

# Rio Linda Elverta Recreation and Park District **Activity Guide** Spring/ Summer 2019

## AT A GLANCE

**Eggstravaganza- April 20th**

See special events page for details



**AquaKnights Swim Team**

Early Registration March 1st- March 31st

**Summer Camp- June 17th**

See youth page for details



RIO LINDA ELVERTA



**RLE Recreation and  
Park District**

Mon-Fri, 8:00am-5:00pm

810 Oak Lane, Rio Linda, CA 95673

(916)-991-5929 • RLEparks.com

Facebook.com/rleparks Instagram & Twitter: @rleparks

**Board of Directors**

Lisa Morris– Chair Stacey Bastian– Vice Chair

Charlea Moore– Secretary

Jerry Huffhines– Director

Becky L. McDaniel– Director

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# Directors Corner

Last year at this time, I was thinking about how the Rio Linda Elverta Recreation and Park District was going to have a banner year in 2018. Well, it turned out to be a great year for the District. We built upon our success by offering more Special Events; Re-introducing some long-standing programs that had lost some luster in previous years; and by reaching out to you, our residents, to see what kind of programming you would like to see.

In 2018, the District partnered with the Twin Rivers Unified School District and agreed to maintain and program the green space at both Westside School (between the school and the ball field) and at the old Rio Linda Elementary School. We will soon be programming both areas.

The Rio Linda Elverta Recreation and Park District is now using the ParkWatch Report to keep additional eyes on our Parks. The Park-Watch Report allows park users to file reports on our parks. Examples include (but not limited to) Vandalism; Theft; Misuse of pedestrian trails (like motorized vehicles on the pedestrian trails); Dogs off their leash; Safety hazards; etc. Please go to <https://rleparks.ParkWatchReport.com> to register for this great service.

We recently completed some more upgrades to the Community Center Hall. This was due in part to a generous grant from Sacramento County. If you have a party or celebration to plan, please contact us as the hall is available for rentals at a very reasonable cost!

Last Summer the Park District re-branded its Daily Summer Camp program and we are ready to hit the summer of 2019 with a bang. We are also bringing back our very popular Movies in the Park (and Pool). Stay tuned for dates and titles.

There is a lot going on in the Rio Linda Elverta Recreation and Park District. We look forward to joining you in recreation. Come back to the District for a lot of fun in the sun and great programs. If you have any suggestions or ideas for new or different programs and events (for any age level). Please contact the District Offices at 916-991-5929. Remember that Parks Make Life Better!

Yours in Recreation,



Mike Heller  
District Administrator

**Parks  
Make  
Life  
Better!**



# Special Events



## Spring Eggstravaganza

**Saturday, April 20th 9:00am-1:00pm**

Bring the family and join us for games, raffle prizes, FREE egg hunts, vendors and bbq!

### Egg Hunt Times

10:00am, 11:00am, 12:00pm

Hunt areas will be separated into age groups. Each hunt time will include all ages.

## Movies in the Park

**April 26th, May 17th, June 28th,  
July 26th, August 23rd, September  
13th**

**Movies begin at Dusk**

Free movies, concessions will be available for sale. Visit [www.rleparks.com](http://www.rleparks.com) for movie listings



## Twilight Swim

**Saturday, June 22nd, and  
July 13th**

**Time: 6:30-8:30pm**

**Location: Rio Linda High School Pool**

**Price: \$3.00**

What better way to beat the heat, than to go swimming! Bring the family for an evening of fun for a special twilight swim.

## Movies at the Pool

**June 14th, July 19th, August 9th**

**Time: Pool opens at 7:30pm, movie begins at Dusk**

**Fee: \$4.00**

**Rio Linda High School Pool**

Float in the pool or lounge on the side during a movie showing at the pool. Concessions will be available for sale. Visit [www.rleparks.com](http://www.rleparks.com) for movie listings

## Creek Week



**Saturday April 13th 9:00am-12:00pm**

3 locations available; Hayer Park, Dry Creek Ranch House, Community Center Park

Join your neighborhood and other community members as we clean up the areas around our creeks. All supplies will be provided. Visit [www.creekweek.net](http://www.creekweek.net) for more information and to sign up to volunteer

## Drivers Education

Satisfies the CA DMV requirements for new drivers. Must be 15 and a half years of age to enroll. Fulfills the 15 hour DMV prerequisite for permit test. Students can receive a \$35 discount on behind the wheel instruction. THIS IS AN ONLINE COURSE. Register at the Community Center office

**Ages:** 15 1/2+      **Fee:** \$20.00

**Dates:** Anytime, this course is completed on students own time

## Youth Fishing

Youth Fishing sponsored by **The Chamber of Commerce**, will introduce participants to fishing at local ponds and creeks. Equipment and



transportation is provided.

**4 week program, 7 spots available.**

**Days:** Saturdays  
April 27th-May 18th, May 25th-June 15th

**Time:** 8:00-11:00am

**Ages:** 8-14

**Fee:** \$45.00

**Meeting Location:** Community Center

## Hunting Education

Must complete California Fish and Wildlife GO-ID prior to participating. No refund will be given if participant does not pass the class. Must attend both days. Recommended age 12+

**Date:** March 26th and 28th

**Days:** Tuesday and Thursday

**Time:** 6:00-10:00pm

**Location:** Community Center

**Fee:** \$15.00, plus \$5.00 material fee to instructor

**Date in June TBD**

## Kidz Love Soccer— skill building

**Location:** Westside Park

Day	Dates	Weeks	Fee
Thurs	4/25 – 5/23, 6/20-7/25	5	\$64.00
Soccer 1 & 2 (5-8yrs)		4:00– 4:45pm	
Tot/ Pre Soccer (3 1/2-4yrs)		4:45– 5:20pm	
Mommy/Daddy & Me Soccer (2-3½yrs)		5:30– 6:00pm	

Kids Love Soccer provides a gradual development and fun environment for each age group.

## Kyokushin Karate/ Jujitsu

This class will build strong internal commitment and inner balance. Sensei Willie Hernandez will train students both physically and mentally, improving self confidence, self-

defense, discipline and endurance.

**Days:** Tuesdays and Thursdays

**Time:** 6:00-8:00pm

**Ages:** 7 years- Adult

**Fee:** \$61.00 monthly fee

**Location:** Depot Building

## Youth Wrestling

Youth wrestling is for beginners to advanced to learn and practice their skills with experienced coaches. Your child will learn discipline and get a great workout. Shirts are available for \$10.00

**Date:** First Tuesday of April (8 week program)

**Days:** Tuesdays and Thursdays

**Time:** 4:00-5:30pm

**Fee:** \$45.00

**Location:** Rio Linda High School

**Ages:** 10+

# Joanna's Kids R it

Curriculum based and standardized programs

## Floor Gymnastics Mondays

**Pre Gym (Ages 2-5) 4:30pm**

**Beginning Elementary Gym (Ages 6+) 5:30pm**

The sport of gymnastics develops flexibility, coordination, and strength in developing young bodies. It enhances proficiency and safety in all sports and also provides an indoor activity year round. Students will be challenged with instruction that meets their own individual needs, based on their physical abilities and development. Gymnasts will learn in a fun, safe, supportive, and non-competitive environment.

## Dance– Ballet, Tap & Jazz Fridays

**Toddlers (Ages 2-4) 3:00pm**

**Pre Dance (Ages 5+) 4:00pm**

**Elementary Dance (Ages 8+) 5:00pm**

**Adult tap Fridays (Ages 18+) 6:15pm**

**Fee: \$42.00/ month plus annual registration fee**

Our standardized dance curriculum provides all of our students with a strong background and understanding of the basics of dance. Our instruction is offered in a fun, supportive, and positive environment where doing your best is what matters. All of our students are invited to participate in our annual recital, the California State Fair, and other community performances.

**(see website for detailed times and dates)**

**Contact: 916-331-0554      [www.joannaskidsrit.com](http://www.joannaskidsrit.com)**

**Location:** Community Center



## Youth Basketball

Our Youth Hoopers will learn the fundamentals of basketball, socialization, team building and game skills. Each session will begin with the development of fundamentals, followed by scrimmages. Practices are held Tuesday nights.

**Ages:** 5-10

**Fee:** \$50.00 (50% Discount for children of volunteer coaches pending approval)

**Days:** Tuesday nights

**Location:** Rio Linda Prep Gym

Day	Dates	Weeks	Fee
Tues	March 5– April 23	8	\$50
Mini hoopers (5-7yrs)		6:00– 6:50pm	
Hoopers (8-10yrs)		7:00– 7:50pm	
No practice April 17th (Spring Break)			





## Day Camp

Want to keep your children busy over the summer? Drop your kids off for a fun filled day camp, including visits to the pool, crafts, field trips including the Zoo, movie theaters and much more. Ages 3-5 and 6-13

**Location:** Community Center

**Days:** Monday-Friday

**Time:** 8:00am-5:00pm (half day available 8:00am-12:30pm, or 12:30-5:00pm)

**Bi-Weekly Fee:**

\$260.00 full days

\$170.00 half days  
(8:00am-12:30pm, or 12:30-5:00pm)

(Must designate mornings or afternoons)

\$40.00 daily drop-in

**NO DROP-IN'S ON FRIDAYS**



Session	Dates
1	June 17th-June 28th
2	July 1st-July 12th (NO CAMP July 4th)
3	July 15th-July 26th
4	July 29th-August 9th

## Junior Counselors

We are looking for young leaders in the Community to partake in a summer full of fun activities and events. Our camp counselors will learn to coordinate and lead summer camp activities for participants. Ages 14-15

**Days:** Monday-Friday

**Time:** 8:00am-5:00pm

**Location:** Community Center

**Bi-Weekly Fee:** \$100.00

## Youth Tennis

Join us for youth tennis run by our recreation leaders. This program will last six weeks, and will introduce players to the game of tennis. Rackets and balls will be provided.

**Day:** Saturdays, April 27th– June 8th (no class May 18th), June 22nd– July 27th

**Time:** 11:30am-1:30pm

**Fee:** \$55.00

**Ages:** 6-10

**Location:** Community Center

## Adult Mens Softball

Join our mens league for 8 games including playoffs. Our league follows USA softball rules. Championship teams receive a bid and entry fee to the Greater Sacramento Area League Championship series.

Spring season March 13th- May 15th (Registration closes Monday March 4th)

Summer season June 5th- August 7th (Registration closes Tuesday May 28th)

**Days:** Wednesday Evenings

**Fee:** \$420.00 per team

**Location:** Westside Park

## The Elder Craftsman's E.C.H.O Program

Learn while you enjoy the company of like minded adult crafters. We make beautiful quilts, afghans, scarves, hats and other crafts that are donated to several community outreach programs. No age or time requirements. Materials provided. Ongoing program

**Days:** Wednesdays

**Time:** 10:00am-2:00pm

**Location:** Depot Building

## Painting Class

This class is a running workshop. Instructor will teach basics and help with all levels from beginning to intermediate. Students are encouraged to bring their own personal supplies. Classes are ongoing monthly.

**Ages:** 18+

**Fee:** \$20.00 month

**Days/ Time:** Thursdays  
1:00-3:00pm

**Location:** Community Center

## Family Paint Nights

Bring the family down for family paint nights. Our instructor will walk you through our fun paintings in one session. All materials are provided. Snacks and drinks are encouraged.

**Ages:** 8+

**Fee:** \$70.00 per pair

**Dates:** April 17th, June 19th,  
September 18th

**Time:** 5:30-9:30pm

**Location:** Community Center

## Coed Adult Softball Sundays

Get your team ready for another season of softball. Our teams play 8 games including playoffs, and follow USA softball rules. Championship teams receive a prize and bragging rights for the year! We will have a competitive bracket and social bracket (Registrations Permitting)

Spring Season March 10th– June 2nd (Registration closes Monday March 4th)

Summer season June 23rd-August 25th  
(Registration closes Monday June 3rd)

**Days:** Sunday Evenings

**Fee:** \$420.00 per team

**Location:** Westside Park

## Un-Corked Canvas

A step by step class that walks you through creating a masterpiece. We provide everything you need including paint, brushes, canvas, the template and instruction. We encourage participants to bring snacks and drinks to bolster creativity. Check our website for the specific paintings for each date. Class is limited to 20 participants

**Ages:** 21+

**Fee:** \$35.00 per class

**Dates:** March 20th,  
May 22nd, August 21st

**Time:** 6:00-10:00pm

**Location:** Community  
Center



Adult Activities

## Adult 3 on 3 Basketball

Compete against other local teams for an 8 week round robin league. Each game is comprised of three 15 point games.

**Days:** Tuesday nights,  
March 5th-April 23rd

**Time:** 8:00-10:00pm

**Fee:** \$100.00 per team (9  
person roster max)

**Location:** Rio Linda Prep  
Gym





## AARP Drivers Safety

This class updates drivers with current info to aid mature drivers. This is a full course and both days must be attended. For drivers 50+ years of age.

**Days:** June 6th and 7th

**Times:** 9:00am-1:00pm

**Location:** Depot Building

**Fee:** \$15.00 for AARP members, \$20.00 for non members payable to instructor call office to sign up

## Senior Lunch Program

Hosted by district staff and sponsored by Meals on Wheels, this free lunch program allows participants an opportunity to socialize and engage within their community. Active adults gather with friends to share stories and lunch. Call **916-991-3405** for info.

Transportation available

**Days:** Monday-Thursday

**Time:** Lunch served at 11:30am (Come early for coffee, donuts, conversation and a walk on our beautiful bike trail!)

**Age:** 60+ years young

**Fee:** Donation based

**Location:** Community Center

## Lisa's Fit Camp

A women's fitness bootcamp class for all ages and skill levels. We use different



equipment such as dumbbells, kettlebells, battle ropes and tires and utilize them in different forms of training, working on the full body or focused on a particular muscle group. Along with strength training, we incorporate cardio, plyometrics, body weight, Tabata and HIIT exercises to increase endurance, strength and stamina. Come out and join an amazing group of women for a great workout and witness the transformations and lifestyle changes many of these women have made.

**Location:** Community Center

**Fee:** Unlimited Classes for the month - **\$65.00**

Individual Classes- **\$5.00**

5 Classes - **\$20.00** EXPIRES 4 weeks from purchase date

10 Classes - **\$40.00** EXPIRES 8 weeks from purchase date

**Check website monthly for calendar updates**

**Search Lisa's Fit Camp on Facebook**

## RLE Pickleball Club

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. This is a FREE program and equipment is provided.

**Days:** Mondays-Saturdays

**Times:** 9:00am-1:00pm

**Location:** Community Center Tennis Courts

## Tai Chi

Learn the ancient art of Tai Chi in a peaceful atmosphere. For all levels of experience. Students will be taught how to exercise and feel better through meditation, relaxation, and stress management.

**Days:** Monday at the Depot and Wednesday at the Community Center. Ongoing

**Time:** 9:30-10:30am



# 2019 Swim Lessons- Registration Info



Each lesson is 30 minutes in length and run Monday -Thursday for two weeks (8 classes total) or a Saturday only session which is a total of 4 weeks. Please visit our website for class information, and to register online.

## Monday-Thursday Session Information:

Session I: June 17th – June 27th

Session II: July 1st- July 11th (\*Please note a make-up class will be on Friday July 5th due to July 4th Holiday)

Session III: July 15th- July 25th

Session IV: July 29th- August 8th

## Saturday Only Session Information:

Session 1: June 15th- July 6th

Session 2: July 13th- August 3rd

Monday-Thursday (2 weeks)								
	10:00am	10:35am	11:10am	4:00pm	4:35pm	5:10pm	5:45pm	Price
Parent & Me			X	X				\$55
Level 1	X	X	X		X	X		\$55
Level 2	X	X	X	X	X	X	X	\$55
Level 3	X	X	X	X	X	X	X	\$55
Level 4	X	X		X		X		\$55
Level 5			X		X		X	\$55
Pre Competitive Swim		X		X			X	\$55
Exceptional Needs	X					X		\$55
Adult							X	\$55
Private	X	X	X	X	X	X	X	\$95
Saturday Classes (4 weeks)								
				4:00pm	4:35pm	5:10pm	5:45pm	Price
Parent & Me				X				\$25
Level 1					X	X		\$25
Level 2				X	X	X	X	\$25
Level 3				X	X	X	X	\$25
Exceptional Needs						X		\$25
Private				X	X	X	X	\$50



## PUBLIC SWIM!

**Dates:** June 12th-  
August 9th

**LOCATION:** Rio  
Linda High School  
Pool 6309 Dry Creek  
Rd

**Hours:** M, W, F, Sat, Sun:  
12:00-4:00pm

**CLOSED:**

TUESDAYS AND  
THURSDAYS & June 22nd,  
July 13th

## AquaKnights Swim Team

The Rio Linda Elverta  
AquaKnights is a recreation  
youth swim team. The season  
starts April 3rd and runs  
through late July. Team  
practice is daily and includes  
Saturday swim meets. For  
more information check out  
our website at:

[www.RLEAquaKnights.org](http://www.RLEAquaKnights.org)

**Early Reg:** March 1st-31st:  
\$150.00 (per child)

**Registration:** April 1st-June  
1st: \$180.00

### Fees:

\$180.00 —1st Child  
\$160.00—2nd Child  
\$155.00—3rd Child+

(2nd child discount only applies to  
second child, 3rd child discount  
only applies to 3rd + child)

\*\$90—15-18 years old \*With  
signed Jr. Coaching  
Agreement

## Public Swim Fees

Early bird family rate (4 peo-  
ple) **\$135.00** Purchase by  
May 30th

Daily **\$4.00**  
10 visit punch card **\$30.00**

Individual Pass **\$60.00**  
Regular Family Pass  
(4 people) **\$160.00**

## Youth Water Polo

This class is designed to  
teach participants ages 6-13  
years old basic water polo  
skills such as eggbeater,  
ball skills including passing  
and shooting, game rules,  
positions, and strategy, but  
more importantly, having fun  
while learning the game of  
Water Polo.

**Sessions 1:** June 18th –  
July 11th (No class July 4th,  
Make-up day July 5th)

**Session 2:** July 16th –  
August 8th

**Ages:** 6-13

**Fee:** \$75.00

**Days/ Time:** Tuesday &  
Thursdays 3:00-3:55pm

**Location:** RLHS Pool

## Pool Party Rentals

**HAVE YOUR BASH WITH A  
SPLASH!**

Monday & Wednesday:  
\$35.00/hour

Friday through Sunday:  
\$55.00/hour

### Price Includes:

Reserved Area, Tables,  
Chairs & Certified Lifeguards  
15 Guests included  
(additional guests \$4.00/  
each)

*\*Party must be held during  
Public Swim Hours*

*\*2 Hour Minimum*

## Water Aerobics

Burn-up those calories in  
the pool! Water Aerobics  
provides a low-impact way  
to build strength while  
having fun. All skill levels  
are welcome!

**Dates:** June 11th– August  
3rd

**Days:** Monday-Friday

**Time:** 5:30-6:30pm

**Age:** 15+

**Fee:** \$5.00 Daily Drop In /  
\$20.00 for 5 Visit Card

Register at the pool on the  
day of class!

**Location:** Rio Linda High  
School Pool





# Jobs & Safety Training

## Safety Training Classes:

### American Red Cross Lifeguard & Title 22 Certification Combination Class

This course will certify participants in Lifeguard Training, First Aid, and CPR for the Professional Rescuer. Topics will include water rescues, professionalism, prevention, First Aid and CPR skills, and many other topics to prepare participants for a job as a lifeguard. Also covered is Title 22, which is required by the State of California for all lifeguards.

**Dates:** April 26th-28th and May 3rd-5th **Must attend all days**

**Days and Times:** Fridays 5:00-9:00pm (Depot Building)  
Saturdays 8:30am-6:30pm (RLHS Pool)  
Sundays 1:00-6:00pm (RLHS Pool)

**Age:** 15+ **Fee:** \$250.00 **Re-Cert:** \$150.00

*\*Adjusted fee available for returning RLERPD Pool Staff*

### American Red Cross CPR First Aid and AED

This course will teach the knowledge and practical skills in order to provide Adult and/or pediatric CPR, provide basic First Aid care, and use an AED. The class will consist of interactive discussion, videos, hands-on skills practice, and written tests. This certification is valid for two years.

**Dates and Times:** **1st Class-** June 1st 9:00am-3:00pm  
**2nd Class-** August 17th 9:00am-3:00pm

**Fee:** \$55.00

## Now Hiring Summer Lifeguards and Recreation Leaders

Check our website for job description & applications!

Deadlines to apply

**Lifeguards:** May 1st

**Recreation Leaders:** May 1st



The Rio Linda Elverta Recreation and Park District is now using the ParkWatch Report to keep additional eyes on our Parks. The ParkWatch Report allows park users to file reports on our parks. Examples include (but not limited to) Vandalism; Theft; Misuse of pedestrian trails (like motorized vehicles on the pedestrian trails); Dogs off their leash; Safety hazards; etc. Please go to <https://rleparks.ParkWatchReport.com> to register for this great service.

## REGISTRATION

### PHONE:

Registration and payments may be placed over the phone at (916) 991-5929. There may be a charge for debit and credit card transactions.

### MAIL:

Please make checks payable to RLERPD. Cash and money orders are also accepted.

### WALK-IN:

Registration is open during normal business hours. There is also a secure drop-box at the Community Center for after-hours drop off.

### ONLINE:

Registration and program information is available at [RLEPARKS.COM](http://RLEPARKS.COM).

All forms and payments are due prior to the first day of class, event or program.

\*All classes are subject to cancellation due to low enrollment\*

## FACILITY & PARK RENTALS

For availability and rates, call (916) 991-5929 or visit [rleparks.com](http://rleparks.com) for details and insurance requirements.

## INDOOR RENTALS

### 1. RLE COMMUNITY CENTER

Seating for 144 people with parking, restrooms, a full kitchen and audio capabilities.

### 2. DEPOT BUILDING

This facility is perfect for meetings and smaller parties. It can seat 56 people and has parking and restrooms.

## PICNIC RENTALS

We have several picnic areas that will meet your needs including tables, shade, BBQ and fun activities.

## MULTI-PURPOSE BALL FIELDS

### 1. PAULSEN FIELD

Westside Park, 6601 W 2nd St.

### 2. BABE BEST PARK BALLFIELDS

7525 10th St.

### CENTRAL PARK HORSE ARENA

800 Elkhorn Blvd

## District Map

