

Plexus Products Ingredients List

(All amounts are per recommended dose)

Plexus Slim®:

Chromium	200mcg
Xylooligosaccharide	1000 mg
Plexus Slim Blend	531 mg



Green coffee bean extract (contains 50% chlorogenic acid and less than 2% natural caffeine), *Garcinia cambogia* fruit extract, alpha lipoic acid, Mulberry fruit extract.

Plexus Slim® is the delicious, power-packed health drink your body has been waiting for. Slim features a premium microbiome activating formula that contains ingredients clinically-demonstrated to improve gut health and promote weight loss. Feed your gut with beneficial prebiotics, support a healthy glucose metabolism, and lose weight – with one great-tasting pink drink.◊*

Features & Benefits:

- Clinically demonstrated to help you lose weight*
- Promotes the growth of good gut microbes◊*
- Increases Lactobacillus by 365 times and Bifidobacterium by 290 times- contributes to overall health◊*
- No artificial sweeteners, flavors or colors
- Supports healthy glucose metabolism*
- 30 single serve packets for on-the-go convenience
- Delicious raspberry, lemon, watermelon flavor

Other Ingredients:

- Citric Acid
- Natural Flavors
- Stevia Leaf (*Stevia rebaudiana*) Extract
- Beet Root Extract and other fruit and vegetable juice (for Color)
- Cellulose Gum
- Silicon Dioxide

Plexus Bio Cleanse™:

Ascorbic Acid	150mg
Magnesium	380mg
Sodium	50mg
Bioflavonoid Complex	50mg

Other Ingredients:

- Rice flour
- Bioflavonoids - orange (peel), lemon (peel), quince (whole fruit)

Feeling Sluggish? Bio Cleanse can help. As a result of modern, busy lifestyle, it may be tough to get the exercise you need, or eat a balanced diet rich in fiber. This can leave you feeling bloated and uncomfortable.



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Plexus ProBio5™:

Proprietary Enzyme Blend.....200mg

- Proteases
- Chitosanase (from Bacillus Coagulans)
- Cellulase
- Serrapeptase (as Peptizyme SPTM)

Probiotic Blend.....100mg

- Bacillus Coagulans
- Lactobacillus Acidophilus
- Lactobacillus Planterum
- Bifidobacterium Longum
- Saccharomyces Boulardii

Other Ingredients:

- Vitamin C.....150mg
- Vitamin B6.....2.5mg
- Grape Seed Extract.....25mg
- Gelatin
- Water
- Organic brown rice powder
- Contains Yeast

Despite our efforts to make healthy lifestyle choices, it is impossible to avoid the environment around us. Processed foods and the chemicals we are exposed to disrupt the delicate balance of microorganisms in our bodies. Almost 70% of our immune system cells are located in the gut, and optimal health starts with a healthy digestive system.

Probiotics are essential to supporting a healthy digestive and immune system, and ProBio 5 is one of the best things you can do to maintain a healthy balance of microflora to help promote optimal health.*

Features & Benefits

- Promotes digestive health
- Promotes a healthy immune system
- Provides 5 strains of probiotic bacteria to help support and maintain intestinal flora
- Contains enzymes to aid in the breakdown of proteins and fibrous foods during digestion
- Helps reduce free radical damage in the body
- Gluten Free



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Vitale Biome™:

Probiotic Blend.....20 billion CFU

- *Lactobacillus helveticus* (R0052)
- *Bifidobacterium longum* (R0175)
- *Bacillus coagulans* (MTCC 5856) (LactoSpore)
- *Bifidobacterium lactis* (BI-04)
- *Saccharomyces boulardii* (I-3799)
- *Bifidobacterium lactis* (Bi-07)
- *Lactobacillus plantarum* (LP-115)
- *Lactobacillus acidophilus* (NCFM)



Other Ingredients:

- Brown rice flour, hydroxypropyl, methylcellulose (vegetarian capsule), medium chain triglycerides

VitalBiome is a revolutionary probiotic with clinically-demonstrated ingredients that help improve your health and your mood! Its exceptional formula delivers 8 diverse probiotic strains that reduce feelings of stress and anxiety, reduce GI distress, and rebalance your gut microflora, dramatically improving your health and happiness.*

Features & Benefits

- Helps reduce feelings of stress & improve mood*
- Helps reduce GI distress*
- Stabilizes stress hormones & promotes relaxation*
- Supports a healthy immune system*
- Helps relieve bloating & bowel discomfort*
- 20 billion CFU*
- 8 clinically-documented strains
- Delayed release capsule
- PlexiPak™ bottle to safeguard probiotics
- Gluten Free, 100% Vegetarian, Non-GMO

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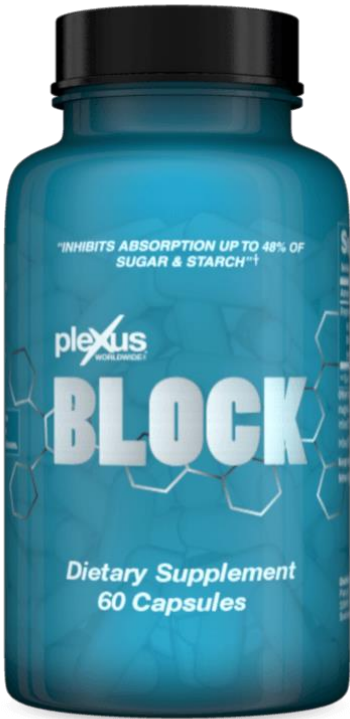
Plexus Block™:

Proprietary Blend

- Chromium (Chromax).....200 mcg
- White Kidney Bean 10:1 Extract.....500 mg
- InSea2® Brown Seaweed Blend.....200 mg
-

Other Ingredients:

- Hypromellose (vegetarian capsule)
- Microcrystalline cellulose
- Magnesium Stearate
- Silicon Dioxide



Plexus BLOCK contains natural ingredients, clinically-tested to work immediately to block the absorption of up to 48% of carbs and sugars from your meal— without blocking the absorption of any beneficial nutrients.*

When you eat, the body does what it’s naturally wired to do — converts carbs and sugar into glucose. But when too much glucose is converted at once, the excess can be stored as fat. Excess glucose means excess fat and excess fat can lead to excess weight. Take control of what you eat, with BLOCK.

Features & Benefits:

- Helps control carbs and sugars*
- Reduces the glycemic index of carbohydrates and sugars*
- Helps manage your weight when combined with healthy diet & exercise*
- Helps maintain blood sugar levels already in the normal range*
- Doesn’t block absorption of any beneficial nutrients
- Neutralizes enzymes that convert carbohydrates into glucose*
- Neutralizes enzymes that convert sugar into glucose*
- Helps improve glucose metabolism*

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Plexus Accelerator+™:

Plexus Proprietary Blend - 950mg

- Yerba mate (leaf) Extract
- Higenamine Hydrochloride
- Hordenine Hydrochloride
- Hawthorn (berry) Extract
- 5-HTP (5-hydroxytryptophane from griffonia seed extract)
- Green Tea(leaf) extract

Other Ingredients:

- Niacin (as niacinamide) - 20mg
- Vitamin B6 (as pyridoxine hydrochloride) - 30mg
- Folic Acid 400mcg
- Vitamin B12 (as methylcobalamin) - 500mcg
- Calcium (as calcium glycinate) - 16mg
- Chromium (as chromium picolinate) - 150mcg
- Hypromellose (vegetable capsule)
- Magnesium Stearate
- Rice Flour
- Titanium Dioxide

When taken with Plexus Slim®, in conjunction with a healthy diet and exercise, Accelerator+ helps you manage your weight. Take one capsule with one stick pack of Plexus Slim® 30 minutes after a healthy breakfast.

Features & Benefits

- Helps increase energy levels naturally.
- Convenient and easy to use
- Great 3-day and 7-day packs to sample the products
- Gluten Free
- 100% Vegetarian



Plexus Boost™:

Plexus Proprietary Blend - 608mg

- Citrus Reticulata / Nelumbo Nucifere blend (Higenamine from tangerine Peel / Lotus Seed))
- Yerba Mate Extract
- Caralluma Fimbriata Extract
- Green Tea Extract

Other Ingredients:

- Calcium Glycinate (32%) - 50mg
- Vitamin B6 - 30mg
- Niacin - 20mg
- Chromium Picolinate (10%) - 1.5mg
- Vitamin B12 (methylcabalamin) - 500mcg
- Folic Acid - 400 mcg
- Rice Flour
- Magnesium Stearate

Plexus Boost works to energize your life – with a proprietary blend of botanicals and super foods like Carallum Fimbriata, an edible cactus traditionally used by tribal East Indians to help suppress hunger and enhance endurance, and Yerba Mate traditionally used in South America as a healthy energizer.

Features and Benefits

- Helps suppress hunger with Carallum Fimbriata
- Delivers healthy energy with Yerba Mate
- Gluten Free
- 100% Vegetarian



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Plexus Ease Capsules™:

- **Proprietary Blend** – 600 mg
 - New Zealand Green Lipped Mussel Powder (ETArol™). **NOTE: ETArol™ is a trademark of Clinical Study Applications, Chandler, AZ)**
 - Turmeric (Rhizome) Extract
 - Serrapeptase
 - Bromelain
- **Other Ingredients**
 - Hypromellose (vegetable capsule)
 - Magnesium Stearate
 - Titanium Dioxide



Plexus Ease Capsules may help with discomfort due to an active lifestyle. Day after day, you may notice your discomfort becoming less and less.

Features & Benefits:

- Unique, proprietary ingredient blend
- May provide comprehensive “inside-outside” synergistic relief with the Plexus Ease Cream.

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Plexus Ease Cream™:

Proprietary Blend Active Ingredients

- Water
- Alcohol (SDA 40)
- Hamamelis Virginiana (Witch Hazel) Extract
- ETARol™ (Green Lipped Mussel Powder) NOTE: ETARol™ is a trademark of Clinical Study Applications, Chandler, AZ
- Menthol
- Citrus Grandis (Grapefruit) Extract
- Camellia Sinesis (Green tea) Leaf Extract
- Cucumis Sativus (Cucumber) Fruit Extract
- Pollen Extract
- Citris Aurantium Dulcis (Orange) Flower Extract
- Anthemis Nobilis Flower Extract
- Macrocystis Pyrifera Extract
- Lavandula Augustifolia (Lavender) Extract
- Aloe Barbadensis (Aloe Vera) Leaf Juice
- Prunus Amygdalus Dulcis (Sweet Almond Oil)
- Methylsulfonylmethane (MSM)
- Glucosamine Sulfate
- Chondroitin Sulfate
- Sodium Hyaluronate
- Capsicum Frutescens Extract
- Saccharide Isomerate
- Tocopheryl Acetate (Vitamin E)
- Retinyl Palmitate (Vitamin A)
- Tocopherol
- Peppermint (Mentha Piperita) Oil
- Polysorbate 80
- Titanium Dioxide
- Carbomer
- Potassium Sorbate
- Phenoxyethanol
- Ethylhexylglycerin
- Tromethamine



The Plexus Ease Cream is for temporary relief of discomfort due to an active lifestyle. Ease Cream helps the body to reduce discomfort quickly, safely and effectively. Simply rub the cream on the area giving you discomfort and within minutes you can have the temporary relief that you want.* **For External Use Only**

Features & Benefits

- Proprietary ingredient blend*
- Provides synergistic "inside-outside" relief with the Ease Capsules*
- Non-greasy and with pleasant scent*
- Easy to use*

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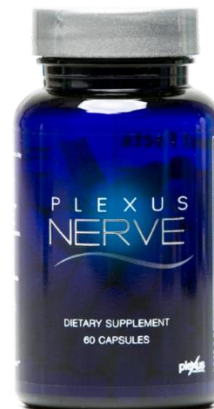
Plexus Nerve™:

Thiamin (as thiamin HCl)	10mg
Riboflavin	2.5mg
Niacin (as niacinamide)	12.5mg
Vitamin B6 (as pyridoxine HCl)	5mg
Vitamin B12 (as methylcobalamin)	500mcg
Biotin (as d-biotin)	500mcg
Folic Acid	200mcg
Magnesium (as magnesium glycinate)	5mg
Zinc (as zinc amino acid chelate)	5mg
Copper (as copper citrate)	125mcg
"Nerve Preserve" Proprietary Blend:	262mg

- Acetyl L-Carnitine
- Alpha Lipoic Acid
- Horse Chestnut Extract 20%
- Butchers Broom Powder (root)
- Quercetin

Other Ingredients:

- Hypromellose (vegetable capsule)
- Magnesium Stearate
- Rice Flour
- Silicon Dioxide
- Titanium Dioxide



Plexus Nerve is a specially formulated combination of vitamins, minerals, herbs and amino acids to help support healthy nerve cells and nervous system.

Features & Benefits

- Specially formulated combination of vitamins, minerals, herbs and amino acids.
- May reduce symptoms from nerve discomfort.

‡ †This does not apply to nerve discomfort from an underlying disease such as diabetes, autoimmune disorder, or other applicable disease.

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Plexus X Factor™ Multivitamin:

	Amt	% DV
Vitamin C (Ascorbic Acid and Calcium Ascorbate)	200mg	330%
Vitamin D (as Cholecalciferol)	1000IU	250%
Vitamin E (as d-alpha-tocopheryl succinate)	30IU	100%
Thiamin (as thiamine hydrochloride)	3mg	200%
Riboflavin	3mg	180%
Niacin (as Inositol Hexanicotinate)	20mg	100%
Vitamin B6 (as Pridoxine hydrochloride)	10mg	500%
Folate (as calcium N5-methyletetrahydrofolate)	400mcg	100%
Vitamin B12 (as methylcobalamin)	500mcg	8330%
Pantothenic Acid (as Calcium D-Pantothenate)	10mg	100%
Proprietary Blend:	390mg	
<ul style="list-style-type: none"> Patented Aloe Vera (aerial parts) Blend New Zealand Blackcurrant Fruit Extract (std. min. 35% anthocyanins) Guar Gum (Fiber) 		
Other Ingredients:		
<ul style="list-style-type: none"> Rice Flour Hypromellose (vegetable capsule) Silica Magnesium stearate 		



Consuming multivitamin supplements is a good thing. With our poor diets and all the other threats to our health, it's critical to have a high-quality food source of vital nutrients. But did you know that even if you're taking a multivitamin product, you're probably not getting nearly the level of superior-quality nutrients you thought you were? In fact, studies suggest that the majority of multivitamin products are of poor quality and difficult for the body's digestive tract to break down, digest and absorb. But there's great news! Plexus, a world-recognized leader in the health and nutritional industries, has developed a breakthrough in vitamin supplements. Plexus XFactor is a turbocharged multivitamin and antioxidant supplement with a never-before-seen formulation of a patented aloe blend and New Zealand Blackcurrant of which results in vastly improved absorption and assimilation for optimal nutrition and wellness protection.

Features & Benefits

- Delivers several B vitamins, vitamins D, C and E, the antioxidant protection of New Zealand Blackcurrants, and the impressive nutrient profile of Aloe*
- Provides super-potent antioxidant protection* Delivers support for whole-body wellness*
- Supports the body's functions, processes and systems* Super-charges the body's various immune activities*

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X Factor Plus™:

- Vitamin A.....5,000 IU
- Vitamin C.....60 mg
- Vitamin D3.....1,000 IU
- Vitamin E.....30 IU
- Vitamin K.....80 mcg
- Thiamin.....15 mg
- Riboflavin.....17 mg
- Niacin.....20 mg
- Vitamin B6.....20 mg
- Folate.....400 mcg
- Vitamin B12.....420 mcg
- Pantothenic Acid.....10 mg
- Calcium.....25 mg
- Magnesium.....50 mg
- Zinc.....15 mg
- Selenium.....105 mcg
- Copper.....2 mg
- Manganese.....2 mg
- Chromium.....120 mcg
- Molybdenum.....75 mcg
- Boron.....500 mcg
- Vanadium.....10 mcg
- Proprietary Blend.....503 mg

Grape seed extract, apple fruit extract, cranberry fruit powder, aloe vera extract, blackcurrant fruit extract, resveratrol extract, sodium copper chlorophyllin

Other Ingredients:

Hypromellose (vegetarian capsule, microcrystalline cellulose, silica, sunflower oil



Your multivitamin should help you stay healthier and feel better. XFactor Plus does just that—with premium, bioavailable forms of key nutrients, a high-potency B vitamin complex, and a gut-protecting polyphenol blend. It's the multivitamin—redefined.♦*

Features & Benefits

- Supports healthy immune function*
- Supports healthy bones and muscle function*
- Helps support healthy blood pressure levels already in the normal range*
- Protects against free radical damage*
- Boosts energy levels and metabolism*
- Promotes mental clarity and concentration*
- Improves mood*
- Delivers the most bioactive and bioavailable ingredient forms for superior absorption
- Complete with 100% or more of the Daily Value of 19 essential vitamins and minerals
- Delivers over 50 naturally occurring trace minerals
- Gluten Free
- 100% Vegetarian
- Non-GMO

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Plexus MegaX™:

Omega 3 Blend – 300mg:

- 200 mg - ALA (From Ahiflower® (Buglossoides arvensis) Seed Oil, Raspberry (seed) Oil, Broccoli (seed) Oil)
- 100 mg – SDA (From Ahiflower® (Buglossoides arvensis) Seed Oil)

Total Omega 6 & 9 Blend – 300 mg:

- Ahiflower® (Buglossoides arvensis) Seed Oil
- Avocado Oil
- Raspberry (seed) Oil
- Sea Buckthorn (berry) Oil
- Pomegranate (seed) Oil
- Broccoli (seed) Oil

Total Omega 5 & 7 Blend – 100 mg:

- Pomegranate (seed) Oil
- Sea Buckthorn (berry) Oil
- Avocado Oil

Other Ingredients:

- Gelatin
- Vegetable Glycerin
- Purified Water



Did you know that your body doesn't create the essential fatty acids that it needs? Plexus MegaX combines the benefits of omega 3, 6, 9, 5 and 7 all in one sustainable, ALA and SDA-rich, heart and brain health softgel. It is truly the complete omega product!* Plexus MegaX was created using AHIFLOWER® Oil, which contains the omega 3 stearidonic acid (SDA) which your body converts to EPA (the omega-3 fatty acid found in fish oil) at a rate of up to 4 times more efficiently than our other plant-based oils which contain no SDA, such as flaxseed.*

Benefits

- Research suggests that omega-3s may help lower triglyceride levels. Lower levels of triglycerides are associated with good health, especially cardiovascular health*
- Supports healthy lipid levels* Supports normal cholesterol and blood pressure levels, which can help promote cardiovascular health*
- Support for brain health*
- Supports healthy brain development *
- Omega-3 fatty acids are considered essential fatty acids. Also known as polyunsaturated fatty acids, omega-3 fatty acids play a crucial role in brain function*
- Some research suggests that omega-3s may have a positive effect on gradual memory loss linked to aging*
- Helps with stress management*
- Aids in relaxation*
- Studies on DHA have suggested that a dietary supply of omega-3 fatty acids may be essential for optimal visual development*
- Combines the full range of omega 3, 6, 9, 5 and 7

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Plexus X Factor Chewables™:

	For ages 4 +	
	Amt	% DV
Total Carbohydrate	1g	<1%
Vitamin C (Ascorbic Acid and Calcium Ascorbate)	200mg	330%
Vitamin D (as Cholecalciferol)	1000IU	250%
Vitamin E (as DL-Alpha-Tocopheryl Acetate)	30IU	100%
Thiamin (as Thiamine HCl)	3mg	200%
Riboflavin	3mg	180%
Niacin (as Inositol Hexanicotinate)	20mg	100%
Vitamin B6 (as Pridoxine HCl)	2mg	100%
Folate (as Folic Acid)	400mcg	100%
Vitamin B12 (as Cyanocobalamin)	6mcg	100%
Pantothenic Acid (as Calcium D-Pantothenate)	10mg	100%
Calcium (as Calcium D-Pantothenate & Calcium Ascorbate)	6mg	<2%
Proprietary Blend:	390mg	***
New Zealand Blackcurrant Fruit Extract, Guar Gum		



XFactor Family Chewables contain the superior New Zealand Blackcurrant, which is a powerful nutrient-rich berry known for its potent antioxidant properties. Antioxidants help eliminate free radicals and toxins, and provide support for a healthy balanced life.*

Other Ingredients: Sugar, dextrose, xylitol, natural grape flavor, magnesium stearate, silica, citric acid, stevia rebaudiana extract, L-tartaric acid, malic acid, luo-han-guo fruit extract, maltodextrin, beta-cyclodextrin, dicalcium phosphate.

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Plexus Body Cream™:

- Cetearyl
- Caprylic/Capric Triglyceride
- Glyceryl Stearate SE
- Prunus Amygdalus Dulcis (Sweet Almond) Oil
- Aloe Barbadensis (Aloe Vera Gel)
- Sodium Stearoyl Lactylate
- Spirulina Maxima Extract
- Citrullus Lanatus (Watermelon)
- Charcoal
- Oryza Sativa (Rice) Extract
- Vitis Vinifera (Grape) Seed Oil
- Butyrospermum Parkii (Shea Butter)
- Oenothera Biennis (Evening Primrose) Oil
- Tocopheryl Acetate (Vitamin E)
- Tapioca Starch
- Lavandula Angustifolia (Lavender) Oil
- Rosaceae (Rose Absolute Moroccan) Oil
- Guar Gum
- Potassium Sorbate
- Gluconolactone
- Sodium Benzoate
- Citric Acid



Plexus Body Cream is a unique skin renewing cream with Spirulina Algae and Activated Charcoal! Initial reports say that Plexus Body Cream has been found to revitalize the skin over the entire body of both men and women. The effective detoxifying action is promoted by Spirulina Algae, plus the new addition of Activated Charcoal, to remove age-advancing toxins and impurities from the skin. These ingredients are carried into the skin's layers on a Rich Blend of Aloe Barbadensis (Aloe Vera Gel), Sweet Almond Oil, Grape Seed Oil, Evening Primrose Oil, Lavender Oil and Rosaceae Oil.* Plexus Body Cream brings new life and vibrancy to your skin!*

Features & Benefits

- Features powerful Spirulina Algae*
- Activated Charcoal helps fight against age-advancing toxins and impurities*
- Rich Blend of Aloe Barbadensis (Aloe Vera Gel), Sweet Almond Oil, Grape Seed Oil, Evening Primrose Oil, Lavender Oil and Rosaceae Oil*
- Revitalizes the skin over entire body for both men and women.*

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Plexus EDGE

Theacrine	125 mg
L-Theanine	100 mg
Natural Caffeine (Coffea robusta)	90 mg

Other Ingredients:

- Hypromellose (vegetarian capsule)
- Microcrystalline cellulose
- Magnesium stearate
- Silicon dioxide

Caffeine amount is equivalent to 1 cup of coffee.



With just one capsule a day, EDGE changes the way you are able to live by providing healthy, sustained energy and increased mental focus.*

Three key ingredients make up this exclusive, clinically tested blend: energy-boosting Theacrine, jitter-busting LTheanine, and natural caffeine. The result is a formula that powers you through your day, giving you energy for the things that matter most. Experience life without the distractions, without the sugar crash, without the limits. A better life is within reach with the help of EDGE.*

Benefits

- Healthy, Sustained Energy*
- Sharper Thinking*
- Enhances Concentration & Focus*
- Improves Mood* Features
- Clinically Tested Ingredients
- Patent Pending Formula
- 100% Vegetarian & Gluten-Free

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Plexus 96™:

Whey Protein Concentrate

Maltodextrin

Natural Flavors

Xanthan Gum

Whey Protein Isolate

L-Taurine

Stevia

Glucomannan

Cocoa Powder (Chocolate P96 Only)

Contains: Milk, Soy Lecithin



Find yourself in a hurry with no time to stop for breakfast? Tempted to pick up a quick fast-food lunch? Plexus 96® is there to rescue you. Avoid high calorie meals and starving yourself.

Features & Benefits

- Helps control hunger and helps curbs cravings
- Perfect 100 calorie energizer -- feel full so you snack less.
- Helps build lean muscle with 15 grams of high-quality whey protein isolate and concentrate
- Provides sustained energy
- Helps maintain blood sugar levels already in the normal range.
- Contains more than 20 vitamins and minerals for optimal nutrition
- Delicious and easy to use for an active lifestyle
- Gluten Free



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