## Recipes

#### **Dip Mixes**

#### 278021 Natural Key Lime Dip Mix

8 ounces sour cream

8 ounces cream cheese

1 cup Natural Kev Lime Pie & Dip Mix

Soften cream cheese: whisk in sour cream: add the Natural Kev Lime Pie & Dip Mix: Refriaerate at

least 1/2 hour.

#### 278025 Natural Lemon Cheesecake Dip

8 ounces sour cream

8 ounces cream cheese (softened)

1 cup Natural Lemon Cheesecake Dip Mix

Blend softened cream cheese and sour cream together until smooth. Add dip mix: stir until well blended.

Refrigerate for at least 20 minutes, stir and serve.

#### 278028 Natural Wild Blueberry Dip Mix

8 ounces sour cream

8 ounces cream cheese (softened)

1 cup Natural Wild Blueberry Dip Mix

Blend softened cream cheese and sour cream together

until smooth. Add dip mix; stir until well blended. Refrigerate for at least 20 minutes, stir and serve.

#### 278031 Mandarin Orange Poppy Seed Dip Mix

8 ounces sour cream

8 ounces cream cheese (softened)

1 cup Mandarin Orange Poppy Seed Dip Mix

Blend softened cream cheese and sour cream together until smooth. Add dip mix; stir until well blended.

Refriaerate for at least 20 minutes, stir and serve

#### 278034 Natural Strawberry Dip Mix

8 ounces sour cream

8 ounces cream cheese (softened)

1 cup Natural Strawberry Dip Mix

Blend softened cream cheese and sour cream together until smooth. Add dip mix: stir until well blended. Refrigerate for at least 20 minutes, stir and serve.

#### 278037 Natural Black Raspberry Dip Mix

8 ounces sour cream

8 ounces cream cheese (softened)

1 cup Natural Black Raspberry Dip Mix

Blend softened cream cheese and sour cream together until smooth. Add dip mix: stir until well blended.

Refrigerate for at least 20 minutes, stir and serve.

#### 278040 Natural Maple Dip Mix

8 ounces sour cream

8 ounces cream cheese (softened)

6 tablespoons Natural Maple Dip Mix

Blend softened cream cheese and sour cream together until smooth. Add dip mix; stir until well blended.

Refrigerate for at least 20 minutes, stir and serve.

#### 278055 Natural Vanilla Bean Dip Mix

8 oz Cream Cheese

8 oz Sour Cream

1 cup Natural Vanilla Bean Dip Mix

Blend softened cream cheese and sour cream until smooth. Add the Natural Vanilla Bean Dip Mix. mix thoroughly and refrigerate for 1/2 hour, stir. Serve.

#### 278070 Natural Peanut Butter Dip Mix

8 oz sour cream

8 oz cream cheese (softened)

1 cup Natural Peanut Butter Dip Mix

Whisk all ingredients together until smooth:

let set for 20 minutes and whisk again,

refrigerate at least 1/2 hour; serve.

#### 278075 Natural Pumpkin Pie Dip Mix

8 ounces Sour cream

8 ounces cream cheese (softened)

1 cup Pumpkin Pie Dip Mix

Blend softened cream cheese and sour cream together until smooth. Add dip mix: stir until well blended. Refrigerate for at least 20 minutes, stir and serve.

#### 278088 Mocha Whip Dip

8 ounces whipped cream or non-dairy topping

1/2 cup Mocha Whip Dip Mix

Gently fold the mix into the topping, until it is completely mixed.

\*Avoid over stirring or begting the mix as it may cause the dip to go flat.

#### 278100 Bacon & Onion Dip Mix

8 ounces sour cream

3 tablespoons Bacon & Onion Dip Mix

Mix ingredients together until thoroughly blended. Refrigerate for at least 30 minutes, serve.

#### 278102 Bacon Horseradish Dip Mix

8 ounces sour cream

1/4 cup Bacon Horseradish Dip Mix

Mix ingredients together until thoroughly blended.

Refriaerate for at least 30 minutes, serve.

#### 278103 Cucumber Dill Dip Mix

8 ounces sour cream

1/4 cup Cucumber Dill Dip Mix

Mix ingredients together until thoroughly blended.

Refriaerate for at least 30 minutes, serve.

#### 278105 Garlic & Herb Dip Mix

8 oz Sour Cream

8 oz Cream Cheese (softened)

1/4 cup Garlic & Herb Dip Mix Blend well till smooth; refrigerate 20 minutes or more. Serve.

#### 278106 French Onion Dip Mix

8 ounces sour cream

2-3 tablespoons French Onion Dip Mix

Mix ingredients together until thoroughly blended. Refrigerate for at least 30 minutes, serve.

#### 278107 Nacho Cheese Dip Mix

4-6 tablespoons Nacho Cheese Dip Mix

8 ounces sour cream

Mix ingredients together until thoroughly blended.

Refrigerate for at least 30 minutes, serve.

#### 278109 Southwest Dip Mix

8 ounces sour cream

3 tablespoons Southwest Dip Mix

Mix ingredients together until thoroughly blended. Refrigerate for at least 30 minutes, serve.

#### 278110 Sun Dried Tomato & Basil Dip Mix

5 tablespoons Sun-Dried Tomato & Basil Dip Mix

3 tablespoons warm water

8 ounces sour cream

Mix the water and dip mix together; let stand for 5 minutes. Mix with sour cream until thoroughly blended. Refrigerate for at least 30 minutes, serve.

#### 278112 Vegetable Dip Mix

8 ounces sour cream 1/4 cup Vegetable Dip Mix Mix ingredients together until thoroughly blended. Refrigerate for at least 30 minutes, serve. **278118 Natural** 

#### Alpine Spinach Dip (No MSG)

8 ounces sour cream

8 ounces cream cheese (softened)

1/2 cup Alpine Spinach Dip Mix

Blend softened cream cheese and sour cream together until smooth. Add dip mix; stir until well blended.
Refrigerate for at least 3 hours to allow spinach to fully hydrate. Stir and serve.

#### 278115 Perfect Pepper Dip Mix (Hot)

8 ounces sour cream or cream cheese.
4-6 tablespoons Perfect Pepper Dip Mix (add more or less mix depending on the desired heat level)
Mix ingredients together until thoroughly blended.
Refrigerate for at least 30 minutes, serve.

#### 278122 Blue Cheese Dip Mix

8 ounces sour cream
8 ounces cream cheese (softened)
½ cup Blue Cheese Dip & Dressing Mix
Blend softened cream cheese and sour cream together
until smooth. Add dip mix; stir until well blended.
Refrigerate for at least 20 minutes, stir and serve.

#### 278125 Cheddar Ranch Dip Mix

16 ounces sour cream ½ cup Cheddar Ranch Dip Mix Mix ingredients together until thoroughly blended. Refrigerate for at least 30 minutes, serve.

#### 278130 Ranch Dip Mix (No MSG)

8 ounces sour cream
1/4 cup Ranch Dip Mix
Mix ingredients together until thoroughly blended.
Refrigerate for at least 30 minutes, serve.

For other great recipe ideas as well as nutritional and ingredient information, visit us on the web at www.dutchvalleyfoods.com.

#### **Additional Recipes for Dip Mixes**

#### Cakes:

For flavored angel food cake, add 1/2 to 3/4 cup of Sweet Dip Mix to angel food cake batter and bake as usual. Dips can also be added to a regular 9 x 13 cake recipe - for a box cake just add 1/2 cup dip mix, for a scratch cake recipe, take out 1/4 sugar and add 1/2 to 3/4 cup dip mix.

#### Cheese Cake (No Bake):

Key Lime Maple
Lemon Cheesecake Vanilla Bean
Wild Blueberry Peanut Butter
Mandarin Orange Poppy Seed Pumpkin Pie
Strawberry Mocha Whip
Black Raspberry

16 ounces cream cheese (softened)\*
8 ounces sour cream

1 3/4 cup sweet dip mix of your choice

Mix cream cheese, sour cream and dip mix until smooth. Refrigerate for 15 minutes; stir again. Pour into the pie crust, smooth out. Refrigerate 3 hours, serve.

Can be drizzled with melted chocolate.

\* For lighter dessert replace 8 ounces of cream cheese with 8 ounces of whipped cream.

#### Cookies:

replace 1/4 cup of sugar with 1/2 cup of our dip mix. Mix can be sprinkled on top as well.

#### Meat Glaze:

3/4 cup of water and 1 cup dip mix; dissolve the mix in water, bring just about to a boil while stirring; remove from heat (adjust the thickness with a little water or 1/4 cup of vinegar can be added to make a sweet & sour glaze) coat meat with glaze 1/2 hour before the meat is finished baking.

#### Marinade:

Choose your favorite sweet (improves with the addition of a little vinegar) or savory dip mix; sprinkle dry on the meat. Refrigerate for at least 1 hour before cooking.

#### Syrup:

For pancakes and waffles use 1 rounded cup of dip mix dissolved in 1 1/4 -1 1/2 cup water. Bring mixture just about to a boil. serve.

Revised March 2012



### Dutch Valley

Dip & Dressing Guide



Enjoy the unique taste of these one of a kind Dip Mixes and Recipes

Visit us or our website at: www.dutchvalleyfoods.com

## Creative Uses For: Dutch Valley Foods Dip, Dressing & Dessert Mixes

#### **Sweet and Savory Dips**

- Reduce the fat in each recipe by up to 40% by replacing half of the sour cream with an equal amount of yogurt.
- Make unique vinaigrette dressings by adding vinegar, water and oil to dip mixes.
- The cream cheese in all dip mix recipes can be replaced by using sour cream only.
- Dip mixes can be used to make cheese balls or cheese logs by blending the mix with cream cheese or a mixture of cream cheese and processed cheese.

#### **Savory Dips**

- Use mixes as a seasoning or marinade for meats and poultry.
- Make unique macaroni and potato salads by mixing certain dip mixes with mayonnaise.
- Make creamy style salad dressings by adding sour cream, vinegar and mayonnaise.
- Use prepared dips as toppings for baked potatoes, pasta, rice, vegetables and casseroles.
- Use dry dip mixes to season popcorn and other snack mixes.

#### **Sweet Dips**

- Use mixes as a base for no-bake cheese cake

  descerts
- Make Bavarian Crème desserts by mixing dip mix with sour cream and whipped cream.
- Make pancake syrups and meat glazes by cooking dip mix with water.
- Use mixes as a sweetener for cakes, cookies and other baked goods.
- Flavor smoothies by blending dip mix with ice, milk and fruit.

#### Revised March 2012

		Fruit or Veg	Low-Fat	Cream Style	Vinaigrette	<u> </u>	<del></del>	Meat Marinade	Popcorn/Snack	Syrups
	1	Dips	Dips	Dress	Dress	Cake	Cookie	Glaze	Topping	
077.004	Dressings	d.	*	*	*			*	*	
277-094	Italian Dressing	*			*			*		
277-100	Ranch Dressing	*	*	*					*	
277-110	Bacon Ranch Dressing	*	*	*					*	
	Dips All Natural Sweet									
278-021	Key Lime					*	*	*		*
278-025	Lemon Cheesecake	*	*		*	*	*	*		*
278-028	Wild Blueberry	*	*		*	*	*	*		*
278-031	Mandarin Orange Poppy	*	*		*	*	*	*		*
278-034	Strawberry	*	*		*	*	*	*		*
278-037	Black Raspberry	*	*		*	*	*	*		*
278-040	Maple	*	*			*	*	*		*
278-055	Vanilla Bean	*	*			*	*			*
278-070	Peanut Butter	*	*			*	*			*
278-075	Pumpkin Pie	*	*			*	*	*		*
278-088	Mocha Whip	*								
	Savory Dips									
278-100	Bacon & Onion	*	*	*				*		
278-102	Bacon Horseradish	*	*	*				*	*	
278-103	Cucumber Dill	*	*	*					*	
278-105	Garlic & Herb	*	*	*	*			*	*	
278-106	French Onion	*	*	*	*			*	*	
278-107	Nacho Cheese	*	*	*				*	*	
278-109	Southwest	*	*	*				*	*	
278-110	Sun Dried Tomato & Basil	*	*	*	*			*	*	
278-112	Vegetable	*	*	*						
278-115	Perfect Pepper	*	*	*	*			*	*	
278-118	Alpine Spinach	*	*	*	*				*	
278-122	Blue Cheese	*	*	*					*	
278-125	Cheddar Ranch	*	*	*					*	
278-130	Ranch No MSG	*	*	*					*	

For nutritional and ingredient information, visit our website at: www.dutchvalleyfoods.com

# Creative Dip & Dressing

#### **Usage Chart**

#### **Dressing Mixes**

#### 277094 Italian Dressing Mix (No MSG)

3/4 cup water

1/2 cup vinegar (red wine, apple cider or white)

3/4 cup Italian Dressing Mix

3/4 cup oil (soybean, canola or olive)

Blend water, vinegar and dressing; mix well with a wire whisk. Add the oil and blend well until the oil is completely absorbed. Refrigerate 1 hour.

#### 277100 Ranch Dressing Mix

1/2 cup mix

3/4 cup water

2 1/4 cups mayonnaise

Whisk the water and mayonnaise together. Add the mix and whisk; let set for 10 minutes. Serve.

#### 277110 Bacon Ranch Dressing and Dip Mix

2 1/4 cups Mayonnaise

3/4 cup Water

½ cup Bacon Ranch Dip and Dressing Mix

Blend water and mayonnaise together. Add Bacon Ranch

Dressing Mix and blend until smooth.

Bacon Ranch Dip

16 oz. Sour Cream

½ cup Bacon Ranch Dip and Dressing Mix

Mix ingredients together until thoroughly blended.

Refrigerate for at least 30 minutes, serve.

Many sweet and savory dip mixes can be used to make unique sweet and savory dressings!

#### 278031 Mandarin Orange Poppy Seed Dressing

1/2 cup water

2 tablespoons white vinegar

1/2 cup Mandarin Orange Poppy Seed Dip Mix

1/2 cup oil (canola, soy, olive, cottonseed)

Mix water and vinegar in a pint jar; add the dip mix and shake well to dissolve. Add the oil and shake again to blend all ingredients thoroughly.

#### 278118 Creamy Alpine Spinach Dressing

8 ounces sour cream

8 ounces mayonnaise

2/3 cup water

2 tablespoons white or red wine vinegar

1/2 cup Alpine Spinach Dip Mix

Blend all ingredients until smooth.

Refrigerate for 3 or more hours. Serve

#### 278122 Steak House-Style Blue Cheese Dressing

8 ounces sour cream

8 ounces mayonnaise

2-3 tablespoons red wine (or white) vinegar

½ cup water

½ cup Blue Cheese Dip & Dressing Mix

4 ounces blue cheese crumbles

Mix the first 5 ingredients together until they are smooth; fold in blue cheese crumbles; refrigerate 30 minutes and serve.

