

Suggested topics for Mentor & Protégé Meetings

Please note that these topics are guidelines for your meetings. They are to be used as a guide for your year. If there are other topics that you have discussed over the course of your pairing that you feel would be valuable to others please share the with us.

Meeting #1 – Introductions

- Discuss both of your career and educational backgrounds
- Discuss your goals and objectives for the year in the mentorship program
- Decide on the best form of communication for scheduling future meetings (i.e. telephone, email)

Meeting #2 – Career Planning

- Continue your discussion about your mentor's history
- Discuss 5-10 year planning and how you both plan to achieve your goals
- Discuss skills necessary to achieve these goals

Meeting #3 – Work/ life balance

- Discuss the challenges in achieving work/life balance
- Create a plan or tips to ensure that you are able to achieve professional success without sacrificing your personal/family life

Meeting#4 – Leadership/Team Work

- Discuss the importance of leadership and teamwork as it relates to success
- What challenges do you each face in being part of a team
- What traits make a good leader
- How can you improve your leadership skills

Meeting#5 – Upcoming Professional Challenges

- Discuss issues faced over the course of this year
- Discuss lessons that you have each learned
- Discuss other topics that you have not previously covered but wish to share with each other

Meeting #6 – End of Year Evaluation

- Evaluate your year
- Discuss what worked and didn't work in your mentorship year
- Create a list of suggestions to help future mentor/protégé teams for next year's program