



Fall Programs 2019

September 23rd through Dec. 6th

*The Flagship Program
at
Meadow Hill Middle School
728-2400 ext. 2086
mhflagship@mcpsmt.org*

UPCOMING FALL 2019 FLAGSHIP EVENTS

SEPTEMBER 7

♥ **WGM Parking Fundraiser** for the UM GRIZ Football game.

OCTOBER 24 -

♥ Join Flagship and celebrate **LIGHTS ON AFTERSCHOOL!**
School specific information coming soon.

OCTOBER 30 & 31 -

♥ **Trick or Treat so Missoula Eats** to support the Missoula Food Bank.

NOVEMBER 9-

♥ **Griz Kidz!** Ask your Flagship YDC on how to get tickets to attend the UM Homecoming Football game!

Visit us: www.flagshipprogram.org Like us on Facebook.

Support Flagship!

Orange Street Food Farm and Missoula Fresh Market are committing to Flagship in a serious way. Every time you shop, simply tell your cashier that you'd "like to donate your receipt to The Flagship Program," and 1% of your purchase will go to Flagship! Not an additional donation-1% of your actual purchase!

Thank you for your support in this EASY community fundraiser.



Thank you to the Dennis and Phyllis Washington Foundation for their continued support of Flagship.

DENNIS & PHYLLIS
WASHINGTON
FOUNDATION

We gratefully accept any gift within your means to support our afterschool effort. If you are able, please consider a tax-deductible gift of \$25 to The Flagship Program.



Flagship is a program of Western Montana Mental Health Center that partners with Missoula County Public Schools.

What is The Flagship Program?

The Flagship Program is a community-school partnership that enhances the social, academic, cultural and physical achievement of Missoula's youth by creating opportunities that help them to succeed and grow to become healthy and productive adults. It is **FREE** for all Meadow Hill Middle School families.

How do I sign up for Flagship?

1. Review the activities available in the brochure and determine which activities are of interest to your child and fit well with your schedule.
2. Complete the attached sign-up sheet and return to your child's teacher, Alex Johnson, or the front office.

Priority placement is Friday, Sept.13.

3. Confirmation and permission forms will be sent home with your child to let you know what classes they are registered for. *Your child may not be registered for every class you list.*
4. Your child will be expected to attend all the activities that he/she is registered for. Many classes fill up quickly. Please respect there may be waiting lists for classes.
5. Mark your calendars! Make sure you double check dates and times of programs.
6. Make sure to fill out this form in its entirety. Spelling is very important, please make it is as readable as possible.

Please call or e-mail if you have any questions.

Alex Johnson:

406-728-2400 ex. 2086

mhflagship@mcps.k12.mt.us

***Parent pick up is from 5:00 pm to 5:15 pm
at the front of the school.***

Program Details

Monday

Homework Zone: Do you need time to get your homework done or work on a project? Homework Zone is an after school study hall with tutors open to all students. You **MUST** bring homework to attend! If you don't have homework that day we have a multitude of board and card games you can play with your classmates. Feel free to sign up for one or multiple days.

Mon, Tue, & Wed

Chess Club: Know how to play chess? Want to learn? Join the Flagship Chess Club to have the opportunity to play more chess with new people. The program will hold tournaments as well for students to challenge themselves and their peers.



Tuesday:

Homework Zone: Do you need time to get your homework done or work on a project? Homework Zone is an after school study hall with tutors open to all students. You MUST bring homework to attend! If you don't have homework that day we have a multitude of board games you can play with your classmates. Feel free to sign up for one or multiple days.

Mon, Tue, & Wed



Active 6: Calling all sixth graders! ACTIVE 6 provides FREE youth membership to all Missoula sixth graders. Set up your membership at the Missoula Y to receive your FREE dri-fit tee shirt. Each day, ACTIVE 6 program gets participants active for at least 45 minutes, feeds them a healthy snack, and discusses a variety of topics relating to Youth Development, Healthy Living, and Social Responsibility.

Tennis: Come learn how to play Tennis! You already know how to play? Then come get some practice in. The coaches at the Montana Tennis Association are here to help you have fun and develop your skills.



Tuesdays CONT.

Food around the World: Come prepare and eat different foods from around the world! Learn about the cultures the foods come from. Share any leftovers with friends and family!



Girls Speak Out!: Join GUTS! (Girls Using Their Strengths) to discover your inner strengths and personal values through group games, arts and crafts, and community projects. Each group will engage in activities centered around building self-confidence, developing healthy relationship and communication skills, and having fun in a supportive and kind environment. At the end of each semester, each group completes a community action project of their choice, reflecting the combined power of the groups' strengths. Our facilitators are specifically trained to work with girls and gender-diverse youth, and GUTS! is open to anyone who feels they would benefit from our programming.

ywca missoula
GUTS!
girls using their strengths

Wednesday:

Homework Zone: Do you need time to get your homework done or work on a project? Homework Zone is an after school study hall with tutors open to all students. You **MUST** bring homework to attend! If you don't have homework that day we have a multitude of board and card games you can play with your classmates. Feel free to sign up for one or multiple days.



Mon, Tue, & Wed

Creative Writing: Have you ever felt the need to create a story but didn't know how to start?

This is the program for you. Learn about different types of poetry and stories and create your own characters and adventures. Our fabulous mentors will be there to help when you get writers block.



Yoga: You made it to hump day but the week is stressing you out, come decompress and re-center yourself with some Yoga. Learn some poses and breathing techniques to help you be the best version of yourself in all aspects, physical, mental, and spiritual.



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Thursday:

Harry Potter Club : Watch some Harry Potter movies, learn your house, and make Harry Potter themed arts & crafts while exploring the world of Harry Potter!



RPG's: This group will play various games in separate groups, including Dungeons and Dragons and Magic: The Gathering. Great for RPG veterans and newbies. Thursday 2:30 - 5:15



Friday:

Genius Hour: If you could learn anything in school what would it be? Fashion? Podcasting? Robotics? Coding? Sports history? Genius hour gives you a chance to learn about whatever you like, and then share and present that information how you like. Choose the topic and share your creation with the world!

Field Games: Come join us as we get outside to celebrate the end of the school week. We'll be playing games like flag football, soccer, ultimate Frisbee, capture the flag, etc. Dress appropriately for the weather.

Movie Making School w/ MCAT: For those of you that want to be a YouTube star, this is the program for you. MCAT has generously offered equipment and expertise to help you learn how to script, film, act in, edit, and produce your own videos. Come work with a group to create your own story and film it for the world to see.



Program Times:
Mon, Tue, Wed, & Fri:
3:30 to 5:15 pm
Thurs: 2:30 to 5:15 pm

Program
Dates:
September 23rd-
December 6th

NO FLAGSHIP
Dates:
Oct. 17-18
Nov. 13-15
Nov. 27-29

Registration Form on the



Thank you

Flagship Registration Form

Space is Limited! Please return by **September 13th** for priority registration.

NAME _____ Student ID _____
HOMEROOM _____ GRADE _____
PHONE #(S) _____ / _____
PARENT/GUARDIAN NAME(S)

PARENT/GUARDIAN EMAIL(S)

For transportation home from Flagship, my child will (check all that apply):

- Be picked up by a parent/guardian
- Bike/Walk
- Ride Mountain Line
- Other _____

*Please note that pick up times are from 5:00 - 5:15 unless otherwise stated.
Be sure to have transportation arranged by this time. Student pickup will be at the front of the school.*

A confirmation letter stating which programs you are enrolled in will be given to you in your homeroom within one week of registering.

Please be sure to return all permission forms attached with your confirmation letter.

*Be Sure to bring appropriate clothing for the activity.
Workout clothes, outdoor gear, footwear, etc.*

Choose your Desired Programs:

Please Rank your Top Three Choices with 1, 2, 3.

Mondays:

- Homework Zone
- Chess Club
- Active 6

Tuesdays:

- Homework Zone
- Tennis
- GUTS!
- Cooking

Wednesdays:

- Homework Zone
- Yoga
- Creative Writing

Thursdays:

- Harry Potter Club
- RPG's

Fridays:

- Genius Hour
- Field Games
- Movie Making School

**Return this section to the
Flagship Office or Main Office**