: Tuesday, Apr 14

Time: 6-7:30PM

Where: Library, Main Branch

Fee: Free

Kids take over the library! Join us after hours to create one giant Fort. Stories and snacks will follow. Bring blankets, flashlights, clips and other "construction" materials. Advance registration required.

ADVENTURES IN HEALTHY EATING LIBRARY

Ages: 5-8

Date: Monday, Apr 13

Time: 1:30-2:30PM

Where: Library, Main Branch

Fee: Free

An interactive program for the little ones all about healthy food choices. He'll read a story or two and do a "show and tell" with exotic fruits, live lobsters, etc. Attendees will take home an apple and a goodie bag with more healthy eating information. Please register.

FAMILY MOVIE MATINEE

LIBRARY

Ages: Families, All Ages

Date: Wednesday, Apr 15

Time: 2-4PM

Where: Library, Main Branch

Fee: Free

Relax with a family-friendly movie and some popcorn. No need to register.

CRAFTERNOON AT COSSITT

LIBRARY

Ages: 6-12

Date: Wednesday, Apr 15

Time: 3:30-4:30PM

Where: Library, Cossitt Branch

Fee: Free

Make a special vacation week craft project to take home! Instruction and all materials will be provided. Please register in advance.

A VISIT FROM A GARBAGE TRUCK LIBRARY

Ages: Preschoolers with caregiver

Date: Thursday, Apr 16

Time: 10:30-11:30AM

Where: Library, Main Branch

Fee: Free

Our friends at Paine's are coming back! See a real garbage truck up close and sit behind the wheel. We'll have a special story time and coloring sheets, too!

WE LOVE LEGOS! LIBRARY

Ages: 3 & Up

Date: Friday, Apr 17

Time: 10AM-1PM

Where: Library, Main Branch

Fee: Free

Do you love Legos? Come play with ours! We have Duplos, too! Drop in.

TWEENS & TEENS

SALMON BROOK PARK SUMMER DAY CAMPS

PARKS & RECREATION

Ages: Entering grades 1-9

Registration will begin in late February and our full day camps are available all summer long! Visit www.GranbyRec.com for complete information and program registration.

A program specifically for parents with teens and tweens...

HELPING OUR ANXIOUS CHILDREN AND TEENS REDUCE STRESS

PARKS & RECREATION

Ages: Parents & Caregivers

Date: Wednesdays, Jan 29

Time: 6:30-8PM

Where: Salmon Brook Park House

Fee: \$25

Our children deal with a lot! School has become more rigorous. Social media and social situations cause all kinds of hurt and stress. Anxiety and anger are a big part of many of our children's lives. Learn tools to help them calm overwhelming emotions. Emotional Freedom Techniques (EFT), also called tapping, uses the body's pressure points to send a calming signal to the brain. Young people can learn to tap on these points to regain control over their emotions. It is a tool they can use throughout their lives. Sherri Collen is a Level II EFT Practitioner.

MIDDLE SCHOOL OPEN REC

YOUTH SERVICES

Ages: Middle School

Dates: Thursdays, 6-8 PM

Fridays, 7-9 PM

Where: Senior Center

Fee: Free

A drop in rec program with art materials, games, foosball, air hockey etc. Registration required, free drop in

GMHS COMMUNITY SERVICE OPPORTUNITIES

YOUTH SERVICES

Help with our Middle School Open Rec on Thursday and Friday evenings. Participate in our Peer Ed Program

COOL COSMOS: VIEW THE WINTER NIGHT SKY

LIBRARY

Ages: Adults, Teens, Tweens

Date: Tuesday, Jan 14

Snow date Jan 16

Time: 6:30 – 7:30 PM

Where: Holcomb Farm

Fee: Free

Long winter nights, dry air, and bright stars provide excellent conditions for viewing the night sky. Granby Public Library presents a stargazing opportunity with Scott Tracy, science educator and astronomer. Program begins inside with astronomical highlights, and moves outside for hands-on viewing by telescope. Appropriate outer wear highly recommended. Registration required.

MOSTLY MAKERS

LIBRARY

Ages: Teens, Tweens

Date: Wednesdays, Jan 15, Feb 19,

Mar 18, Apr 15, May 20

Time: 3:30-4:30PM

Where: Library, Main Branch

Fee: Free

Kids 10 and older are invited to monthly after-school maker sessions to design, build, mix, and tinker! All materials are provided and teen volunteers help lead the sessions. Check the Library website for project details. Registration recommended.

MUSIC IMPROV & COMPOSING

LIBRARY

Ages: 10-14

Date: Wednesday, Feb 5

Snow date Feb 6

Time: 6:30-7:30PM

Where: Library, Main Branch

Fee: Free

Would you like to make your own music, but don't know where to start? Let Instructor Beth Galloway help you find your voice and learn basic music skills. Try music apps like Sound Forest, Band Lab and GarageBand to create original drum beats and put those rhythms to music you compose. Learn how to make video game songs and rap your name, using sound effects, and more! Registration required.

TREK TO MOUNT KILIMANJARO LIBRARY

Ages: Teens, Tweens

Date: Wednesdays, Feb 12

Snow date Feb 13

Time: 6:30-7:30PM

Where: Library, Main Branch

Fee: Free

Every year thousands of people travel to Tanzania to climb Mount Kilimanjaro. Last year two of those hikers included Granby resident Brian Tomasino and his son Bryce. Hear about their seven-day trek to the world's tallest free-standing mountain and Africa's highest peak. Experience the thrill of summiting the peak (19,341 feet) through their words and photographs. Registration required.

AMERICAN RED CROSS BABYSITTER'S CLASS

PARKS & RECREATION

Ages: 11-15

Date: Saturday, Apr 11

Time: 9AM – 2:30PM

Where: Salmon Brook Park House

Fee: \$105

This class will give your child the information and skills necessary to provide safe and responsible care for children in the absence of parent and adult guardians. This training will help participants develop skills in leadership and professionalism; basic care; safety and safe play; and first aid.

STOP THE BLEED

LIBRARY

Ages: Adults, Teens

Date: Tuesday, Feb 18

Time: 3-5PM

Where: Library Main Branch

Fee: Free

Granby Ambulance Association offers the nationally recognized *Stop the Bleed* program for students, parents, or anyone who wants to learn basic tools to stop uncontrolled bleeding in an emergency situation. A bystander's ability to quickly step in before first responders arrive may make a difference between life and death for an injured person. Learn what you can do. Registration required. *Sponsored by Granby Public Library and Granby Ambulance Association.*



BECOME A LIFEGUARD! LIFEGUARD TRAINING COURSE

PARKS & RECREATION

Ages: 15 & up

Date: Friday, Jun 5, 5-8PM

Saturday & Sunday, June 6 & 7,

Time: 10AM-7PM

Where: Salmon Brook Park House & Pond

Fee: \$375

The American Red Cross Lifeguarding program objective is to teach the skills needed to prevent and respond to aquatic emergencies. Fee includes all materials. There is approximately 7 hours of online learning that must be completed prior to the first class. Joe Lodge, the instructor of the course, will send a web link directly to the participant in order to begin their online course work. Please check your email for a link from healthandsafetytrainingct@gmail.com Certification: American Red Cross Lifeguarding/First Aid and CPR/AED for the Professional Rescuer: Valid for 2 years.

Age 16 & Up: secure your summer employment at Salmon Brook Park upon successful completion!

OWL: OUR WHOLE LIVES

YOUTH SERVICES

Grades: 7 & 8

Dates: 1st, 2nd & 4th Wednesday,

Nov-May

Time: 6:30-8PM

Where: Youth Services/Senior Center

Fee: \$135

Learn accurate, age-appropriate information and sexuality in the context of values and personal responsibility. Support healthy decision making & strengthens social skills. OWL models and teaches caring, compassion, respect, and justice. It helps adolescents address their attitudes, values, and feelings about themselves, their sexuality, and others' sexuality. Participants are guided by trained facilitators through an engaging curriculum that addresses topics most important to young adolescents, including those typically excluded from sexuality education and health classes. Call 860-844-5350 to join.

SOCIAL SERVICES

The focus of the Granby Social Services Department is to coordinate existing federal, state, regional and local services, to increase community awareness of these services and to develop new programs to meet the needs of Granby residents. Call 860-844-5350. Office located within the Senior Center/ Youth Services Building.

FUEL ASSISTANCE PROGRAMS

SOCIAL SERVICES

Ages: All ages

Date: Mar 15 Application deadline

Where: Senior Center

Connecticut Energy Assistance Program (CEAP). During the winter months, help iszzzz available to households to help pay for heating fuel in the form of oil, gas, or electric heat. To qualify you must provide proof of your households total income and assets which must not exceed the program limits. Fuel deliveries start in November. Processing will be delayed if necessary paperwork is missing. Call office to see if your household qualifies.

CHOICES COUNSELOR

SOCIAL SERVICES

Date: 3rd Wednesday of the month

Time: By appointment

Where: Senior Center

Fee: Free

CHOICES provides information and assistance about *Medicare*. Call 860-844-5350.

GRANBY LOCAL ASSISTANCE PROGRAM

SOCIAL SERVICES

Granby residents facing financial hardship may access funds once in a twelve month period. The gross household income cannot exceed 60% of State Median Income, unless extenuating circumstances can be documented.



SENIOR VAN TRANSPORTATION

SENIOR SERVICES

The Senior Vans operate Monday through Friday from 9:00AM - 4:00PM. Out-of-town medical appointments may be made no earlier than 9:30AM and no later than 2:00PM. Call at least one week in advance when requesting rides for appointments. Annual van fee is \$10.

INCLEMENT WEATHER

In the event of snow, Granby Senior Vans will not operate if the Granby Schools are closed due to weather. All driveways and walks must be cleared to allow for safe travel.

MONDAYS, WEDNESDAYS & FRIDAYS

Granby Center errands (pharmacy, bank, Post Office, and local personal care).

TUESDAYS & THURSDAYS

Community Café at the Senior Center

CALL FOR CURRENT SCHEDULE

Ocean State Job Lot, Big Y, Geissler's and Stop & Shop

GUIDELINES

Riders are required to use seat belts, be able to manage themselves unassisted and be considerate of driver and fellow passengers.

TRANSPORTATION ACTION PROGRAM (TAP)

Volunteer drivers offer free medical appointment transport. Call 860-264-6131 to leave a message.

ADULT PROGRAMS

CHESS, ANYONE? LIBRARY

Ages: Adults
Dates: Thursdays, Jan 9, Feb 13, Mar 12, Apr 9, May 14
Time: 10:30AM-12PM
Where: Library, Main Branch
Fee: Free

Play one of the very first strategy board games invented. Chess fans are invited to friendly, competitive games the second Thursday morning of the month.

SOUPER SOUPS! LIBRARY

Ages: Adults, Teens, Tweens
Date: Saturday, Jan 11, *Snow date Jan 18*
Time: 12:30-1:30PM
Where: Library, Main Branch
Fee: Free

Save the date for this souper good culinary program with Sarah Cowles-Gentile, proprietor of *The Whisk*. Hear about special ingredients and cooking techniques, then enjoy sample tastings of flavorful and comforting soups. Registration required.

MOVIE MATINEE LIBRARY

Ages: Adults
Dates: Tuesdays, Jan 14, 28, Feb 11, 25, Mar 10, 24, Apr 7, 21, May 5, 19
Time: 1-3PM
Where: Library Main Branch
Fee: Free

Enjoy free screenings of pre-selected movies on the library's big screen. Join us the second and fourth Tuesday of the month for award-winning films from all genres. Movie listings are posted the beginning of each month. Registration recommended.

COSSITT WRITERS GROUP

LIBRARY

Ages: Adults
Dates: Tuesdays, Jan 14, 28, Feb 11, 25, Mar 10, 24, Apr 7, 21, May 5, 19
Time: 6-7:30 PM
Where: Cossitt Library Branch
Fee: Free

Adult fiction writers are invited to bi-monthly sessions to hone writing skills and collaborate with like-minded scribes.

AUTHOR TALK WITH D. H.

ROBBINS LIBRARY

Ages: Adults
Date: Wednesday, Jan 22, *Snow date Jan 29*
Time: 6:30-7:30 PM
Where: Library, Main Branch
Fee: Free

Local author, lecturer, and publications strategist David (D.H.) Robbins has been actively writing fiction for nearly 30 years. His novels take place during the culturally rich era of the 1960s. Robbins' first published novel, *The Tu-Tone DeSoto* introduces eight teenagers coming of age in an Iowa suburb. His second, *The Reverend*, is a crime mystery based in New York City, and a third novel, *The Weight of Indifference*, takes the reader to San Francisco and Vietnam. Copies of his work will be available for purchase after the program.

AN INTRO TO PROBATE LIBRARY

Ages: Adults
Date: Thursday, Jan 30, *Snow date Feb 6*
Time: 6:30-7:30PM
Where: Library, Main Branch
Fee: Free

Probate is the legal process in which a will is reviewed to determine whether it is valid and authentic. It also refers to the general administering of a deceased person's estate without a will, and it impacts everyone at one time or another. Judge of Probate Cynthia C. Becker offers a straight-forward presentation. Registration required.

TREK TO MOUNT KILIMANJARO

LIBRARY

Ages: Adults, Teens, Tweens
Date: Wednesday, Feb 12, *Snow date Feb 13*
Time: 6:30-7:30PM
Where: Library, Main Branch
Fee: Free

Every year thousands of people travel to Tanzania to climb Mount Kilimanjaro. Last year two of those hikers included Granby resident Brian Tomasino and his son Bryce. Hear about their seven day trek to the world's tallest free-standing mountain and Africa's highest peak. Experience the thrill of summiting the peak (19,341 feet) through their words and photographs.

SELLING YOUR HOME LIBRARY

Ages: Adults

Date: Thursday, Feb 13, *Snow date Feb 20*
Time: 6:30-7:30PM
Where: Library, Main Branch
Fee: Free

Granby realtor Anna Sogliuzzo shares hints and tips for selling your home in today's market. Gain an understanding of the appropriate steps to take to ensure a successful sale. Ample opportunity provided for questions and answers. Registration recommended.

GENEALOGICAL RESOURCES TO GROW YOUR FAMILY TREE

LIBRARY

Ages: Adults, Teens
Date: Saturday, Feb 22
Snow date Feb 29

Time: 2:30-3:30 PM
Where: Cossitt Branch Library
Fee: Free

Tap into resources that contain details about your family history with an expert. Genealogist Jennifer Zinck offers research tips to grow your family tree. Learn to follow the record trail and unearth clues to the lives of your ancestors. Registration required.

UNDERSTANDING TREE AND FOREST HEALTH LIBRARY

Ages: Adults, Teens, Tweens
Date: Monday, Feb 24
Snow date Mar 2

Time: 6:30-7:30 PM
Where: Library Main Branch
Fee: Free

Insects, diseases, invasive plants, and climatic factors influence the health of trees and forests. Connor Hogan, Director of the McLean Game Refuge, speaks about managing forestland resources in the face of these stressors. Learn the basics of forest health. Registration required. Sponsored by Granby Public Library and Granby Land Trust.

LEONARD BERNSTEIN: THE RISE TO FAME LIBRARY

Ages: Adults, Teens
Date: Thursday, Feb 27, *Snow date Mar 5*
Time: 6:30-7:30PM
Where: Library, Main Branch
Fee: Free

Leonard Bernstein was a gifted, famous, popular and successful musician, composer and conductor. He was well-known as a lecturer, educator, author and TV personality, as well as a composer of music. Celebrate the early years of this American treasure with Jeffrey Engle, an accomplished musician and lecturer in his own right. Registration required.

SPANISH CLASSES

PARKS & RECREATION

Ages: 16 & up

Date: Mar 9-May 4, No class Apr 13

Time: Beginner Class: 6-6:40PM

Intermediate Class: 6:50-7:30PM

Where: Salmon Brook Park House

Fee: \$110

This is a beginner course with a strong emphasis on developing all four language skills. The focus in this class will be placed on speaking and listening activities using technology and real-world situations. The assignments will concentrate on reading and writing using authentic resources in order to explore Hispanic culture and history. All content and activities will be studied using authentic resources and real-world situations in order to explore Hispanic culture and history.

AUTHOR TALK WITH SHAWN

FLYNN LIBRARY

Ages: Adults, Teens

Date: Saturday, Mar 14

Time: 10:30-11:30AM

Where: Library, Main Branch

Fee: Free

Having a friend helps us navigate the ups and downs in life. Meet author Shawn Flynn and hear more about his experience and why he was compelled to write *The Kitty Who Rescued Me After I Rescued Him*. Flynn was featured in Carole Goldberg's *Arts & Literature* column, *Hartford Courant*, and also on a segment of WFSB Channel 3 Eyewitness News with Scot Haney. Also joining the discussion are staff from Mary's Kitty Korner, a feline rescue organization located in Granby. Registration recommended.

FINANCIAL PLANNING FOR FAMILIES I/WHIT SPECIAL NEEDS INDIVIDUALS LIBRARY

Ages: Adults

Date: Thursday, Mar 26, Snow date Apr 2

Time: 6:30-7:30 PM

Where: Library Main Branch

Fee: Free

The financial concerns of families whose loved ones have special needs can be as unique as the care needs of the individuals themselves. Learn more about how families are able to

plan for lifetime care, preserve government benefits eligibility, ensure quality of life and more. Registration required.

STOP THE BLEED LIBRARY

Ages: Adults, Teens

Date: Saturday, Mar 28

Time: 10AM-12PM

Where: Library Main Branch

Fee: Free

Granby Ambulance Association offers the nationally recognized *Stop the Bleed* program for anyone who wants to learn basic tools to stop uncontrolled bleeding in an emergency situation. A bystander's ability to quickly step in before first responders arrive may make a difference between life and death for an injured person. Learn what you can do. Registration required. *Sponsored by Granby Public Library and Granby Ambulance Association*

THE 19TH AMENDMENT: A TALE OF SUFFRAGE, SACRIFICE AND SUCCESS LIBRARY

Ages: Adults, Teens

Date: Monday, Mar 30

Time: 6:30-7:30PM

Where: Library Main Branch

Fee: Free

The years-long struggle for American women to obtain the legal right to vote resulted in the 19th Amendment. Mariann Millard informs and entertains in this remarkable and fascinating grass-roots story of women's suffrage. Join us as we commemorate the 100th anniversary of the amendment. Registration required.

BET YOUR BOTTOM DOLLAR LIBRARY

Ages: Adults

Date: Wednesday, Apr 1

Time: 6:30-7:30PM

Where: Library, Cossitt Branch

Fee: Free

Are you curious about the forces that impact how we make financial decisions? Charles Zantor, PhD and author, speaks about the psychology of separating you from your money in this crash course in behavioral economics. Gain a better understanding of who has their hand on your wallet. Registration required.

NATURE AS MENTOR LIBRARY

Ages: Adults

Date: Sunday, May 3

Time: 2-3:30PM

Where: Holcomb Farm, North Barn Pavilion

Fee: Free

Learn the magnificent language of nature in

this powerful workshop. Marlow Shami leads a unique program illustrated with beautiful compelling images, a simple group outdoor activity and a guided meditation. The program is designed to provide information, insight, and tools to connect with one's natural wisdom. Registration required. *Sponsored by Friends of Cossitt Library and Granby Land Trust.*

WOMEN'S BREAKFAST

SENIOR SERVICES

Ages: All ages

Date: Wednesdays at 8:30AM

Where: Senior Center

Fee: Cost \$4/Register 860-653-9891

JANUARY 8: *Bobcats-The Spitfires of the Animal Kingdom*, Ginny Apple, Master Wildlife Conservationist

FEBRUARY 5: *From Grassroots Ice Cream to Deep Roots Street Food in Granby*, Eliza Florian, Owner/Creator

MARCH 4: *Myths and Facts About Granby's McLean Game Refuge*, Connor Hogan, Director

APRIL 1: *Black Community in 19th Century Hartford-Hopes and Expectations*, Barbara Beeching, Author

MEN'S BREAKFAST

SENIOR SERVICES

Ages: All ages

Date: Fridays at 8:30AM

Where: Senior Center

Fee: Cost \$2/Register 860-653-9891

JANUARY 10: *Religious History in the CT Valley, circa 1740's*, Skip Mission

FEBRUARY 14: *The Adventures of a Connecticut Yankee*, Dave Roberts

MARCH 13: *National Grange*, Phil Prelli

APRIL 3: *"Holcomb Family"* Mark Williams

2020 SIMSBURY FARMS

SEASON GOLF PASSES

PARKS & RECREATION

Once again this year Granby Recreation is partnering with Simsbury Recreation to be able to offer the residents of Granby 2020 Simsbury Farms Season Golf Pass at the Simsbury Resident rates. For details, pricing and membership options, please visit our website. The beautiful Simsbury Farms Golf Course was designed by renowned architect Geoff Cornish, the golf course is one of the most popular and scenic in the area. The course is equipped with a practice range and green, locker rooms, and restaurant.

ADULT FITNESS & WELLNESS

WINTER WELLNESS LIBRARY

Ages: 18 & Up
Dates: Wednesdays, Feb 5-26 now
Snow days are Thursdays
Time: 1:30-2:30PM
Where: Library, Main Branch
Fee: Free

Curious about different ways to practice healthy fitness for body and mind? Attend one or all four sessions to explore a variety of methods that improve wellness. Certified instructors and experts in the fields of acupuncture, Reiki, and traditional Chinese medicine on hand to answer questions.

"NEW" RUNNING CLUB

PARKS & RECREATION

Ages: 18 & Up
Date: Tuesdays, April 21-May 26
Time: 5:45-6:45PM
Where: Salmon Brook Park near dog park
Fee: \$35

Mid-week miles! As the winter fades and running season begins, get together with a group of adults to encourage one another, run with one another, and prepare for the races of summer. Led by running coach Rob Lowe, the group will get together for a 10 minute warm-up followed by an enjoyable run through the McClain trails behind Salmon Brook Park for a 45 minute run followed by a brief 5 minute stretch. Groups will be established based upon pace and experience. Anyone who is interested in a group to pound away the miles with will be encouraged to join this adult running club. This is an outdoor running club and will require clothing for outdoor training (including trail running shoes) so that one can enjoy this experience. Rob will be happy to work with anyone to create an individualized plan by the end of the 6 week club.

"NEW" HIKING CLUB

Informational session

SENIOR SERVICES

Ages: 55 & up
Date: Thursday, Mar 12
Time: 1PM
Where: Senior Center
Fee: Free

Sponsored by Aetna Retiree Services
Come and learn more about our new Hiking Club that will be starting later in March. You will have the opportunity to share ideas for

hikes in our area, get more information about Club Membership and meet other hiking enthusiasts. We have scheduled the first two hikes, but the Club will help select future locations.

LUNCHTIME WALKERS CLUB

PARKS & RECREATION

Ages: 18 & Up
Date: Every Tuesday
Time: 12-12:45PM
Where: Salmon Brook Park House
Fee: Free

Being active is the secret to staying healthy! Walking is an easy and inexpensive way to get moving...join our walking club & come walk with us at the beautiful Salmon Brook Park during the lunch time hour. Meet at the Recreation Office. We will be staying on the pavement and walking around the park for 45 minutes of fitness, conversation and fun. We can all motivate each other at this weekly scheduled walk. Dogs and strollers are welcome! Dress for the weather! Registration is required. Program runs through the winter months.

YOGA FOR ALL LEVELS

PARKS & RECREATION

Ages: 18 & Up
Date: Tuesdays
Session 1: Jan 7-Feb 11
Session 2: Feb 25-Mar 31
Session 3: Apr 7-May 19
Session 4: June 2-16

Time: 8:15-9:15AM
Where: Holcomb Farm
Fee: \$35

Join us at the beautiful Holcomb Farm for a mixed level Yoga class. Start the day with this wonderful program to stretch, strengthen and restore. Class begins with a gentle warmup, builds to an invigorating flow and ends with deep stretch and peaceful relaxation. Perfect to help gain flexibility, balance, and strength. Class led by , Mary Ellen Mullins

TAI JI QUAN: MOVING FOR

BETTER BALANCE SENIOR SERVICES

Ages: 55 & up
Date: Wednesdays & Fridays,
Jan 3-Jun 26

Time: 1PM
Where: Salmon Brook Park House
Fee: Free

This nationally recognized program incorpo-

rates elements of Tai Chi that are proven to enhance your stability and walking. This specialized fall prevention program aims to improve range of motion around the ankle and hip joints and lower extremity muscle strength. This class filled up very quickly and there is limited space available. Call now to reserve your spot. Funded by the CT Healthy Living Collective. Register by Dec 13.

AROMA YOGA

PARKS & RECREATION

Ages: All Ages
Date: Wednesdays, Jan 8, Feb 5,
Mar 11, Apr 8, May 6
Time: 6:30-7:30PM
Where: Holcomb Farm
Fee: \$17.50 per class

Immerse yourself in a yoga class designed to delight your senses and unwind your body. Experience the wonderful synergy of yoga and essential oils. Open to all levels. Bring your own yoga mat and water. A minimum of 3 people is needed to run each class.

TAZ FITNESS CHALLENGE EXERCISE CLASS

PARKS & RECREATION

Ages: 18 & Up
Date: Mondays, Wednesdays & Fridays,
Session 1: Jan 6-Mar 18
No class Jan 20, Feb 17
Session 2: Apr 6-June 17
No class Apr 10, May 25

Time: 8-8:55AM
Where: First Church Simsbury,
689 Hopmeadow St
Fee: \$90 per session for 30 classes

Join long time certified & motivating fitness instructor, Terri Ziemnicki for this high energy, low impact fitness class which includes a full body cardiovascular, interval and strength training workout. All fitness levels welcome. Please bring your weights, exercise mat and water bottle. Come be a part of this fun class and great workout!

INSANITY LIVE FITNESS PROGRAM

PARKS & RECREATION

Ages: 18 & Up
Date: Saturdays, Jan 11-May 16
No class Jan 25, Feb 15, Mar 14,

Apr 11, 18, May 9

Time: 9-10AM

Where: Salmon Brook Park House

Fee: \$145 or \$15 drop in

INSANITY LIVE is the cardio-based, athletic-style workout that combines the best of HIIT (high-intensity interval training) and strength moves designed to help you get fit fast! Each high-energy workout is packed with cardio drills, plyometrics, and bodyweight strength moves that help you get lean and strong. No weights required! modifications for every level.

TAZ LOW IMPACT FITNESS

PARKS & RECREATION

Ages: 18 & Up

Date: Mondays, Wednesdays & Fridays,

Session 1: Jan 6-Mar 18

No class Jan 20, Feb 17

Session 2: Apr 6-June 17,

No class Apr 10, May 25

Time: 9-9:55AM

**Where: First Church Simsbury,
689 Hopmeadow St**

Fee: \$90 per session for 30 classes

Join long time certified & motivating instructor, Terri Ziemnicki for this easy to follow low impact class including cardiovascular and strength training exercises to fun and motivating music. This is a great class for all levels and especially for the senior population. Balance and stretching exercises are incorporated in each workout. Please bring your weights, exercise mat and water bottle.

BADMINTON PARKS & RECREATION

Ages: 18 & Up

Date: Thursdays,

Session 1: Jan 9-Mar 5/Middle School

No class Jan 16

Session 2: Mar 12-May 14/High School

No class Mar 26, Apr 16

Time: 7-9PM

Fee: \$25 residents, \$50 non-residents

Increase aerobic fitness and stamina! Granby Resident, Roger Young, will provide coaching consisting of racket grip, proper racket strokes, court movement, correct bird stance, score keeping, correct court coverage by player and partner and history and facts of badminton. All skill levels & equipment provided!

MEN'S UNDER 35 DROP-IN

BASKETBALL

PARKS & RECREATION

Ages: 18-34

Date: Mondays, Mar 16-May 18

No program Mar 23, Apr 13

Time: 7-9pm

Where: High School Gym

Fee: \$50 session, Drop in fee:

\$8 residents, \$10 non-residents

Drop in fees are cash only. Please check the Granby Recreation website Monday afternoons after 3 pm if you are a drop in for updates on cancellations. Drivers license needs to be shown at check in.

MENS' OVER 35 DROP-IN

BASKETBALL

PARKS & RECREATION

Ages: 35 & Up

Date: Tuesdays, Mar 17-May 19

No program Mar 24, Apr 14

Time: 7-9PM

Where: High School Gym

Fee: \$50 session, Drop in fee:

\$8 residents, \$10 non-residents.

Pick-up games for 2 hours for those ages 35 and older. Drop in fees are cash only. Please check the Granby Recreation website Tuesday afternoons after 3pm if you are a drop in for updates on cancellations. Drivers license needs to be shown at check in.

GET FIT GRANBY - Fitness for anyone over 25 SENIOR CENTER

Ages: 25 & Up

Where: Senior Center

**Fee: Residents \$6/Non-Residents \$7
Walk-ins \$8**

The Granby Senior Center offers a variety of fitness classes designed for all abilities. Our instructors are some of the best in the area and have been teaching for several years. We offer small class sizes and the ability to personalize for your individual fitness levels and needs.

YOGA FLOW Mondays 9:45AM

Emphasis is given to finding a balance between flexibility and strength and exploring how, with practice, we can find increased fluidity of movement. Yoga experience is somewhat helpful but not required. *Instructor, Mary Fuller*

GENTLE MOVEMENT &

BALANCE Mondays 11:15AM

Designed to gently stretch muscles and joints to promote flexibility. You will also strengthen your legs and core to help with Fall Prevention. Come and enjoy our balance challenges. *Instructor, Paula Pirog*

CHAIR YOGA Tuesdays 2:30PM

Seated and standing classic Yoga poses, plus balance training and core strengthening. Guided meditation finishes the class in a calm and relaxing manner. *Instructor, Paula Pirog*

YOGA & MOVEMENT Tuesdays 4PM

Strength building Yoga sequences, standing and on the mat. Includes balances and Pilates floor work. Class ends with guided imagery and peaceful relaxation. *Instructor, Paula Pirog*

TONE-UP, TUNE-UP

Wednesdays 9:45AM

A low impact cardiovascular workout with intervals of weight work for upper and lower body strengthening. Does not go to the floor; core training performed seated or standing. *Instructor, Mary Fuller*

BODY BLAST Wednesdays 4:15PM

This fast paced class gives you an all-around great workout. *Instructor, Mary Fuller.*

CARDIO PILATES Thursdays 5:30AM

For those who like to get their workout in early!! This class combines Pilates, hand weights and cardio into one workout that is fun and effective. Includes Pilates core exercises with classic lifting moves and low to no impact cardio bursts adaptable to every fitness level. This workout is varied so that you will never get bored. *Instructor, Mellanee Harmon*

ON THE BALL Thursdays 4:30PM

This class incorporates the use of large stability balls for core and balance training with weighted medicine balls for muscle strengthening and small play balls for isometric muscle building. *Instructor, Paula Pirog.*

CHI GONG Fridays 8:30AM

A gentle, low-impact, standing or seated class focusing on flexibility, balance, healing and pain management. Chi Gong is rooted in Traditional Chinese Medicine.

Instructor, MaryEllen Mullins

CARDIO COMBO Fridays 9:45AM

Quicker pace and more aerobics.

Instructor, Mary Fuller

LINE DANCING Fridays 1PM

Get a solid hour's workout while enjoying musical forms from Country Western to Latin rhythms, from rock classics to recent chart hits. Learn steps and sequences, develop balance and your own personal style. Beginners and the more experienced. *Instructor, Jim Gregory*

HIIT Sundays 7:30AM

This high intensity class will incorporate strength and cardiovascular training for a great full body workout that will increase strength and maximize your calorie burn.

Instructor, Jennifer Dzielak

CREATIVE ARTS

SKETCHING LIBRARY

Ages: Adults, Teens
Date: Thursdays, Feb 6-27
Time: 3:30-4:30 PM
Where: Cossitt Library Branch
Fee: Free

Adult and teen artists of all abilities are invited to attend one or more sketching workshops with locally acclaimed artist and art educator Suzanne Roz Magoon. Practice your craft at still life and live model sessions. Participants bring their own art supplies. Registration required.

CRAFTERS CAFÉ LIBRARY

Ages: Adults, Teens
Dates: Wednesdays, Jan 15, Feb 19, Mar 18, Apr 15, May 20
Time: 6:30-7:30 PM
Where: Library Main Branch *and* Cossitt Library Branch
Fee: Free or \$5 suggested donation

It's hands-on fun for crafters! Make a seasonal project with a different instructor each month. Check the online calendar for crafting details and location. Some of the featured DIY projects include needle felting, specialty crepe paper flowers, twine orbs, sea shell arts, and more! Registration required.

STITCH-INS LIBRARY

Ages: Adults, Teens, Tweens
Dates: Saturday Jan 11, 10AM-12PM
Snow date Jan 18
Wednesday, Jan 15, 1:30-3:30PM
Snow date Jan 22,
Where: Library, Main Branch
Fee: Free

Members of the Connecticut River Valley Chapter of the Embroiderers' Guild of America will be on hand for two *Stitch-Ins* this winter. Novices and accomplished needle workers are invited to attend with stitching of their own or questions about embroidery in general. Registration recommend though drop-ins are always welcome.

PAINT NIGHTS WITH LAURA EDEN PARKS & RECREATION

Ages: 16 & Up
Dates: Thursday, Jan 23: Winter Landscapes
Thursday, Mar 26: Pebbles
Thursday, May 14: Flowers

Time: 7-9:30PM
Where: Holcomb Farm
Fee: \$40

You will be creating a beautiful watercolor scene under the tutelage of local Granby resident and artist, Laura Eden. All the materials you need will be provided and you will be delighted with the masterpiece you will create! Please feel free to bring your own snacks and beverage of choice.

FELT WREATHS FOR SPRING

SENIOR SERVICES

Ages: 55 & Up
Dates: Tuesday, Apr 28
Time: 10AM
Where: Senior Center
Fee: \$25 members, \$30 non-members
Instructor, Katherine Tolve teaches you to make a beautiful felt wreath that welcomes spring into your home.

GRANBY SENIOR POETRY

SENIOR SERVICES

Ages: 55 & Up
Dates: 2nd & 4th Wednesday of the month
Time: 10:30AM
Where: Senior Center
Fee: Free

STAMPING SENIOR SERVICES

Ages: 55 & Up
Dates: 3rd Thursday of the month
Time: 9:30AM
Where: Senior Center
Fee: \$5 members, \$7 non-members
Instructor, Sharyn Holness teaches you to create 4 beautiful cards.

CERTIFICATIONS

ADULT & PEDIATRIC FIRST AID, CPR AND AED

PARKS & RECREATION

Ages: 16 & Up
Date: Several dates to choose from
Jan 16, Feb 11, Mar 5, Apr 2, May 7
Time: 6-7:30PM
Where: Salmon Brook Park House
Fee: \$95

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children

and infants and meets OSHA/workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session.

BASIC LIFE SUPPORT FOR HEALTHCARE PROVIDERS

PARKS & RECREATION

Ages: 18 & Up
Date: Several dates to choose from
Jan 30, Feb 27, Mar 31, Apr 21, May 21
Time: 6-8PM
Where: Salmon Brook Park House
Fee: \$90

Basic Life Support for Healthcare Providers (BLS) is designed to train professionals to respond to cardiac and breathing emergencies for adult, child, and infant victims. Upon completion of the course, learners will receive a 2-year Basic Life Support for Healthcare Providers certificate.

COMBINATION SAFE BOATING/PERSONAL WATERCRAFT CLASS

PARKS & RECREATION

Ages: 18 & Up
Date: Mondays & Wednesday
Mar 23, 25, 30
Time: 6-9PM
Where: Salmon Brook Park House
Fee: \$25

Satisfy the DEEP's requirements and will be able to get your Certificate of Personal Watercraft Operation (CPWO). This class is required by those 10 & up to operate any recreational vessel registered in Connecticut except a personal watercraft.

FAMILY & FRIENDS CPR LIBRARY

Ages: Adults, Teens, Tweens
Date: Saturday, Apr 18
Time: 10AM- 1PM
Where: Library, Main Branch
Fee: \$20 per person
(special discount applied)

This American Heart Association course is for anyone who wants to learn CPR and does not need a course completion card. The course includes lecture, video and hands-on practice with trained instructors from the Granby Ambulance Association. Registration required. Sponsored by Granby Public Library and Granby Ambulance Association.

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LIBRARY

Register at www.granby-ct.gov/library

PARKS & RECREATION

Register at www.GranbyRec.com

SENIOR/YOUTH/SOCIAL SERVICES

Register at the Senior Center

SUPPORT & HEALTH

ALZHEIMER'S SUPPORT GROUP

SENIOR SERVICES

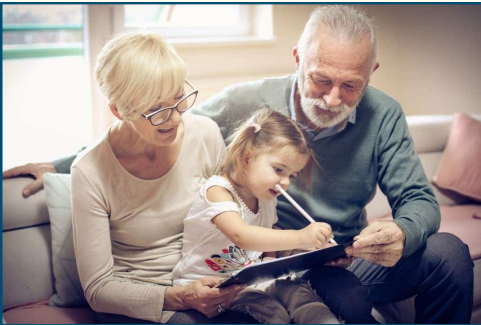
Ages: 55 & Up
Meets: 2nd Tuesday of the month
Where: Senior Center
Fee: Free

Led by Peggy Coburn, McLean Home Care & Hospice. Caring for someone diagnosed with Alzheimer's can be overwhelming. Learning to cope with the changes in their behavior and understanding how to handle it is sometimes best explained by those who are dealing with a similar situation.

ASK THE ATTORNEY WITH

KRANER & HESS SENIOR SERVICES

Ages: 55 & Up
Date: 1st Wednesday of the month
Time: By appointment
Where: Senior Center
Fee: Free



GRANDPARENTS RAISING GRANDCHILDREN

SENIOR SERVICES

Ages: 55 & Up
Date: Thursdays
Time: 1PM
Where: Senior Center
Fee: Free

A group for grandparents who are raising their grandchildren. Join others, like yourself, to share friendships, ideas, and tips on being a parent again.

MS SUPPORT GROUP

SENIOR SERVICES

Ages: 55 & Up
Date: 2nd & 4th Monday of the month
Time: 1PM
Where: Senior Center
Fee: Free

Self-help group for persons with Multiple Sclerosis and their caregivers.

ON GRIEF AND LOSS

SENIOR SERVICES

Ages: 55 & Up
Date: 2nd & 4th Wednesday of the month
Time: 2:30PM
Where: Senior Center
Fee: Free

Through discussion this non-therapeutic support group will help you in understanding and coping with grief. You will find support, information and strategies.

FOOT CARE CLINIC WITH PEDI-CARE SENIOR SERVICES

Ages: 55 & Up
Date: 3rd Monday & 4th Friday of the month
Time: By appointment
Where: Senior Center
Fee: \$29

A specially trained nurse will perform an assessment of the feet and lower extremities, trimming, filing and cleaning of nails. Call 860-844-5350. (not covered by insurance)

BLOOD PRESSURE CHECKS

SENIOR SERVICES

Ages: 55 & Up
Date: Every Thursday
Time: 11AM-12:30PM
Where: Senior Center
Fee: Free

Courtesy of the Farmington Valley Visiting Nurses Association. Held in the Senior Center Community Room.

FREE BLOOD SUGAR CHECKS

SENIOR SERVICES

Ages: 55 & Up
Date: 1st Thursday of the month
Time: 11AM-12:30PM
Where: Senior Center
Fee: Free

Courtesy of the Farmington Valley Visiting Nurses Association.

HOARDING SENIOR SERVICES

Ages: 55 & Up
Date: Tuesday, Apr 7
Time: 1PM
Where: Senior Center
Fee: Free

Presented by Alyssa Nett, MA, Hartford Hospital, Institute of Living. Hoarding is the persistent difficulty of discarding or parting with

possessions, regardless of their actual value. In this educational seminar learn about hoarding disorder, symptoms, treatment and available resources. Register by Apr 1.

FEMALE URINARY INCONTINENCE & BLADDER HEALTH

SENIOR SERVICES

Ages: 55 & Up
Date: Tuesday, Apr 14
Time: 10AM
Where: Senior Center
Fee: Free

Presented by Laura Robbins, PT and Jennifer Loos, PT, Hartford HealthCare Senior Services. In this educational seminar you will learn more about the causes behind urinary leakage as well as strategies to help you manage. Register by Apr 7.

CHAIR MASSAGE WITH

BEV HARRIS SENIOR SERVICES

Ages: 55 & Up
Date: 1st, 3rd & 5th Tuesday of the month
Time: By appointment
Where: Senior Center
Fee: \$10 for 15 minutes

Relax and unwind with a chair massage designed to relieve stress and tension.



REIKI WITH TANNIA

HOTCHKISS SENIOR SERVICES

Ages: 55 & Up
Date: 2nd & 4th Tuesday of the month
Time: By appointment
Where: Senior Center
Fee: \$20 for a half hour

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. You will learn what Reiki is, how it is performed and what health benefits you can gain.

LIFETIME LEARNING ACADEMY



Aging Mastery Program®

National Council on Aging

Granby Senior Center will once again be participating in this national, evidence based program designed to help millions of baby boomers and older adults take critical steps to improve their wellbeing, add stability to their lives, and strengthen their ties to the community. The ten week series explores how to repurpose and support the "Bonus Years" that many Boomers and Seniors will enjoy. **Includes lectures, expert speakers, surprises, sharing and creating the kind of life you want as you age.** This program is valued at \$150.00 per person, but we are offering it at NO CHARGE! *Generously funded by the CT Healthy Living Collective.* This class was sold out in a week last time so don't wait! Sign up today. **Beginning Monday, Apr 6-Jun 22. No class May 25.**

AGING MASTER KICKOFF/NAVIGATING LONGER LIVES

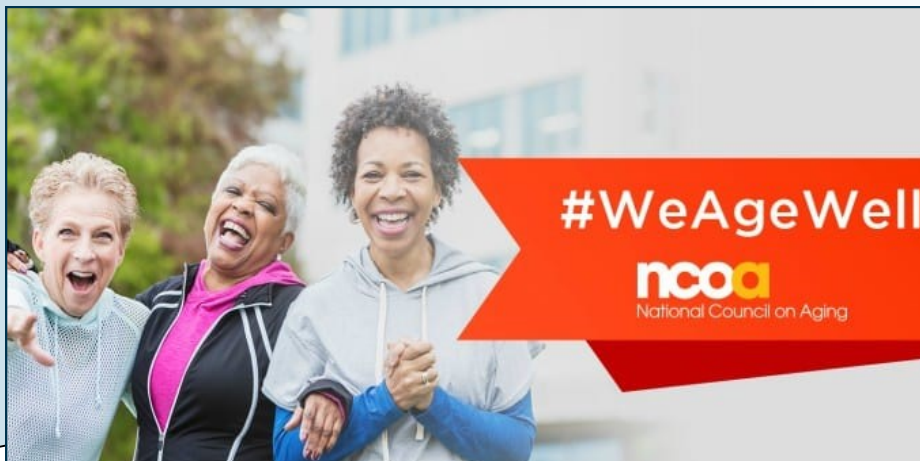
SENIOR CENTER

Ages: 55 & Up
Date: Monday, Apr 6
Time: 1PM
Where: Senior Center
Fee: Free

What is the Aging Mastery Program & how will I benefit? These and more questions will be answered as you meet some of our presenters and classmates.

ADDITIONAL CLASSES INCLUDE

Healthy Eating & Hydration, Fall Prevention & Balance, Community Engagement, Advanced Directives, Financial Fitness, Healthy Relationships, Exercise and You, The Importance of Sleep, Medication Management, Aging Mastery Program Graduation



AMERICAN LIVES

BIOGRAPHY: MARK TWAIN

SENIOR SERVICES

Ages: 55 & up
Date: Tuesdays, Jan 14-Feb 4
Time: 1PM
Where: Senior Center
Fee: \$15 members
\$20 non-members

Based on the Award Winning Ken Burns Series. Featuring the life of Samuel Clemens from his boyhood in the backwoods of Missouri to his days as Mark Twain. This series tells the story of his life full of rollicking adventure, stupendous success and crushing defeat, hilarious comedy and almost unbearable tragedy.

CT WILDLIFE AND THE CHANGING LANDSCAPE

SENIOR SERVICES

Ages: 55 & Up
Dates: Wednesday, Jan 15
Snow date Jan 17

Time: 1PM
Where: Senior Center
Fee: \$5 members, \$7 non-members

Presented by Ellen Castaldini, Master Wildlife Conservationist. The program includes a presentation that describes how changes in Connecticut's landscape over the past 400 years have impacted wildlife. Beautiful wildlife photos highlight the presentation. Participants can handle wildlife pelts, skulls and tracks, and (if they want) test their knowledge of the characteristics and habits of CT wildlife. Register by Jan 8.

SPIRITUAL WRITING

SENIOR SERVICES

Ages: 55 & up
Date: Friday, Jan 24
Time: 1PM
Where: Senior Center
Fee: \$5 members, \$7 non-members

Presented by Tannia Hotchkiss. Have you ever felt there was something interesting beyond your five senses? Would you like to learn to communicate with whatever interesting thing that is? Come to this workshop and learn a written technique of questions and answers that will let you communicate with and channel your Spirit Guides. Register by Jan 17.

AMERICAN HISTORY LESSONS

SENIOR SERVICES

Ages: 55 & up
Date: Mondays, Jan 27-Mar 9
No class Feb 17

Time: 1PM
Where: Senior Center
Fee: \$15 members
\$20 non-members

Presented by Jerry Perkins, Former History Teacher. American history from pre-Columbian to the present has been a story of struggle & conflict for economic and political equality and justice for all. The topics selected for this study will explain some of the causes and results of this struggle. Register by Jan 6.

PIECES OF AN AFRICAN AMERICAN LIFE

Celebrating Black History Month

SENIOR SERVICES

Ages: 55 & up
Date: Tuesday, Feb 11
Time: 1PM

Where: Senior Center
Fee: \$6 members, \$8 non-members
Presented by Noah Webster House. In honor of Black History Month we will be exploring the heroic story of one man who struggled to gain freedom. This multimedia presentation pieces together the life of West Hartford resident Bristow and helps share part of the African-American experience during the Revolutionary War era. Register by Feb 4.

AMERICAN LIVES BIOGRAPHY: EXPLORERS LEWIS & CLARK

SENIOR SERVICES

Ages: 55 & up
Date: Tuesdays, Feb 18-Mar 10
Time: 1PM

Where: Senior Center
Fee: \$15 members, \$20 non-members

Based on the Award Winning Ken Burns Series. The remarkable story of the entire Corps of Discovery, not just the two famous Captains, but the young army men, French-Canadian boatmen, Clark's African American slave and the Shoshone woman named Sacagawea. Journey across a breath-taking landscape in an unforgettable experience. Register by Feb 11.

SURVEY OF THE NEW TESTAMENT

SENIOR SERVICES

Ages: 55 & up
Date: Mondays, Mar 1-Apr 27
No class Mar 9, Apr 13

Time: 10AM
Where: Senior Center
Fee: \$25 members, \$30 non-members
Presented by Skip Mission, Bible Teacher.

This seven week overview of the New Testament will familiarize you with the key New Testament people, events and promises. The discussion will include the Gospels of Jesus, the growth of Christianity and letters to the churches as well as the prophecy and eternal state in Revelation. Register by Feb 24.

BALD EAGLES IN CONNECTICUT

SENIOR SERVICES

Ages: 55 & UP
Dates: Wednesday, Mar 18
Time: 1PM

Where: Senior Center
Fee: \$5 members, \$7 non-members
Presented by Ginny Apple, Master Wildlife Conservationist. It's a bird, it's a plane...NO it's an eagle. Bald eagles were once so endangered that many considered whether to replace them as America's symbol. The ongoing story of their recovery as a species and as CT's healthy eagle population is a comeback story worth hearing. Register by Mar 11.

THE WORLD'S GREATEST FAIR: SAINT LOUIS 1904

SENIOR SERVICES

Ages: 55 & up
Date: Tuesday, Mar 24
Time: 1PM

Where: Senior Center
Fee: \$5 members, \$7 non-members
Intended to be the biggest and best World's Fair ever and featured the first Olympics on American soil where competitors were openly administered drugs, marathon runners who were chased off course by dogs, the first Ferris Wheel, so large that a wedding was held on horseback in one of its cars. Movie presents the fair as never before.

HOW TO CO-EXIST WITH BEARS

SENIOR SERVICES

Ages: 55 & Up
Dates: Thursday, Apr 9
Time: 1PM
Where: Senior Center
Fee: \$5 members, \$7 non-members
Presented by Ginny Apple, Master Wildlife Conservationist. We all know...there are

more and more bears in Granby. This program will give you insight on the bear population as it stands now, their behavior and current research efforts. A focus will be on practical recommendations for optimum coexistence with our black bear population and Ginny's personal observations as a Master Wildlife Conservationist. Register by Apr 2.

THE TAJ MAHAL: FROM INCEPTION TO COMPLETION

SENIOR SERVICES

Ages: 55 & up
Date: Tuesdays, Apr 14-May 12
Time: 2:30PM

Where: Senior Center
Fee: \$25 members, \$30 non-members

Presented by Ellison Findly, Distinguished Professor of Religion, Emerita, Trinity College. Explore the history behind the building, its original purpose and the legend of love and loss that surround it. Register by Apr 7.

AARP TAX PREPARATION

SENIOR SERVICES

Ages: 55 & up
Date: Tuesdays & Wednesdays
Time: by appointment

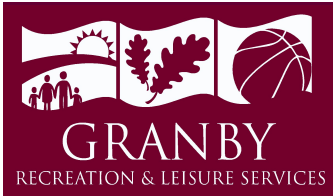
Where: Senior Center
Fee: Free

Volunteer professionals will assist those 60 years and over with form 1040 and the standard schedules, including A and B. Electronic filing is available. Call 860-844-5350 after Jan 15 to set up an appointment.

LEARN A LANGUAGE WITH TRANSPARENT LANGUAGE!

LIBRARY

Unlimited access to more than 120 languages, with lessons and course materials designed to build listening, speaking, reading, and writing skills. Transparent Language is packed with pronunciation practice, speech analysis, grammar, writing activities, and vocabulary-building activities. Learn on your own time and pace. To learn more about Transparent Language and preview the program, stop by the library for a demo and to set up a free account. You can also access the program directly at www.granby-ct.gov/library by clicking on "Online Learning."



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