## **Employee Benefits & Wellness News**

**August 2015** 

# Medicare Part D Prescription Drug Discontinuation "Sunset" Information Sessions

WAR MEMORIAL

101 North Gay St., Suite D,
 2nd Floor
Baltimore, MD, 21202
Thursday, August 20, 2015
 Morning Session
 9am - 11am
 Afternoon Session
 1pm - 3pm

PIKESVILLE LIBRARY
1301 Reisterstown Rd.
Pikesville, MD 21208
Monday, August 24, 2015
Morning Session
10:30 am – 12:30 pm
Afternoon Session
1:30 pm – 3:30 pm

#### **PERRY HALL LIBRARY**

9685 Honeygo Blvd.
Perry Hall, MD 21128
Monday, August 31, 2015
Morning Session
10:30 am – 12:30 pm
Afternoon Session
1:30 pm – 3:30 pm

Department of Human Resources Employee Benefits Division 201 East Baltimore Street, 5th Floor Baltimore, MD 21202

Email us at: Employee.benefits@ baltimorecity.gov

### **Retiree Prescription Drug Benefits Ending in 2020**

As part of the Mayor's Ten-Year Financial Plan, the City will discontinue ("sunset") retiree Medicare Part D Prescription Drug benefits in 2020. The City announced last year during Open Enrollment that the Medicare Prescription Drug plan will be going away effective January 1, 2020. We are planning to remind you each year leading up to 2020 that this plan will be ending. We're providing information now so you will have time to learn about the changes before they take effect. For the 2020 plan year, Medicare-eligible retirees and Medicare-eligible dependents will need to enroll in an individual Medicare Part D plan through Medicare and private insurers.

The City's Employee Benefits Division is hosting a series of information sessions to familiarize our retirees, pre-retirees, and active employees with the health and prescription drug insurance marketplace. Information covered will include:

- Prescription Drug Plans offered in the Medicare Market
- Health insurance information from the State of Maryland exchange
- Enrollment requirements and other information from Social Security

Session dates, times, and locations are shown in the blue box to the left. For more information, visit the City's **Employee Benefits Internet page** or call 410-396-5830.

#### **Your Health Matters!**

Each year an estimated 443,000 people in the U.S. die prematurely from tobacco use, smoking or exposure to secondhand smoke. Smokeless tobacco, vapes, cigars, e-cigarettes and pipes can all have deadly consequences, including lung, larynx, esophageal, and oral cancers.

Want to quit? Now is a great time! Check out these resources:

- 1-800-QUITNOW (784-8669): the State's toll-free quitline provides access to trained quit coaches and referrals for free or reduced-cost nicotine replacement products.
- The City's <u>Wellness Facebook</u> page and <u>Wellness</u> Internet page have information on smoking cessation programs and resources.
- **The QuitPower Program** is offered free as part of the Wellness Program via Optum. Call 877-784-8797 to start today.

Check your wellness newsletter, emailed and posted weekly, for information on wellness programs for City of Baltimore employees. Or, visit the City's Wellness Facebook page or Wellness Internet page.





