

CHASE AMANTE

10 WAYS

TO FLIRT

THAT
CREATE
DESIRE



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LESSON 2 OF THE GIRLS CHASE 7-DAY MINI COURSE



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Think of your last chat with a cute girl. The vibe was likely fun, or you wanted it to be fun. You may have been a bit nervous. Odds are, you hoped to find a way to ask her out. You wanted to, anyway. Maybe you picked up on excitement from her too. Or you thought you did. But did you crack the flirt code – and get *her* to flirt back?

[Flirtation is a crucial element of human mating](#). Other species use bright colors, elaborate songs, or impressive nests to attract mates. And while we do use fashion, serenades, and bachelor pads ourselves, these aren't the primary ways we court. Flirtation is.

What is flirtation? It's a way for men to show attractive qualities that are hard to fake. And it is a way for women to signal receptiveness.

On the first point – hard to fake – just remember a beautiful woman meets men every day who want to bed her, conquer her, or marry her. Most or all these men are happy to stretch the truth or even outright lie if it will get their goal. Maybe his financial prospects are dim, but he takes her fancy places and puts it on his credit card. Maybe all he wants is to sleep with her and vanish, but he acts like a gentleman because he thinks this will get sex. Maybe he's a man she'd never want to date in a million years, but he works hard to hide the truth about himself.

Flirtation lets women avoid most of these fake signals. It does this by making courtship about qualities most of us exhibit without thought. Everything we'll talk about in this book is what attractive, confident men do naturally. By doing the same, you show her you, too, are an attractive, confident man.

Does this help you fake your way into her pants? Will this book just make you a better faker than other men? I don't think so, and I'll tell you why. If you take time to study this, use it, and practice it with girls, you've already exhibited the traits women like most. Traits like pluck, ambition, motivation, follow-through. And, you develop genuine confidence as you behave like a confident man.

Thanks to the somatic (body) feedback loop, you become more confident as you behave in more confident ways. All somatic feedback means is when you stand erect, you feel more capable. When you smile for a minute, you feel happier. And when you make steady eye contact, you feel confident. When you behave like a powerful man, your brain interprets this to mean you are a powerful man. And the more you feel like one, the more these signals become automatic.

That in mind, let's give you 10 flirtation tools you can use on girls.

Flirtation Tool #1: Physical Proximity

Imagine you spot a pretty girl. You look at her. She looks at you. She flashes you a shy smile... Then she looks down. Your pulse quickens. You start to walk over toward her.

But when you reach her, you stand at about arm's length. You don't want to be impolite. Maybe if you got too close she'd feel uncomfortable! What happens though? Well, as you try to talk to her from across the room (just about), it feels more and more awkward for both of you.

At some point maybe you try to move in closer to her. But it feels contrived and she knows what you're doing. You started timid and now you're inching nearer. It feels forced.

Now imagine you see another girl. Maybe you see her in a bar or at a café. She has long, flowing hair and a bright red dress on. And over strides some confident-looking guy with a bit of a smirk on his face. He walks right up to her, almost touching her, and starts to talk to her. A girlish smile erupts onto her face and you can tell she's into him. Maybe you see him take her phone number. Or perhaps he invites her to go sit with him. Either way, you're impressed at how easy he made that look.

And while there are a few elements there for us to look at, the big one is this: proximity. By getting close to her, he showed some enticing qualities of his right off the bat.

First, he showed confidence. Confidence is the chief quality women look for in men. Is he confident in general, is he confident with people, and is he confident with *me*, she asks. Your confidence tells her how you rate yourself relative to her. It's the reading on your mating sociometer. Do you think she's the more desirable party or do you think you are? A man who can walk right up to her is not one who wonders if she'll find him attractive enough for this or not. He's confident she will.

Second, he showed his intentions. When you stand at arm's length, or far away from her (or even just not close), it doesn't feel like you want romance. She might think maybe you do. You might even open with a compliment or tell her you found her attractive. But something doesn't add up. Your behavior is incongruent with your stated intentions. That makes her question what you're after. Or it can make her just feel discomfort around you. It's weird when someone says he likes you, yet stands far away from you. What is he doing? Because men are stronger than women are, women are wary of a man who throws off "weird" signals. It puts a girl on danger alert mode. And that isn't where you want her if you're trying to court her.

Third, he behaved as if he and her were already an item. One of the most charismatic traits you can learn is to behave "as if" someone already is whatever you want her to be. If you meet a good business contact and want to see him again later, treat him like an old friend. If you meet a new girl and want to ensure it goes somewhere, treat her like she's already your lover or girlfriend. Because of how people's brains mirror the those they interact with – and because of that somatic feedback loop we talked about earlier – she will begin to feel (to a certain extent) as if you and her are long-time lovers if you behave as if you are. Physical proximity is one of the ways you do this.

Proximity is so important that researchers are able to predict how attracted a girl is by looking at how close she is to a

male partner (Evans & Howard, 1973; Gifford, 1982; Hayduk, 1978; Kahn & McGaughey, 1977). Proximity conveys immediacy and dominance (Burgoon, 1991). And it shows her you feel high involvement in the interaction (Coker & Burgoon, 1987).

To get physical proximity right, the most vital element is to get past the “polite zone.” This is that distance at which you are polite, but not intimate. Get close enough to her she feels the two of you are “close.” If she’s attracted, she will feel more attracted and excited. If she isn’t attracted, so long as you’re an attractive guy it will still be at least somewhat welcome.

Walking up to girls and getting immediately chummy with them physically is worthwhile too. For instance, putting your arm around a girl on open, or touching her a lot from the start. While this can be powerful, you should wait until you’re solid in your fundamentals and game. Do this when you don’t have the attractive qualities to back it up, and girls may get uncomfortable.

However, even when brand new to dating and talking to girls, you should make it a point to get past the polite zone. Get physically close to the women you want to meet. Proximity is one of the ways you signal you are a prospective mate, rather than a polite acquaintance.

Flirtation Tool #2: Eye Contact Flirting

Flirting doesn’t work without [good eye contact](#). Even so, a lot of beginning flirts get this one wrong.

If you’re confident with people, eye contact likely comes easy to you. You’ll make strong eye contact, use your eyes to signal interest, and won’t suffer from eye contact breaks that come too early or at wrong times. However, if you’re not there yet socially, you may discover your eye contact needs an upgrade.

The big mistakes men who aren’t as experienced with eye contact make include: a.) not making enough eye contact (and she feels you’re timid or uninterested), b.) making *too much* eye

contact (and she feels too much tension), c.) breaking eye contact at the wrong times (you again seem timid or uninterested), or d.) shifting eye contact too much between conversation partners.

Eyes are one of the most important signals in socializing. Other people pay a great deal of attention to your eyes. Your eyes hint whether what you're saying is truth or falsehood. They show whether you're being straight or cracking a joke. They reveal whether your interest is platonic or more. Eyes tell her about how interested in her you are... The more intense your eye contact, the more interested she assumes you are. And the more eye contact you give her, the more she likes you (Fromme & Beam, 1974; Kellermen, Lewis, & Laird, 1989).

The good news is, eye contact is easy to fix. It is straightforward to use your eyes to flirt better. So let's talk about each way men get eye contact wrong. Then, we'll discuss how to get these aspects right instead.

First, not enough eye contact. This usually comes about when you feel too much pressure from looking her in the eyes for too long, and have to look away. Depending on your level of social confidence, this may happen only during prolonged eye contact... Or it might happen as soon as she looks you in the eyes. Generally, you want the girl to be the one who break eye contact, not you (though there are exceptions). If you catch yourself doing much of the breaking, you're likely breaking too soon.

The solution to this problem is conditioning. You'll [hold strong eye contact](#) with people and resist the urge to break eye contact and look away. This may be hard when you start to do it – but don't worry, it gets easy quick. The more exposure you build to maintaining eye contact, the less difficult it becomes to do.

Second, too much eye contact. While you usually want her to break, you should still break eye contact sometimes. Men who get this wrong often follow a rule of “never break eye contact.” When you never break eye contact, things get too intense. It does not seem normal. She wonders what's going on and why you have to stare at her like that. As a rule of thumb, you should lead about 20% to 30% of the eye contact breaks you make with a

girl. Let her lead the other 70% to 80% of breaks. With another man, I suggest you break 50/50. This way you avoid both the situation where he views you as weak and the situation where he feels like you are a threat.

In general, you should lead most eye contact breaks when you are the speaker. You should let the other party lead most eye contact breaks when she is the speaker. Women use their eye contact to control the pace of the courtship (Cary, 1976). If you try to rush things through too-intense eye contact, this can derail the connection. Don't exactly mirror her breaking behavior, but if she makes less eye contact with you, you should also make less eye contact with her. This is to avoid coming across as "too much" or "too intense" with more timid girls.

Third, breaks at the wrong times. This is the hardest eye contact behavior to break, because it's an automatic nervous response to pressure, as well as an ingrained habit. For instance, she hints at her interest in you, and you break eye contact. Or you say something suggestive to her, and you break eye contact. Or she brushes up against you while she talks to you, and you break eye contact. Yet if you avert your gaze too much and at the wrong times, her attraction for you goes down (Burgoon, Manusov, Mineo, & Hale, 1985).

The most effective way to overcome this issue is to pay vigilant attention to your eye contact and notice when you break it at wrong times. As you notice more and more times you break eye contact, you can work to not break the next times you're in these situations. As you get better at this, these "awkward breaks" stop happening.

Fourth, shifting eye contact between conversation partners. If you're a nice person, you likely want those around you to feel included in the conversation. But if there's a girl you like there, she will not feel particularly special if you give her the same eye contact as everyone else.

The solution is to devote about 75% of your eye contact to the girl who's caught your eye. This makes it clear to her that she's your focus. It also makes everyone else feel like they aren't getting

so much of your attention. This causes them to lose face if they stay in the conversation too long... And, as such, it invites them to exit, and talk to other people instead. It's a nice, inoffensive way to tell others you and this girl are in a close conversation, so please give us space. It also shows the girl you have your crosshairs on that she's the object of your affections... Not to mention it shows you're taking steps to up the intimacy of the courtship in a savvy way. That's both exciting to her, and attractive.

Once you correct these four common mistakes men make with eye contact and get [good eye contact flirting](#) in place, you'll find your eye contact becomes a lot more powerful and a lot more effective. And, you will discover you're able to communicate what you want to communicate with women a lot more easily.

Flirtation Tool #3: How You Smile at Her

Your smile says a lot about you. It can make you more or less attractive. It indicates what your intentions are. And you can use it to raise or lower tension.

The first thing to understand about smiles is they aren't attractive in men (Tracy & Beall, 2011). Women find a serious expression on a man's face much more attractive than they do a smile. Ever notice all the sexy male movie stars you see who hardly ever smile?

Yet just because smiles are not outright attractive doesn't mean you shouldn't use them. The smile remains a potent and mighty tool for flirtation.

You will usually want to smile on the initial approach (Penton-Voak & Chang, 2008). While you may think your intentions are obvious, women don't know what you want before you make it clear. A girl might guess you want to flirt with her or ask her out... But she doesn't know for sure. You might want to ask her directions. You might want to ask her for money. You might want to sell her something. You might want to assault her. A

smile tells her your intentions are friendly, and it prompts her to lower her guard.

The kind of smile you use also signals intentions. Slight smiles, smirks, and half-smiles [all can be sexy](#). An open-mouth, open-teeth smile can be among the sexiest of all. And that is especially true when combined with a slight lopsided slant to your smile. An open-mouth, closed-teeth smile is generally friendly and platonic. You can still pull the toothy grin off if you're an otherwise sexy or intimidating guy, however. In this case, your toothy smile just helps to disarm.

The final function of the smile is to [raise or lower tension](#). For example, say you talk with a girl, stare into her eyes, then just start to grin. She knows you're up to something, or that you want to say or do something. She just doesn't know what yet. The longer you hold that expression without telling her what it is, the higher the tension goes... Until she comes out and asks you, "What?!"

This kind of smile is most useful when she says or does something silly. Give her a bemused or incredulous smile, and hold it until she cracks. It's also great when you want to get her to stop talking so you can invite her to sit, move, or go home with you.

You can use smiles to lower tension as well. If you and her had a serious, intense conversation, your smile can preface a lightening of tension and a change of topics. It signals the transition and lifts the mood.

One final word on smiles: smile slowly. Smiles that form too fast (i.e., half a second or less) seem fake. Slower smiles (i.e., that take one to two seconds to form) generally come across as genuine. Opt for slow over fast to make smiles realer.

Flirtation Tool #4: Light Teases

[Teasing](#) is one of the oldest tricks in the flirtation handbook. Odds are, you were using it in middle school, teasing

cute girls and having them tease you in return. Teasing insults display intimacy and solidify new relationships (Aronson et al., 2007). The trick with your teases is to keep them *light*.

One of the difficulties a lot of men run into is they make their teasing too intense. What should be light and playful turns into serious busting. For example, teasing a girl about something she won't take too personal is fine. If she cut her hair short and already made a joke about it being far too short... And she seems fine with jokes about it... And you've been warm with her and she feels comfortable with you... You can tease her lightly on it: "Well, at least if you become a nun now you've already got the haircut for it. You're one step closer to poverty and chastity."

On the other hand, if she's clearly embarrassed about her haircut, teasing like may be too much. And turning the tease into an out-and-out insult, like, "You didn't just cut your hair off, you cut off all your femininity. Wow," is going to be far too much for all but the most jocund women.

Women respond positively if they judge your intent is to be funny. But if a girl thinks your tease is meant in a serious way, she's a lot less likely to enjoy it (Alberts, Kellar - Guenther, & Corman, 1996).

Thus, the secret with teasing (as with all kinds of humor like this) is to [calibrate it](#) to the girl. You want to take your teases right up to the point where they'd be offensive if you went any farther, yet not beyond. That's the secret to great light teasing: up to the line, not over it.

Here's another example. Say a girl tells you her dream is to be a windsurfer: "I want to be a windsurfer. No joke! Don't laugh. I'm serious. I want to windsurf."

You'll usually want to reply with interest first to reward this opening up she's given you. For instance, "All right, why do you want to be a windsurfer?" After she answers, you may tease away: "Well, at least it isn't yodeling. There are worse things you could want to learn, I guess." Or, "Cool. I mean, I'm not sure what you can *do* with windsurfing... It's not like you can windsurf to work. But I guess it's cool. Right?"

Sometimes girls will give you “funny admissions” about themselves that open them up to light teasing like this. When you see this, it’s usually a blatant invitation to flirt with them. Don’t miss it!

Flirtation Tool #5: Playful Banter

Close cousin to light teases is [playful banter](#). Most people are bad at sensing when there’s flirting going on, and women are no better at this than men (Hall, Xing, & Brooks, 2014). Playful banter lets you draw out the flirtation more to hit the message home.

Playful banter may include light teasing, but it also encompasses more than this. Banter includes everything from teasing each other to laughing at others to critiquing the environment. There’s almost always an object of light derision to kick the banter off. Yet that object needn’t be you or her. And once the banter is going, you can transition from teases into role-plays to keep it up.

So for instance, say you talk with a girl in a bar. And you kick off the banter with wry critique of the environment: “So, do you spend a lot of time in dirty, seedy places like this?”

And she plays along: “I *love* dirty, seedy places like this.”

You reward her for playing along: “Sounds like you might be my kind of girl, then. The kind who loves dirty, seedy things.”

She laughs, then plays along more: “What other kind of dirty, seedy things do you do?”

You [ratchet up the tension](#), then drop some unexpected humor: “Only the dirtiest and seediest. Why just yesterday, I brushed my teeth without putting any water on the bristles first.”

She plays along more: “That *is* dirty and seedy.”

You ask her to qualify herself: “What kind of dirty, seedy things do *you* do?”

Because girls usually aren't as good at humor as you'll be (or should be! If you don't have a sense of humor, then take time to develop yours – it's a powerful tool), she won't usually have anything too clever to say at this point. Instead, she will either say something silly (“Well, I don't always remember to wash my hands when I go to the bathroom, does that count?”)... Or she will say something too sexual (“Usually I put my panties on backwards”). If it's the latter, you can take that as a cue to start to gradually ramp up sexuality in the conversation. Women tend to be less conscious of sexuality in flirtation than men are (Henningsen, 2004), which means sometimes you will need to be [a little more obvious about it](#) for her to get it.

Here's another flirtation example. Say you take a date to go window shopping with you. Browsing the women's lingerie department, you hold a skimpy piece in front of yourself. You then smile mischievously, and ask: “Think they have it in my size?”

She says, “That one looks like it might fit you, actually.”

You say, “Great. I'll wear this, and we'll get you a Speedo.”

She says, “Just a Speedo?”

You say, “Wouldn't be a role reversal if you wore anything else, would it?”

The key to playful banter like this is *she has to play along*. If she doesn't play along, there's no playful banter. Bear in mind, of course, playing along comes in different forms. Sometimes a girl may act faux disinterested, while still giving you enough to keep playing with. These are the girls who play hard to get, without actually being hard to get. Well, they're not as hard to get as the girls who don't give you *anything* to work with, in any event.

So what do you do if a girl won't engage in playful banter?

Sometimes this will be because she isn't warmed up enough yet. Go back, use some lesser forms of flirtation, and ramp it up more before you try playful banter again.

Other times this will be because she doesn't have much of a sense of humor... Or she isn't quick to come up with swift retorts.

In this case, no matter how warmed up she gets, she won't be able to banter back. That's okay. There are plenty of other forms of flirtation to use... Like the ones we've talked about already, and the ones we'll discuss next.

Flirtation Tool #6: Chase Frames

[Chase frames](#) are another form of verbal flirtation. You use a chase frame to imply something specific: that the girl in question is chasing after you.

This works through suggestion. By implanting the suggestion of her in pursuit, you begin to frame things that way. You make her more likely to feel in pursuit of you, and you cause her to interpret her actions more this way (Cho, Zarolia, Gazzaley, & Morsella, 2016).

In any courtship, both partners pursue each other. No true courtship consists of a completely passive woman and a completely active man. Both partners have an active role. All you do with a chase frame is bring her role to the fore and allow her to face it, own it, and commit to it all the more.

Chase frames work the same way as sexual innuendo, but with a twist: you don't just toss random innuendo out. Rather, you use your innuendo to imply a woman is in pursuit of men or in pursuit of you.

An example: say you're on a date with a girl, and she says she loves travel. You ask her where she likes to travel to. She tells you she loves Italy. So you say: "You know, there are sexy men right here at home too. You don't have to go halfway around the world."

It's fun: you call her out in a playful way on what is most likely one of the key motivations for her travel. (i.e., most women love France, Spain, Italy, and Greece... But don't care much to visit man-friendly locales, like Thailand, Ukraine, Columbia, or Brazil.) But you also make it cooperative, as there's a subtle

invitation in the frame. That invitation is that there are sexy men right here, too, and presumably they are available to her. Don't worry about this being too risqué. Being risqué actually helps you build more intimacy with her (Korobov & Laplante, 2013).

Another example: you've met a girl at a café, and she's playing with her pen. You gesture toward this with a head nod and smile at her wryly. Then you ask, in a sexy voice, "What are you thinking about when you do that?"

Even if she gives you a neutral answer, she'll still have picked up on the implication of what you said. She will wonder if there were or are sexual undertones to her fidgeting.

Chase frames work with almost every girl, save some sexually inexperienced girls who may not detect the hidden message. Most girls will pick up on this though. Yet, if you use several chase frames and notice a girl only seems to "get" the superficial meaning, she may be too inexperienced (or too humorless) for this to work on. Girls like this are in the minority, however. More likely is she is not aroused enough yet. While sexual humor is the most amusing kind to sexually arouse a woman (Prerost, 1975), you must get her to that point first.

You may find women who react poor to chase frames now and again. Example: you drop a chase frame, and the girl becomes defensive. "No, it was *not* sexual, it was completely platonic!"

When you see behavior like this, it should tell you there is a problem in the courtship. For whatever reason, she is closed to the idea of letting you escalate things with her sexually. Tone it down, ramp the tension up with lighter flirtation, and come back to chase frames later, once she's more agreeable to your seduction.

Chase frames are a more subtle version of sexual content in conversation. Some more overt examples include [sex talk](#), [sex stories](#), and [sexual assumptions](#).

Flirtation Tool #7: Interrupt Her

No, not constantly. But yes – women like it when you interrupt (McFarland, Jurafsky, & Rawlings, 2013).

It's the height of disrespect for a man, if another man interrupts you. Who'd ever want to have this happen? It feels like he isn't paying attention, he just wants to talk over you, and he only wants to make his point.

And it *can* feel that way to women, if you're inelegant in how you interrupt. Yet, if you interrupt the right way, attraction goes up.

The right way is not to interrupt and then talk about something completely different from what she is. The right way is to interrupt and help her complete her sentence, or share something related to what she shares.

Why do women like this? One reason is because it shows you're paying attention. When a woman talks with another woman and they're on the same page, they interrupt each other a lot:

Girl 1: "So the other day I was at Shoe Barn, and--"

Girl 2: "Oh my God, you love Shoe Barn? It's the **ONLY** place I buy shoes!"

Girl 1: "I know, right? Like where else would you buy shoes?"

Girl 2: "Do you ever go to Coffee Haus? It's this little--"

Girl 1: "Oh. My. God. You go to Coffee Haus? Are we twins?"

Girl 2: "Second cousins at least! So I was at Coffee Haus the other day, and I met this guy--"

Girl 1: "Don't tell me it's the gay guy William from Shoe Barn."

Girl 2: "It *totally* was! Can you believe it?"

Girl 1: "That we all go to Coffee Haus or that William is gay?"

Girl 2: "Um, both! So like..."

All the interrupting there only helps further the connection between both girls. Now, don't worry, [your conversations](#) don't have to be anywhere near as frantic as these. Nor do you have to gossip about where you buy shoes or drink coffee, or talk about

gay shoe store employees. But you should use interruptions when you can.

There is [a bit of art to this](#), I should say in advance. You should expect to be wrong some of the time. When you're wrong, it may hurt the connection. That's okay, because over time as you interrupt more, you'll get better at doing this and be right more often (a lot more often) than you're wrong. Here's an example of interrupting and getting it wrong:

Her: "So I just got back from work—"

You: "Let me guess – dance instructor?"

Her: "Actually I'm a lawyer. But so I got back from work and..."

Usually you'll want to [avoid big guesses](#) like this. That is because you don't have anything to go off of and you'll usually be off the mark. The gains from a correct shot in the dark like this aren't worth the losses of usually getting it wrong. Here's what a good interruption from you looks like:

Her: "So I just got back from work, but I was stuck in traffic the whole time—"

You: "Oh, was that that monster pile up on I-90?"

Her: "Yeah, ugh. I was sitting there for like an hour."

You: "Hope you had a good radio station to listen to."

Her: "Yeah. So anyway I was sitting there and I was on the radio and this guy comes on. Can you guess what he was selling?"

You: "I have no idea."

Her: "It was those same shoulder pads I was telling you about earlier!"

You: "No way."

Her: "Yes! And he wanted you to just call this number—"

You: "Oh, like you're supposed to just call a number and order shoulder pads in the midst of driving, right?"

Her: "I know, right? You're supposed to call this number and..."

That's effective interruption. It's clear you're listening, you're interested, you're socially intelligent (interrupting at the

right times, and adding to the conversation when you do), and you're not intimidated by her.

The other way to use interruption is if she starts to make a point and you want to redirect her in a fun, flirty way:

Her: "I think people who don't like paintball are some of the most--"

You: "Wait, you're a paintballer?"

Her: "Um, yeah."

You: "All right, I'm totally going to take you out and shoot you with paintballs one of these weekends."

Here you've redirected the conversation from what might've been an un-fun diatribe... Where she talks about how much paintball haters suck... To, instead, something where you future project you and her doing fun things together.

The courtship just got a lot more fun. And you took the lead and led it there.

Flirtation Tool #8: Ask for Compliance

What's one thing you won't do with a woman you aren't interested in?

You won't ask her to comply. Why would you want Fat Pat on the bar stool over there to let you have a sip of her drink? You wouldn't (well, unless girls like Fat Pat are your thing).

When you [ask a woman for compliance](#), you signal interest in her and in moving the courtship forward (Guéguen, 2007). Compliance requests often serve as flirtation. The man who doesn't use them has a poorer courtship for it.

You don't need to do much to ask for compliance. All you have to do is [request something simple](#). Like for her to scoot over a bit so you can sit next to her. Or to tell you about a hobby of hers because you say it sounds interesting.

Compliance works by triggering a woman to invest in you. While the normal male pattern is to do the investing yourself, we

are going to do the opposite. That's because the individual who complies is the one who feels more attracted and connected to the other party – not the reverse. As she complies with you more, her investment in and attraction to you goes up (Horan & Booth-Butterfield, 2010).

Women are aware of the effects of compliance. More so than men. A woman knows when she complies with a man that she also accepts his advances, and signals openness to him. Her compliance is submission to your dominance (Solomon, Dillard, & Anderson, 2002), and dominance is one of the most attractive qualities in men (Bryan, Webster, & Mahaffey, 2011). For this reason, women tend to view their compliance as flirtation – it's her giving you the green light.

If you've ever had a girl do something nice and sweet for you, unasked for, and you wondered, "Is she flirting?" the answer was likely "yes." Or if you've ever had that surge of power after you asked a pretty girl for something and she complied, you felt this instinct, too. You're aware that when she does for you, she *flirts* with you.

At the same time, if you've ever asked a girl for something and [she said no](#), you've no doubt felt enervated. Either she's playing hard to get, or perhaps she just is not interested.

Thus compliance is a useful tool not just to flirt, but also to gauge how far you are with a girl. The more compliant she is, the better you're doing.

Here's another compliance request. Say you're on a date, and you decide to move your date to another part of the venue. "Hey, you know what, let's move over there. It's too crowded and noisy here," you tell her. You gesture to a quiet, secluded part of the venue you'd like to move to.

If she says "yes", she complies. Plus, she agrees to move to a more intimate part of the venue, furthering the courtship. If she likes you, this will excite her.

Compliance is a form of flirtation. It tells her you're interested, gives her the chance to invest, and lets her to feel more attracted to you.

Flirtation Tool #9: Touch Her

Our ninth flirtation tool is touch. Like proximity, touch is physical flirtation that lets you use your body to progress a courtship. This is perhaps the most obvious flirtation technique in this book (aside from the next one). Who needs to be told he should touch?

But the fact is, lots of men do not touch. Despite the power of touch, and [all the different ways to touch](#), touch is underused by men. How come?

The reasons why are fear and unfamiliarity. Fear of a rebuke; unfamiliarity with touching women. Even men who've had a fair few girlfriends may still be uncomfortable with touch. They might think it's inappropriate to touch a girl. Or they fear a girl might recoil in horror at the touch of a stranger.

Yet touch is one of the most powerful flirtation tactics. When you touch a girl, she views you as higher status and more socially powerful (Burgoon, 1991). She sees you as more involved in the courtship (Coker & Burgoon, 1987). And she dubs you more compliance-worthy (Guéguen, 2002; Willis Jr., F.N. & Hamm, H.K., 1980) – that is to say, she becomes more compliant.

Women tend to use indirect touch, which means you won't get many blatant signals of interest. Rather, when a woman does signal her interest, she does so indirectly. Women only use touch when they can do so in an ambiguous way (Jones, 1982). If you've ever had a moment in a courtship where a girl touched you and you thought, "I *think* that means she likes me... But you know, I'm not sure," then you've experienced this. Women display signs of interest, veiled by ambiguity.

So what kind of touch should you use? Like women, you should start with indirect (or incidental) touch. Touch her as you make points – on the elbow, the upper arm, on the side, or on her

back. As the courtship proceeds, you can progress to [heavier forms of touch](#).

Generally you will not want to get too heavy with touch in public – though [there are ways to do it](#).

Regardless, as long as she continues to warm up as you touch her more, you're doing well. Some women will get touchier back, but not all women will. What to look for, instead, are general signs the courtship's moving forward.

So long as she continues to offer compliance and seem happy to do so, you will usually be on the right track. Look for other signs as well: more proximity, more eye contact, more verbal flirtation. The more of these she gives you, the more of a green light it is.

Flirtation Tool #10: Kiss Her

Kissing is obviously flirtation. Right? I don't have to tell you that one.

So rather than talk about why it is flirtation, let's discuss the ways you can use kissing to flirt.

First, you can use kisses to tease girls. To do this, you bring a girl in for [the first kiss](#), give her a brief-but-passionate one, then let her go. Let her stew for a while and wonder if there's more coming. You can talk to her or flirt with her between time. Then, when you can tell the tension is about to boil over in her, you bring her in for another kiss.

Second, you can act as if you are about to kiss her, then not kiss her. Bring your face near to hers, as if you're about to kiss her. Then don't. Glance off to the side, and ask her for compliance instead. This is, again, about making her wonder what your intentions are. Women use kissing as a mate-assessment device (Hughes, Harrison, & Gallup, Jr., 2007). She wants to know if you are *it*, and kissing is one of the ways she finds out. The more you tease her with this, the more she just has to know.

The object with kiss flirtation is to imply interest, yet make her wait and build up anticipation. Anticipation is one of the ultimate aphrodisiacs. The more she wants it, yet waits for it, [the hotter her desire to kiss you becomes](#)... Within reason, of course. Make her wait *too* long and you risk auto-rejection. You risk the point where she gets discouraged because you “aren’t going to do anything.”

The secret to anticipation is drawing it out, without drawing it out too long. You keep her attraction on the burner a little longer.

Another reason to remember that the kiss is a *flirtation* tool is because a lot of men forget this. Instead, they plunge into endless make-outs the moment they get their lips on a girl’s. Men use kissing to try to get to sex, but women do not view it this way (Hughes, Harrison, & Gallup, Jr., 2007). Too much kissing makes it too obvious what you’re after. That kills desire for her. A little kissing, followed by a little uncertainty, is rocket fuel for female desire. But a little kissing, followed by more kissing, followed by make-outs, to the point where she has to push you off herself, has the opposite effect ([especially in public](#)).

Kissing itself can increase how desirable you are as a hookup if you’re a good kisser (Wlodarski & Dunbar, 2014). So make sure you [know how to kiss a girl well](#).

Don’t be a make-out monkey. Use your kisses to tease and flirt. Don’t drown her in your saliva. If you use kissing well, you’ll be able to drown her in other fluids of yours a little later on in the courtship.

Flirtation Wrap Up

I’ve just armed you with 10 tools you can use to go out and flirt with girls right now.

These are just the tip of the attraction / seduction iceberg, of course. There’s a whole lot more for us to cover. Some I’ll

cover in the rest of this seven-day mini course. The rest, we'll dive into super in-depth in *One Date* and *The Dating Artisan*.

So stay tuned. Keep your eyes open for tomorrow's email, which will give you access to Lesson 3: a video interview on *devotion*.

Your homework between now and then, by the way, is to go out and play around with one of these flirtation tools right now. Use it with the next attractive woman you see. And let's see if you can't get her to flirt with you a little more.

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