

Healthy Minds Healthy Children



Online Continuing Professional Development

2017-18 Courses

- September:** 1. Trauma Series, Part 1: Healing the Healer: Understanding Vicarious Trauma, Compassion Fatigue, Rescue Fantasy, and Burnout
- October:** 2. Managing Anxiety in the ASD population: Have we been doing it all wrong?
3. Child Development Series, Part 7: Atypical Motor Development
- November:** 4. Child Development Series, Part 8: Atypical Language and Communication Development
5. Perinatal Mental Health Series, Part 1: The Foundations: Mental Health in Pregnancy and the Postpartum Period
- January:** 6. Child Development Series, Part 9: Atypical Cognitive-Socioemotional Development: Infancy and Early Childhood
7. Trauma Series, Part 2a: Trauma Informed Care: Core Issues, Assessing Impact, and Counselling Frameworks
8. Trauma Series, Part 2b: Trauma Healing: Resourcing, Emotional Regulation, and Post Traumatic Growth
9. Perinatal Mental Health Series, Part 2: Treating Mental Health Concerns in Pregnancy and the Postpartum Period
- February:** 10. Child Development Series, Part 10: Atypical Cognitive-Socioemotional Development: Childhood & Adolescence
11. Marijuana Series, Part 1: Cannabis, Brain Development, and Mental Health
- March:** 12. Eating Disorders: Bringing Awareness and Strategies to the Table
13. Trauma Series, Part 2c: After Stabilizing & Resourcing Positive States: Managing Trauma Arousal
- April:** 14. Medications Update: Prescribing Practice for ADHD, Anxiety, Depression in Children and Youth
15. Trauma Series, Part 2d: Trauma Informed Specific Treatment Strategies
- May:** 16. The Role of Spirituality in Mental Wellness and Everyday Life
17. Marijuana Series, Part 2: Cannabis Legalization in Canada: Implications for Youth Education and Prevention



Courses are accredited & free for Professionals in Alberta!

Managing Child and Adolescent Mental Health Issues in a Primary Care Setting. Healthy Minds/Healthy Children (HM/HC) Continuing Professional Development (CPD) program supports Alberta primary care providers' efforts to meet the mental health needs of children and adolescents. The CPD program is intended for primary care practitioners who see children and adolescents with mental health problems.

Objectives: 1. To increase the skills and confidence of primary care practitioners to effectively address the mental health needs of their young patients; 2. To promote inter-professional dialogue among health care providers treating or working with child and adolescent mental health problems

Accredited: This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada. This CPD Program also meets the certification criteria of the College of Family Physicians of Canada and has been certified by The CME & PD Office of the Cumming School of Medicine University of Calgary for up to 34 Mainpro + Group Learning credits. These courses are also accredited by the Alberta College of Social Workers and the Canadian Counselling and Psychotherapy Association.

Courses are on a first come, first served basis.

For more information, 403-955-4642, www.hmhc.ca, or email hmhc@ahs.ca

Register online! https://survey.ahs.ca/CPD_Reg



Healthy Minds/Healthy Children Online CPD Registration Form 2017-18

Technical Requirements - Computer, mobile device, internet access

Online Courses - Expert narration over PowerPoint, interactive discussion, resources

Select Courses - Mark your choice(s) with an X below and fax or mail this form to us, or register online

Access - Username and password will be emailed to you when your registration has been processed

Please complete ALL sections below for your registration to be accepted

First Name

Last Name

Place of Employment

City/Province

Urban or Rural (less than 10,000)

Email (Required)

Degree & License

University of Calgary D2L Username (if previously given)

Phone Number

Do you currently provide clinical services to children or youth with addiction or mental health issues? Yes No

Profession:

Social Worker

Nurse, Specify: _____

LPN

Physician, Specify: _____

Psychologist

Mental Health Therapist, Specify: _____

Occupational Therapist

Counsellor, Specify: _____

Pharmacist

Other, Specify: _____

Mark your choice(s) below or register online

Each course begins on the first of the month, closes last day of the month

September 2017

__ 1. Trauma Series, Part 1: Healing the Healer

October 2017

__ 2. Managing Anxiety in the ASD population

__ 3. Child Dev Series, Part 7: Atypical Motor Development

November 2017

__ 4. Child Dev Series, Part 8: Atypical Language and Communication Development

__ 5. Perinatal MH Series, Part 1: The Foundations

January 2018

__ 6. Child Dev Series, Part 9: Atypical Cognitive-Socioemotional Development: Infancy and Early Childhood

__ 7. Trauma Series, Part 2a: Trauma Informed Care

__ 8. Trauma Series, Part 2b: Trauma Healing

__ 9. Perinatal MH Series, Part 2: Treating Mental Health Concerns in Pregnancy and the Postpartum Period

February 2018

__ 10. Child Dev Series, Part 10: Atypical Cognitive-Socioemotional Development: Childhood and Adolescence

__ 11. Marijuana Series, Part 1: Cannabis, Brain Development, and Mental Health

March 2018

__ 12. Eating Disorders

__ 13. Trauma Series, Part 2c: After Stabilizing & Resourcing Positive States: Managing Trauma Arousal

April 2018

__ 14. Medications Update

__ 15. Trauma Series, Part 2d: Trauma Informed Specific Treatment Strategies

May 2018

__ 16. The Role of Spirituality in Mental Wellness and Everyday Life

__ 17. Marijuana Series, Part 2: Cannabis Legalization in Canada



Like us on Facebook to get all the latest course information and updates.

<https://www.facebook.com/healthyminds1>

Register online! https://survey.ahs.ca/CPD_Reg
or Fax 403-955-8184