

Test Questionnaire

It helps to understand your own learning and thinking styles if you know the balance of your own brain organisation. Simple though they are, the following questions show large sex differences. Answer them 'yes' or 'no' – depending on how near the answer is to your own behaviour. Inevitably these questions are generalisations, so please tick the one that most applies to you. The answers will give you a guide as to how male or female your brain is on the male/female.



**embarrassing
bodies**

Are you Male or Female:.....

Are you mostly Left-handed or Right-handed:.....

What is/was your occupation:.....

	Questions (Place 'X' as appropriate)	Yes	No
1	It's easy for me to sing in tune, singing alone		
2	When I was younger, winning was really important to me		
3	It's easy for me to hear what people are saying in a crowded room		
4	As a child I enjoyed going as high as possible when climbing trees		
5	If someone interrupts what I am doing it's difficult to go back to it		
6	I find it easy to do more than one thing at once		
7	I find it easy to know what someone is feeling just by looking at their face		
8	I like to collect things and sort them into categories		
9	I solve problems more often with intuition than logic		
10	As a child, I loved playing games where I pretended to be someone I knew or a character I had created		
11	At school it was easy for me to write neatly		
12	As a child, I enjoyed taking things apart to see how they work		
13	I get bored easily so I need to keep doing new things		
14	I don't like fast speeds, they make me nervous		
15	I enjoy reading novels more than non-fiction.		
16	I can find my way more easily using a map rather than landmark directions		
17	I keep in regular contact with my friends and family		
18	As a child, I enjoyed physical sports		
19	Imagining things in three dimensions is easy for me. For example: I can see in my mind's eye just how an architect's drawings or plans will look once built		
20	As a child, I loved doing things like 'wheelies' on my bike		

Which hand pattern most fits yours? Look at your hand and tick box for each. The key digits, counting from your thumb, are the 2nd and 4th digits (your index and ring fingers respectively). When looking at your own hands, you should view them with the palms towards you and measure from the crease at the base of your finger:

	Index finger longer than ring finger	Ring finger longer than index finger	Index and ring fingers the same length
LEFT HAND			
RIGHT HAND			

A large number of studies show that comparative finger length matches brain organisation.

• **A typical male brain correlates with:**

The index finger (2nd digit) is shorter than the ring finger (4th digit).

• **A typical female brain correlates with:**

The index and ring fingers are the same length; occasionally the index finger is longer than the ring finger.

Sometimes, however, one hand is the male pattern and the other the female pattern – this requires further research as to the significance for brain organisation.

Now work out your score and see how ‘male’ or ‘female’ your brain is:

If you answered ‘Yes’ to questions: **1, 3, 6, 7, 9, 10, 11, 14, 15, 17** score 1 point each. (‘No’ answers to these questions receive 0 points.)

If you answered ‘No’ to questions: **2, 4, 5, 8, 12, 13, 16, 18, 19, 20** score 1 point each. (‘Yes’ answers to these questions receive 0 points.)

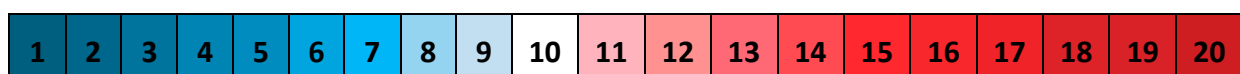
Now total up your scores. Fill in your score out of 20 here:

How to work out how ‘male’ or ‘female’ your brain is

- The higher your score out of twenty, the more female your brain.
- Middle scores show a more mixed brain.
- The lower the score out of twenty, the more male your brain.

Very Male

Very Female



Hands are a further marker for brain organisation. Combining the questionnaire results together with the following finger pattern result may give you a clearer picture of your brain organisation.