

HEALTHWAYS® FITNESS YOUR WAY

Get Access to Nearly 9,500 Fitness Locations

Enroll Now

Whether you want to lose weight and maximize your energy, or manage stress and improve your mood, here's a great, low-cost way to meet your goals. Healthways® Fitness Your Way allows you to join a network of fitness facilities for a discounted rate, so you can work out anywhere when it's convenient for you — at a cost that doesn't stretch your budget.

How It Works

Healthways Fitness Your Way gives you access to nearly 9,500 fitness locations, including select national chains. As a Healthways Fitness Your Way member, you can visit any participating fitness location — anytime, anywhere — as often as you like.

Pay only **\$25 a month***, plus a low **\$25 enrollment fee**, and make a three-month commitment. Do it all online. Then put your fitness plan into action.

How to Enroll

Log in to highmarkblueshield.com
(or register for access by following the instructions)

- Select **Member Discounts**.
- Scroll to **Member Discounts** and select **Blue365 Discounts**.
- Select **Browse All Deals**.
- Scroll to find **Healthways Fitness Your Way** and click **View Details**.
- Select **Login to Redeem** (register for Blue365 by following the instructions for first time users.)
- Once registered, select **Browse All Deals** and select **Healthways Fitness Your Way**.
- Select **Click Here to Enroll Now**.
- Print your card and start using your membership right away!
- Present your card at the facility you choose.

You will be billed for \$25 monthly. If you prefer, you can call 1-888-242-2060 to enroll. For member web support, please call 1-877-298-3918. The fitness center discount is separate and distinct from your health benefits plan.

* Taxes may apply. Individuals must be 18 - 64 years of age to purchase a membership. \$25 monthly fee requires a three-month commitment.

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ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。



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