

Los Banos Community Center/Los Banos Parks & Recreation Division 645 7th Street, Los Banos, CA 93635 Ph: 209-827-7034 Fx: 209-827-7040 www.losbanos.org

### "Creating Community through People, Parks and Programs"



### Meet our Parks & Recreation staff:

Left to Right: Carol, Priscilla, April, Rebecca, Teresa, Brenda Back Row: Leo and Rob

### **How to register for activities:**



Register online using our Activenet network at www.losbanos.org



Visit us at the Los Banos Community Center at 645 7th Street, Monday thru IN-PERSON Friday, 9am to 5pm.

### How to apply for a scholarship:

The Los Banos Recreation Division scholarship program is designed to assist local youth, who may be experiencing financial hardship, to be able to participate in our youth sports programs. A limited number of scholarships are awarded based on financial need.

To apply for a scholarship, stop by the Community Center and pick up an application. For additional information about the Youth Scholarship Program, please call the Recreation Division at 209-827-7034. All recreation programs, classes, and special events information is available on the City of Los Banos website at www.losbanos.org.



City of Los Banos Parks & Rec Division 645 7th Street Los Banos, CA 93635 209-827-7034 x 10, 11 www.losbanos.org

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### **Parks & Recreation Management:**

Paul S. Cardoza Parks & Rec. Operations Manager 645 7th Street 209-827-7034 X13

Robert Baker Recreation Coordinator II 645 7th Street 209-827-7034 x21

### **Parks & Recreation Commission Board:**

Laurence Mitchell **Todd Baker** Gary Munoz Rula Axiba Rhonda Harper



### **General Information**

### Registration

Prior to using any facilities at the Los Banos Community Center, a registration form must be filled out in person. Minors must have the form signed by a parent/legal guardian.

### Waivers

A signed registration waiver is required upon registration for any class or activity offered through the Los Banos Parks & Recreation Division.

### **Payment Options**

Visa, MasterCard, American Express, or personal check/money orders (made payable to City of Los Banos) are accepted. No Cash accepted at the front desk.

### Disclaimer

Every effort has been made to ensure that the information in this guide is correct, but we cannot be held responsible for typographical errors. All activities, dates, and fees subject to change.

### **Refunds & Cancellations**

Should a class or activity be cancelled by Parks & Recreation, the program fee will be refunded to the payer.

Programs and activities are non-refundable with the exception of medical reasons or relocation. Partial credit will be given for cancellation during a program and will be prorated in accordance with the time the cancellation is given.

# Parks & Recreation Division Youth Scholarship Program

The Los Banos Recreation Division offers a scholarship program to assist local youth who are experiencing financial hardships. A limited number of scholarships are awarded based on financial need and ability to participate in the Los Banos Recreation Youth Programs.

These programs include:

- Youth Basketball (3-4 & K-8th)
- T-ball (3-9yrs)
- Youth Soccer (3-4 & K-8th)

Eligibility requirements include:

- Merced County Resident
- Maximum Gross Annual Income

Pick up an application at the Los Banos Community Center, Recreation Division 645 7th Street, Los Banos or Online at www.losbanos.org. For additional information, please call 209-827-7034 x10 or 11 Monday thru Friday, 9am to 5pm

### **Team Requests**

We are now only able to accommodate sibling/ family requests when registering for youth sports programs. We will be holding a draft to put the teams together. We feel this is necessary moving forward in order to keep the league balanced, and fun and competitive at the same time. Thank you for your cooperation and understanding.



## Los Banos City Government Information

### **Los Banos City Hall**

520 J Street 209-827-7000 www.losbanos.org Mon - Fri, 8am to 5pm

- Water Bill Payments
- Building Permits
- Business Licenses

### Los Banos Public Works

411 Madison Ave. 209-827-7056

- Streets
- Solid Waste & Recycling
- Water Conservation

### **Los Banos Police Department**

945 5th Street 209-827-7070 (non-emergency) 911 emergency

### **Los Banos Fire Department**

333 7th Street 209-827-7025

### Fire Station #2

1150 West I Street 209-827-7020

## **Los Banos Parks & Recreation Division**

645 7th Street 209-827-7034 Mon - Fri, 9am to 5pm

- Parks
- Recreation
- Trees (tree issues/permits)

### 2018 City Holidays (City offices will be closed on these days)

Veteran's Day—Friday, November 10, 2017
Thanksgiving —Thursday, November 23 & Friday, November 24, 2017
Christmas Day—Monday, December 25, 2017
New Years Day—Monday, January 1, 2018
Martin Luther King Jr. Day—Monday January 15, 2018
Lincoln's Birthday—Monday, February 12, 2018
Washington's Birthday—Monday, February 19, 2018
Memorial Day—Monday, May 28, 2018
Independence Day—Wednesday, July 4, 2018
Labor Day—Monday, September 3, 2018

### Other City Information/Numbers

Los Banos Municipal Airport 800 Airport Road Los Banos, CA 209-827-7034

Merced– The Bus 710 West 16th Street Merced, CA 209-723-3111 Merced County Library 1312 South 7th Street Los Banos, CA 209-826-5254

Merced County Superior Court 1159 G Street Los Banos, CA 209-725-4124 Allied Waste Services 409 Mercey Springs Road Los Banos, CA 209-358-7156

Salvation Army 1231 4th Street Los Banos, CA 209-827-4945

# FACILITY RENTALS



### Grand Room

Location: Los Banos Community Center 645 7th Street Ph: 209-827-7034 x 11 Email: teresa.nava@losbanos.org The Grand Room offers different room size options to suit your event needs. Tables, chairs, and a kitchen are included with your rental. For more information on availability or rental questions, please call the Los Banos Community Center at 209-827-7034.



### Lounge

Location: Los Banos Community Center 645 7th Street Ph: 209-827-7034 x 10 or 11 The Lounge offers a space for meetings or presentations. For more information on availability or rental questions, please call the Los Banos Community Center at 209-827-7034.



### Multi-purpose Room

Location: Los Banos Community Center 645 7th Street Ph: 209-827-7034 x 10 or 11 Host tournaments or sporting events in our Mulit-purpose Room/Gym. For more information, please call the Los Banos Community Center at 209-827-7034.



### **Community Center Courtyard**

Location: Los Banos Community Center 645 7th Street Ph: 209-827-7034 x 10 or 11 The Courtyard is perfect for your outdoor events such as wedding ceremonies. For more information, please call the Los Banos Community Center at 209-827-7034.

### **OFFSITE FACILITIES**



### Miller & Lux

Location: 830 6th Street (Main St.) Los Banos, CA

Includes tables/chairs to seat 100 and a kitchen. For info, call 209-827-7034 1815

### College Green

Location: 1815 Scripps Drive Los Banos, CA

Includes tables/chairs to seat 112 and a kitchen. For info, call 209-827-7034



### Henry Miller Plaza

Location: 600 H Street Los Banos, CA

350 Capacity For info, call 209-827-7034



### Child Development Center

Location: 1620 San Luis Street Los Banos, CA

Includes tables/chairs to seat 70. For info, call 209-827-7034

### Fenced Area in Pacheco Park

Location: 903 Pacheco Blvd. Los Banos

### Ag Sports Complex

Location:

700 N. Mercey Springs Rd. Los Banos For rental information or questions call or stop by:

Los Banos Community Center 645 7th Street, Los Banos 209-827-7034 x10 or 11 9am - 5pm, Monday thru Friday

All rentals require a 4 hour minimum rental time and a refundable security deposit. Some rentals may require a licensed security team and/or a liability insurance policy. No smoking or alcoholic beverages within city parks.

		LO	S B	ANOS	AR	EA	PARK	S		
	Park & Address	Acres	B/ball	Basktball	Picnic	BBQ	Playground	Restroom	Soccer	Misc
1	Ag Sports Complex 700 N Mercy Springs Rd.	29.54	0	W.		2	VIIIV	Rentable		U
2	Airport Park 1000 Airport Rd.	0.10				***************************************	No.	* †		
3	Big Page Park 1055 W. I Street	0.91				*	VOUN			
4	Vineyard Basin A 480 Birchwood	6.13	Tree of			***	VOLOV			
5	Vineyard Basin B 640 Vineyard Dr.	8.72	W.			2	<u>/UU/</u>			
6	Catholic Park 1140 5th Street	0.41	Mi m				VIIIV			175
7	Citrus Terrace I 226 Citrus Ave.	0.15							والعال	
8	Citrus Terrace II 315 N. Second St.	2.35				2	NUUN	7		Á
9	City Park 450 Ninth St.	0.81				1.	אנונוא		4	*
10	College Green Park 18 <mark>15 College Green</mark>	5.3	0			2	VOLUM			
11	Colorado Ball Park 815 Colorado Ave.	6.0	0			2	VIIIV	*IT		
12	Cresthills Park 700 Pioneer Rd.	3.57	O			2	VUUV	31 85	•	
13	Davis Park 254 Santa Ana St.	0.2	(A)	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		2	VOLOV			
14	Rancho Dos Amigos Park 2241 San Luis St.	0.66				2	VIIIV			
15	Gardens Park I 1540 West I Street	0.82				2	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\			
16	Gardens Park III 900 Daffodil Dr.	0.6	W. Janes			2	VIIIV		7	
17	Gardens Park V 1525 Persimmon	16.99		nt is		2	VIIIV	<b>AIT</b>		G
18	Jo Lin Park 295 Ward Rd.	3.03					Language Service			
19	Little League Park 401 7th Street	8.36	0		NUMBER OF STREET		in the second			2 14
20	Little Page Park 600 Page Ave.	0.16		100000		Danier Africa and 180	VUUV			
21	Meadowlands I 2600 Wood Duck	0.62	opal to				\U U\			
22	Meadowlands II 2700 Snow Goose S.	4.13				*	\UU\	<b>†</b>  †		G
23	Meadowlands III 2500 S Fallbrook	3.11	equit.			2	VUUV			G
24	Verona Park 2200 Palermo Dr.	6.45				2	VOOV			

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	Park & Address	Acres	B/ball	Basketball	Picnic	BBQ	Playground	Restroom	Soccer	Misc
25	Pacheco Park 903 Pacheco Blvd	12.46				2	že.	<b>†</b>  †		
26	Presidential Park 1043 Monte Vista	0.54				2	\U □\			
27	Ranchwood Park 515 Stonewood Dr.	4.49				2	VUUV			G
28	Skylark Park 648 Meadowlark	1.32	W. F.			2	VUUN			
29	Talbott Park 1620 San Luis	10.68	0				VIIIV			<u></u> \( \mathbb{V} \)
30	Village Park 1150 Bellflower	0.4				2	VIIIV		***	
31	Flagpole Park 1301 I Street	0.63			Vi.				4.2	
32	Wolfsen Park 1275 I Street	1.3			~ //	7				<b>*</b>
33	HG Fawcett West I to Pioneer	19.0					1	5:		
34	Oliveira Park 1115 Cardoza Rd.	7.0				2	, VIIIN	<b>Î</b>	•	
35	Vinyard 14 Basin C 645 Santa Ana St.	8.9								
36	Regency Tot Lot 500 Blk Addington	0.4	**************************************	Call I		2	VIIIV			pr.
37	Skylark Park Exp. 700 Blk Fairmont	5.7	Maria de ser la companya de la companya del companya del companya de la companya			2	VUUV			
38	Veteran's Memorial 2300 N Creekside	2.7					A A STANSON			
39	Orchard Terrace 303 Blk Sunburst	1.1	e			2	VUUN	and the same of the same of the same of		G
40	Regency Park D 556 Rockport Dr.	5.0				*	VUUN			
41	Meadowlands III Basin 2599 S Creekside	23.0				**	\U U\	Section 1		G
42	Neighborhood Park 1538 Mayweed Dr	1.0	April 1975 April 1979			2	VOLUN			677.3
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### G = Gazebo

All of our parks are on a first come, first served basis.

No alcoholic beverages allowed at any community park, neighborhood park, greenbelt park, parkway, green space, trail way, sports/recreation field and bleacher section adjacent to such sports/recreation field, or any other recreation area owned, operated, or maintained by the City. Park hours are from 6am to 10pm.

# 2018 Los Banos Parks & Recreation Pee Wee & Youth Basketball

Registration Dates: October 2nd-November 17th

**Cost:** Pee Wee Ball ages 3-4 and Youth Basketball ages 5-8: \$63

Youth Basketball ages 9-14 (max 8th grade): \$73

Season: January 6th-February 17th

**Location:** Pacheco High School 200 N Ward Road

**Tournament:** End of season tournament will be on February 24th for ages 9-14. Game times are T.B.A.

\*\*In order to keep the games/tournament fair and still competitive, we will be holding a draft to put together the teams.

We are able to accommodate sibling/family requests. Thank you for your cooperation.\*\*

You can register with the Parks and Recreation Division at the Los Banos Community Center, 645 7th Street, or online at www.losbanos.org.

For more information please call 827-7034 ext. 10/11.

\*Programs and activities are non-refundable with the exception of medical & relocation.\*

During the school district's Winter Break, 12/18-12/29, we will be having open gym for 17 and under from 12pm-3pm. Must be under 17 NO EXCEPTIONS. Must have parent or current school I.D. to enter gym. These hours are in addition to our normal open gym hours of 3pm-close.

The gym will be CLOSED for open gym January 1st-February 23rd, 2018 for the Los Banos Parks and Recreation Youth Basketball League.



810 W. K Street Los Banos, CA 209-826-5667



1017 "I" St. Los Banos, CA 209-826-2828

## **Basketball**

Los Banos Parks & Rec Pee-Wee and Youth Basketball is coached by volunteer coaches. This program encourages children to learn the basics of Basketball, team spirit, leadership, and most importantly good sportsmanship.

### Pee Wee Basketball, 3-4 yrs co-ed

The Los Banos Parks & Recreation Pee Wee Basketball program is a great way to introduce you little one to the game of basketball. Children will start learning the basics of the game and are introduced to working with and being a part of a team. Although this is not a competitive league we encourage coaches to help teach the basic fundamentals of the game like dribbling and shooting the ball and good sportsmanship.

Registration includes game shirt.

Instructor: Volunteer

Location: Pacheco High School Gym

200 N. Ward Road

\$63 Game Times Vary Sat. 7 games







# available!





### Youth Basketball, 5-6 & 7-8 co-ed

Introduce your child to the game of basketball. In this age group, children continue working on the basic fundamentals of the game. Your child will continue to develop as a player and most importantly have fun. This age group does utilize a triangle formation on the court. Although this is a noncompetitive league, we encourage coaches to teach their players the basics of the game. This includes skills and good sportsmanship, leadership, and learning to be a part of a team. Registration includes a game shirt.

Instructor: Volunteer

Location: Pacheco High School Gym (small

200 N. Ward Road

\$63 Sat. Game Times Vary 7 games

### Youth Basketball, 9-14 (max is 8th grade)

The older age group will continue to work on the basics and develop as a player. We encourage coaches to instill the importance of good sportsmanship, leadership, and teamwork. Every child should walk away from the season with key moments where they learned to be the hero, a team player and a few moments where they failed. Each of these will help your child grow as a player. The older age group will end their season with a playoff tournament. This will be a double elimination tournament and game times will be T.B.A. Registration includes a game shirt.

Instructor: Volunteer

Location: Pacheco High School Gym

200 N. Ward Road

Sat. 7 games Game Times Vary



# Adult Spring Softball League

### **3 Division Formats**

- Men's II League
- Co-Ed League
- Men's III, IV League

Registration Dates: February 5, 2018 -

March 16, 2018

Cost: \$450 per team (\$50 late fee ap-

plied after March 16th)

Season: April 3rd - May 24th Game balls will be provided. First

place teams receive t-shirts.

Location: Ag Sports Complex

Game Times: 6:30pm, 7:35pm,
8:40pm

For more information, please contact Rob Baker at 209-827-7034 x21 or stop by the Community Center.

# 2018 Pee Wee Ball and T-Ball

Registration: February 5th-March 30th

Ages: Boys and Girls 3-9

Cost: \$55 (includes shirt and hat)
After March 30th there will be limited spaces
available and a \$15 late fee will be applied.

Games are played every Thursday, May 10th— June 14th at the 7th Street Ball Park, 401 7th Street.

Scholarships are available!!
Contact the Los Banos Parks & Recreation
Division for more info 209-827-7034

# UPCOMING EVENTS SPRING AND SUMMER ACTIVITY GUIDE 2018

Arbor Day-March 2, 2108

CPR Certification Classes—Dates in April 2018 TBA

Spring Fun Run-Date in April TBA

Spring and Summer Softball Adult Leagues

Summer Camps Including: Lego Camps, British Soccer Camps and Merced College For Kids

### T&BTREE SERVICE



Todd and Brenna Nerell Specializing in. . .



- \* Topping
- \* Pruning
- \* Shrub Removal \*
- Stump Grinding

(209) 826-7380 \* Full Tree Removal Cell: (209) 628-4344 CCL. #915724

Fully Insured No Job too Big

### Young's Automotive



VISA MasterCard 209-826-5191 1117 F Street Los Banos,CA 93635



## **T-Ball**

# Pee-Wee Ball 3-4 & T-Ball is coached by volunteer coaches and is not a competitive league. Children will learn the basics of T-Ball, team spirit, leadership, and most importantly good sportsmanship.

### Pee Wee Ball, 3-4 yrs co-ed

Introduce your child to the popular game of T-ball. In this age group, children are able to start learning the basics of the game and are introduced to working with and being a part of a team. Your child will enjoy hitting the ball and running the bases! Although this is not a competitive league we encourage coaches to help teach the children the basic fundamentals of the game. Each child will get to bat until they get a hit and will be able to run the bases. Parents of children in this age group are encouraged to help their child during the game. (No more than 3 parents on the field). Registration fee includes shirt and baseball hat.

Instructor: Volunteer

Location: 7th Street Ball Park, 401 7th St.

\$55 Thurs 7 games Game Times Vary



### Scholarships available!

#### Youth T-Ball, 5-6 co-ed

Introduce your child to the popular game of T-ball. In this age group, children are able to start learning the basics of the game and are introduced to working with and being a part of a team. Your child will enjoy learning to hit the ball and running the bases! Although this is not a competitive league we encourage coaches to help teach the children the basic fundamentals of the game. Each child will get to bat until they get a hit and will be able to run the bases.

Registration fee includes shirt and baseball hat.

Instructor: Volunteer

Location: 7th Street Ball Park 401 7th Street, Los Banos, CA

\$55 Thurs | 6 games | 6:30pm -7:15pm

#### Youth T-Ball, 7-9 co-ed

In this age group there will be outs. Coaches will be pitching to their team and the player will have up to 5 pitches to hit the ball or be given the chance to hit off the tee. Everyone in the line-up will get the opportunity to bat each inning. Players will work on the fundamentals of the game, learn how to be apart of a team and have fun! Coaches are encouraged to teach the importance of good sportsmanship and leadership.

Registration fee includes shirt and baseball

hat.

Instructor: Volunteer

Location: 7th Street Ball Park 401 7th Street, Los Banos, CA

\$55 Thurs 6 games 7:30pm -8:15pm





# Health and Fitness



### **Champion Youth Hip-Hop Dance**

This is a fun, high-energy class that teaches the fundamentals of hip-hop and modern dance. This program promotes artistic expression, movement and teamwork that is fun for both boys and girls! At the end of the session, all students are invited to participate in a competition.

Family and friends are invited to attend!

### Fall session dates:

Each Wednesday, Sept. 13-January 10,2018

(Except 11/22, 12/20 & 12/27)

### Class times:

 Ages 5-6
 5:30pm-6:10pm

 Ages 7-9
 6:15pm-6:55pm

 Ages 10-15
 7:00pm-7:40pm

### Class Fees:

\$8 per lesson if paid in full for entire session, or \$9 per lesson if paid weekly. There is an \$8 registration fee for each student, paid once per session.

### Registration:

Pre-register online at Www.championyouth.org 1-800-956-6956



### **Champion Youth Cheerleading**

Cheer and dance movements are taught with flair by our experienced coaches. Students learn arm motions, formations and voice projection. At the end of the session, all students are invited to participate in a competition. Family and friends are invited to attend!

#### Fall session dates:

Each Monday, Sept. 11-January 15, 2018

(Except 11/20, 12/25 and 1/1)

### Class times:

Ages 4-6 5:30pm-6:10pm Ages 7-9 6:15pm-6:55pm Ages 10-15 7:00pm-7:40pm

### **Class Fees:**

\$8 per lesson if paid in full for entire session, or \$9 per lesson if paid weekly. There is an \$8 registration fee for each student, paid once per session.

### Registration:

Pre-register online at Www.championyouth.org 1-800-956-6956





Trini's Subway 1341 E. Pacheco Ste. F Los Banos, CA 209-826-9297

### **Open Gym**

Open gym at the Los Banos Community Center. Basketball court and equipment are open for free play.

> Monday and Friday 3pm-5pm Tuesday-Thursday 3pm-6pm

## **Martial Arts**

### AIKIDO 5+

Aikido is a Japanese Martial Art developed by Morihei Ueshiba. This is an art of physical systems and constant movement which involves throws and joint locks that are derived from Jiu-Jitsu and other Kenjutsu techniques. Aikido focuses not on punching or kicking opponents, but on using their opponents energy to gain control of them or to throw them away from you.

Location: Rec Hall in Pacheco Park

903 Pacheco Blvd. Sensei Steven Macillas

209-658-2407

### KARATE Ages 5+

### **Central Valley Karate Institute**

"Our mission is to inspire self-esteem and a sense of empowerment in every student who enters our dojo"

Through karate, a student will develop and learn physical fitness, mental discipline, and self-defense. The physical conditioning and concentration leads students to self-confidence, and a special knowledge of being able to defend oneself. We offer a fun and safe environment where **children and adults** can learn the art of Shotokan Karate. Shotokan Karate is accessible to all ages and every level of physical ability. While training, our students will get fit, improve their awareness, relieve stress and become more confident and empowered. We have general classes for all ages.

Location: Rec Hall in Pacheco Park 903 Pacheco Blvd. Sensei Jenny Williams 209-827-4483

\$55 monthly	Beginner/Intermed.	M & W	5pm-6pm
\$55 monthly	Advanced	M & W	6pm-7pm
\$55 monthly	Tiger Cub (5-7 y/o)	M & W	4pm-5pm

\$35 monthly	All Ages	Friday	6:30p-7:30p	
\$35 monthly	5-10 years	Saturday	9:30-10:30a	
\$35 monthly	Women Self-D	Saturday	11am-12p	

### **BRAZILIAN JIU-JITSU**

Brazilian jiu-jitsu is a martial art and combat sport that teaches a smaller person how to defend Him/herself by using leverage and proper technique.

Monthly rates are as follows:

Ages 4.5-15 \$40, \$55, \$70 (1-3 times p/wk) Ages 16-Adult \$50, \$70, \$90 (1-3 times p/wk)

Unlimited attendance: \$100 p/mo Discounts available, inquire with instructor

Location: Cesar Chavez Room 1620 San Luis St.

Scott Savage 408-593-4714

\$ Varies	4.5 –10 years	Tuesday	6:30p-7:25p
\$ Varies	11-15 years	M & W	6:30p-7:25p
\$ Varies	4.5 –15 years	Saturday	9a-10:25a
\$ Varies	16-adult	M, T, W	7:30p-9:00p
\$ Varies	16-adults	Saturday	10:30a-12p
\$ Varies	Open Mat	M, T, W	9:00p-9:30p
\$ Varies	Open Mat	Saturday	12p-12:30p



Central Valley Karate Institute



Scott Savage/Brazilian Jiu-Jitsu

# **Seniors & Adults**

### Arts, Crafts and Quilting

Bring your sewing, knitting, crocheting or painting projects and join the fun. Enjoy working on your projects and socializing with other seniors in your community. This class is hosted by the Circle of Love sewing group.

Instructor: Gloria Mendonca

Location: Los Banos Community Center

Arts and Crafts Room

\$10 a month Mon. /Wed. 9:00am—2:00pm

#### **BINGO**

Join us for BINGO every Thursday from 12:30pm-2:30pm at the Community Center. The cost is .25 per card and all monies are paid back. Prizes and snacks are welcome. /Come socialize and have fun!

Instructor: N/A

Location: Los Banos Community Center

**Grand Room** 

.25 per card Thurs. 12:30pm-2:30pm

### Walking Class 50 + yrs

Get up and get moving! Our senior walking class is a great way to incorporate low impact exercise into your weekly routine and you are able to walk at a pace that works for you. This class also incorporates light exercise and stretching before and after your walk. This is a great opportunity to visit and meet people within the community and reap the health benefits as well. This class meets in the front lobby of the Community Center promptly at 8:15am.

Instructor: N/A

Location: Los Banos Community Center

Gym

Free Mon./Wed./Fri. 8:30am - 9:15am

### Tai Chi - 24 Movements 50 + yrs

Tai Chi, a form of "meditation in motion", is a mind-body practice that originated in China as a martial art. Tai Chi is not only a great way to maintain and improve your physical strength but also to help alleviate stress and find a more peaceful state of mental relaxation. You will move through a series of Tai Chi movements, with slow and smooth transitions between each move, without putting too much stress on muscles and joints.

Instructor: Maria Clower

Location: Los Banos Community Center

Fitness Room

\$5 a month | Mon./Wed. | 9:15am -10:15am

### Cards

Caras									
Macho			Bridge			Various			
Join us for Macho on Tuesdays. This is a card game similar to BINGO. All monies are paid back. Come socialize and snacks are welcome.  Instructor: N/A Location: Los Banos Community Center Arts & Crafts Room			Bridge is played on Mondays from 1:00pm– 4:00pm. This game must be played with an even number of players. If you would like to be placed on the Bridge Substitute list, please contact the Community Center for contact information.  Instructor: N/A Location: Los Banos Community Center			Every Wednesday from 1:00pm - 4:00 pm, join us in the Lounge for a game of cards. The card game varies from games like Pedro, Golf, etc.  Instructor: N/A Location: Los Banos Community Center			
						Lounge			
\$1.00 +	Tue.	12:30pm-2:30pm	Free	Mon.	1:00pm- 4:00pm	Free	Wed.	1:00pm - 4:00pm	

# **Seniors & Adults**

### Free Lending Library

Come check out our wide selection of books located in the Lounge at the Community Center. From Romance, Drama and Mystery, there is something for every interest. Our Lending Library is on the honor system, so you are able to bring back your book and take new ones at your leisure. Donations are accepted.

### **Living Well Senior Lunch Program 60+ yrs**

Merced County Living Well Senior Lunch Program is at the Los Banos Community Center Monday-Friday from 9:00am-1:00pm. This program provides hot lunch and socializing with friends and neighbors. Suggested donation is \$2.00 & cost is \$8.00 for guests under age 60. Reservations are necessary at least 24 hours in advance. For reservations or more information call the site coordinator at 209-761-7131.

# 33RD ANNUAL SALUTE TO SENIORS FAIR SENIOR CITIZENS RECOGNITION EVENT

Laugh, Live It Up, It's Never Too Late!

September 29th 2017

9am-3pm

Los Banos Community Center
645 7th Street, Los Banos

Lunch Tickets \$10 (Purchase by 9/15/17; tickets not sold at door) Lunch 11:30am Bingo (after lunch)

> Vendor Booths \$70 9am-11am



2017 Salute to Senior Committee

### Los Banos Golden Age Club

Membership is for Seniors ages 50 and above. Yearly dues are \$8.00. Monthly meetings and dinners are held at the Los Banos Community Center. Tickets for the dinners are \$10.00 for members and \$11.00 for guests. Dinner Trays can be purchased in the office or at the dinner for \$7.00 each. Check or money orders only made out to the Los Banos Golden Age Club please.

### **Various Numbers**

<u>Legal Services</u>: Central California Legal Services are available for ages 60+. Please call 209-723-5466 for more information or to schedule an appointment.

<u>HICAP</u>: Health Ins. Counseling & Advocacy Program. To schedule an appointment please call 209-385-7550.

Meal on Wheels: For more information please contact the Merced Area Agency on Aging at 209-385-7550.

# MARK YOUR CALENDARS... FOR THESE FALL/WINTER EVENTS



Join us on Friday, October 20, 2017 from 9am-3pm At the Los Banos Community Center, 645 7th Street

Entrance is FREE! Salad Bar Luncheon is \$5 and will be served between 11am-1pm. Take-Out is available.

(Lunch tickets are sold at the Los Banos Community Center)

Booth spaces are available for \$25, plus a raffle gift. Set up is between 7am-8:30am.

Please contact Gloria Mendonca with any questions 209-752-0186

(Leave message)

This event is hosted by the Circle of Love

# LOS BANOS PARKS & RECREATION 1ST ANNUAL HALLOWEEN DANCE

6PM-9PM AT THE LOS BANOS COMMUNITY CENTER

DATE: 10-21-17 AGES: 7TH-9TH GRADE

ADMISSION: \$5 \*MUST PURCHASE TICKET BETWEEN 9/5-10/16

\*Minimum of 75 tickets must be sold by 10/16\* No tickets at the door\*



OPEN TO STUDENTS 7TH-9TH GRADE WITH A STUDENT I.D. (NOT A LBUSD EVENT)
\*COSTUME COMPETITION WITH PRIZES! \*SNACK BAR\* DJ

\*NO IN OUT PRIVILEGES\*

\*STAFF AND SECURITY WILL BE ON PREMISE\*
PLEASE CONTACT LOS BANOS PARKS & REC FOR MORE INFO: 827-7034



Saturday, Sept. 23, 2017
7am-2pm
Fairgrounds Parking Lot
Fourth & F Street

Don't miss your chance to bring all unwanted items that you can't put into your regular garbage or green waste carts for disposal...FREE!

For more information call: 209-827-7056

### CITY OF LOS BANOS WATERING SCHEDULE

If your address ends in an **ODD** number, your watering days are: **Tuesday, Thursday and Saturday.** 

If your address ends in an <u>EVEN</u> number, your watering days are:

Sunday, Wednesday and Friday.

Watering hours are:
before 11am and after 7pm.
NO watering on Mondays.

For more information, call 209-827-7000



846 W. Pacheco Blvd. Los Banos, CA 209-826-1056



### City of Los Banos Parks & Recreation Division

The Parks & Recreation Division is currently looking for individuals interested in leading specialty classes or workshops. If you have a skill or talent and wish to teach a class, we would love to hear your idea.



Please submit your proposal to: Rob Baker 645 7th Street Los Banos, CA 93635



Provide proposal of course content that includes the following information:



- Description of course
- Targeted age group
- Proposed fee schedule
- Preferred day and time of course Minimum and maximum number
- of participants
- Length of course and frequency (i.e., 4, 6, 8, week sessions or 1-day workshop)





Locally owned to to support all your home and office needs!

1017 "I" St. Los Banos, CA 209-826-2828

# The City of Los Banos Parks and Recreation Division invites you to join us for our annual Breakfast with Santa Event



Saturday, December 2, 2017
8:30am-11:00am
at the Los Banos Community
Center 645 7th Street
Pre-Sale Tickets \$7.00
Limited Tickets at the door \$10.00



Professional photographs will be available to purchase the day of event.

Tickets available 10/9/17 at the Los Banos Community Center or online www.losbanos.org (online tickets will be mailed)

Come & enjoy breakfast which includes ham, eggs, pancakes, and a beverage. Have fun making holiday crafts, have your picture taken with Santa and tell him your Christmas wishes. Come meet and mingle with the people from your local community!



# Mine, Craft, Build Engineering with LEGO® Christmas Camp

at Los Banos Community Center

December 18th to 22nd 9:30am - 12:30pm Open to Girls and Boys Ages 7 to 11 years Price per Student: \$140

More information at www.play-well.org

Bring Minecraft to life using tens of thousands of LEGO® parts! Build engineer-designed projects such as a motorized Creeper, a portal to the Nether, and a moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and the LEGO® building system or a seasoned veteran, you'll be hooked on the endless creative possibilities.



To sign up, visit the Los Banos Community Center at: 645 7th Street, Los Banos CA 93635 or at https://apm.activecommunities.com/losbanos/Home (keyword: Lego)

LEGO®, the LEGO logo, and the brick and knob configuration are trademarks of the LEGO Group. ©2017 The LEGO Group. These programs are not authorized, sponsored or endorsed by the LEGO Group.

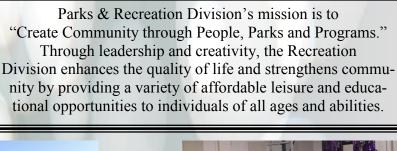


1339 Place Rd. Los Banos, Ca 209-826-2446



25 W. G Street Los Banos, Ca 209-826-4807 It is through the hard work of our volunteers and the generosity of the community that we can keep enriching the lives of our youth...

Thank You!





### HOW TO SUPPORT YOUTH SPORTS PROGRAMS

The Los Banos Parks & Recreation Division offers several ways to support our youth sports programs and advertise your business.

There are 4 levels of sponsorship you can choose from.

**GOLD:** Ad in 2 activity guides and 3 team sponsorship (basketball, t-ball, soccer)

**SILVER:** Ad in 1 activity guide and 3 team sponsorship (basketball, t-ball, soccer)

BRONZE: 3 team sponsorship

**SINGLE:** 1 team (upcoming sport season)

For more information or if you'd like to make a contribution to our 2018 Youth
Programs, please call or stop by.

Los Banos Community Center
645 7th Street
Los Banos, CA
209-827-7034 x10 or 11

# Thank You To Our Sponsors







Without the support from our local businesses and volunteer coaches we would not be able to continue to offer the programs or events that we do. Our programs depend on these businesses and coaches, they are at the heart of what makes our programs successful. The Los Banos Parks and Recreation Division would like to say thank you for your generosity and continued support.