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Hbb physical therapy abbreviation

All acronyms (86)Airports & Locations (2)Business & Finance (2)Common Government & Military (1)Medicine & Science (11)Chat & Sub Cultures (7)Education Schools (4)Technology, IT etc. RankAbbreviationMeaning******HBBhuman beta-globin gene ****HBBhemoglobin beta-chainBlood Test **HBBhospital blood bankBlood Test *HBBHot Bottom Burning *HBBHemoglobin--beta Locus *HBBHerizons in Biochemistry and Biophysics *HBBHexabromobenzene You may find that as you first launch your career as a Physical Therapist, there are several abbreviations that you may not have learned in PT School (Thanks APTA!) While APTA does not officially endorse a standard, you can find plenty of practices that share common shortened physical therapy abbreviations. This list is what I have gathered online to help you familiarize yourself with the abbreviations! This is a list of Physical Therapy Abbreviations to know! This is also great for students in Physical Therapy program who are just starting their rounds in clinic. It's great to review this as you may run into some things you are not used to seeing! A/P — Abduction ACJ — Acromical Toint ACL — Anterior Posterior AROM — Active Assistive Range of Motion ABD — Abduction ACJ — Acromical Toint ACL — Anterior Posterior AROM — Active Assistive Range of Motion ABD — Abduction ACJ — Acromical Toint ACL — Anterior Posterior AROM — Active Assistive Range of Motion ABD — Abduction ACJ — Acromical Toint ACL — Abduction ACJ — Acromical Toint ACL — Anterior Posterior AROM — Active Assistive Range of Motion ABD — Abduction ACJ — Acromical Toint ACL — Abduction ACJ — Acromical Toint ACL — Anterior Posterior AROM — Active Assistive Range of Motion ABD — Abduction ACJ — Acromical Toint ACL — Active Assistive Range of Motion ABD — Abduction ACJ — Active Assistive Range of Motion ACJ — Active Ass Anterior Cruciate Ligament ACL anterior cruciate Ligament AD — Assistive Device ADD — Adduction ADL — Activities of Daily Living AFO — Ambulation AMB — Ambulate ANT — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living AFO — Ambulation ADL — Activities of Daily Living ADL — Activities Only Living AFO — Ambulation ADL — Activities Anterior Appt. — appointment AROM — Active Range Of Motion As tol — Base of support BP — Blood pressure bpm — Beats per Beats minute Bwd — Backward C/o Complains of C/S cervical spine CA Cancer CC Chief Complaint cerv. cervical CF Cystic Fibrosis CGA Contact Guard Assist CHF Congestive Heart Failure CHI closed kinetic Chain COG Center of gravity Cont. Continue Cont. continue COPD Chronic Obstructive Pulmonary Disease COTA certifi ed occupational therapy assistant CP — Cold Pack CP — Cerebral Palsy CP — Cold Pack CP — Coronic Obstructive Pulmonary Disease COTA certifi ed occupational therapy assistant CP — Cold Pack CP — Cerebral Palsy CP — Cold Pack CP — Continuous Passive Motion CPM — Continuous Passive Motio Cerebral Vascular Accident CVD Cardio-Vascular Disease Cx. cancel, cancellation D/C Discharge DB — Dumbbell DC discharge, discontinue DDD Degenerative Disc Disease dep., D dependent Dexa Dexamethazone DF — Dorsiflexion DF — Dorsiflexion (of The Ankle) DF dorsiflexion Diagonal DIP Distal Interphalangeal Joint DJD — Degenerative Disc Disease DJD Degenerative Joint Disease DM Diabetes Mellitus DMD Duchenne Muscular Dystrophy DME durable medical equipment DOB Date of birth DOI Date of injury DOS Date of surgery DVT Deep Vein Thrombosis Dx Diagnosis EOB Edge of bed Equip. equipment ER — External Rotation ER Emergency Room E-stim Electrical Stimulation Ext. rot., ER external rotation F, 3/5 fair (in reference to manual muscle testing) F/u Follow up FCR Flexor Carpi Radialis FCU Flexor Carpi Ulnaris FES Functional Electrical Stimulation FIM score — Function bearing fwd forward FWW Front wheeled walker Fx — Fracture G, 4/5 good (in reference to manual muscle test Gt. Trng. gait training H/o — History of H/O Hist — Home Exercise Program HEP home exercise program HHA home health aide HKAFO hip knee ankle foot orthosis HNP Herniated Nucleus Pulposus HOB — Horizontal Adduction HOB— Horizontal Adduction HP— Hot Packs HP hot pack HTN— Hypertension HVGS high voltage galvanic stimulation HVGS — High Voltage Galvantic Stimulation Hx — History HX history I — Independent I, Independent IDDM insuline dependent IDDM insuline dependent II, Independent II, Independent II, Independent IDDM insuline dependent IDDM insuline dependent IDDM insuline dependent II, Independent II, Independent IDDM insuline dependent IDDM i Inversion Inv. inversion Inv. inversion Ionto Iontophoresis In — Internal Rotation Isom isometric ITB — Iliotibial Band IV — Inversion (of The Ankle) Jt — Joint KAFO Knee ankle Foot Orthosis L - L , L, Lt. left L/S — Lumbar Spine LAQ — Long Arc Quad LAQ — long arc quad (exercise.) Lat Lateral Lats Lateral Lats Lateral Lollateral Ligament LE Lateral Collateral Ligament LE Lateral Collateral Ligament LE Lower Extremity LE lower extremity LOA — Level of Assist LP — Leg Press LQ lower quadrant LTG — Long Term Goals LTG long term goal M/L Medial Collateral Ligament MCL — Medial Collate MFR — Myofascial Release MFR MYOFASCIAN MY Moderate MS Multiple Sclerosis MSW medical social worker MTP Metatarsophalangeal Joint MVA Motor Vehicle Accident N, .5/5 normal (re: muscle strength) N/T numbness and tingling or not tested NAGS Natural Apophyseal Glides NBQC Natrow Based Quad Cane NCV nerve conduction velocity NDT — Neuro Developmental Technique (Also Known As Bobath Technique) NF No Fault NIDDM non-insulin dependent diabetes mellitus NMES — Neuromuscular Electrical Stimulation NMR Neuromuscular re-education NS No Show NWB non-weight bearing OA Osteoarthritis OKC — Open Kinetic Chain OOB — Out Of Bed OOB exion PF — Plantar Flexion Pfin — Paraffin Bath PFS — Patellofemoral Syndrome Phono — Phonophoresis Phono Phonophoresis PIP — Proximal Interphalangeal Jt PMH — past medical history PMHx — Past Medical History Pn pain PNF Proprioceptive Neuromuscular Facilitation PNF — Proprioceptive Neuromuscular Facilitation POC plan of care Post Posterior PRE progressive resistive exercises Prec. Precautions Prep. preparation PRN As needed PRO — Pronation Pronation Prox Proximal PT — Physical Therapist PT — physical therapy/therapist Pt. — Patient Pt. Physical Therapy Assistant PTA physical therapist assistant PUW — Pick Up Walker PVD Peripheral Vascular Disease PWB — Partial Weight Bearing Q — Every QC — Quad Cane QD — Every Day QID — Four Times A Day QS — Quadriceps Set Quad Quadriceps R, R, rt right r/o Rule out RA — Rheumatoid Arthritis RC — Rotator Cuff RD — Radial Deviation (a Motion of the Wrist) Re received Rehab. rehabilitation Reps. repetitions RICE — Rest, Ice, Compression, Elevation ROM — Range of Motion ROM — Rotation Rot — Rotation Rot. rotation RSD — Reflex Sympathetic Dystrophy RTC Rotator Cuff RTW Return to work RW — Rolling Walker Rx — Treatment Rx. treatment S — Without (Sans) S/L Sidelying S/p Status post SAQ — Short Arc Quad SAQ short arc quad (exercise) SB — Side Bending SBA — Stand By Assist SBA standby assist SBQC small base quad cane SBQC — Small Base Quad Cane (Also Known As a Narrow Base Quad Cane (Nbqc)) SC — Straight Leg Raise SNAGS Sustained Natural Apophyseal Glides SOB Shortness of Breath SPC Single point cane SPT student P.T. SPTA student P trace (re: muscle strength) T/S Thoracic Spine TA Therapeutic Activities TB — Theraband TBI Traumatic Brain Injury TENS transcutaneous electrical Neuromuscular Stimulation THA total hip arthroplasty THA — Total Hip Arth Arthroplasty Ther Ex — Therapeutic Exercise Ther Ex Therapeutic Exercise THR total hip replacement TIA Transient Ischemic Attack TID — Three Times a Day TIW three times per week TKA — total knee arthroplasty TKR — total knee replacement TLSO — Thoracic Lumbar Sacral Orthosis TM treadmill TMJ — Temporomandibular Joint Tol — Tolerated Trxn — Traction TTWB — Toe Touch Weight Bearing UBE — Upper Extremity UQ — upper quadrant US — Ultra Sound UV — ultraviolet VC — verbal cues VIC — Verbalized informed consent W/c — Wheel Chair W/C — Wheelchair W/Cm2 — watts per centimeter squared WB — weight bearing As Tolerated WBAT — Weight be something we missed? Let us know and we will update the list! Hope you guys enjoyed the Physical Thearpy Abbreviations List! Let us know what other content you would like to see below in the comments! Curious on how you can start your own blog? Check out one of our founder's stories on How to Make Money Off Blogs If you're going or have gone to a physical therapist (PT), you might notice that your chart is full of abbreviations and acronyms. While it might look like Greek to you, each abbreviations and terms mean. Woman getting physical therapy You broke a leg and now you're in physical therapy. But what do all these terms that they're throwing at you actually mean? Get some of the basic terms and abbreviations that you do to care for yourself like bathing, dressing and feeding yourself. Assistive devices - You use these devices to assist in completing your normal daily activities. Examples include crutches and movements you have, like the ones you use for typing. Gross motor - These are the muscles you use for big movements, like walking or running. Manual therapy - In this therapeutic technique, the PT uses their hands to manipulate a body part back into the correct position. Rehabilitation program for you. Range of motion (ROM) - This how well or how little you can move a specific body part. Weight-bearing - This terms describes whether or not you can bear your body weight when walking or moving. If you are going to physical therapy, it means that you are trying to improve your range of motion or reduce your pain. So, patients come into physical therapy with a lot of different assistive devices, and therapists use different equipment to help them. Since there isn't a lot of time to write down crutches and walkers, they use physical therapy abbreviations for assistive deviceCGA - Contact quard assistCKC - Closed kinetic chainCTx - Cervical tractionFWW - Front-wheeled walkerLBQC - Large-base quad caneNBQC - Small base quad caneNBQC - Straight caneSLR - Straight caneSUC - Straight caneSUC - Straight caneSUC - Wide-base quad caneNBQC - WidecaneWC (or w/c) - WheelchairWW - Wheeled walker After your initial assessment, your PT is going to set a treatment course to help improve your life. These therapeutic modalities might include exercises and other forms of treatment, like ultrasound and electrical stimulation, to get things up and moving again. These treatment abbreviations will be used to improve inflammation, circulation and pain. CP - Cold packEEG - ElectroencephalogramEstim or ES - Electroencephalogram or ES - Electroen testNDT - Neurodevelopmental techniqueNMES - Neuromuscular facilitationSB - Side bending (or Swiss ball)TENS - Transcutaneous electrical neuromuscular stimulationTher Ex - Therapeutic exerciseUS - Ultrasound Physical therapy is a medical field, which means that all your body parts have abbreviations. This includes even the ones that aren't functioning at their best. To find out what your disease, diagnosis or body part abbreviations. This includes even the ones that aren't functioning at their best. To find out what your disease, diagnosis or body part abbreviations. This includes even the ones that aren't functioning at their best. To find out what your disease, diagnosis or body part abbreviation means, check them here. ACJ - Acromioclavicular JointACL - Anterior Cruciate LigamentAFO - Ankle Foot OrthosisAKA - Above Knee AmputationBKA - Below Knee AmputationCABG - Coronary artery bypass graft (open heart surgery)CP - Cerebral palsyDDD - Degenerative joint diseaseGHJ - Glenohumeral jointHKAFO - Hip-knee-ankle foot orthosisHNP - Herniated nucleus pulposus (herniated disc)KAFO - Knee, ankle and foot orthosisLCL - Lateral collateral ligamentLE -Lower extremityLSO - Lumbosacral orthosisMCL - Medial collateral ligamentPCL - Posterior cruciate ligamentPFS - Peritoneal dialysisPEG - Percutaneous endoscopic gastrotomyPICC - Peripherally inserted central catheterPLIF - Posterior lumbar interbody fusionRC - Rotator cuffTB - TheraBand, tuberculosisTHA - Total hip arthroplastyTHR - Total hip replacementTKA - Total knee arthroplastyTKR - Total knee arthroplastyTKR - Total knee arthroplastyTKR - Total knee replacementTKA - Total knee arthroplastyTKR medicine, like "beats per minute" and "head of the bed." Common physical therapy abbreviations you might see in PT charts or prescriptions include: BPM - Beats per minute" and "head of the bed." Common physical therapy abbreviations you might see in PT charts or prescriptions include: BPM - Beats per minute" and "head of the bed." Common physical therapy abbreviations you might see in PT charts or prescriptions include: BPM - Beats per minute" and "head of the bed." Common physical therapy abbreviations you might see in PT charts or prescriptions include: BPM - Beats per minute" and "head of the bed." Common physical therapy abbreviations you might see in PT charts or prescriptions include: BPM - Beats per minute" and "head of the bed." Common physical therapy abbreviations you might see in PT charts or prescriptions include: BPM - Beats per minute" and "head of the bed." Common physical therapy abbreviations you might see in PT charts or prescriptions include: BPM - Beats per minute" and "head of the bed." 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Not only might they cover medical degree abbreviations, but also varying levels of independence. Learn what "ICD-10" and "Mod I" mean. B - BilateralBMI - Body mass indexBOS - Base of supportEx Lap - Exploratory laparoscopyFIM - Functional independence level (also called FIM score)Fx - Fracture (or Ind) - Independent (or Ind) - Ind) - Independent (or Ind) - Ind) - Independent (or Ind) - Ind) nurseRT - Respiratory therapist/therapyRx - TreatmentUE - Upper extremity Range of motion is one common reason that you are going to physical therapy. You might be trying to get rotation back into your shoulder or extend into a new range of motion after a back surgery. Whatever the case, when it comes to range of motion, you'll find lots of different PT abbreviations. AAROM: - Active assistive range of motionABD - AdductionADD - Adduct arc quadMax A - Maximum assistMin A - Minimum assistMob - MobilizationNWB - Non-weight bearingPF - PlantarflexionPro - PronationPROM - Range of motionRot - RotationSAQ - Short arc quadSTM - Soft tissue mobilizationSTS - Sit-to-standSup - SupinationTDWB - Range of motionPROM - Range of motionPROM - Passive range of motionPROM - Passive range of motionPROM - Range of motionPROM - Range of motionPROM - Range of motionPROM - Passive range of motionPROM - Passive range of motionPROM - Range of motionPROM - Passive range of motionPROM - Range of motionPROM - Range of motionPROM - Range of motionPROM - Passive range of motionPROM - Range of motionPROM - Passive range of motionPROM - Range of motionPROM - Range of motionPROM - Passive range of motionPROM - Range of mo Touch-down weight bearing TTWB - Toe-touch weight bearing WBAT - Weight-bearing as tolerated It was a lot, but you've made your way through physical therapy abbreviations like a champ. When you see it, you'll now know the difference between a "SAQ" and "STM." To really push your medical terminology to top shelf, you might try checking out abbreviations after doctors' names. Then, you'll know when you need an AuD or a DMD. Certified Teacher

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