

Mount Sinai Plaza Café Weekly Menu

March 23 rd – 27 th	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Chicken Noodle French Onion Soup* Beef Chili	Caribbean Chicken Thai Coconut Carrot Soup* Turkey Chili	Chicken Vegetable & Wild Rice Roasted Tomato, Cannellini Bean Soup* White Bean Chick Chili	Cream of Broccoli * Fire Roasted Corn Chowder* Beef Chili	Chicken Noodle Cream of Mushrooms* Three Bean Chili*
Salad & Antipasti Bar	<p align="center">Market Salads Daily selection of seasonal marinated and grilled vegetables and grain salads</p> <p>Mix Greens, Crudités & Salad Components Create your personal salad entrée and choose from a wide selection of meats and cheeses, prepared salads, vegetables, grains and legumes Dressings Choose from a variety of several Lite and Regular, Creamy and Vinaigrette dressings to compliment your salad.</p>				
Action Station		 Chicken Tinga Cilantro Lime Rice, Charro Beans, Mexican Corn Salad, Creamy Guacamole, Chips and Pico De Gallo		 Jumbo Italian Beef or Turkey Meatball, crushed tomato basil sauce, provolone & sautéed peppers	 Shrimp Fra Diavolo over Spaghetti with Caesar Salad, Garlic Bread Sticks
Main Course	Baked Pangasius with Roasted Cherry Tomato Asian Pepper Steak Rotisserie Style Chicken Buffalo Cauliflower* Vegetable Medley* Stir Fried Vegetables* Steamed Rice* Baked Sweet Potato*	Corn Tortilla Crusted Tilapia Chicken Piccata Lemon Pepper Rotisserie Chicken Roasted Root Vegetables* Dijon Roasted Potatoes* Vegetable Medley* Wild Rice Mushroom Pilaf* Baked Sweet Potato*	Baked Catfish with Herbs Pesto Sauce Baked Ziti with Meat Sauce Rotisserie Style Buffalo Chicken Roasted Cauliflower w/ Lemon & Parsley* Carrots, Eggplant & Green Beans* Vegetable Medley* Rice & Peas* Baked Sweet Potato*	Lamb Stew, Home Style Chicken and Rice Stuffed Peppers Rotisserie Herb Citrus Chicken Cinnamon Glazed Carrots* Vegetable Medley* Fried Rice* Sweet Pea Orzo* Sweet Potato*	Cuban Roast Pork Lemon Dill Tilapia Rotisserie Style Chicken Green Beans with Mushrooms* Mac & Cheese* Garlic & Herb Vegetable Medley* Rice & Red Beans* Baked Sweet Potato*
Italian Kitchen	Spinach Mozzarella Ravioli w/ Pesto	Creamy Butternut Squash Ravioli	Baked Ziti, Italian Sausage and Roasted Peppers	Cheese Tortellini with Pesto Sundried Tomatoes	Penne Rustica
Also Available: Cheese on Whole Wheat*, Pepperoni, Margherita* and Detroit Pizza					
Hot Hero	Chicken Parmesan	Meatball Parmesan	Eggplant Parmesan	Chicken Parmesan	Meatball Parmesan
SUSHI	A selection of Sushi hot and cold entrees, salads, soups, beverages and prepared to order or prepackaged.				
Grill Special	Available at the Grill for Lunch Daily Black and Bleu Burger, Hawaiian Veggie Burger, Bayou Turkey Burger, Chicken Quesadilla				

*Denotes Vegetarian Options